

Timberman Triathlon

July 14, 2018

Sprint Individual

Overall Results - Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc		
1	214	Taylor Lundquist	F	19	Osseo	MN	00:07:30	2	1:17	00:01:13	00:32:58	4	20.4	00:00:54	00:20:24	2	6:47	01:02:56.86
2	241	Bettina Keppers	F	35	Duluth	MN	00:07:24	1	1:16	00:01:19	00:30:52	1	21.8	00:01:08	00:23:51	10	7:56	01:04:31.85
3	248	Tara Makinen	F	39	Grand Rapids	MN	00:08:52	15	1:31	00:01:13	00:31:28	2	21.4	00:00:55	00:22:38	7	7:32	01:05:04.18
4	260	Jena Ogston	F	47	Duluth	MN	00:08:23	8	1:26	00:01:06	00:32:10	3	20.9	00:00:56	00:23:26	9	7:48	01:05:59.41
5	227	Jenny Whiddon	F	27	Grad Forks Afb	ND	00:09:09	20	1:34	00:01:37	00:33:59	11	19.8	00:01:06	00:23:04	8	7:41	01:08:51.50
6	208	Simone Lundquist	F	16	Osseo	MN	00:07:42	3	1:19	00:01:17	00:37:09	37	18.1	00:00:56	00:22:31	6	7:30	01:09:33.36
7	239	Sheila Johnson	F	33	Park Rapids	MN	00:10:21	38	1:46	00:01:28	00:36:51	35	18.2	00:00:35	00:20:24	1	6:47	01:09:35.82
8	232	Anna Dehler	F	30	Duluth	MN	00:10:26	41	1:47	00:01:44	00:34:34	17	19.4	00:01:12	00:22:23	5	7:27	01:10:16.23
9	310	Sara Gaalaas	F	31	Grand Rapids	MN	00:10:06	34	1:44	00:02:19	00:35:40	27	18.8	00:01:36	00:20:52	3	6:57	01:10:30.36
10	312	Kaytlin Garrison	F	20	Cohasset	MN	00:09:01	18	1:33	00:01:07	00:34:32	16	19.5	00:01:12	00:25:09	26	8:22	01:10:59.90
11	267	Julie Knochenmus	F	52	Esko	MN	00:10:14	36	1:45	00:01:12	00:33:52	10	19.8	00:01:05	00:24:41	16	8:13	01:11:01.87
12	201	Quincy Shelp	F	14	Maple Plain	MN	00:08:43	12	1:29	00:01:37	00:34:43	19	19.4	00:01:06	00:24:57	21	8:18	01:11:02.11
13	205	Mckenzie Radloff	F	15	Duluth	MN					00:33:12	7	20.2	00:00:57	00:25:20	28	8:26	01:11:02.86
14	322	Emma Stertz	F	18	Grand Rapids	MN	00:10:53	51	1:52	00:02:10	00:35:17	25	19.0	00:01:15	00:21:38	4	7:12	01:11:10.61
15	234	Terry Wosmek	F	31	Duluth	MN	00:09:51	33	1:41	00:01:20	00:34:07	12	19.7	00:00:57	00:24:58	23	8:19	01:11:11.51
16	319	Lindsay Nisula	F	42	Thunder Bay	ON	00:08:15	4	1:25	00:01:37	00:35:20	26	19.0	00:01:07	00:24:57	22	8:18	01:11:13.61
17	256	Julie Kemp	F	45	Esko	MN	00:11:11	59	1:55	00:01:34	00:33:05	5	20.3	00:01:05	00:24:28	15	8:09	01:11:20.86
18	204	Elsa Viren	F	15	Bovey	MN	00:08:16	6	1:25	00:02:46	00:34:14	13	19.6	00:00:54	00:25:55	31	8:38	01:12:02.36
19	224	Quinlyn Mullaney	F	26	Minneapolis	MN	00:09:16	22	1:35	00:02:32	00:35:54	28	18.7	00:01:03	00:23:53	11	7:57	01:12:36.36
20	9	Petra Cervenkova	F	51	Grand Rapids	MN	00:10:54	55	1:52	00:01:34	00:35:02	21	19.2	00:01:16	00:23:57	12	7:58	01:12:39.82
21	262	Terri Snell	F	49	Shoreview	MN	00:09:26	26	1:37	00:01:51	00:33:37	9	20.0	00:01:46	00:26:12	32	8:43	01:12:49.36
22	211	Annika Viren	F	18	Bovey	MN	00:08:15	5	1:25	00:02:32	00:34:32	15	19.5	00:00:51	00:27:14	38	9:04	01:13:22.07
23	266	Linda Belanger	F	51	International Falls	MN	00:10:56	56	1:52	00:01:05	00:34:39	18	19.4	00:01:04	00:25:49	30	8:36	01:13:30.20
24	272	Judith Peters	F	58	Saint Cloud	MN	00:10:29	43	1:48	00:01:51	00:35:05	23	19.2	00:01:28	00:25:04	25	8:21	01:13:54.76
25	213	Mallery Lind	F	19	Hibbing	MN	00:09:01	17	1:33	00:01:28	00:38:30	45	17.5	00:00:58	00:24:42	17	8:13	01:14:38.11
26	271	Mary Sands	F	57	Saint Paul	MN	00:10:43	45	1:50	00:01:24	00:34:19	14	19.6	00:01:24	00:26:55	36	8:58	01:14:41.26
27	240	Laura Krause	F	35	Hudson	WI	00:11:15	60	1:56	00:02:04	00:35:02	22	19.2	00:02:19	00:24:26	14	8:08	01:15:04.07
28	17	Evelyn Bercher	F	18	Ely	MN	00:09:36	27	1:39	00:02:20	00:38:20	40	17.5	00:01:03	00:24:06	13	8:01	01:15:22.56
29	301	Allison Luther	F	36	Thunder Bay	ON					00:37:24	38	18.0	00:01:17	00:25:00	24	8:19	01:15:59.73
30	259	Marlo Gangi	F	47	Coleraine	MN	00:10:53	52	1:52	00:01:29	00:35:14	24	19.1	00:01:25	00:27:05	37	9:01	01:16:02.61
31	220	Kellee Koenig	F	25	Duluth	MN	00:10:24	39	1:47	00:01:56	00:37:51	39	17.8	00:01:24	00:24:45	19	8:14	01:16:17.81
32	265	Susan Lamour	F	50	Invergroveheights	MN	00:10:44	46	1:50	00:02:04	00:33:09	6	20.3	00:01:37	00:28:59	50	9:39	01:16:30.28
33	249	Melissa Meyer	F	39	Laporte	MN	00:11:40	66	2:00	00:02:45	00:34:43	20	19.4	00:00:55	00:26:39	34	8:52	01:16:39.32
34	207	Morgan Bell	F	16	Maple Grove	MN	00:09:46	31	1:40	00:01:35	00:36:47	34	18.3	00:00:47	00:28:34	46	9:31	01:17:26.01
35	268	Stephanie Etterman	F	53	Brainerd	MN	00:10:46	49	1:51	00:01:47	00:36:30	30	18.4	00:01:47	00:27:16	39	9:05	01:18:02.71

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	217	Megan Allen	F	23	Grand Rapids	MN	00:09:47	32	1:40	00:03:08	00:39:41	53	16.9	00:01:13	00:24:43	18	8:14		01:18:28.36
37	253	Renee Saamanen	F	42	Duluth	MN	00:11:00	58	1:53	00:01:43	00:33:14	8	20.2	00:01:57	00:30:51	63	10:16		01:18:42.86
38	247	Megan Reynolds	F	39	Hibbing	MN	00:10:45	47	1:50	00:02:09	00:37:03	36	18.1	00:00:57	00:28:40	47	9:33		01:19:31.61
39	243	Melissa Wohlferd	F	37	Saint Charles	MN	00:10:53	53	1:52	00:02:44	00:36:17	29	18.5	00:01:55	00:28:02	42	9:20		01:19:49.17
40	261	Lori Sutherland	F	47	Cohasset	MN	00:12:07	71	2:05	00:02:56	00:36:30	31	18.4	00:01:05	00:27:20	40	9:06		01:19:55.61
41	33	Nicole Friend	F	34	Bemidji	MN	00:11:59	70	2:03	00:02:20	00:39:38	52	17.0	00:00:50	00:25:14	27	8:24		01:19:58.31
42	225	Heather Brockell	F	26	Minneapolis	MN	00:11:41	67	2:00	00:02:04	00:40:19	56	16.7	00:01:12	00:25:26	29	8:28		01:20:38.12
43	309	Audra Lehrke	F	35	Mayer	MN	00:10:53	54	1:52	00:02:37	00:36:36	32	18.4	00:01:43	00:28:53	49	9:37		01:20:39.86
44	228	Jocelyn Hokkanen	F	27	Osseo	MN	00:08:43	13	1:29	00:01:54	00:38:31	46	17.4	00:01:29	00:30:12	57	10:03		01:20:47.07
45	18	Erika Mayerle	F	34	Minneapolis	MN	00:12:24	73	2:07	00:02:38	00:36:46	33	18.3	00:02:23	00:26:40	35	8:53		01:20:48.70
46	236	Molly Ongaro	F	31	Hibbing	MN	00:09:21	25	1:36	00:02:53	00:42:07	65	16.0	00:01:39	00:24:52	20	8:17		01:20:49.61
47	88	Lorena Jenks	F	56	Fort Frances	ON	00:10:24	40	1:47	00:01:42	00:38:28	43	17.5	00:01:23	00:29:09	52	9:42		01:21:03.27
48	212	Courtney Carson	F	19	Saint Paul	MN	00:10:47	50	1:51	00:03:01	00:38:26	42	17.5	00:00:58	00:28:04	43	9:21		01:21:13.07
49	238	Heather Matvey	F	32	Hibbing	MN	00:09:43	29	1:40	00:02:08	00:41:54	64	16.0	00:00:59	00:26:35	33	8:51		01:21:16.34
50	202	Livia Isaacs	F	14	Osseo	MN	00:08:21	7	1:26	00:02:00	00:41:13	60	16.3	00:00:44	00:29:20	53	9:46		01:21:36.27
51	215	Edyn Kemp	F	22	Duluth	MN	00:08:28	10	1:27	00:01:46	00:41:18	61	16.3	00:00:47	00:29:20	54	9:46		01:21:36.46
52	325	Sue Holm	F	49	Deer River	MN	00:09:04	19	1:33	00:01:40	00:39:17	49	17.1	00:01:06	00:31:04	65	10:21		01:22:08.11
53	226	Amy Evans	F	26	Saint Paul	MN	00:09:44	30	1:40	00:01:59	00:38:21	41	17.5	00:01:28	00:30:52	64	10:17		01:22:22.11
54	222	Natalie Kruse	F	26	Grand Rapids	MN	00:10:12	35	1:45	00:02:15	00:38:39	47	17.4	00:01:20	00:30:24	60	10:07		01:22:47.34
55	79	Julia Loegering	F	21	Novato	CA	00:08:25	9	1:26	00:02:40	00:42:45	68	15.7	00:01:19	00:28:12	45	9:23		01:23:18.24
56	237	Rachelle Brockell	F	32	Minneapolis	MN	00:10:45	48	1:50	00:02:13	00:41:02	59	16.4	00:01:11	00:28:09	44	9:22		01:23:18.44
57	233	Kendra Anderegg	F	30	Minneapolis	MN	00:08:53	16	1:31	00:03:23	00:39:54	55	16.8	00:01:58	00:30:32	61	10:10		01:24:36.57
58	270	Katherine Walz	F	55	Minneapolis	MN	00:10:15	37	1:45	00:03:02	00:41:46	63	16.1	00:01:23	00:29:02	51	9:40		01:25:24.37
59	257	Amy Haney	F	45	Duluth	MN	00:11:48	68	2:01	00:02:18	00:41:02	58	16.4	00:00:48	00:30:00	55	9:59		01:25:52.24
60	273	Michel Sanders	F	65	Saint Paul	MN	00:11:20	61	1:56	00:02:59	00:38:28	44	17.5	00:01:41	00:32:01	66	10:40		01:26:26.12
61	244	Stephanie Kemp	F	37	Hibbing	MN	00:11:37	64	1:59	00:01:49	00:41:30	62	16.2	00:01:43	00:30:19	58	10:06		01:26:54.37
62	221	Jackie Myers	F	25	Duluth	MN	00:09:20	24	1:36	00:02:39	00:39:01	48	17.2	00:01:22	00:34:42	75	11:33		01:27:01.36
63	275	Nancy Bauer	F	71	Champlin	MN	00:12:19	72	2:07	00:01:42	00:39:35	51	17.0	00:02:16	00:32:26	67	10:48		01:28:14.11
64	219	Jordan Greene	F	25	Saint Paul	MN	00:09:09	21	1:34	00:02:27	00:42:23	66	15.9	00:01:04	00:33:24	73	11:07		01:28:24.77
65	235	Laura Helmbrecht	F	31	Grand Rapids	MN	00:09:17	23	1:35	00:02:57	00:39:21	50	17.1	00:02:17	00:34:36	74	11:31		01:28:25.99
66	245	Kimberly Hanegmon	F	38	Hibbing	MN	00:10:28	42	1:48	00:03:42	00:39:51	54	16.9	00:01:51	00:32:47	68	10:55		01:28:37.02
67	209	Rose Hansen	F	17	Cohasset	MN	00:08:46	14	1:30	00:03:21	00:42:50	70	15.7	00:01:56	00:33:11	71	11:03		01:30:01.07
68	254	Alison Jones	F	43	Novato	CA	00:11:22	62	1:57	00:02:49	00:43:07	71	15.6	00:02:28	00:30:19	59	10:06		01:30:03.29
69	258	Malynda Krieg	F	46	Moorhead	MN	00:12:43	76	2:11	00:02:30	00:42:32	67	15.8	00:02:13	00:30:07	56	10:02		01:30:03.29
70	210	Emma Snell	F	17	Shoreview	MN	00:11:23	63	1:57	00:02:20	00:46:20	75	14.5	00:01:12	00:30:43	62	10:14		01:31:54.87

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Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			T2	----- RUN -----			Penalty	Total Time
							Time	Plc	100y		Time	Plc	Mph		Time	Plc	Pace		
71	269	Crystal Brown	F	53	Maple	WI	00:11:39	65	2:00	00:03:42	00:42:48	69	15.7	00:01:12	00:32:52	69	10:57		01:32:10.75
72	264	Susan Hjort	F	50	Duluth	MN	00:10:36	44	1:49	00:02:39	00:46:21	77	14.5	00:01:06	00:32:53	70	10:57		01:33:32.12
73	218	Katelin Kruger	F	24	Minneapolis	MN	00:11:54	69	2:02	00:02:23	00:46:20	76	14.5	00:01:16	00:33:20	72	11:06		01:35:10.62
74	250	Elizabeth Lilja	F	42	Saint Paul	MN	00:12:24	74	2:08	00:03:22	00:50:48	79	13.2	00:01:32	00:27:58	41	9:19		01:36:01.62
75	246	Elizabeth Friend	F	38	Grand Rapids	MN	00:14:35	79	2:30	00:02:14	00:43:41	73	15.4	00:01:28	00:34:49	76	11:36		01:36:44.62
76	274	Nancy Roehr	F	65	Minneapolis	MN	00:12:42	75	2:11	00:03:16	00:40:46	57	16.5	00:02:44	00:38:41	79	12:53		01:38:06.87
77	206	Danielle Kemp	F	15	Esko	MN	00:09:41	28	1:39	00:02:34	00:43:32	72	15.4	00:00:59	00:41:25	81	13:48		01:38:09.33
78	203	Delaney Snell	F	15	Shoreview	MN	00:08:41	11	1:29	00:03:27	00:48:53	78	13.7	00:01:59	00:35:20	77	11:46		01:38:17.04
79	216	Talerie Johnson	F	23	Duluth	MN	00:13:01	77	2:14	00:03:34	00:44:57	74	15.0	00:01:30	00:37:41	78	12:33		01:40:41.12
80	94	Jen Nelson	F	39	Hibbing	MN	00:13:58	78	2:24	00:03:16	01:01:16	81	11.0	00:01:58	00:28:44	48	9:34		01:49:08.95
81	229	Elizabeth Boosalis	F	27	Saint Paul	MN	00:10:56	57	1:52	00:07:48	00:50:48	80	13.2	00:01:35	00:40:55	80	13:38		01:51:59.82

Timberman Triathlon

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Sprint Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	283	John Shelp	M	46	Maple Plain	MN	00:06:39	1	1:08	00:01:03	00:28:10	2	23.9	00:00:53	00:19:07	3	6:22		00:55:51.03
2	156	Adam Himes	M	46	Plymouth	MN	00:07:25	3	1:16	00:00:54	00:28:52	4	23.3	00:00:40	00:19:47	5	6:35		00:57:35.34
3	316	Thomas Loegering	M	35	West Fargo	ND	00:08:51	21	1:31	00:01:12	00:28:08	1	23.9	00:00:40	00:19:40	4	6:33		00:58:28.30
4	153	John Garrison	M	46	Cohasset	MN	00:08:05	8	1:23	00:01:06	00:28:44	3	23.4	00:00:45	00:20:18	8	6:45		00:58:55.53
5	13	Vasek Cervenka	M	19	Grand Rapids	MN	00:10:27	60	1:47	00:01:02	00:29:35	7	22.7	00:01:00	00:18:08	1	6:02		01:00:08.75
6	20	Garrett Beckrich	M	18	Grand Rapids	MN	00:10:27	61	1:47	00:01:03	00:29:23	5	22.9	00:01:11	00:18:09	2	6:02		01:00:10.57
7	318	Jack Hennen	M	18	Cambridge	MN	00:07:16	2	1:14	00:00:51	00:30:31	8	22.0	00:00:44	00:21:38	14	7:12		01:00:57.06
8	119	Joshua Kemp	M	19	Esko	MN	00:08:53	23	1:31	00:01:04	00:30:33	9	22.0	00:00:29	00:20:14	7	6:44		01:01:10.84
9	143	Philip Imholte	M	38	Grand Rapids	MN	00:08:11	11	1:24	00:00:53	00:31:28	16	21.4	00:00:38	00:20:11	6	6:43		01:01:18.56
10	116	Sam Himes	M	18	Plymouth	MN	00:09:01	26	1:33	00:00:54	00:30:35	10	22.0	00:00:31	00:20:49	12	6:56		01:01:48.09
11	126	Lee Brown	M	26	Duluth	MN	00:08:39	18	1:29	00:01:03	00:30:43	11	21.9	00:00:48	00:21:44	16	7:14		01:02:53.79
12	146	Josh Troumbly	M	39	Bovey	MN	00:09:13	28	1:35	00:01:39	00:29:33	6	22.8	00:00:58	00:21:42	15	7:13		01:03:02.59
13	169	Daniel Duff	M	54	Duluth	MN	00:08:00	6	1:22	00:01:54	00:32:04	19	21.0	00:01:08	00:20:36	11	6:51		01:03:38.32
14	161	Brad Spry	M	49	Walker	MN	00:07:51	5	1:21	00:01:42	00:32:12	21	20.9	00:01:05	00:23:00	25	7:39		01:05:46.89
15	67	John Kelley	M	55	Duluth	MN	00:08:57	24	1:32	00:01:42	00:31:03	14	21.6	00:01:16	00:22:56	24	7:38		01:05:51.35
16	142	Tom Dehler	M	33	Duluth	MN	00:09:31	35	1:38	00:02:13	00:33:02	27	20.4	00:01:20	00:20:19	9	6:46		01:06:21.06
17	151	Frank M Gangi	M	44	Coleraine	MN	00:11:19	76	1:56	00:01:13	00:30:59	13	21.7	00:01:15	00:22:07	18	7:22		01:06:50.46
18	165	Brent Johnson	M	51	Superior	WI	00:09:28	33	1:37	00:01:06	00:31:57	18	21.0	00:01:07	00:23:32	27	7:50		01:07:06.85
19	140	Andrew Moe	M	32	Minneapolis	MN	00:10:12	54	1:45	00:01:28	00:33:11	29	20.3	00:01:27	00:20:53	13	6:57		01:07:07.80
20	136	Luke Zupan	M	30	Grand Rapids	MN	00:10:02	48	1:43	00:02:16	00:33:14	30	20.2	00:01:16	00:20:35	10	6:51		01:07:20.40
21	138	Clay Whiddon	M	31	Grad Forks Afb	ND	00:09:20	30	1:36	00:01:51	00:32:45	23	20.5	00:00:56	00:22:39	21	7:32		01:07:28.10
22	155	Jeremy Lind	M	46	Hibbing	MN	00:09:44	42	1:40	00:01:17	00:31:06	15	21.6	00:00:49	00:24:40	38	8:13		01:07:34.85
23	139	James Jylha	M	23	Duluth	MN	00:08:21	16	1:26	00:01:05	00:35:02	53	19.2	00:01:01	00:22:17	19	7:25		01:07:44.53
24	96	Reed Johnson	M	25	Superior	WI	00:11:43	83	2:01	00:01:32	00:32:55	26	20.4	00:00:53	00:21:51	17	7:16		01:08:52.10
25	148	Eric Omdahl	M	41	Saint Charles	MN	00:10:37	65	1:49	00:02:20	00:31:51	17	21.1	00:01:16	00:23:02	26	7:40		01:09:03.81
26	121	Logan Johnson	M	21	Duluth	MN	00:10:49	70	1:51	00:01:20	00:34:11	43	19.7	00:00:52	00:22:35	20	7:31		01:09:43.56
27	145	Luther Kemp	M	39	Hibbing	MN	00:09:46	43	1:40	00:01:02	00:30:58	12	21.7	00:00:51	00:27:13	59	9:04		01:09:47.60
28	311	Erik Riker-Coleman	M	46	Duluth	MN	00:09:33	36	1:38	00:01:12	00:32:49	24	20.5	00:01:11	00:25:23	44	8:27		01:10:05.82
29	154	Doobie Kurus	M	46	Hopkins	MN	00:08:14	12	1:24	00:01:35	00:33:58	40	19.8	00:01:09	00:25:27	45	8:28		01:10:19.27
30	180	Walter Knochenmus	M	57	Esko	MN	00:09:00	25	1:32	00:01:09	00:33:40	35	20.0	00:01:10	00:25:28	46	8:29		01:10:24.35
31	188	D J Lamour	M	61	Invergroveheights	MN	00:08:15	13	1:25	00:02:09	00:35:07	54	19.1	00:01:09	00:24:34	36	8:11		01:11:12.35
32	163	Matthew Snell	M	50	Shoreview	MN	00:10:10	53	1:44	00:02:26	00:32:08	20	20.9	00:02:21	00:24:18	32	8:05		01:11:19.61
33	160	Jeff Tillman	M	49	Cohasset	MN	00:10:36	64	1:49	00:02:11	00:33:58	41	19.8	00:00:50	00:24:05	31	8:01		01:11:37.85
34	46	Steve Heikkila	M	61	Saint Paul	MN	00:08:52	22	1:31	00:01:40	00:33:39	34	20.0	00:01:05	00:26:45	56	8:54		01:11:59.01
35	129	Nick Krebsbach	M	28	Maple Grove	MN	00:09:07	27	1:34	00:02:29	00:33:24	33	20.1	00:02:06	00:24:58	40	8:19		01:12:00.58

Timberman Triathlon

July 14, 2018

Sprint Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
36	302	Paul Olson	M	60	Grand Rapids	MN	00:09:29	34	1:37	00:01:33	00:33:43	37	19.9	00:01:13	00:26:12	50	8:43		01:12:07.57
37	185	Jim Funk	M	60	Mound	MN	00:08:21	15	1:26	00:03:17	00:34:35	49	19.4	00:02:05	00:24:27	34	8:08		01:12:42.70
38	167	Matt Evans	M	52	Eau Claire	WI	00:07:26	4	1:16	00:02:38	00:34:23	47	19.6	00:01:46	00:26:40	54	8:53		01:12:49.36
39	22	Connor Stefan	M	20	Bozeman	MT	00:08:43	19	1:29	00:03:23	00:35:31	58	18.9	00:01:09	00:24:20	33	8:06		01:13:04.60
40	158	Kevin Haney	M	47	Duluth	MN	00:09:48	44	1:41	00:02:26	00:33:45	38	19.9	00:01:11	00:25:57	48	8:38		01:13:05.31
41	132	William Utter	M	29	Minneapolis	MN	00:10:07	50	1:44	00:01:51	00:37:18	70	18.0	00:01:09	00:22:48	23	7:35		01:13:09.47
42	131	Michael Senich	M	28	Minneapolis	MN	00:08:07	9	1:23	00:03:02	00:37:53	71	17.7	00:01:24	00:22:46	22	7:35		01:13:10.50
43	174	James Justus	M	55	Cohasset	MN	00:08:04	7	1:23	00:02:01	00:35:44	60	18.8	00:01:46	00:26:04	49	8:41		01:13:36.33
44	144	Randy Wohlferd	M	39	Saint Charles	MN	00:10:54	73	1:52	00:02:37	00:33:09	28	20.3	00:01:13	00:25:54	47	8:37		01:13:44.85
45	133	Travis Tufte	M	29	Hopkins	MN	00:10:43	66	1:50	00:02:32	00:34:35	50	19.4	00:01:06	00:24:59	41	8:19		01:13:52.19
46	308	Skeeter Moore	M	55	Duluth	MN	00:08:20	14	1:26	00:01:26	00:33:40	36	20.0	00:01:16	00:29:27	74	9:48		01:14:07.24
47	68	Rich Heytens	M	56	Minneapolis	MN	00:10:24	57	1:47	00:01:54	00:32:44	22	20.5	00:01:05	00:28:03	62	9:20		01:14:07.24
48	173	Scott Deturk	M	54	Newark	DE	00:11:55	86	2:03	00:01:54	00:34:11	44	19.7	00:01:05	00:25:13	42	8:24		01:14:15.17
49	172	Stephen Tufo	M	54	Minneapolis	MN	00:09:56	46	1:42	00:02:51	00:35:02	52	19.2	00:02:07	00:24:39	37	8:12		01:14:32.36
50	114	Cort Isaacs	M	16	Osseo	MN	00:09:26	31	1:37	00:01:36	00:39:02	75	17.2	00:00:34	00:24:28	35	8:09		01:15:03.48
51	183	Steve Otto	M	59	Cohasset	MN	00:11:40	81	2:00	00:02:02	00:35:44	59	18.8	00:00:57	00:24:55	39	8:18		01:15:14.25
52	120	Jace Isaacs	M	20	Osseo	MN	00:09:43	41	1:40	00:01:23	00:37:05	68	18.1	00:00:37	00:26:29	53	8:49		01:15:14.85
53	149	Chad Troumbly	M	41	Grand Rapids	MN	00:10:26	59	1:47	00:02:17	00:36:12	65	18.6	00:01:09	00:25:22	43	8:27		01:15:23.11
54	162	Michael Clark	M	50	Rochester	MN	00:10:09	52	1:44	00:02:33	00:35:11	55	19.1	00:01:29	00:27:25	61	9:08		01:16:45.02
55	141	Blake Erickson	M	33	Brookings	SD	00:09:42	40	1:40	00:02:32	00:37:07	69	18.1	00:01:12	00:26:21	52	8:46		01:16:51.12
56	192	Jim Miner	M	64	Duluth	MN	00:09:27	32	1:37	00:02:37	00:34:26	48	19.5	00:01:33	00:29:03	70	9:40		01:17:03.36
57	194	Michael Sjogren	M	67	Saint Cloud	MN	00:09:34	37	1:38	00:01:51	00:34:13	45	19.6	00:01:36	00:30:09	76	10:02		01:17:19.35
58	157	Daniel Radloff	M	47	Duluth	MN	00:10:45	67	1:50	00:02:01	00:32:49	25	20.5	00:01:33	00:31:01	79	10:20		01:18:05.09
59	171	Kyle Harju	M	54	Monticello	MN	00:10:07	51	1:44	00:01:55	00:34:09	42	19.7	00:01:06	00:30:54	78	10:17		01:18:08.55
60	184	Randy Back	M	59	Superior	WI	00:13:06	92	2:15	00:01:32	00:33:46	39	19.9	00:01:23	00:28:34	65	9:31		01:18:18.61
61	159	Tony Tallman	M	49	Hopkins	MN	00:10:24	58	1:47	00:03:36	00:36:10	63	18.6	00:01:38	00:26:50	57	8:56		01:18:35.12
62	189	Mark Rauschenfels	M	63	Duluth	MN	00:09:54	45	1:42	00:01:59	00:33:16	31	20.2	00:01:36	00:32:14	82	10:44		01:18:55.47
63	179	David Kooda	M	57	Grand Rapids	MN	00:09:37	39	1:39	00:04:24	00:36:35	66	18.4	00:01:09	00:28:13	64	9:24		01:19:55.57
64	303	Daryl Stevens	M	76	Sartell	MN	00:11:23	79	1:57	00:02:48	00:33:20	32	20.2	00:01:29	00:31:08	80	10:22		01:20:04.61
65	198	Tom Couillard	M	69	White Bear Lake	MN	00:11:04	74	1:54	00:02:25	00:35:13	56	19.1	00:02:43	00:29:07	72	9:42		01:20:29.86
66	123	Jordan Nieuwsma	M	25	Lakeville	MN	00:13:39	95	2:20	00:03:15	00:38:34	73	17.4	00:01:11	00:24:00	29	7:59		01:20:37.60
67	313	Ben Lockler	M	25	Grand Forks Afb	ND	00:10:50	72	1:51	00:03:15	00:42:03	87	16.0	00:00:54	00:23:48	28	7:55		01:20:46.78
68	111	Nathan Hjort	M	14	Duluth	MN	00:08:09	10	1:24	00:03:17	00:40:17	81	16.7	00:01:00	00:28:09	63	9:22		01:20:49.43
69	71	Gary Nygaard	M	58	Shoreview	MN	00:10:28	62	1:48	00:04:45	00:34:21	46	19.6	00:02:39	00:28:51	68	9:36		01:21:03.01
70	115	Aaron Hjort	M	18	Duluth	MN	00:10:34	63	1:49	00:02:58	00:39:45	77	16.9	00:00:50	00:27:11	58	9:03		01:21:16.65

Timberman Triathlon

July 14, 2018

Sprint Individual

Overall Results - Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
71	125	Mike Kruger	M	26	Minneapolis	MN	00:11:22	78	1:57	00:03:39	00:41:13	85	16.3	00:01:15	00:24:04	30	8:01		01:21:28.61
72	175	Roy Smith	M	55	Hibbing	MN	00:09:35	38	1:38	00:02:23	00:39:48	78	16.9	00:01:12	00:29:05	71	9:41		01:21:59.61
73	195	Bob Carlson	M	67	Plymouth	MN	00:12:38	91	2:10	00:03:07	00:36:03	62	18.6	00:02:40	00:28:45	67	9:34		01:23:11.32
74	127	Micheal Figgins	M	27	Hopkins	MN	00:10:47	69	1:51	00:02:23	00:40:13	80	16.7	00:00:58	00:29:20	73	9:46		01:23:39.61
75	134	Charles Hilligoss	M	29	Minneapolis	MN	00:11:11	75	1:55	00:02:36	00:41:22	86	16.2	00:01:25	00:27:17	60	9:05		01:23:47.99
76	128	Alec Richards	M	28	Minneapolis	MN	00:12:30	90	2:08	00:03:28	00:40:24	82	16.6	00:01:50	00:26:14	51	8:44		01:24:22.08
77	304	Colt Cramer	M	52	Excelsior	MN	00:12:24	89	2:07	00:02:32	00:35:19	57	19.0	00:00:57	00:33:42	84	11:13		01:24:51.24
78	170	John Nalan	M	54	Grand Rapids	MN	00:10:17	55	1:46	00:02:29	00:36:48	67	18.3	00:01:18	00:34:09	87	11:22		01:24:58.12
79	122	Brock Lind	M	21	Hibbing	MN	00:14:44	97	2:32	00:02:01	00:34:53	51	19.3	00:01:13	00:32:35	83	10:51		01:25:22.96
80	118	Mason Morrissey	M	18	Grand Rapids	MN	00:11:41	82	2:00	00:03:30	00:43:06	94	15.6	00:01:33	00:26:44	55	8:54		01:26:31.01
81	182	Arndt Braaten	M	58	Duluth	MN	00:08:35	17	1:28	00:04:56	00:36:11	64	18.6	00:04:01	00:33:47	85	11:15		01:27:27.02
82	196	Hartman Erickson	M	67	Burnsville	MN	00:09:57	47	1:42	00:02:55	00:38:10	72	17.6	00:02:27	00:34:15	88	11:24		01:27:41.83
83	135	Jascha Marchuk	M	29	Blaine	MN	00:11:48	84	2:01	00:03:19	00:43:04	93	15.6	00:01:02	00:28:57	69	9:38		01:28:07.36
84	190	Doug Jost	M	63	Centerville	MN	00:11:59	87	2:03	00:02:35	00:39:50	79	16.9	00:01:49	00:32:00	81	10:39		01:28:10.10
85	130	Bobby Pearson	M	28	Grand Forks	ND	00:10:47	68	1:51	00:02:36	00:44:26	97	15.1	00:01:45	00:28:42	66	9:33		01:28:13.86
86	152	Chad Belanger	M	46	International Falls	MN	00:10:49	71	1:51	00:04:42	00:40:46	84	16.5	00:02:40	00:29:51	75	9:56		01:28:45.01
87	147	Keith Murphy	M	40	Bovey	MN	00:08:51	20	1:31	00:04:16	00:40:29	83	16.6	00:02:28	00:33:51	86	11:16		01:29:53.62
88	176	Marc Chiodo	M	60	Minneapolis	MN	00:13:11	93	2:16	00:02:32	00:35:52	61	18.7	00:03:22	00:35:05	91	11:41		01:29:59.32
89	168	Todd Isaacs	M	53	Osseo	MN	00:13:40	96	2:21	00:01:53	00:39:25	76	17.1	00:01:20	00:35:02	90	11:40		01:31:19.08
90	177	John Barrett	M	56	Hibbing	MN	00:11:50	85	2:02	00:04:25	00:43:43	96	15.4	00:01:32	00:30:09	77	10:02		01:31:37.02
91	112	Samuel Reiten	M	14	Grand Rapids	MN	00:09:16	29	1:35	00:03:54	00:42:16	88	15.9	00:01:29	00:35:09	92	11:42		01:32:01.04
92	75	Bob Oxborough	M	63	Plymouth	MN	00:13:16	94	2:16	00:02:36	00:38:39	74	17.4	00:02:48	00:34:47	89	11:35		01:32:03.37
93	193	Brad Erickson	M	66	Brookings	SD	00:10:22	56	1:46	00:03:04	00:43:42	95	15.4	00:01:43	00:39:05	95	13:01		01:37:52.62
94	150	Aaron Cabbage	M	43	Saint Paul	MN	00:10:03	49	1:43	00:04:43	00:42:56	92	15.7	00:04:18	00:36:53	93	12:17		01:38:50.52
95	181	Ken Kruger	M	57	Forest Lake	MN	00:12:01	88	2:03	00:03:17	00:42:56	91	15.7	00:02:47	00:38:52	94	12:57		01:39:51.05
96	191	Walter Milbrath	M	63	Bayfield	WI	00:11:21	77	1:57	00:02:14	00:42:41	90	15.7	00:01:37	00:43:24	96	14:27		01:41:14.37
97	197	Joe Kandiko	M	68	Excelsior	MN	00:11:39	80	2:00	00:02:36	00:42:32	89	15.8	00:04:36	00:44:31	97	14:50		01:45:51.12
98	200	Francis Tuominen	M	75	Minneapolis	MN	00:15:52	98	2:43	00:04:12	00:47:20	98	14.2	00:03:33	00:47:21	98	15:46		01:58:15.62