

Rob's Run Cross Country 5K

November 25, 2018

Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/229	1/3	91	Mike Darnell	M	24	Bellmore	NY	5:29	00:17:03.20
2	2/229	2/3	207	Sharif Jarvis	M	23	Huntington	NY	5:37	00:17:29.60
3	3/229	1/3	485	Boyd Carrington	M	46	Amityville	NY	5:46	00:17:56.36
4	4/229	3/3	137	Jossi Fritz-Mauer	M	34	Old Bethpage	NY	5:47	00:18:01.06
5	5/229	1/6	191	Ryan Heskin	M	18	Floral Park	NY	5:52	00:18:15.74
6	6/229	1/12	101	Anthony Diaz	M	14	Farmingdale	NY	5:54	00:18:21.56
7	7/229	1/10	76	Austin Coneys	M	25	Centerport	NY	6:00	00:18:39.81
8	8/229	1/8	449	Ilya Wilson	M	21	Islip	NY	6:09	00:19:06.99
9	1/203	1/3	448	Jen Dagan	F	34	Schenectady	NY	6:17	00:19:31.48
10	9/229	2/8	115	Alex Eletto	M	21	Stony Brook	NY	6:17	00:19:32.19
11	2/203	2/3	190	Lauryn Heskin	F	15	Floral Park	NY	6:21	00:19:45.19
12	10/229	3/8	273	Thomas Mihailin	M	22	East Northport	NY	6:22	00:19:48.63
13	11/229	2/6	317	Kenneth Procacci	M	15	Franklin Square	NY	6:24	00:19:55.25
14	3/203	3/3	265	Katie Mcgrath	F	34	Oakdale	NY	6:24	00:19:55.33
15	12/229	2/10	185	Jonathan Heitner	M	28	Port Jefferson Station	NY	6:31	00:20:15.00
16	13/229	1/10	274	Paul Milazzo	M	34	Commack	NY	6:33	00:20:21.49
17	14/229	2/3	415	Chris Webber	M	66	Sayville	NY	6:37	00:20:34.50
18	15/229	2/10	188	Jason Hernandez	M	34	Smithtown	NY	6:38	00:20:37.56
19	16/229	3/3	323	Jason Ramirez	M	44	Bellmore	NY	6:40	00:20:45.00
20	17/229	1/26	50	Bobby Cameron	M	46	Center Moriches	NY	6:41	00:20:46.10
21	18/229	2/26	68	Adam Cigliano	M	46	Bellmore	NY	6:42	00:20:49.75
22	19/229	1/27	418	Graham Wilcock	M	50	Central Islip	NY	6:42	00:20:51.50
23	20/229	4/8	488	Kamal Ojibara	M	24	Hempstead	NY	6:45	00:20:59.88
24	21/229	1/21	281	Rafa Molina	M	43	Shirley	NY	6:46	00:21:02.32
25	22/229	2/12	360	John Schwab	M	14	Bellmore	NY	6:46	00:21:02.94
26	23/229	3/26	311	Earl Penney	M	47	Glen Head	NY	6:50	00:21:15.11
27	24/229	2/27	461	Marc Bochner	M	53	New York	NY	6:51	00:21:18.50
28	25/229	3/12	469	Dylan Curran	M	11	Glen Oaks	NY	6:57	00:21:36.20
29	26/229	3/10	272	Joe Meyer	M	34	Central Islip	NY	6:59	00:21:44.53
30	27/229	1/14	408	Ronnie Vichman	M	38	Farmingdale	NY	7:01	00:21:48.75
31	4/203	1/24	447	Jessica Petrina	F	36	Selden	NY	7:01	00:21:50.73
32	28/229	1/36	17	Alan Baisch	M	57	Selden	NY	7:02	00:21:53.00
33	29/229	2/14	228	Seth Kurpiel	M	39	Great Neck	NY	7:05	00:22:00.50
34	30/229	3/10	484	Ray Williams	M	26	Smithtown	NY	7:07	00:22:08.49
35	31/229	4/26	404	Daniel Valderrama	M	47	Oyster Bay	NY	7:08	00:22:12.75
36	32/229	2/36	105	Michael Dilisio	M	56	Shoreham	NY	7:09	00:22:16.00
37	33/229	3/36	39	Kc Brett	M	58	Port Jefferson Sta	NY	7:11	00:22:21.73
38	5/203	1/5	373	Marissa Spottiswood	F	14	Bellmore	NY	7:13	00:22:25.71
39	34/229	3/14	238	Daniel Lee	M	37	Lynbrook	NY	7:13	00:22:27.60
40	35/229	3/6	130	Julian Franz	M	19	Nesconset	NY	7:14	00:22:29.65
41	36/229	5/8	363	Matthew Seinuk	M	23	Forest Hills	NY	7:15	00:22:32.69
42	37/229	2/21	468	Doroteo Soledad	M	43	Hampton Bays	NY	7:15	00:22:33.49
43	38/229	4/36	161	John Greene	M	58	Huntington Station	NY	7:16	00:22:36.13
44	39/229	1/19	350	Paul Salerno	M	62	Little Neck	NY	7:20	00:22:48.11
45	40/229	3/21	389	Jason Taylor	M	44	Medford	NY	7:20	00:22:49.14
46	6/203	1/8	375	Maya Spottiswood	F	15	Bellmore	NY	7:20	00:22:49.48
47	7/203	2/24	14	Allison Backer	F	38	Wading River	NY	7:21	00:22:52.48
48	8/203	1/17	61	Ali Caruana	F	31	West Babylon	NY	7:23	00:22:57.98
49	41/229	5/36	318	Michael Qualley	M	56	Shoreham	NY	7:23	00:22:58.66
50	42/229	4/14	8	Adrian Argueta	M	38	Deer Park	NY	7:24	00:23:00.50
51	43/229	1/6	197	Aidan Hopkins	M	8	Franklin Square	NY	7:25	00:23:02.75
52	44/229	6/36	300	John Oakley	M	57	Bayport	NY	7:26	00:23:08.49

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
53	9/203	1/3	330	Heather Riddiough	F	41	Massapequa Park	NY	7:27	00:23:09.40
54	45/229	5/26	71	Brian Cloherty	M	49	Bellmore	NY	7:28	00:23:12.50
55	10/203	2/8	12	Michelle Ashbahian	F	15	Floral Park	NY	7:28	00:23:13.23
56	11/203	1/7	83	Sarah Cottone	F	24	East Setauket	NY	7:28	00:23:14.86
57	46/229	4/21	374	Mark Spottiswood	M	43	Bellmore	NY	7:30	00:23:19.64
58	47/229	5/14	298	William O'dwyer	M	37	Huntington	NY	7:31	00:23:22.28
59	12/203	3/24	123	Deanna Figari	F	35	Manorville	NY	7:31	00:23:24.24
60	48/229	6/14	296	Eric Nintzel	M	37	Sayville	NY	7:32	00:23:24.71
61	49/229	7/36	63	Michael Casale	M	57	Bellmore	NY	7:33	00:23:27.56
62	13/203	2/5	400	Leanna Trefcer	F	12	North Bellmore	NY	7:34	00:23:32.48
63	50/229	8/36	422	Mario Wilkowski	M	58	Merrick	NY	7:35	00:23:34.48
64	51/229	4/10	144	Jake Gambitsky	M	26	Wantagh	NY	7:35	00:23:35.90
65	52/229	5/10	380	Matthew Streichler	M	28	New York	NY	7:35	00:23:36.25
66	14/203	2/17	244	Heather Locanthy	F	31	Patchogue	NY	7:36	00:23:36.98
67	15/203	3/8	222	Kali Keyes	F	18	East Meadow	NY	7:37	00:23:42.23
68	53/229	5/21	42	Romulo Brito	M	40	Uniondale	NY	7:38	00:23:45.94
69	54/229	7/14	31	Douglas Boorstein	M	37	Alexandria	VA	7:39	00:23:49.18
70	16/203	3/17	219	Robyn Kenul	F	31	Nesconset	NY	7:40	00:23:49.22
71	55/229	2/19	10	Jim Arnone	M	64	Westhampton	NY	7:40	00:23:51.22
72	56/229	9/36	395	Raymond Tiburzi	M	59	East Northport	NY	7:41	00:23:54.87
73	57/229	3/19	87	Alex Cuozzo	M	60	Bellmore	NY	7:42	00:23:56.91
74	58/229	4/12	336	Connor Ronan	M	13	Floral Park	NY	7:43	00:23:59.00
75	59/229	4/10	442	David Tobias	M	34	Plainview	NY	7:44	00:24:04.60
76	60/229	6/26	342	Dan Roth	M	49	Sea Cliff	NY	7:45	00:24:05.43
77	61/229	7/26	277	Michael Minerva	M	47	Holbrook	NY	7:45	00:24:06.23
78	17/203	1/10	46	Kimberly Bruno	F	29	Holbrook	NY	7:45	00:24:07.08
79	62/229	6/21	397	Joseph Tomeo	M	40	Ronkonkoma	NY	7:46	00:24:09.00
80	18/203	4/24	254	Joelle Mann	F	39	Stony Brook	NY	7:47	00:24:13.36
81	63/229	5/10	382	Chris Swann	M	34	Huntington Station	NY	7:49	00:24:18.22
82	64/229	5/12	15	Nicholas Badolato	M	11	Merrick	NY	7:50	00:24:22.25
83	65/229	8/26	217	Ira Kaplan	M	48	East Meadow	NY	7:50	00:24:22.48
84	19/203	2/10	176	Sara Hansen	F	27	Lake Grove	NY	7:51	00:24:23.53
85	66/229	6/10	168	Milton Geovanny Guachun	M	29	Hempstead	NY	7:53	00:24:30.23
86	67/229	7/21	136	Jon Frisch	M	43	Farmingville	NY	7:53	00:24:30.63
87	20/203	5/24	2	Kristen Acierno	F	35	Mount Sinai	NY	7:53	00:24:30.83
88	21/203	2/3	151	Gina Giordano	F	51	Mount Sinai	NY	7:54	00:24:34.89
89	68/229	9/26	401	Robert Trefcer	M	49	North Bellmore	NY	7:54	00:24:35.50
90	22/203	6/24	391	Sarah Thompsen	F	37	Sayville	NY	7:55	00:24:37.23
91	69/229	2/6	34	Miguel Bracamonte	M	10	Floral Park	NY	7:56	00:24:39.17
92	70/229	10/36	361	Rick Secor	M	57	Ronkonkoma	NY	7:56	00:24:41.50
93	23/203	3/3	158	Ellissa Gravinese	F	40	Rocky Point	NY	7:57	00:24:42.98
94	71/229	11/36	302	Mark Ogden	M	56	Selden	NY	7:57	00:24:43.42
95	72/229	1/10	293	John Neverka	M	68	Bellmore	NY	7:57	00:24:45.00
96	73/229	3/27	62	Eric Carver	M	52	Patchogue	NY	7:58	00:24:45.87
97	74/229	12/36	457	Steve Shulman	M	59	Plainview	NY	7:59	00:24:49.73
98	75/229	6/10	35	Craig Brekne	M	31	Selden	NY	8:01	00:24:55.00
99	76/229	8/21	314	Mark Plutzer	M	44	Old Bethpage	NY	8:02	00:24:57.91
100	77/229	13/36	387	Thomas Tatarian	M	55	Shoreham	NY	8:02	00:24:59.74
101	78/229	4/19	429	Glen Wolther	M	62	Jericho	NY	8:03	00:25:03.59
102	24/203	4/17	201	Michelle Hyers	F	34	Hicksville	NY	8:04	00:25:05.73
103	25/203	1/22	77	Karen Conkling	F	55	Massapequa	NY	8:05	00:25:08.74
104	79/229	14/36	260	Bill Mazza	M	56	West Gilgo Beach	NY	8:06	00:25:11.33

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
105	80/229	5/19	212	Daniel Joseph	M	60	Levittown	NY	8:06	00:25:11.73
106	81/229	6/19	184	Timothy Healy	M	63	Syosset	NY	8:06	00:25:11.93
107	82/229	4/27	159	Rob Graygor	M	52	Sayville	NY	8:06	00:25:12.54
108	83/229	7/19	180	Robert Haughn	M	61	Port Jefferson Station	NY	8:07	00:25:14.16
109	26/203	3/5	84	Reese Coughlin	F	12	Hauppauge	NY	8:09	00:25:20.19
110	84/229	15/36	420	Fred Wilkowski	M	56	North Woodmere	NY	8:11	00:25:25.75
111	27/203	1/27	392	Colleen Thompson	F	41	Saint James	NY	8:11	00:25:26.91
112	28/203	2/22	376	Adriana Staiano	F	56	East Meadow	NY	8:11	00:25:27.73
113	29/203	7/24	234	Brianne Langstaff	F	35	West Sayville	NY	8:11	00:25:27.93
114	85/229	16/36	283	Robert Monaco	M	55	Woodbury	NY	8:12	00:25:31.67
115	86/229	3/6	6	Amir Ajenishe	M	9	Valley Stream	NY	8:13	00:25:32.69
116	87/229	5/27	271	Todd Metro	M	51	Holtsville	NY	8:14	00:25:37.95
117	30/203	5/17	116	Nichole Ellis	F	34	Wassaic	NY	8:15	00:25:38.00
118	31/203	1/22	118	Laura Fabrizi	F	47	Lake Grove	NY	8:15	00:25:39.07
119	88/229	6/27	476	John Quirk	M	51	Oyster Bay	NY	8:15	00:25:40.19
120	32/203	3/22	312	Kelly Pickard	F	59	Oyster Bay	NY	8:17	00:25:44.73
121	89/229	7/10	379	Andrew Streichler	M	25	Wantagh	NY	8:17	00:25:44.75
122	33/203	3/10	249	Kristen Magliola	F	27	Shoreham	NY	8:19	00:25:52.48
123	34/203	6/17	40	Briana Brickley	F	30	Holbrook	NY	8:20	00:25:53.90
124	90/229	17/36	462	Robert Pasqual	M	59	Bellerose	NY	8:20	00:25:54.19
125	91/229	8/19	396	Neil Tipograph	M	61	New York	NY	8:21	00:25:59.45
126	92/229	8/10	483	Ryan Eyester	M	27	Lake Grove	NY	8:22	00:26:00.47
127	93/229	2/10	452	Alan Oman	M	69	Babylon	NY	8:22	00:26:02.00
128	94/229	8/14	481	Gregory Waxman	M	36	Malverne	NY	8:23	00:26:05.34
129	35/203	8/24	177	Maryann Harkins	F	39	Port Jefferson Station	NY	8:24	00:26:07.09
130	95/229	7/10	414	Edward Warner	M	31	Huntington	NY	8:24	00:26:07.76
131	36/203	2/7	451	Brigid Nugent	F	21	Deer Park	NY	8:25	00:26:09.32
132	37/203	4/8	33	Mary Boyle	F	17	East Meadow	NY	8:25	00:26:09.53
133	96/229	10/26	250	Joseph Maiorana	M	48	Shirley	NY	8:25	00:26:09.63
134	38/203	7/17	335	Brittney Roestenberg	F	32	Bethpage	NY	8:25	00:26:09.73
135	39/203	1/28	162	Olga Greene	F	51	Kings Park	NY	8:26	00:26:14.84
136	97/229	7/27	139	Kevin Fuchs	M	52	Sayville	NY	8:27	00:26:17.75
137	98/229	6/12	96	Harrison Dengel	M	14	Lynbrook	NY	8:28	00:26:18.50
138	40/203	5/8	388	Olivia Taubenfeld	F	19	Plainview	NY	8:28	00:26:20.13
139	99/229	9/21	229	John Lafalce	M	44	Farmingdale	NY	8:29	00:26:22.85
140	100/229	18/36	291	Ron Nardo	M	55	Bellmore	NY	8:30	00:26:24.75
141	101/229	3/10	258	Peter Martin	M	68	Bellmore	NY	8:30	00:26:25.00
142	41/203	2/28	253	Lori Mangual	F	53	Bellmore	NY	8:32	00:26:31.49
143	42/203	4/22	216	Andrea Kantor	F	55	East Islip	NY	8:32	00:26:32.11
144	102/229	8/27	195	Richard Holden	M	51	Northport	NY	8:33	00:26:35.10
145	43/203	5/22	241	Mary Lenzi	F	58	Hauppauge	NY	8:34	00:26:38.37
146	44/203	2/27	178	Karen Harte	F	44	West Islip	NY	8:34	00:26:39.99
147	103/229	9/27	65	Eli Chaikin	M	54	North Woodmere	NY	8:35	00:26:41.56
148	45/203	3/27	416	Aimee Welsh	F	43	Huntington	NY	8:35	00:26:42.20
149	46/203	3/28	364	Lorie Sheinwald	F	52	Old Bethpage	NY	8:36	00:26:44.24
150	104/229	10/21	203	Leo Imperial	M	44	Bayville	NY	8:36	00:26:45.00
151	105/229	1/13	443	Joe Lazzaro	M	73	Ridge	NY	8:36	00:26:46.22
152	106/229	9/19	303	Michael Oliveri	M	64	Bay Shore	NY	8:38	00:26:49.48
153	47/203	4/27	100	Kristen Desimone	F	44	Centereach	NY	8:39	00:26:54.73
154	107/229	9/14	233	Siu Lam	M	38	Bellmore	NY	8:40	00:26:56.81
155	108/229	10/27	478	John Despagna	M	54	Huntington	NY	8:40	00:26:58.22
156	48/203	4/5	288	Sydney Morgan	F	13	Middle Village	NY	8:41	00:26:59.71

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157	109/229	11/21	193	Stephen Hofmayer	M	43	Merrick	NY	8:41	00:26:59.85
158	110/229	19/36	267	Jim Mcquade	M	58	Ulster Park	NY	8:41	00:27:00.25
159	49/203	2/22	285	Jana Moran	F	45	Wantagh	NY	8:42	00:27:04.57
160	111/229	8/10	398	Adriel Torres	M	31	Selden	NY	8:43	00:27:05.25
161	50/203	4/28	204	Joyce Ingram	F	51	Kings Park	NY	8:43	00:27:07.44
162	112/229	10/14	270	Paul Melton	M	39	Yaphank	NY	8:44	00:27:10.50
163	51/203	9/24	384	Jacqueline Sweet	F	37	Ridge	NY	8:45	00:27:13.23
164	52/203	3/22	331	Sandy Riddle	F	49	Sound Beach	NY	8:48	00:27:21.62
165	113/229	11/14	128	Christian Forie	M	39	Merrick	NY	8:49	00:27:26.42
166	53/203	10/24	366	Danielle Singson	F	35	New Hyde Park	NY	8:50	00:27:27.33
167	114/229	6/8	56	Kevin Carlson	M	21	Merrick	NY	8:51	00:27:30.00
168	115/229	11/27	127	Kevin Ford	M	50	Islip	NY	8:51	00:27:31.72
169	116/229	12/27	352	Rich Sallustro	M	50	Bayport	NY	8:52	00:27:33.72
170	54/203	1/13	5	Kathy Agricola	F	62	Bellmore	NY	8:52	00:27:35.07
171	117/229	4/6	276	Jacob Minerva	M	15	Holbrook	NY	8:53	00:27:36.20
172	118/229	13/27	358	Christopher Schreiber	M	50	Kings Park	NY	8:53	00:27:37.00
173	119/229	10/19	230	Louis Lafleur	M	62	Holbrook	NY	8:53	00:27:37.75
174	55/203	11/24	149	Giselle Gerardi	F	35	Commack	NY	8:55	00:27:43.74
175	120/229	20/36	66	Judah Charnoff	M	59	Woodmere	NY	8:56	00:27:47.98
176	56/203	2/13	198	Lorraine Huether	F	62	Melville	NY	8:56	00:27:48.43
177	121/229	14/27	94	Bob Debeneditis	M	54	East Norwich	NY	8:57	00:27:49.20
178	122/229	11/26	297	Kenneth Nuss Jr	M	47	Holtsville	NY	8:57	00:27:50.01
179	123/229	5/6	385	Ryan Sylwester	M	15	Locust Valley	NY	8:57	00:27:50.23
180	57/203	5/27	7	Josefina Aquino	F	42	Brentwood	NY	8:57	00:27:51.49
181	58/203	3/7	55	Elizabeth Carlson	F	23	Merrick	NY	8:58	00:27:54.32
182	124/229	4/10	41	Joseph Brida	M	67	Miller Place	NY	8:59	00:27:56.68
183	59/203	5/28	377	Maureen Stammers-Janzen	F	53	Huntington Station	NY	8:59	00:27:57.77
184	125/229	5/10	147	Ken Gartner	M	66	Merrick	NY	9:00	00:27:57.91
185	126/229	12/26	458	Humberto Diaz	M	49	Locust Valley	NY	9:01	00:28:01.50
186	127/229	11/19	104	David Digiovanni	M	60	Sea Cliff	NY	9:01	00:28:01.75
187	128/229	12/19	413	Edward Warner	M	62	Huntington	NY	9:01	00:28:01.98
188	60/203	6/27	183	Dorothy Hayde	F	43	Smithtown	NY	9:01	00:28:02.23
189	129/229	15/27	305	Victor Pajonas	M	53	Seaford	NY	9:02	00:28:04.40
190	61/203	4/10	351	Stephanie Salinas	F	25	Patchogue	NY	9:02	00:28:06.74
191	130/229	21/36	477	Robert Mcintyre	M	59	Massapequa Park	NY	9:03	00:28:07.23
192	131/229	9/10	329	Anthony Ricci Iii	M	34	Copiague	NY	9:05	00:28:13.73
193	62/203	7/27	108	Stacey Dimitriou-Ciaccio	F	40	Sayville	NY	9:05	00:28:13.86
194	63/203	8/27	169	Nancy Haddock	F	43	Selden	NY	9:06	00:28:18.32
195	64/203	4/22	38	Judith Brenner	F	49	Plainview	NY	9:06	00:28:18.93
196	65/203	9/27	194	Tara Hofmayer	F	43	Merrick	NY	9:08	00:28:23.23
197	66/203	12/24	255	Denise Demattia	F	35	Center Moriches	NY	9:09	00:28:27.45
198	132/229	22/36	120	Brian Fallon	M	56	East Northport	NY	9:10	00:28:31.00
199	67/203	6/22	164	Ellen Greenspan	F	58	Mill Neck	NY	9:11	00:28:32.93
200	133/229	23/36	321	Norman Rabin	M	57	Plainview	NY	9:11	00:28:33.00
201	134/229	9/10	479	Gregory Ricken	M	25	Woodbury	NY	9:14	00:28:42.25
202	68/203	13/24	410	Elena Voss	F	38	Seaford	NY	9:14	00:28:44.12
203	135/229	16/27	45	Amos Brotter	M	53	Long Beach	NY	9:15	00:28:45.81
204	69/203	14/24	383	Melanie Sweeney	F	36	Patchogue	NY	9:16	00:28:48.23
205	136/229	13/26	370	Mike Souto	M	46	Bayport	NY	9:16	00:28:48.25
206	137/229	2/13	95	Ken Della Rocca	M	70	Oyster Bay	NY	9:17	00:28:52.96
207	138/229	17/27	134	Neil Friedberg	M	51	Commack	NY	9:18	00:28:54.78
208	70/203	10/27	313	Jaime Pita	F	42	Smithtown	NY	9:18	00:28:55.07

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5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
209	71/203	11/27	332	Michele Rizzo - Berg	F	42	Bellport	NY	9:18	00:28:55.48
210	139/229	4/6	232	Lucas Lam	M	9	Bellmore	NY	9:19	00:28:57.60
211	72/203	7/22	72	Andrea Coladner	F	55	Port Jefferson	NY	9:20	00:29:02.48
212	73/203	5/5	23	Caralinn Becker	F	11	Floral Park	NY	9:21	00:29:03.37
213	140/229	18/27	135	Steven Friedland	M	54	Great Neck	NY	9:21	00:29:06.00
214	141/229	6/10	456	George Lira	M	68	Southampton	NY	9:22	00:29:07.56
215	142/229	19/27	441	Joe Bianco	M	52	Centerport	NY	9:22	00:29:07.75
216	74/203	6/28	109	Anita Distefano	F	51	Nesconset	NY	9:23	00:29:12.11
217	75/203	15/24	90	Melissa Danchalski	F	36	Manorville	NY	9:24	00:29:15.18
218	76/203	12/27	242	Kristyn Lineman	F	40	Ronkonkoma	NY	9:24	00:29:15.38
219	77/203	8/17	237	Triin Lawrence	F	32	Coram	NY	9:24	00:29:15.38
220	78/203	5/22	353	Jennifer Saltzman	F	46	Nesconset	NY	9:25	00:29:15.48
221	143/229	24/36	214	Michael Josiah	M	58	North Patchogue	NY	9:25	00:29:18.14
222	79/203	7/28	269	Elizabeth Melillo	F	53	Northport	NY	9:26	00:29:19.43
223	144/229	14/26	209	Stephen Jenulis	M	45	Nesconset	NY	9:27	00:29:23.01
224	145/229	25/36	299	Vincent O'shaughnessy	M	57	West Babylon	NY	9:27	00:29:24.75
225	146/229	7/12	482	Jack Cohen	M	14	Syosset	NY	9:28	00:29:25.46
226	80/203	6/22	319	Laura Quinn	F	48	Westbury	NY	9:28	00:29:25.49
227	81/203	7/22	3	Jennifer Adelberg	F	45	Saint James	NY	9:28	00:29:26.30
228	82/203	8/22	266	Cathleen Mcquade	F	46	Smithtown	NY	9:28	00:29:26.51
229	147/229	8/12	202	James Imperial	M	12	Bayville	NY	9:31	00:29:34.39
230	148/229	3/13	455	Dennis Michel	M	71	Sayville	NY	9:31	00:29:34.50
231	83/203	9/17	412	Meghan Walter	F	30	Ronkonkoma	NY	9:31	00:29:35.68
232	84/203	8/22	324	Pamela Raudsepp	F	58	Fort Salonga	NY	9:32	00:29:38.95
233	149/229	20/27	160	Jim Graziano	M	53	Moriches	NY	9:33	00:29:41.54
234	150/229	4/13	341	Vic Rossi	M	72	Hauppauge	NY	9:35	00:29:46.76
235	151/229	15/26	97	Paul Dengel	M	47	Lynbrook	NY	9:36	00:29:50.75
236	152/229	16/26	22	Ben Beavers	M	45	Amityville	NY	9:36	00:29:52.25
237	153/229	12/21	129	Steve Frankle	M	43	Hicksville	NY	9:37	00:29:54.25
238	85/203	8/28	381	Irene Sullivan	F	50	Wantagh	NY	9:38	00:29:56.38
239	154/229	26/36	411	Michael Wajnrajch	M	56	Merrick	NY	9:39	00:29:58.98
240	86/203	13/27	263	Noreen McCormack	F	42	Bayville	NY	9:39	00:30:01.24
241	87/203	3/13	334	Susan Robinson	F	60	Coram	NY	9:40	00:30:03.49
242	155/229	1/2	126	Alexander Flyntz	M	76	Seaford	NY	9:42	00:30:09.50
243	156/229	21/27	259	Rudy Massimo	M	52	Woodbury	NY	9:42	00:30:10.15
244	88/203	10/17	112	Tara Dungate	F	32	Bayport	NY	9:42	00:30:11.24
245	157/229	17/26	60	Robert Carter	M	49	Centereach	NY	9:43	00:30:11.57
246	89/203	9/28	290	Karen Murray	F	52	Mamaroneck	NY	9:43	00:30:12.68
247	90/203	1/8	239	Pamela Lee	F	65	Syosset	NY	9:43	00:30:13.29
248	91/203	11/17	89	Jaclyn Dagnall	F	30	Long Beach	NY	9:45	00:30:18.18
249	92/203	14/27	292	Andrea Nerlich	F	42	Huntington	NY	9:45	00:30:18.79
250	93/203	9/22	427	Debra Woloschin	F	58	Remsenburg	NY	9:47	00:30:25.24
251	94/203	5/10	240	Jessica Lemire-Nicolich	F	29	Selden	NY	9:47	00:30:25.47
252	158/229	18/26	199	Christopher Hunt	M	49	Farmingdale	NY	9:48	00:30:26.98
253	159/229	13/19	245	Dominick Logiudice	M	61	Patchogue	NY	9:48	00:30:28.41
254	95/203	15/27	405	Szilvia Vass	F	42	Lindenhurst	NY	9:48	00:30:29.74
255	160/229	9/12	99	Andrew Desimone	M	12	Centereach	NY	9:49	00:30:31.50
256	96/203	16/27	132	Sharon Fricker	F	42	Ronkonkoma	NY	9:49	00:30:31.59
257	161/229	12/14	425	Mike Wisniewski	M	37	North Babylon	NY	9:51	00:30:37.56
258	97/203	16/24	145	Vanessa Gariglio	F	36	Huntington Station	NY	9:51	00:30:39.24
259	98/203	10/28	466	Judy Breden	F	54	Hicksville	NY	9:52	00:30:41.74
260	162/229	27/36	438	Daniel Brennan	M	58	Greenlawn	NY	9:53	00:30:43.46

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
261	163/229	14/19	440	Drew Demasters	M	64	Westbury	NY	9:53	00:30:44.25
262	164/229	22/27	44	Michael Broderick	M	54	Hicksville	NY	9:53	00:30:45.28
263	165/229	19/26	487	Seth Goodstein	M	49	Merrick	NY	9:54	00:30:47.91
264	99/203	17/27	378	Bess Stawkowski	F	42	Bethpage	NY	9:55	00:30:50.91
265	100/203	11/28	43	Annie Broderick	F	53	Hicksville	NY	9:55	00:30:51.72
266	101/203	18/27	200	Renee Huntley	F	41	Centerport	NY	9:56	00:30:54.54
267	166/229	28/36	75	Tom Colleran	M	56	Shirley	NY	9:57	00:30:56.75
268	102/203	10/22	110	Jo-Ann Distler	F	57	Merrick	NY	9:59	00:31:01.65
269	103/203	9/22	236	Elizabeth Lawn	F	48	Smithtown	NY	10:00	00:31:06.78
270	167/229	20/26	348	Chris Sacco	M	48	Holtsville	NY	10:01	00:31:08.50
271	168/229	29/36	30	Gary Bochner	M	55	Plainview	NY	10:01	00:31:08.84
272	169/229	5/6	340	William Ross	M	7	Forest Hills	NY	10:02	00:31:11.89
273	170/229	15/19	86	William Crispino	M	60	Freeport	NY	10:02	00:31:12.72
274	171/229	13/14	140	Anthony Fulgieri	M	39	Syosset	NY	10:02	00:31:12.92
275	104/203	10/22	192	Jennifer Heymach	F	48	Holbrook	NY	10:03	00:31:16.08
276	172/229	21/26	74	Thomas Coll	M	48	Massapequa Park	NY	10:03	00:31:16.26
277	173/229	30/36	295	Bill Niedfeld	M	59	Seaford	NY	10:04	00:31:19.25
278	174/229	13/21	67	Michael Chiappone	M	42	East Setauket	NY	10:05	00:31:21.50
279	105/203	19/27	279	Erica Misorek	F	40	Syosset	NY	10:05	00:31:21.98
280	106/203	20/27	407	Amie Velez	F	43	Smithtown	NY	10:07	00:31:28.26
281	107/203	21/27	98	Rachel Dengel	F	43	East Rockaway	NY	10:09	00:31:33.74
282	175/229	23/27	19	Richard Barkan	M	53	Long Beach	NY	10:10	00:31:35.70
283	176/229	7/8	18	Jacob Barkan	M	20	Long Beach	NY	10:10	00:31:35.90
284	177/229	10/10	13	Robert Astrachan	M	30	Merrick	NY	10:13	00:31:45.00
285	178/229	14/21	231	Jeremy Lally	M	43	Hauppauge	NY	10:14	00:31:48.00
286	179/229	22/26	47	Mark Burritt	M	48	New Hyde Park	NY	10:14	00:31:49.25
287	180/229	23/26	121	Anthony Felice	M	49	Hicksville	NY	10:16	00:31:56.75
288	181/229	7/10	154	Ehud Golos	M	68	East Hills	NY	10:17	00:31:58.00
289	108/203	12/28	157	Monica Gould	F	54	Manhasset	NY	10:20	00:32:08.28
290	109/203	2/8	426	Gloria Withus	F	68	Brentwood	NY	10:22	00:32:12.74
291	110/203	11/22	284	Veronica Morabito Weeks	F	58	Brightwaters	NY	10:22	00:32:12.94
292	182/229	15/21	419	Ken Wiley	M	42	Huntington Station	NY	10:22	00:32:13.25
293	111/203	12/22	463	Rosemary Jones	F	55	Babylon	NY	10:25	00:32:24.49
294	183/229	16/21	453	Michael Parente	M	43	Shirley	NY	10:26	00:32:25.68
295	112/203	6/10	211	Jamilee Jones	F	28	Patchogue	NY	10:26	00:32:27.56
296	113/203	7/10	36	Gabriella Brekne	F	29	Selden	NY	10:27	00:32:29.40
297	114/203	13/28	471	Kathleen Danyko	F	51	Syosset	NY	10:32	00:32:43.64
298	184/229	10/12	459	Alexander Diaz	M	14	Locust Valley	NY	10:32	00:32:43.75
299	115/203	4/13	435	Marianne Zacharia	F	63	East Northport	NY	10:32	00:32:44.04
300	185/229	24/27	417	Erik White	M	52	Greenlawn	NY	10:33	00:32:47.75
301	186/229	24/26	470	Chris Rodriguez	M	45	Huntington	NY	10:34	00:32:51.03
302	187/229	25/26	51	Todd Cameron	M	47	Northport	NY	10:35	00:32:54.25
303	116/203	11/22	402	Vicki Trinagel	F	47	Dix Hills	NY	10:36	00:32:58.70
304	188/229	31/36	320	Patrick Quinn	M	58	Syosset	NY	10:38	00:33:03.24
305	117/203	12/17	432	Erin Wuestman	F	32	Selden	NY	10:40	00:33:10.89
306	118/203	5/13	338	Barbara Ronzetti	F	61	East Northport	NY	10:41	00:33:14.49
307	119/203	8/10	423	Mia Wilkowski	F	26	Merrick	NY	10:43	00:33:18.18
308	189/229	32/36	58	Ken Carmel	M	58	Ronkonkoma	NY	10:44	00:33:23.29
309	120/203	3/8	171	Sheryl Hall	F	66	Levittown	NY	10:46	00:33:28.34
310	121/203	4/7	54	Kelly Carey	F	23	Holbrook	NY	10:47	00:33:30.74
311	190/229	5/13	282	Shawn Momtahan	M	70	Bay Shore	NY	10:47	00:33:32.10
312	191/229	33/36	146	Michael Garone	M	58	Commack	NY	10:49	00:33:38.40

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
313	122/203	5/7	349	Lisa Sala	F	23	Massapequa Park	NY	10:53	00:33:50.24
314	192/229	34/36	9	Joey Arken	M	56	Roslyn	NY	10:54	00:33:54.65
315	123/203	12/22	175	Christine Hanmer	F	47	Hauppauge	NY	10:57	00:34:01.99
316	124/203	14/28	181	Phyllis Hauser	F	52	Merrick	NY	10:58	00:34:04.45
317	125/203	15/28	78	Susan Connors	F	54	Setauket	NY	10:59	00:34:09.13
318	126/203	9/10	148	Victoria Gehring	F	26	New Suffolk	NY	11:00	00:34:11.74
319	127/203	6/13	179	Laura Hartman	F	60	Remsenburg	NY	11:04	00:34:24.24
320	128/203	13/22	79	Amy Cooper	F	45	Bay Shore	NY	11:04	00:34:25.36
321	193/229	25/27	25	Roger Belz	M	52	Ronkonkoma	NY	11:05	00:34:28.50
322	194/229	17/21	248	Joshua Mack	M	43	Merrick	NY	11:06	00:34:29.75
323	129/203	16/28	315	Denette Pollock	F	53	Huntington	NY	11:06	00:34:30.71
324	130/203	17/28	165	Dawn Grieco	F	51	East Setauket	NY	11:07	00:34:34.24
325	131/203	7/13	339	Donna Rosen	F	62	Jericho	NY	11:08	00:34:36.97
326	132/203	17/24	81	Christine Coryell	F	36	Bellmore	NY	11:08	00:34:37.37
327	195/229	6/13	85	Howard Cragg	M	71	Bethpage	NY	11:09	00:34:40.25
328	133/203	8/13	124	Susan Fitzgerald	F	62	Northport	NY	11:10	00:34:43.84
329	196/229	7/13	141	Richard Fulgieri	M	70	Bethpage	NY	11:10	00:34:43.97
330	134/203	22/27	304	Maygen Ovalle	F	41	Coram	NY	11:11	00:34:47.73
331	197/229	16/19	362	Isaac Seinuk	M	61	Valley Stream	NY	11:12	00:34:48.64
332	135/203	18/28	480	Stacey Pecor	F	53	Locust Valley	NY	11:13	00:34:53.20
333	198/229	8/10	289	Glenn Morse	M	69	Massapequa	NY	11:14	00:34:54.52
334	136/203	19/28	394	Andrea Tibke	F	53	Bay Shore	NY	11:14	00:34:54.64
335	137/203	4/8	125	Anne Fitzgibbon	F	69	Glen Cove	NY	11:14	00:34:56.46
336	138/203	14/22	24	Gigi Becker	F	45	Huntington Station	NY	11:16	00:35:02.55
337	199/229	18/21	434	Paolo Yabut	M	42	E Northport	NY	11:17	00:35:06.00
338	139/203	20/28	393	Christine Thorp	F	51	Ronkonkoma	NY	11:19	00:35:11.48
339	140/203	18/24	227	Dawn Konopka	F	39	Ridge	NY	11:20	00:35:12.92
340	141/203	9/13	224	Jane Kinsella	F	62	Hauppauge	NY	11:22	00:35:21.85
341	142/203	15/22	268	Melissa Mele	F	49	West Hempstead	NY	11:27	00:35:36.67
342	200/229	19/21	173	Patrick Halligan	M	42	Syosset	NY	11:27	00:35:37.00
343	201/229	11/12	172	Gavin Halligan	M	13	Syosset	NY	11:27	00:35:37.13
344	143/203	21/28	428	Diane Wolper	F	54	Ridge	NY	11:28	00:35:38.24
345	144/203	1/3	218	Carmelita Kasper	F	70	Huntington Station	NY	11:31	00:35:47.82
346	145/203	23/27	163	Saniyyah Greene	F	40	Lindenhurst	NY	11:32	00:35:50.47
347	202/229	8/8	301	Matthew Oakley	M	20	Bayport	NY	11:33	00:35:55.25
348	203/229	14/14	16	Jon Baer	M	39	Patchogue	NY	11:35	00:36:00.72
349	146/203	13/17	294	Carol Nicosia	F	31	Blue Point	NY	11:52	00:36:53.33
350	147/203	14/17	473	Shana Slawitsky	F	32	Massapequa	NY	11:57	00:37:07.74
351	204/229	12/12	73	Ryan Coll	M	14	Massapequa Park	NY	11:57	00:37:09.74
352	205/229	35/36	57	Richard Carlson	M	55	Merrick	NY	11:58	00:37:11.35
353	206/229	8/13	371	Richard Spiegel	M	71	Bellerose Village	NY	12:00	00:37:19.00
354	148/203	24/27	111	Kim Duchow	F	44	Lindenhurst	NY	12:00	00:37:19.71
355	149/203	13/22	262	Susan Mccarthy	F	59	Mount Sinai	NY	12:05	00:37:33.32
356	150/203	25/27	450	Allison Engstrom	F	40	Sound Beach	NY	12:08	00:37:43.26
357	151/203	22/28	359	Gilda Schultz	F	50	Blue Point	NY	12:08	00:37:43.48
358	152/203	23/28	430	Karen Wontrobski-Ricciardi	F	50	Saint James	NY	12:08	00:37:43.69
359	207/229	20/21	337	Michael Ronan	M	44	Floral Park	NY	12:11	00:37:52.25
360	208/229	6/6	223	Lucas Kierez	M	10	Floral Park	NY	12:12	00:37:56.21
361	209/229	1/2	80	Joe Cordero	M	80	Central Islip	NY	12:15	00:38:06.56
362	153/203	19/24	464	Amanda Tomel	F	38	Melville	NY	12:16	00:38:08.65
363	154/203	2/3	155	Abby Gonzalez	F	70	Huntington Station	NY	12:18	00:38:14.49
364	155/203	6/8	20	Shayna Barkan	F	15	Long Beach	NY	12:19	00:38:17.37

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
365	156/203	20/24	170	Amanda Hall	F	36	Patchogue	NY	12:20	00:38:19.19
366	157/203	16/22	424	Amy Williamson	F	46	Ronkonkoma	NY	12:20	00:38:19.40
367	158/203	24/28	246	June Luciano	F	54	Sayville	NY	12:21	00:38:24.90
368	159/203	25/28	346	Kim Russo	F	51	West Islip	NY	12:21	00:38:24.90
369	160/203	26/27	406	Danielle Vedder	F	43	East Northport	NY	12:23	00:38:28.99
370	210/229	9/13	474	Frank Carillo	M	73	Freeport	NY	12:23	00:38:29.11
371	161/203	26/28	69	Jodi Clarin	F	50	Huntington Station	NY	12:23	00:38:29.61
372	162/203	21/24	355	Amy Schaffer	F	35	New York	NY	12:23	00:38:29.81
373	163/203	15/17	421	Hannah Wilkowski	F	30	Merrick	NY	12:25	00:38:34.88
374	164/203	27/28	52	Maria Campese	F	54	Garden City	NY	12:31	00:38:53.41
375	165/203	10/10	308	Michelle Papa	F	28	Franklin Square	NY	12:34	00:39:03.91
376	166/203	14/22	92	Mindy Davidson	F	58	Bethpage	NY	12:35	00:39:08.24
377	167/203	15/22	437	Caryn Zilka	F	57	Long Beach	NY	12:36	00:39:11.47
378	168/203	16/22	152	Lea Gjodesen	F	57	Massapequa	NY	12:36	00:39:11.74
379	211/229	10/13	153	Charles Gleason	M	71	Glen Cove	NY	12:38	00:39:15.19
380	169/203	17/22	138	Maria Fucella	F	58	Levittown	NY	12:38	00:39:15.49
381	212/229	2/2	28	Patrick Bivona	M	77	Clifton	NJ	12:43	00:39:30.76
382	170/203	5/8	196	Rochelle Holden	F	65	Westbury	NY	12:43	00:39:31.17
383	171/203	10/13	322	Susan Raeside	F	64	East Meadow	NY	12:44	00:39:35.99
384	213/229	11/13	122	Paul Fetscher	M	72	Long Beach	NY	12:47	00:39:44.00
385	172/203	16/17	433	Keri Wylie	F	31	Centereach	NY	12:49	00:39:50.05
386	173/203	17/22	326	Jodi Record	F	46	Smithtown	NY	12:50	00:39:52.69
387	174/203	18/22	328	Kelly Rhatigan	F	45	Merrick	NY	12:50	00:39:53.99
388	175/203	6/8	59	Patricia Carroll	F	67	West Islip	NY	12:52	00:39:59.01
389	176/203	18/22	472	Domenica Lauterborn	F	57	Farmingdale	NY	12:52	00:40:01.24
390	177/203	7/8	460	Elissa Diaz	F	16	Locust Valley	NY	12:55	00:40:10.74
391	178/203	6/7	251	Jocelyn Maldonado	F	21	Brentwood	NY	12:57	00:40:15.26
392	214/229	12/13	357	David Schneidman	M	70	Melville	NY	12:59	00:40:23.00
393	215/229	13/13	325	Thomas Razukas	M	70	Syosset	NY	12:59	00:40:23.20
394	216/229	36/36	345	Gerard Ruiz	M	59	Hicksville	NY	13:01	00:40:29.06
395	179/203	22/24	189	Kristina Hershberger	F	39	Medford	NY	13:08	00:40:49.24
396	180/203	19/22	64	Jean Chadderton	F	59	Port Jefferson	NY	13:16	00:41:14.24
397	181/203	19/22	133	Jodi Friedberg	F	48	Commack	NY	13:16	00:41:14.49
398	217/229	21/21	409	Jason Vittore	M	43	Levittown	NY	13:16	00:41:14.54
399	182/203	1/2	486	Isabella Vega	F	9	Corona	NY	13:25	00:41:42.51
400	183/203	28/28	142	Lori Fuller	F	54	Roslyn Heights	NY	13:35	00:42:14.76
401	184/203	23/24	131	Jessica Freitag	F	36	Farmingdale	NY	13:35	00:42:15.24
402	185/203	20/22	208	Kerry Jenulis	F	47	Nesconset	NY	13:40	00:42:29.00
403	186/203	21/22	327	Nancy Rettaliata	F	47	Bayport	NY	13:40	00:42:29.02
404	187/203	22/22	26	Christine Berman	F	46	Shirley	NY	13:40	00:42:29.02
405	188/203	17/17	316	Amanda Ponnwitz	F	33	Holbrook	NY	13:43	00:42:38.96
406	218/229	17/19	150	Steve Gerson	M	60	East Meadow	NY	13:49	00:42:56.01
407	219/229	9/10	174	Irwin Handburger	M	69	Syosset	NY	14:01	00:43:35.51
408	189/203	1/1	70	Helma Clavin	F	75	Lake Ronkonkoma	NY	14:19	00:44:30.74
409	190/203	7/7	27	Kaitlyn Bett	F	23	Shirley	NY	14:20	00:44:32.18
410	191/203	20/22	367	Manal Soliman	F	58	Oakdale	NY	14:23	00:44:43.94
411	192/203	11/13	467	Kathy Sheridan	F	63	East Northport	NY	14:30	00:45:03.24
412	220/229	18/19	114	Tom Dunne	M	61	Centereach	NY	14:31	00:45:06.93
413	193/203	3/3	446	Adele Sowinski	F	72	Ann Arbor	MI	14:33	00:45:13.74
414	194/203	21/22	403	Carleen Tunney	F	55	Selden	NY	14:39	00:45:33.50
415	195/203	12/13	306	Joanne Palisi	F	63	Eastport	NY	14:40	00:45:35.49
416	196/203	24/24	102	Jennifer Dietrich	F	39	Stony Brook	NY	14:40	00:45:35.94

Rob's Run Cross Country 5K

November 25, 2018

Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
417	197/203	27/27	48	Claudia Cabanas	F	41	Lindenhurst	NY	14:40	00:45:36.95
418	221/229	1/1	221	Howard Kestenbaum	M	87	Plainview	NY	14:47	00:45:58.87
419	222/229	10/10	278	Sal Mirando	M	68	Plainview	NY	15:22	00:47:45.76
420	223/229	19/19	1	Raymond R. Abbatiello	M	63	Bay Shore	NY	15:36	00:48:30.25
421	224/229	6/6	390	Matt Tellekamp	M	18	Holbrook	NY	15:39	00:48:37.76
422	198/203	8/8	106	Jessica Dillingham	F	18	Holbrook	NY	15:39	00:48:38.01
423	225/229	26/26	107	Larry Dillingham	M	46	Holbrook	NY	15:40	00:48:43.06
424	199/203	7/8	32	Margaret Boorstein	F	65	East Norwid	NY	16:06	00:50:02.39
425	200/203	22/22	4	Linda Adelman	F	58	Plainview	NY	16:25	00:51:02.73
426	201/203	8/8	166	Paula Groothuis	F	69	Albertson	NY	18:04	00:56:09.21
427	202/203	13/13	445	Miriam Maisel	F	60	Tel Aviv	IA	18:37	00:57:51.00
428	226/229	2/2	257	Frank Martin	M	83	Bayshore	NY	18:51	00:58:35.01
429	203/203	2/2	454	Claira Parente	F	10	Shirley	NY	20:05	01:02:25.87
430	227/229	26/27	475	Frederick Benlein	M	54	Farmingdale	NY	21:22	01:06:25.27
431	228/229	27/27	465	David Kaplan	M	54	Glen Cove	NY	21:41	01:07:24.77
432	229/229	10/10	444	Nicholas Frizalone	M	26	Smithtown	NY	22:26	01:09:42.27