

# Nordic Fest Elvelopet

July 28, 2018

5K Run

## Overall Results - Female

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	5/381	1/1	413	Jordan Winke	F	19	Albia	IA	6:11	00:19:12.99
2	11/381	1/47	567	Sarah Bakula	F	30	Waucoma	IA	6:27	00:20:03.96
3	18/381	1/19	121	Shayla Betts	F	16	Decorah	IA	6:45	00:21:01.15
4	30/381	1/37	238	Molly Holkesvik	F	44	Decorah	IA	7:06	00:22:04.99
5	38/381	2/47	303	Leah Nelson	F	35	Chippewa Falls	WI	7:16	00:22:35.98
6	42/381	3/47	147	Kristin Carpenter	F	37	Cedar Falls	IA	7:20	00:22:49.43
7	48/381	2/19	376	Payton Taylor	F	15	Decorah	IA	7:29	00:23:16.74
8	56/381	1/29	380	Madison Tollefson	F	13	Decorah	IA	7:37	00:23:42.74
9	57/381	3/19	116	Katelyn Benzing	F	16	Harpers Ferry	IA	7:39	00:23:46.66
10	59/381	2/37	351	Jennifer Self	F	40	Decorah	IA	7:40	00:23:51.08
11	60/381	4/19	111	Jocelyn Basler	F	16	Chicago	IL	7:40	00:23:52.30
12	62/381	5/19	309	Kalea Oftedahl	F	16	Decorah	IA	7:43	00:23:59.22
13	64/381	1/30	302	Kjerstin Narvesen	F	23	Fargo	ND	7:43	00:24:00.84
14	65/381	4/47	318	Angie Pellett	F	35	Decorah	IA	7:44	00:24:02.26
15	67/381	3/37	134	Alecia Bucksa	F	42	Decorah	IA	7:44	00:24:04.34
16	72/381	2/30	415	Regan Wolverton	F	22	Dubuque	IA	7:47	00:24:11.62
17	73/381	6/19	138	Fiona Buresh	F	15	Decorah	IA	7:48	00:24:16.07
18	79/381	3/30	404	Jacqueline Welch	F	21	Waukon	IA	7:51	00:24:24.41
19	80/381	4/30	583	Stefanie Bjerke	F	21	Decorah	IA	7:51	00:24:25.23
20	81/381	5/30	290	Maria Mcdonough	F	21	Decorah	IA	7:51	00:24:26.03
21	91/381	5/47	178	Vera Dovirak	F	35	Newport News	VA	7:58	00:24:48.20
22	96/381	6/47	541	Karla Knudson	F	34	Tappan	NY	8:11	00:25:28.63
23	97/381	2/29	339	Megan Roe	F	12	Decorah	IA	8:12	00:25:30.99
24	98/381	6/30	401	Kimberly Wedinger	F	23	Powell	OH	8:12	00:25:31.47
25	99/381	3/29	187	Jorja Folkedahl	F	12	Decorah	IA	8:12	00:25:31.66
26	101/381	4/29	261	Brielle Buresh	F	13	Decorah	IA	8:13	00:25:34.24
27	102/381	5/29	372	Brynn Storhoff	F	12	Decorah	IA	8:14	00:25:36.49
28	104/381	7/30	215	Myriah Groth	F	26	Decorah	IA	8:15	00:25:39.40
29	108/381	7/47	301	Tiffany Murphy	F	33	Decorah	IA	8:21	00:25:57.99
30	112/381	6/29	267	Kathryn Kelly	F	12	Decorah	IA	8:25	00:26:10.63
31	115/381	1/12	375	Natalie Tapscott	F	17	Decorah	IA	8:27	00:26:15.50
32	117/381	2/12	479	Elise Rasmussen	F	17	Jackson	MN	8:32	00:26:31.24
33	120/381	7/19	430	Addie Carlson	F	14	Davenport	IA	8:34	00:26:39.67
34	124/381	8/30	107	Rachael Andera	F	29	Decorah	IA	8:37	00:26:47.19
35	129/381	4/37	400	Nicole Waskow	F	41	Decorah	IA	8:39	00:26:54.94
36	131/381	1/17	304	Cristy Nimrod	F	51	Decorah	IA	8:40	00:26:55.96
37	135/381	8/19	362	Lily Smith	F	16	Decorah	IA	8:41	00:27:00.50
38	136/381	9/30	224	Tori Hartman	F	23	Decorah	IA	8:41	00:27:00.62
39	140/381	3/12	119	Brenna Betts	F	19	Decorah	IA	8:45	00:27:12.99
40	145/381	5/37	268	Laurie Kepros	F	42	Denver	CO	8:48	00:27:21.00
41	146/381	4/12	283	Emma Lovett	F	19	Colona	IL	8:49	00:27:23.74
42	150/381	10/30	273	Hannah Kuehner	F	24	Decorah	IA	8:55	00:27:42.48
43	151/381	2/17	337	Heidi Rockweiler	F	51	Decorah	IA	8:55	00:27:43.70
44	152/381	3/17	183	Patty Ellingson	F	59	Decorah	IA	8:56	00:27:45.93
45	153/381	6/37	403	Amy Welch	F	49	Waukon	IA	8:59	00:27:57.48
46	155/381	8/47	186	Amber Fogle	F	31	Pleasant Prairie	WI	9:02	00:28:04.74
47	156/381	9/19	109	Grace Bachelder	F	14	Decorah	IA	9:03	00:28:08.46
48	158/381	7/29	280	Sophia Lewey	F	13	Decorah	IA	9:04	00:28:10.74
49	159/381	9/47	277	Jessie Lennon	F	38	Decorah	IA	9:04	00:28:11.25
50	161/381	7/37	278	Mari Lewey	F	41	Decorah	IA	9:05	00:28:16.18

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
51	162/381	10/19	220	Abby Halverson	F	14	Decorah	IA	9:05	00:28:16.39
52	163/381	11/19	229	Karen Henriquez	F	14	Decorah	IA	9:05	00:28:16.39
53	164/381	8/37	103	Ann Akre	F	49	Waukesha	WI	9:06	00:28:18.99
54	165/381	5/12	258	Madelyn Jermier	F	19	Decorah	IA	9:07	00:28:19.86
55	166/381	11/30	291	Molly Mcdonough	F	24	Decorah	IA	9:07	00:28:22.30
56	168/381	12/19	587	Hailey Bower	F	14	Decorah	IA	9:08	00:28:24.95
57	171/381	12/30	152	Meghan Cheng	F	27	Downers Grove	IL	9:12	00:28:36.73
58	175/381	8/29	557	Cora Aiels	F	10	Cedar Rapids	IA	9:13	00:28:40.74
59	176/381	13/19	354	Kruger Sierra	F	15	Decorah	IA	9:16	00:28:50.14
60	177/381	4/17	414	Pam Winke	F	56	Albia	IA	9:17	00:28:51.16
61	179/381	9/29	577	Mya Hoden	F	10	Decorah	IA	9:18	00:28:55.65
62	180/381	9/37	157	Barbara Clements	F	47	Russellville	AR	9:19	00:28:57.68
63	181/381	10/47	539	Kirstan Dyonne	F	36	West Chicago	IL	9:20	00:29:00.13
64	182/381	10/29	281	Danielle Losen	F	12	Decorah	IA	9:20	00:29:02.57
65	187/381	11/29	578	Olivia Huinker	F	10	Decorah	IA	9:22	00:29:08.48
66	188/381	11/47	507	Sarah Welper	F	35	Stewartville	MN	9:22	00:29:08.99
67	191/381	13/30	333	Megan Reinhardt	F	26	Tipton	IA	9:24	00:29:14.57
68	192/381	12/47	329	Becky Rea	F	31	Lansing	IA	9:25	00:29:17.20
69	194/381	14/19	536	Lauren Myli	F	15	Decorah	IA	9:27	00:29:22.09
70	195/381	14/30	407	Brooke Welsh	F	29	Lansing	IA	9:28	00:29:25.97
71	198/381	6/12	306	Courtney Nordheim	F	19	Decorah	IA	9:30	00:29:30.99
72	199/381	10/37	558	Betsy Hanna	F	42	Mazomanie	WI	9:32	00:29:37.53
73	200/381	13/47	310	Deb Ofshea	F	38	Decorah	IA	9:32	00:29:38.25
74	201/381	11/37	358	Holly Sires	F	45	Rochester	MN	9:32	00:29:38.36
75	202/381	15/30	189	Keegan Frana	F	25	Decorah	IA	9:32	00:29:38.96
76	203/381	12/37	171	Jaime Decker	F	41	Rochester	MN	9:33	00:29:41.99
77	204/381	14/47	139	Courtney Burks	F	32	Minneapolis	MN	9:34	00:29:43.61
78	208/381	15/19	586	Rachel Bower	F	15	Decorah	IA	9:38	00:29:56.84
79	209/381	16/19	590	Jenna Lundvedt	F	15	Decorah	IA	9:38	00:29:57.85
80	212/381	17/19	298	Abby Moen	F	15	Decorah	IA	9:46	00:30:21.02
81	213/381	16/30	287	Monica Malila	F	21	Cedar Falls	IA	9:46	00:30:22.21
82	214/381	12/29	389	Jasera Tweten	F	10	Decorah	IA	9:47	00:30:23.82
83	215/381	15/47	390	Tera Tweten	F	39	Decorah	IA	9:47	00:30:24.63
84	216/381	18/19	251	Whitney Huisman	F	14	Saint Ansgar	IA	9:47	00:30:25.45
85	217/381	7/12	250	Chelsey Huisman	F	18	Saint Ansgar	IA	9:47	00:30:25.46
86	218/381	17/30	243	Carol Hopp	F	28	Decorah	IA	9:49	00:30:31.34
87	219/381	18/30	410	Tess Wicks	F	27	Decorah	IA	9:49	00:30:31.95
88	220/381	13/29	240	Elayna Hook	F	12	Decorah	IA	9:51	00:30:37.67
89	221/381	5/17	105	Beth Albertson	F	50	Decorah	IA	9:51	00:30:38.99
90	222/381	19/30	145	Allie Canoy Illies	F	26	Grand Forks	ND	9:51	00:30:39.07
91	223/381	16/47	384	Renda Tollefson	F	37	Decorah	IA	9:53	00:30:44.49
92	224/381	13/37	480	Larissa Rasmussen	F	42	Jackson	MN	9:56	00:30:52.49
93	225/381	17/47	530	Sarah Hunter	F	32	Des Moines	IA	9:56	00:30:53.24
94	226/381	18/47	554	Laree Schouweiler	F	35	Decorah	IA	9:56	00:30:53.92
95	227/381	8/12	137	Aubrey Buresh	F	17	Decorah	IA	9:56	00:30:54.74
96	228/381	14/37	710	Kirstie Bower	F	48	Decorah	IA	9:56	00:30:54.74
97	229/381	15/37	528	Colleen Daily-Page	F	47	Newfield	NJ	9:57	00:30:56.35
98	232/381	16/37	241	Emily Hook	F	43	Decorah	IA	9:58	00:30:58.74
99	233/381	17/37	521	Jana Dahlen	F	40	Crystal	MN	9:59	00:31:02.24
100	235/381	19/47	210	Megan Goodson	F	35	Charlotte	NC	10:00	00:31:05.68

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
101	236/381	20/30	114	Alexis Benjamin	F	27	Decorah	IA	10:00	00:31:06.24
102	237/381	20/47	244	Jessica Hosper	F	36	Owatonna	MN	10:00	00:31:07.24
103	241/381	19/19	284	Anja Madsen	F	15	Decorah	IA	10:04	00:31:17.48
104	242/381	21/47	348	Rachel Schuman	F	33	Decorah	IA	10:06	00:31:25.24
105	243/381	14/29	211	Alex Grimm	F	12	Madrid	IA	10:07	00:31:28.42
106	244/381	21/30	172	Kirsten Dejarlais	F	29	Decorah	IA	10:07	00:31:28.99
107	248/381	18/37	175	Lara Dolphin	F	45	Gales Ferry	CT	10:10	00:31:35.50
108	249/381	19/37	534	Stacy Engelhardt	F	44	Decorah	IA	10:10	00:31:35.50
109	250/381	9/12	295	Ann Meirick	F	17	Decorah	IA	10:10	00:31:35.73
110	251/381	20/37	533	Sara Hotvedt	F	42	Decorah	IA	10:10	00:31:36.13
111	252/381	22/47	207	Shelly Giddings	F	37	Decorah	IA	10:11	00:31:41.20
112	253/381	23/47	166	Vada Dahl	F	32	Leroy	MN	10:12	00:31:42.23
113	258/381	21/37	201	Nancy Gates Madsen	F	48	Decorah	IA	10:14	00:31:48.24
114	259/381	24/47	545	Hope Konrad	F	35	Cedar Rapids	IA	10:14	00:31:49.62
115	260/381	10/12	232	Nell Himlie	F	19	Rushford	MN	10:14	00:31:49.75
116	263/381	22/37	342	Anna Rue	F	40	Madison	WI	10:16	00:31:55.49
117	264/381	11/12	552	Kylie Kerndt	F	19	Decorah	IA	10:18	00:32:03.03
118	265/381	15/29	553	Kelby Kerndt	F	10	Decorah	IA	10:19	00:32:03.83
119	267/381	16/29	373	Claire Storhoff	F	10	Decorah	IA	10:21	00:32:11.74
120	271/381	25/47	328	Alison Puls	F	37	Cedar Falls	IA	10:24	00:32:19.49
121	272/381	26/47	568	Melissa Bbills	F	37	Decorah	IA	10:27	00:32:29.84
122	273/381	27/47	327	Stacey Praska	F	31	Decorah	IA	10:27	00:32:31.00
123	274/381	28/47	144	Hon Busta	F	37	Decorah	IA	10:29	00:32:34.72
124	276/381	6/17	208	Julie Goodman	F	56	Stoughton	WI	10:29	00:32:35.96
125	278/381	7/17	394	Beth Voneschen	F	55	St. Louis Park	MN	10:32	00:32:45.25
126	280/381	29/47	424	Nicole Bateman	F	39	Waterloo	IA	10:35	00:32:53.74
127	281/381	17/29	532	Sydney Kipp	F	12	Decorah	IA	10:40	00:33:09.88
128	283/381	18/29	132	Annika Brynsaas	F	12	Decorah	IA	10:40	00:33:11.51
129	284/381	22/30	350	Hanna Schutte Linngren	F	28	Apple Valley	MN	10:43	00:33:20.01
130	285/381	23/30	549	Nicole Fosaaen	F	20	Cresco	IA	10:44	00:33:21.44
131	287/381	23/37	125	Dominique Bockman	F	47	Decorah	IA	10:50	00:33:39.73
132	288/381	19/29	334	Cassandra Rich	F	13	Fredericksburg	IA	10:50	00:33:41.34
133	290/381	20/29	122	Avery Bildstein	F	7	Cedar Rapids	IA	10:51	00:33:45.62
134	291/381	30/47	317	Laura Pearson	F	31	Minneapolis	MN	10:54	00:33:52.73
135	292/381	31/47	195	Anne Fulton	F	35	Minneapolis	MN	10:54	00:33:52.93
136	293/381	24/37	320	Amy Peterson	F	41	West Fargo	ND	10:55	00:33:57.99
137	294/381	8/17	254	Tammy Jacobson	F	52	Belvidere	IL	10:57	00:34:04.25
138	297/381	32/47	288	Mollie Marken	F	32	Waterloo	IA	10:58	00:34:06.73
139	299/381	25/37	363	Kelli Smutzler	F	49	Decorah	IA	11:02	00:34:17.48
140	301/381	21/29	133	Grace Brynsaas	F	12	Decorah	IA	11:04	00:34:24.82
141	302/381	24/30	411	Brylie Wiedmaier	F	20	Decorah	IA	11:07	00:34:34.73
142	303/381	33/47	370	Maria Storevik	F	36			11:08	00:34:35.74
143	304/381	26/37	184	Linda Ferris	F	43	Dresser	WI	11:08	00:34:37.00
144	305/381	34/47	231	Amanda Hess	F	31	Lansing	IA	11:08	00:34:38.41
145	306/381	35/47	123	Michelle Bildstein	F	39	Cedar Rapids	IA	11:10	00:34:41.86
146	309/381	36/47	156	Sarah Cisco	F	36	Tiffin	IA	11:10	00:34:43.24
147	311/381	1/2	252	Merry Hunter	F	63	Decorah	IA	11:15	00:34:58.11
148	312/381	27/37	393	Amy Van Arkel	F	42	Cedar Falls	IA	11:15	00:34:58.72
149	314/381	25/30	366	Annie Stenseth	F	21	Calmar	IA	11:16	00:35:01.35
150	315/381	26/30	101	Bailey Aaland	F	28	St. Paul	MN	11:16	00:35:02.58

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Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
151	316/381	27/30	266	Carrie Kauffman	F	28	Decorah	ME	11:16	00:35:02.74
152	317/381	37/47	169	Lindsay Davis	F	32	Decorah	IA	11:17	00:35:06.24
153	318/381	38/47	181	Amy Eastling	F	33	Eagan	MN	11:25	00:35:30.49
154	319/381	28/37	540	Karen Berland	F	41	Decorah	IA	11:26	00:35:31.82
155	320/381	22/29	579	Grace Huinker	F	8	Decorah	IA	11:26	00:35:31.83
156	321/381	39/47	560	Laurie Tope	F	36	Decorah	IA	11:27	00:35:35.27
157	322/381	40/47	343	Jacquelyn Ruen	F	37	Minneapolis	MN	11:29	00:35:42.98
158	323/381	29/37	165	Tonia Courtney	F	47	W Des Moines	IA	11:30	00:35:46.23
159	325/381	30/37	113	Laura Belleville	F	41	Ballwin	MO	11:41	00:36:19.52
160	329/381	41/47	176	Sarah Dougherty	F	35	Huxley	IA	11:55	00:37:01.97
161	331/381	12/12	191	Noelle Francisco	F	18	Westlake Village	CA	11:55	00:37:04.59
162	332/381	9/17	537	Ann Lynch	F	53	Rochester	MN	11:58	00:37:10.87
163	333/381	31/37	338	Janette Rodecap	F	43	Kansas City	MO	11:58	00:37:11.48
164	335/381	10/17	347	Lori Schott	F	58	Tipton	IA	11:59	00:37:16.75
165	338/381	42/47	591	Katlyn S.	F	31	Springfield	IL	12:08	00:37:42.50
166	340/381	32/37	213	Padrin Grimstad	F	44	Decorah	IA	12:09	00:37:47.65
167	341/381	23/29	519	Eve Boudreau	F	9	Shakopee	MN	12:09	00:37:47.65
168	343/381	43/47	335	Kristen Risser	F	35	Rochester	MN	12:16	00:38:07.97
169	344/381	11/17	517	Joanie Rollins	F	57	Decorah	IA	12:18	00:38:16.00
170	346/381	33/37	416	Emily Wood	F	45	Des Moines	IA	12:19	00:38:17.71
171	347/381	28/30	159	Samantha Clements	F	21	Aurora	IL	12:22	00:38:25.41
172	348/381	34/37	158	Marilee Clements	F	49	Aurora	IL	12:22	00:38:25.74
173	351/381	44/47	140	Meredith Burks	F	35	Saint Paul	MN	13:02	00:40:32.45
174	352/381	24/29	381	Mckenzie Tollefson	F	11	Decorah	IA	13:15	00:41:11.25
175	354/381	12/17	551	Karen Christopherson	F	57	Fairfax	IA	13:27	00:41:48.00
176	355/381	25/29	203	Maggie Gavle	F	8	Decorah	IA	13:32	00:42:05.39
177	356/381	45/47	202	Jamie Gavle	F	37	Decorah	IA	13:32	00:42:05.75
178	358/381	46/47	516	Patty Murray	F	39	Mabel	MN	13:40	00:42:29.25
179	359/381	26/29	112	Edyn Bateman	F	11	Ames	IA	13:49	00:42:57.75
180	360/381	47/47	296	Kristi Miller	F	31	West Union	IA	14:29	00:45:01.99
181	362/381	27/29	355	Ivy Sime	F	5	Decorah	IA	15:17	00:47:29.45
182	363/381	35/37	356	Jennifer Sime	F	45	Decorah	IA	15:17	00:47:30.25
183	364/381	13/17	135	Diane Bulman	F	52	Dorchester	IA	15:28	00:48:05.75
184	365/381	2/2	214	Nancy Grinna	F	65	Decorah	IA	15:43	00:48:50.28
185	366/381	14/17	264	Linda Jordan	F	51	Indianapolis	IN	15:50	00:49:12.75
186	368/381	28/29	199	Esme Gastfield	F	12	Preston	MN	16:08	00:50:08.60
187	371/381	15/17	550	Lisa Olson	F	50	Minneapolis	MN	16:19	00:50:43.50
188	372/381	29/30	227	Allie Helmuth	F	26	Ollie	IA	16:49	00:52:15.70
189	373/381	16/17	190	Anne Francisco	F	50	Westlake Village	CA	17:09	00:53:18.00
190	374/381	17/17	217	Mary Hall	F	52	Black Earth	WI	17:27	00:54:15.00
191	376/381	30/30	326	Teresa Phillips	F	20	Decorah	IA	17:33	00:54:34.73
192	378/381	36/37	149	Julie Chamberlain	F	44	Decorah	IA	18:03	00:56:06.23
193	379/381	37/37	153	Bonnie Christensen	F	47	Clive	IA	18:25	00:57:14.50
194	381/381	29/29	344	Tegyn Sanderman	F	9	Decorah	IA	18:38	00:57:54.24

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## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/381	1/1	237	Brady Hogan	M	15	Waukon	IA	6:03	00:18:48.79
2	2/381	1/30	585	Paul Kilgore	M	43	Dubuque	IA	6:06	00:18:59.36
3	3/381	1/12	160	Kevin Conner	M	17	West Des Moines	IA	6:07	00:19:02.61
4	4/381	1/22	192	Matthew Franzen	M	16	Decorah	IA	6:09	00:19:08.11
5	6/381	1/27	576	Peter Storvich	M	26	Minneapolis	MN	6:12	00:19:17.00
6	7/381	1/34	399	Richard Washam	M	35	Chicago	IL	6:12	00:19:17.74
7	8/381	2/22	246	Logan Houg	M	16	Waukon	IA	6:17	00:19:31.99
8	9/381	3/22	223	Daniel Hanson	M	16	Rockford	IL	6:23	00:19:52.17
9	10/381	2/30	136	Lenny Bulman	M	48	Waukon	IA	6:25	00:19:57.45
10	12/381	4/22	282	Noah Lovelace	M	15	Decorah	IA	6:27	00:20:04.89
11	13/381	5/22	349	Bennett Schutte	M	14	Decorah	IA	6:36	00:20:32.49
12	14/381	2/27	205	Tom Gerberich	M	25	Haskins	OH	6:39	00:20:41.25
13	15/381	3/27	204	Joel Gerberich	M	22	Akron	OH	6:39	00:20:41.27
14	16/381	2/12	564	Adam Hovden	M	19	Ridgeway	IA	6:40	00:20:42.90
15	17/381	1/18	323	John F Peterson	M	55	Fargo	ND	6:45	00:20:58.72
16	19/381	6/22	572	Larsson Shockey	M	14	Decorah	IA	6:46	00:21:02.16
17	20/381	4/27	143	Aaron Busch	M	25	Chanhassen	MN	6:47	00:21:06.43
18	21/381	2/34	271	Lucas Klotzbach	M	39	Florence	AL	6:48	00:21:09.49
19	22/381	7/22	409	Drew White	M	15	Decorah	IA	6:48	00:21:10.49
20	23/381	8/22	514	Izaak Eichinger	M	14	Decorah	IA	6:55	00:21:30.40
21	24/381	2/18	247	Scott Houg	M	52	Waukon	IA	6:55	00:21:31.99
22	25/381	5/27	260	Brian Johnson	M	20	Dublin	OH	6:58	00:21:41.37
23	26/381	1/15	307	Randy Nordheim	M	62	Waukon	IA	6:59	00:21:43.81
24	27/381	3/34	324	Jonathan Peterson	M	36	West Fargo	ND	6:59	00:21:44.43
25	28/381	3/12	412	Daniel Willie	M	19	Decorah	IA	7:03	00:21:54.49
26	29/381	6/27	522	Gavin Wicks	M	28	Decorah	IA	7:05	00:22:02.99
27	31/381	9/22	575	Treyton Sturgeon	M	16	Leighton	IA	7:06	00:22:05.12
28	32/381	10/22	360	Preston Sires	M	14	Rochester	MN	7:06	00:22:05.49
29	33/381	7/27	196	Joseph Furst	M	26	Rochester	MN	7:06	00:22:05.93
30	34/381	4/34	177	Ostap Dovirak	M	36	Newport News	VA	7:07	00:22:08.49
31	35/381	5/34	276	Davod Larson	M	38	Decorah	IA	7:08	00:22:11.62
32	36/381	8/27	547	Michael Knudson	M	29	Aloha	OR	7:09	00:22:14.86
33	37/381	2/15	289	Kelly Mccarty	M	61	Clive	IA	7:14	00:22:31.12
34	39/381	6/34	148	Michael Casterton	M	38	Decorah	IA	7:16	00:22:37.00
35	40/381	3/30	270	Ryan Kipp	M	42	Decorah	IA	7:17	00:22:38.42
36	41/381	11/22	361	Hogan Smith	M	14	Decorah	IA	7:18	00:22:42.69
37	43/381	4/12	346	Isaac Sash	M	17	West Des Moines	IA	7:21	00:22:51.22
38	44/381	12/22	174	Hunter Dolphin	M	16	Gales Ferry	CT	7:22	00:22:53.45
39	45/381	9/27	115	Parker Benjamin	M	28	Decorah	IA	7:22	00:22:55.07
40	46/381	3/18	230	Scott Hervey	M	55	Decorah	IA	7:26	00:23:08.24
41	47/381	4/18	163	Eric Courtney	M	50	W Des Moines	IA	7:28	00:23:13.15
42	49/381	1/28	256	Blake Jermier	M	13	Decorah	IA	7:29	00:23:17.62
43	50/381	4/30	185	Nathan Ferris	M	44	Dresser	WI	7:30	00:23:18.99
44	51/381	5/18	353	Tom Shroyer	M	59	Decorah	IA	7:32	00:23:25.53
45	52/381	13/22	239	Bradyn Hook	M	14	Decorah	IA	7:34	00:23:33.45
46	53/381	6/18	556	Ron Hougen	M	52	Decorah	IA	7:35	00:23:36.50
47	54/381	3/15	563	Joel Clark	M	61	Harvest	AL	7:37	00:23:41.24
48	55/381	14/22	566	Thomas Foster	M	16	Decorah	IA	7:37	00:23:42.37
49	58/381	7/34	569	Braham Ketcham	M	35	Oak Park	IL	7:40	00:23:49.67
50	61/381	5/30	286	Greg Madsen	M	48	Decorah	IA	7:41	00:23:54.98

# Nordic Fest Elvelopet

July 28, 2018

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
51	63/381	8/34	584	Brent Pepin	M	30	Edgerton	MN	7:43	00:23:59.49
52	66/381	6/30	249	Matt Hughes	M	44	Decorah	IA	7:44	00:24:03.49
53	68/381	9/34	245	Nathan Hosper	M	36	Owatonna	MN	7:45	00:24:06.49
54	69/381	7/18	368	James Stenseth	M	53	Calmar	IA	7:45	00:24:06.99
55	70/381	10/27	546	Jonathan Knudson	M	25	Minneapolis	MN	7:46	00:24:08.16
56	71/381	11/27	262	Mitch Johnson	M	23	Dubuque	IA	7:47	00:24:11.40
57	74/381	12/27	345	John Sanderson	M	27	St Louis	MO	7:49	00:24:17.69
58	75/381	13/27	467	Collin Nimrod	M	22	Decorah	IA	7:50	00:24:20.94
59	76/381	8/18	106	Gerard Amadeo	M	52	Urbandale	IA	7:50	00:24:21.74
60	77/381	9/18	405	Kim Welch	M	52	Waukon	IA	7:50	00:24:21.98
61	78/381	2/28	234	Erik Hjelle	M	13	Decorah	IA	7:50	00:24:23.20
62	82/381	15/22	161	Conner Cook	M	16	Decorah	IA	7:53	00:24:32.33
63	83/381	14/27	369	Jeremy Stenseth	M	25	Calmar	IA	7:54	00:24:34.75
64	84/381	15/27	167	Russell Dale	M	27	West Des Moines	IA	7:56	00:24:40.45
65	85/381	7/30	588	Piyush Patel	M	42	Argyle	TX	7:58	00:24:45.25
66	86/381	8/30	330	Carl Refsal	M	42	Richmond	VA	7:58	00:24:45.34
67	87/381	16/22	259	Sam Jermier	M	14	Decorah	IA	7:58	00:24:45.49
68	88/381	9/30	379	David Tollefson	M	45	Cedar Rapids	IA	7:58	00:24:45.74
69	89/381	10/34	484	Cory Scholbrock	M	38	Calmar	IA	7:58	00:24:47.50
70	90/381	5/12	294	Ben Means	M	17	Des Moines	IA	7:58	00:24:48.20
71	92/381	6/12	434	Nicholas Cloutier	M	17	Clive	IA	7:59	00:24:48.40
72	93/381	3/28	418	Austin Anderson	M	12	Franklin	TN	8:00	00:24:53.74
73	94/381	7/12	459	Matthew Linkletter	M	17	Clive	IA	8:04	00:25:03.82
74	95/381	4/28	242	Landyn Hook	M	7	Decorah	IA	8:09	00:25:19.48
75	100/381	17/22	548	Claylan Mounthachak	M	15	Rockford	MN	8:13	00:25:33.90
76	103/381	11/34	542	Peter Triezenberg	M	38	Piermont	NY	8:14	00:25:37.77
77	105/381	10/18	164	John Courtney	M	53	Decorah	IA	8:15	00:25:40.21
78	106/381	11/18	193	Alan Frey	M	54	Spring	TX	8:15	00:25:41.02
79	107/381	5/28	102	Darren Adams	M	12	Osage	IA	8:21	00:25:57.25
80	109/381	10/30	226	Dean Haugen	M	49	Minneapolis	MN	8:21	00:25:59.69
81	110/381	12/34	364	Solomon Halvorson	M	33	Des Moines	IA	8:22	00:26:01.51
82	111/381	6/28	316	Holten Palmer	M	11	Decorah	IA	8:23	00:26:05.55
83	113/381	8/12	352	Casey Shanaberger	M	17	Urbandale	IA	8:26	00:26:12.24
84	114/381	18/22	315	Dawson Palmer	M	16	Decorah	IA	8:26	00:26:14.48
85	116/381	11/30	378	Frode Tilden	M	41	Fargo	ND	8:31	00:26:28.31
86	118/381	16/27	365	Alex Steffens	M	29	Jesup	IA	8:33	00:26:34.40
87	119/381	7/28	274	Jameson Labelle	M	10	Decorah	IA	8:34	00:26:37.65
88	121/381	13/34	574	Greg Danielson	M	34	Costa Mesa	CA	8:35	00:26:40.24
89	122/381	19/22	179	Isaiah Duffield	M	15	Decorah	IA	8:35	00:26:41.24
90	123/381	14/34	275	Michael Labelle	M	38	Decorah	IA	8:36	00:26:43.31
91	125/381	17/27	151	Cheng Cheng	M	27	Downers Grove	IL	8:37	00:26:48.49
92	126/381	15/34	269	Ahmed Khalili	M	31	Calmar	IA	8:38	00:26:49.42
93	127/381	8/28	382	Meison Tollefson	M	8	Decorah	IA	8:38	00:26:50.45
94	128/381	18/27	225	Dane Haugen	M	21	Lohman	MO	8:38	00:26:52.49
95	130/381	16/34	573	Paul Arre	M	30	Hopkins	MN	8:39	00:26:55.15
96	132/381	9/12	272	Adam Krieger	M	19	Decorah	IA	8:40	00:26:57.74
97	133/381	10/12	104	Logan Akre	M	17	Waukesha	WI	8:40	00:26:57.99
98	134/381	9/28	308	Travis Nordheim	M	12	Decorah	IA	8:41	00:26:59.61
99	137/381	17/34	406	Lucas Welper	M	36	Stewartville	MN	8:41	00:27:00.82
100	138/381	19/27	589	Byron Montgomery	M	28	Cedar Rapids	IA	8:41	00:27:01.65

# Nordic Fest Elvelopet

July 28, 2018

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
101	139/381	12/30	538	Josh Wolberg	M	41	Eden Prairie	MN	8:44	00:27:09.36
102	141/381	18/34	146	Andy Carlson	M	38	Decorah	IA	8:46	00:27:16.07
103	142/381	10/28	580	Cody Vagts	M	12	Waseca	MN	8:47	00:27:17.49
104	143/381	12/18	392	Mark Vagts	M	50	Waseca	MN	8:47	00:27:18.11
105	144/381	19/34	319	Paul Pellett	M	32	Decorah	IA	8:47	00:27:19.97
106	147/381	13/30	142	Matthew Bureson	M	41	Houston	TX	8:51	00:27:30.99
107	148/381	11/28	118	Elliot Berland	M	9	Decorah	IA	8:52	00:27:35.74
108	149/381	12/28	236	Max Hoden	M	11	Dubuque	IA	8:54	00:27:41.99
109	154/381	11/12	180	Avery Dugger	M	18	Decorah	IA	9:01	00:28:01.55
110	157/381	20/34	331	Martin Refsal	M	34	Las Vegas	NV	9:03	00:28:09.06
111	160/381	4/15	182	James Ehrie	M	73	Decorah	IA	9:05	00:28:15.57
112	167/381	14/30	194	Matthew Fry	M	44	Centennial	CO	9:07	00:28:22.50
113	169/381	21/34	322	Darin Peterson	M	35	Decorah	IA	9:09	00:28:28.74
114	170/381	15/30	155	Brad Cisco	M	43	Tiffin	IA	9:10	00:28:30.99
115	172/381	22/34	561	Theodore Loftsgard	M	36	Rochester	MN	9:12	00:28:38.16
116	173/381	20/27	228	Maxwell Helmuth	M	28	Ollie	IA	9:13	00:28:39.49
117	174/381	16/30	325	Scott Peterson	M	46	Decorah	IA	9:13	00:28:39.77
118	178/381	13/28	126	Carson Bohner	M	10	Decorah	IA	9:18	00:28:53.81
119	183/381	23/34	312	Nathan Osmundson	M	36	Ankeny	IA	9:21	00:29:04.21
120	184/381	21/27	216	Ryan Hageman	M	21	Iowa City	IA	9:21	00:29:04.82
121	185/381	12/12	336	Sam Robinson	M	17	Decorah	IA	9:21	00:29:05.24
122	186/381	20/22	582	Elijah Mitchell	M	16	Decorah	IA	9:21	00:29:05.24
123	189/381	22/27	321	Andrew Peterson	M	22	Cedar Falls	IA	9:23	00:29:11.24
124	190/381	23/27	332	Jake Reinhardt	M	27	Tipton	IA	9:24	00:29:14.57
125	193/381	21/22	300	Simon Mumford	M	14	Decorah	IA	9:26	00:29:21.06
126	196/381	5/15	570	Linus Barloon	M	70	Decorah	IA	9:28	00:29:26.57
127	197/381	17/30	520	Wyatt Beebe	M	41	Decorah	IA	9:29	00:29:29.81
128	205/381	14/28	387	Kash Turner	M	9	Decorah	IA	9:35	00:29:49.24
129	206/381	15/28	299	Creed Monroe	M	11	Decorah	IA	9:36	00:29:49.73
130	207/381	16/28	402	Henry Weis	M	12	Decorah	IA	9:36	00:29:49.91
131	210/381	22/22	130	Sam Brown	M	15	Houston	TX	9:40	00:30:03.14
132	211/381	13/18	559	Daniel Anderson	M	50	Williston	FL	9:41	00:30:06.40
133	230/381	18/30	527	Larry Page	M	45	Newfield	NJ	9:57	00:30:56.55
134	231/381	19/30	257	Jim Jermier	M	46	Decorah	IA	9:57	00:30:57.36
135	234/381	24/34	209	Drew Goodson	M	35	Charlotte	NC	10:00	00:31:04.99
136	238/381	6/15	173	Geir Denstad	M	66			10:01	00:31:07.49
137	239/381	14/18	357	Bill Sires	M	51	Rochester	MN	10:03	00:31:14.74
138	240/381	17/28	285	Evan Madsen	M	9	Decorah	IA	10:03	00:31:15.86
139	245/381	18/28	212	Kinnick Grimm	M	9	Madrid	IA	10:08	00:31:30.85
140	246/381	24/27	162	Alex Courtney	M	25	West Des Moines	IA	10:09	00:31:33.69
141	247/381	7/15	263	Doug Jones	M	60	Lakeland	FL	10:09	00:31:33.74
142	254/381	19/28	314	Corbyn Palmer	M	13	Decorah	IA	10:12	00:31:43.74
143	255/381	20/28	397	Davis Walter	M	8	Decorah	IA	10:12	00:31:44.47
144	256/381	21/28	120	Lange Betts	M	13	Decorah	IA	10:13	00:31:45.24
145	257/381	20/30	398	Jarrad Walter	M	41	Decorah	IA	10:13	00:31:46.24
146	261/381	21/30	565	Bob Hemesath	M	49	Decorah	IA	10:14	00:31:49.75
147	262/381	22/30	293	Charles McNulty	M	41	Madison	WI	10:14	00:31:50.44
148	266/381	8/15	562	Brad Loftsgard	M	61	Decorah	IA	10:19	00:32:04.23
149	268/381	23/30	371	Brent Storhoff	M	43	Decorah	IA	10:22	00:32:12.99
150	269/381	9/15	219	Ron Halse	M	64	Mendham	NJ	10:23	00:32:16.99

# Nordic Fest Elvelopet

July 28, 2018

5K Run

## Overall Results - Male

Place	Overall Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
151	270/381	15/18	391	Paul Ulvilden	M	59	Decorah	IA	10:24	00:32:19.00
152	275/381	24/30	555	Klint Kjeldahl	M	49	Maple Grove	MN	10:29	00:32:34.93
153	277/381	10/15	233	Ross Himlie	M	62	Rushford	MN	10:30	00:32:38.61
154	279/381	25/27	395	Luke Voneschen	M	22	St. Louis Park	MN	10:32	00:32:45.49
155	282/381	22/28	117	Cohen Berland	M	7	Decorah	IA	10:40	00:33:10.25
156	286/381	23/28	206	Ian Giddings	M	10	Decorah	IA	10:46	00:33:30.19
157	289/381	25/30	124	Ryan Bildstein	M	40	Cedar Rapids	IA	10:51	00:33:44.19
158	295/381	11/15	374	Rasmus Sunde	M	74			10:58	00:34:04.70
159	296/381	12/15	543	Larry Grimstad	M	75	Decorah	IA	10:58	00:34:05.24
160	298/381	25/34	313	Aaron Palmer	M	31	Waukon	IA	10:59	00:34:08.99
161	300/381	26/34	377	Ole Thomassen	M	37	Fargo	ND	11:03	00:34:22.24
162	307/381	27/34	197	Matt Gallagher	M	34	Chicago	IL	11:10	00:34:41.99
163	308/381	13/15	198	Mike Gallagher	M	64	Cedar Rapids	IA	11:10	00:34:42.24
164	310/381	16/18	253	Dave Jacobson	M	52	Belvidere	IL	11:15	00:34:57.49
165	313/381	26/27	367	Ben Stenseth	M	29	Calmar	IA	11:16	00:35:01.24
166	324/381	24/28	150	Liam Chamberlain	M	11	Decorah	IA	11:32	00:35:51.49
167	326/381	28/34	388	Matt Turner	M	37	Decorah	IA	11:44	00:36:28.46
168	327/381	29/34	221	Kade Hammes	M	32	Coralville	IA	11:46	00:36:35.75
169	328/381	26/30	108	Erik Ankerberg	M	47	Wheaton	IL	11:48	00:36:40.85
170	330/381	25/28	129	Hayes Brown	M	12	Houston	TX	11:55	00:37:02.16
171	334/381	14/15	188	Eric Forsberg	M	69	Golden Valley	MN	11:59	00:37:15.99
172	336/381	30/34	297	Nathan Miller	M	30	West Union	IA	12:02	00:37:23.25
173	337/381	31/34	593	Stephan Swat	M	30	Decorah	IA	12:07	00:37:40.73
174	339/381	32/34	592	Jon Bjerke	M	34	Springfield	IL	12:08	00:37:42.50
175	342/381	27/30	255	Jason Jarzembowski	M	45	Germantown	WI	12:11	00:37:53.50
176	345/381	27/27	518	Lee Rollins	M	23	Golden Valley	MN	12:19	00:38:16.09
177	349/381	33/34	170	Tim Davis	M	39	Decorah	IA	12:57	00:40:14.60
178	350/381	15/15	222	Asbjørn Hansen	M	63			13:00	00:40:23.50
179	353/381	34/34	383	Mike Tollefson	M	38	Decorah	IA	13:15	00:41:11.45
180	357/381	26/28	571	Nat Roberts	M	12	Decorah	IA	13:35	00:42:14.75
181	361/381	27/28	417	Nicholas Yates	M	12	Suffolk	VA	14:47	00:45:58.16
182	367/381	28/30	341	James Rose	M	49	Indianapolis	IN	15:50	00:49:14.00
183	369/381	17/18	200	Steven Gastfield	M	54	Preston	MN	16:09	00:50:12.00
184	370/381	28/28	359	Mason Sires	M	9	Rochester	MN	16:19	00:50:43.14
185	375/381	18/18	218	Scott Hall	M	55	Black Earth	WI	17:29	00:54:22.02
186	377/381	29/30	385	John C. Torkelson	M	41	Big Lake	MN	18:03	00:56:05.01
187	380/381	30/30	154	Chad Christensen	M	49	Clive	IA	18:25	00:57:15.14