

Caumsett Park 50K Championship and GLIRC 25K Run 2017

50K Non-Championship

Overall Results

March 5, 2017

Lap legend: (time, pace & place)

Female

Place	overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Laps	Ave Lap Time	Time		
1	4/47	1/2	1056	Katka Smolarova	F	27	Boston	MA	10	00:23:51.80	03:58:38.09		
	Lap 1 to 4	00:23:10.10	7:27	6	00:23:30.36	7:33	9	00:23:27.57	7:33	6	00:23:11.55	7:27	8
	Lap 5 to 8	00:23:31.31	7:34	4	00:23:30.57	7:33	5	00:24:14.81	7:48	5	00:24:28.57	7:52	5
	Lap 9 & 10	00:24:37.82	7:55	3	00:24:55.40	8:01	3						
2	12/47	1/1	1060	Tina Vaccarella	F	41	Cutchogue	NY	10	00:27:33.46	04:35:34.62		
	Lap 1 to 4	00:26:02.07	8:22	12	00:26:30.41	8:31	14	00:27:39.58	8:54	13	00:26:28.20	8:31	13
	Lap 5 to 8	00:26:51.91	8:38	13	00:28:52.79	9:17	17	00:28:13.05	9:04	14	00:27:54.18	8:58	11
	Lap 9 & 10	00:28:08.50	9:03	7	00:28:53.90	9:18	7						
3	13/47	1/4	1053	Indira Schwarting	F	34	Southold	NY	10	00:27:33.50	04:35:35.04		
	Lap 1 to 4	00:26:02.07	8:22	11	00:26:30.33	8:31	13	00:27:40.09	8:54	14	00:26:27.29	8:30	12
	Lap 5 to 8	00:26:53.37	8:39	14	00:28:52.01	9:17	16	00:28:13.05	9:04	13	00:27:54.47	8:58	12
	Lap 9 & 10	00:28:09.02	9:03	8	00:28:53.31	9:17	6						
4	17/47	2/2	1055	Samantha Simon	F	29	Yaphank	NY	10	00:29:44.91	04:57:29.18		
	Lap 1 to 4	00:27:59.02	9:00	17	00:28:14.46	9:05	19	00:27:47.46	8:56	16	00:28:11.15	9:04	19
	Lap 5 to 8	00:29:52.34	9:36	20	00:31:00.38	9:58	22	00:30:44.84	9:53	20	00:33:50.77	10:53	20
	Lap 9 & 10	00:30:34.62	9:50	14	00:29:14.11	9:24	9						
5	20/47	1/5	1024	Cortney Harding	F	36	Brooklyn	NY	10	00:31:19.39	05:13:13.97		
	Lap 1 to 4	00:28:18.53	9:06	21	00:29:17.36	9:25	24	00:31:42.37	10:12	27	00:29:33.89	9:30	23
	Lap 5 to 8	00:33:46.24	10:52	27	00:30:40.71	9:52	20	00:31:39.54	10:11	22	00:32:26.62	10:26	19
	Lap 9 & 10	00:33:33.17	10:47	18	00:32:15.51	10:22	15						
6	21/47	2/5	1036	Karen Marmon	F	36	New York	NY	10	00:31:31.01	05:15:10.15		
	Lap 1 to 4	00:28:17.09	9:06	20	00:29:01.57	9:20	23	00:29:36.15	9:31	22	00:29:46.11	9:34	24
	Lap 5 to 8	00:30:24.76	9:47	22	00:30:46.38	9:54	21	00:33:24.59	10:45	23	00:33:58.34	10:56	21
	Lap 9 & 10	00:34:54.09	11:13	20	00:35:01.02	11:16	19						
7	24/47	3/5	1057	Sarah Thompsen	F	36	Sayville	NY	10	00:32:45.92	05:27:39.26		
	Lap 1 to 4	00:28:12.62	9:04	19	00:28:26.61	9:09	21	00:27:29.83	8:51	12	00:29:17.81	9:25	22
	Lap 5 to 8	00:31:35.35	10:10	23	00:34:53.97	11:13	26	00:35:58.66	11:34	26	00:37:41.16	12:07	24
	Lap 9 & 10	00:38:06.61	12:15	23	00:35:56.60	11:34	23						
8	27/47	1/1	1016	Maria Fred	F	51	Wantagh	NY	10	00:35:16.42	05:52:44.20		
	Lap 1 to 4	00:33:57.43	10:55	40	00:33:06.99	10:39	38	00:32:41.54	10:31	35	00:33:07.84	10:39	30
	Lap 5 to 8	00:34:40.17	11:09	33	00:35:09.29	11:18	29	00:36:15.37	11:40	27	00:38:39.38	12:26	26
	Lap 9 & 10	00:38:55.49	12:31	26	00:36:10.67	11:38	24						
9	29/47	2/4	1020	Stalina Gibson	F	33	New York	NY	10	00:35:40.66	05:56:46.60		
	Lap 1 to 4	00:32:40.90	10:31	36	00:32:45.87	10:32	36	00:32:46.39	10:32	36	00:33:20.53	10:43	32
	Lap 5 to 8	00:35:21.73	11:22	35	00:36:15.46	11:40	33	00:37:04.87	11:56	28	00:39:42.80	12:46	30
	Lap 9 & 10	00:40:32.42	13:02	29	00:36:15.60	11:40	25						
10	35/47	3/4	1011	Amy Demarco	F	33	Shoreham	NY	10	00:37:42.12	06:17:01.28		
	Lap 1 to 4	00:30:13.85	9:43	25	00:31:21.15	10:05	30	00:32:04.54	10:19	30	00:34:19.28	11:02	35
	Lap 5 to 8	00:34:01.38	10:57	29	00:37:47.86	12:09	34	00:44:14.20	14:14	45	00:43:08.76	13:53	37
	Lap 9 & 10	00:46:59.00	15:07	42	00:42:51.24	13:47	36						
11	36/47	4/4	1019	Giselle Gerardi	F	33	Commack	NY	10	00:37:42.12	06:17:01.29		
	Lap 1 to 4	00:30:14.16	9:43	26	00:31:20.84	10:05	29	00:32:04.53	10:19	29	00:33:23.87	10:44	33
	Lap 5 to 8	00:34:56.78	11:14	34	00:37:48.05	12:09	35	00:43:33.36	14:01	44	00:43:49.53	14:06	41
	Lap 9 & 10	00:46:22.47	14:55	40	00:43:27.66	13:59	38						

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50K Non-Championship

Overall Results

March 5, 2017

Lap legend: (time, pace & place)

Female

Place	overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	Laps	Ave Lap Time	Time		
12	41/47	4/5	69	Jully Williams	F	36	Farmingville	NY	10	00:39:25.44	06:34:14.46		
	Lap 1 to 4	00:36:15.13	11:40	46	00:31:52.55	10:15	35	00:32:54.29	10:35	37	00:35:54.23	11:33	40
	Lap 5 to 8	00:39:45.46	12:47	44	00:41:25.06	13:19	44	00:40:32.98	13:03	39	00:43:53.72	14:07	42
	Lap 9 & 10	00:48:26.64	15:35	44	00:43:14.37	13:55	37						
13	45/47	5/5	1048	Mandy Rosenberg	F	37	Briarwood	NY	10	00:40:55.10	06:49:11.01		
	Lap 1 to 4	00:33:18.47	10:43	38	00:35:52.55	11:32	44	00:37:18.60	12:00	46	00:38:40.36	12:26	45
	Lap 5 to 8	00:38:30.26	12:23	42	00:40:42.91	13:06	43	00:43:07.85	13:52	42	00:46:19.62	14:54	44
	Lap 9 & 10	00:48:56.20	15:45	45	00:46:24.15	14:56	42						

Male

Place	overall Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	Laps	Ave Lap Time	Time		
1	1/47	1/5	1030	John Kemp	M	49	Sheffield	MA	10	00:21:46.93	03:37:49.30		
	Lap 1 to 4	00:21:09.64	6:48	1	00:20:45.06	6:40	1	00:21:03.35	6:46	1	00:20:55.16	6:43	1
	Lap 5 to 8	00:20:58.74	6:45	1	00:21:12.13	6:49	1	00:21:11.65	6:49	1	00:21:15.22	6:50	1
	Lap 9 & 10	00:24:24.83	7:51	2	00:24:53.48	8:00	2						
2	2/47	1/5	1005	Michael Bielik	M	37	Forest Hills	NY	10	00:23:15.24	03:52:32.48		
	Lap 1 to 4	00:21:53.19	7:02	3	00:22:12.76	7:08	3	00:22:09.28	7:07	3	00:22:02.52	7:05	3
	Lap 5 to 8	00:22:22.39	7:12	3	00:22:02.29	7:05	3	00:22:15.81	7:09	3	00:22:20.43	7:11	3
	Lap 9 & 10	00:24:48.89	7:59	4	00:30:24.89	9:47	11						
3	3/47	2/5	1018	Max Frumes	M	35	Brooklyn	NY	10	00:23:23.01	03:53:50.17		
	Lap 1 to 4	00:22:45.89	7:19	4	00:22:46.56	7:19	5	00:22:59.56	7:24	5	00:22:41.68	7:18	4
	Lap 5 to 8	00:24:08.95	7:46	6	00:23:20.78	7:30	4	00:23:46.61	7:39	4	00:24:16.05	7:48	4
	Lap 9 & 10	00:24:16.18	7:48	1	00:22:47.87	7:20	1						
4	5/47	1/8	1043	Seamus Pender	M	44	Maspeth	NY	10	00:25:09.61	04:11:36.19		
	Lap 1 to 4	00:23:38.74	7:36	8	00:23:15.50	7:29	6	00:24:42.71	7:57	9	00:23:09.53	7:27	7
	Lap 5 to 8	00:23:36.55	7:35	5	00:24:17.69	7:49	6	00:24:53.67	8:00	6	00:27:14.00	8:45	7
	Lap 9 & 10	00:27:44.47	8:55	6	00:29:03.31	9:21	8						
5	6/47	2/5	1014	Ray Downes	M	46	Huntington	NY	10	00:25:25.97	04:14:19.70		
	Lap 1 to 4	00:22:48.78	7:20	5	00:23:23.87	7:31	7	00:23:51.38	7:40	7	00:23:48.94	7:39	9
	Lap 5 to 8	00:24:16.20	7:48	8	00:24:45.31	7:58	7	00:25:18.57	8:08	7	00:24:57.10	8:01	6
	Lap 9 & 10	00:29:40.93	9:33	11	00:31:28.60	10:07	12						
6	7/47	1/4	1010	Palo Cvik	M	31	Boston	MA	10	00:25:37.73	04:16:17.30		
	Lap 1 to 4	00:23:10.70	7:27	7	00:23:29.97	7:33	8	00:24:57.49	8:01	10	00:22:58.58	7:23	6
	Lap 5 to 8	00:24:34.42	7:54	9	00:26:17.91	8:27	11	00:27:23.16	8:48	11	00:27:26.43	8:49	8
	Lap 9 & 10	00:28:45.05	9:15	9	00:27:13.56	8:45	4						
7	8/47	1/3	1023	David Handel	M	51	Gaithersburg	MD	10	00:25:40.76	04:16:47.62		
	Lap 1 to 4	00:24:30.90	7:53	9	00:23:47.31	7:39	10	00:24:38.98	7:56	8	00:24:47.52	7:58	10
	Lap 5 to 8	00:24:45.18	7:58	10	00:25:03.21	8:03	8	00:26:27.93	8:31	9	00:27:41.81	8:54	9
	Lap 9 & 10	00:27:23.55	8:48	5	00:27:41.20	8:54	5						
8	9/47	1/4	1015	Mina Ebrahim	M	28	Cairo		10	00:25:48.25	04:18:02.58		
	Lap 1 to 4	00:29:34.16	9:31	24	00:21:32.31	6:55	2	00:22:07.56	7:07	2	00:21:59.86	7:04	2
	Lap 5 to 8	00:21:42.65	6:59	2	00:21:28.28	6:54	2	00:22:05.89	7:06	2	00:21:26.40	6:54	2
	Lap 9 & 10	00:35:46.07	11:30	21	00:40:19.37	12:58	31						

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Overall Results

March 5, 2017

Lap legend: (time, pace & place)

Male

Place	overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Laps	Ave Lap Time	Time		
9	10/47	2/8	1031	Christopher King	M	40	Wallingford	CT	10	00:25:56.55	04:19:25.52		
	Lap 1 to 4	00:21:40.97	6:58	2	00:22:16.69	7:10	4	00:22:22.05	7:11	4	00:22:52.93	7:21	5
	Lap 5 to 8	00:24:13.50	7:47	7	00:25:26.03	8:11	9	00:25:35.56	8:14	8	00:27:47.08	8:56	10
	Lap 9 & 10	00:33:21.01	10:44	17	00:33:49.68	10:53	17						
10	11/47	2/4	1039	Tamas Nagy	M	33	Bayville	NY	10	00:27:31.56	04:35:15.60		
	Lap 1 to 4	00:25:59.07	8:21	10	00:25:19.90	8:09	11	00:29:30.08	9:29	21	00:24:51.82	8:00	11
	Lap 5 to 8	00:25:57.01	8:21	11	00:25:47.39	8:18	10	00:26:37.50	8:34	10	00:29:34.89	9:31	15
	Lap 9 & 10	00:29:25.24	9:28	10	00:32:12.67	10:22	14						
11	14/47	3/8	1049	Gregory Roslonowski	M	44	Bellerose	NY	10	00:28:19.56	04:43:15.65		
	Lap 1 to 4	00:26:14.90	8:26	13	00:26:20.07	8:28	12	00:28:09.58	9:03	18	00:27:28.86	8:50	17
	Lap 5 to 8	00:26:30.41	8:31	12	00:28:06.28	9:02	13	00:27:50.14	8:57	12	00:28:52.94	9:17	14
	Lap 9 & 10	00:30:14.59	9:44	12	00:33:27.86	10:46	16						
12	15/47	2/4	1003	Frank Auletta	M	26	Deer Park	NY	10	00:29:24.76	04:54:07.67		
	Lap 1 to 4	00:28:48.89	9:16	23	00:28:45.79	9:15	22	00:28:56.08	9:18	19	00:29:03.64	9:21	21
	Lap 5 to 8	00:28:56.22	9:18	17	00:30:11.20	9:42	19	00:30:17.25	9:44	18	00:28:51.90	9:17	13
	Lap 9 & 10	00:30:22.78	9:46	13	00:29:53.89	9:37	10						
13	16/47	3/5	1007	Eric Bruno	M	47	Shirley	NY	10	00:29:33.99	04:55:39.92		
	Lap 1 to 4	00:26:31.11	8:32	14	00:27:50.34	8:57	17	00:27:15.97	8:46	11	00:27:28.13	8:50	16
	Lap 5 to 8	00:29:55.37	9:37	21	00:28:44.00	9:14	14	00:30:43.95	9:53	19	00:32:08.27	10:20	18
	Lap 9 & 10	00:33:09.41	10:40	15	00:31:53.34	10:15	13						
14	18/47	1/3	1001	John Abbate	M	61	Yorktown Heights	NY	10	00:29:45.14	04:57:31.43		
	Lap 1 to 4	00:27:59.83	9:00	18	00:27:05.40	8:43	15	00:27:43.58	8:55	15	00:26:54.40	8:39	14
	Lap 5 to 8	00:27:51.95	8:58	15	00:27:19.60	8:47	12	00:28:25.37	9:08	15	00:30:52.90	9:56	16
	Lap 9 & 10	00:36:39.24	11:47	22	00:36:39.14	11:47	26						
15	19/47	3/4	1052	Scott Scheinson	M	26	Cedarhurst	NY	10	00:29:59.69	04:59:56.91		
	Lap 1 to 4	00:28:25.81	9:09	22	00:28:10.23	9:04	18	00:28:58.90	9:19	20	00:28:01.16	9:01	18
	Lap 5 to 8	00:28:20.87	9:07	16	00:28:47.99	9:16	15	00:29:53.79	9:37	16	00:31:18.18	10:04	17
	Lap 9 & 10	00:34:07.25	10:58	19	00:33:52.70	10:54	18						
16	22/47	4/4	1025	Connor Harvey	M	27	Coram	NY	10	00:31:47.42	05:17:54.24		
	Lap 1 to 4	00:27:58.82	9:00	16	00:28:14.66	9:05	20	00:27:47.46	8:56	17	00:28:11.35	9:04	20
	Lap 5 to 8	00:29:52.14	9:36	19	00:31:00.79	9:58	23	00:30:45.45	9:53	21	00:34:06.81	10:58	22
	Lap 9 & 10	00:40:22.30	12:59	28	00:39:34.43	12:44	29						
17	23/47	1/2	1022	John Greene	M	56	Dix Hills	NY	10	00:32:19.81	05:23:18.15		
	Lap 1 to 4	00:27:17.60	8:47	15	00:27:28.03	8:50	16	00:33:49.19	10:53	39	00:27:23.44	8:48	15
	Lap 5 to 8	00:29:38.71	9:32	18	00:29:26.09	9:28	18	00:30:06.77	9:41	17	00:43:27.74	13:59	38
	Lap 9 & 10	00:33:14.53	10:41	16	00:41:26.01	13:20	35						
18	25/47	3/5	1013	Ibar Dinampo	M	36	Secaucus	NJ	10	00:34:41.88	05:46:58.82		
	Lap 1 to 4	00:31:59.42	10:17	33	00:31:21.99	10:05	31	00:31:32.37	10:09	25	00:32:20.97	10:24	27
	Lap 5 to 8	00:33:50.45	10:53	28	00:34:59.65	11:15	27	00:37:05.62	11:56	29	00:37:46.36	12:09	25
	Lap 9 & 10	00:38:16.54	12:19	24	00:37:45.42	12:09	27						
19	26/47	4/5	1021	Roy Gordon	M	49	Huntington	NY	10	00:35:04.08	05:50:40.81		
	Lap 1 to 4	00:30:24.17	9:47	27	00:30:30.33	9:49	26	00:31:57.75	10:17	28	00:31:34.39	10:09	25
	Lap 5 to 8	00:33:31.51	10:47	26	00:35:00.68	11:16	28	00:37:30.39	12:04	31	00:39:38.73	12:45	28
	Lap 9 & 10	00:40:52.05	13:09	30	00:39:40.78	12:46	30						

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Male

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20	28/47	4/8	1038	Bobby Nabeyama	M	40	Sparta Queens	NY	10	00:35:34.31	05:55:43.10		
	Lap 1 to 4	00:31:21.92	10:05	32	00:30:15.94	9:44	25	00:32:29.07	10:27	33	00:34:45.07	11:11	36
	Lap 5 to 8	00:34:23.49	11:04	32	00:38:47.14	12:29	37	00:39:33.12	12:43	37	00:39:42.11	12:46	29
	Lap 9 & 10	00:38:50.63	12:30	25	00:35:34.58	11:27	20						
21	30/47	4/5	1045	William Richards	M	35	Islip	NY	10	00:35:59.51	05:59:55.11		
	Lap 1 to 4	00:30:47.79	9:54	29	00:30:49.87	9:55	28	00:32:22.59	10:25	32	00:34:51.14	11:13	38
	Lap 5 to 8	00:40:28.11	13:01	45	00:33:10.14	10:40	25	00:34:31.10	11:06	24	00:37:26.68	12:03	23
	Lap 9 & 10	00:45:05.79	14:30	38	00:40:21.87	12:59	32						
22	31/47	5/5	1028	Anthony Iafrate	M	49	Islip	NY	10	00:36:20.88	06:03:28.87		
	Lap 1 to 4	00:33:15.17	10:42	37	00:32:51.53	10:34	37	00:31:41.08	10:11	26	00:33:35.70	10:48	34
	Lap 5 to 8	00:34:18.30	11:02	30	00:35:29.35	11:25	31	00:38:53.61	12:31	35	00:42:41.86	13:44	36
	Lap 9 & 10	00:44:51.38	14:26	35	00:35:50.85	11:32	22						
23	32/47	5/8	1032	Jamey Kohn	M	42	Bayside	NY	10	00:36:58.46	06:09:44.67		
	Lap 1 to 4	00:31:21.67	10:05	31	00:31:37.19	10:10	33	00:31:31.62	10:08	23	00:34:46.71	11:11	37
	Lap 5 to 8	00:32:43.00	10:31	25	00:35:09.92	11:19	30	00:35:48.30	11:31	25	00:42:05.76	13:32	35
	Lap 9 & 10	00:44:58.03	14:28	36	00:49:42.44	15:59	47						
24	33/47	3/4	1006	Joe Bootin	M	30	Brooklyn	NY	10	00:36:58.48	06:09:44.86		
	Lap 1 to 4	00:30:40.17	9:52	28	00:31:35.07	10:09	32	00:32:14.64	10:22	31	00:31:54.34	10:16	26
	Lap 5 to 8	00:32:21.40	10:24	24	00:32:35.76	10:29	24	00:40:10.59	12:55	38	00:43:31.79	14:00	40
	Lap 9 & 10	00:44:58.83	14:28	37	00:49:42.24	15:59	46						
25	34/47	6/8	1054	Matthew Semon	M	43	Melville	NY	10	00:36:59.50	06:09:55.08		
	Lap 1 to 4	00:35:02.03	11:16	43	00:30:44.72	9:53	27	00:31:31.80	10:08	24	00:32:53.64	10:35	28
	Lap 5 to 8	00:34:22.26	11:03	31	00:36:00.65	11:35	32	00:37:29.39	12:03	30	00:39:45.64	12:47	31
	Lap 9 & 10	00:46:36.36	15:00	41	00:45:28.57	14:38	39						
26	37/47	2/3	1042	Frank Pellegrino	M	62	Patchogue	NY	10	00:37:45.51	06:17:35.10		
	Lap 1 to 4	00:34:14.92	11:01	42	00:33:54.10	10:54	41	00:35:49.39	11:31	43	00:36:12.06	11:39	42
	Lap 5 to 8	00:36:21.10	11:41	38	00:38:57.88	12:32	39	00:41:37.23	13:23	41	00:39:38.46	12:45	27
	Lap 9 & 10	00:40:16.59	12:57	27	00:40:33.34	13:03	33						
27	38/47	2/3	1037	Harry Morales	M	54	New York	NY	10	00:37:45.52	06:17:35.29		
	Lap 1 to 4	00:30:53.42	9:56	30	00:31:47.80	10:14	34	00:34:39.75	11:09	40	00:33:20.46	10:43	31
	Lap 5 to 8	00:35:42.78	11:29	37	00:40:36.94	13:04	42	00:37:31.29	12:04	32	00:47:15.44	15:12	46
	Lap 9 & 10	00:44:26.95	14:18	33	00:41:20.42	13:18	34						
28	39/47	5/5	1035	Tiago Luchini	M	37	Brooklyn	NY	10	00:37:46.40	06:17:44.05		
	Lap 1 to 4	00:32:40.67	10:31	35	00:33:16.02	10:42	39	00:32:32.54	10:28	34	00:33:03.17	10:38	29
	Lap 5 to 8	00:35:23.49	11:23	36	00:39:35.77	12:44	41	00:39:20.12	12:39	36	00:43:28.88	13:59	39
	Lap 9 & 10	00:41:15.06	13:16	31	00:47:08.30	15:10	43						
29	40/47	7/8	1033	Alberto Leal	M	41	Brentwood	NY	10	00:37:47.86	06:17:58.65		
	Lap 1 to 4	00:35:03.72	11:17	44	00:35:55.46	11:33	45	00:35:39.40	11:28	42	00:36:08.29	11:37	41
	Lap 5 to 8	00:36:27.91	11:44	39	00:37:48.85	12:10	36	00:38:15.30	12:18	33	00:39:59.48	12:52	32
	Lap 9 & 10	00:43:51.07	14:06	32	00:38:49.15	12:29	28						
30	42/47	3/3	1012	Lee Dickey	M	63	Dracut	MA	10	00:39:40.52	06:36:45.29		
	Lap 1 to 4	00:38:23.63	12:21	47	00:35:51.16	11:32	43	00:35:55.32	11:33	44	00:37:56.00	12:12	44
	Lap 5 to 8	00:37:33.47	12:05	40	00:39:13.83	12:37	40	00:38:20.49	12:20	34	00:40:43.78	13:06	33
	Lap 9 & 10	00:44:37.13	14:21	34	00:48:10.46	15:30	44						

Caumsett Park 50K Championship and GLIRC 25K Run 2017

50K Non-Championship

Overall Results

March 5, 2017

Lap legend: (time, pace & place)

Male

Place	overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Laps	Ave Lap Time	Time		
31	43/47	8/8	1034	Albert Lione	M	43	Shelton	CT	10	00:39:43.78	06:37:17.85		
	Lap 1 to 4	00:33:38.17	10:49	39	00:33:55.74	10:55	42	00:35:14.37	11:20	41	00:37:01.76	11:55	43
	Lap 5 to 8	00:37:37.41	12:06	41	00:38:49.12	12:29	38	00:41:26.43	13:20	40	00:41:37.66	13:23	34
	Lap 9 & 10	00:48:58.54	15:45	46	00:48:58.62	15:45	45						
32	44/47	4/4	1026	Sean Hollett	M	34	Long Beach	NY	10	00:40:49.84	06:48:18.49		
	Lap 1 to 4	00:32:11.86	10:21	34	00:33:52.79	10:54	40	00:33:30.20	10:46	38	00:35:29.85	11:25	39
	Lap 5 to 8	00:38:52.88	12:30	43	00:44:56.03	14:27	46	00:45:01.66	14:29	46	00:49:18.40	15:52	47
	Lap 9 & 10	00:49:19.75	15:52	47	00:45:45.03	14:43	40						
33	46/47	3/3	1017	Michael Fred	M	51	Wantagh	NY	10	00:40:57.76	06:49:37.63		
	Lap 1 to 4	00:34:14.71	11:01	41	00:39:50.08	12:49	46	00:36:47.10	11:50	45	00:45:34.87	14:40	47
	Lap 5 to 8	00:40:40.45	13:05	46	00:42:42.78	13:44	45	00:43:17.62	13:56	43	00:44:27.13	14:18	43
	Lap 9 & 10	00:46:15.13	14:53	39	00:35:47.73	11:31	21						
34	47/47	2/2	1009	Trishul Cherns	M	59	Middle Village	NY	10	00:44:16.23	07:22:42.30		
	Lap 1 to 4	00:36:08.62	11:37	45	00:41:18.17	13:17	47	00:42:10.16	13:34	47	00:41:21.56	13:18	46
	Lap 5 to 8	00:44:14.55	14:14	47	00:48:48.71	15:42	47	00:47:21.13	15:14	47	00:47:11.52	15:11	45
	Lap 9 & 10	00:48:08.11	15:29	43	00:45:59.73	14:48	41						