

# Timberman Triathlon

July 14, 2018

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
1	283	John Shelp	M	46	Maple Plain	MN	00:06:39	1	1:08	00:01:03	00:28:10	2	23.9	00:00:53	00:19:07	3	6:22	00:55:51.03
2	156	Adam Himes	M	46	Plymouth	MN	00:07:25	4	1:16	00:00:54	00:28:52	4	23.3	00:00:40	00:19:47	5	6:35	00:57:35.34
3	316	Thomas Loegering	M	35	West Fargo	ND	00:08:51	35	1:31	00:01:12	00:28:08	1	23.9	00:00:40	00:19:40	4	6:33	00:58:28.30
4	153	John Garrison	M	46	Cohasset	MN	00:08:05	11	1:23	00:01:06	00:28:44	3	23.4	00:00:45	00:20:18	8	6:45	00:58:55.53
5	13	Vasek Cervenka	M	19	Grand Rapids	MN	00:10:27	101	1:47	00:01:02	00:29:35	7	22.7	00:01:00	00:18:08	1	6:02	01:00:08.75
6	20	Garrett Beckrich	M	18	Grand Rapids	MN	00:10:27	102	1:47	00:01:03	00:29:23	5	22.9	00:01:11	00:18:09	2	6:02	01:00:10.57
7	318	Jack Hennen	M	18	Cambridge	MN	00:07:16	2	1:14	00:00:51	00:30:31	8	22.0	00:00:44	00:21:38	18	7:12	01:00:57.06
8	119	Joshua Kemp	M	19	Esko	MN	00:08:53	38	1:31	00:01:04	00:30:33	9	22.0	00:00:29	00:20:14	7	6:44	01:01:10.84
9	143	Philip Imholte	M	38	Grand Rapids	MN	00:08:11	14	1:24	00:00:53	00:31:28	18	21.4	00:00:38	00:20:11	6	6:43	01:01:18.56
10	116	Sam Himes	M	18	Plymouth	MN	00:09:01	42	1:33	00:00:54	00:30:35	10	22.0	00:00:31	00:20:49	14	6:56	01:01:48.09
11	126	Lee Brown	M	26	Duluth	MN	00:08:39	28	1:29	00:01:03	00:30:43	11	21.9	00:00:48	00:21:44	20	7:14	01:02:53.79
12	214	Taylor Lundquist	F	19	Osseo	MN	00:07:30	6	1:17	00:01:13	00:32:58	30	20.4	00:00:54	00:20:24	11	6:47	01:02:56.86
13	146	Josh Troumbly	M	39	Bovey	MN	00:09:13	49	1:35	00:01:39	00:29:33	6	22.8	00:00:58	00:21:42	19	7:13	01:03:02.59
14	169	Daniel Duff	M	54	Duluth	MN	00:08:00	9	1:22	00:01:54	00:32:04	21	21.0	00:01:08	00:20:36	13	6:51	01:03:38.32
15	241	Bettina Keppers	F	35	Duluth	MN	00:07:24	3	1:16	00:01:19	00:30:52	12	21.8	00:01:08	00:23:51	38	7:56	01:04:31.85
16	248	Tara Makinen	F	39	Grand Rapids	MN	00:08:52	37	1:31	00:01:13	00:31:28	17	21.4	00:00:55	00:22:38	27	7:32	01:05:04.18
17	161	Brad Spry	M	49	Walker	MN	00:07:51	8	1:21	00:01:42	00:32:12	24	20.9	00:01:05	00:23:00	32	7:39	01:05:46.89
18	67	John Kelley	M	55	Duluth	MN	00:08:57	40	1:32	00:01:42	00:31:03	15	21.6	00:01:16	00:22:56	31	7:38	01:05:51.35
19	260	Jena Ogston	F	47	Duluth	MN	00:08:23	24	1:26	00:01:06	00:32:10	23	20.9	00:00:56	00:23:26	35	7:48	01:05:59.41
20	142	Tom Dehler	M	33	Duluth	MN	00:09:31	61	1:38	00:02:13	00:33:02	31	20.4	00:01:20	00:20:19	9	6:46	01:06:21.06
21	151	Frank M Gangi	M	44	Coleraine	MN	00:11:19	136	1:56	00:01:13	00:30:59	14	21.7	00:01:15	00:22:07	22	7:22	01:06:50.46
22	165	Brent Johnson	M	51	Superior	WI	00:09:28	59	1:37	00:01:06	00:31:57	20	21.0	00:01:07	00:23:32	36	7:50	01:07:06.85
23	140	Andrew Moe	M	32	Minneapolis	MN	00:10:12	89	1:45	00:01:28	00:33:11	35	20.3	00:01:27	00:20:53	16	6:57	01:07:07.80
24	136	Luke Zupan	M	30	Grand Rapids	MN	00:10:02	81	1:43	00:02:16	00:33:14	37	20.2	00:01:16	00:20:35	12	6:51	01:07:20.40
25	138	Clay Whiddon	M	31	Grad Forks Afb	ND	00:09:20	53	1:36	00:01:51	00:32:45	26	20.5	00:00:56	00:22:39	28	7:32	01:07:28.10
26	155	Jeremy Lind	M	46	Hibbing	MN	00:09:44	71	1:40	00:01:17	00:31:06	16	21.6	00:00:49	00:24:40	53	8:13	01:07:34.85
27	139	James Jylha	M	23	Duluth	MN	00:08:21	23	1:26	00:01:05	00:35:02	75	19.2	00:01:01	00:22:17	23	7:25	01:07:44.53
28	227	Jenny Whiddon	F	27	Grad Forks Afb	ND	00:09:09	47	1:34	00:01:37	00:33:59	52	19.8	00:01:06	00:23:04	34	7:41	01:08:51.50
29	96	Reed Johnson	M	25	Superior	WI	00:11:43	150	2:01	00:01:32	00:32:55	29	20.4	00:00:53	00:21:51	21	7:16	01:08:52.10
30	148	Eric Omdahl	M	41	Saint Charles	MN	00:10:37	109	1:49	00:02:20	00:31:51	19	21.1	00:01:16	00:23:02	33	7:40	01:09:03.81
31	208	Simone Lundquist	F	16	Osseo	MN	00:07:42	7	1:19	00:01:17	00:37:09	106	18.1	00:00:56	00:22:31	25	7:30	01:09:33.36
32	239	Sheila Johnson	F	33	Park Rapids	MN	00:10:21	93	1:46	00:01:28	00:36:51	102	18.2	00:00:35	00:20:24	10	6:47	01:09:35.82
33	121	Logan Johnson	M	21	Duluth	MN	00:10:49	120	1:51	00:01:20	00:34:11	55	19.7	00:00:52	00:22:35	26	7:31	01:09:43.56
34	145	Luther Kemp	M	39	Hibbing	MN	00:09:46	74	1:40	00:01:02	00:30:58	13	21.7	00:00:51	00:27:13	96	9:04	01:09:47.60
35	311	Erik Riker-Coleman	M	46	Duluth	MN	00:09:33	62	1:38	00:01:12	00:32:49	27	20.5	00:01:11	00:25:23	72	8:27	01:10:05.82
36	232	Anna Dehler	F	30	Duluth	MN	00:10:26	100	1:47	00:01:44	00:34:34	65	19.4	00:01:12	00:22:23	24	7:27	01:10:16.23

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
37	154	Doobie Kurus	M	46	Hopkins	MN	00:08:14	15	1:24	00:01:35	00:33:58	50	19.8	00:01:09	00:25:27	74	8:28	01:10:19.27
38	180	Walter Knochenmus	M	57	Esko	MN	00:09:00	41	1:32	00:01:09	00:33:40	44	20.0	00:01:10	00:25:28	75	8:29	01:10:24.35
39	310	Sara Gaalaas	F	31	Grand Rapids	MN	00:10:06	83	1:44	00:02:19	00:35:40	85	18.8	00:01:36	00:20:52	15	6:57	01:10:30.36
40	312	Kaytlin Garrison	F	20	Cohasset	MN	00:09:01	44	1:33	00:01:07	00:34:32	64	19.5	00:01:12	00:25:09	67	8:22	01:10:59.90
41	267	Julie Knochenmus	F	52	Esko	MN	00:10:14	90	1:45	00:01:12	00:33:52	49	19.8	00:01:05	00:24:41	54	8:13	01:11:01.87
42	201	Quincy Shelp	F	14	Maple Plain	MN	00:08:43	31	1:29	00:01:37	00:34:43	69	19.4	00:01:06	00:24:57	60	8:18	01:11:02.11
43	205	Mckenzie Radloff	F	15	Duluth	MN					00:33:12	36	20.2	00:00:57	00:25:20	70	8:26	01:11:02.86
44	322	Emma Stertz	F	18	Grand Rapids	MN	00:10:53	123	1:52	00:02:10	00:35:17	81	19.0	00:01:15	00:21:38	17	7:12	01:11:10.61
45	234	Terry Wosmek	F	31	Duluth	MN	00:09:51	77	1:41	00:01:20	00:34:07	53	19.7	00:00:57	00:24:58	63	8:19	01:11:11.51
46	188	D J Lamour	M	61	Invergroveheights	MN	00:08:15	17	1:25	00:02:09	00:35:07	77	19.1	00:01:09	00:24:34	51	8:11	01:11:12.35
47	319	Lindsay Nisula	F	42	Thunder Bay	ON	00:08:15	16	1:25	00:01:37	00:35:20	83	19.0	00:01:07	00:24:57	61	8:18	01:11:13.61
48	163	Matthew Snell	M	50	Shoreview	MN	00:10:10	87	1:44	00:02:26	00:32:08	22	20.9	00:02:21	00:24:18	45	8:05	01:11:19.61
49	256	Julie Kemp	F	45	Esko	MN	00:11:11	133	1:55	00:01:34	00:33:05	32	20.3	00:01:05	00:24:28	50	8:09	01:11:20.86
50	160	Jeff Tillman	M	49	Cohasset	MN	00:10:36	107	1:49	00:02:11	00:33:58	51	19.8	00:00:50	00:24:05	43	8:01	01:11:37.85
51	46	Steve Heikkila	M	61	Saint Paul	MN	00:08:52	36	1:31	00:01:40	00:33:39	43	20.0	00:01:05	00:26:45	91	8:54	01:11:59.01
52	129	Nick Krebsbach	M	28	Maple Grove	MN	00:09:07	46	1:34	00:02:29	00:33:24	41	20.1	00:02:06	00:24:58	62	8:19	01:12:00.58
53	204	Elsa Viren	F	15	Bovey	MN	00:08:16	19	1:25	00:02:46	00:34:14	58	19.6	00:00:54	00:25:55	78	8:38	01:12:02.36
54	302	Paul Olson	M	60	Grand Rapids	MN	00:09:29	60	1:37	00:01:33	00:33:43	46	19.9	00:01:13	00:26:12	81	8:43	01:12:07.57
55	224	Quinlyn Mullaney	F	26	Minneapolis	MN	00:09:16	50	1:35	00:02:32	00:35:54	89	18.7	00:01:03	00:23:53	39	7:57	01:12:36.36
56	9	Petra Cervenkova	F	51	Grand Rapids	MN	00:10:54	127	1:52	00:01:34	00:35:02	73	19.2	00:01:16	00:23:57	40	7:58	01:12:39.82
57	185	Jim Funk	M	60	Mound	MN	00:08:21	22	1:26	00:03:17	00:34:35	66	19.4	00:02:05	00:24:27	48	8:08	01:12:42.70
58	262	Terri Snell	F	49	Shoreview	MN	00:09:26	56	1:37	00:01:51	00:33:37	42	20.0	00:01:46	00:26:12	82	8:43	01:12:49.36
59	167	Matt Evans	M	52	Eau Claire	WI	00:07:26	5	1:16	00:02:38	00:34:23	61	19.6	00:01:46	00:26:40	88	8:53	01:12:49.36
60	22	Connor Stefan	M	20	Bozeman	MT	00:08:43	30	1:29	00:03:23	00:35:31	84	18.9	00:01:09	00:24:20	46	8:06	01:13:04.60
61	158	Kevin Haney	M	47	Duluth	MN	00:09:48	76	1:41	00:02:26	00:33:45	47	19.9	00:01:11	00:25:57	79	8:38	01:13:05.31
62	132	William Utter	M	29	Minneapolis	MN	00:10:07	84	1:44	00:01:51	00:37:18	107	18.0	00:01:09	00:22:48	30	7:35	01:13:09.47
63	131	Michael Senich	M	28	Minneapolis	MN	00:08:07	12	1:23	00:03:02	00:37:53	110	17.7	00:01:24	00:22:46	29	7:35	01:13:10.50
64	211	Annika Viren	F	18	Bovey	MN	00:08:15	18	1:25	00:02:32	00:34:32	63	19.5	00:00:51	00:27:14	97	9:04	01:13:22.07
65	266	Linda Belanger	F	51	International Falls	MN	00:10:56	129	1:52	00:01:05	00:34:39	68	19.4	00:01:04	00:25:49	76	8:36	01:13:30.20
66	174	James Justus	M	55	Cohasset	MN	00:08:04	10	1:23	00:02:01	00:35:44	87	18.8	00:01:46	00:26:04	80	8:41	01:13:36.33
67	144	Randy Wohlferd	M	39	Saint Charles	MN	00:10:54	128	1:52	00:02:37	00:33:09	34	20.3	00:01:13	00:25:54	77	8:37	01:13:44.85
68	133	Travis Tufte	M	29	Hopkins	MN	00:10:43	110	1:50	00:02:32	00:34:35	67	19.4	00:01:06	00:24:59	64	8:19	01:13:52.19
69	272	Judith Peters	F	58	Saint Cloud	MN	00:10:29	105	1:48	00:01:51	00:35:05	76	19.2	00:01:28	00:25:04	66	8:21	01:13:54.76
70	308	Skeeter Moore	M	55	Duluth	MN	00:08:20	20	1:26	00:01:26	00:33:40	45	20.0	00:01:16	00:29:27	128	9:48	01:14:07.24
71	68	Rich Heytens	M	56	Minneapolis	MN	00:10:24	97	1:47	00:01:54	00:32:44	25	20.5	00:01:05	00:28:03	104	9:20	01:14:07.24
72	173	Scott Deturk	M	54	Newark	DE	00:11:55	155	2:03	00:01:54	00:34:11	56	19.7	00:01:05	00:25:13	68	8:24	01:14:15.17

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							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
73	172	Stephen Tufo	M	54	Minneapolis	MN	00:09:56	79	1:42	00:02:51	00:35:02	72	19.2	00:02:07	00:24:39	52	8:12	01:14:32.36
74	213	Mallery Lind	F	19	Hibbing	MN	00:09:01	43	1:33	00:01:28	00:38:30	117	17.5	00:00:58	00:24:42	55	8:13	01:14:38.11
75	271	Mary Sands	F	57	Saint Paul	MN	00:10:43	111	1:50	00:01:24	00:34:19	59	19.6	00:01:24	00:26:55	93	8:58	01:14:41.26
76	114	Cort Isaacs	M	16	Osseo	MN	00:09:26	57	1:37	00:01:36	00:39:02	123	17.2	00:00:34	00:24:28	49	8:09	01:15:03.48
77	240	Laura Krause	F	35	Hudson	WI	00:11:15	135	1:56	00:02:04	00:35:02	74	19.2	00:02:19	00:24:26	47	8:08	01:15:04.07
78	183	Steve Otto	M	59	Cohasset	MN	00:11:40	147	2:00	00:02:02	00:35:44	86	18.8	00:00:57	00:24:55	59	8:18	01:15:14.25
79	120	Jace Isaacs	M	20	Osseo	MN	00:09:43	70	1:40	00:01:23	00:37:05	104	18.1	00:00:37	00:26:29	85	8:49	01:15:14.85
80	17	Evelyn Bercher	F	18	Ely	MN	00:09:36	65	1:39	00:02:20	00:38:20	112	17.5	00:01:03	00:24:06	44	8:01	01:15:22.56
81	149	Chad Troumbly	M	41	Grand Rapids	MN	00:10:26	99	1:47	00:02:17	00:36:12	93	18.6	00:01:09	00:25:22	71	8:27	01:15:23.11
82	301	Allison Luther	F	36	Thunder Bay	ON					00:37:24	108	18.0	00:01:17	00:25:00	65	8:19	01:15:59.73
83	259	Marlo Gangi	F	47	Coleraine	MN	00:10:53	124	1:52	00:01:29	00:35:14	80	19.1	00:01:25	00:27:05	94	9:01	01:16:02.61
84	220	Kellee Koenig	F	25	Duluth	MN	00:10:24	95	1:47	00:01:56	00:37:51	109	17.8	00:01:24	00:24:45	57	8:14	01:16:17.81
85	265	Susan Lamour	F	50	Invergroveheights	MN	00:10:44	112	1:50	00:02:04	00:33:09	33	20.3	00:01:37	00:28:59	119	9:39	01:16:30.28
86	249	Melissa Meyer	F	39	Laporte	MN	00:11:40	146	2:00	00:02:45	00:34:43	70	19.4	00:00:55	00:26:39	87	8:52	01:16:39.32
87	162	Michael Clark	M	50	Rochester	MN	00:10:09	86	1:44	00:02:33	00:35:11	78	19.1	00:01:29	00:27:25	101	9:08	01:16:45.02
88	141	Blake Erickson	M	33	Brookings	SD	00:09:42	68	1:40	00:02:32	00:37:07	105	18.1	00:01:12	00:26:21	84	8:46	01:16:51.12
89	192	Jim Miner	M	64	Duluth	MN	00:09:27	58	1:37	00:02:37	00:34:26	62	19.5	00:01:33	00:29:03	121	9:40	01:17:03.36
90	194	Michael Sjogren	M	67	Saint Cloud	MN	00:09:34	63	1:38	00:01:51	00:34:13	57	19.6	00:01:36	00:30:09	132	10:02	01:17:19.35
91	207	Morgan Bell	F	16	Maple Grove	MN	00:09:46	73	1:40	00:01:35	00:36:47	100	18.3	00:00:47	00:28:34	111	9:31	01:17:26.01
92	268	Stephanie Etterman	F	53	Brainerd	MN	00:10:46	116	1:51	00:01:47	00:36:30	95	18.4	00:01:47	00:27:16	98	9:05	01:18:02.71
93	157	Daniel Radloff	M	47	Duluth	MN	00:10:45	113	1:50	00:02:01	00:32:49	28	20.5	00:01:33	00:31:01	143	10:20	01:18:05.09
94	171	Kyle Harju	M	54	Monticello	MN	00:10:07	85	1:44	00:01:55	00:34:09	54	19.7	00:01:06	00:30:54	142	10:17	01:18:08.55
95	184	Randy Back	M	59	Superior	WI	00:13:06	169	2:15	00:01:32	00:33:46	48	19.9	00:01:23	00:28:34	110	9:31	01:18:18.61
96	217	Megan Allen	F	23	Grand Rapids	MN	00:09:47	75	1:40	00:03:08	00:39:41	129	16.9	00:01:13	00:24:43	56	8:14	01:18:28.36
97	159	Tony Tallman	M	49	Hopkins	MN	00:10:24	98	1:47	00:03:36	00:36:10	91	18.6	00:01:38	00:26:50	92	8:56	01:18:35.12
98	253	Renee Saamanen	F	42	Duluth	MN	00:11:00	131	1:53	00:01:43	00:33:14	38	20.2	00:01:57	00:30:51	140	10:16	01:18:42.86
99	189	Mark Rauschenfels	M	63	Duluth	MN	00:09:54	78	1:42	00:01:59	00:33:16	39	20.2	00:01:36	00:32:14	148	10:44	01:18:55.47
100	247	Megan Reynolds	F	39	Hibbing	MN	00:10:45	114	1:50	00:02:09	00:37:03	103	18.1	00:00:57	00:28:40	112	9:33	01:19:31.61
101	243	Melissa Wohlferd	F	37	Saint Charles	MN	00:10:53	125	1:52	00:02:44	00:36:17	94	18.5	00:01:55	00:28:02	103	9:20	01:19:49.17
102	179	David Kooda	M	57	Grand Rapids	MN	00:09:37	66	1:39	00:04:24	00:36:35	97	18.4	00:01:09	00:28:13	109	9:24	01:19:55.57
103	261	Lori Sutherland	F	47	Cohasset	MN	00:12:07	159	2:05	00:02:56	00:36:30	96	18.4	00:01:05	00:27:20	100	9:06	01:19:55.61
104	33	Nicole Friend	F	34	Bemidji	MN	00:11:59	156	2:03	00:02:20	00:39:38	128	17.0	00:00:50	00:25:14	69	8:24	01:19:58.31
105	303	Daryl Stevens	M	76	Sartell	MN	00:11:23	141	1:57	00:02:48	00:33:20	40	20.2	00:01:29	00:31:08	145	10:22	01:20:04.61
106	198	Tom Couillard	M	69	White Bear Lake	MN	00:11:04	132	1:54	00:02:25	00:35:13	79	19.1	00:02:43	00:29:07	123	9:42	01:20:29.86
107	123	Jordan Nieuwsma	M	25	Lakeville	MN	00:13:39	172	2:20	00:03:15	00:38:34	119	17.4	00:01:11	00:24:00	41	7:59	01:20:37.60
108	225	Heather Brockell	F	26	Minneapolis	MN	00:11:41	148	2:00	00:02:04	00:40:19	137	16.7	00:01:12	00:25:26	73	8:28	01:20:38.12

# Timberman Triathlon

July 14, 2018

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
109	309	Audra Lehrke	F	35	Mayer	MN	00:10:53	126	1:52	00:02:37	00:36:36	98	18.4	00:01:43	00:28:53	117	9:37	01:20:39.86
110	313	Ben Lockler	M	25	Grand Forks Afb	ND	00:10:50	122	1:51	00:03:15	00:42:03	151	16.0	00:00:54	00:23:48	37	7:55	01:20:46.78
111	228	Jocelyn Hokkanen	F	27	Osseo	MN	00:08:43	32	1:29	00:01:54	00:38:31	118	17.4	00:01:29	00:30:12	134	10:03	01:20:47.07
112	18	Erika Mayerle	F	34	Minneapolis	MN	00:12:24	162	2:07	00:02:38	00:36:46	99	18.3	00:02:23	00:26:40	89	8:53	01:20:48.70
113	111	Nathan Hjort	M	14	Duluth	MN	00:08:09	13	1:24	00:03:17	00:40:17	136	16.7	00:01:00	00:28:09	107	9:22	01:20:49.43
114	236	Molly Ongaro	F	31	Hibbing	MN	00:09:21	55	1:36	00:02:53	00:42:07	152	16.0	00:01:39	00:24:52	58	8:17	01:20:49.61
115	71	Gary Nygaard	M	58	Shoreview	MN	00:10:28	103	1:48	00:04:45	00:34:21	60	19.6	00:02:39	00:28:51	116	9:36	01:21:03.01
116	88	Lorena Jenks	F	56	Fort Frances	ON	00:10:24	96	1:47	00:01:42	00:38:28	115	17.5	00:01:23	00:29:09	124	9:42	01:21:03.27
117	212	Courtney Carson	F	19	Saint Paul	MN	00:10:47	117	1:51	00:03:01	00:38:26	114	17.5	00:00:58	00:28:04	105	9:21	01:21:13.07
118	238	Heather Matvey	F	32	Hibbing	MN	00:09:43	69	1:40	00:02:08	00:41:54	150	16.0	00:00:59	00:26:35	86	8:51	01:21:16.34
119	115	Aaron Hjort	M	18	Duluth	MN	00:10:34	106	1:49	00:02:58	00:39:45	130	16.9	00:00:50	00:27:11	95	9:03	01:21:16.65
120	125	Mike Kruger	M	26	Minneapolis	MN	00:11:22	139	1:57	00:03:39	00:41:13	144	16.3	00:01:15	00:24:04	42	8:01	01:21:28.61
121	202	Livia Isaacs	F	14	Osseo	MN	00:08:21	21	1:26	00:02:00	00:41:13	145	16.3	00:00:44	00:29:20	125	9:46	01:21:36.27
122	215	Edyn Kemp	F	22	Duluth	MN	00:08:28	26	1:27	00:01:46	00:41:18	146	16.3	00:00:47	00:29:20	127	9:46	01:21:36.46
123	175	Roy Smith	M	55	Hibbing	MN	00:09:35	64	1:38	00:02:23	00:39:48	131	16.9	00:01:12	00:29:05	122	9:41	01:21:59.61
124	325	Sue Holm	F	49	Deer River	MN	00:09:04	45	1:33	00:01:40	00:39:17	124	17.1	00:01:06	00:31:04	144	10:21	01:22:08.11
125	226	Amy Evans	F	26	Saint Paul	MN	00:09:44	72	1:40	00:01:59	00:38:21	113	17.5	00:01:28	00:30:52	141	10:17	01:22:22.11
126	222	Natalie Kruse	F	26	Grand Rapids	MN	00:10:12	88	1:45	00:02:15	00:38:39	120	17.4	00:01:20	00:30:24	137	10:07	01:22:47.34
127	195	Bob Carlson	M	67	Plymouth	MN	00:12:38	165	2:10	00:03:07	00:36:03	90	18.6	00:02:40	00:28:45	115	9:34	01:23:11.32
128	79	Julia Loegering	F	21	Novato	CA	00:08:25	25	1:26	00:02:40	00:42:45	158	15.7	00:01:19	00:28:12	108	9:23	01:23:18.24
129	237	Rachelle Brockell	F	32	Minneapolis	MN	00:10:45	115	1:50	00:02:13	00:41:02	143	16.4	00:01:11	00:28:09	106	9:22	01:23:18.44
130	127	Micheal Figgins	M	27	Hopkins	MN	00:10:47	119	1:51	00:02:23	00:40:13	135	16.7	00:00:58	00:29:20	126	9:46	01:23:39.61
131	134	Charles Hillgoss	M	29	Minneapolis	MN	00:11:11	134	1:55	00:02:36	00:41:22	147	16.2	00:01:25	00:27:17	99	9:05	01:23:47.99
132	128	Alec Richards	M	28	Minneapolis	MN	00:12:30	164	2:08	00:03:28	00:40:24	138	16.6	00:01:50	00:26:14	83	8:44	01:24:22.08
133	233	Kendra Anderegg	F	30	Minneapolis	MN	00:08:53	39	1:31	00:03:23	00:39:54	134	16.8	00:01:58	00:30:32	138	10:10	01:24:36.57
134	304	Colt Cramer	M	52	Excelsior	MN	00:12:24	161	2:07	00:02:32	00:35:19	82	19.0	00:00:57	00:33:42	157	11:13	01:24:51.24
135	170	John Nalan	M	54	Grand Rapids	MN	00:10:17	92	1:46	00:02:29	00:36:48	101	18.3	00:01:18	00:34:09	160	11:22	01:24:58.12
136	122	Brock Lind	M	21	Hibbing	MN	00:14:44	176	2:32	00:02:01	00:34:53	71	19.3	00:01:13	00:32:35	150	10:51	01:25:22.96
137	270	Katherine Walz	F	55	Minneapolis	MN	00:10:15	91	1:45	00:03:02	00:41:46	149	16.1	00:01:23	00:29:02	120	9:40	01:25:24.37
138	257	Amy Haney	F	45	Duluth	MN	00:11:48	151	2:01	00:02:18	00:41:02	142	16.4	00:00:48	00:30:00	130	9:59	01:25:52.24
139	273	Michel Sanders	F	65	Saint Paul	MN	00:11:20	137	1:56	00:02:59	00:38:28	116	17.5	00:01:41	00:32:01	147	10:40	01:26:26.12
140	118	Mason Morrissey	M	18	Grand Rapids	MN	00:11:41	149	2:00	00:03:30	00:43:06	164	15.6	00:01:33	00:26:44	90	8:54	01:26:31.01
141	244	Stephanie Kemp	F	37	Hibbing	MN	00:11:37	143	1:59	00:01:49	00:41:30	148	16.2	00:01:43	00:30:19	135	10:06	01:26:54.37
142	221	Jackie Myers	F	25	Duluth	MN	00:09:20	54	1:36	00:02:39	00:39:01	122	17.2	00:01:22	00:34:42	163	11:33	01:27:01.36
143	182	Arndt Braaten	M	58	Duluth	MN	00:08:35	27	1:28	00:04:56	00:36:11	92	18.6	00:04:01	00:33:47	158	11:15	01:27:27.02
144	196	Hartman Erickson	M	67	Burnsville	MN	00:09:57	80	1:42	00:02:55	00:38:10	111	17.6	00:02:27	00:34:15	161	11:24	01:27:41.83

# Timberman Triathlon

July 14, 2018

## Overall Results

Note: Penalty list at end of results

### Sprint Individual

Place	No.	Name	S	Age	City	St.	----- SWIM -----			----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y	T1	Time	Plc	Mph	T2	Time			Plc
145	135	Jascha Marchuk	M	29	Blaine	MN	00:11:48	152	2:01	00:03:19	00:43:04	163	15.6	00:01:02	00:28:57	118	9:38	01:28:07.36
146	190	Doug Jost	M	63	Centerville	MN	00:11:59	157	2:03	00:02:35	00:39:50	132	16.9	00:01:49	00:32:00	146	10:39	01:28:10.10
147	130	Bobby Pearson	M	28	Grand Forks	ND	00:10:47	118	1:51	00:02:36	00:44:26	170	15.1	00:01:45	00:28:42	113	9:33	01:28:13.86
148	275	Nancy Bauer	F	71	Champlin	MN	00:12:19	160	2:07	00:01:42	00:39:35	127	17.0	00:02:16	00:32:26	149	10:48	01:28:14.11
149	219	Jordan Greene	F	25	Saint Paul	MN	00:09:09	48	1:34	00:02:27	00:42:23	154	15.9	00:01:04	00:33:24	156	11:07	01:28:24.77
150	235	Laura Helmbrecht	F	31	Grand Rapids	MN	00:09:17	52	1:35	00:02:57	00:39:21	125	17.1	00:02:17	00:34:36	162	11:31	01:28:25.99
151	245	Kimberly Hanegmon	F	38	Hibbing	MN	00:10:28	104	1:48	00:03:42	00:39:51	133	16.9	00:01:51	00:32:47	151	10:55	01:28:37.02
152	152	Chad Belanger	M	46	International Falls	MN	00:10:49	121	1:51	00:04:42	00:40:46	140	16.5	00:02:40	00:29:51	129	9:56	01:28:45.01
153	147	Keith Murphy	M	40	Bovey	MN	00:08:51	34	1:31	00:04:16	00:40:29	139	16.6	00:02:28	00:33:51	159	11:16	01:29:53.62
154	176	Marc Chiodo	M	60	Minneapolis	MN	00:13:11	170	2:16	00:02:32	00:35:52	88	18.7	00:03:22	00:35:05	167	11:41	01:29:59.32
155	209	Rose Hansen	F	17	Cohasset	MN	00:08:46	33	1:30	00:03:21	00:42:50	160	15.7	00:01:56	00:33:11	154	11:03	01:30:01.07
156	254	Alison Jones	F	43	Novato	CA	00:11:22	140	1:57	00:02:49	00:43:07	165	15.6	00:02:28	00:30:19	136	10:06	01:30:03.29
157	258	Malynda Krieg	F	46	Moorhead	MN	00:12:43	167	2:11	00:02:30	00:42:32	156	15.8	00:02:13	00:30:07	131	10:02	01:30:03.29
158	168	Todd Isaacs	M	53	Osseo	MN	00:13:40	173	2:21	00:01:53	00:39:25	126	17.1	00:01:20	00:35:02	166	11:40	01:31:19.08
159	177	John Barrett	M	56	Hibbing	MN	00:11:50	153	2:02	00:04:25	00:43:43	169	15.4	00:01:32	00:30:09	133	10:02	01:31:37.02
160	210	Emma Snell	F	17	Shoreview	MN	00:11:23	142	1:57	00:02:20	00:46:20	172	14.5	00:01:12	00:30:43	139	10:14	01:31:54.87
161	112	Samuel Reiten	M	14	Grand Rapids	MN	00:09:16	51	1:35	00:03:54	00:42:16	153	15.9	00:01:29	00:35:09	168	11:42	01:32:01.04
162	75	Bob Oxborough	M	63	Plymouth	MN	00:13:16	171	2:16	00:02:36	00:38:39	121	17.4	00:02:48	00:34:47	164	11:35	01:32:03.37
163	269	Crystal Brown	F	53	Maple	WI	00:11:39	145	2:00	00:03:42	00:42:48	159	15.7	00:01:12	00:32:52	152	10:57	01:32:10.75
164	264	Susan Hjort	F	50	Duluth	MN	00:10:36	108	1:49	00:02:39	00:46:21	174	14.5	00:01:06	00:32:53	153	10:57	01:33:32.12
165	218	Katelin Kruger	F	24	Minneapolis	MN	00:11:54	154	2:02	00:02:23	00:46:20	173	14.5	00:01:16	00:33:20	155	11:06	01:35:10.62
166	250	Elizabeth Lilja	F	42	Saint Paul	MN	00:12:24	163	2:08	00:03:22	00:50:48	177	13.2	00:01:32	00:27:58	102	9:19	01:36:01.62
167	246	Elizabeth Friend	F	38	Grand Rapids	MN	00:14:35	175	2:30	00:02:14	00:43:41	167	15.4	00:01:28	00:34:49	165	11:36	01:36:44.62
168	193	Brad Erickson	M	66	Brookings	SD	00:10:22	94	1:46	00:03:04	00:43:42	168	15.4	00:01:43	00:39:05	174	13:01	01:37:52.62
169	274	Nancy Roehr	F	65	Minneapolis	MN	00:12:42	166	2:11	00:03:16	00:40:46	141	16.5	00:02:44	00:38:41	172	12:53	01:38:06.87
170	206	Danielle Kemp	F	15	Esko	MN	00:09:41	67	1:39	00:02:34	00:43:32	166	15.4	00:00:59	00:41:25	176	13:48	01:38:09.33
171	203	Delaney Snell	F	15	Shoreview	MN	00:08:41	29	1:29	00:03:27	00:48:53	176	13.7	00:01:59	00:35:20	169	11:46	01:38:17.04
172	150	Aaron Cabbage	M	43	Saint Paul	MN	00:10:03	82	1:43	00:04:43	00:42:56	162	15.7	00:04:18	00:36:53	170	12:17	01:38:50.52
173	181	Ken Kruger	M	57	Forest Lake	MN	00:12:01	158	2:03	00:03:17	00:42:56	161	15.7	00:02:47	00:38:52	173	12:57	01:39:51.05
174	216	Talerie Johnson	F	23	Duluth	MN	00:13:01	168	2:14	00:03:34	00:44:57	171	15.0	00:01:30	00:37:41	171	12:33	01:40:41.12
175	191	Walter Milbrath	M	63	Bayfield	WI	00:11:21	138	1:57	00:02:14	00:42:41	157	15.7	00:01:37	00:43:24	177	14:27	01:41:14.37
176	197	Joe Kandiko	M	68	Excelsior	MN	00:11:39	144	2:00	00:02:36	00:42:32	155	15.8	00:04:36	00:44:31	178	14:50	01:45:51.12
177	94	Jen Nelson	F	39	Hibbing	MN	00:13:58	174	2:24	00:03:16	01:01:16	179	11.0	00:01:58	00:28:44	114	9:34	01:49:08.95
178	229	Elizabeth Boosalis	F	27	Saint Paul	MN	00:10:56	130	1:52	00:07:48	00:50:48	178	13.2	00:01:35	00:40:55	175	13:38	01:51:59.82
179	200	Francis Tuominen	M	75	Minneapolis	MN	00:15:52	177	2:43	00:04:12	00:47:20	175	14.2	00:03:33	00:47:21	179	15:46	01:58:15.62