

# Timberman Triathlon

July 14, 2018

## Olympic Individual

### Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	10	Christina Roberts	F	32	St. Louis Park	MN	00:19:14	1	1:05	00:01:11	01:09:34	1	21.7	00:00:49	00:40:22	1	6:43		02:11:07.94
2	11	Andrea Myers	F	42	Plymouth	MN	00:20:23	2	1:09	00:00:56	01:10:41	2	21.3	00:00:53	00:46:30	4	7:44		02:19:19.08
3	82	Kayla Kjellman	F	26	Thunder Bay	ON	00:21:49	7	1:14	00:02:13	01:11:48	3	21.0	00:01:17	00:45:05	3	7:30		02:22:09.57
4	12	Tiffany Kari	F	38	Duluth	MN	00:24:18	13	1:22	00:01:23	01:16:02	9	19.8	00:01:02	00:42:06	2	7:00		02:24:49.33
5	78	Maisy Waech	F	18	Grand Rapids	MN	00:23:54	12	1:21	00:01:17	01:15:31	8	19.9	00:00:50	00:47:32	5	7:55		02:29:01.11
6	14	Christel Kippenhan	F	53	Bemidji	MN	00:21:33	5	1:13	00:01:06	01:15:07	6	20.0	00:00:58	00:50:38	8	8:26		02:29:19.79
7	87	Anna Garske	F	30	Denver	CO	00:25:45	15	1:27	00:02:14	01:14:54	5	20.1	00:01:14	00:50:52	9	8:28		02:34:57.10
8	98	Karen Murphy	F	45	Thunder Bay	ON	00:24:44	14	1:24	00:02:27	01:18:36	12	19.2	00:01:55	00:48:30	6	8:04		02:36:08.89
9	97	Sarah Hunter	F	44	Hopkins	MN	00:21:02	3	1:11	00:01:44	01:17:25	11	19.5	00:01:18	00:55:37	14	9:16		02:37:03.38
10	108	Lori Green	F	55	Fort Frances	ON	00:23:11	9	1:18	00:02:30	01:16:36	10	19.7	00:01:42	00:53:54	12	8:58		02:37:49.00
11	110	Pam Stevens	F	65	Sartell	MN	00:25:46	16	1:27	00:01:34	01:15:13	7	20.0	00:01:39	00:55:47	15	9:17		02:39:56.63
12	3	Tera Hasbargen	F	32	Duluth	MN	00:21:22	4	1:12	00:01:37	01:13:57	4	20.4	00:01:11	01:04:14	23	10:42		02:42:18.39
13	89	Michelle Hoffman	F	33	Plymouth	MN	00:21:49	6	1:14	00:01:14	01:29:38	25	16.8	00:01:27	00:48:55	7	8:09		02:43:00.15
14	90	Jessie Maher	F	34	Bemidji	MN	00:23:38	10	1:20	00:01:31	01:23:52	18	18.0	00:01:21	00:55:27	13	9:14		02:45:46.62
15	106	Sarah Murphy	F	53	Minneapolis	MN					01:20:28	13	18.7	00:02:03	00:53:41	11	8:56		02:50:16.13
16	16	Patty Jaeger	F	53	Vergas	MN	00:27:43	20	1:34	00:02:51	01:27:39	24	17.2	00:01:53	00:55:58	16	9:19		02:56:01.86
17	100	Tana Setness Hoefs	F	47	Grand Forks	ND	00:29:06	22	1:39	00:01:53	01:23:18	17	18.1	00:01:30	01:01:38	21	10:16		02:57:21.82
18	77	Emma Ward	F	17	Angora	MN	00:27:17	19	1:33	00:01:50	01:30:53	26	16.6	00:01:15	00:57:48	18	9:37		02:59:00.64
19	107	Susan Nygaard	F	55	Shoreview	MN	00:22:37	8	1:17	00:04:35	01:27:02	23	17.3	00:04:35	01:01:14	20	10:12		02:59:59.96
20	84	Laura Rogers	F	28	Eden Prairie	MN	00:30:34	25	1:44	00:04:30	01:22:50	16	18.2	00:06:32	00:56:51	17	9:28		03:01:14.14
21	104	Cathleen Mcginnity	F	53	Luck	WI	00:27:57	21	1:35	00:02:28	01:26:49	22	17.3	00:02:19	01:01:54	22	10:18		03:01:24.96
22	81	Kelli Heytens	F	22	Minneapolis	MN	00:33:55	28	1:55	00:01:50	01:26:39	21	17.4	00:01:58	00:57:54	19	9:38		03:02:13.70
23	93	Erin Haugen	F	38	Grand Forks	ND	00:30:25	24	1:43	00:02:58	01:20:37	15	18.7	00:02:34	01:06:19	26	11:03		03:02:49.85
24	242	Laura Hjort	F	52	Elk River	MN	00:29:45	23	1:41	00:02:22	01:20:28	14	18.7	00:02:41	01:08:02	29	11:20		03:03:16.45
25	95	Amy Schulz	F	41	Farmington	MN	00:31:36	27	1:47	00:02:26	01:23:59	20	17.9	00:01:58	01:04:40	24	10:46		03:04:36.20
26	85	Amy Johnson	F	28	Minneapolis	MN	00:31:04	26	1:45	00:05:05	01:37:13	30	15.5	00:03:41	00:51:40	10	8:36		03:08:40.35
27	7	Jane Hutzol	F	54	Arvilla	ND	00:25:54	17	1:28	00:02:36	01:31:43	27	16.4	00:03:16	01:07:10	27	11:11		03:10:36.87
28	99	Michele Adams	F	46	Zimmerman	MN	00:35:11	29	1:59	00:03:24	01:23:57	19	17.9	00:02:15	01:06:04	25	11:00		03:10:49.39
29	86	Amy Sue Boelk	F	30	Amherst	WI	00:26:55	18	1:31	00:02:22	01:33:04	28	16.2	00:02:44	01:07:29	28	11:14		03:12:31.58
30	83	Abigail Lacksonen	F	27	Virginia	MN	00:23:39	11	1:20	00:02:22	01:36:14	29	15.7	00:01:37	01:10:55	30	11:49		03:14:44.78
31	102	Toni Zerebeski	F	50	Kensington	MN	00:35:41	30	2:01	00:03:01	01:37:25	31	15.5	00:02:42	01:30:32	31	15:05		03:49:18.52

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### Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc		
1	1	Jordan Roby	M	28	Minneapolis	MN	00:20:45	6	1:10	00:01:05	01:01:17	3	24.6	00:00:42	00:35:49	2	5:58	01:59:35.37
2	31	Jake Braam	M	27	Elysian	MN	00:22:15	11	1:15	00:01:24	01:04:00	8	23.5	00:00:41	00:34:08	1	5:41	02:02:26.37
3	320	Kris Nisula	M	42	Thunder Bay	ON	00:21:22	8	1:12	00:01:32	00:59:16	1	25.4	00:00:56	00:39:59	9	6:39	02:03:02.01
4	41	Joel Lafrance	M	38	Minneapolis	MN	00:23:55	23	1:21	00:01:09	01:00:08	2	25.0	00:01:12	00:38:19	4	6:23	02:04:40.84
5	2	Brooks Grossinger	M	41	Mayer	MN	00:22:12	10	1:15	00:01:02	01:03:47	7	23.6	00:00:43	00:38:47	6	6:27	02:06:29.44
6	5	David Lewis	M	44	Nevis	MN	00:23:43	20	1:20	00:01:19	01:03:30	6	23.7	00:01:07	00:37:34	3	6:15	02:07:10.21
7	56	Jonathan Sage-Martinson	M	49	Saint Paul	MN	00:20:20	4	1:09	00:01:33	01:06:17	11	22.7	00:01:02	00:40:25	10	6:44	02:09:35.58
8	49	Robert Gilles	M	42	West Fargo	ND	00:18:41	1	1:03	00:01:16	01:04:02	9	23.5	00:01:11	00:45:16	22	7:32	02:10:24.27
9	35	Nicholas Serratore	M	29	Grand Rapids	MN	00:22:18	13	1:16	00:01:20	01:02:49	5	24.0	00:00:43	00:43:42	17	7:16	02:10:49.83
10	57	Michael Johnson	M	49	Chippewa Falls	WI	00:23:38	19	1:20	00:01:20	01:02:25	4	24.1	00:01:14	00:43:39	16	7:16	02:12:14.69
11	50	Scott Myers	M	43	Plymouth	MN	00:20:27	5	1:09	00:01:15	01:06:38	13	22.6	00:01:02	00:43:05	14	7:10	02:12:25.41
12	47	Ben Bassett	M	41	Minneapolis	MN	00:23:35	18	1:20	00:01:07	01:09:42	17	21.6	00:00:53	00:38:44	5	6:27	02:13:58.13
13	58	Nathan Waech	M	49	Grand Rapids	MN	00:24:39	27	1:24	00:01:15	01:06:37	12	22.6	00:00:49	00:40:49	11	6:48	02:14:06.63
14	323	Todd Struckman	M	47	Duluth	MN	00:20:06	2	1:08	00:01:13	01:06:07	10	22.8	00:01:02	00:46:23	25	7:43	02:14:48.11
15	72	John Marshall	M	59	Minneapolis	MN	00:20:12	3	1:08	00:01:19	01:08:45	15	21.9	00:01:25	00:43:15	15	7:12	02:14:53.87
16	314	Peter Coenen	M	32	Duluth	MN	00:23:17	17	1:19	00:01:34	01:09:27	16	21.7	00:01:19	00:40:59	12	6:49	02:16:34.85
17	28	Vince Dinkel	M	24	Wausau	WI	00:23:43	21	1:20	00:00:59	01:11:50	22	21.0	00:01:04	00:39:56	8	6:39	02:17:28.14
18	59	Jay Heikkila	M	50	Delano	MN	00:21:46	9	1:14	00:01:20	01:07:24	14	22.3	00:01:09	00:48:46	29	8:07	02:20:22.57
19	30	Andrew Kershaw	M	25	Minneapolis	MN	00:24:04	25	1:22	00:01:38	01:15:19	28	20.0	00:00:59	00:39:24	7	6:33	02:21:21.62
20	26	Jonathan Fritz	M	23	Chanhassen	MN	00:22:40	14	1:17	00:02:07	01:10:03	18	21.5	00:01:13	00:47:11	27	7:51	02:23:11.78
21	25	Kevin Mullaney	M	23	Excelsior	MN	00:24:05	26	1:22	00:02:29	01:13:47	26	20.4	00:01:41	00:41:26	13	6:54	02:23:25.62
22	61	Brian Schubring	M	52	Minneapolis	MN	00:22:57	15	1:18	00:01:27	01:13:26	25	20.5	00:01:20	00:45:06	21	7:30	02:24:13.87
23	64	Alfredo Martel	M	53	Minneapolis	MN	00:23:51	22	1:21	00:01:41	01:12:14	23	20.8	00:01:02	00:47:44	28	7:57	02:26:30.37
24	62	Chuck Jensen	M	52	Anoka	MN	00:21:02	7	1:11	00:02:49	01:10:11	19	21.5	00:01:32	00:51:49	31	8:38	02:27:20.10
25	40	Ben Bahr	M	37	Columbus	MN	00:25:37	33	1:27	00:02:02	01:14:52	27	20.1	00:00:59	00:44:29	20	7:24	02:27:56.80
26	36	Brett Bekfeld	M	33	Grand Rapids	MN	00:27:40	39	1:34	00:04:03	01:11:30	21	21.1	00:02:25	00:44:06	19	7:20	02:29:41.75
27	317	Kevin Wood	M	29	Duluth	MN	00:25:19	31	1:26	00:02:10	01:15:52	30	19.9	00:01:42	00:46:47	26	7:47	02:31:48.62
28	48	Kristoffer Osthus	M	42	Duluth	MN	00:23:57	24	1:21	00:02:00	01:11:11	20	21.2	00:01:22	00:55:16	34	9:12	02:33:44.23
29	315	Jesse Coenen	M	35	Duluth	MN	00:33:33	49	1:54	00:03:05	01:13:18	24	20.5	00:01:48	00:43:42	18	7:16	02:35:23.26
30	6	Scott Ransom	M	58	Brainerd	MN	00:23:16	16	1:19	00:02:00	01:16:00	31	19.8	00:01:29	00:53:35	32	8:55	02:36:17.22
31	45	Nick Hansen	M	41	Alliance	OH	00:25:41	34	1:27	00:01:39	01:22:54	39	18.2	00:01:30	00:45:40	23	7:36	02:37:21.58
32	37	Fr. Ben Hadrich	M	35	International Falls	MN	00:27:20	38	1:33	00:03:23	01:20:49	35	18.6	00:02:11	00:46:00	24	7:39	02:39:40.76
33	199	William Hjort	M	55	Elk River	MN	00:25:10	30	1:25	00:02:41	01:17:04	32	19.5	00:00:59	00:56:24	37	9:23	02:42:15.13
34	60	Conrad Hjort	M	50	Duluth	MN	00:25:25	32	1:26	00:02:41	01:19:33	34	18.9	00:01:22	00:54:25	33	9:04	02:43:23.05
35	55	John Mckeehen	M	49	Minneapolis	MN	00:22:16	12	1:15	00:02:12	01:21:29	36	18.5	00:01:28	00:56:25	38	9:24	02:43:47.38

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							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	76	Neil King	M	69	Nevis	MN	00:24:45	28	1:24	00:01:18	01:15:46	29	19.9	00:01:00	01:01:31	41	10:15		02:44:16.82
37	92	Tim Bercher	M	48	Ely	MN	00:27:10	37	1:32	00:04:25	01:23:47	40	18.0	00:01:39	00:51:46	30	8:37		02:48:44.38
38	54	Tim Timmerman	M	47	Duluth	MN	00:27:42	40	1:34	00:03:09	01:17:17	33	19.5	00:01:55	01:05:15	45	10:52		02:55:15.10
39	39	Joe Nelson	M	36	Grand Rapids	MN	00:28:31	41	1:37	00:03:12	01:22:15	38	18.3	00:01:25	01:00:18	40	10:02		02:55:38.01
40	32	Eric Weisenburger	M	28	Minneapolis	MN	00:26:10	35	1:29	00:02:15	01:26:05	43	17.5	00:01:41	01:04:23	44	10:43		03:00:32.53
41	70	Dan Rogers	M	57	Laporte	MN	00:35:00	51	1:59	00:03:57	01:24:23	41	17.8	00:02:23	00:55:20	35	9:13		03:01:01.13
42	23	Noah Stene	M	21	Gary	MN	00:35:08	52	1:59	00:03:42	01:26:26	45	17.4	00:02:46	00:56:13	36	9:22		03:04:12.37
43	69	Wayne Siegel	M	56	Minneapolis	MN	00:29:36	43	1:40	00:02:36	01:21:33	37	18.5	00:02:13	01:09:07	49	11:31		03:05:03.14
44	34	Ben Nelson	M	28	Eden Prairie	MN	00:33:58	50	1:55	00:05:50	01:28:08	48	17.1	00:02:30	00:56:50	39	9:28		03:07:14.02
45	42	Adam Wallschlaeger	M	38	Maple Grove	MN	00:33:27	48	1:53	00:02:24	01:27:44	47	17.2	00:02:02	01:02:05	42	10:20		03:07:39.39
46	38	Steve Kruger	M	36	Forest Lake	MN	00:29:37	44	1:40	00:02:19	01:24:53	42	17.7	00:02:06	01:09:02	48	11:30		03:07:54.63
47	52	Matt Adams	M	44	Zimmerman	MN	00:35:25	53	2:00	00:03:11	01:26:24	44	17.4	00:02:04	01:06:43	46	11:07		03:13:44.40
48	53	Alan Boelk	M	46	Amherst	WI	00:24:49	29	1:24	00:02:48	01:32:00	51	16.4	00:02:57	01:18:46	52	13:07		03:21:18.13
49	29	Cody Mann	M	24	Grand Rapids	MN	00:39:26	54	2:14	00:03:36	01:30:04	50	16.7	00:02:36	01:07:50	47	11:18		03:23:29.64
50	305	Caleb How	M	21	Cohasset	MN	00:32:38	46	1:51	00:03:59	01:26:55	46	17.3	00:01:53	01:18:08	51	13:01		03:23:29.64
51	74	Keith Nisson	M	61	North Potomac	MD	00:29:17	42	1:39	00:03:56	01:37:33	52	15.4	00:04:04	01:11:14	50	11:52		03:26:02.21
52	65	Michael Kane	M	53	Grand Rapids	MN	00:41:30	55	2:21	00:04:28	01:44:19	53	14.4	00:02:38	01:03:18	43	10:32		03:36:09.56
53	24	Jake Jennen	M	22	Fergus Falls	MN	00:32:26	45	1:50	00:04:01	02:01:29	54	12.4	00:01:40	01:39:50	53	16:38		04:19:23.71