

Timberman Triathlon

July 14, 2018

Overall Division Results

Sprint Individual

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/179	1/81	214	Taylor Lundquist	19	F	Osseo	MN	00:07:29.42	00:32:57.95	00:20:23.93		01:02:56.86

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/179	1/98	283	John Shelp	46	M	Maple Plain	MN	00:06:38.50	00:28:09.92	00:19:06.99		00:55:51.03

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/179	4/81	260	Jena Ogston	47	F	Duluth	MN	00:08:22.97	00:32:09.85	00:23:25.19		01:05:59.41

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/179	2/98	156	Adam Himes	46	M	Plymouth	MN	00:07:24.25	00:28:51.69	00:19:46.88		00:57:35.34

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	42/179	12/81	201	Quincy Shelp	14	F	Maple Plain	MN	00:08:42.50	00:34:42.16	00:24:56.22		01:11:02.11
2	43/179	13/81	205	Mckenzie Radloff	15	F	Duluth	MN		00:33:11.53	00:25:19.00		01:11:02.86
3	53/179	18/81	204	Elsa Viren	15	F	Bovey	MN	00:08:15.75	00:34:13.62	00:25:54.14		01:12:02.36

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	113/179	68/98	111	Nathan Hjort	14	M	Duluth	MN	00:08:08.37	00:40:16.67	00:28:08.98		01:20:49.43
2	161/179	91/98	112	Samuel Reiten	14	M	Grand Rapids	MN	00:09:15.94	00:42:15.42	00:35:08.05		01:32:01.04

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July 14, 2018

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Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	31/179	6/81	208	Simone Lundquist	16	F	Osseo	MN	00:07:41.76	00:37:08.98	00:22:30.47		01:09:33.36
2	44/179	14/81	322	Emma Stertz	18	F	Grand Rapids	MN	00:10:52.48	00:35:16.56	00:21:37.48		01:11:10.61
3	64/179	22/81	211	Annika Viren	18	F	Bovey	MN	00:08:14.94	00:34:31.20	00:27:13.10		01:13:22.07

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/179	5/98	13	Vasek Cervenka	19	M	Grand Rapids	MN	00:10:26.50	00:29:34.17	00:18:07.34		01:00:08.75
2	6/179	6/98	20	Garrett Beckrich	18	M	Grand Rapids	MN	00:10:26.64	00:29:22.64	00:18:08.74		01:00:10.57
3	7/179	7/98	318	Jack Hennen	18	M	Cambridge	MN	00:07:15.49	00:30:30.11	00:21:37.96		01:00:57.06

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	40/179	10/81	312	Kaytlin Garrison	20	F	Cohasset	MN	00:09:00.91	00:34:31.79	00:25:08.87		01:10:59.90
2	96/179	36/81	217	Megan Allen	23	F	Grand Rapids	MN	00:09:46.01	00:39:40.50	00:24:42.21		01:18:28.36
3	122/179	51/81	215	Edyn Kemp	22	F	Duluth	MN	00:08:27.36	00:41:17.03	00:29:20.00		01:21:36.46

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	27/179	23/98	139	James Jylha	23	M	Duluth	MN	00:08:20.78	00:35:01.79	00:22:16.58		01:07:44.53
2	33/179	26/98	121	Logan Johnson	21	M	Duluth	MN	00:10:48.22	00:34:10.01	00:22:34.10		01:09:43.56
3	60/179	39/98	22	Connor Stefan	20	M	Bozeman	MT	00:08:42.25	00:35:30.95	00:24:19.78		01:13:04.60

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	28/179	5/81	227	Jenny Whiddon	27	F	Grad Forks Afb	ND	00:09:08.22	00:33:58.25	00:23:03.03		01:08:51.50
2	55/179	19/81	224	Quinlyn Mullaney	26	F	Minneapolis	MN	00:09:15.36	00:35:53.94	00:23:52.63		01:12:36.36
3	84/179	31/81	220	Kellee Koenig	25	F	Duluth	MN	00:10:23.23	00:37:50.93	00:24:44.08		01:16:17.81

Timberman Triathlon

July 14, 2018

Overall Division Results

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Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/179	11/98	126	Lee Brown	26	M	Duluth	MN	00:08:38.05	00:30:42.01	00:21:43.62		01:02:53.79
2	29/179	24/98	96	Reed Johnson	25	M	Superior	WI	00:11:42.98	00:32:54.59	00:21:50.47		01:08:52.10
3	52/179	35/98	129	Nick Krebsbach	28	M	Maple Grove	MN	00:09:06.19	00:33:23.69	00:24:57.60		01:12:00.58

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	32/179	7/81	239	Sheila Johnson	33	F	Park Rapids	MN	00:10:20.19	00:36:50.19	00:20:23.61		01:09:35.82
2	36/179	8/81	232	Anna Dehler	30	F	Duluth	MN	00:10:25.47	00:34:33.39	00:22:22.77		01:10:16.23
3	39/179	9/81	310	Sara Gaalaas	31	F	Grand Rapids	MN	00:10:05.51	00:35:39.19	00:20:51.13		01:10:30.36

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	20/179	16/98	142	Tom Dehler	33	M	Duluth	MN	00:09:30.17	00:33:01.23	00:20:18.09		01:06:21.06
2	23/179	19/98	140	Andrew Moe	32	M	Minneapolis	MN	00:10:11.62	00:33:10.27	00:20:52.08		01:07:07.80
3	24/179	20/98	136	Luke Zupan	30	M	Grand Rapids	MN	00:10:01.24	00:33:13.64	00:20:34.93		01:07:20.40

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	15/179	2/81	241	Bettina Keppers	35	F	Duluth	MN	00:07:23.85	00:30:51.77	00:23:50.11		01:04:31.85
2	16/179	3/81	248	Tara Makinen	39	F	Grand Rapids	MN	00:08:51.25	00:31:27.69	00:22:37.98		01:05:04.18
3	77/179	27/81	240	Laura Krause	35	F	Hudson	WI	00:11:14.83	00:35:01.60	00:24:25.28		01:15:04.07

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/179	3/98	316	Thomas Loegering	35	M	West Fargo	ND	00:08:50.75	00:28:07.50	00:19:39.14		00:58:28.30
2	9/179	9/98	143	Philip Imholte	38	M	Grand Rapids	MN	00:08:10.19	00:31:27.74	00:20:10.34		01:01:18.56
3	13/179	12/98	146	Josh Troumbly	39	M	Bovey	MN	00:09:12.69	00:29:32.15	00:21:41.62		01:03:02.59

Timberman Triathlon

July 14, 2018

Overall Division Results

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Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	47/179	16/81	319	Lindsay Nisula	42	F	Thunder Bay	ON	00:08:14.64	00:35:19.14	00:24:56.88		01:11:13.61
2	98/179	37/81	253	Renee Saamanen	42	F	Duluth	MN	00:10:59.51	00:33:13.99	00:30:50.50		01:18:42.86
3	156/179	68/81	254	Alison Jones	43	F	Novato	CA	00:11:21.74	00:43:06.79	00:30:18.54		01:30:03.29

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	21/179	17/98	151	Frank M Gangi	44	M	Coleraine	MN	00:11:18.01	00:30:58.82	00:22:06.80		01:06:50.46
2	30/179	25/98	148	Eric Omdahl	41	M	Saint Charles	MN	00:10:36.10	00:31:50.57	00:23:01.75		01:09:03.81
3	81/179	53/98	149	Chad Troumbly	41	M	Grand Rapids	MN	00:10:25.00	00:36:11.05	00:25:21.24		01:15:23.11

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	49/179	17/81	256	Julie Kemp	45	F	Esko	MN	00:11:10.26	00:33:04.62	00:24:27.89		01:11:20.86
2	58/179	21/81	262	Terri Snell	49	F	Shoreview	MN	00:09:25.26	00:33:36.53	00:26:11.64		01:12:49.36
3	83/179	30/81	259	Marlo Gangi	47	F	Coleraine	MN	00:10:52.77	00:35:13.27	00:27:04.14		01:16:02.61

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/179	4/98	153	John Garrison	46	M	Cohasset	MN	00:08:04.51	00:28:43.04	00:20:17.48		00:58:55.53
2	17/179	14/98	161	Brad Spry	49	M	Walker	MN	00:07:50.66	00:32:11.10	00:22:59.16		01:05:46.89
3	26/179	22/98	155	Jeremy Lind	46	M	Hibbing	MN	00:09:43.81	00:31:05.82	00:24:39.76		01:07:34.85

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	41/179	11/81	267	Julie Knochenmus	52	F	Esko	MN	00:10:13.58	00:33:51.48	00:24:40.64		01:11:01.87
2	56/179	20/81	9	Petra Cervenkova	51	F	Grand Rapids	MN	00:10:53.01	00:35:01.40	00:23:56.17		01:12:39.82
3	65/179	23/81	266	Linda Belanger	51	F	International Falls	MN	00:10:55.01	00:34:38.19	00:25:48.76		01:13:30.20

Timberman Triathlon

July 14, 2018

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Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	14/179	13/98	169	Daniel Duff	54	M	Duluth	MN	00:07:59.00	00:32:03.14	00:20:35.09		01:03:38.32
2	22/179	18/98	165	Brent Johnson	51	M	Superior	WI	00:09:27.67	00:31:56.67	00:23:31.25		01:07:06.85
3	48/179	32/98	163	Matthew Snell	50	M	Shoreview	MN	00:10:09.24	00:32:07.44	00:24:17.66		01:11:19.61

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	69/179	24/81	272	Judith Peters	58	F	Saint Cloud	MN	00:10:28.43	00:35:04.18	00:25:03.73		01:13:54.76
2	75/179	26/81	271	Mary Sands	57	F	Saint Paul	MN	00:10:42.84	00:34:18.04	00:26:54.04		01:14:41.26
3	116/179	47/81	88	Lorena Jenks	56	F	Fort Frances	ON	00:10:23.36	00:38:27.45	00:29:08.57		01:21:03.27

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/179	15/98	67	John Kelley	55	M	Duluth	MN	00:08:56.00	00:31:02.45	00:22:55.86		01:05:51.35
2	38/179	30/98	180	Walter Knochenmus	57	M	Esko	MN	00:08:59.66	00:33:39.25	00:25:27.41		01:10:24.35
3	66/179	43/98	174	James Justus	55	M	Cohasset	MN	00:08:03.69	00:35:43.94	00:26:03.17		01:13:36.33

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	46/179	31/98	188	D J Lamour	61	M	Invergroveheights	MN	00:08:14.88	00:35:06.87	00:24:33.62		01:11:12.35
2	51/179	34/98	46	Steve Heikkila	61	M	Saint Paul	MN	00:08:51.25	00:33:38.89	00:26:44.88		01:11:59.01
3	54/179	36/98	302	Paul Olson	60	M	Grand Rapids	MN	00:09:28.26	00:33:42.70	00:26:11.46		01:12:07.57

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	139/179	60/81	273	Michel Sanders	65	F	Saint Paul	MN	00:11:19.01	00:38:27.93	00:32:00.69		01:26:26.12
2	169/179	76/81	274	Nancy Roehr	65	F	Minneapolis	MN	00:12:41.66	00:40:45.82	00:38:40.16		01:38:06.87

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July 14, 2018

Overall Division Results

Sprint Individual

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	90/179	57/98	194	Michael Sjogren	67	M	Saint Cloud	MN	00:09:33.18	00:34:12.01	00:30:08.38		01:17:19.35
2	106/179	65/98	198	Tom Couillard	69	M	White Bear Lake	MN	00:11:03.76	00:35:12.69	00:29:06.64		01:20:29.86
3	127/179	73/98	195	Bob Carlson	67	M	Plymouth	MN	00:12:37.90	00:36:02.46	00:28:44.53		01:23:11.32

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	148/179	63/81	275	Nancy Bauer	71	F	Champlin	MN	00:12:18.09	00:39:34.13	00:32:25.13		01:28:14.11

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	105/179	64/98	303	Daryl Stevens	76	M	Sartell	MN	00:11:22.08	00:33:19.28	00:31:07.89		01:20:04.61
2	179/179	98/98	200	Francis Tuominen	75	M	Minneapolis	MN	00:15:51.65	00:47:19.87	00:47:20.21		01:58:15.62