

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
1	1/304	1/1	92	Mike Darnell	M	23	Wantagh	NY	1	5:15	00:16:20.61	3	5:23	00:16:44.34	5:19	00:33:04.96
2	2/304	1/1	54	Boyd Carrington	M	45	West Islip	NY	4	5:22	00:16:42.11	1	5:17	00:16:27.53	5:20	00:33:09.64
3	3/304	1/11	146	Paolo Fiore	M	23	Brightwaters	NY	2	5:17	00:16:25.26	4	5:26	00:16:55.34	5:21	00:33:20.60
4	4/304	1/14	496	Yuji Wakimoto	M	26	Mineola	NY	3	5:22	00:16:42.11	2	5:22	00:16:41.90	5:22	00:33:24.00
5	5/304	2/14	577	Joseph Grieco	M	26	Massapequa	NY	6	5:28	00:16:59.14	5	5:35	00:17:21.07	5:31	00:34:20.21
6	6/304	3/14	570	Jesus Zamora	M	26	Newyork	NY	5	5:27	00:16:57.14	6	5:38	00:17:30.20	5:32	00:34:27.33
7	7/304	1/14	545	Ronald Joseph	M	34	Rockaway Park	NY	7	5:37	00:17:28.19	9	5:47	00:18:00.28	5:42	00:35:28.47
8	8/304	4/14	253	Antoh Korniev	M	25	Glen Head	NY	9	5:41	00:17:41.14	7	5:47	00:17:58.45	5:44	00:35:39.59
9	1/243	1/1	547	Leonora Petrina	F	35	Bayport	NY	10	5:42	00:17:43.60	8	5:47	00:17:59.11	5:44	00:35:42.71
10	2/243	1/22	531	Aileen Barry	F	35	Manhasset	NY	11	5:45	00:17:52.73	10	5:49	00:18:06.70	5:47	00:35:59.44
11	3/243	1/1	513	Tara Wilson	F	41	West Islip	NY	12	5:45	00:17:54.36	11	5:50	00:18:10.10	5:48	00:36:04.47
12	9/304	2/14	337	Edward Murray	M	32	East Meadow	NY	13	5:46	00:17:55.64	13	5:56	00:18:28.14	5:51	00:36:23.78
13	10/304	2/11	131	Alex Eletto	M	20	Stony Brook	NY	8	5:41	00:17:40.76	14	6:01	00:18:44.44	5:51	00:36:25.20
14	11/304	3/14	250	Christopher Koegel	M	34	Wantagh	NY	16	5:50	00:18:09.99	12	5:56	00:18:26.57	5:53	00:36:36.57
15	12/304	4/14	109	Franklin Diaz	M	34	Farmingdale	NY	14	5:47	00:17:58.39	15	6:03	00:18:48.10	5:55	00:36:46.49
16	13/304	5/14	565	Dmitriy Krasny	M	34	New York	NY	15	5:47	00:17:59.23	17	6:03	00:18:48.88	5:55	00:36:48.11
17	14/304	1/22	226	Joshua Jastemski	M	38	Medford	NY	19	6:03	00:18:47.89	18	6:06	00:18:57.33	6:04	00:37:45.22
18	15/304	1/33	255	Adam Kuklinski	M	54	New York	NY	22	6:04	00:18:52.89	19	6:06	00:18:57.83	6:05	00:37:50.72
19	16/304	2/22	151	Joe Flick	M	39	Farmingdale	NY	25	6:07	00:19:03.13	16	6:03	00:18:48.27	6:05	00:37:51.40
20	17/304	3/22	86	Steven Cuomo	M	35	Shirley	NY	18	5:58	00:18:33.12	24	6:16	00:19:30.04	6:07	00:38:03.16
21	18/304	1/40	392	Eddie Reagan	M	62	Levittown	NY	20	6:03	00:18:50.35	21	6:11	00:19:14.63	6:07	00:38:04.98
22	19/304	1/6	108	Anthony Diaz	M	14	Farmingdale	NY	17	5:53	00:18:16.87	33	6:25	00:19:59.27	6:09	00:38:16.14
23	20/304	6/14	315	John Mckeon	M	31	New York	NY	24	6:06	00:18:57.57	23	6:14	00:19:24.40	6:10	00:38:21.97
24	21/304	4/22	277	Joseph Lynch	M	38	Merrick	NY	32	6:14	00:19:24.63	20	6:08	00:19:04.70	6:11	00:38:29.32
25	22/304	1/26	571	Blair Ruhling	M	40	Plainview	NY	21	6:03	00:18:50.76	25	6:19	00:19:39.58	6:11	00:38:30.34
26	4/243	1/16	3504	Jen Dagan	F	34	Centerreach	NY	27	6:10	00:19:11.84	22	6:13	00:19:19.32	6:11	00:38:31.15
27	23/304	3/11	323	Thomas Mihailin	M	22	East Northport	NY	30	6:14	00:19:23.39	26	6:20	00:19:42.25	6:17	00:39:05.64
28	24/304	1/27	510	Graham Wilcock	M	49	Great Neck	NY	28	6:11	00:19:14.39	34	6:26	00:19:59.59	6:18	00:39:13.98
29	25/304	1/4	424	Christian Schiavone	M	17	Plainview	NY	23	6:05	00:18:57.14	41	6:32	00:20:19.86	6:19	00:39:17.00
30	26/304	1/39	428	Bill Schroeder	M	57	Garden City	NY	35	6:16	00:19:29.64	28	6:23	00:19:50.01	6:19	00:39:19.66
31	27/304	2/26	387	Jason Ramirez	M	44	Wantagh	NY	33	6:14	00:19:24.63	30	6:25	00:19:56.83	6:20	00:39:21.46
32	28/304	3/26	501	Christopher Ward	M	41	East Northport	NY	34	6:15	00:19:26.37	31	6:25	00:19:57.11	6:20	00:39:23.48
33	29/304	1/15	505	Chris Webber	M	66	Sayville	NY	37	6:18	00:19:35.80	27	6:22	00:19:48.29	6:20	00:39:24.09
34	5/243	2/16	542	Katie Mcgrath	F	33	Oakdale	NY	36	6:18	00:19:35.19	29	6:23	00:19:50.12	6:20	00:39:25.31
35	30/304	4/11	572	Jacinto Martinez	M	23	Brooklyn	NY	26	6:08	00:19:06.37	43	6:33	00:20:23.36	6:21	00:39:29.73
36	31/304	4/26	473	Mike Talles	M	41	Lindenhurst	NY	38	6:18	00:19:35.90	32	6:25	00:19:57.11	6:21	00:39:33.01

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
37	32/304	2/27	574	Todd Rowley	M	48	Huntington	NY	29	6:12	00:19:17.74	40	6:31	00:20:17.23	6:22	00:39:34.98
38	33/304	5/22	454	Scott Solomon	M	37	Plainview	NY	31	6:14	00:19:24.63	42	6:32	00:20:20.89	6:23	00:39:45.52
39	34/304	5/26	564	John Jensen	M	41	East Northport	NY	39	6:19	00:19:38.64	46	6:35	00:20:28.27	6:27	00:40:06.90
40	35/304	6/22	200	Trent Hampton	M	39	Ronkonkoma	NY	42	6:29	00:20:11.40	35	6:26	00:20:00.08	6:28	00:40:11.48
41	6/243	3/16	498	Michele Walker	F	34	Massapequa	NY	43	6:29	00:20:11.52	36	6:28	00:20:06.59	6:29	00:40:18.11
42	36/304	6/26	80	John Coughlin	M	40	Greenlawn	NY	45	6:30	00:20:12.32	37	6:28	00:20:07.91	6:29	00:40:20.23
43	37/304	2/39	14	Alan Baisch	M	56	Selden	NY	40	6:22	00:19:48.37	47	6:36	00:20:31.95	6:29	00:40:20.32
44	38/304	5/14	340	Andrew Napoleon	M	29	Lindenhurst	NY	41	6:25	00:19:58.52	44	6:34	00:20:26.45	6:30	00:40:24.97
45	7/243	2/22	373	Kelly Perno-Grosser	F	37	Seaford	NY	51	6:32	00:20:18.39	38	6:29	00:20:10.59	6:30	00:40:28.98
46	39/304	7/22	376	Jason Phillips	M	36	Jamaica	NY	58	6:34	00:20:24.69	39	6:30	00:20:14.51	6:32	00:40:39.20
47	40/304	2/33	29	Marc Bochner	M	52	New York	NY	44	6:30	00:20:11.89	48	6:37	00:20:33.84	6:33	00:40:45.73
48	8/243	3/22	569	Shari Klarfeld	F	37	Plainview	NY	53	6:32	00:20:19.80	45	6:35	00:20:27.43	6:33	00:40:47.23
49	41/304	3/27	335	Timothy Murphy	M	46	Ronkonkoma	NY	46	6:30	00:20:12.33	49	6:38	00:20:37.65	6:34	00:40:49.98
50	42/304	6/14	267	Shayne Lewis	M	27	Brightwaters	NY	49	6:31	00:20:17.58	50	6:38	00:20:37.83	6:35	00:40:55.41
51	43/304	4/27	123	Ray Downes	M	47	Huntington	NY	57	6:33	00:20:21.15	51	6:38	00:20:38.08	6:35	00:40:59.23
52	44/304	7/14	512	Raymond Williams	M	26	Smithtown	NY	48	6:31	00:20:15.89	53	6:41	00:20:46.63	6:36	00:41:02.52
53	9/243	1/32	44	Una Broderick	F	51	Wantagh	NY	55	6:32	00:20:20.81	52	6:40	00:20:44.77	6:36	00:41:05.58
54	10/243	1/22	289	Maria Marascia	F	26	Huntington	NY	54	6:32	00:20:19.89	54	6:42	00:20:52.09	6:37	00:41:11.98
55	45/304	5/11	314	John Mckeon	M	23	Massapequa	NY	52	6:32	00:20:19.14	57	6:45	00:21:00.01	6:38	00:41:19.16
56	11/243	2/22	59	Annamarie Charno	F	26	Seaford	NY	47	6:30	00:20:12.34	63	6:48	00:21:10.06	6:39	00:41:22.40
57	46/304	7/14	551	Henry Wang	M	33	Flushing	NY	62	6:37	00:20:35.85	55	6:43	00:20:54.06	6:40	00:41:29.91
58	47/304	7/26	575	Cristian Abad	M	41	Hicksville	NY	50	6:32	00:20:18.16	64	6:50	00:21:14.19	6:41	00:41:32.34
59	48/304	8/26	484	Steven Toto	M	44	Hauppauge	NY	60	6:35	00:20:29.96	58	6:46	00:21:02.52	6:41	00:41:32.48
60	49/304	2/40	90	Ned Daily	M	60	Garden City	NY	61	6:36	00:20:30.57	61	6:48	00:21:08.27	6:42	00:41:38.84
61	50/304	3/39	466	Jeff Steinberg	M	56	Salisbury	NY	56	6:32	00:20:20.81	66	6:53	00:21:23.32	6:42	00:41:44.14
62	51/304	5/27	143	Michael Fernandez	M	49	Farmingdale	NY	67	6:43	00:20:52.87	59	6:47	00:21:05.24	6:45	00:41:58.11
63	52/304	6/27	32	Kevin Boone	M	49	Bay Shore	NY	65	6:43	00:20:52.39	60	6:47	00:21:07.53	6:45	00:41:59.93
64	53/304	8/14	366	Luis Palma	M	34	Bay Shore	NY	59	6:35	00:20:28.13	72	6:57	00:21:38.70	6:46	00:42:06.83
65	54/304	3/33	561	Victor Pajonas	M	52	Seaford	NY	73	6:45	00:21:00.14	62	6:48	00:21:09.54	6:47	00:42:09.68
66	55/304	3/40	147	Bill Fisher	M	63	Levittown	NY	63	6:39	00:20:42.55	70	6:55	00:21:32.39	6:47	00:42:14.94
67	12/243	1/8	294	Kathryn Martin	F	66	Northport	NY	64	6:40	00:20:45.14	71	6:57	00:21:37.51	6:49	00:42:22.66
68	13/243	4/22	420	Amanda Scanlan	F	38	Northport	NY	78	6:48	00:21:10.13	65	6:50	00:21:15.98	6:49	00:42:26.11
69	56/304	4/39	219	Michael Hunter	M	56	Merrick	NY	72	6:45	00:20:59.15	69	6:55	00:21:31.82	6:50	00:42:30.97
70	57/304	7/27	66	Adam Cigliano	M	46	North Merrick	NY	69	6:44	00:20:56.33	73	6:58	00:21:39.30	6:51	00:42:35.63
71	14/243	3/22	186	Michele Grieco	F	29	Massapequa	NY	66	6:43	00:20:52.55	74	6:59	00:21:44.90	6:51	00:42:37.45
72	58/304	5/39	401	Michael Robles	M	59	Smithtown	NY	80	6:51	00:21:17.15	67	6:53	00:21:24.34	6:52	00:42:41.49

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									Place	Pace	Time	Place	Pace	Time	Pace	Time
73	59/304	2/15	523	Eric Zimmer	M	66	St. James	NY	71	6:45	00:20:58.56	75	7:00	00:21:47.21	6:52	00:42:45.77
74	60/304	9/14	357	Kevin O'toole	M	33	Ronkonkoma	NY	89	7:03	00:21:56.15	56	6:44	00:20:56.96	6:54	00:42:53.11
75	61/304	8/14	225	Ray Iron	M	28	Uniondale	NY	70	6:44	00:20:57.95	80	7:04	00:21:57.53	6:54	00:42:55.49
76	15/243	1/4	115	Isabella Dipalermo	F	15	Mt. Sinai	NY	68	6:43	00:20:55.11	82	7:05	00:22:00.85	6:54	00:42:55.96
77	62/304	8/22	524	Ronnie Vichman	M	37	Farmingdale	NY	83	6:55	00:21:31.88	68	6:55	00:21:30.11	6:55	00:43:01.99
78	16/243	1/23	99	Martha Delgado	F	41	Great Neck	NY	76	6:48	00:21:09.91	77	7:02	00:21:53.75	6:55	00:43:03.66
79	63/304	6/39	112	Michael Dilisio	M	56	Shoreham	NY	77	6:48	00:21:10.12	78	7:03	00:21:54.36	6:55	00:43:04.48
80	64/304	8/27	71	Brian Cloherty	M	49	Roslyn Heights	NY	81	6:54	00:21:28.19	76	7:01	00:21:49.05	6:57	00:43:17.24
81	65/304	6/11	383	Bradley Quinn	M	22	Syosset	NY	74	6:47	00:21:05.24	90	7:12	00:22:23.55	6:59	00:43:28.79
82	66/304	7/39	359	Mark Ogden	M	56	Selden	NY	75	6:48	00:21:09.90	86	7:12	00:22:22.56	7:00	00:43:32.46
83	17/243	2/23	396	Heather Riddiough	F	40	Massapequa Park	NY	85	6:59	00:21:42.83	84	7:09	00:22:15.16	7:04	00:43:57.99
84	67/304	9/27	72	Matthew Conroy	M	48	Melville	NY	84	6:56	00:21:35.11	89	7:12	00:22:23.53	7:04	00:43:58.65
85	68/304	7/11	280	Tim Mahoney	M	22	Syosset	NY	93	7:07	00:22:07.38	81	7:04	00:21:59.86	7:06	00:44:07.24
86	18/243	2/32	446	Jill Skelly	F	54	Baldwin	NY	90	7:03	00:21:56.63	88	7:12	00:22:23.31	7:08	00:44:19.94
87	19/243	5/22	3506	Jessica Petrina	F	36	Setauket	NY	82	6:55	00:21:31.66	106	7:22	00:22:54.33	7:09	00:44:25.99
88	20/243	1/9	96	Jenna Deangelo	F	23	Long Beach	NY	87	6:59	00:21:43.42	100	7:20	00:22:47.26	7:09	00:44:30.67
89	21/243	3/32	410	Barbara Russo	F	54	Sayville	NY	86	6:59	00:21:43.13	103	7:21	00:22:51.80	7:10	00:44:34.93
90	69/304	10/27	573	Hector Jaramillo	M	46	Baldwin	NY	101	7:11	00:22:20.75	87	7:12	00:22:22.99	7:11	00:44:43.74
91	70/304	1/12	70	John Clifford	M	56	Seaford	NY	98	7:09	00:22:13.64	93	7:15	00:22:33.35	7:12	00:44:46.99
92	71/304	8/39	518	Mark Younker	M	55	Valley Stream	NY	100	7:09	00:22:15.86	92	7:14	00:22:31.39	7:12	00:44:47.24
93	72/304	4/33	11	Kevin Arloff	M	51	Hunt Sta	NY	88	7:00	00:21:46.85	110	7:24	00:23:02.47	7:12	00:44:49.33
94	73/304	9/26	486	Marshal Trigg	M	43	Plainview	NY	118	7:22	00:22:54.85	79	7:03	00:21:57.32	7:13	00:44:52.18
95	74/304	11/27	231	Ira Kaplan	M	48	East Meadow	NY	96	7:08	00:22:10.90	98	7:18	00:22:43.53	7:13	00:44:54.43
96	22/243	6/22	532	Min Tian	F	38	Syosset	NY	94	7:07	00:22:07.90	101	7:20	00:22:47.55	7:13	00:44:55.45
97	75/304	9/39	189	David Grosskurth	M	59	Dix Hills	NY	97	7:08	00:22:11.15	99	7:19	00:22:44.91	7:13	00:44:56.05
98	76/304	5/33	158	Eric Friedman	M	52	Merrick	NY	104	7:13	00:22:27.36	95	7:16	00:22:34.78	7:14	00:45:02.14
99	77/304	8/11	576	Joseph Choinski	M	23	East Northport	NY	79	6:49	00:21:11.79	135	7:41	00:23:52.95	7:15	00:45:04.74
100	23/243	4/22	515	Amanda Wolfer	F	25	Woodbury	NY	124	7:24	00:23:01.15	83	7:07	00:22:08.88	7:16	00:45:10.03
101	24/243	4/32	475	Nancy Tantone	F	53	West Islip	NY	92	7:06	00:22:06.36	113	7:26	00:23:07.13	7:16	00:45:13.49
102	78/304	10/39	209	William Herbert	M	58	Smithtown	NY	108	7:17	00:22:38.40	96	7:16	00:22:35.49	7:16	00:45:13.89
103	25/243	5/32	110	Joanne Digraziano	F	54	Smithtown	NY	102	7:12	00:22:23.39	102	7:21	00:22:51.51	7:16	00:45:14.91
104	79/304	6/33	120	Thomas Dougherty	M	52	Hicksville	NY	106	7:14	00:22:29.87	105	7:21	00:22:52.37	7:18	00:45:22.24
105	80/304	11/39	596	Michael Gross	M	55	Huntington Station	NY	119	7:22	00:22:55.26	94	7:15	00:22:33.46	7:19	00:45:28.71
106	81/304	12/39	57	Michael Casale	M	57	Bellmore	NY	105	7:14	00:22:29.64	109	7:24	00:23:01.10	7:19	00:45:30.74
107	82/304	7/33	442	Ed Simko	M	50	Huntington	NY	125	7:24	00:23:01.65	91	7:14	00:22:29.71	7:19	00:45:31.35
108	83/304	4/40	431	Karnik Seferian	M	60	Setauket	NY	110	7:19	00:22:46.91	104	7:21	00:22:52.09	7:20	00:45:38.99

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109	84/304	10/26	107	Richard Diamond	M	42	Plainview	NY	91	7:04	00:21:59.15	133	7:38	00:23:43.35	7:21	00:45:42.49
110	26/243	1/27	216	Stephanie Hoffman	F	45	Glen Cove	NY	135	7:31	00:23:21.46	85	7:11	00:22:21.87	7:21	00:45:43.33
111	85/304	9/22	3518	Michael Mandato	M	38	Northport	NY	95	7:08	00:22:10.15	129	7:35	00:23:35.35	7:21	00:45:45.49
112	27/243	5/22	62	Lindsay Chetelat	F	26	Patchogue	NY	99	7:09	00:22:14.25	127	7:34	00:23:32.33	7:21	00:45:46.57
113	28/243	3/23	152	Erica Fraiberg	F	44	Greenlawn	NY	112	7:20	00:22:47.55	108	7:24	00:22:59.94	7:22	00:45:47.49
114	29/243	2/9	309	Madison Mcglone	F	22	Bellmore	NY	109	7:17	00:22:40.15	115	7:27	00:23:09.60	7:22	00:45:49.74
115	86/304	12/27	448	Robert Smith	M	49	Northport	NY	103	7:13	00:22:26.30	126	7:34	00:23:30.64	7:23	00:45:56.94
116	30/243	2/27	118	Kathy Dormer	F	48	Williston Park	NY	122	7:23	00:22:57.40	112	7:25	00:23:04.63	7:24	00:46:02.03
117	87/304	5/40	87	Alex Cuzzo	M	60	Bellmore	NY	120	7:23	00:22:56.78	117	7:28	00:23:11.94	7:25	00:46:08.72
118	88/304	2/12	377	Robert Pickus	M	48	Plainview	NY	144	7:34	00:23:33.15	97	7:16	00:22:36.34	7:25	00:46:09.49
119	89/304	9/11	341	Nevan Naughton	M	23	Huntington Station	NY	123	7:23	00:22:58.70	116	7:27	00:23:11.23	7:25	00:46:09.93
120	90/304	9/14	3508	Peter Gorski	M	25	Brooklyn	NY	107	7:16	00:22:37.15	128	7:34	00:23:33.34	7:25	00:46:10.49
121	91/304	13/39	590	Yu Jen Lai	M	55	East Setauket	NY	117	7:21	00:22:53.15	119	7:30	00:23:19.81	7:26	00:46:12.96
122	92/304	3/15	352	Frank Notarstefano	M	65	Seaford	NY	114	7:20	00:22:49.99	121	7:31	00:23:23.76	7:26	00:46:13.75
123	93/304	6/40	272	Ronald Lipsky	M	62	Franklin Square	NY	128	7:26	00:23:07.67	114	7:27	00:23:09.55	7:26	00:46:17.22
124	94/304	14/39	439	Stephen Shulman	M	58	Plainview	NY	126	7:24	00:23:01.76	118	7:29	00:23:15.86	7:26	00:46:17.62
125	31/243	4/23	485	Deirdre Tracey	F	42	Floral Park	NY	121	7:23	00:22:57.28	120	7:30	00:23:21.15	7:27	00:46:18.43
126	95/304	15/39	555	Scott Brennan	M	57	East Meadow	NY	140	7:32	00:23:25.72	107	7:23	00:22:58.21	7:28	00:46:23.93
127	96/304	10/22	319	Luis Mendez Jr	M	39	Wantagh	NY	115	7:20	00:22:50.15	131	7:36	00:23:38.08	7:28	00:46:28.23
128	32/243	6/32	582	Karen Cotty	F	52	East Quogue	NY	127	7:25	00:23:02.78	125	7:32	00:23:26.22	7:28	00:46:29.00
129	97/304	13/27	361	Ken Olson	M	48	Bethpage	NY	141	7:32	00:23:26.73	111	7:25	00:23:03.02	7:28	00:46:29.75
130	98/304	7/40	539	Mike Baard	M	62	Merrick	NY	133	7:28	00:23:13.94	122	7:32	00:23:24.39	7:30	00:46:38.34
131	33/243	1/30	133	Tracey Epstein	F	57	Smithtown	NY	134	7:28	00:23:14.15	124	7:32	00:23:25.01	7:30	00:46:39.15
132	99/304	14/27	537	Tarcisio Pereira	M	47	Levittown	NY	139	7:32	00:23:24.90	123	7:32	00:23:24.82	7:32	00:46:49.73
133	100/304	16/39	302	Bill Mazza	M	55	West Gilgo Beach	NY	113	7:20	00:22:48.79	140	7:44	00:24:01.71	7:32	00:46:50.50
134	101/304	17/39	334	Glenn Murphy	M	59	Miller Place	NY	131	7:27	00:23:09.95	134	7:39	00:23:46.80	7:33	00:46:56.75
135	34/243	6/22	474	Phedeline Tanis	F	25	Elmont	NY	111	7:20	00:22:47.15	144	7:47	00:24:11.85	7:33	00:46:59.00
136	102/304	11/26	18	Benjamin Beavers	M	44	North Amityville	NY	116	7:21	00:22:51.61	146	7:48	00:24:14.96	7:34	00:47:06.57
137	103/304	18/39	31	Paul Bonanni	M	57	Selden	NY	142	7:34	00:23:31.80	130	7:35	00:23:36.39	7:35	00:47:08.19
138	104/304	15/27	178	Barry Goodman	M	46	Plainview	NY	145	7:35	00:23:35.25	132	7:37	00:23:41.09	7:36	00:47:16.33
139	35/243	7/22	566	Winona Mold	F	25	Lindenhurst	NY	136	7:31	00:23:21.74	136	7:42	00:23:57.44	7:36	00:47:19.18
140	105/304	12/26	41	Romulo Brito	M	40	Uniondale	NY	138	7:31	00:23:24.31	139	7:43	00:24:01.35	7:37	00:47:25.66
141	106/304	16/27	64	Charles Ciarfello	M	47	Smithtown	NY	130	7:27	00:23:09.30	147	7:48	00:24:17.17	7:38	00:47:26.47
142	107/304	13/26	549	Brad Eisenstein	M	44	Plainview	NY	129	7:27	00:23:09.30	151	7:51	00:24:23.65	7:39	00:47:32.95
143	108/304	17/27	546	Douglas Gubbins	M	48	Carle Place	NY	151	7:37	00:23:40.40	138	7:42	00:23:58.25	7:40	00:47:38.65
144	109/304	8/40	222	Peter Inserra	M	60	Northport	NY	148	7:36	00:23:38.40	141	7:44	00:24:02.29	7:40	00:47:40.69

# Aspire 10K Run

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## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
145	36/243	1/13	411	Dionida Ryce	F	49	Valley Stream	NY	155	7:40	00:23:50.86	137	7:42	00:23:57.73	7:41	00:47:48.59
146	110/304	11/22	415	Daniel Salerno	M	35	Merrick	NY	146	7:35	00:23:36.26	145	7:47	00:24:13.97	7:41	00:47:50.22
147	37/243	7/22	298	Brianne Maser	F	38	Commack	NY	143	7:34	00:23:31.90	149	7:50	00:24:22.55	7:42	00:47:54.45
148	111/304	8/33	196	Philip Hamid	M	51	South Richmond Hill	NY	132	7:27	00:23:10.10	167	7:59	00:24:50.40	7:43	00:48:00.50
149	112/304	9/33	76	Rich Correa	M	51	Old Bethpage	NY	137	7:31	00:23:22.89	159	7:55	00:24:38.86	7:43	00:48:01.75
150	38/243	2/30	494	Dee Vogt	F	58	Huntington	NY	152	7:37	00:23:41.54	153	7:51	00:24:24.12	7:44	00:48:05.66
151	39/243	5/23	102	Mary-Jo Depaoli	F	44	Massapequa	NY	154	7:38	00:23:45.58	157	7:53	00:24:32.02	7:46	00:48:17.60
152	113/304	3/12	423	Karl Scheuerman	M	50	Centerport	NY	150	7:36	00:23:38.90	160	7:57	00:24:42.60	7:46	00:48:21.50
153	40/243	4/16	554	Heather Locanthe	F	31	Smithtown	NY	164	7:48	00:24:16.15	142	7:45	00:24:06.72	7:47	00:48:22.87
154	114/304	10/33	199	Paul Hammond	M	50	Merrick	NY	149	7:36	00:23:38.66	163	7:58	00:24:46.65	7:47	00:48:25.31
155	115/304	1/19	405	Steve Rossi	M	37	Hauppauge	NY	153	7:37	00:23:42.75	170	8:00	00:24:53.74	7:49	00:48:36.49
156	41/243	3/27	73	Angelique Consalazio	F	47	Ronkonkoma	NY	167	7:48	00:24:16.66	148	7:49	00:24:20.24	7:49	00:48:36.90
157	42/243	3/30	460	Adriana Staiano	F	55	East Meadow	NY	162	7:47	00:24:13.40	152	7:51	00:24:23.89	7:49	00:48:37.30
158	43/243	4/27	172	Marilou Giammona	F	48	Stewart Manor	NY	159	7:44	00:24:04.64	158	7:54	00:24:34.27	7:49	00:48:38.91
159	116/304	9/40	204	Robert Haughn	M	60	Port Jefferson Station	NY	158	7:43	00:24:01.15	162	7:58	00:24:45.60	7:50	00:48:46.75
160	44/243	2/4	237	Kali Keyes	F	18	East Meadow	NY	147	7:36	00:23:38.29	179	8:06	00:25:11.17	7:51	00:48:49.46
161	45/243	6/23	508	Aimee Welsh	F	43	Huntington	NY	170	7:50	00:24:20.93	154	7:52	00:24:29.33	7:51	00:48:50.26
162	117/304	19/39	544	Kenneth Long	M	57	Bohemia	NY	157	7:43	00:24:00.90	166	7:59	00:24:49.85	7:51	00:48:50.75
163	118/304	10/40	116	P J Diskin	M	62	Mineola	NY	160	7:45	00:24:06.30	164	7:58	00:24:47.24	7:52	00:48:53.54
164	119/304	11/33	530	Bob Debeneditis	M	53	East Norwich	NY	174	7:53	00:24:29.64	155	7:53	00:24:30.60	7:53	00:49:00.24
165	120/304	4/12	156	Dan Fredericks	M	44	Bethpage	NY	156	7:42	00:23:57.15	177	8:04	00:25:05.10	7:53	00:49:02.25
166	121/304	12/33	329	Robert Monaco	M	54	Woodbury	NY	175	7:53	00:24:32.48	156	7:53	00:24:31.52	7:53	00:49:04.00
167	122/304	10/14	364	Anthony Pagan	M	27	Bay Shore	NY	187	8:00	00:24:53.20	143	7:47	00:24:11.48	7:53	00:49:04.68
168	123/304	5/12	259	Greg Lanning	M	48	Bay Shore	NY	169	7:49	00:24:17.40	169	8:00	00:24:52.60	7:54	00:49:10.00
169	124/304	4/15	296	Peter Martin	M	68	Bellmore	NY	168	7:48	00:24:16.87	172	8:01	00:24:55.12	7:55	00:49:11.99
170	46/243	7/23	47	Linda Bumbalo	F	43	Bellmore	NY	166	7:48	00:24:16.66	173	8:01	00:24:56.75	7:55	00:49:13.41
171	125/304	2/19	382	Steve Quigley	M	50	Bayville	NY	165	7:48	00:24:16.24	174	8:03	00:25:01.76	7:56	00:49:18.00
172	126/304	6/12	13	Mark Badami	M	49	Dix Hills	NY	172	7:52	00:24:28.41	171	8:00	00:24:54.10	7:56	00:49:22.50
173	47/243	8/22	303	Paige Mcatee	F	27	Massapequa	NY	201	8:07	00:25:13.16	150	7:51	00:24:23.59	7:59	00:49:36.75
174	127/304	14/26	398	David Robinson	M	43	Smithtown	NY	182	7:58	00:24:45.29	168	8:00	00:24:51.87	7:59	00:49:37.16
175	48/243	2/8	233	Melissa Kennedy	F	69	Amityville	NY	185	7:59	00:24:50.90	165	7:59	00:24:48.48	7:59	00:49:39.38
176	128/304	7/12	95	John De Spagna	M	54	Huntington	NY	173	7:52	00:24:28.62	181	8:07	00:25:14.85	8:00	00:49:43.46
177	129/304	15/26	488	Chris Turk	M	42	Bayport	NY	195	8:03	00:25:02.34	161	7:57	00:24:43.14	8:00	00:49:45.48
178	49/243	4/30	84	Barbara Cronin- Stagnari	F	56	Mineola	NY	186	8:00	00:24:53.15	175	8:03	00:25:02.48	8:02	00:49:55.63
179	130/304	11/40	275	Michael Ludwig	M	63	Rockville Ctr	NY	161	7:45	00:24:06.40	197	8:18	00:25:49.61	8:02	00:49:56.01
180	50/243	5/27	591	Celine Seltzer	F	45	West Islip	NY	188	8:01	00:24:54.62	176	8:04	00:25:04.87	8:02	00:49:59.48

# Aspire 10K Run

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## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
181	51/243	7/32	208	Torie Hehir	F	54	East Northport	NY	171	7:52	00:24:27.00	187	8:13	00:25:33.26	8:02	00:50:00.26
182	52/243	5/16	212	Jessica Hill	F	34	East Northport	NY	179	7:56	00:24:39.81	186	8:09	00:25:21.70	8:03	00:50:01.51
183	131/304	12/40	297	Frank Martinez	M	61	Commack	NY	181	7:56	00:24:41.23	182	8:09	00:25:20.69	8:03	00:50:01.92
184	53/243	6/27	477	Jenny Tesoriero	F	47	Westbury	NY	184	7:59	00:24:48.54	183	8:09	00:25:20.90	8:04	00:50:09.44
185	54/243	8/32	599	Lorie Sheinwald	F	51	Old Bethpage	NY	193	8:03	00:25:01.12	178	8:05	00:25:08.33	8:04	00:50:09.44
186	55/243	9/32	597	Josephine De Oura	F	54	Garden City	NY	177	7:55	00:24:36.96	191	8:14	00:25:37.05	8:05	00:50:14.01
187	56/243	10/32	338	Susan Murray	F	54	Hauppague	NY	194	8:03	00:25:01.52	184	8:09	00:25:21.08	8:06	00:50:22.60
188	57/243	11/32	479	Eliana Themistocleous	F	50	Melville	NY	180	7:56	00:24:40.63	198	8:18	00:25:50.38	8:07	00:50:31.01
189	132/304	2/4	37	Riley Brennan	M	15	Merrick	NY	189	8:01	00:24:56.47	190	8:14	00:25:36.69	8:08	00:50:33.16
190	58/243	6/16	30	Lisa Bonanni	F	31	Selden	NY	191	8:02	00:24:58.90	193	8:15	00:25:40.98	8:09	00:50:39.88
191	59/243	12/32	285	Lori Mangual	F	53	Merrick	NY	178	7:56	00:24:39.15	208	8:24	00:26:07.04	8:10	00:50:46.19
192	133/304	16/26	559	Michael Ruzeo	M	43	Massapequa	NY	176	7:53	00:24:32.49	218	8:29	00:26:21.97	8:11	00:50:54.46
193	134/304	17/26	600	Mark Plutzer	M	43	Old Bethpage	NY	163	7:48	00:24:15.18	229	8:34	00:26:39.89	8:11	00:50:55.07
194	60/243	13/32	397	Darlene Ritchie	F	53	Cold Spring Harbor	NY	183	7:58	00:24:45.90	212	8:25	00:26:09.36	8:11	00:50:55.26
195	61/243	9/22	360	Kate Olofson	F	27	East Northport	NY	203	8:07	00:25:15.31	192	8:15	00:25:40.70	8:11	00:50:56.01
196	135/304	3/4	188	Jaime Grosman	M	15	Plainview	NY	190	8:02	00:24:58.15	207	8:23	00:26:04.44	8:12	00:51:02.59
197	62/243	8/23	400	Sarah Robinson-Jones	F	41	Huntington Station	NY	198	8:06	00:25:10.31	202	8:20	00:25:53.70	8:13	00:51:04.01
198	63/243	7/27	291	Katarina Markovina	F	46	Roslyn	NY	196	8:04	00:25:06.80	206	8:22	00:26:01.08	8:13	00:51:07.88
199	136/304	12/22	548	Ian Morzan	M	39	Dix Hills	NY	222	8:18	00:25:50.16	185	8:09	00:25:21.59	8:14	00:51:11.75
200	137/304	13/22	171	Justin Gershowitz	M	37	Saint James	NY	220	8:17	00:25:45.97	188	8:13	00:25:34.71	8:15	00:51:20.68
201	64/243	8/27	265	Danielle Leong	F	46	Commack	NY	209	8:12	00:25:30.34	199	8:19	00:25:50.42	8:15	00:51:20.76
202	65/243	9/23	202	Karen Harte	F	43	West Islip	NY	200	8:06	00:25:12.88	213	8:25	00:26:10.42	8:16	00:51:23.30
203	138/304	20/39	339	Thomas Murray	M	57	Hauppague	NY	213	8:13	00:25:34.00	196	8:18	00:25:49.51	8:16	00:51:23.51
204	139/304	5/15	168	Anthony Garguilo	M	66	Kings Park	NY	205	8:08	00:25:17.14	211	8:24	00:26:08.80	8:16	00:51:25.94
205	66/243	10/23	8	Josefina Aquino	F	41	Brentwood	NY	219	8:17	00:25:45.56	194	8:17	00:25:44.95	8:17	00:51:30.51
206	140/304	18/27	529	Craig Lerman	M	46	Plainview	NY	216	8:14	00:25:37.64	201	8:20	00:25:53.55	8:17	00:51:31.19
207	141/304	13/40	374	Eric Perrotta	M	62	Massapequa	NY	192	8:02	00:24:59.11	223	8:33	00:26:34.73	8:17	00:51:33.85
208	142/304	6/15	126	Gerry Dunbar	M	66	Floral Park	NY	227	8:22	00:26:01.40	189	8:14	00:25:35.48	8:18	00:51:36.88
209	67/243	10/22	119	Christine Dougherty	F	29	Lindenhurst	NY	211	8:13	00:25:32.98	216	8:28	00:26:19.28	8:20	00:51:52.26
210	68/243	9/27	567	Gloria Coffey	F	47	Mineola	NY	210	8:13	00:25:32.78	220	8:31	00:26:28.43	8:22	00:52:01.21
211	69/243	2/13	579	Kathryn Grassel	F	36	West Sayville	NY	229	8:24	00:26:06.48	204	8:22	00:26:00.01	8:23	00:52:06.49
212	143/304	14/40	538	Charles Cusenza	M	61	Syosset	NY	221	8:18	00:25:48.61	217	8:28	00:26:19.30	8:23	00:52:07.91
213	144/304	14/22	162	Anthony Fulgieri	M	38	Syosset	NY	237	8:29	00:26:23.73	195	8:17	00:25:46.54	8:23	00:52:10.26
214	145/304	19/27	68	Adam Clements	M	45	Patchogue	NY	199	8:06	00:25:10.65	244	8:41	00:27:00.30	8:23	00:52:10.95
215	146/304	13/33	552	Aaron Lieberman	M	53	Old Bethpage	NY	232	8:26	00:26:12.37	205	8:22	00:26:00.64	8:24	00:52:13.01
216	70/243	1/3	308	Marissa Mcdougall	F	11	Ronkonkoma	NY	204	8:07	00:25:15.66	242	8:40	00:26:58.11	8:24	00:52:13.76

# Aspire 10K Run

April 7, 2018

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10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
217	71/243	2/3	38	Danielle Brenner	F	13	Plainview	NY	202	8:07	00:25:13.48	246	8:41	00:27:00.93	8:24	00:52:14.41
218	147/304	2/6	69	Brayden Clements	M	13	Patchogue	NY	208	8:10	00:25:24.65	238	8:38	00:26:49.87	8:24	00:52:14.51
219	148/304	21/39	191	Brian Gunderson	M	58	Medford	NY	207	8:10	00:25:24.45	239	8:38	00:26:50.56	8:24	00:52:15.01
220	72/243	8/22	260	Tara Lanzisera	F	36	Plainview	NY	217	8:15	00:25:40.89	227	8:34	00:26:37.79	8:25	00:52:18.68
221	149/304	18/26	79	Bill Coughlin	M	44	Hauppauge	NY	206	8:09	00:25:21.41	245	8:41	00:27:00.61	8:25	00:52:22.01
222	73/243	3/3	81	Reese Coughlin	F	11	Hauppauge	NY	212	8:13	00:25:33.39	237	8:37	00:26:48.75	8:25	00:52:22.14
223	150/304	14/33	557	Lance Axelrod	M	53	Merrick	NY	234	8:26	00:26:14.16	214	8:26	00:26:14.06	8:26	00:52:28.22
224	74/243	3/9	173	Marisa Giannico	F	24	Stony Brook	NY	214	8:14	00:25:35.10	240	8:39	00:26:53.32	8:26	00:52:28.42
225	151/304	7/15	198	John Hamilton	M	65	West Islip	NY	224	8:21	00:25:56.66	228	8:34	00:26:38.61	8:27	00:52:35.26
226	75/243	7/16	476	Melissa Terpko	F	34	West Islip	NY	266	8:49	00:27:25.84	180	8:06	00:25:12.75	8:28	00:52:38.59
227	76/243	11/23	470	Diana Suprenant	F	44	Nesconset	NY	235	8:27	00:26:15.60	219	8:30	00:26:25.82	8:28	00:52:41.42
228	77/243	10/27	40	Judith Brenner	F	49	Plainview	NY	225	8:21	00:25:58.15	234	8:36	00:26:44.86	8:29	00:52:43.01
229	152/304	15/22	138	Joseph Famiglietti	M	37	Plainview	NY	248	8:35	00:26:41.39	209	8:24	00:26:07.73	8:29	00:52:49.12
230	78/243	14/32	461	Maureen Stammers Jansen	F	52	Huntington Station	NY	228	8:24	00:26:06.16	230	8:35	00:26:42.96	8:29	00:52:49.12
231	153/304	3/19	228	Steve Juchem	M	48	Bellmore	NY	230	8:24	00:26:07.88	236	8:37	00:26:46.52	8:30	00:52:54.40
232	154/304	1/10	159	David Frisone	M	73	New Hyde Park	NY	236	8:29	00:26:23.32	225	8:33	00:26:35.14	8:31	00:52:58.46
233	79/243	15/32	362	Regina Orelli	F	52	Huntington Station	NY	197	8:05	00:25:09.15	284	9:00	00:27:58.25	8:32	00:53:07.41
234	155/304	3/6	355	Joseph O'neill	M	14	Center Moriches	NY	253	8:41	00:26:59.67	210	8:24	00:26:08.10	8:32	00:53:07.77
235	156/304	20/27	393	Markus Rentzing	M	48	Old Westbury	NY	259	8:46	00:27:14.89	200	8:19	00:25:53.32	8:33	00:53:08.21
236	80/243	3/13	585	Danielle Singson	F	34	New Hyde Park	NY	241	8:32	00:26:32.41	226	8:33	00:26:35.80	8:33	00:53:08.21
237	81/243	5/30	304	Christine Mccain	F	55	Deer Park	NY	240	8:30	00:26:26.38	232	8:36	00:26:43.88	8:33	00:53:10.26
238	82/243	6/30	221	Jeannie Hynes	F	56	Greenlawn	NY	246	8:33	00:26:36.34	224	8:33	00:26:34.91	8:33	00:53:11.25
239	157/304	15/33	6	Ken Aneser	M	51	Garden City	NY	249	8:35	00:26:42.60	222	8:32	00:26:32.67	8:34	00:53:15.27
240	158/304	19/26	165	Andrew Garcia	M	41	Mineola	NY	262	8:47	00:27:17.91	203	8:21	00:25:59.02	8:34	00:53:16.93
241	83/243	16/32	117	Anita Distefano	F	50	Nesconset	NY	223	8:20	00:25:56.33	254	8:48	00:27:21.00	8:34	00:53:17.33
242	84/243	7/30	346	Jean Nesbitt	F	59	Miller Place	NY	242	8:32	00:26:33.66	233	8:36	00:26:44.61	8:34	00:53:18.26
243	159/304	10/14	276	Scott Luxenberg	M	30	North Bellmore	NY	239	8:30	00:26:26.16	243	8:41	00:26:59.31	8:35	00:53:25.46
244	160/304	4/6	560	Ryan Kolin	M	14	Manhasset	NY	218	8:16	00:25:42.31	280	8:58	00:27:53.94	8:37	00:53:36.25
245	161/304	21/27	558	Michael Kolin	M	47	Manhasset	NY	233	8:26	00:26:14.16	255	8:48	00:27:22.09	8:37	00:53:36.25
246	85/243	11/22	320	Kristen Meyer	F	28	Massapequa	NY	215	8:14	00:25:35.21	288	9:01	00:28:03.67	8:38	00:53:38.89
247	86/243	17/32	145	Dianne Finneran	F	52	Smithtown	NY	226	8:22	00:26:01.40	270	8:54	00:27:42.12	8:38	00:53:43.52
248	162/304	16/22	437	Craig Shiffrin	M	38	Plainview	NY	254	8:42	00:27:03.41	235	8:36	00:26:45.36	8:39	00:53:48.77
249	163/304	8/15	472	Jim Sweeney	M	67	Plainview	NY	243	8:33	00:26:34.10	253	8:47	00:27:18.91	8:40	00:53:53.02
250	164/304	17/22	3517	Michael Simone	M	38	Seaford	NY	231	8:25	00:26:11.15	273	8:55	00:27:43.75	8:40	00:53:54.90
251	165/304	22/27	3505	Michael Starr	M	48	Plainview	NY	258	8:45	00:27:14.28	231	8:36	00:26:43.65	8:41	00:53:57.93
252	166/304	15/40	347	Dean Neumann	M	60	Northport	NY	250	8:36	00:26:44.84	252	8:46	00:27:14.33	8:41	00:53:59.17

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
253	167/304	4/19	595	Barry Molof	M	38	Plainview	NY	251	8:37	00:26:49.10	251	8:45	00:27:12.42	8:41	00:54:01.52
254	168/304	11/14	385	Luis Quintero	M	26	Sayville	NY	271	8:53	00:27:36.84	221	8:31	00:26:28.82	8:42	00:54:05.67
255	169/304	16/40	345	Paul Nelson	M	63	Saint James	NY	244	8:33	00:26:35.92	261	8:50	00:27:29.76	8:42	00:54:05.67
256	170/304	22/39	36	Russell Breiter	M	57	Plainview	NY	286	8:59	00:27:56.53	215	8:27	00:26:15.61	8:43	00:54:12.14
257	171/304	18/22	325	Rob Miller	M	38	Astoria	NY	252	8:38	00:26:51.54	257	8:48	00:27:23.23	8:43	00:54:14.77
258	87/243	12/23	257	Barbara Kuznetz	F	44	Islandia	NY	257	8:45	00:27:12.66	247	8:42	00:27:02.34	8:43	00:54:15.00
259	172/304	1/7	283	Tom Maile	M	75	Cortlandt Manor	NY	247	8:35	00:26:41.16	269	8:54	00:27:39.52	8:44	00:54:20.68
260	88/243	1/17	234	Susan Keogh	F	64	N Bellmore	NY	260	8:46	00:27:14.89	263	8:51	00:27:32.13	8:48	00:54:47.02
261	173/304	17/40	61	Allen Cheong	M	60	Baldwin	NY	284	8:58	00:27:53.16	241	8:40	00:26:56.74	8:49	00:54:49.90
262	89/243	12/22	51	Teresa Caputo	F	25	Levittown	NY	261	8:46	00:27:16.66	264	8:52	00:27:33.43	8:49	00:54:50.08
263	90/243	13/23	9	Kelly Archer	F	40	Greenlawn	NY	255	8:43	00:27:05.36	278	8:58	00:27:52.65	8:50	00:54:58.01
264	174/304	23/39	350	Robert Nikodem	M	58	Huntington	NY	269	8:51	00:27:31.15	259	8:50	00:27:29.50	8:51	00:55:00.64
265	91/243	18/32	104	Jennifer Despagna	F	54	Huntington	NY	245	8:33	00:26:36.13	307	9:11	00:28:34.87	8:52	00:55:11.00
266	92/243	8/16	63	Amanda Chirco	F	33	Melville	NY	300	9:03	00:28:09.13	249	8:42	00:27:03.29	8:53	00:55:12.42
267	93/243	2/17	153	Mary Fraker	F	61	E Northport	NY	278	8:57	00:27:49.81	256	8:48	00:27:22.96	8:53	00:55:12.77
268	175/304	19/22	331	Matthew Monkowski	M	38	Lindenhurst	NY	277	8:56	00:27:48.16	260	8:50	00:27:29.54	8:53	00:55:17.70
269	94/243	8/30	27	Josephine Bishop	F	55	Port Washington	NY	276	8:56	00:27:47.37	262	8:51	00:27:31.34	8:54	00:55:18.71
270	176/304	24/39	581	Scott Sparr	M	59	Long Beach	NY	270	8:51	00:27:31.34	286	9:00	00:27:59.63	8:56	00:55:30.98
271	95/243	14/23	286	Lynda Maniscalco	F	41	Patchogue	NY	296	9:02	00:28:04.26	258	8:50	00:27:28.52	8:56	00:55:32.78
272	96/243	9/22	5	Jaymie Alonso	F	36	Glen Head	NY	310	9:10	00:28:30.33	248	8:42	00:27:03.19	8:56	00:55:33.52
273	97/243	9/30	399	Susan Robinson	F	59	Coram	NY	281	8:57	00:27:50.83	272	8:55	00:27:43.16	8:56	00:55:33.99
274	98/243	11/27	469	Irene Sullivan	F	49	Wantagh	NY	272	8:53	00:27:38.45	283	9:00	00:27:57.95	8:56	00:55:36.40
275	99/243	13/22	403	Kaitlin Roe	F	28	Smithtown	NY	291	9:00	00:28:00.16	267	8:53	00:27:38.87	8:57	00:55:39.03
276	100/243	19/32	353	Jacqueline Novak	F	51	East Northport	NY	289	9:00	00:27:59.16	271	8:55	00:27:43.11	8:57	00:55:42.27
277	177/304	18/40	170	Robert Genovese	M	64	Baldwin	NY	275	8:56	00:27:47.37	287	9:01	00:28:02.15	8:59	00:55:49.52
278	178/304	25/39	313	Tim Mckay	M	57	Farmingdale	NY	294	9:01	00:28:02.63	276	8:56	00:27:46.89	8:59	00:55:49.53
279	101/243	4/13	282	Susan Maier	F	54	Long Beach	NY	303	9:05	00:28:15.62	265	8:52	00:27:34.38	8:59	00:55:50.00
280	102/243	10/30	342	Eve Nebenhaus	F	57	Manhasset	NY	265	8:49	00:27:25.16	300	9:08	00:28:25.12	8:59	00:55:50.27
281	103/243	11/30	185	Ellen Greenspan	F	57	Mill Neck	NY	283	8:58	00:27:51.64	285	9:00	00:27:59.63	8:59	00:55:51.27
282	179/304	8/12	478	Chris Tetteris	M	46	Hicksville	NY	256	8:44	00:27:09.61	318	9:16	00:28:48.07	9:00	00:55:57.68
283	104/243	20/32	379	Christine Portela	F	53	Glen Head	NY	305	9:07	00:28:22.41	266	8:53	00:27:37.86	9:00	00:56:00.27
284	180/304	5/19	463	John Stauber	M	57	Massapequa	NY	295	9:01	00:28:03.24	282	8:59	00:27:57.70	9:00	00:56:00.94
285	181/304	9/15	3503	George Lira	M	68	Southampton	NY	273	8:55	00:27:43.32	298	9:07	00:28:22.08	9:01	00:56:05.40
286	182/304	2/10	232	Hubert Keen	M	73	Garden City	NY	298	9:02	00:28:06.89	293	9:02	00:28:06.39	9:02	00:56:13.28
287	105/243	4/9	193	Meaghan Haber	F	22	East Northport	NY	299	9:03	00:28:09.13	292	9:02	00:28:05.84	9:03	00:56:14.97
288	183/304	19/40	493	Anthony Vlachos	M	60	Huntington Station	NY	288	9:00	00:27:58.91	295	9:05	00:28:16.26	9:03	00:56:15.17



# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
289	106/243	12/30	598	Fay Mattana	F	59	Great Neck	NY	285	8:58	00:27:53.70	297	9:07	00:28:21.82	9:03	00:56:15.52
290	107/243	13/30	55	Maura Carroll	F	58	Islip	NY	280	8:57	00:27:50.42	303	9:09	00:28:27.99	9:03	00:56:18.40
291	184/304	3/10	406	Vic Rossi	M	71	Hauppague	NY	302	9:05	00:28:14.60	290	9:02	00:28:04.00	9:03	00:56:18.60
292	185/304	16/33	356	Rich O'neill	M	51	Center Moriches	NY	308	9:09	00:28:27.16	277	8:58	00:27:52.61	9:03	00:56:19.77
293	186/304	12/14	440	Kyle Silverstein	M	26	Northport	NY	263	8:48	00:27:20.91	327	9:21	00:29:03.36	9:04	00:56:24.27
294	187/304	13/14	236	Laurent Kevin	M	26	Plainview	NY	314	9:13	00:28:40.57	275	8:56	00:27:45.57	9:04	00:56:26.14
295	188/304	6/19	504	George Thomas Waszkiewicz	M	35	West Babylon	NY	317	9:16	00:28:48.29	268	8:54	00:27:39.43	9:05	00:56:27.72
296	108/243	10/22	111	Catherine Diliberto	F	36	West Babylon	NY	312	9:11	00:28:32.86	281	8:59	00:27:56.48	9:05	00:56:29.34
297	189/304	10/11	197	Chris Hamilton	M	22	Syosset	NY	307	9:09	00:28:26.99	289	9:01	00:28:03.79	9:05	00:56:30.78
298	190/304	20/40	586	Robert Elsener	M	63	E.northport	NY	264	8:49	00:27:24.16	330	9:22	00:29:07.84	9:05	00:56:32.00
299	191/304	9/12	568	Harold Axelrod	M	62	Great Neck	NY	279	8:57	00:27:50.22	316	9:14	00:28:42.80	9:06	00:56:33.01
300	192/304	10/15	136	Scott Fairgrieve	M	67	Mineola	NY	315	9:13	00:28:40.91	279	8:58	00:27:53.86	9:06	00:56:34.77
301	193/304	21/40	3502	James Gallagher	M	63	Garden City	NY	282	8:57	00:27:51.25	317	9:15	00:28:46.53	9:06	00:56:37.78
302	194/304	17/33	39	David Brenner	M	50	Plainview	NY	287	8:59	00:27:57.55	313	9:14	00:28:42.22	9:07	00:56:39.77
303	109/243	3/17	4	Kathy Agricola	F	62	Levittown	NY	274	8:55	00:27:43.66	326	9:19	00:28:59.87	9:07	00:56:43.53
304	195/304	18/33	93	Robert Dashow	M	51	Port Chester	NY	316	9:14	00:28:41.59	291	9:02	00:28:04.94	9:08	00:56:46.53
305	110/243	5/9	106	Lily Dezervos	F	23	Old Bethpage	NY	304	9:07	00:28:21.31	301	9:09	00:28:25.91	9:08	00:56:47.23
306	196/304	19/33	321	Martel Meyer	M	53	Hampton Bays	NY	331	9:23	00:29:09.64	274	8:55	00:27:44.07	9:09	00:56:53.71
307	111/243	14/30	78	Sue Corrie Del-Cid	F	57	New Hyde Park	NY	297	9:02	00:28:05.41	321	9:17	00:28:51.74	9:09	00:56:57.15
308	197/304	23/27	553	Michael Manzo	M	46	Plainview	NY	292	9:01	00:28:00.91	322	9:19	00:28:58.07	9:10	00:56:58.98
309	112/243	15/23	157	Sharon Fricker	F	41	Ronkonkoma	NY	290	9:00	00:28:00.16	325	9:19	00:28:59.83	9:10	00:56:59.99
310	198/304	20/33	3520	Mark` Temkin	M	50	Plainview	NY	293	9:01	00:28:01.91	323	9:19	00:28:58.28	9:10	00:57:00.19
311	199/304	26/39	507	Robert Weihs	M	55	West Islip	NY	357	9:36	00:29:49.82	250	8:44	00:27:10.57	9:10	00:57:00.39
312	200/304	22/40	414	Anthony Salerno	M	63	Wantagh	NY	311	9:11	00:28:32.56	304	9:09	00:28:28.46	9:10	00:57:01.02
313	113/243	9/16	3507	Ashley Sherman	F	30	Long Beach	NY	301	9:05	00:28:13.38	320	9:17	00:28:50.65	9:11	00:57:04.03
314	201/304	20/26	369	Michael Papkowich	M	40	Plainview	NY	309	9:09	00:28:28.61	315	9:14	00:28:42.56	9:12	00:57:11.17
315	114/243	11/22	324	Fiona Miles-Mason	F	37	Levittown	NY	326	9:22	00:29:07.41	294	9:02	00:28:06.80	9:12	00:57:14.21
316	202/304	7/19	50	Armando Canal	M	51	Levittown	NY	268	8:51	00:27:29.95	344	9:35	00:29:48.52	9:13	00:57:18.47
317	115/243	5/13	316	Kathleen Mcnally	F	46	Malverne	NY	267	8:50	00:27:27.65	356	9:40	00:30:04.63	9:15	00:57:32.28
318	116/243	15/30	482	Brenda Tirsun	F	57	Port Washington	NY	320	9:18	00:28:56.16	312	9:14	00:28:41.59	9:16	00:57:37.75
319	203/304	11/14	181	Adam Greenberg	M	34	Huntington Station	NY	327	9:22	00:29:08.17	305	9:11	00:28:32.23	9:16	00:57:40.39
320	204/304	20/22	432	Ken Sepulveda	M	37	Islip	NY	321	9:19	00:28:59.16	314	9:14	00:28:42.25	9:17	00:57:41.42
321	117/243	4/17	563	Deirdre Bambrick-Oriani	F	60	Baldwin	NY	325	9:21	00:29:05.13	309	9:12	00:28:36.29	9:17	00:57:41.42
322	118/243	14/22	182	Lara Greenberg	F	29	Harrisburg	PA	328	9:22	00:29:08.40	306	9:11	00:28:33.02	9:17	00:57:41.42
323	205/304	23/40	281	Jim Mahony	M	61	Syosset	NY	306	9:09	00:28:26.58	337	9:28	00:29:25.18	9:18	00:57:51.76
324	206/304	21/33	464	Robert Stefanik	M	52	Garden City	NY	323	9:20	00:29:00.27	324	9:19	00:28:58.40	9:19	00:57:58.67

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
325	119/243	10/16	511	Jessica Wilkinson	F	30	Merrick	NY	347	9:30	00:29:31.41	302	9:09	00:28:27.26	9:19	00:57:58.67
326	207/304	22/33	28	Gary Bochner	M	54	Plainview	NY	353	9:34	00:29:45.16	299	9:07	00:28:22.23	9:21	00:58:07.40
327	208/304	8/19	218	Christopher Hunt	M	49	Farmingdale	NY	318	9:17	00:28:52.34	333	9:25	00:29:17.09	9:21	00:58:09.44
328	209/304	24/40	3519	Al Engelsher	M	61	Huntington	NY	335	9:23	00:29:12.27	328	9:21	00:29:03.82	9:22	00:58:16.09
329	120/243	5/17	264	Pam Lee	F	64	Syosset	NY	330	9:22	00:29:08.80	331	9:23	00:29:11.73	9:23	00:58:20.53
330	121/243	6/13	58	Melissa Cavaliere-Ng	F	47	East Northport	NY	322	9:20	00:29:00.16	336	9:28	00:29:24.87	9:24	00:58:25.03
331	210/304	10/12	16	Richard Barkan	M	53	Long Beach	NY	334	9:23	00:29:10.84	332	9:25	00:29:16.42	9:24	00:58:27.27
332	122/243	16/23	278	Janine Lyons	F	40	Baldwin	NY	360	9:36	00:29:52.26	308	9:12	00:28:35.63	9:24	00:58:27.89
333	123/243	11/16	263	Jane Lee	F	30	Albertson	NY	367	9:41	00:30:06.42	296	9:07	00:28:21.61	9:24	00:58:28.03
334	124/243	12/22	499	Tamra Walker	F	37	Valley Stream	NY	359	9:36	00:29:51.87	310	9:12	00:28:37.41	9:24	00:58:29.28
335	125/243	12/27	113	Lynn Dionisio	F	49	Syosset	NY	332	9:23	00:29:09.83	335	9:27	00:29:22.71	9:25	00:58:32.53
336	126/243	21/32	418	Maureen Salvadori	F	52	West Babylon	NY	313	9:11	00:28:33.67	353	9:39	00:30:00.28	9:25	00:58:33.96
337	127/243	17/23	74	Leslie Cook	F	44	Massapequa	NY	345	9:29	00:29:29.13	329	9:22	00:29:06.26	9:25	00:58:35.38
338	211/304	11/15	163	Richard Fulgieri	M	69	Bethpage	NY	338	9:26	00:29:18.91	334	9:26	00:29:21.62	9:26	00:58:40.53
339	212/304	25/40	190	Bill Guichard	M	62	Melville	NY	333	9:23	00:29:10.64	338	9:31	00:29:34.93	9:27	00:58:45.57
340	128/243	7/13	101	Ciara Dempsey	F	42	New Hyde Park	NY	324	9:20	00:29:02.66	346	9:35	00:29:49.58	9:28	00:58:52.25
341	129/243	6/17	227	Madeleine Johnson-Strang	F	62	Centerport	NY	319	9:18	00:28:56.16	355	9:40	00:30:03.77	9:29	00:58:59.93
342	213/304	21/26	15	Russell Bank	M	40	Plainview	NY	336	9:25	00:29:17.35	347	9:36	00:29:49.68	9:30	00:59:07.03
343	214/304	22/26	434	Michael Shapiro	M	41	Plainview	NY	337	9:25	00:29:17.35	348	9:36	00:29:50.33	9:30	00:59:07.68
344	130/243	7/17	288	Margarita Marascia	F	62	Huntington	NY	339	9:26	00:29:19.91	345	9:35	00:29:48.87	9:31	00:59:08.78
345	131/243	18/23	327	Joann Molino	F	40	Commack	NY	376	9:46	00:30:20.89	319	9:16	00:28:48.82	9:31	00:59:09.71
346	215/304	27/39	349	Bill Niedfeld	M	58	Seaford	NY	346	9:30	00:29:31.36	343	9:35	00:29:48.10	9:32	00:59:19.46
347	216/304	23/33	468	Frank Sullivan	M	54	Farmingdale	NY	351	9:33	00:29:40.71	342	9:32	00:29:39.36	9:32	00:59:20.07
348	217/304	4/10	82	Howard Cragg	M	70	Bethpage	NY	340	9:26	00:29:21.17	360	9:42	00:30:08.85	9:34	00:59:30.02
349	132/243	13/27	48	Rosalia Butera	F	47	Massapequa	NY	350	9:33	00:29:40.50	349	9:36	00:29:50.78	9:34	00:59:31.28
350	218/304	12/15	328	Shawn Momtahn	M	69	Bay Shore	NY	344	9:29	00:29:28.52	358	9:41	00:30:05.95	9:35	00:59:34.47
351	219/304	24/27	203	Marty Harte	M	45	West Islip	NY	352	9:33	00:29:42.54	359	9:42	00:30:08.37	9:37	00:59:50.91
352	133/243	8/17	519	Marianne Zacharia	F	63	East Northport	NY	343	9:28	00:29:27.66	366	9:50	00:30:35.21	9:39	01:00:02.88
353	134/243	14/27	103	Gretchen Derov	F	45	East Meadow	NY	354	9:35	00:29:46.92	361	9:44	00:30:17.12	9:39	01:00:04.03
354	220/304	24/33	75	Vincent Corrado	M	51	Massapequa	NY	378	9:48	00:30:28.92	341	9:32	00:29:38.21	9:40	01:00:07.13
355	221/304	28/39	83	Bill Crispino	M	59	Freeport	NY	408	10:08	00:31:30.33	311	9:13	00:28:41.20	9:41	01:00:11.53
356	135/243	6/9	449	Wendy Smith	F	22	Northport	NY	341	9:27	00:29:22.63	372	9:56	00:30:52.80	9:41	01:00:15.42
357	136/243	3/8	160	Maureen Frisone	F	69	New Hyde Park	NY	358	9:36	00:29:51.66	364	9:49	00:30:31.63	9:43	01:00:23.29
358	222/304	26/40	284	Charles Mandelbaum	M	61	Great Neck	NY	342	9:27	00:29:23.41	377	9:59	00:31:02.37	9:43	01:00:25.79
359	223/304	25/33	43	Michael Broderick	M	53	Hicksville	NY	389	9:51	00:30:36.34	350	9:37	00:29:54.12	9:44	01:00:30.46
360	224/304	27/40	592	Jesus Estaba	M	63	Brooklyn	NY	382	9:49	00:30:30.49	354	9:39	00:30:02.00	9:44	01:00:32.49

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
361	225/304	26/33	390	Robert Rate	M	53	Selden	NY	348	9:31	00:29:36.64	376	9:57	00:30:57.06	9:44	01:00:33.70
362	226/304	29/39	384	Patrick Quinn	M	58	Syosset	NY	362	9:38	00:29:58.34	368	9:52	00:30:42.06	9:45	01:00:40.40
363	227/304	23/26	176	Andrew Goldfarb	M	41	Plainview	NY	396	10:00	00:31:05.16	339	9:31	00:29:36.05	9:45	01:00:41.21
364	228/304	21/22	124	David Drebsky	M	37	Plainview	NY	366	9:40	00:30:04.17	367	9:51	00:30:37.04	9:45	01:00:41.21
365	137/243	1/13	184	Saniyyah Greene	F	39	Lindenhurst	NY	365	9:40	00:30:03.91	370	9:53	00:30:44.42	9:47	01:00:48.34
366	229/304	9/19	310	Ryan MCGowan	M	46	Commack	NY	400	10:02	00:31:12.66	340	9:31	00:29:36.29	9:47	01:00:48.95
367	230/304	27/33	299	Rudy Massimo	M	51	Woodbury	NY	387	9:50	00:30:35.32	363	9:45	00:30:18.22	9:47	01:00:53.54
368	231/304	2/7	500	John Wallace	M	77	Melville	NY	381	9:48	00:30:29.92	369	9:53	00:30:43.39	9:51	01:01:13.30
369	232/304	11/11	271	Roberto Lipponer	M	23	Patchogue	NY	356	9:35	00:29:49.18	387	10:07	00:31:28.34	9:51	01:01:17.52
370	233/304	10/19	495	Adam Wagner	M	50	Port Chester	NY	377	9:46	00:30:21.88	375	9:57	00:30:56.06	9:51	01:01:17.94
371	138/243	15/22	24	Laura Bellotti	F	28	Huntington Station	NY	404	10:06	00:31:23.42	352	9:39	00:29:59.59	9:52	01:01:23.01
372	139/243	9/17	419	Carol Sandquist	F	60	Garden City	NY	409	10:08	00:31:30.33	351	9:37	00:29:55.31	9:53	01:01:25.64
373	140/243	15/27	381	Christine Quigley	F	49	Bayville	NY	355	9:35	00:29:47.81	398	10:13	00:31:44.73	9:54	01:01:32.54
374	234/304	24/26	550	Seth Denson	M	43	Old Bethpage	NY	361	9:36	00:29:52.42	399	10:13	00:31:47.65	9:55	01:01:40.06
375	235/304	28/40	322	Robert Meyerson	M	63	Rockville Centre	NY	375	9:45	00:30:20.42	383	10:05	00:31:21.25	9:55	01:01:41.67
376	236/304	11/12	3501	James Abrams	M	64	Greenlawn	NY	385	9:50	00:30:33.29	379	10:01	00:31:09.20	9:55	01:01:42.48
377	141/243	8/13	407	Robyn Rothman	F	40	Jamaica	NY	384	9:49	00:30:32.83	380	10:02	00:31:11.28	9:56	01:01:44.11
378	237/304	11/19	438	Robert Shimonski	M	45	Plainview	NY	394	9:58	00:31:00.30	371	9:54	00:30:45.65	9:56	01:01:45.95
379	142/243	16/30	150	Erin Flanagan	F	58	Babylon	NY	388	9:50	00:30:35.73	381	10:03	00:31:13.81	9:56	01:01:49.54
380	143/243	16/27	489	Maura Turner	F	49	Huntington Station	NY	411	10:11	00:31:38.85	362	9:45	00:30:17.67	9:58	01:01:56.52
381	238/304	30/39	433	Robert Shaller	M	56	Little Neck	NY	383	9:49	00:30:31.70	386	10:06	00:31:25.84	9:58	01:01:57.54
382	239/304	5/10	562	Steve Conroy	M	73	Manhasset	NY	363	9:39	00:30:01.58	403	10:17	00:31:57.38	9:58	01:01:58.97
383	240/304	13/15	416	Jeffrey Salgo	M	66	Flushing	NY	373	9:45	00:30:19.46	396	10:11	00:31:41.08	9:58	01:02:00.54
384	241/304	6/10	243	Richard Kleiman	M	71	Plainview	NY	379	9:48	00:30:29.16	391	10:09	00:31:33.43	9:59	01:02:02.60
385	242/304	31/39	343	Harlan Nebenhaus	M	58	Manhasset	NY	380	9:48	00:30:29.42	390	10:09	00:31:33.38	9:59	01:02:02.80
386	243/304	5/6	580	Ben Levine	M	12	Plainview	NY	368	9:41	00:30:07.67	404	10:17	00:31:58.56	9:59	01:02:06.23
387	144/243	2/13	422	Claire Scherder	F	28	New Hyde Park	NY	393	9:56	00:30:52.59	382	10:04	00:31:19.55	10:00	01:02:12.14
388	244/304	25/27	471	Joseph Suprenant	M	45	Nesconset	NY	398	10:02	00:31:10.42	378	10:00	00:31:04.78	10:01	01:02:15.20
389	145/243	9/13	149	Sue Fitzpatrick	F	57	Dix Hills	NY	405	10:06	00:31:24.36	373	9:56	00:30:53.48	10:01	01:02:17.84
390	245/304	28/33	25	Matthew Bendix	M	53	Port Washington	NY	371	9:44	00:30:16.23	406	10:19	00:32:04.03	10:01	01:02:20.26
391	146/243	3/13	525	Jeanna Lambert	F	41	Hicksville	NY	372	9:44	00:30:17.42	407	10:20	00:32:08.73	10:02	01:02:26.15
392	147/243	17/30	527	Anita Von Himmel	F	57	Delhi	NY	374	9:45	00:30:19.66	408	10:21	00:32:11.14	10:03	01:02:30.79
393	148/243	22/32	491	Kathy Tuttle	F	53	Eastport	NY	370	9:43	00:30:12.96	410	10:24	00:32:21.51	10:04	01:02:34.47
394	149/243	23/32	42	Anne Broderick	F	52	Hicksville	NY	390	9:51	00:30:36.54	405	10:18	00:32:00.97	10:04	01:02:37.51
395	246/304	32/39	144	Neil Ferrara	M	56	Oceanside	NY	428	10:21	00:32:12.14	365	9:49	00:30:33.09	10:05	01:02:45.23
396	247/304	33/39	301	Robert Mayer	M	58	Little Neck	NY	415	10:16	00:31:55.69	374	9:57	00:30:55.00	10:06	01:02:50.69

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
397	248/304	26/27	367	Doug Pandolf	M	45	Patchogue	NY	364	9:40	00:30:03.42	424	10:36	00:32:57.85	10:08	01:03:01.26
398	249/304	29/40	155	Mark Frankel	M	61	Great Neck	NY	406	10:06	00:31:25.42	397	10:12	00:31:42.53	10:09	01:03:07.94
399	150/243	10/17	312	Pat Mckay	F	62	Farmingdale	NY	403	10:05	00:31:21.81	400	10:14	00:31:48.35	10:09	01:03:10.16
400	151/243	4/8	205	Janet Healy	F	65	Syosset	NY	412	10:11	00:31:39.87	392	10:09	00:31:35.17	10:10	01:03:15.04
401	152/243	17/27	249	Jennifer Knecht	F	45	North Babylon	NY	413	10:12	00:31:41.84	393	10:10	00:31:35.81	10:11	01:03:17.65
402	153/243	18/27	105	Denise Dessibourg	F	46	North Babylon	NY	417	10:17	00:31:57.52	384	10:05	00:31:22.52	10:11	01:03:20.05
403	154/243	19/23	455	Fiona Sparacio	F	43	Huntington	NY	418	10:17	00:31:57.52	385	10:05	00:31:22.77	10:11	01:03:20.30
404	250/304	12/19	514	Mike Wisniewski	M	38	North Babylon	NY	349	9:31	00:29:37.16	435	10:52	00:33:47.19	10:12	01:03:24.36
405	155/243	7/9	412	Lisa Sala	F	22	Massapequa Park	NY	392	9:55	00:30:50.75	418	10:30	00:32:39.11	10:13	01:03:29.86
406	251/304	29/33	587	Frank Siblano	M	52	Bethpage	NY	422	10:18	00:32:02.81	388	10:08	00:31:30.69	10:13	01:03:33.50
407	156/243	3/4	270	Madeline Lipponer	F	19	Patchogue	NY	391	9:54	00:30:47.92	421	10:32	00:32:46.60	10:13	01:03:34.52
408	252/304	13/19	244	Russell Klein	M	44	Plainview	NY	419	10:17	00:31:58.55	395	10:11	00:31:38.82	10:14	01:03:37.37
409	157/243	19/27	207	Erika Hecker	F	45	Plainview	NY	420	10:17	00:31:58.97	394	10:11	00:31:38.58	10:14	01:03:37.55
410	158/243	11/17	1	Diane Abrams	F	60	Greenlawn	NY	401	10:03	00:31:14.89	411	10:26	00:32:26.11	10:14	01:03:41.01
411	253/304	14/15	541	Glenn Morse	M	69	Massapequa	NY	399	10:02	00:31:11.24	413	10:27	00:32:30.56	10:15	01:03:41.80
412	254/304	12/14	214	Chris Hoelzer	M	34	Merrick	NY	369	9:42	00:30:11.34	434	10:50	00:33:41.46	10:16	01:03:52.80
413	159/243	4/13	365	Carolyn Paidoussis	F	47	West Islip	NY	421	10:18	00:32:01.59	402	10:15	00:31:52.45	10:17	01:03:54.04
414	255/304	30/33	520	John Zaia	M	51	Massapequa Park	NY	424	10:19	00:32:04.84	401	10:14	00:31:49.75	10:17	01:03:54.58
415	160/243	10/13	483	Amanda Tomel	F	37	Melville	NY	407	10:07	00:31:28.67	419	10:30	00:32:39.56	10:19	01:04:08.23
416	161/243	12/16	23	Kathryn Bell	F	32	East Meadow	NY	458	10:57	00:34:03.67	357	9:40	00:30:04.88	10:19	01:04:08.55
417	162/243	13/22	224	Monica Iris	F	38	Deer Park	NY	438	10:31	00:32:43.17	389	10:08	00:31:31.13	10:20	01:04:14.30
418	163/243	12/17	122	Fran Dowling	F	64	Baldwin	NY	425	10:20	00:32:06.87	409	10:21	00:32:12.11	10:21	01:04:18.98
419	164/243	5/13	223	Aileen Iorio	F	27	Bayport	NY	416	10:17	00:31:57.12	414	10:28	00:32:33.42	10:22	01:04:30.53
420	256/304	25/26	174	Paul Ginocchio	M	41	Lynbrook	NY	397	10:01	00:31:08.81	432	10:44	00:33:23.76	10:23	01:04:32.57
421	257/304	7/10	417	Joseph Salow	M	71	Bellerose	NY	423	10:18	00:32:03.21	422	10:34	00:32:52.50	10:26	01:04:55.71
422	165/243	20/27	183	Lisa Greenblatt	F	48	Plainview	NY	430	10:24	00:32:19.67	417	10:30	00:32:38.06	10:27	01:04:57.73
423	166/243	24/32	290	Beth Marinis	F	54	Hicksville	NY	432	10:25	00:32:24.13	416	10:29	00:32:36.17	10:27	01:05:00.30
424	167/243	25/32	258	Suzanne Laizik	F	54	Wheatley Heights	NY	435	10:29	00:32:34.92	420	10:30	00:32:40.28	10:30	01:05:15.20
425	168/243	18/30	17	Maria Basile-Farash	F	59	West Baby.On	NY	444	10:39	00:33:06.59	415	10:29	00:32:34.75	10:34	01:05:41.34
426	258/304	30/40	307	James Mcdougall	M	63	Ronkonkoma	NY	440	10:33	00:32:49.34	423	10:35	00:32:53.96	10:34	01:05:43.30
427	169/243	4/4	368	Kasanya Pandolf	F	16	Patchogue	NY	402	10:04	00:31:17.74	445	11:06	00:34:30.49	10:35	01:05:48.24
428	259/304	15/15	521	Perry Zeichner	M	69	Brightwaters	NY	426	10:21	00:32:09.50	437	10:54	00:33:52.37	10:37	01:06:01.87
429	170/243	26/32	45	Corinne Buda	F	50	Long Beach	NY	446	10:40	00:33:10.42	425	10:38	00:33:03.13	10:39	01:06:13.55
430	260/304	26/26	336	Andrew Murray	M	43	Albertson	NY	427	10:21	00:32:11.92	442	10:58	00:34:05.13	10:40	01:06:17.05
431	261/304	34/39	490	Richard Turner	M	58	Huntington Station	NY	431	10:24	00:32:20.67	439	10:57	00:34:01.38	10:40	01:06:22.05
432	171/243	11/13	427	Filomena Scholl	F	35	Massapequa	NY	443	10:37	00:33:01.92	431	10:44	00:33:21.64	10:41	01:06:23.56

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
433	262/304	8/10	12	Daniel Badalament	M	74	Glen Cove	NY	447	10:41	00:33:13.67	427	10:43	00:33:17.89	10:42	01:06:31.56
434	172/243	13/16	517	Andrea Yorek	F	31	East Meadow	NY	459	10:58	00:34:04.92	412	10:26	00:32:27.56	10:42	01:06:32.48
435	173/243	14/22	457	Katie Speiss	F	36	Islip Terrace	NY	395	9:59	00:31:02.17	465	11:27	00:35:36.20	10:43	01:06:38.37
436	174/243	14/16	317	Danielle Mcsherry	F	34	Copiague	NY	448	10:44	00:33:21.44	429	10:43	00:33:18.58	10:43	01:06:40.02
437	175/243	19/30	135	Patricia Ezzo	F	57	Long Beach	NY	439	10:32	00:32:46.67	438	10:56	00:34:00.84	10:44	01:06:47.51
438	176/243	20/30	46	Janet Buitenkant	F	57	Northportnorthport	NY	442	10:34	00:32:50.42	441	10:57	00:34:02.57	10:45	01:06:52.99
439	263/304	6/6	354	Aidan O'neill	M	14	Center Moriches	NY	452	10:49	00:33:38.25	430	10:43	00:33:18.79	10:46	01:06:57.04
440	264/304	31/40	85	Jose Cruz	M	60	Hicksville	NY	437	10:31	00:32:42.66	446	11:06	00:34:32.06	10:49	01:07:14.72
441	265/304	14/19	536	Taner Oztimurlenk	M	27	Lindenhurst	NY	414	10:14	00:31:48.18	462	11:25	00:35:29.13	10:49	01:07:17.31
442	266/304	15/19	52	Ken Carmel	M	57	Ronkonkoma	NY	457	10:57	00:34:01.57	428	10:43	00:33:18.20	10:50	01:07:19.77
443	267/304	16/19	266	Joshua Levitt	M	36	Baldwin	NY	462	11:00	00:34:13.17	426	10:39	00:33:08.39	10:50	01:07:21.56
444	177/243	21/27	487	Karen Trovato	F	46	Massapequa	NY	429	10:23	00:32:17.92	454	11:18	00:35:08.34	10:51	01:07:26.26
445	178/243	16/22	215	Katie Hoelzer	F	28	Massapequa	NY	410	10:10	00:31:37.84	480	11:35	00:35:59.40	10:52	01:07:37.24
446	179/243	15/22	453	Evelyn Sohi	F	38	Plainview	NY	465	11:04	00:34:24.92	433	10:45	00:33:25.31	10:55	01:07:50.23
447	180/243	17/22	311	Kathleen Mcgrath	F	27	Stamford	CT	460	10:59	00:34:08.30	436	10:53	00:33:50.59	10:56	01:07:58.89
448	181/243	21/30	251	Joanne Kong	F	59	W Babylon	NY	449	10:45	00:33:26.90	447	11:08	00:34:36.16	10:57	01:08:03.06
449	182/243	1/2	372	Elizabeth Penagos	F	70	Glen Cove	NY	450	10:47	00:33:30.34	448	11:09	00:34:38.94	10:58	01:08:09.27
450	268/304	35/39	256	Larry Kurtzman	M	55	Plainview	NY	436	10:31	00:32:41.63	467	11:28	00:35:37.92	10:59	01:08:19.56
451	183/243	12/13	351	Mary Nolte	F	60	Bayport	NY	434	10:28	00:32:33.91	469	11:30	00:35:46.90	10:59	01:08:20.81
452	184/243	16/22	451	Heather Softy	F	35	Bethpage	NY	463	11:01	00:34:16.21	443	10:58	00:34:05.83	11:00	01:08:22.04
453	185/243	22/30	34	Maureen Boyle	F	58	East Islip	NY	451	10:49	00:33:38.25	449	11:13	00:34:53.73	11:01	01:08:31.98
454	269/304	3/7	583	Maury Dean	M	75	Patchogue	NY	238	8:30	00:26:25.37	522	13:35	00:42:14.52	11:03	01:08:39.89
455	186/243	22/27	49	Michelle Cagnetto	F	46	Ronkonkoma	NY	471	11:10	00:34:44.73	440	10:57	00:34:02.27	11:04	01:08:47.00
456	187/243	6/13	306	Rebecca Mcdonald	F	49	Nesconset	NY	454	10:54	00:33:52.42	451	11:16	00:35:01.13	11:05	01:08:53.56
457	188/243	23/27	481	Deana Tietjen	F	47	Mt. Sinai	NY	453	10:52	00:33:47.92	456	11:19	00:35:12.07	11:06	01:08:59.99
458	270/304	12/12	175	Jed Golden	M	62	Floral Park	NY	456	10:56	00:33:58.54	452	11:17	00:35:06.36	11:07	01:09:04.90
459	271/304	32/40	430	Thomas Scollo	M	60	Massapequa	NY	464	11:03	00:34:21.42	450	11:15	00:34:59.51	11:09	01:09:20.93
460	272/304	36/39	445	Ludy Sin	M	57	Hicksville	NY	441	10:33	00:32:49.67	486	11:46	00:36:36.33	11:10	01:09:26.00
461	189/243	13/17	589	Ruth Elsener	F	60	East Northport	NY	433	10:27	00:32:30.51	489	11:59	00:37:14.55	11:13	01:09:45.06
462	190/243	23/30	300	Virginia Maya	F	57	Plainview	NY	455	10:55	00:33:56.33	476	11:33	00:35:53.17	11:14	01:09:49.50
463	191/243	27/32	378	Christine Poplawski	F	50	Massapequa	NY	466	11:05	00:34:26.79	460	11:24	00:35:26.53	11:14	01:09:53.31
464	192/243	17/22	22	Jamie Belanger	F	38	Northport	NY	469	11:08	00:34:36.13	458	11:22	00:35:19.03	11:15	01:09:55.16
465	193/243	7/13	134	Kathleen Evers	F	33	Huntington Station	NY	472	11:12	00:34:50.99	455	11:18	00:35:09.45	11:15	01:10:00.44
466	194/243	28/32	164	Lori Fuller	F	54	Roslyn Heights	NY	475	11:15	00:34:58.30	453	11:18	00:35:07.44	11:16	01:10:05.73
467	273/304	33/40	201	Tom Harrington	M	64	Seaford	NY	473	11:14	00:34:55.46	459	11:22	00:35:19.10	11:18	01:10:14.56
468	195/243	29/32	273	Peggy Lopez	F	53	Kings Park	NY	470	11:10	00:34:44.43	463	11:26	00:35:31.47	11:18	01:10:15.89

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
469	196/243	8/13	67	Christine Cirella	F	37	Bethpage	NY	492	11:36	00:36:02.86	444	11:02	00:34:19.33	11:19	01:10:22.19
470	197/243	5/8	148	Anne Fitzgibbon	F	69	Glen Cove	NY	467	11:06	00:34:32.28	477	11:33	00:35:53.77	11:20	01:10:26.05
471	198/243	24/30	295	Laurie Martin	F	55	Greenlawn	NY	480	11:22	00:35:20.18	457	11:20	00:35:14.39	11:21	01:10:34.57
472	274/304	31/33	241	Jay Kirshner	M	51	Roslyn Heights	NY	476	11:15	00:35:00.12	475	11:31	00:35:49.94	11:23	01:10:50.07
473	199/243	13/13	305	Nina Mccann	F	46	Williston Park	NY	478	11:19	00:35:11.91	474	11:31	00:35:49.41	11:25	01:11:01.32
474	200/243	18/22	435	Jaclyn Sheehan	F	25	Old Bethpage	NY	468	11:07	00:34:34.10	483	11:44	00:36:30.07	11:26	01:11:04.17
475	201/243	25/30	425	Jo Ann Schiesser	F	56	Albertson	NY	479	11:21	00:35:18.40	481	11:35	00:35:59.95	11:28	01:11:18.35
476	202/243	20/23	247	Catharina Kleuskens	F	42	Merrick	NY	486	11:29	00:35:43.18	470	11:31	00:35:47.14	11:30	01:11:30.32
477	203/243	18/22	248	Ilse Kleuskens	F	38	Merrick	NY	485	11:29	00:35:43.18	471	11:31	00:35:47.15	11:30	01:11:30.32
478	275/304	13/14	125	Phil Dumbainski	M	33	Islandia	NY	489	11:34	00:35:59.18	464	11:26	00:35:31.59	11:30	01:11:30.77
479	204/243	19/22	540	Alexandra Chmil	F	27	Garden City	NY	488	11:33	00:35:54.96	466	11:27	00:35:37.02	11:30	01:11:31.98
480	276/304	32/33	229	John Juettner	M	53	Glen Head	NY	477	11:15	00:35:00.32	485	11:46	00:36:34.89	11:31	01:11:35.21
481	277/304	14/14	213	Thomas Hill	M	31	Plainview	NY	483	11:28	00:35:37.68	479	11:34	00:35:59.35	11:31	01:11:37.03
482	205/243	19/22	467	Heather Stong	F	36	Islandia	NY	490	11:35	00:35:59.62	473	11:31	00:35:48.79	11:33	01:11:48.41
483	206/243	2/2	33	Hilory Boucher	F	72	Northport	NY	491	11:35	00:36:01.43	472	11:31	00:35:48.14	11:33	01:11:49.57
484	207/243	14/17	180	Deeann Grappone	F	63	Bethpage	NY	487	11:33	00:35:53.34	478	11:34	00:35:58.48	11:33	01:11:51.82
485	278/304	17/19	121	Dennis Dowling	M	64	Baldwin	NY	482	11:25	00:35:30.38	484	11:45	00:36:31.64	11:35	01:12:02.02
486	208/243	8/9	65	Aly Ciccone	F	22	Northport	NY	329	9:22	00:29:08.80	524	13:50	00:43:01.77	11:36	01:12:10.57
487	209/243	9/9	584	Alexis Stein	F	23	Great Neck	NY	386	9:50	00:30:34.51	521	13:23	00:41:36.42	11:36	01:12:10.93
488	210/243	21/23	238	Stacy Keyes	F	42	East Meadow	NY	481	11:23	00:35:23.27	487	11:52	00:36:54.96	11:38	01:12:18.23
489	279/304	37/39	588	Rob Spagnuolo	M	58	Plainview	NY	445	10:40	00:33:09.17	510	12:37	00:39:13.14	11:38	01:12:22.31
490	211/243	15/16	211	Emily Hill	F	31	Plainview	NY	501	11:54	00:36:59.33	461	11:24	00:35:27.22	11:39	01:12:26.55
491	280/304	38/39	10	Joey Arken	M	56	Roslyn	NY	461	10:59	00:34:10.33	506	12:31	00:38:53.36	11:45	01:13:03.69
492	212/243	20/22	262	Michelle Lawrence	F	38	Elmont	NY	511	12:00	00:37:18.66	468	11:30	00:35:46.25	11:45	01:13:04.90
493	213/243	22/23	556	Allison Schmidt	F	44	Farmingdale	NY	474	11:15	00:34:58.18	499	12:18	00:38:14.85	11:46	01:13:13.02
494	214/243	26/30	426	Diane Schocken	F	55	Massapequa Park	NY	510	11:59	00:37:16.41	482	11:35	00:36:00.27	11:47	01:13:16.68
495	215/243	23/23	394	Kelly Rhatigan	F	44	Merrick	NY	498	11:45	00:36:32.93	488	11:53	00:36:56.65	11:49	01:13:29.57
496	281/304	1/2	332	Carlos A Morales	M	83	Corona	NY	494	11:39	00:36:12.18	491	12:01	00:37:20.65	11:50	01:13:32.82
497	282/304	34/40	389	Kenneth Ramondino	M	63	Floral Park	NY	484	11:28	00:35:40.17	497	12:14	00:38:02.90	11:51	01:13:43.07
498	283/304	4/7	370	Antonio Patino	M	75	Seaford	NY	493	11:38	00:36:10.57	496	12:13	00:37:59.68	11:56	01:14:10.25
499	284/304	5/7	593	Octavio Lopez	M	77	Brooklyn	NY	497	11:41	00:36:18.33	498	12:16	00:38:08.14	11:58	01:14:26.47
500	216/243	27/30	94	Mindy Davidson	F	58	Bethpage	NY	495	11:40	00:36:15.19	500	12:19	00:38:17.18	11:59	01:14:32.36
501	217/243	24/27	26	Ann Marie Bischofberger	F	45	Huntington	NY	499	11:51	00:36:51.84	494	12:08	00:37:42.92	12:00	01:14:34.76
502	218/243	28/30	177	Amy Goldstein	F	58	Farmingdale	NY	496	11:40	00:36:15.68	503	12:20	00:38:20.30	12:00	01:14:35.98
503	219/243	16/16	452	Laura Softy	F	33	Bethpage	NY	500	11:54	00:36:58.43	493	12:07	00:37:41.21	12:00	01:14:39.64
504	220/243	25/27	239	Dawn Khan	F	49	Lindenhurst	NY	507	11:57	00:37:09.91	501	12:19	00:38:17.92	12:08	01:15:27.83

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
505	285/304	27/27	240	Tariq Khan	M	49	Lindenhurst	NY	506	11:57	00:37:09.91	502	12:19	00:38:17.99	12:08	01:15:27.90
506	286/304	18/19	326	Steven Millon	M	58	East Meadow	NY	515	12:13	00:37:57.43	495	12:08	00:37:44.51	12:10	01:15:41.94
507	221/243	29/30	506	Pamela Weess	F	59	Great Neck	NY	502	11:54	00:36:59.53	505	12:28	00:38:45.05	12:11	01:15:44.58
508	222/243	6/8	56	Patricia Carroll	F	66	West Islip	NY	516	12:18	00:38:13.43	492	12:07	00:37:39.06	12:12	01:15:52.50
509	223/243	9/13	421	Kim Scharoff	F	42	Long Beach	NY	509	11:59	00:37:16.41	508	12:34	00:39:04.67	12:17	01:16:21.08
510	224/243	30/32	166	Maria I Garcia	F	54	East Islip	NY	503	11:54	00:37:00.33	511	12:42	00:39:29.09	12:18	01:16:29.42
511	287/304	35/40	528	Warren Vandewater	M	63	North Bellmore	NY	520	12:38	00:39:17.19	490	11:59	00:37:15.46	12:19	01:16:32.65
512	288/304	22/22	413	Richard Saleeby	M	37	Washington	DC	514	12:10	00:37:48.51	507	12:31	00:38:55.92	12:20	01:16:44.43
513	289/304	36/40	20	Joseph Bedics	M	60	Oceanside	NY	505	11:55	00:37:04.40	512	12:49	00:39:49.34	12:22	01:16:53.73
514	290/304	37/40	97	Vincent O. Del-Cid	M	61	New Hyde Park	NY	508	11:59	00:37:15.60	516	12:53	00:40:02.48	12:26	01:17:18.08
515	291/304	33/33	502	Andrew Warsaw	M	50	Coram	NY	512	12:06	00:37:37.53	513	12:50	00:39:53.30	12:28	01:17:30.83
516	225/243	31/32	503	Susan Warsaw	F	51	Coram	NY	513	12:06	00:37:37.68	514	12:50	00:39:53.40	12:28	01:17:31.08
517	292/304	38/40	450	Doug Softy	M	62	Bethpage	NY	504	11:55	00:37:01.55	518	13:08	00:40:50.23	12:31	01:17:51.78
518	293/304	19/19	459	Stephen Sprague	M	40	Oceanside	NY	517	12:25	00:38:36.68	515	12:51	00:39:56.47	12:38	01:18:33.15
519	226/243	15/17	526	Patricia Bush	F	63	East Islip	NY	518	12:28	00:38:44.93	517	12:56	00:40:11.54	12:42	01:18:56.47
520	227/243	30/30	269	Clare Lipponer	F	55	Patchogue	NY	525	13:08	00:40:50.94	504	12:26	00:38:38.40	12:47	01:19:29.34
521	228/243	10/13	19	Adria Bedell	F	45	Hicksville	NY	519	12:33	00:39:01.16	519	13:09	00:40:52.35	12:51	01:19:53.51
522	294/304	4/4	465	Zachary Stein	M	15	Brook	NY	526	13:09	00:40:52.79	509	12:36	00:39:10.44	12:52	01:20:03.23
523	295/304	39/40	522	John Zenkewich	M	62	Valley Stream	NY	523	13:05	00:40:40.83	520	13:12	00:41:03.83	13:09	01:21:44.66
524	229/243	32/32	141	Annamarie Favarolo	F	52	West Islip	NY	521	12:43	00:39:31.42	525	13:52	00:43:05.67	13:17	01:22:37.10
525	230/243	21/22	53	Barbara Carr	F	36	Plainview	NY	522	12:49	00:39:51.68	526	13:57	00:43:21.63	13:23	01:23:13.32
526	231/243	11/13	395	Pamala Ricotta	F	43	Bellmore	NY	527	13:22	00:41:31.93	523	13:44	00:42:41.83	13:33	01:24:13.76
527	232/243	16/17	194	Derrah Hall	F	62	Hempstead	NY	529	13:34	00:42:10.10	527	14:08	00:43:55.24	13:51	01:26:05.34
528	296/304	6/7	89	Jacob Cysner	M	75	Forest Hills	NY	524	13:06	00:40:42.23	532	14:37	00:45:27.17	13:51	01:26:09.41
529	297/304	9/10	230	Stanley Kalinoski	M	74	Commack	NY	528	13:32	00:42:04.19	528	14:23	00:44:42.92	13:57	01:26:47.11
530	233/243	22/22	245	Andrea Kleinman	F	37	East Meadow	NY	531	13:40	00:42:29.16	529	14:27	00:44:56.14	14:04	01:27:25.30
531	234/243	26/27	77	Deanna Correia	F	47	Westbury	NY	530	13:40	00:42:28.35	530	14:33	00:45:14.21	14:06	01:27:42.57
532	235/243	12/13	441	Virginia Silvestro	F	40	Levittown	NY	532	13:55	00:43:16.69	533	14:44	00:45:47.65	14:20	01:29:04.34
533	298/304	7/7	210	Norman Hershkowitz	M	79	North Massapequa	NY	535	14:23	00:44:41.85	531	14:34	00:45:17.22	14:28	01:29:59.06
534	236/243	13/13	242	Rebecca Kittrell	F	44	Long Beach	NY	533	14:07	00:43:53.97	537	15:08	00:47:01.40	14:37	01:30:55.37
535	237/243	17/17	443	Linda Simon	F	64	Jericho	NY	534	14:10	00:44:01.63	538	15:08	00:47:02.74	14:39	01:31:04.37
536	299/304	10/10	195	Wayne Hall, Sr	M	71	Hempstead	NY	536	14:39	00:45:31.98	534	14:55	00:46:23.52	14:47	01:31:55.50
537	300/304	14/14	192	Eric Gunderson	M	26	Medford	NY	537	14:53	00:46:14.82	535	15:02	00:46:44.40	14:57	01:32:59.22
538	238/243	20/22	344	Emily Neithercut	F	25	Beach	NY	538	14:53	00:46:15.15	536	15:02	00:46:44.48	14:57	01:32:59.63
539	239/243	7/8	543	Francine Lischner-Call	F	68	Old Bethpage	NY	539	15:25	00:47:56.45	539	15:46	00:48:59.69	15:35	01:36:56.14
540	301/304	39/39	137	Brian Fallon	M	55	East Northport	NY						15:52	01:38:40.86	

# Aspire 10K Run

April 7, 2018

## Overall Results

10K

Place	Gender Pic/Total	Div Pic/Total	No.	Name	S	Age	City	St.	First 5K			Last 5K			Total	
									Place	Pace	Time	Place	Pace	Time	Pace	Time
541	240/243	8/8	187	Paula Groothuis	F	68	Albertson	NY	540	15:46	00:49:00.38	540	16:07	00:50:06.24	15:56	01:39:06.61
542	241/243	21/22	60	Wei-Ping Chen	F	29	Jericho	NY	542	16:23	00:50:55.84	542	16:47	00:52:10.10	16:35	01:43:05.94
543	242/243	22/22	444	Nina Simon	F	25	Old Bethpage	NY	543	16:23	00:50:56.66	541	16:47	00:52:10.09	16:35	01:43:06.75
544	302/304	2/2	293	Frank Martin	M	83	West Bay Shore	NY	541	16:07	00:50:05.96	543	17:32	00:54:28.95	16:49	01:44:34.91
545	243/243	27/27	534	Donna McMahon	F	48	Farmingdale	NY	544	16:56	00:52:36.96	544	18:09	00:56:26.17	17:32	01:49:03.13
546	303/304	40/40	535	Brian McMahon	M	62	Farmingdale	NY	545	16:56	00:52:37.46	545	18:10	00:56:26.69	17:33	01:49:04.15
547	304/304	1/1	235	Howard Kestenbaum	M	86	Plainview	NY	546	17:09	00:53:18.91	546	18:12	00:56:35.80	17:41	01:49:54.71