

Timberman Triathlon

July 14, 2018

Overall Division Results

Sprint Individual

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/179	1/81	214	Taylor Lundquist	19	F	Osseo	MN	00:07:29.42	00:32:57.95	00:20:23.93		01:02:56.86

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/179	1/98	283	John Shelp	46	M	Maple Plain	MN	00:06:38.50	00:28:09.92	00:19:06.99		00:55:51.03

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/179	4/81	260	Jena Ogston	47	F	Duluth	MN	00:08:22.97	00:32:09.85	00:23:25.19		01:05:59.41

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/179	2/98	156	Adam Himes	46	M	Plymouth	MN	00:07:24.25	00:28:51.69	00:19:46.88		00:57:35.34

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	42/179	12/81	201	Quincy Shelp	14	F	Maple Plain	MN	00:08:42.50	00:34:42.16	00:24:56.22		01:11:02.11
2	43/179	13/81	205	Mckenzie Radloff	15	F	Duluth	MN		00:33:11.53	00:25:19.00		01:11:02.86
3	53/179	18/81	204	Elsa Viren	15	F	Bovey	MN	00:08:15.75	00:34:13.62	00:25:54.14		01:12:02.36
4	121/179	50/81	202	Livia Isaacs	14	F	Osseo	MN	00:08:20.44	00:41:12.26	00:29:19.81		01:21:36.27
5	170/179	77/81	206	Danielle Kemp	15	F	Esko	MN	00:09:40.51	00:43:31.63	00:41:24.98		01:38:09.33
6	171/179	78/81	203	Delaney Snell	15	F	Shoreview	MN	00:08:40.17	00:48:52.46	00:35:19.67		01:38:17.04

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	113/179	68/98	111	Nathan Hjort	14	M	Duluth	MN	00:08:08.37	00:40:16.67	00:28:08.98		01:20:49.43

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Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
2	161/179	91/98	112	Samuel Reiten	14	M	Grand Rapids	MN	00:09:15.94	00:42:15.42	00:35:08.05		01:32:01.04

Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	31/179	6/81	208	Simone Lundquist	16	F	Osseo	MN	00:07:41.76	00:37:08.98	00:22:30.47		01:09:33.36
2	44/179	14/81	322	Emma Stertz	18	F	Grand Rapids	MN	00:10:52.48	00:35:16.56	00:21:37.48		01:11:10.61
3	64/179	22/81	211	Annika Viren	18	F	Bovey	MN	00:08:14.94	00:34:31.20	00:27:13.10		01:13:22.07
4	74/179	25/81	213	Mallery Lind	19	F	Hibbing	MN	00:09:00.72	00:38:29.49	00:24:41.98		01:14:38.11
5	80/179	28/81	17	Evelyn Bercher	18	F	Ely	MN	00:09:35.26	00:38:19.67	00:24:05.59		01:15:22.56
6	91/179	34/81	207	Morgan Bell	16	F	Maple Grove	MN	00:09:45.01	00:36:46.36	00:28:33.54		01:17:26.01
7	117/179	48/81	212	Courtney Carson	19	F	Saint Paul	MN	00:10:46.00	00:38:25.54	00:28:03.57		01:21:13.07
8	155/179	67/81	209	Rose Hansen	17	F	Cohasset	MN	00:08:45.75	00:42:49.04	00:33:10.81		01:30:01.07
9	160/179	70/81	210	Emma Snell	17	F	Shoreview	MN	00:11:22.77	00:46:19.04	00:30:42.39		01:31:54.87

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/179	5/98	13	Vasek Cervenka	19	M	Grand Rapids	MN	00:10:26.50	00:29:34.17	00:18:07.34		01:00:08.75
2	6/179	6/98	20	Garrett Beckrich	18	M	Grand Rapids	MN	00:10:26.64	00:29:22.64	00:18:08.74		01:00:10.57
3	7/179	7/98	318	Jack Hennen	18	M	Cambridge	MN	00:07:15.49	00:30:30.11	00:21:37.96		01:00:57.06
4	8/179	8/98	119	Joshua Kemp	19	M	Esko	MN	00:08:52.48	00:30:32.50	00:20:13.62		01:01:10.84
5	10/179	10/98	116	Sam Himes	18	M	Plymouth	MN	00:09:00.23	00:30:34.08	00:20:48.98		01:01:48.09
6	76/179	50/98	114	Cort Isaacs	16	M	Osseo	MN	00:09:25.89	00:39:01.95	00:24:27.03		01:15:03.48
7	119/179	70/98	115	Aaron Hjort	18	M	Duluth	MN	00:10:33.75	00:39:44.84	00:27:10.80		01:21:16.65
8	140/179	80/98	118	Mason Morrissey	18	M	Grand Rapids	MN	00:11:40.73	00:43:05.45	00:26:43.03		01:26:31.01

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	40/179	10/81	312	Kaytlin Garrison	20	F	Cohasset	MN	00:09:00.91	00:34:31.79	00:25:08.87		01:10:59.90
2	96/179	36/81	217	Megan Allen	23	F	Grand Rapids	MN	00:09:46.01	00:39:40.50	00:24:42.21		01:18:28.36
3	122/179	51/81	215	Edyn Kemp	22	F	Duluth	MN	00:08:27.36	00:41:17.03	00:29:20.00		01:21:36.46

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Overall Division Results

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Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
4	128/179	55/81	79	Julia Loegering	21	F	Novato	CA	00:08:24.93	00:42:44.25	00:28:11.64		01:23:18.24
5	165/179	73/81	218	Katelin Kruger	24	F	Minneapolis	MN	00:11:53.51	00:46:19.65	00:33:19.44		01:35:10.62
6	174/179	79/81	216	Talerie Johnson	23	F	Duluth	MN	00:13:00.20	00:44:56.95	00:37:40.67		01:40:41.12

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	27/179	23/98	139	James Jylha	23	M	Duluth	MN	00:08:20.78	00:35:01.79	00:22:16.58		01:07:44.53
2	33/179	26/98	121	Logan Johnson	21	M	Duluth	MN	00:10:48.22	00:34:10.01	00:22:34.10		01:09:43.56
3	60/179	39/98	22	Connor Stefan	20	M	Bozeman	MT	00:08:42.25	00:35:30.95	00:24:19.78		01:13:04.60
4	79/179	52/98	120	Jace Isaacs	20	M	Osseo	MN	00:09:42.50	00:37:04.54	00:26:28.88		01:15:14.85
5	136/179	79/98	122	Brock Lind	21	M	Hibbing	MN	00:14:43.50	00:34:52.09	00:32:34.27		01:25:22.96

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	28/179	5/81	227	Jenny Whiddon	27	F	Grad Forks Afb	ND	00:09:08.22	00:33:58.25	00:23:03.03		01:08:51.50
2	55/179	19/81	224	Quinlyn Mullaney	26	F	Minneapolis	MN	00:09:15.36	00:35:53.94	00:23:52.63		01:12:36.36
3	84/179	31/81	220	Kellee Koenig	25	F	Duluth	MN	00:10:23.23	00:37:50.93	00:24:44.08		01:16:17.81
4	108/179	42/81	225	Heather Brockell	26	F	Minneapolis	MN	00:11:40.61	00:40:18.03	00:25:25.39		01:20:38.12
5	111/179	44/81	228	Jocelyn Hokkanen	27	F	Osseo	MN	00:08:42.62	00:38:30.61	00:30:11.15		01:20:47.07
6	125/179	53/81	226	Amy Evans	26	F	Saint Paul	MN	00:09:43.99	00:38:20.50	00:30:51.14		01:22:22.11
7	126/179	54/81	222	Natalie Kruse	26	F	Grand Rapids	MN	00:10:11.25	00:38:38.24	00:30:23.51		01:22:47.34
8	142/179	62/81	221	Jackie Myers	25	F	Duluth	MN	00:09:19.64	00:39:00.94	00:34:41.21		01:27:01.36
9	149/179	64/81	219	Jordan Greene	25	F	Saint Paul	MN	00:09:08.43	00:42:22.94	00:33:23.68		01:28:24.77
10	178/179	81/81	229	Elizabeth Boosalis	27	F	Saint Paul	MN	00:10:55.26	00:50:47.90	00:40:54.36		01:51:59.82

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/179	11/98	126	Lee Brown	26	M	Duluth	MN	00:08:38.05	00:30:42.01	00:21:43.62		01:02:53.79
2	29/179	24/98	96	Reed Johnson	25	M	Superior	WI	00:11:42.98	00:32:54.59	00:21:50.47		01:08:52.10
3	52/179	35/98	129	Nick Krebsbach	28	M	Maple Grove	MN	00:09:06.19	00:33:23.69	00:24:57.60		01:12:00.58

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Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
4	62/179	41/98	132	William Utter	29	M	Minneapolis	MN	00:10:06.53	00:37:17.20	00:22:47.05		01:13:09.47
5	63/179	42/98	131	Michael Senich	28	M	Minneapolis	MN	00:08:06.99	00:37:52.20	00:22:45.82		01:13:10.50
6	68/179	45/98	133	Travis Tufte	29	M	Hopkins	MN	00:10:42.50	00:34:34.71	00:24:58.33		01:13:52.19
7	107/179	66/98	123	Jordan Nieuwsma	25	M	Lakeville	MN	00:13:38.50	00:38:33.92	00:23:59.88		01:20:37.60
8	110/179	67/98	313	Ben Lockler	25	M	Grand Forks Afb	ND	00:10:49.04	00:42:02.03	00:23:47.42		01:20:46.78
9	120/179	71/98	125	Mike Kruger	26	M	Minneapolis	MN	00:11:21.25	00:41:12.13	00:24:03.14		01:21:28.61
10	130/179	74/98	127	Micheal Figgins	27	M	Hopkins	MN	00:10:46.99	00:40:12.73	00:29:19.89		01:23:39.61
11	131/179	75/98	134	Charles Hilligoss	29	M	Minneapolis	MN	00:11:10.50	00:41:21.91	00:27:16.38		01:23:47.99
12	132/179	76/98	128	Alec Richards	28	M	Minneapolis	MN	00:12:29.11	00:40:23.11	00:26:13.17		01:24:22.08
13	145/179	83/98	135	Jascha Marchuk	29	M	Blaine	MN	00:11:47.46	00:43:03.66	00:28:56.42		01:28:07.36
14	147/179	85/98	130	Bobby Pearson	28	M	Grand Forks	ND	00:10:46.37	00:44:25.75	00:28:41.89		01:28:13.86

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	32/179	7/81	239	Sheila Johnson	33	F	Park Rapids	MN	00:10:20.19	00:36:50.19	00:20:23.61		01:09:35.82
2	36/179	8/81	232	Anna Dehler	30	F	Duluth	MN	00:10:25.47	00:34:33.39	00:22:22.77		01:10:16.23
3	39/179	9/81	310	Sara Gaalaas	31	F	Grand Rapids	MN	00:10:05.51	00:35:39.19	00:20:51.13		01:10:30.36
4	45/179	15/81	234	Terry Wosmek	31	F	Duluth	MN	00:09:50.92	00:34:06.73	00:24:57.66		01:11:11.51
5	104/179	41/81	33	Nicole Friend	34	F	Bemidji	MN	00:11:58.76	00:39:37.18	00:25:13.10		01:19:58.31
6	112/179	45/81	18	Erika Mayerle	34	F	Minneapolis	MN	00:12:23.25	00:36:45.46	00:26:39.56		01:20:48.70
7	114/179	46/81	236	Molly Ongaro	31	F	Hibbing	MN	00:09:20.75	00:42:06.08	00:24:51.60		01:20:49.61
8	118/179	49/81	238	Heather Matvey	32	F	Hibbing	MN	00:09:42.17	00:41:53.51	00:26:34.39		01:21:16.34
9	129/179	56/81	237	Rachelle Brockell	32	F	Minneapolis	MN	00:10:44.57	00:41:01.38	00:28:08.98		01:23:18.44
10	133/179	57/81	233	Kendra Anderegg	30	F	Minneapolis	MN	00:08:52.56	00:39:53.44	00:30:31.10		01:24:36.57
11	150/179	65/81	235	Laura Helmbrecht	31	F	Grand Rapids	MN	00:09:16.59	00:39:20.58	00:34:35.33		01:28:25.99

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	20/179	16/98	142	Tom Dehler	33	M	Duluth	MN	00:09:30.17	00:33:01.23	00:20:18.09		01:06:21.06
2	23/179	19/98	140	Andrew Moe	32	M	Minneapolis	MN	00:10:11.62	00:33:10.27	00:20:52.08		01:07:07.80
3	24/179	20/98	136	Luke Zupan	30	M	Grand Rapids	MN	00:10:01.24	00:33:13.64	00:20:34.93		01:07:20.40
4	25/179	21/98	138	Clay Whiddon	31	M	Grad Forks Afb	ND	00:09:19.39	00:32:44.18	00:22:38.68		01:07:28.10

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Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
5	88/179	55/98	141	Blake Erickson	33	M	Brookings	SD	00:09:41.74	00:37:06.26	00:26:20.23		01:16:51.12

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	15/179	2/81	241	Bettina Keppers	35	F	Duluth	MN	00:07:23.85	00:30:51.77	00:23:50.11		01:04:31.85
2	16/179	3/81	248	Tara Makinen	39	F	Grand Rapids	MN	00:08:51.25	00:31:27.69	00:22:37.98		01:05:04.18
3	77/179	27/81	240	Laura Krause	35	F	Hudson	WI	00:11:14.83	00:35:01.60	00:24:25.28		01:15:04.07
4	82/179	29/81	301	Allison Luther	36	F	Thunder Bay	ON		00:37:23.56	00:24:59.01		01:15:59.73
5	86/179	33/81	249	Melissa Meyer	39	F	Laporte	MN	00:11:39.19	00:34:42.82	00:26:38.87		01:16:39.32
6	100/179	38/81	247	Megan Reynolds	39	F	Hibbing	MN	00:10:44.17	00:37:02.27	00:28:39.89		01:19:31.61
7	101/179	39/81	243	Melissa Wohlferd	37	F	Saint Charles	MN	00:10:52.89	00:36:16.96	00:28:01.02		01:19:49.17
8	109/179	43/81	309	Audra Lehrke	35	F	Mayer	MN	00:10:52.89	00:36:35.35	00:28:52.32		01:20:39.86
9	141/179	61/81	244	Stephanie Kemp	37	F	Hibbing	MN	00:11:36.15	00:41:29.44	00:30:18.42		01:26:54.37
10	151/179	66/81	245	Kimberly Hanegmon	38	F	Hibbing	MN	00:10:27.92	00:39:50.56	00:32:46.57		01:28:37.02
11	167/179	75/81	246	Elizabeth Friend	38	F	Grand Rapids	MN	00:14:34.75	00:43:40.06	00:34:48.31		01:36:44.62
12	177/179	80/81	94	Jen Nelson	39	F	Hibbing	MN	00:13:57.13	01:01:15.58	00:28:43.25		01:49:08.95

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/179	3/98	316	Thomas Loegering	35	M	West Fargo	ND	00:08:50.75	00:28:07.50	00:19:39.14		00:58:28.30
2	9/179	9/98	143	Philip Imholte	38	M	Grand Rapids	MN	00:08:10.19	00:31:27.74	00:20:10.34		01:01:18.56
3	13/179	12/98	146	Josh Troumbly	39	M	Bovey	MN	00:09:12.69	00:29:32.15	00:21:41.62		01:03:02.59
4	34/179	27/98	145	Luther Kemp	39	M	Hibbing	MN	00:09:46.00	00:30:57.65	00:27:12.11		01:09:47.60
5	67/179	44/98	144	Randy Wohlferd	39	M	Saint Charles	MN	00:10:53.25	00:33:08.74	00:25:53.61		01:13:44.85

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	47/179	16/81	319	Lindsay Nisula	42	F	Thunder Bay	ON	00:08:14.64	00:35:19.14	00:24:56.88		01:11:13.61
2	98/179	37/81	253	Renee Saamanen	42	F	Duluth	MN	00:10:59.51	00:33:13.99	00:30:50.50		01:18:42.86
3	156/179	68/81	254	Alison Jones	43	F	Novato	CA	00:11:21.74	00:43:06.79	00:30:18.54		01:30:03.29

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Overall Division Results

Sprint Individual

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
4	166/179	74/81	250	Elizabeth Lilja	42	F	Saint Paul	MN	00:12:23.98	00:50:47.58	00:27:57.17		01:36:01.62

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	21/179	17/98	151	Frank M Gangi	44	M	Coleraine	MN	00:11:18.01	00:30:58.82	00:22:06.80		01:06:50.46
2	30/179	25/98	148	Eric Omdahl	41	M	Saint Charles	MN	00:10:36.10	00:31:50.57	00:23:01.75		01:09:03.81
3	81/179	53/98	149	Chad Troumbly	41	M	Grand Rapids	MN	00:10:25.00	00:36:11.05	00:25:21.24		01:15:23.11
4	153/179	87/98	147	Keith Murphy	40	M	Bovey	MN	00:08:50.70	00:40:28.74	00:33:50.90		01:29:53.62
5	172/179	94/98	150	Aaron Cabbage	43	M	Saint Paul	MN	00:10:02.25	00:42:55.99	00:36:52.31		01:38:50.52

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	49/179	17/81	256	Julie Kemp	45	F	Esko	MN	00:11:10.26	00:33:04.62	00:24:27.89		01:11:20.86
2	58/179	21/81	262	Terri Snell	49	F	Shoreview	MN	00:09:25.26	00:33:36.53	00:26:11.64		01:12:49.36
3	83/179	30/81	259	Marlo Gangi	47	F	Coleraine	MN	00:10:52.77	00:35:13.27	00:27:04.14		01:16:02.61
4	103/179	40/81	261	Lori Sutherland	47	F	Cohasset	MN	00:12:06.67	00:36:29.62	00:27:19.94		01:19:55.61
5	124/179	52/81	325	Sue Holm	49	F	Deer River	MN	00:09:03.33	00:39:16.19	00:31:03.67		01:22:08.11
6	138/179	59/81	257	Amy Haney	45	F	Duluth	MN	00:11:47.18	00:41:01.18	00:29:59.12		01:25:52.24
7	157/179	69/81	258	Malynda Krieg	46	F	Moorhead	MN	00:12:42.48	00:42:31.92	00:30:06.74		01:30:03.29

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/179	4/98	153	John Garrison	46	M	Cohasset	MN	00:08:04.51	00:28:43.04	00:20:17.48		00:58:55.53
2	17/179	14/98	161	Brad Spry	49	M	Walker	MN	00:07:50.66	00:32:11.10	00:22:59.16		01:05:46.89
3	26/179	22/98	155	Jeremy Lind	46	M	Hibbing	MN	00:09:43.81	00:31:05.82	00:24:39.76		01:07:34.85
4	35/179	28/98	311	Erik Riker-Coleman	46	M	Duluth	MN	00:09:32.37	00:32:48.69	00:25:22.85		01:10:05.82
5	37/179	29/98	154	Doobie Kurus	46	M	Hopkins	MN	00:08:13.01	00:33:57.22	00:25:26.40		01:10:19.27
6	50/179	33/98	160	Jeff Tillman	49	M	Cohasset	MN	00:10:35.68	00:33:57.63	00:24:04.29		01:11:37.85
7	61/179	40/98	158	Kevin Haney	47	M	Duluth	MN	00:09:47.88	00:33:44.99	00:25:56.03		01:13:05.31
8	93/179	58/98	157	Daniel Radloff	47	M	Duluth	MN	00:10:44.00	00:32:48.77	00:31:00.08		01:18:05.09

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Overall Division Results

Sprint Individual

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
9	97/179	61/98	159	Tony Tallman	49	M	Hopkins	MN	00:10:23.76	00:36:09.00	00:26:49.40		01:18:35.12
10	152/179	86/98	152	Chad Belanger	46	M	International Falls	MN	00:10:48.25	00:40:45.32	00:29:50.69		01:28:45.01

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	41/179	11/81	267	Julie Knochenmus	52	F	Esko	MN	00:10:13.58	00:33:51.48	00:24:40.64		01:11:01.87
2	56/179	20/81	9	Petra Cervenkova	51	F	Grand Rapids	MN	00:10:53.01	00:35:01.40	00:23:56.17		01:12:39.82
3	65/179	23/81	266	Linda Belanger	51	F	International Falls	MN	00:10:55.01	00:34:38.19	00:25:48.76		01:13:30.20
4	85/179	32/81	265	Susan Lamour	50	F	Invergroveheights	MN	00:10:43.76	00:33:08.69	00:28:58.07		01:16:30.28
5	92/179	35/81	268	Stephanie Etterman	53	F	Brainerd	MN	00:10:45.09	00:36:29.37	00:27:15.54		01:18:02.71
6	163/179	71/81	269	Crystal Brown	53	F	Maple	WI	00:11:38.76	00:42:47.20	00:32:51.73		01:32:10.75
7	164/179	72/81	264	Susan Hjort	50	F	Duluth	MN	00:10:35.76	00:46:20.12	00:32:52.70		01:33:32.12

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	14/179	13/98	169	Daniel Duff	54	M	Duluth	MN	00:07:59.00	00:32:03.14	00:20:35.09		01:03:38.32
2	22/179	18/98	165	Brent Johnson	51	M	Superior	WI	00:09:27.67	00:31:56.67	00:23:31.25		01:07:06.85
3	48/179	32/98	163	Matthew Snell	50	M	Shoreview	MN	00:10:09.24	00:32:07.44	00:24:17.66		01:11:19.61
4	59/179	38/98	167	Matt Evans	52	M	Eau Claire	WI	00:07:25.42	00:34:22.19	00:26:39.28		01:12:49.36
5	72/179	48/98	173	Scott Deturk	54	M	Newark	DE	00:11:54.38	00:34:10.19	00:25:12.58		01:14:15.17
6	73/179	49/98	172	Stephen Tufo	54	M	Minneapolis	MN	00:09:55.83	00:35:01.09	00:24:38.52		01:14:32.36
7	87/179	54/98	162	Michael Clark	50	M	Rochester	MN	00:10:08.75	00:35:10.69	00:27:24.63		01:16:45.02
8	94/179	59/98	171	Kyle Harju	54	M	Monticello	MN	00:10:06.60	00:34:08.71	00:30:53.32		01:18:08.55
9	134/179	77/98	304	Colt Cramer	52	M	Excelsior	MN	00:12:23.09	00:35:18.77	00:33:41.09		01:24:51.24
10	135/179	78/98	170	John Nalan	54	M	Grand Rapids	MN	00:10:16.32	00:36:47.42	00:34:08.34		01:24:58.12
11	158/179	89/98	168	Todd Isaacs	53	M	Osseo	MN	00:13:39.68	00:39:24.69	00:35:01.98		01:31:19.08

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	69/179	24/81	272	Judith Peters	58	F	Saint Cloud	MN	00:10:28.43	00:35:04.18	00:25:03.73		01:13:54.76

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Overall Division Results

Sprint Individual

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
2	75/179	26/81	271	Mary Sands	57	F	Saint Paul	MN	00:10:42.84	00:34:18.04	00:26:54.04		01:14:41.26
3	116/179	47/81	88	Lorena Jenks	56	F	Fort Frances	ON	00:10:23.36	00:38:27.45	00:29:08.57		01:21:03.27
4	137/179	58/81	270	Katherine Walz	55	F	Minneapolis	MN	00:10:14.51	00:41:45.07	00:29:01.21		01:25:24.37

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/179	15/98	67	John Kelley	55	M	Duluth	MN	00:08:56.00	00:31:02.45	00:22:55.86		01:05:51.35
2	38/179	30/98	180	Walter Knochenmus	57	M	Esko	MN	00:08:59.66	00:33:39.25	00:25:27.41		01:10:24.35
3	66/179	43/98	174	James Justus	55	M	Cohasset	MN	00:08:03.69	00:35:43.94	00:26:03.17		01:13:36.33
4	70/179	46/98	308	Skeeter Moore	55	M	Duluth	MN	00:08:19.56	00:33:39.97	00:29:26.43		01:14:07.24
5	71/179	47/98	68	Rich Heytens	56	M	Minneapolis	MN	00:10:23.44	00:32:43.51	00:28:02.29		01:14:07.24
6	78/179	51/98	183	Steve Otto	59	M	Cohasset	MN	00:11:39.35	00:35:43.44	00:24:54.03		01:15:14.25
7	95/179	60/98	184	Randy Back	59	M	Superior	WI	00:13:05.74	00:33:45.33	00:28:33.14		01:18:18.61
8	102/179	63/98	179	David Kooda	57	M	Grand Rapids	MN	00:09:36.66	00:36:34.42	00:28:12.85		01:19:55.57
9	115/179	69/98	71	Gary Nygaard	58	M	Shoreview	MN	00:10:27.75	00:34:20.94	00:28:50.80		01:21:03.01
10	123/179	72/98	175	Roy Smith	55	M	Hibbing	MN	00:09:34.00	00:39:47.26	00:29:04.39		01:21:59.61
11	143/179	81/98	182	Arndt Braaten	58	M	Duluth	MN	00:08:34.22	00:36:10.35	00:33:46.60		01:27:27.02
12	159/179	90/98	177	John Barrett	56	M	Hibbing	MN	00:11:49.53	00:43:42.44	00:30:08.90		01:31:37.02
13	173/179	95/98	181	Ken Kruger	57	M	Forest Lake	MN	00:12:00.09	00:42:55.86	00:38:51.83		01:39:51.05

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	46/179	31/98	188	D J Lamour	61	M	Invergroveheights	MN	00:08:14.88	00:35:06.87	00:24:33.62		01:11:12.35
2	51/179	34/98	46	Steve Heikkila	61	M	Saint Paul	MN	00:08:51.25	00:33:38.89	00:26:44.88		01:11:59.01
3	54/179	36/98	302	Paul Olson	60	M	Grand Rapids	MN	00:09:28.26	00:33:42.70	00:26:11.46		01:12:07.57
4	57/179	37/98	185	Jim Funk	60	M	Mound	MN	00:08:20.50	00:34:34.10	00:24:26.72		01:12:42.70
5	89/179	56/98	192	Jim Miner	64	M	Duluth	MN	00:09:26.45	00:34:25.51	00:29:02.39		01:17:03.36
6	99/179	62/98	189	Mark Rauschenfels	63	M	Duluth	MN	00:09:53.00	00:33:15.63	00:32:13.49		01:18:55.47
7	146/179	84/98	190	Doug Jost	63	M	Centerville	MN	00:11:58.90	00:39:49.37	00:31:59.15		01:28:10.10
8	154/179	88/98	176	Marc Chiodo	60	M	Minneapolis	MN	00:13:10.63	00:35:51.22	00:35:04.85		01:29:59.32
9	162/179	92/98	75	Bob Oxborough	63	M	Plymouth	MN	00:13:15.00	00:38:38.69	00:34:46.90		01:32:03.37
10	175/179	96/98	191	Walter Milbrath	63	M	Bayfield	WI	00:11:20.24	00:42:40.89	00:43:23.38		01:41:14.37

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Overall Division Results

Sprint Individual

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	139/179	60/81	273	Michel Sanders	65	F	Saint Paul	MN	00:11:19.01	00:38:27.93	00:32:00.69		01:26:26.12
2	169/179	76/81	274	Nancy Roehr	65	F	Minneapolis	MN	00:12:41.66	00:40:45.82	00:38:40.16		01:38:06.87

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	90/179	57/98	194	Michael Sjogren	67	M	Saint Cloud	MN	00:09:33.18	00:34:12.01	00:30:08.38		01:17:19.35
2	106/179	65/98	198	Tom Couillard	69	M	White Bear Lake	MN	00:11:03.76	00:35:12.69	00:29:06.64		01:20:29.86
3	127/179	73/98	195	Bob Carlson	67	M	Plymouth	MN	00:12:37.90	00:36:02.46	00:28:44.53		01:23:11.32
4	144/179	82/98	196	Hartman Erickson	67	M	Burnsville	MN	00:09:56.00	00:38:09.97	00:34:14.93		01:27:41.83
5	168/179	93/98	193	Brad Erickson	66	M	Brookings	SD	00:10:21.41	00:43:41.10	00:39:04.42		01:37:52.62
6	176/179	97/98	197	Joe Kandiko	68	M	Excelsior	MN	00:11:38.50	00:42:31.44	00:44:30.77		01:45:51.12

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	148/179	63/81	275	Nancy Bauer	71	F	Champlin	MN	00:12:18.09	00:39:34.13	00:32:25.13		01:28:14.11

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	105/179	64/98	303	Daryl Stevens	76	M	Sartell	MN	00:11:22.08	00:33:19.28	00:31:07.89		01:20:04.61
2	179/179	98/98	200	Francis Tuominen	75	M	Minneapolis	MN	00:15:51.65	00:47:19.87	00:47:20.21		01:58:15.62