

Apple Duathlon

May 25, 2019

Overall Division Results

Individual Sprint

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	6/43	1/23	215	Autumn Eles	16	F	Houghton	MI	00:23:10.32	00:33:05.05	00:00:22.74		00:57:39.55

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	1/43	1/20	155	Aaron Halbe	38	M	Plymouth	MN	00:19:58.39	00:28:02.96	00:00:26.27		00:50:13.20

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	12/43	3/23	207	Alaina Eles	11	F	Houghton	MI	00:23:23.62	00:37:54.52	00:00:21.28		01:02:38.97
2	13/43	4/23	208	Macy Bell	14	F	Maple Grove	MN	00:26:03.42	00:35:13.88	00:00:22.74		01:02:46.15
3	16/43	5/23	211	Megan Mahowald	14	F	Sartell	MN	00:27:33.30	00:36:55.60	00:00:27.88		01:05:59.68

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	2/43	2/20	212	Johnny Nemeth	14	M	Sartell	MN	00:19:08.88	00:31:55.01	00:00:22.60		00:52:21.70
2	3/43	3/20	205	Tommy Runkle	11	M	Sartell	MN	00:21:39.30	00:29:50.46	00:00:17.81		00:53:03.96
3	15/43	11/20	214	Hudson Zabel	14	M	Sartell	MN	00:26:04.85	00:37:38.60	00:00:17.91		01:05:22.34

Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	8/43	2/23	217	Morgan Bell	17	F	Maple Grove	MN	00:26:03.42	00:31:32.16	00:00:22.31		00:59:02.32

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	10/43	8/20	216	Tyler Mahowald	16	M	Sartell	MN	00:25:03.20	00:34:02.56	00:00:24.29		01:02:09.97

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Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	22/43	10/23	218	Emma Hussian	23	F	Edina	MN	00:30:27.95	00:34:29.72	00:00:32.09		01:07:07.22

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	35/43	16/23	219	Jessica Lindquist	28	F	Stillwater	MN	00:36:41.35	00:38:06.09	00:00:25.65		01:18:04.48

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	20/43	8/23	221	Cassandra Miller	32	F	Minneapolis	MN	00:27:03.95	00:37:31.63	00:00:27.04		01:06:39.97
2	21/43	9/23	223	Laura Kerkvliet	34	F	Sartell	MN	00:25:21.95	00:39:54.81	00:00:30.37		01:07:00.22
3	34/43	15/23	222	Heather West	33	F	Albany	MN	00:31:41.28	00:42:55.50	00:00:22.28		01:18:04.24

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	7/43	6/20	140	Trevor Fosso	30	M	Sartell	MN	00:25:48.76	00:30:58.76	00:00:27.79		00:58:59.90
2	11/43	9/20	224	Christopher Morris	34	M	St. Cloud	MN	00:25:10.79	00:35:45.98	00:00:25.35		01:02:34.16
3	23/43	13/20	220	Alex Herzog	32	M	New Ulm	MN	00:24:04.15	00:42:11.43	00:00:33.35		01:08:19.92

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	17/43	6/23	225	Nicole Halbe	36	F	Plymouth	MN	00:26:23.63	00:36:52.86	00:00:36.80		01:06:19.37
2	24/43	11/23	226	Carrie Morris	38	F	Sartell	MN	00:31:18.71	00:37:02.66	00:00:33.51		01:10:21.96
3	37/43	18/23	227	Leah Fuller	39	F	St. Cloud	MN	00:31:37.96	00:49:05.02	00:00:31.11		01:23:50.88

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Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	4/43	4/20	228	Tory Runkle	39	M	Sartell	MN	00:21:39.30	00:29:49.33	00:00:16.55		00:53:04.21
2	31/43	19/20	257	Joshua Brandner	36	M		IA	00:29:58.77	00:39:54.38	00:00:31.71		01:16:06.63

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	18/43	7/23	243	Jenny Lanin-Dale	40	F	Sartell	MN	00:25:20.16	00:39:21.22	00:00:24.26		01:06:30.70
2	29/43	12/23	229	Elizabeth Flynn	40	F	Sartell	MN	00:31:48.85	00:40:51.55	00:00:29.78		01:15:05.23
3	36/43	17/23	232	Annie Liestman	44	F	Hutchinson	MN	00:31:49.27	00:47:15.15	00:00:33.57		01:22:07.01

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	25/43	14/20	254	David Tatro	44	M	Saint Cloud	MN	00:29:43.89	00:38:12.28	00:00:29.79		01:10:40.21
2	27/43	16/20	231	Clinton Maxson	43	M	Big Lake	MN	00:34:44.96	00:35:11.16	00:00:25.27		01:12:58.14

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	32/43	13/23	233	Kim Welvaert	49	F	Otsego	MN	00:30:48.03	00:42:29.36	00:00:34.42		01:17:36.88
2	38/43	19/23	184	Tanya Rylee	46	F	Chaska	MN	00:33:34.21	00:50:23.87	00:00:35.28		01:26:19.37
3	40/43	21/23	176	Sarah Brammer	45	F	Chaska	MN	00:33:31.04	00:50:16.05	00:00:35.56		01:26:19.79

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	33/43	14/23	234	Susan Burton	51	F	Savage	MN	00:30:13.44	00:43:29.56	00:00:22.72		01:18:03.99

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Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	9/43	7/20	235	Kenneth Dehn	53	M	Sauk Rapids	MN	00:24:56.32	00:32:24.07	00:00:28.01		00:59:07.21

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	5/43	5/20	236	Alvin Molitor	58	M	Belgrade	MN	00:24:09.06	00:30:10.22	00:00:22.66		00:57:11.71

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	14/43	10/20	238	Mardon Quandt	60	M	Annandale	MN	00:29:33.27	00:31:27.18	00:00:23.84		01:04:08.71
2	30/43	18/20	237	Greg Benson	60	M	Cokato	MN	00:29:20.45	00:43:04.98	00:00:38.04		01:15:53.85

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	28/43	17/20	239	Michael Ohara	66	M	Sartell	MN	00:37:29.71	00:34:15.39	00:00:35.86		01:14:51.56

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	42/43	23/23	242	Sandra Davis	73	F	Martin	TN	00:44:42.47	00:39:26.63	00:00:53.89		01:29:19.87

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Run	Bike	Run	Penalty	Time
1	43/43	20/20	241	Phil Davis	73	M	Martin	TN	01:11:40.95	00:38:43.27	00:01:01.40		01:58:10.73