

# Timberman Triathlon

July 14, 2018

## Overall Division Results

Sprint Individual

### Female Overall

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City  | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|-------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 12/179            | 1/81             | 214 | Taylor Lundquist | 19  | F | Osseo | MN  | 00:07:29.42 | 00:32:57.95 | 00:20:23.93 |         | 01:02:56.86 |

### Male Overall

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name       | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 1/179             | 1/98             | 283 | John Shelp | 46  | M | Maple Plain | MN  | 00:06:38.50 | 00:28:09.92 | 00:19:06.99 |         | 00:55:51.03 |

### Female Masters

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name        | Age | S | City   | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-------------|-----|---|--------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 19/179            | 4/81             | 260 | Jena Ogston | 47  | F | Duluth | MN  | 00:08:22.97 | 00:32:09.85 | 00:23:25.19 |         | 01:05:59.41 |

### Male Masters

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name       | Age | S | City     | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 2/179             | 2/98             | 156 | Adam Himes | 46  | M | Plymouth | MN  | 00:07:24.25 | 00:28:51.69 | 00:19:46.88 |         | 00:57:35.34 |

### Female Ages 01 - 15

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 42/179            | 12/81            | 201 | Quincy Shelp     | 14  | F | Maple Plain | MN  | 00:08:42.50 | 00:34:42.16 | 00:24:56.22 |         | 01:11:02.11 |
| 2         | 43/179            | 13/81            | 205 | Mckenzie Radloff | 15  | F | Duluth      | MN  |             | 00:33:11.53 | 00:25:19.00 |         | 01:11:02.86 |
| 3         | 53/179            | 18/81            | 204 | Elsa Viren       | 15  | F | Bovey       | MN  | 00:08:15.75 | 00:34:13.62 | 00:25:54.14 |         | 01:12:02.36 |

### Male Ages 01 - 15

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 113/179           | 68/98            | 111 | Nathan Hjort  | 14  | M | Duluth       | MN  | 00:08:08.37 | 00:40:16.67 | 00:28:08.98 |         | 01:20:49.43 |
| 2         | 161/179           | 91/98            | 112 | Samuel Reiten | 14  | M | Grand Rapids | MN  | 00:09:15.94 | 00:42:15.42 | 00:35:08.05 |         | 01:32:01.04 |

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## Overall Division Results

## Sprint Individual

### Female Ages 16 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 31/179            | 6/81             | 208 | Simone Lundquist | 16  | F | Osseo        | MN  | 00:07:41.76 | 00:37:08.98 | 00:22:30.47 |         | 01:09:33.36 |
| 2         | 44/179            | 14/81            | 322 | Emma Stertz      | 18  | F | Grand Rapids | MN  | 00:10:52.48 | 00:35:16.56 | 00:21:37.48 |         | 01:11:10.61 |
| 3         | 64/179            | 22/81            | 211 | Annika Viren     | 18  | F | Bovey        | MN  | 00:08:14.94 | 00:34:31.20 | 00:27:13.10 |         | 01:13:22.07 |

### Male Ages 16 - 19

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 5/179             | 5/98             | 13  | Vasek Cervenka   | 19  | M | Grand Rapids | MN  | 00:10:26.50 | 00:29:34.17 | 00:18:07.34 |         | 01:00:08.75 |
| 2         | 6/179             | 6/98             | 20  | Garrett Beckrich | 18  | M | Grand Rapids | MN  | 00:10:26.64 | 00:29:22.64 | 00:18:08.74 |         | 01:00:10.57 |
| 3         | 7/179             | 7/98             | 318 | Jack Hennen      | 18  | M | Cambridge    | MN  | 00:07:15.49 | 00:30:30.11 | 00:21:37.96 |         | 01:00:57.06 |

### Female Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 40/179            | 10/81            | 312 | Kaytlin Garrison | 20  | F | Cohasset     | MN  | 00:09:00.91 | 00:34:31.79 | 00:25:08.87 |         | 01:10:59.90 |
| 2         | 96/179            | 36/81            | 217 | Megan Allen      | 23  | F | Grand Rapids | MN  | 00:09:46.01 | 00:39:40.50 | 00:24:42.21 |         | 01:18:28.36 |
| 3         | 122/179           | 51/81            | 215 | Edyn Kemp        | 22  | F | Duluth       | MN  | 00:08:27.36 | 00:41:17.03 | 00:29:20.00 |         | 01:21:36.46 |

### Male Ages 20 - 24

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City    | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|---------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 27/179            | 23/98            | 139 | James Jylha   | 23  | M | Duluth  | MN  | 00:08:20.78 | 00:35:01.79 | 00:22:16.58 |         | 01:07:44.53 |
| 2         | 33/179            | 26/98            | 121 | Logan Johnson | 21  | M | Duluth  | MN  | 00:10:48.22 | 00:34:10.01 | 00:22:34.10 |         | 01:09:43.56 |
| 3         | 60/179            | 39/98            | 22  | Connor Stefan | 20  | M | Bozeman | MT  | 00:08:42.25 | 00:35:30.95 | 00:24:19.78 |         | 01:13:04.60 |

### Female Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City           | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|----------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 28/179            | 5/81             | 227 | Jenny Whiddon    | 27  | F | Grad Forks Afb | ND  | 00:09:08.22 | 00:33:58.25 | 00:23:03.03 |         | 01:08:51.50 |
| 2         | 55/179            | 19/81            | 224 | Quinlyn Mullaney | 26  | F | Minneapolis    | MN  | 00:09:15.36 | 00:35:53.94 | 00:23:52.63 |         | 01:12:36.36 |
| 3         | 84/179            | 31/81            | 220 | Kellee Koenig    | 25  | F | Duluth         | MN  | 00:10:23.23 | 00:37:50.93 | 00:24:44.08 |         | 01:16:17.81 |

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## Overall Division Results

## Sprint Individual

### Male Ages 25 - 29

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 11/179            | 11/98            | 126 | Lee Brown      | 26  | M | Duluth      | MN  | 00:08:38.05 | 00:30:42.01 | 00:21:43.62 |         | 01:02:53.79 |
| 2         | 29/179            | 24/98            | 96  | Reed Johnson   | 25  | M | Superior    | WI  | 00:11:42.98 | 00:32:54.59 | 00:21:50.47 |         | 01:08:52.10 |
| 3         | 52/179            | 35/98            | 129 | Nick Krebsbach | 28  | M | Maple Grove | MN  | 00:09:06.19 | 00:33:23.69 | 00:24:57.60 |         | 01:12:00.58 |

### Female Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 32/179            | 7/81             | 239 | Sheila Johnson | 33  | F | Park Rapids  | MN  | 00:10:20.19 | 00:36:50.19 | 00:20:23.61 |         | 01:09:35.82 |
| 2         | 36/179            | 8/81             | 232 | Anna Dehler    | 30  | F | Duluth       | MN  | 00:10:25.47 | 00:34:33.39 | 00:22:22.77 |         | 01:10:16.23 |
| 3         | 39/179            | 9/81             | 310 | Sara Gaalaas   | 31  | F | Grand Rapids | MN  | 00:10:05.51 | 00:35:39.19 | 00:20:51.13 |         | 01:10:30.36 |

### Male Ages 30 - 34

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name       | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 20/179            | 16/98            | 142 | Tom Dehler | 33  | M | Duluth       | MN  | 00:09:30.17 | 00:33:01.23 | 00:20:18.09 |         | 01:06:21.06 |
| 2         | 23/179            | 19/98            | 140 | Andrew Moe | 32  | M | Minneapolis  | MN  | 00:10:11.62 | 00:33:10.27 | 00:20:52.08 |         | 01:07:07.80 |
| 3         | 24/179            | 20/98            | 136 | Luke Zupan | 30  | M | Grand Rapids | MN  | 00:10:01.24 | 00:33:13.64 | 00:20:34.93 |         | 01:07:20.40 |

### Female Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 15/179            | 2/81             | 241 | Bettina Keppers | 35  | F | Duluth       | MN  | 00:07:23.85 | 00:30:51.77 | 00:23:50.11 |         | 01:04:31.85 |
| 2         | 16/179            | 3/81             | 248 | Tara Makinen    | 39  | F | Grand Rapids | MN  | 00:08:51.25 | 00:31:27.69 | 00:22:37.98 |         | 01:05:04.18 |
| 3         | 77/179            | 27/81            | 240 | Laura Krause    | 35  | F | Hudson       | WI  | 00:11:14.83 | 00:35:01.60 | 00:24:25.28 |         | 01:15:04.07 |

### Male Ages 35 - 39

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 3/179             | 3/98             | 316 | Thomas Loegering | 35  | M | West Fargo   | ND  | 00:08:50.75 | 00:28:07.50 | 00:19:39.14 |         | 00:58:28.30 |
| 2         | 9/179             | 9/98             | 143 | Philip Imholte   | 38  | M | Grand Rapids | MN  | 00:08:10.19 | 00:31:27.74 | 00:20:10.34 |         | 01:01:18.56 |
| 3         | 13/179            | 12/98            | 146 | Josh Troumbly    | 39  | M | Bovey        | MN  | 00:09:12.69 | 00:29:32.15 | 00:21:41.62 |         | 01:03:02.59 |

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## Overall Division Results

## Sprint Individual

### Female Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 47/179            | 16/81            | 319 | Lindsay Nisula | 42  | F | Thunder Bay | ON  | 00:08:14.64 | 00:35:19.14 | 00:24:56.88 |         | 01:11:13.61 |
| 2         | 98/179            | 37/81            | 253 | Renee Saamanen | 42  | F | Duluth      | MN  | 00:10:59.51 | 00:33:13.99 | 00:30:50.50 |         | 01:18:42.86 |
| 3         | 156/179           | 68/81            | 254 | Alison Jones   | 43  | F | Novato      | CA  | 00:11:21.74 | 00:43:06.79 | 00:30:18.54 |         | 01:30:03.29 |

### Male Ages 40 - 44

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City          | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|---------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 21/179            | 17/98            | 151 | Frank M Gangi | 44  | M | Coleraine     | MN  | 00:11:18.01 | 00:30:58.82 | 00:22:06.80 |         | 01:06:50.46 |
| 2         | 30/179            | 25/98            | 148 | Eric Omdahl   | 41  | M | Saint Charles | MN  | 00:10:36.10 | 00:31:50.57 | 00:23:01.75 |         | 01:09:03.81 |
| 3         | 81/179            | 53/98            | 149 | Chad Troumbly | 41  | M | Grand Rapids  | MN  | 00:10:25.00 | 00:36:11.05 | 00:25:21.24 |         | 01:15:23.11 |

### Female Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name        | Age | S | City      | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 49/179            | 17/81            | 256 | Julie Kemp  | 45  | F | Esko      | MN  | 00:11:10.26 | 00:33:04.62 | 00:24:27.89 |         | 01:11:20.86 |
| 2         | 58/179            | 21/81            | 262 | Terri Snell | 49  | F | Shoreview | MN  | 00:09:25.26 | 00:33:36.53 | 00:26:11.64 |         | 01:12:49.36 |
| 3         | 83/179            | 30/81            | 259 | Marlo Gangi | 47  | F | Coleraine | MN  | 00:10:52.77 | 00:35:13.27 | 00:27:04.14 |         | 01:16:02.61 |

### Male Ages 45 - 49

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City     | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 4/179             | 4/98             | 153 | John Garrison | 46  | M | Cohasset | MN  | 00:08:04.51 | 00:28:43.04 | 00:20:17.48 |         | 00:58:55.53 |
| 2         | 17/179            | 14/98            | 161 | Brad Spry     | 49  | M | Walker   | MN  | 00:07:50.66 | 00:32:11.10 | 00:22:59.16 |         | 01:05:46.89 |
| 3         | 26/179            | 22/98            | 155 | Jeremy Lind   | 46  | M | Hibbing  | MN  | 00:09:43.81 | 00:31:05.82 | 00:24:39.76 |         | 01:07:34.85 |

### Female Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City                | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|---------------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 41/179            | 11/81            | 267 | Julie Knochenmus | 52  | F | Esko                | MN  | 00:10:13.58 | 00:33:51.48 | 00:24:40.64 |         | 01:11:01.87 |
| 2         | 56/179            | 20/81            | 9   | Petra Cervenkova | 51  | F | Grand Rapids        | MN  | 00:10:53.01 | 00:35:01.40 | 00:23:56.17 |         | 01:12:39.82 |
| 3         | 65/179            | 23/81            | 266 | Linda Belanger   | 51  | F | International Falls | MN  | 00:10:55.01 | 00:34:38.19 | 00:25:48.76 |         | 01:13:30.20 |

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## Overall Division Results

## Sprint Individual

### Male Ages 50 - 54

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City      | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|-----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 14/179            | 13/98            | 169 | Daniel Duff   | 54  | M | Duluth    | MN  | 00:07:59.00 | 00:32:03.14 | 00:20:35.09 |         | 01:03:38.32 |
| 2         | 22/179            | 18/98            | 165 | Brent Johnson | 51  | M | Superior  | WI  | 00:09:27.67 | 00:31:56.67 | 00:23:31.25 |         | 01:07:06.85 |
| 3         | 48/179            | 32/98            | 163 | Matthew Snell | 50  | M | Shoreview | MN  | 00:10:09.24 | 00:32:07.44 | 00:24:17.66 |         | 01:11:19.61 |

### Female Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name          | Age | S | City         | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|---------------|-----|---|--------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 69/179            | 24/81            | 272 | Judith Peters | 58  | F | Saint Cloud  | MN  | 00:10:28.43 | 00:35:04.18 | 00:25:03.73 |         | 01:13:54.76 |
| 2         | 75/179            | 26/81            | 271 | Mary Sands    | 57  | F | Saint Paul   | MN  | 00:10:42.84 | 00:34:18.04 | 00:26:54.04 |         | 01:14:41.26 |
| 3         | 116/179           | 47/81            | 88  | Lorena Jenks  | 56  | F | Fort Frances | ON  | 00:10:23.36 | 00:38:27.45 | 00:29:08.57 |         | 01:21:03.27 |

### Male Ages 55 - 59

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name              | Age | S | City     | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-------------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 18/179            | 15/98            | 67  | John Kelley       | 55  | M | Duluth   | MN  | 00:08:56.00 | 00:31:02.45 | 00:22:55.86 |         | 01:05:51.35 |
| 2         | 38/179            | 30/98            | 180 | Walter Knochenmus | 57  | M | Esko     | MN  | 00:08:59.66 | 00:33:39.25 | 00:25:27.41 |         | 01:10:24.35 |
| 3         | 66/179            | 43/98            | 174 | James Justus      | 55  | M | Cohasset | MN  | 00:08:03.69 | 00:35:43.94 | 00:26:03.17 |         | 01:13:36.33 |

### Male Ages 60 - 64

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City              | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|-------------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 46/179            | 31/98            | 188 | D J Lamour     | 61  | M | Invergroveheights | MN  | 00:08:14.88 | 00:35:06.87 | 00:24:33.62 |         | 01:11:12.35 |
| 2         | 51/179            | 34/98            | 46  | Steve Heikkila | 61  | M | Saint Paul        | MN  | 00:08:51.25 | 00:33:38.89 | 00:26:44.88 |         | 01:11:59.01 |
| 3         | 54/179            | 36/98            | 302 | Paul Olson     | 60  | M | Grand Rapids      | MN  | 00:09:28.26 | 00:33:42.70 | 00:26:11.46 |         | 01:12:07.57 |

### Female Ages 65 - 69

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name           | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|----------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 139/179           | 60/81            | 273 | Michel Sanders | 65  | F | Saint Paul  | MN  | 00:11:19.01 | 00:38:27.93 | 00:32:00.69 |         | 01:26:26.12 |
| 2         | 169/179           | 76/81            | 274 | Nancy Roehr    | 65  | F | Minneapolis | MN  | 00:12:41.66 | 00:40:45.82 | 00:38:40.16 |         | 01:38:06.87 |

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## Overall Division Results

## Sprint Individual

### Male Ages 65 - 69

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name            | Age | S | City            | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-----------------|-----|---|-----------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 90/179            | 57/98            | 194 | Michael Sjogren | 67  | M | Saint Cloud     | MN  | 00:09:33.18 | 00:34:12.01 | 00:30:08.38 |         | 01:17:19.35 |
| 2         | 106/179           | 65/98            | 198 | Tom Couillard   | 69  | M | White Bear Lake | MN  | 00:11:03.76 | 00:35:12.69 | 00:29:06.64 |         | 01:20:29.86 |
| 3         | 127/179           | 73/98            | 195 | Bob Carlson     | 67  | M | Plymouth        | MN  | 00:12:37.90 | 00:36:02.46 | 00:28:44.53 |         | 01:23:11.32 |

### Female Ages 70 - 74

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name        | Age | S | City     | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|-------------|-----|---|----------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 148/179           | 63/81            | 275 | Nancy Bauer | 71  | F | Champlin | MN  | 00:12:18.09 | 00:39:34.13 | 00:32:25.13 |         | 01:28:14.11 |

### Male Ages 75 - 79

| Div Place | Overall Plc/Total | Gender Plc/Total | No. | Name             | Age | S | City        | St. | Swim        | Bike        | Run         | Penalty | Time        |
|-----------|-------------------|------------------|-----|------------------|-----|---|-------------|-----|-------------|-------------|-------------|---------|-------------|
| 1         | 105/179           | 64/98            | 303 | Daryl Stevens    | 76  | M | Sartell     | MN  | 00:11:22.08 | 00:33:19.28 | 00:31:07.89 |         | 01:20:04.61 |
| 2         | 179/179           | 98/98            | 200 | Francis Tuominen | 75  | M | Minneapolis | MN  | 00:15:51.65 | 00:47:19.87 | 00:47:20.21 |         | 01:58:15.62 |