

# Amvets Post 37 Heroes Run

July 4, 2017

## Overall Division Results

5K Run

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/57	1/37	79	Piper Twachtmann	30	F	Marion	IA	7:22	00:22:54.70

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/57	1/20	89	Tyler Husak	30	M	Marion	IA	5:37	00:17:29.09

### Female Ages 01 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	12/57	2/37	87	Emma Kelley	16	F	Cedar Rapids	IA	7:50	00:24:23.10
2	14/57	3/37	35	Avery Manderscheid	16	F	Marion	IA	8:02	00:24:57.99
3	16/57	4/37	73	Jacklyn Whitson	15	F	Central City	IA	8:06	00:25:10.79

### Male Ages 01 - 18

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/57	2/20	85	Sam Lorimer	17	M	Springville	IA	6:00	00:18:39.83
2	3/57	3/20	82	Caleb Christiansen	15	M	Springville	IA	6:16	00:19:30.57
3	6/57	6/20	57	Marshal Van De Vegte	14	M	Manchester	IA	6:53	00:21:24.81

### Female Ages 19 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	27/57	11/37	93	Tina Andersen	29	F	Central City	IA	9:24	00:29:13.92
2	33/57	15/37	707	Taylor Burke	20	F	Central City	IA	10:08	00:31:31.25
3	45/57	25/37	40	Samantha Mcfarland	28	F	Marion	IA	11:38	00:36:10.86

### Male Ages 19 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/57	5/20	84	Andrew Lorimer	20	M	Springville	IA	6:40	00:20:44.59

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	20/57	5/37	95	Micky Alber	31	F	Central City	IA	8:15	00:25:40.16
2	30/57	12/37	78	Megan Twachtmann	30	F	Marion	IA	10:05	00:31:22.54
3	32/57	14/37	708	Amber Lupkes	36	F	Central City	IA	10:08	00:31:29.60

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	7/57	7/20	701	Dustin Port	32	M	Central City	IA	7:01	00:21:48.10
2	8/57	8/20	42	Ryan Neuhaus	31	M	Hiawatha	IA	7:04	00:21:59.70

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## Overall Division Results

5K Run

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
3	9/57	9/20	2	Michael Armstrong	38	M	Central City	IA	7:18	00:22:41.28

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	21/57	6/37	91	Jody Rausch	48	F	Robins	IA	8:46	00:27:15.72
2	24/57	9/37	36	Kathie Manderscheid	46	F	Marion	IA	9:05	00:28:13.85
3	53/57	33/37	56	Jodi Lee	45	F	Ryan	IA	16:01	00:49:46.11

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	4/57	4/20	704	Chris Engen	45	M	Central City	IA	6:17	00:19:34.23
2	17/57	13/20	5	Jeremy Baker	42	M	Anamosa	IA	8:08	00:25:18.48
3	18/57	14/20	74	Scott Whitson	45	M	Central City	IA	8:08	00:25:19.00

### Female Ages 50+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	23/57	8/37	96	Sandy Alber	55	F	Manchester	IA	8:55	00:27:43.48
2	42/57	22/37	27	Karla Hogan	53	F	Marion	IA	11:30	00:35:44.56
3	44/57	24/37	39	Susan Matthias	50	F	Central City	IA	11:38	00:36:10.86

### Male Ages 50+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	13/57	11/20	52	Ed Sokoloski	53	M	Cedar Rapids	IA	7:53	00:24:32.24
2	19/57	15/20	83	Rich Lorimer	57	M	Springville	IA	8:09	00:25:20.92
3	25/57	16/20	80	Eric Goettler	52	M	Central City	IA	9:09	00:28:27.85