

# Run For The Health of It

September 9, 2017

## Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/84	1/19	109	Brock Ratliff	X	15	Albia	IA	7:27	00:23:09.23
2	2/84	1/12	107	Todd Ratliff	X	44	Albia	IA	7:32	00:23:25.23
3	3/84	2/19	146	Dawson Bonnett	X	14	Lovilla	IA	8:03	00:25:03.20
4	4/84	2/12	160	Jody Buckingham	X	40	Albia	IA	8:05	00:25:09.77
5	5/84	3/19	108	Cj Ratliff	X	14	Albia	IA	8:16	00:25:41.51
6	6/84	4/19	229	Cole Folkerts	X	16	Albia	IA	8:18	00:25:48.52
7	7/84	5/19	132	Jackson Demoss	X	15	Albia	IA	8:19	00:25:52.95
8	8/84	6/19	103	Austin Stanley	X	14	Albia	IA	8:36	00:26:44.42
9	9/84	1/16	194	Joshua Fryer	X	37	Oskaloosa	IA	8:46	00:27:16.64
10	10/84	1/5	142	Christian Summers	X	23	Albia	IA	8:50	00:27:29.01
11	11/84	3/12	141	Jason Summers	X	48	Albia	IA	8:59	00:27:57.53
12	12/84	1/23	260	Angel Palomares	X	10	Albia	IA	9:00	00:27:57.80
13	13/84	2/23	168	Brooke Smith	X	13	Albia	IA	9:00	00:27:58.20
14	14/84	7/19	195	Dakota Selby	X	16	Albia	IA	9:02	00:28:04.51
15	15/84	1/7	155	Dave Wenger	X	51	Albia	IA	9:06	00:28:16.69
16	16/84	8/19	209	David Fisher	X	14	Albia	IA	9:18	00:28:54.22
17	17/84	3/23	252	Eli Zonori	X	13	Albia	IA	9:31	00:29:35.18
18	18/84	4/23	166	Wyatt Thorkmorton	X	11	Albia	IA	9:37	00:29:55.43
19	19/84	5/23	202	Lance Helm	X	11	Albia	IA	9:38	00:29:57.78
20	20/84	2/16	193	Heather Fryer	X	38	Oskaloosa	IA	9:39	00:29:59.88
21	21/84	9/19	190	Stephen Conley	X	14	Albia	IA	9:46	00:30:23.41
22	22/84	3/16	184	Amanda Griffin	X	32	Albia	IA	10:11	00:31:41.28
23	23/84	2/7	179	Kim Paust	X	51	Albia	IA	10:12	00:31:42.92
24	24/84	2/5	123	Kole Jones	X	20	Albia	IA	10:41	00:33:14.02
25	25/84	4/12	118	Mark Jones	X	40	Albia	IA	10:43	00:33:20.28
26	26/84	4/16	124	Willie Swayne	X	35	Knoxville	IA	10:48	00:33:34.03
27	27/84	3/5	110	Ally Steines	X	24	Albia	IA	11:07	00:34:34.28
28	28/84	10/19	161	Mariah Smith	X	19	Albia	IA	11:11	00:34:45.20
29	29/84	5/16	121	Bode Thompson	X	33	Albia	IA	11:11	00:34:45.89
30	30/84	6/16	239	Lisa Caudill	X	33	Albia	IA	11:14	00:34:54.20
31	31/84	5/12	189	Matt White	X	43	Albia	IA	11:14	00:34:55.20
32	32/84	6/23	157	Emma Wenger	X	13	Albia	IA	11:17	00:35:05.55
33	33/84	7/23	228	Carter Folkerts	X	10	Albia	IA	11:36	00:36:04.53
34	34/84	8/23	250	Kervin Veasely	X	11	Albia	IA	11:38	00:36:09.57
35	35/84	6/12	169	Sheryl Smith	X	42	Albia	IA	11:38	00:36:10.20
36	36/84	11/19	248	Dawson Hermson	X	17	Albia	IA	11:41	00:36:20.99
37	37/84	12/19	247	Bear Leshan	X	17	Albia	IA	11:42	00:36:21.39
38	38/84	7/12	226	Jennifer Hess	X	40	Albia	IA	11:42	00:36:23.79
39	39/84	8/12	227	Troy Folkerts	X	48	Albia	IA	11:42	00:36:23.82
40	40/84	9/23	207	Elijah Smith	X	13	Albia	IA	11:47	00:36:39.03
41	41/84	13/19	143	Cadena Rhodes	X	14	Albia	IA	11:48	00:36:40.37
42	42/84	10/23	246	Kinnik Summers	X	11	Albia	IA	11:55	00:37:02.53
43	43/84	14/19	175	Allsion Major	X	14	Albia	IA	12:02	00:37:26.13
44	44/84	11/23	151	Simon Pettit	X	10	Albia	IA	12:05	00:37:32.78
45	45/84	7/16	119	Matt Jones	X	37	Albia	IA	12:12	00:37:54.66
46	46/84	12/23	201	Isaac Helm	X	8	Albia	IA	12:36	00:39:10.70
47	47/84	3/7	183	Sherrri Griffin	X	57	Albia	IA	12:40	00:39:22.28
48	48/84	9/12	224	Lisa Hermsen	X	49	Albia	IA	12:44	00:39:36.47
49	49/84	4/7	223	Kendra Sinclair	X	54	Albia	IA	12:44	00:39:36.68
50	50/84	13/23	221	Reed Fover	X	12	Albia	IA	12:47	00:39:44.16
51	51/84	5/7	213	Rob Eells	X	69	Albia	IA	13:38	00:42:23.20
52	52/84	10/12	105	Angel Stanley	X	41	Albia	IA	13:43	00:42:38.20
53	53/84	15/19	106	Shy Stanley	X	18	Albia	IA	13:43	00:42:38.78
54	54/84	11/12	158	Sharon Keegal	X	43	Eddyville	IA	14:04	00:43:42.86
55	55/84	6/7	191	Tom McDonald	X	66	Albia	IA	14:23	00:44:44.28
56	56/84	14/23	177	Aubrey Major	X	11	Albia	IA	14:26	00:44:51.60
57	57/84	15/23	199	Justin Keller	X	12	Albia	IA	14:27	00:44:54.85

# Run For The Health of It

September 9, 2017

## Overall Results

5K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
58	58/84	16/19	174	Austin Major	X	16	Albia	IA	14:27	00:44:56.27
59	59/84	1/2	232	Lorie Vitko	X	99	Albia	IA	14:28	00:44:57.69
60	60/84	8/16	203	Nikki Helm	X	39	Albia	IA	14:34	00:45:16.78
61	61/84	9/16	220	Darrin Helm	X	39	Albia	IA	14:34	00:45:17.22
62	62/84	10/16	114	Chris Witt	X	39	Oskaloosa	IA	14:59	00:46:36.28
63	63/84	11/16	144	Xxxxx Rhodes	X	36	Albia	IA	15:09	00:47:04.98
64	64/84	16/23	218	Kylon Rhodes	X	12	Albia	IA	15:09	00:47:04.98
65	65/84	17/23	216	Jaylan Skinner	X	12	Albia	IA	15:09	00:47:05.78
66	66/84	17/19	231	Gavin Shaw	X	17	Albia	IA	15:09	00:47:06.79
67	67/84	18/19	122	Zack Jones	X	14	Albia	IA	15:09	00:47:07.02
68	68/84	18/23	253	Wyatt Mcgee	X	13	Albia	IA	15:18	00:47:34.42
69	69/84	4/5	102	Allie Stanley	X	20	Albia	IA	15:19	00:47:35.63
70	70/84	19/23	148	Gracie Smith	X	11	Albia	IA	15:19	00:47:36.63
71	71/84	12/12	104	Jim Stanley	X	42	Albia	IA	15:21	00:47:42.34
72	72/84	2/2	180	Kim Jamieson	X	99	Albia	IA	15:39	00:48:39.11
73	73/84	7/7	230	Sandy Major	X	56	Albia	IA	16:04	00:49:57.02
74	74/84	19/19	112	Mackenzie Marks	X	16	Oskaloosa	IA	16:07	00:50:06.28
75	75/84	5/5	115	Jaynee Vande Weerdhof	X	22	Oskaloosa	IA	16:12	00:50:20.53
76	76/84	12/16	116	Esther Rose	X	37	Oskaloosa	IA	16:12	00:50:20.96
77	77/84	20/23	113	Emma Whitt	X	9	Oskaloosa	IA	16:12	00:50:21.57
78	78/84	21/23	217	Richlee Rhodes	X	10	Albia	IA	16:36	00:51:36.21
79	79/84	13/16	219	Cassie Skinner	X	36	Albia	IA	16:38	00:51:43.28
80	80/84	22/23	170	Serene Thompson	X	10	Albia	IA	17:04	00:53:04.03
81	81/84	14/16	154	Leah George	X	33	Albia	IA	17:05	00:53:07.10
82	82/84	15/16	152	Tonya Ellis	X	35	Albia	IA	17:05	00:53:07.50
83	83/84	16/16	128	Katrina Thompson	X	39	Albia	IA	17:11	00:53:25.96
84	84/84	23/23	171	Safiya Thompson	X	5	Albia	IA	17:11	00:53:26.16