

# Run For The Health of It

September 9, 2017

## Overall Division Results

5K

### Mixed Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	12/84	12/84	260	Angel Palomares	10	X	Albia	IA	9:00	00:27:57.80
2	13/84	13/84	168	Brooke Smith	13	X	Albia	IA	9:00	00:27:58.20
3	17/84	17/84	252	Eli Zonori	13	X	Albia	IA	9:31	00:29:35.18
4	18/84	18/84	166	Wyatt Thorkmorton	11	X	Albia	IA	9:37	00:29:55.43
5	19/84	19/84	202	Lance Helm	11	X	Albia	IA	9:38	00:29:57.78
6	32/84	32/84	157	Emma Wenger	13	X	Albia	IA	11:17	00:35:05.55
7	33/84	33/84	228	Carter Folkerts	10	X	Albia	IA	11:36	00:36:04.53
8	34/84	34/84	250	Kervin Veasely	11	X	Albia	IA	11:38	00:36:09.57
9	40/84	40/84	207	Elijah Smith	13	X	Albia	IA	11:47	00:36:39.03
10	42/84	42/84	246	Kinnik Summers	11	X	Albia	IA	11:55	00:37:02.53
11	44/84	44/84	151	Simon Pettit	10	X	Albia	IA	12:05	00:37:32.78
12	46/84	46/84	201	Isaac Helm	8	X	Albia	IA	12:36	00:39:10.70
13	50/84	50/84	221	Reed Fover	12	X	Albia	IA	12:47	00:39:44.16
14	56/84	56/84	177	Aubrey Major	11	X	Albia	IA	14:26	00:44:51.60
15	57/84	57/84	199	Justin Keller	12	X	Albia	IA	14:27	00:44:54.85
16	64/84	64/84	218	Kylon Rhodes	12	X	Albia	IA	15:09	00:47:04.98
17	65/84	65/84	216	Jaylan Skinner	12	X	Albia	IA	15:09	00:47:05.78
18	68/84	68/84	253	Wyatt Mcgee	13	X	Albia	IA	15:18	00:47:34.42
19	70/84	70/84	148	Gracie Smith	11	X	Albia	IA	15:19	00:47:36.63
20	77/84	77/84	113	Emma Whitt	9	X	Oskaloosa	IA	16:12	00:50:21.57
21	78/84	78/84	217	Richlee Rhodes	10	X	Albia	IA	16:36	00:51:36.21
22	80/84	80/84	170	Serene Thompson	10	X	Albia	IA	17:04	00:53:04.03
23	84/84	84/84	171	Safiya Thompson	5	X	Albia	IA	17:11	00:53:26.16

### Mixed Ages 14 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/84	1/84	109	Brock Ratliff	15	X	Albia	IA	7:27	00:23:09.23
2	3/84	3/84	146	Dawson Bonnett	14	X	Lovilla	IA	8:03	00:25:03.20
3	5/84	5/84	108	Cj Ratliff	14	X	Albia	IA	8:16	00:25:41.51
4	6/84	6/84	229	Cole Folkerts	16	X	Albia	IA	8:18	00:25:48.52
5	7/84	7/84	132	Jackson Demoss	15	X	Albia	IA	8:19	00:25:52.95
6	8/84	8/84	103	Austin Stanley	14	X	Albia	IA	8:36	00:26:44.42
7	14/84	14/84	195	Dakota Selby	16	X	Albia	IA	9:02	00:28:04.51
8	16/84	16/84	209	David Fisher	14	X	Albia	IA	9:18	00:28:54.22
9	21/84	21/84	190	Stephen Conley	14	X	Albia	IA	9:46	00:30:23.41
10	28/84	28/84	161	Mariah Smith	19	X	Albia	IA	11:11	00:34:45.20
11	36/84	36/84	248	Dawson Hermson	17	X	Albia	IA	11:41	00:36:20.99
12	37/84	37/84	247	Bear Leshan	17	X	Albia	IA	11:42	00:36:21.39
13	41/84	41/84	143	Cadena Rhodes	14	X	Albia	IA	11:48	00:36:40.37
14	43/84	43/84	175	Allsion Major	14	X	Albia	IA	12:02	00:37:26.13
15	53/84	53/84	106	Shy Stanley	18	X	Albia	IA	13:43	00:42:38.78
16	58/84	58/84	174	Austin Major	16	X	Albia	IA	14:27	00:44:56.27
17	66/84	66/84	231	Gavin Shaw	17	X	Albia	IA	15:09	00:47:06.79
18	67/84	67/84	122	Zack Jones	14	X	Albia	IA	15:09	00:47:07.02
19	74/84	74/84	112	Mackenzie Marks	16	X	Oskaloosa	IA	16:07	00:50:06.28

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### Mixed Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	10/84	10/84	142	Christian Summers	23	X	Albia	IA	8:50	00:27:29.01
2	24/84	24/84	123	Kole Jones	20	X	Albia	IA	10:41	00:33:14.02
3	27/84	27/84	110	Ally Steines	24	X	Albia	IA	11:07	00:34:34.28
4	69/84	69/84	102	Allie Stanley	20	X	Albia	IA	15:19	00:47:35.63
5	75/84	75/84	115	Jaynee Vande Weerdhof	22	X	Oskaloosa	IA	16:12	00:50:20.53

### Mixed Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	9/84	9/84	194	Joshua Fryer	37	X	Oskaloosa	IA	8:46	00:27:16.64
2	20/84	20/84	193	Heather Fryer	38	X	Oskaloosa	IA	9:39	00:29:59.88
3	22/84	22/84	184	Amanda Griffin	32	X	Albia	IA	10:11	00:31:41.28
4	26/84	26/84	124	Willie Swayne	35	X	Knoxville	IA	10:48	00:33:34.03
5	29/84	29/84	121	Bode Thompson	33	X	Albia	IA	11:11	00:34:45.89
6	30/84	30/84	239	Lisa Caudill	33	X	Albia	IA	11:14	00:34:54.20
7	45/84	45/84	119	Matt Jones	37	X	Albia	IA	12:12	00:37:54.66
8	60/84	60/84	203	Nikki Helm	39	X	Albia	IA	14:34	00:45:16.78
9	61/84	61/84	220	Darrin Helm	39	X	Albia	IA	14:34	00:45:17.22
10	62/84	62/84	114	Chris Witt	39	X	Oskaloosa	IA	14:59	00:46:36.28
11	63/84	63/84	144	Xxxx Rhodes	36	X	Albia	IA	15:09	00:47:04.98
12	76/84	76/84	116	Esther Rose	37	X	Oskaloosa	IA	16:12	00:50:20.96
13	79/84	79/84	219	Cassie Skinner	36	X	Albia	IA	16:38	00:51:43.28
14	81/84	81/84	154	Leah George	33	X	Albia	IA	17:05	00:53:07.10
15	82/84	82/84	152	Tonya Ellis	35	X	Albia	IA	17:05	00:53:07.50
16	83/84	83/84	128	Katrina Thompson	39	X	Albia	IA	17:11	00:53:25.96

### Mixed Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/84	2/84	107	Todd Ratliff	44	X	Albia	IA	7:32	00:23:25.23
2	4/84	4/84	160	Jody Buckingham	40	X	Albia	IA	8:05	00:25:09.77
3	11/84	11/84	141	Jason Summers	48	X	Albia	IA	8:59	00:27:57.53
4	25/84	25/84	118	Mark Jones	40	X	Albia	IA	10:43	00:33:20.28
5	31/84	31/84	189	Matt White	43	X	Albia	IA	11:14	00:34:55.20
6	35/84	35/84	169	Sheryl Smith	42	X	Albia	IA	11:38	00:36:10.20
7	38/84	38/84	226	Jennifer Hess	40	X	Albia	IA	11:42	00:36:23.79
8	39/84	39/84	227	Troy Folkerts	48	X	Albia	IA	11:42	00:36:23.82
9	48/84	48/84	224	Lisa Hermesen	49	X	Albia	IA	12:44	00:39:36.47
10	52/84	52/84	105	Angel Stanley	41	X	Albia	IA	13:43	00:42:38.20
11	54/84	54/84	158	Sharon Keegal	43	X	Eddyville	IA	14:04	00:43:42.86
12	71/84	71/84	104	Jim Stanley	42	X	Albia	IA	15:21	00:47:42.34

### Mixed Ages 50 +

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/84	15/84	155	Dave Wenger	51	X	Albia	IA	9:06	00:28:16.69
2	23/84	23/84	179	Kim Paust	51	X	Albia	IA	10:12	00:31:42.92
3	47/84	47/84	183	Sherry Griffin	57	X	Albia	IA	12:40	00:39:22.28
4	49/84	49/84	223	Kendra Sinclair	54	X	Albia	IA	12:44	00:39:36.68
5	51/84	51/84	213	Rob Eells	69	X	Albia	IA	13:38	00:42:23.20
6	55/84	55/84	191	Tom McDonald	66	X	Albia	IA	14:23	00:44:44.28
7	73/84	73/84	230	Sandy Major	56	X	Albia	IA	16:04	00:49:57.02

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### Mixed Ages 99 - 99

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	59/84	59/84	232	Lorie Vitko	99	X	Albia	IA	14:28	00:44:57.69
2	72/84	72/84	180	Kim Jamieson	99	X	Albia	IA	15:39	00:48:39.11