

# ShamRock N Run 5K

August 3, 2019

5K

## Overall Division Results

### Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	88/628	22/371	151	Eva Flesher	4	F	Dubuque	IA	8:02	00:27:22.80	00:24:58.85
2	209/628	73/371	169	Olivia Demuth	10	F	Waterloo	IA	9:26	00:29:30.83	00:29:20.98
3	280/628	113/371	299	Adalynn Kane	9	F	Fairbank	IA	10:20	00:32:24.56	00:32:06.91
4	286/628	117/371	298	Kennedy Kane	12	F	Fairbank	IA	10:21	00:32:29.41	00:32:12.36
5	319/628	140/371	604	Piper Greene	7	F	Fairfax	IA	10:46	00:34:45.57	00:33:27.65
6	326/628	144/371	345	Laura O'Bryon	12	F	Cedar Falls	IA	10:49	00:33:45.38	00:33:38.00
7	358/628	165/371	200	Taytem Lehmann	11	F	Cedar Falls	IA	11:18	00:36:16.41	00:35:08.41
8	406/628	199/371	647	Tylar Nemmers	11	F	Olin	IA	12:44	00:42:02.70	00:39:35.61
9	418/628	209/371	267	Lana Schafer	11	F	Cedar Falls	IA	13:00	00:40:48.44	00:40:26.29
10	426/628	216/371	204	Roya Akers	8	F	Blue Grass	IA	13:09	00:42:30.17	00:40:54.32
11	427/628	217/371	132	Evie Buchter	5	F	Davenport	IA	13:11	00:42:30.82	00:40:58.09
12	435/628	223/371	648	Hayden Pumphrey	11	F	Olin	IA	13:18	00:43:48.17	00:41:20.52
13	444/628	229/371	131	Marley Buchter	9	F	Davenport	IA	13:30	00:43:56.67	00:41:59.69
14	449/628	233/371	598	Adeline Ryan	9	F	Waterloo	IA	13:36	00:43:37.64	00:42:15.63
15	459/628	242/371	636	Erin Foley	10	F	Chicago	IL	14:05	00:45:16.64	00:43:48.04
16	460/628	243/371	662	Caera Owens	12	F	Harwood Heights	IL	14:07	00:45:19.91	00:43:52.15
17	505/628	278/371	519	Addisyn Perry	6	F	Waterloo	IA	15:22	00:48:33.10	00:47:45.82
18	546/628	305/371	138	Madison Hames	7	F	Ankeny	IA	16:39	00:52:06.53	00:51:45.62
19	566/628	321/371	628	Maggie Skubal	10	F	Washburn	IA	17:04	00:54:04.03	00:53:03.88
20	589/628	341/371	673	Lydia Gleason	8	F	Denver	IA	18:38	00:59:57.41	00:57:54.91
21	595/628	347/371	679	Aidee Salazar	11	F	Waterloo	IA	19:04	00:59:37.79	00:59:17.19
22	597/628	348/371	671	Adalyn Gleason	10	F	Denver	IA	19:13	01:01:46.07	00:59:42.53
23	611/628	358/371	338	Joanie Ott	5	F	Waterloo	IA	19:38	01:03:33.09	01:01:01.70
24	614/628	361/371	561	Raegan Camenzind	6	F	Cedar Falls	IA	20:09	01:03:31.07	01:02:38.82
25	618/628	365/371	676	Kari Kerber	7	F	Cedar Falls	IA	20:14	01:05:16.34	01:02:54.02
26	621/628	368/371	358	Olivia Schellhorn	11	F	Evansdale	IA	20:24	01:04:45.16	01:03:25.61

### Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	57/628	46/257	670	Bryce Noland	10	M	Waterloo	IA	7:32	00:23:28.91	00:23:25.49
2	63/628	50/257	196	Edward Lin	12	M	Cedar Falls	IA	7:35	00:24:07.11	00:23:35.93
3	94/628	71/257	231	Hunter Telleen	10	M	Waverly	IA	8:06	00:25:12.87	00:25:10.45
4	156/628	110/257	441	James Knight	11	M	Waterloo	IA	8:50	00:27:30.30	00:27:27.49
5	168/628	112/257	367	Ethan Mckee	11	M	Cedar Falls	IA	8:58	00:28:12.66	00:27:54.15
6	172/628	115/257	616	Tino Massa	12	M	Waterloo	IA	8:59	00:29:49.76	00:27:57.09
7	179/628	121/257	675	Sawyer Schaefer	12	M	Waterloo	IA	9:02	00:29:28.66	00:28:04.00
8	233/628	142/257	193	Leo Jordan	9	M	Iowa City	IA	9:41	00:30:18.02	00:30:07.19
9	246/628	150/257	349	Phoenix Shipman	12	M	Waterloo	IA	9:50	00:30:37.91	00:30:34.66
10	249/628	152/257	161	Cooper Mahnesmith	6	M	Cedar Falls	IA	9:51	00:30:51.29	00:30:39.13
11	264/628	158/257	354	Adam Blakeman	11	M	Readlyn	IA	10:06	00:31:33.16	00:31:24.24
12	313/628	177/257	603	Jonas Greene	11	M	Fairfax	IA	10:43	00:34:37.80	00:33:19.67
13	400/628	205/257	638	Joseph Gonzalez	9	M	Des Moines	IA	12:26	00:40:23.14	00:38:39.03
14	433/628	212/257	549	Leo Ullom	6	M	Waterloo	IA	13:17	00:42:06.91	00:41:18.77
15	464/628	219/257	494	Everett Watkinson	5	M	Cedar Falls	IA	14:17	00:46:15.50	00:44:25.09
16	520/628	233/257	258	Harrison Ferrel	6	M	Cedar Falls	IA	15:51	00:51:00.92	00:49:16.84
17	521/628	234/257	259	Voight Ferrel	4	M	Cedar Falls	IA	15:54	00:51:09.17	00:49:25.09
18	570/628	246/257	260	Dexter Ferrel	11	M	Cedar Falls	IA	17:08	00:53:33.60	00:53:15.10
19	596/628	249/257	680	Javer Martinez	11	M	Waterloo	IA	19:07	00:59:46.07	00:59:25.27

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## Overall Division Results

### Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
20	602/628	252/257	105	Jameson Caley	9	M	Denver	IA	19:14	01:01:45.87	00:59:45.82
21	622/628	254/257	339	Bear Ott	4	M	Waterloo	IA	20:29	01:06:11.16	01:03:39.76

### Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	43/628	7/371	524	Ciara Gallen	18	F	Waterloo	IA	7:23	00:23:05.61	00:22:57.66
2	46/628	9/371	360	Alivia See	15	F	Evansdale	IA	7:27	00:23:14.72	00:23:09.46
3	67/628	15/371	439	Victoria Knight	16	F	Waterloo	IA	7:37	00:23:44.38	00:23:41.76
4	71/628	17/371	447	Madison Tieskotter	15	F	Waterloo	IA	7:45	00:24:11.80	00:24:06.53
5	93/628	23/371	329	Lillian Sassmann	14	F	Fredericksburg	IA	8:05	00:25:15.66	00:25:08.75
6	111/628	27/371	462	Melody Kremer	15	F	Independence	IA	8:20	00:26:01.99	00:25:54.09
7	124/628	33/371	40	Gina Schilling	19	F	Evansdale	IA	8:26	00:26:36.44	00:26:14.83
8	134/628	36/371	639	Maeve Maher	17	F	Winterset	IA	8:32	00:28:18.08	00:26:33.68
9	155/628	46/371	565	Reagan Lindsay	16	F	Waterloo	IA	8:49	00:27:37.84	00:27:24.74
10	208/628	72/371	94	Isabella Schoo	13	F	Waterloo	IA	9:26	00:29:28.81	00:29:19.40
11	234/628	92/371	168	Lainey Demuth	13	F	Waterloo	IA	9:42	00:30:19.16	00:30:09.31
12	247/628	97/371	255	Pennelope Ferrel	13	F	Cedar Falls	IA	9:50	00:30:54.36	00:30:35.87
13	295/628	124/371	489	Lauren Kimball	16	F	Buckingham	IA	10:27	00:33:13.54	00:32:31.13
14	298/628	127/371	175	Isabelle Noland	13	F	Waterloo	IA	10:30	00:32:49.66	00:32:39.80
15	315/628	137/371	199	Baylee Lehmann	13	F	Cedar Falls	IA	10:45	00:34:34.66	00:33:24.57
16	330/628	148/371	386	Cate Rasmussen	13	F	Waterloo	IA	10:54	00:34:03.42	00:33:53.61
17	396/628	194/371	394	Claire Schaefer	16	F	Waterloo	IA	12:24	00:39:31.60	00:38:33.56
18	467/628	247/371	502	Kamryn Kayser	15	F	Jesup	IA	14:19	00:45:17.66	00:44:29.14
19	486/628	265/371	373	Anya Rapien	13	F	Denver	IA	14:44	00:46:19.77	00:45:48.19
20	529/628	294/371	452	Lydia Parkhurst	13	F	Waterloo	IA	16:10	00:51:06.80	00:50:15.97
21	538/628	301/371	577	Nadira Packard	13	F	Waterloo	IA	16:16	00:52:47.92	00:50:34.86
22	620/628	367/371	427	Carolina Guevara	17	F	Cedar Falls	IA	20:23	01:04:44.93	01:03:20.89
23	625/628	369/371	425	Cristina Guevara	19	F	Cedar Falls	IA	20:36	01:05:24.41	01:04:00.76

### Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	3/628	3/257	359	Cody Samuelson	19	M	Waterloo	IA	5:54	00:18:22.41	00:18:21.02
2	6/628	6/257	574	Jez Rodriguez	16	M	Waterloo	IA	6:17	00:19:42.08	00:19:33.49
3	7/628	7/257	302	Ian Lucas	15	M	Gilbertville	IA	6:25	00:22:03.85	00:19:58.02
4	8/628	8/257	440	Nicholas Knight	17	M	Waterloo	IA	6:26	00:20:02.12	00:20:00.20
5	10/628	10/257	195	Jordan Tovar	16	M	Elk Run Heights	IA	6:29	00:20:18.55	00:20:10.15
6	12/628	12/257	236	Ian Hurley	13	M	Johnston	IA	6:31	00:20:17.66	00:20:15.84
7	14/628	14/257	610	Kaclan Eilers	14	M	Waterloo	IA	6:46	00:21:04.99	00:21:03.17
8	18/628	17/257	538	Cadin Herrmann	15	M	Evansdale	IA	6:52	00:21:22.05	00:21:20.23
9	20/628	19/257	567	Ridge Van Daele	18	M	Hudson	IA	6:58	00:21:42.91	00:21:40.69
10	21/628	20/257	344	Collin O'Bryon	14	M	Cedar Falls	IA	6:59	00:21:50.86	00:21:43.93
11	25/628	24/257	123	Brayden Bohnsack	13	M	La Porte City	IA	7:04	00:22:01.41	00:21:58.78
12	28/628	26/257	438	Caleb Kremer	19	M	Independence	IA	7:05	00:22:03.41	00:22:02.45
13	44/628	37/257	584	Holtor Galloway	19	M	Waterloo	IA	7:24	00:23:08.16	00:23:01.44
14	47/628	38/257	460	Andrew Tracy	15	M	Waterloo	IA	7:28	00:23:54.32	00:23:12.19
15	82/628	63/257	510	Aidan Mcdermott	15	M	Cedar Rapids	IA	7:58	00:24:47.47	00:24:46.08
16	95/628	72/257	487	Andrew Kimball	13	M	Buckingham	IA	8:06	00:25:28.67	00:25:12.64

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## Overall Division Results

### Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
17	97/628	74/257	617	Vito Massa	16	M	Waterloo	IA	8:07	00:27:08.16	00:25:15.28
18	107/628	82/257	665	Sam Patterson	15	M	Rowley	IA	8:16	00:27:19.54	00:25:43.70
19	178/628	120/257	403	Caleb Mcguffey	15	M	La Porte City	IA	9:01	00:28:13.83	00:28:03.91
20	214/628	137/257	580	Sean Radke	14	M	Waterloo	IA	9:30	00:31:49.82	00:29:30.99
21	265/628	159/257	585	Declan Smith	18	M	Waterloo	IA	10:07	00:33:46.00	00:31:27.99
22	267/628	160/257	442	James Randolph	18	M	Lynwood	IL	10:07	00:33:45.80	00:31:28.89
23	268/628	161/257	376	John White	18	M	Chicago	IL	10:08	00:33:46.16	00:31:29.63
24	294/628	171/257	374	Jimmy Lynch	18	M	Chicago	IL	10:27	00:33:46.00	00:32:30.84
25	347/628	189/257	418	Quinn Abbott	13	M	Coralville	IA	11:08	00:35:32.83	00:34:38.31
26	368/628	195/257	594	Aiden Balk	15	M	Waterloo	IA	11:36	00:37:52.79	00:36:03.40
27	442/628	214/257	464	Simon Larsen	16	M	Waterloo	IA	13:24	00:43:27.68	00:41:39.32
28	501/628	226/257	214	Ryan Harn	14	M	Waterloo	IA	15:11	00:48:29.42	00:47:12.62
29	532/628	236/257	213	Michael Harn	16	M	Waterloo	IA	16:11	00:51:50.88	00:50:18.22

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	101/628	25/371	183	Jennifer Woods	21	F	Vass	NC	8:12	00:25:56.89	00:25:29.69
2	129/628	35/371	78	Jessica Gerholdt	27	F	Waterloo	IA	8:30	00:28:09.93	00:26:25.77
3	137/628	38/371	413	Kendall Moorehead	23	F	Waterloo	IA	8:34	00:26:54.36	00:26:38.14
4	143/628	41/371	37	Jenn McCalley	25	F	Dubuque	IA	8:40	00:27:02.04	00:26:55.83
5	146/628	42/371	546	Kristen Roed	21	F	Waterloo	IA	8:44	00:27:22.60	00:27:09.30
6	147/628	43/371	118	Matrasa Maae	26	F	Waterloo	IA	8:44	00:27:33.91	00:27:09.78
7	149/628	44/371	457	Alivia Passett	27	F	Des Moines	IA	8:45	00:27:23.66	00:27:11.55
8	160/628	50/371	474	Mary Khan	24	F	Parkersburg	IA	8:55	00:27:59.16	00:27:43.74
9	163/628	53/371	583	Trulyanna Galloway	24	F	Waterloo	IA	8:55	00:27:51.66	00:27:43.91
10	181/628	59/371	322	Jessi Sorensen	26	F	Fredericksburg	IA	9:02	00:28:13.01	00:28:05.62
11	198/628	65/371	587	Susan Vanasse	27	F	Waterloo	IA	9:19	00:29:21.66	00:28:57.99
12	201/628	66/371	314	Lauren Fitzgerald	24	F	Dyersville	IA	9:20	00:29:41.41	00:29:01.78
13	202/628	67/371	371	Sarah Eggena	27	F	Waterloo	IA	9:20	00:30:02.41	00:29:02.85
14	213/628	77/371	424	Chloe Walbruch	26	F	Minneapolis	MN	9:29	00:31:30.41	00:29:30.77
15	220/628	82/371	290	Hannah Macumber	23	F	Waterloo	IA	9:31	00:29:50.96	00:29:37.05
16	229/628	89/371	253	Heather Jackson	29	F	Waterloo	IA	9:39	00:31:37.85	00:29:59.96
17	250/628	98/371	160	Jessica Mahnesmith	29	F	Cedar Falls	IA	9:52	00:30:52.11	00:30:40.68
18	252/628	99/371	287	Julie Ambrose	27	F	Waterloo	IA	9:54	00:31:19.56	00:30:47.73
19	253/628	100/371	532	Maggie Mason	29	F	Elkader	IA	9:54	00:32:06.41	00:30:47.87
20	258/628	104/371	414	Chayse Jaspering	23	F	La Porte City	IA	10:00	00:31:21.39	00:31:05.38
21	263/628	106/371	435	Anna Demgen	22	F	Buffalo	MN	10:06	00:32:24.41	00:31:23.24
22	274/628	109/371	553	Brittany Potts	25	F	Cedar Rapids	IA	10:12	00:31:57.14	00:31:42.57
23	278/628	111/371	307	Melissa Fernau	29	F	Waterloo	IA	10:14	00:32:03.84	00:31:50.56
24	279/628	112/371	527	Rachel Traeger	23	F	Cedar Falls	IA	10:19	00:33:50.65	00:32:04.75
25	282/628	114/371	188	Bryanna Mongan	22	F	Waterloo	IA	10:20	00:34:14.24	00:32:08.41
26	287/628	118/371	632	Cassie Elliott	25	F	Ames	IA	10:21	00:32:24.57	00:32:12.45
27	288/628	119/371	126	Ariana Gremmels Olson	23	F	Ankeny	IA	10:22	00:32:53.41	00:32:14.22
28	296/628	125/371	115	Karley Anderson	22	F	Allison	IA	10:28	00:33:59.40	00:32:33.74
29	305/628	131/371	321	Sarah Kelleher	28	F	Waukee	IA	10:36	00:33:56.55	00:32:57.87
30	307/628	132/371	143	Samantha Skaar	28	F	Cedar Falls	IA	10:38	00:34:04.41	00:33:05.31
31	321/628	141/371	330	Morgan Pike	28	F	Waterloo	IA	10:47	00:33:40.52	00:33:30.65
32	335/628	150/371	507	Paige Hansen	28	F	Waterloo	IA	10:58	00:36:05.06	00:34:06.91

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## Overall Division Results

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
33	338/628	151/371	228	Kelly Rosin	29	F	Ankeny	IA	11:00	00:35:05.67	00:34:12.39
34	339/628	152/371	59	Sommer Amdor	29	F	Waterloo	IA	11:00	00:36:42.47	00:34:12.92
35	343/628	155/371	325	Kelcie Loughren	22	F	Cedar Falls	IA	11:05	00:35:28.16	00:34:26.59
36	346/628	158/371	613	Sarah Anderson	26	F	Marshalltown	IA	11:07	00:36:18.91	00:34:32.82
37	364/628	170/371	98	Mollie Meyerhoff	27	F	Waterloo	IA	11:27	00:36:01.63	00:35:34.84
38	372/628	176/371	563	Hollie Smith	29	F	Waterloo	IA	11:43	00:37:41.57	00:36:24.28
39	379/628	181/371	558	Kayla Shea	29	F	Waterloo	IA	12:03	00:37:40.56	00:37:27.48
40	381/628	183/371	667	Tara Murphy	28	F	Cedar Falls	IA	12:06	00:38:43.67	00:37:36.51
41	385/628	186/371	513	Laura Vanroekel	29	F	Waterloo	IA	12:09	00:38:43.10	00:37:46.94
42	395/628	193/371	559	Camille Burkle	28	F	Cedar Falls	IA	12:22	00:38:40.47	00:38:27.34
43	410/628	202/371	650	Amanda Roquet	26	F	Waterloo	IA	12:48	00:40:59.52	00:39:46.86
44	414/628	206/371	45	Christina Tafolla	24	F	Cedar Falls	IA	12:52	00:41:21.65	00:39:59.02
45	419/628	210/371	274	Anna Schultz	28	F	Raymond	IA	13:03	00:42:01.28	00:40:33.73
46	422/628	213/371	669	Mackenzie Eidenborg	28	F	Cedar Falls	IA	13:08	00:42:47.13	00:40:48.32
47	423/628	214/371	445	Bethany Christensen	26	F	Reinbeck	IA	13:08	00:42:47.13	00:40:48.51
48	430/628	219/371	272	Abigail Norgren	29	F	Evansdale	IA	13:13	00:42:32.85	00:41:04.94
49	439/628	227/371	99	Sydney Roth	21	F	Cedar Falls	IA	13:22	00:41:34.41	00:41:34.41
50	446/628	230/371	178	Emily Asche	21	F	Waverly	IA	13:31	00:43:56.42	00:42:00.67
51	457/628	240/371	677	Allyson Moen	26	F	Waverly	IA	13:51	00:43:48.38	00:43:04.83
52	458/628	241/371	331	Abbie Fitzgerald	27	F	Maquoketa	IA	13:52	00:43:48.58	00:43:05.03
53	479/628	259/371	454	Lindsey Downing	28	F	Waterloo	IA	14:29	00:46:24.24	00:45:02.03
54	488/628	267/371	239	Lauren Hix	29	F	Waterloo	IA	14:46	00:46:38.87	00:45:53.97
55	495/628	272/371	362	Lizzie Kelly	27	F	Cedar Falls	IA	15:04	00:48:28.22	00:46:50.76
56	500/628	275/371	27	Christina Hatfield	29	F	North Liberty	IA	15:11	00:49:00.17	00:47:11.60
57	509/628	280/371	525	Erin Creger	24	F	Waterloo	IA	15:23	00:48:45.92	00:47:50.58
58	524/628	289/371	319	Kassie Walton	28	F	Cedar Falls	IA	15:57	00:50:53.67	00:49:36.17
59	525/628	290/371	316	Aubrey Grant	23	F	Des Moines	IA	15:58	00:50:53.92	00:49:36.77
60	537/628	300/371	58	Kelly Jans	26	F	Dike	IA	16:16	00:53:24.47	00:50:34.44
61	543/628	303/371	482	Morgan Zuck	27	F	Jesup	IA	16:29	00:52:30.42	00:51:15.35
62	548/628	307/371	409	Lindsay Gustafson	29	F	Cedar Falls	IA	16:39	00:53:43.57	00:51:46.41
63	551/628	310/371	657	Allie Budensiek	26	F	Waterloo	IA	16:45	00:53:00.11	00:52:03.32
64	552/628	311/371	661	Mackenzie Horbach	27	F	Waterloo	IA	16:45	00:53:00.16	00:52:03.37
65	554/628	313/371	571	Hailee Boleyn	23	F	Waterloo	IA	16:57	00:54:08.92	00:52:42.58
66	555/628	314/371	572	Kayla Boleyn	25	F	Waterloo	IA	16:58	00:54:09.14	00:52:43.47
67	572/628	326/371	53	Robyn Neil	21	F	Denver	IA	17:14	00:55:05.45	00:53:33.55
68	593/628	345/371	241	Kelli Read	24	F	Parkersburg	IA	18:56	01:01:03.02	00:58:49.86
69	594/628	346/371	245	Lauren Schryver	26	F	Waterloo	IA	18:56	01:01:04.64	00:58:51.49
70	601/628	350/371	32	Rachel Jaynes	26	F	Cedar Falls	IA	19:13	01:01:25.78	00:59:45.03
71	607/628	354/371	448	Mckenzie Mccall	26	F	Polk City	IA	19:32	01:03:14.16	01:00:44.41
72	615/628	362/371	449	Caitlin Waszgis	29	F	La Vista	NE	20:09	01:03:30.87	01:02:39.04
73	617/628	364/371	505	Presley Kerber	28	F	Sherman	IL	20:12	01:05:07.64	01:02:47.81
74	619/628	366/371	206	Hali Simmons	25	F	Cedar Falls	IA	20:17	01:05:28.36	01:03:03.35
75	628/628	371/371	271	Katie Kern	26	F	Waterloo	IA	20:55	01:07:08.59	01:04:59.45

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	2/628	2/257	508	Shane Manning	27	M	Waterloo	IA	5:51	00:18:18.04	00:18:12.98
2	4/628	4/257	87	Aaron O'Leary	23	M	Waterloo	IA	5:57	00:18:32.66	00:18:30.84

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## Overall Division Results

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
3	13/628	13/257	405	Michael Benitez	23	M	Waterloo	IA	6:44	00:21:22.05	00:20:56.27
4	16/628	16/257	552	Eric Gogola	21	M	Cedar Falls	IA	6:49	00:21:59.91	00:21:11.79
5	26/628	25/257	421	Kyle Kiel	28	M	Cedar Falls	IA	7:04	00:22:15.41	00:21:59.54
6	32/628	29/257	545	Brandon Alvarado	29	M	Waterloo	IA	7:08	00:22:26.00	00:22:11.26
7	41/628	35/257	283	Willie Rhoads	23	M	Cedar Rapids	IA	7:21	00:22:55.16	00:22:52.00
8	48/628	39/257	606	Tyler Laftus	21	M	Waterloo	IA	7:29	00:23:23.91	00:23:16.94
9	49/628	40/257	605	Jorden Fing	26	M	Waterloo	IA	7:29	00:23:24.91	00:23:17.94
10	56/628	45/257	556	Ryan Begemann	27	M	Cedar Falls	IA	7:32	00:23:39.47	00:23:24.82
11	60/628	48/257	415	Kody Kibe	26	M	La Porte City	IA	7:33	00:23:46.16	00:23:29.76
12	69/628	54/257	254	Joshua Hendricks	27	M	Dubuque	IA	7:39	00:25:32.16	00:23:46.87
13	78/628	60/257	473	Paul Lichty	25	M	Hudson	IA	7:54	00:25:13.89	00:24:33.46
14	89/628	67/257	581	Tirzah Galloway	26	M	Waterloo	IA	8:02	00:25:06.66	00:25:00.34
15	102/628	77/257	182	Elliot Suiter	22	M	Johnston	IA	8:12	00:25:56.89	00:25:29.90
16	108/628	83/257	540	Norberto Leyva	25	M	Waterloo	IA	8:18	00:26:15.38	00:25:48.39
17	113/628	86/257	590	Benjamin Nimeskern	23	M	Waterloo	IA	8:20	00:26:04.22	00:25:56.03
18	119/628	88/257	422	Matt Wiebke	29	M	Waterloo	IA	8:24	00:27:07.91	00:26:08.39
19	131/628	96/257	607	Keesan Marrassa	23	M	Waterloo	IA	8:31	00:26:36.66	00:26:29.09
20	132/628	97/257	451	Joshua Carlo	24	M	Iowa City	IA	8:32	00:27:11.42	00:26:30.98
21	144/628	103/257	420	Tyler Thomas	26	M	Waterloo	IA	8:40	00:27:02.16	00:26:55.99
22	154/628	109/257	644	Enes Kuduzovic	27	M	Waterloo	IA	8:49	00:27:34.16	00:27:24.01
23	184/628	124/257	393	Jack Schaefer	20	M	Waterloo	IA	9:07	00:29:23.91	00:28:21.75
24	193/628	130/257	432	Kyle Leininger	21	M	Waterloo	IA	9:15	00:29:45.90	00:28:47.15
25	196/628	132/257	36	Gregory Garrido	27	M	Waterloo	IA	9:19	00:29:02.38	00:28:57.52
26	197/628	133/257	586	Cody Vanasse	28	M	Waterloo	IA	9:19	00:29:21.66	00:28:57.69
27	262/628	157/257	526	Jackson Traeger	23	M	Cedar Falls	IA	10:03	00:33:02.30	00:31:15.81
28	281/628	168/257	189	Nick Glotfelty	23	M	Waterloo	IA	10:20	00:34:14.04	00:32:07.38
29	320/628	180/257	351	Jonny Martin	28	M	Waterloo	IA	10:46	00:34:14.66	00:33:28.64
30	333/628	184/257	289	Caleb Krapfl	25	M	Cedar Falls	IA	10:55	00:34:11.79	00:33:56.88
31	351/628	192/257	455	Keith Downing	28	M	Waterloo	IA	11:12	00:36:11.58	00:34:49.98
32	373/628	197/257	38	Collin Mccalley	26	M	Dubuque	IA	11:43	00:36:33.92	00:36:26.99
33	397/628	203/257	46	Nic Stewart	27	M	Cedar Falls	IA	12:24	00:39:56.42	00:38:33.60
34	424/628	210/257	653	Klay Krager	27	M	Waterloo	IA	13:08	00:42:47.13	00:40:48.94
35	429/628	211/257	564	Damian Garcia	27	M	Cedar Falls	IA	13:13	00:43:01.41	00:41:04.51
36	440/628	213/257	100	Matthew Reynolds	26	M	Cedar Falls	IA	13:23	00:41:36.16	00:41:36.16
37	445/628	216/257	177	Matthew Parry	23	M	Waverly	IA	13:31	00:43:56.30	00:42:00.39
38	465/628	220/257	124	Blake Louscher	26	M	Des Moines	IA	14:18	00:45:16.64	00:44:28.10
39	540/628	238/257	63	Nick Jans	29	M	Waterloo	IA	16:17	00:53:25.08	00:50:36.43
40	624/628	256/257	429	Luis Armando Gonzale	22	M	Cedar Falls	IA	20:36	01:05:25.16	01:04:00.50

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	17/628	1/371	15	Kristen Toppin	33	F	Waterloo	IA	6:51	00:21:45.16	00:21:18.79
2	27/628	2/371	531	Kaci Maire	33	F	Cedar Rapids	IA	7:05	00:22:06.50	00:22:01.85
3	35/628	5/371	643	Amanda Johnson	31	F	Waterloo	IA	7:14	00:22:59.41	00:22:29.51
4	37/628	6/371	225	Melissa Summers	32	F	Waterloo	IA	7:18	00:22:58.66	00:22:42.80
5	45/628	8/371	277	Nikki Rasmussen	31	F	Goldfield	IA	7:25	00:24:13.00	00:23:03.11
6	51/628	10/371	95	Jess Brownell	33	F	Waterloo	IA	7:30	00:23:37.24	00:23:20.18
7	55/628	11/371	176	Emily Noland	37	F	Waterloo	IA	7:32	00:23:28.66	00:23:24.51

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## Overall Division Results

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
8	70/628	16/371	569	Erin Becker	34	F	Waterloo	IA	7:42	00:24:22.41	00:23:56.24
9	85/628	20/371	550	Megan Smith	35	F	Evanston	IL	8:01	00:25:13.41	00:24:57.56
10	87/628	21/371	149	Carrie Flesher	37	F	Dubuque	IA	8:02	00:27:23.01	00:24:58.62
11	99/628	24/371	313	Lauren Aboud	33	F	Coralville	IA	8:10	00:25:24.62	00:25:22.61
12	110/628	26/371	219	Christina Custer	30	F	Lenox	IA	8:19	00:27:12.45	00:25:51.48
13	115/628	29/371	663	Amy Miene	36	F	Waterloo	IA	8:20	00:26:15.98	00:25:56.45
14	117/628	31/371	270	Andrea Schmit	31	F	Waterloo	IA	8:23	00:26:38.49	00:26:02.98
15	122/628	32/371	306	Amanda Bernard	39	F	Waterloo	IA	8:26	00:26:17.41	00:26:12.35
16	138/628	39/371	296	Theresa Wood	38	F	Davenport	IA	8:34	00:26:52.66	00:26:38.55
17	141/628	40/371	88	Heather Harms	31	F	Allison	IA	8:36	00:27:20.76	00:26:44.46
18	159/628	49/371	119	Onyotse Agbese	32	F	Waterloo	IA	8:54	00:28:12.41	00:27:41.21
19	161/628	51/371	631	Tara Raymond	37	F	Waterloo	IA	8:55	00:28:12.01	00:27:43.85
20	162/628	52/371	601	Jamsmine Eastn	33	F	La Porte City	IA	8:55	00:28:04.03	00:27:43.87
21	165/628	54/371	446	Jessica Ryan	38	F	Independence	IA	8:55	00:29:18.80	00:27:44.19
22	166/628	55/371	471	Jennifer Thornton	32	F	Cedar Falls	IA	8:57	00:27:59.66	00:27:50.88
23	167/628	56/371	401	Jill Lange	35	F	La Porte City	IA	8:57	00:28:00.57	00:27:51.35
24	174/628	58/371	263	Stephanie Kane	31	F	Cedar Falls	IA	8:59	00:28:30.33	00:27:57.51
25	182/628	60/371	226	Chasity Vajgrt	32	F	Grimes	IA	9:04	00:28:48.91	00:28:10.75
26	185/628	61/371	340	Katelind Lenz	35	F	Osage	IA	9:08	00:30:11.10	00:28:24.61
27	186/628	62/371	533	Joan Diver	34	F	Montclair	NJ	9:09	00:30:34.89	00:28:25.75
28	190/628	63/371	252	Jesse Lahmann	33	F	Cedar Falls	IA	9:14	00:29:20.84	00:28:41.68
29	194/628	64/371	89	Amy Knoll	36	F	Waterloo	IA	9:17	00:29:11.41	00:28:50.85
30	203/628	68/371	479	Brooke Schrage	38	F	Cedar Falls	IA	9:23	00:30:52.11	00:29:09.49
31	206/628	70/371	247	Meredith Steggerda	30	F	El Paso	TX	9:24	00:29:59.32	00:29:13.51
32	207/628	71/371	651	Jennifer Gallmeyer	30	F	Waterloo	IA	9:25	00:30:06.86	00:29:17.41
33	212/628	76/371	251	Stephanie Chamberlin	38	F	Evansdale	IA	9:29	00:29:37.91	00:29:29.34
34	217/628	79/371	541	Angel Chamberlin	39	F	Waterloo	IA	9:31	00:29:42.86	00:29:34.29
35	219/628	81/371	578	Katy Delagardelle	30	F	Waterloo	IA	9:31	00:30:03.60	00:29:35.44
36	226/628	87/371	141	Alisa Engelhardt	39	F	Waterloo	IA	9:36	00:31:03.41	00:29:52.29
37	242/628	95/371	678	Veronica Salazar	35	F	Waterloo	IA	9:47	00:30:44.59	00:30:24.44
38	244/628	96/371	476	Michelle Davis	35	F	Waterloo	IA	9:49	00:31:35.60	00:30:30.20
39	255/628	101/371	248	Nina Forcier	38	F	Waterloo	IA	9:57	00:31:23.83	00:30:56.43
40	256/628	102/371	269	Kristi Klatt	30	F	Waterloo	IA	9:59	00:31:40.90	00:31:03.34
41	257/628	103/371	629	Sarah Akin	30	F	West Des Moines	IA	9:59	00:31:40.49	00:31:03.83
42	266/628	107/371	602	Beth Greene	39	F	Fairfax	IA	10:07	00:32:57.10	00:31:28.67
43	292/628	122/371	233	Malinda Hostetler	37	F	Cedar Falls	IA	10:24	00:32:42.07	00:32:21.50
44	300/628	128/371	562	Chelsie Knudsvig	37	F	Waterloo	IA	10:32	00:33:11.30	00:32:44.11
45	302/628	129/371	92	Trisha Schoo	33	F	Waterloo	IA	10:35	00:33:32.62	00:32:53.69
46	308/628	133/371	320	Toni Kelleher	30	F	Indianola	IA	10:39	00:34:05.11	00:33:06.02
47	312/628	136/371	500	Jess Pecenka	35	F	Waterloo	IA	10:43	00:34:12.40	00:33:18.29
48	316/628	138/371	379	Sara St. John	37	F	Winterset	IA	10:45	00:33:58.92	00:33:25.87
49	317/628	139/371	570	Hillery Malcom	38	F	Cedar Falls	IA	10:45	00:35:12.92	00:33:26.82
50	324/628	142/371	609	Darci Nagel	35	F	Grundy Center	IA	10:49	00:33:53.41	00:33:37.57
51	325/628	143/371	364	Joanna Moroz	34	F	Cedar Falls	IA	10:49	00:33:49.23	00:33:37.57
52	329/628	147/371	466	Tiffany Timm	33	F	Waterloo	IA	10:51	00:34:34.91	00:33:45.76
53	331/628	149/371	335	Lindsey Leseman	32	F	Waterloo	IA	10:54	00:34:03.07	00:33:54.70
54	342/628	154/371	536	Marie Therese Diver	39	F	Montclair	NJ	11:04	00:36:35.15	00:34:25.82
55	344/628	156/371	534	Angela Diver	36	F	Montclair	NJ	11:05	00:36:34.94	00:34:26.64
56	345/628	157/371	399	Renee Koloc	31	F	Raymond	IA	11:07	00:35:43.18	00:34:32.69
57	352/628	160/371	518	Hilary Nelson	31	F	Waterloo	IA	11:12	00:35:38.09	00:34:50.43

# ShamRock N Run 5K

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## Overall Division Results

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
58	355/628	162/371	164	Gina Jordan-Burg	37	F	Waterloo	IA	11:14	00:35:14.66	00:34:55.14
59	360/628	167/371	198	Nichole Lehmann	37	F	Cedar Falls	IA	11:21	00:36:27.62	00:35:16.72
60	362/628	168/371	523	Catherine Shafer	33	F	Waterloo	IA	11:22	00:36:09.66	00:35:20.90
61	363/628	169/371	469	Michelle Crippen	34	F	Cedar Falls	IA	11:24	00:35:56.58	00:35:28.18
62	365/628	171/371	332	Lynda Bohlmann	34	F	Cedar Falls	IA	11:28	00:37:01.15	00:35:39.55
63	367/628	173/371	499	Jami Mallen	30	F	Waterloo	IA	11:34	00:38:19.12	00:35:57.21
64	369/628	174/371	423	Jennifer Gibbs	37	F	Waterloo	IA	11:37	00:36:25.20	00:36:06.91
65	370/628	175/371	144	Kara Unga	33	F	Cedar Falls	IA	11:37	00:36:36.38	00:36:07.50
66	374/628	177/371	1	Constance Robinson	37	F	Waterloo	IA	11:44	00:38:10.80	00:36:29.00
67	377/628	179/371	266	Erica Schafer	39	F	Cedar Falls	IA	11:59	00:37:36.52	00:37:14.90
68	380/628	182/371	309	Christina Charlton	35	F	Waterloo	IA	12:04	00:38:08.97	00:37:32.46
69	384/628	185/371	333	Brandi Austin	36	F	Knoxville	IA	12:07	00:40:00.46	00:37:41.30
70	387/628	188/371	240	Megan Hix	31	F	Waterloo	IA	12:12	00:38:42.48	00:37:56.07
71	389/628	190/371	310	Tara Bosnic	34	F	Waterloo	IA	12:16	00:38:22.17	00:38:09.47
72	390/628	191/371	281	Julie Richmond	38	F	Waterloo	IA	12:16	00:39:43.59	00:38:09.64
73	409/628	201/371	554	Whitney Hoppe	32	F	Waterloo	IA	12:48	00:40:59.12	00:39:46.47
74	411/628	203/371	106	Kari Russler	36	F	Center Point	IA	12:48	00:40:44.42	00:39:49.07
75	413/628	205/371	543	Annie Alvarado	30	F	Waterloo	IA	12:49	00:40:13.81	00:39:51.41
76	417/628	208/371	465	Amy Larsen	39	F	Waterloo	IA	12:58	00:42:06.98	00:40:18.22
77	421/628	212/371	284	Jennifer Merfeld	38	F	Steamboat Rock	IA	13:06	00:42:56.41	00:40:43.78
78	425/628	215/371	129	Katie Buchter	34	F	Davenport	IA	13:09	00:42:29.39	00:40:52.99
79	437/628	225/371	355	Tricia Paar	31	F	Waterloo	IA	13:21	00:43:16.92	00:41:31.03
80	447/628	231/371	366	Amanda Mckee	33	F	Cedar Falls	IA	13:31	00:44:18.83	00:42:00.68
81	448/628	232/371	450	Morgan Crawford	36	F	Waterloo	IA	13:34	00:44:08.87	00:42:11.07
82	451/628	234/371	170	Allison Ryan	31	F	Waterloo	IA	13:37	00:43:41.88	00:42:19.06
83	454/628	237/371	412	Rhonda McBride	39	F	Waterloo	IA	13:44	00:44:08.67	00:42:43.01
84	466/628	246/371	504	Katie Niedert	33	F	Evansdale	IA	14:18	00:45:18.27	00:44:28.48
85	469/628	249/371	521	Darci Gilson	31	F	Independence	IA	14:19	00:45:22.10	00:44:31.44
86	470/628	250/371	315	Kayley Grant	30	F	West Des Moines	IA	14:19	00:45:47.72	00:44:31.65
87	472/628	252/371	535	Grainne Diver	38	F	Montclair	NJ	14:28	00:47:06.17	00:44:57.67
88	473/628	253/371	537	Renate Laine	35	F	Montclair	NJ	14:28	00:47:06.17	00:44:58.50
89	474/628	254/371	495	Andrea Watkinson	33	F	Central City	IA	14:28	00:46:55.89	00:44:59.33
90	476/628	256/371	640	Amanda Rusk	35	F	Waterloo	IA	14:29	00:45:32.29	00:45:00.39
91	478/628	258/371	14	Kathryn Block	36	F	Mankato	MN	14:29	00:46:13.28	00:45:01.13
92	482/628	262/371	90	Dana Graveman	33	F	Elk Run Heights	IA	14:35	00:47:02.36	00:45:20.78
93	487/628	266/371	497	Nessa Tevis	37	F	Independence	IA	14:46	00:46:43.91	00:45:53.26
94	496/628	273/371	294	Sara Baber	32	F	Waterloo	IA	15:05	00:49:01.40	00:46:51.87
95	502/628	276/371	18	Amanda Weber	36	F	Cedar Falls	IA	15:12	00:48:49.76	00:47:14.34
96	504/628	277/371	517	Rebecca Baum	33	F	Waterloo	IA	15:22	00:48:33.31	00:47:44.77
97	522/628	288/371	256	Ashley Ferrel	36	F	Cedar Falls	IA	15:54	00:51:10.42	00:49:26.34
98	536/628	299/371	61	Hanna Nuss	30	F	Waterloo	IA	16:16	00:53:22.66	00:50:34.26
99	539/628	302/371	576	Nicole Packard	37	F	Waterloo	IA	16:17	00:52:48.92	00:50:36.28
100	547/628	306/371	137	Ellen Hames	33	F	Ankeny	IA	16:39	00:52:06.67	00:51:45.75
101	557/628	315/371	485	Val Bovy	32	F	Dike	IA	16:58	00:55:34.89	00:52:45.27
102	568/628	323/371	74	Bridgitte Duffy	37	F	Cedar Falls	IA	17:05	00:54:02.17	00:53:06.27
103	569/628	324/371	73	Amber Mann	32	F	Cedar Falls	IA	17:05	00:54:02.23	00:53:07.08
104	574/628	328/371	443	Kayla Funk	31	F	Waterloo	IA	17:28	00:55:37.42	00:54:16.85
105	576/628	330/371	186	Julie Jones	38	F	Evansdale	IA	17:42	00:55:42.92	00:55:00.41
106	579/628	333/371	234	Emily Dimberio	38	F	Plano	TX	17:51	00:56:01.54	00:55:28.38
107	583/628	336/371	357	Allison Shea	31	F	Evansdale	IA	18:22	00:58:23.26	00:57:05.13

# ShamRock N Run 5K

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## Overall Division Results

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
108	584/628	337/371	654	Randi Slaughter	38	F	Waterloo	IA	18:31	00:59:25.92	00:57:33.87
109	586/628	338/371	430	Ellen Heuer	34	F	Waterloo	IA	18:35	00:59:16.17	00:57:44.52
110	587/628	339/371	458	Amanda Arp	38	F	Waterloo	IA	18:35	00:59:16.24	00:57:44.84
111	590/628	342/371	218	Sarah Sanboeuf	33	F	Waterloo	IA	18:40	00:58:20.66	00:58:01.75
112	599/628	349/371	70	Michelle Stravers	33	F	West Des Moines	IA	19:13	01:01:13.66	00:59:43.51
113	604/628	352/371	104	Shay Caley	37	F	Denver	IA	19:14	01:01:47.11	00:59:47.25
114	610/628	357/371	336	Jessie Ott	33	F	Waterloo	IA	19:36	01:03:32.91	01:00:55.60
115	612/628	359/371	292	Jessica Stanley	35	F	Waverly	IA	19:51	01:03:57.87	01:01:43.34
116	627/628	370/371	463	Ajeh Agbese	34	F	Waterloo	IA	20:47	01:06:51.41	01:04:36.76

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	1/628	1/257	305	Brandon Underwood	34	M	Waterloo	IA	5:40	00:17:41.77	00:17:39.13
2	9/628	9/257	278	Joel Rasmussen	33	M	Goldfield	IA	6:27	00:20:10.16	00:20:05.01
3	15/628	15/257	130	Mike Buchter	39	M	Davenport	IA	6:47	00:21:17.78	00:21:05.63
4	19/628	18/257	668	Cam Keecan	30	M	Glasgow		6:55	00:21:34.91	00:21:30.84
5	29/628	27/257	275	Zachary Norgren	32	M	Elk Run Heights	IA	7:07	00:22:25.41	00:22:08.50
6	38/628	32/257	468	Tony Means	39	M	Hudson	IA	7:18	00:24:36.13	00:22:43.25
7	40/628	34/257	568	Aaron Becker	34	M	Waterloo	IA	7:21	00:23:31.91	00:22:50.83
8	52/628	42/257	672	Jared Smith	37	M	Tama	IA	7:31	00:23:47.16	00:23:22.01
9	53/628	43/257	10	Stiof&n O Fearail	30	M	Reinbeck	IA	7:31	00:23:57.57	00:23:22.87
10	54/628	44/257	11	Daithi O Ruaidh	30	M	Reinbeck	IA	7:31	00:23:57.57	00:23:24.16
11	59/628	47/257	522	Josh Arickx	36	M	Waterloo	IA	7:33	00:24:46.85	00:23:29.13
12	61/628	49/257	312	Dan Rhodes	34	M	Hiawatha	IA	7:34	00:23:32.15	00:23:30.77
13	66/628	52/257	140	Matthew Engelhardt	38	M	Waterloo	IA	7:36	00:24:16.65	00:23:39.50
14	73/628	55/257	291	Paul Foster	35	M	Cedar Falls	IA	7:49	00:24:32.41	00:24:20.00
15	74/628	56/257	660	Danny Landick	30	M	Waterloo	IA	7:51	00:26:09.66	00:24:25.00
16	77/628	59/257	528	Thomas Hess	38	M	Waterloo	IA	7:54	00:25:11.16	00:24:33.21
17	79/628	61/257	498	John Mallen	30	M	Waterloo	IA	7:54	00:26:56.16	00:24:33.83
18	84/628	65/257	145	Matt Ungs	36	M	Cedar Falls	IA	8:00	00:25:24.21	00:24:53.88
19	86/628	66/257	152	Eric Becker	35	M	Dubuque	IA	8:02	00:27:22.80	00:24:58.42
20	92/628	70/257	341	Kaya Tolon	39	M	Ames	IA	8:05	00:25:11.64	00:25:07.59
21	105/628	80/257	222	Joshua Dahlen	31	M	Waterloo	IA	8:13	00:26:09.67	00:25:34.36
22	109/628	84/257	444	Jason Funk	35	M	Waterloo	IA	8:19	00:26:16.91	00:25:51.36
23	126/628	92/257	150	Shane Flesher	38	M	Dubuque	IA	8:29	00:28:46.91	00:26:21.90
24	127/628	93/257	162	Jesus Ramirez Jr	33	M	Cedar Falls	IA	8:29	00:28:14.65	00:26:22.80
25	128/628	94/257	542	Kyle Charles	31	M	Des Moines	IA	8:29	00:27:35.81	00:26:24.05
26	139/628	100/257	491	Wes Gardner	36	M	La Porte City	IA	8:36	00:27:20.16	00:26:43.74
27	142/628	102/257	227	Thomas Rosin	31	M	Ankeny	IA	8:39	00:27:45.98	00:26:54.15
28	145/628	104/257	185	David Frisch	31	M	Independence	IA	8:42	00:27:32.67	00:27:02.76
29	148/628	105/257	551	Joshua Smith	35	M	Evanston	IL	8:44	00:27:32.13	00:27:10.51
30	152/628	107/257	350	Joe McBride	38	M	Waterloo	IA	8:46	00:28:16.48	00:27:15.57
31	164/628	111/257	385	Timothy Verheyen	34	M	Cedar Falls	IA	8:55	00:28:09.93	00:27:44.17
32	169/628	113/257	637	Bryce Gonzalez	38	M	Des Moines	IA	8:59	00:29:38.91	00:27:54.80
33	173/628	116/257	262	Shaun Kane	32	M	Cedar Falls	IA	8:59	00:28:30.41	00:27:57.36
34	177/628	119/257	96	Andrew Isley	34	M	Independence	IA	9:01	00:29:07.84	00:28:01.26
35	183/628	123/257	557	Warren Kaaihue	36	M	Waterloo	IA	9:07	00:28:50.99	00:28:20.65
36	187/628	125/257	645	Dejan Popovic	30	M	Waterloo	IA	9:09	00:28:38.02	00:28:27.40



# ShamRock N Run 5K

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## Overall Division Results

### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
37	192/628	129/257	16	Paul Toppin	37	M	Waterloo	IA	9:15	00:30:09.08	00:28:44.64
38	200/628	135/257	77	Jason Mohorne	39	M	Waterloo	IA	9:20	00:30:41.91	00:29:01.37
39	223/628	139/257	311	Slobodan Bosnic	32	M	Waterloo	IA	9:33	00:29:54.16	00:29:41.47
40	228/628	140/257	261	Eddie Fischer	32	M	Waterloo	IA	9:37	00:30:45.91	00:29:53.87
41	235/628	143/257	614	Steve Langmaren	32	M	Marshalltown	IA	9:44	00:32:02.22	00:30:16.02
42	243/628	148/257	486	Keith Steimel	37	M	Waterloo	IA	9:48	00:31:23.16	00:30:29.01
43	245/628	149/257	477	Matt Davis	32	M	Waterloo	IA	9:49	00:31:35.95	00:30:31.55
44	254/628	154/257	97	Cory Hartmann	34	M	Independence	IA	9:55	00:31:55.32	00:30:49.81
45	259/628	155/257	573	Curtis Shaw	39	M	Waterloo	IA	10:02	00:31:21.16	00:31:10.89
46	270/628	163/257	268	Nick Roe	32	M	Waterloo	IA	10:11	00:32:30.64	00:31:39.62
47	272/628	164/257	548	Ryan Paulson	34	M	Waterloo	IA	10:11	00:31:53.68	00:31:40.39
48	273/628	165/257	223	Josue Carmona	32	M	Waterloo	IA	10:12	00:32:14.65	00:31:41.49
49	299/628	172/257	683	Rob Nichols	31	M	Waterloo	IA	10:32	00:32:43.66	00:32:43.66
50	301/628	173/257	93	Oliver Schoo	32	M	Waterloo	IA	10:35	00:33:32.82	00:32:53.18
51	314/628	178/257	166	Scott Demuth	38	M	Waterloo	IA	10:45	00:34:03.87	00:33:24.05
52	336/628	186/257	378	Corey St. John	39	M	Winterset	IA	10:58	00:34:39.16	00:34:06.95
53	349/628	191/257	633	Brande Miller	39	M	Waterloo	IA	11:10	00:34:46.37	00:34:43.12
54	354/628	193/257	356	Matthew Schellhorn	30	M	Evansdale	IA	11:13	00:36:13.42	00:34:53.26
55	361/628	194/257	666	Cody Woodey	33	M	Cedar Falls	IA	11:22	00:36:25.91	00:35:20.01
56	375/628	198/257	60	Adam Amdor	37	M	Waterloo	IA	11:53	00:39:24.70	00:36:56.79
57	401/628	206/257	646	Keith Pumphrail	33	M	Mechanicsville	IA	12:27	00:41:14.91	00:38:42.10
58	450/628	217/257	220	Nick Custer	32	M	Lenox	IA	13:37	00:44:12.12	00:42:18.46
59	498/628	224/257	26	Sam Kilgore	33	M	North Liberty	IA	15:10	00:48:59.57	00:47:09.97
60	506/628	228/257	516	Dustin Baum	33	M	Waterloo	IA	15:22	00:48:33.31	00:47:46.02
61	518/628	232/257	295	Nate Downs	36	M	Waterloo	IA	15:47	00:49:04.03	00:49:04.03
62	545/628	241/257	652	Adam Gallmeyer	38	M	Waterloo	IA	16:36	00:52:51.35	00:51:36.29
63	556/628	242/257	484	Brent Bovy	35	M	Dike	IA	16:58	00:55:30.56	00:52:43.66
64	585/628	248/257	655	Bryan Slaughter	34	M	Waterloo	IA	18:31	00:59:26.42	00:57:34.36
65	600/628	251/257	33	Jacob Jaynes	31	M	Cedar Falls	IA	19:13	01:01:25.98	00:59:44.40
66	623/628	255/257	337	Derek Ott	32	M	Waterloo	IA	20:35	01:06:29.39	01:03:57.74

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	31/628	3/371	64	Katie Longlett	42	F	Wilton	IA	7:08	00:22:17.04	00:22:10.83
2	33/628	4/371	619	Brooke Heuer	41	F	Waterloo	IA	7:09	00:22:17.65	00:22:13.24
3	58/628	12/371	174	Mindy Ackerman	49	F	Readlyn	IA	7:32	00:24:23.93	00:23:26.76
4	65/628	14/371	146	Liz Winter	41	F	Jesup	IA	7:36	00:23:50.41	00:23:38.98
5	72/628	18/371	317	Robyn Rodenburgh	43	F	Waterloo	IA	7:49	00:25:18.66	00:24:19.12
6	114/628	28/371	55	Sunshine Yang	42	F	Cedar Falls	IA	8:20	00:26:09.49	00:25:56.36
7	157/628	47/371	207	Bridgette Skinner	46	F	Jesup	IA	8:51	00:27:39.88	00:27:29.87
8	158/628	48/371	21	Susan Eisenbacher	46	F	Waterloo	IA	8:54	00:28:03.83	00:27:41.17
9	205/628	69/371	608	Gina Naas	45	F	Nevada	MO	9:24	00:29:48.66	00:29:13.36
10	216/628	78/371	51	Angie White	43	F	Cedar Falls	IA	9:30	00:30:46.82	00:29:33.66
11	218/628	80/371	47	Traci Hewitt	48	F	Waterloo	IA	9:31	00:30:46.01	00:29:34.89
12	221/628	83/371	575	Julie Mcentire	47	F	Saint Louis	MO	9:32	00:31:54.29	00:29:37.97
13	222/628	84/371	436	Angela Westlund	45	F	Delano	MN	9:32	00:31:54.90	00:29:39.49
14	225/628	86/371	301	Lisa Senne	47	F	Independence	IA	9:35	00:30:23.90	00:29:49.01
15	232/628	91/371	192	Erin Jordan	44	F	Iowa City	IA	9:41	00:30:18.23	00:30:07.06

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## Overall Division Results

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
16	276/628	110/371	230	Lynette Telleen	46	F	Waverly	IA	10:12	00:32:23.15	00:31:43.99
17	285/628	116/371	622	Julie Bushman	49	F	Cedar Rapids	IA	10:21	00:33:24.87	00:32:09.71
18	289/628	120/371	65	Becky Riess	42	F	Wiltonton	IA	10:24	00:33:22.16	00:32:19.57
19	290/628	121/371	597	Jana Qualls	40	F	Waterloo	IA	10:24	00:33:02.12	00:32:20.82
20	297/628	126/371	490	Amy Kimball	45	F	Buckingham	IA	10:29	00:33:17.38	00:32:35.08
21	309/628	134/371	347	Sue Jurgensen	49	F	Westgate	IA	10:39	00:34:06.91	00:33:07.81
22	310/628	135/371	318	Pamela Ryan	49	F	Waterloo	IA	10:41	00:33:43.66	00:33:14.18
23	340/628	153/371	566	Kim Brustkern	42	F	Waterloo	IA	11:02	00:34:49.22	00:34:19.31
24	356/628	163/371	288	Jill Aalderks	43	F	Cedar Falls	IA	11:14	00:36:07.91	00:34:55.35
25	366/628	172/371	30	Chrissy Kimball	40	F	Waterloo	IA	11:29	00:36:54.05	00:35:41.69
26	376/628	178/371	209	Monica Fitzgerald	42	F	Urbandale	IA	11:57	00:38:47.66	00:37:10.20
27	378/628	180/371	426	Christine Guevara	40	F	Cedar Falls	IA	11:59	00:38:18.67	00:37:15.25
28	382/628	184/371	107	Kristi Anderson	46	F	Allison	IA	12:06	00:39:06.05	00:37:37.04
29	386/628	187/371	353	Monica Blakeman	40	F	Readlyn	IA	12:11	00:38:02.91	00:37:53.99
30	405/628	198/371	244	Renee Cole	49	F	Iowa City	IA	12:44	00:41:04.96	00:39:35.32
31	407/628	200/371	80	Kierstan Stoll-Nemmers	45	F	Elizabethtown	NC	12:44	00:42:03.92	00:39:36.83
32	420/628	211/371	520	April Doyle	40	F	Evansdale	IA	13:04	00:42:50.58	00:40:37.72
33	432/628	221/371	79	Shawn Sanders	45	F	Elizabethtown	NC	13:17	00:43:47.57	00:41:16.66
34	434/628	222/371	503	Elizabeth Kayser	41	F	Jesup	IA	13:18	00:42:08.00	00:41:19.41
35	436/628	224/371	416	Abbey Abbott	40	F	Coralville	IA	13:20	00:42:38.11	00:41:28.70
36	438/628	226/371	84	Karla Renken	43	F	Waverly	IA	13:21	00:43:20.66	00:41:31.06
37	456/628	239/371	159	Lisa Frame	49	F	Fairbank	IA	13:47	00:43:46.76	00:42:49.75
38	462/628	244/371	108	Jaime Henning	42	F	Waverly	IA	14:10	00:45:00.16	00:44:03.37
39	480/628	260/371	215	Jennifer Thurm	43	F	Waterloo	IA	14:30	00:46:41.69	00:45:03.61
40	484/628	263/371	372	Tara Rapien	47	F	Denver	IA	14:38	00:45:59.49	00:45:28.30
41	519/628	287/371	56	Kimberly Bahr	43	F	Waterloo	IA	15:50	00:50:19.89	00:49:11.68
42	526/628	291/371	69	Renee Levi	47	F	Walker	IA	16:07	00:51:12.49	00:50:04.68
43	531/628	296/371	453	Kori Parkhurst	43	F	Waterloo	IA	16:10	00:51:07.17	00:50:16.33
44	533/628	297/371	264	Kay Reidy	48	F	Independence	IA	16:12	00:51:09.02	00:50:20.11
45	534/628	298/371	419	Kim Reidy	44	F	Independence	IA	16:12	00:51:08.82	00:50:21.10
46	544/628	304/371	481	Tara Westpfahl	49	F	Jesup	IA	16:29	00:52:30.63	00:51:15.47
47	549/628	308/371	592	Ann Gogerty	48	F	Waterloo	IA	16:39	00:52:07.53	00:51:46.72
48	553/628	312/371	342	Roxanne O'Bryon	44	F	Cedar Falls	IA	16:57	00:54:54.91	00:52:41.03
49	562/628	318/371	674	Carrie Schaefer	40	F	Waterloo	IA	17:03	00:54:33.92	00:52:59.11
50	571/628	325/371	190	Jennifer Browne	43	F	Uffcott		17:14	00:55:04.63	00:53:33.15
51	577/628	331/371	187	Rebecca Terrones	47	F	Waterloo	IA	17:42	00:55:43.41	00:55:00.51
52	603/628	351/371	72	Tabi Weber	44	F	Windsor Heights	IA	19:14	01:01:15.40	00:59:46.25
53	606/628	353/371	388	Raynel Greiner	49	F	Lisbon	IA	19:16	01:02:10.87	00:59:52.69
54	608/628	355/371	250	Ann Mccall	47	F	Iowa Falls	IA	19:34	01:03:17.64	01:00:47.72
55	609/628	356/371	249	Angela Long	49	F	Reinbeck	IA	19:36	01:03:22.77	01:00:54.12

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	5/628	5/257	400	Jorge Marquez	48	M	Cedar Falls	IA	6:07	00:19:04.12	00:19:01.69
2	11/628	11/257	265	Mike Klaas	41	M	Waterloo	IA	6:29	00:20:14.50	00:20:10.64
3	23/628	22/257	642	Michael Pothast	49	M	Waterloo	IA	7:02	00:21:57.91	00:21:51.61
4	24/628	23/257	109	Bob McMullen	45	M	Waterloo	IA	7:03	00:23:55.33	00:21:55.49
5	34/628	30/257	13	Adam Myers	45	M	Evansdale	IA	7:10	00:22:28.44	00:22:18.63

# ShamRock N Run 5K

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## Overall Division Results

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
6	39/628	33/257	67	Quinn Riess	42	M	Wiltonlton	IA	7:18	00:22:49.75	00:22:43.32
7	64/628	51/257	343	James O'Bryon	48	M	Cedar Falls	IA	7:36	00:23:44.38	00:23:36.82
8	81/628	62/257	408	Jason Kurtz	43	M	Denver	IA	7:58	00:25:47.37	00:24:46.01
9	90/628	68/257	402	Cory Lange	41	M	La Porte City	IA	8:03	00:25:11.64	00:25:00.80
10	91/628	69/257	308	Jason Lahmann	46	M	Tripoli	IA	8:05	00:26:14.16	00:25:06.97
11	96/628	73/257	488	Eric Kimball	46	M	Buckingham	IA	8:06	00:25:28.89	00:25:12.87
12	100/628	76/257	191	Tom Jordan	44	M	Iowa City	IA	8:11	00:25:38.41	00:25:27.36
13	106/628	81/257	22	Joe Edwards	43	M	Waterloo	IA	8:16	00:26:02.40	00:25:43.50
14	112/628	85/257	599	Derek Boeldt	45	M	Waterloo	IA	8:20	00:27:01.85	00:25:54.93
15	120/628	89/257	155	Adam Wittmayer	41	M	Waterloo	IA	8:25	00:26:27.56	00:26:09.46
16	121/628	90/257	459	Matt Tracy	42	M	Waterloo	IA	8:26	00:26:55.36	00:26:12.22
17	123/628	91/257	39	Dennis Schilling	42	M	Evansdale	IA	8:26	00:26:35.41	00:26:14.62
18	130/628	95/257	286	Brian Jacobsen	47	M	Dunkerton	IA	8:30	00:27:33.16	00:26:25.78
19	170/628	114/257	493	Loren Marlette	48	M	Charles City	IA	8:59	00:28:18.08	00:27:54.93
20	195/628	131/257	147	Kyle Winter	41	M	Jesup	IA	9:17	00:30:42.91	00:28:51.76
21	215/628	138/257	48	Sean Hewitt	49	M	Waterloo	IA	9:30	00:30:43.58	00:29:32.92
22	241/628	147/257	208	Tom Skinner	47	M	Jesup	IA	9:47	00:30:35.70	00:30:24.29
23	275/628	166/257	596	Nick Elliott	44	M	Waterloo	IA	10:12	00:32:25.17	00:31:43.89
24	311/628	176/257	133	Steve Hubbard	46	M	Waverly	IA	10:42	00:34:27.66	00:33:14.85
25	318/628	179/257	544	Robert Rodgers li	43	M	Cedar Falls	IA	10:46	00:35:12.92	00:33:27.24
26	337/628	187/257	91	Ethan Magee	41	M	Elk Run Heights	IA	11:00	00:35:53.54	00:34:11.38
27	341/628	188/257	297	Mick Kane	43	M	Fairbank	IA	11:04	00:34:43.11	00:34:25.45
28	371/628	196/257	411	Aaron Pryor	47	M	Nolanville	TX	11:40	00:36:59.52	00:36:15.37
29	383/628	199/257	334	Bil Austin	46	M	Knoxville	IA	12:07	00:40:00.66	00:37:40.41
30	393/628	201/257	417	Peter Abbott	43	M	Coralville	IA	12:19	00:39:27.32	00:38:18.26
31	416/628	209/257	66	Brad Longlett	49	M	Wilton	IA	12:55	00:41:25.11	00:40:10.69
32	443/628	215/257	122	Michael Smith	48	M	La Porte City	IA	13:29	00:42:04.34	00:41:55.55
33	461/628	218/257	635	David Foley	46	M	Chicago	IL	14:09	00:45:28.16	00:44:00.00
34	493/628	223/257	243	Gregory Cole	49	M	Iowa City	IA	14:56	00:47:56.37	00:46:26.96
35	499/628	225/257	19	Aaron Weber	44	M	Cedar Falls	IA	15:11	00:48:48.54	00:47:10.88
36	515/628	230/257	212	Mike Harn	42	M	Waterloo	IA	15:41	00:50:16.86	00:48:44.21
37	523/628	235/257	257	Peter Ferrel	44	M	Cedar Falls	IA	15:55	00:51:12.09	00:49:27.43
38	535/628	237/257	210	Tim Fitzgerald	42	M	Urbandale	IA	16:14	00:52:09.54	00:50:26.90
39	598/628	250/257	467	Ryan Caley	40	M	Denver	IA	19:13	01:01:46.90	00:59:43.00
40	626/628	257/257	428	Blas Guevara	45	M	Cedar Falls	IA	20:36	01:05:25.07	01:04:02.44

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	62/628	13/371	658	Brenda Hill	58	F	Louisville	KY	7:35	00:23:39.06	00:23:35.01
2	80/628	19/371	634	Bev Diercks	59	F	Waterloo	IA	7:55	00:25:11.84	00:24:38.61
3	116/628	30/371	35	Mary Steffensmeier	56	F	Waterloo	IA	8:21	00:26:04.63	00:25:58.97
4	125/628	34/371	470	Stephanie Huff	54	F	Waterloo	IA	8:28	00:26:43.38	00:26:20.52
5	135/628	37/371	120	Cindy Weyland	59	F	Gilbertville	IA	8:33	00:26:41.12	00:26:35.47
6	151/628	45/371	624	Kristin Kratz	50	F	Apple Valley	MN	8:45	00:28:06.27	00:27:13.61
7	171/628	57/371	34	Jennifer Barry	52	F	Dunedin	FL	8:59	00:28:13.01	00:27:55.13
8	210/628	74/371	384	Kris Keller	52	F	Cedar Falls	IA	9:27	00:30:14.36	00:29:23.52
9	211/628	75/371	626	Darcy Nikocajson	53	F	Waterloo	IA	9:28	00:30:20.42	00:29:27.55
10	224/628	85/371	368	De Radke	54	F	Cedar Falls	IA	9:33	00:32:00.20	00:29:42.22

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## Overall Division Results

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
11	227/628	88/371	116	Joanne Bohl	52	F	Humboldt	SD	9:36	00:30:42.77	00:29:52.35
12	230/628	90/371	76	Lucy Breuer	52	F	Waterloo	IA	9:39	00:30:18.63	00:30:00.14
13	239/628	93/371	57	Sandy Ferguson	58	F	Cedar Falls	IA	9:46	00:30:43.66	00:30:22.24
14	260/628	105/371	475	Holly Jongedyk	54	F	Parkersburg	IA	10:03	00:31:28.87	00:31:14.13
15	271/628	108/371	480	Kori Cramer	50	F	Ames	IA	10:11	00:32:55.44	00:31:40.29
16	284/628	115/371	560	Elgean Brandenburg	52	F	Hiawatha	IA	10:20	00:33:24.16	00:32:09.09
17	328/628	146/371	591	Jean Pfeiffer	56	F	Waterloo	IA	10:50	00:33:57.36	00:33:40.46
18	350/628	159/371	44	Becky Eserhaut	52	F	Muscatine	IA	11:11	00:35:10.12	00:34:46.12
19	353/628	161/371	83	Nancy Bishop	50	F	Ottumwa	IA	11:13	00:36:58.10	00:34:53.11
20	359/628	166/371	501	Michelle Arneson Have	50	F	Nashua	IA	11:19	00:36:16.27	00:35:10.86
21	388/628	189/371	363	Deb Schmitz	56	F	Cedar Falls	IA	12:13	00:39:41.35	00:37:57.72
22	402/628	196/371	406	Mary Beth Walbruch	57	F	Savage	MN	12:42	00:41:28.91	00:39:29.27
23	404/628	197/371	158	Kristy Borchartd	54	F	Waterloo	IA	12:43	00:41:19.00	00:39:30.65
24	415/628	207/371	582	Pat Zarate	58	F	Waterloo	IA	12:54	00:42:10.84	00:40:07.17
25	428/628	218/371	623	Dana Kelly	50	F	Waterloo	IA	13:11	00:41:54.02	00:41:00.52
26	441/628	228/371	389	Lezlie Bowers	51	F	Waterloo	IA	13:24	00:42:36.41	00:41:39.20
27	452/628	235/371	127	Suzanne Swanson	57	F	Waverly	IA	13:38	00:44:15.41	00:42:21.75
28	463/628	245/371	125	Beth Olson	56	F	Waverly	IA	14:13	00:44:54.54	00:44:13.24
29	468/628	248/371	328	Jana Grant	53	F	Waterloo	IA	14:19	00:45:47.41	00:44:31.26
30	475/628	255/371	375	Mary Lynch	57	F	Chicago	IL	14:28	00:47:04.91	00:44:59.43
31	481/628	261/371	496	Pamela Delagardelle	57	F	Cedar Falls	IA	14:31	00:46:57.31	00:45:07.16
32	485/628	264/371	2	Karen Sackett	53	F	Waverly	IA	14:43	00:47:35.27	00:45:45.27
33	489/628	268/371	391	Chelley Pratt	50	F	Waterloo	IA	14:52	00:48:26.17	00:46:12.89
34	490/628	269/371	184	Gwen Bramlet-Hecker	51	F	Waterloo	IA	14:53	00:47:57.98	00:46:15.08
35	491/628	270/371	24	Jaculin Coyle	57	F	Cross Plains	WI	14:54	00:47:44.41	00:46:18.29
36	494/628	271/371	361	Louise Hague	58	F	Saint Charles	IL	15:04	00:48:28.17	00:46:49.28
37	497/628	274/371	365	Angela Woods	55	F	Waterloo	IA	15:07	00:47:40.76	00:47:00.94
38	508/628	279/371	50	Yvonne Kenworthy	53	F	Cedar Rapids	IA	15:23	00:49:50.70	00:47:48.55
39	510/628	281/371	3	Deb Kressley	59	F	Waterloo	IA	15:30	00:48:39.23	00:48:09.56
40	511/628	282/371	404	Laura Hanson	57	F	Washburn	IA	15:33	00:48:46.72	00:48:21.81
41	513/628	284/371	68	Beverly Burke	57	F	Walker	IA	15:39	00:49:46.40	00:48:39.64
42	514/628	285/371	211	Julie Harn	51	F	Waterloo	IA	15:39	00:50:14.44	00:48:39.83
43	527/628	292/371	217	Carrie Taylor	53	F	Evansdale	IA	16:09	00:51:11.41	00:50:12.53
44	528/628	293/371	237	Candy Bidler Hurley	52	F	Johnston	IA	16:10	00:50:59.26	00:50:15.72
45	530/628	295/371	62	Amy Hetheron	53	F	Waterloo	IA	16:10	00:50:59.26	00:50:16.11
46	550/628	309/371	238	Connie Hix	59	F	Waterloo	IA	16:43	00:52:44.42	00:51:59.26
47	558/628	316/371	625	Denise Hanson	51	F	Waterloo	IA	16:59	00:53:58.57	00:52:49.11
48	561/628	317/371	397	Marisa Dolan	59	F	Cedar Falls	IA	17:02	00:53:33.39	00:52:57.26
49	567/628	322/371	75	Lisa Skubal	54	F	Waterloo	IA	17:05	00:54:04.85	00:53:04.93
50	573/628	327/371	25	Robbie Espinosa	57	F	Las Vegas	NV	17:14	00:55:04.42	00:53:33.75
51	580/628	334/371	681	Erin Meya	52	F	Waterloo	IA	17:51	00:58:37.48	00:55:28.82
52	581/628	335/371	682	Cuss Christensen	50	F	Waterloo	IA	17:51	00:58:38.41	00:55:29.07
53	592/628	344/371	437	Becky Audet	58	F	Navarre	FL	18:41	00:58:55.15	00:58:04.22
54	613/628	360/371	276	Julie Simmons	57	F	Cedar Falls	IA	19:58	01:04:30.52	01:02:04.90

### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	30/628	28/257	630	Dave Moore	52	M	Coralville	IA	7:07	00:22:35.12	00:22:09.76

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## Overall Division Results

### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
2	36/628	31/257	641	Brent Denning	53	M	Cedar Falls	IA	7:15	00:22:40.82	00:22:34.10
3	50/628	41/257	153	Greg Johnson	54	M	Waterloo	IA	7:30	00:23:40.66	00:23:19.22
4	75/628	57/257	216	Monty Beal	56	M	West Liberty	IA	7:51	00:24:52.66	00:24:26.01
5	76/628	58/257	232	Lynn Telleen	51	M	Waverly	IA	7:53	00:24:37.35	00:24:30.19
6	83/628	64/257	148	Stacy Jackson	54	M	Waterloo	IA	8:00	00:25:02.90	00:24:52.88
7	98/628	75/257	456	Brian Donnelly	58	M	Cedar Rapids	IA	8:08	00:25:30.66	00:25:16.76
8	103/628	78/257	664	Jeff Smith	58	M	Elk Run Heights	IA	8:12	00:25:42.41	00:25:31.00
9	104/628	79/257	86	Joe Peters	50	M	Monroe	WI	8:13	00:26:34.63	00:25:34.29
10	136/628	99/257	656	Nicholas Thome	58	M	Louisville	KY	8:34	00:26:41.32	00:26:37.47
11	140/628	101/257	102	Vincent Barnes	51	M	Waterloo	IA	8:36	00:27:09.41	00:26:43.85
12	150/628	106/257	180	John Joiner	52	M	Ames	IA	8:45	00:27:53.30	00:27:12.15
13	176/628	118/257	352	Mike Murphy	52	M	Decorah	IA	9:01	00:28:42.41	00:28:01.00
14	180/628	122/257	85	David Peters	58	M	Omaha	NE	9:02	00:29:04.16	00:28:04.03
15	191/628	128/257	142	John Skaar	51	M	Cedar Falls	IA	9:14	00:29:42.24	00:28:43.36
16	199/628	134/257	82	William Bishop	55	M	Ottumwa	IA	9:20	00:31:05.77	00:29:00.28
17	204/628	136/257	323	Tod Elliott	51	M	Sumner	IA	9:23	00:29:26.16	00:29:11.74
18	231/628	141/257	282	Aaron Hawbaker	51	M	Cedar Falls	IA	9:41	00:31:48.43	00:30:05.62
19	236/628	144/257	612	Pete Browne	50	M	Hornell	NY	9:44	00:32:03.64	00:30:16.31
20	237/628	145/257	194	Trevor Harrison	55	M	Cedar Falls	IA	9:45	00:31:08.21	00:30:20.08
21	238/628	146/257	280	Marty Stoakes	54	M	Waterloo	IA	9:45	00:31:08.17	00:30:20.47
22	251/628	153/257	173	Lon Pluckhahn	50	M	Marion	IA	9:53	00:31:46.58	00:30:45.00
23	291/628	170/257	111	Tom Sinnott	52	M	Waterloo	IA	10:24	00:32:59.41	00:32:21.25
24	306/628	175/257	134	Dan Takle	54	M	Hudson	IA	10:37	00:35:07.68	00:33:00.80
25	322/628	181/257	659	Michael Henry	52	M	Marion	AR	10:47	00:35:13.16	00:33:33.02
26	332/628	183/257	235	Brian Hurley	52	M	Johnston	IA	10:54	00:34:31.91	00:33:54.76
27	398/628	204/257	392	Jim Schaefer	52	M	Waterloo	IA	12:25	00:39:33.63	00:38:35.58
28	403/628	207/257	157	Carl Borchardt	51	M	Waterloo	IA	12:42	00:41:19.16	00:39:30.20
29	492/628	222/257	23	James Coyle	58	M	Cross Plains	WI	14:54	00:47:44.41	00:46:19.00
30	582/628	247/257	407	Dan Walbruch	57	M	Savage	MN	17:57	00:57:51.91	00:55:47.97
31	605/628	253/257	387	Rick Greiner	53	M	Lisbon	IA	19:15	01:02:10.66	00:59:51.50

### Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	240/628	94/371	139	Sandi Brennan	62	F	Waterloo	IA	9:46	00:30:49.16	00:30:22.58
2	293/628	123/371	229	Mary Dunlay	60	F	Waterloo	IA	10:25	00:32:57.25	00:32:24.84
3	303/628	130/371	4	Mary Cusack	64	F	Edwardsville	IL	10:35	00:33:29.57	00:32:54.26
4	327/628	145/371	579	Nancy Shell	66	F	Waterloo	IA	10:50	00:34:02.25	00:33:39.97
5	357/628	164/371	43	Terry Hartsock	64	F	Muscatine	IA	11:17	00:35:29.16	00:35:05.51
6	391/628	192/371	492	Stefanie Porta	64	F	Marion	IA	12:18	00:38:43.71	00:38:15.87
7	399/628	195/371	649	Dana Varney	60	F	Waterloo	IA	12:25	00:40:20.69	00:38:36.53
8	412/628	204/371	165	Carol Seehusen	70	F	Allison	IA	12:49	00:40:25.58	00:39:50.70
9	431/628	220/371	472	Elizabeth Bartimus	60	F	Decatur	IL	13:15	00:41:22.44	00:41:11.60
10	453/628	236/371	369	Patty Rausa	64	F	Waterloo	IA	13:44	00:43:19.36	00:42:42.45
11	455/628	238/371	29	Carla Lown	64	F	Waterloo	IA	13:47	00:44:57.37	00:42:49.49
12	471/628	251/371	136	Marilyn Mcmillan	62	F	Olathe	KS	14:24	00:45:33.70	00:44:44.94
13	477/628	257/371	154	Cindy Freeman	61	F	Mcallen	TX	14:29	00:47:01.16	00:45:01.01
14	512/628	283/371	588	Ginny Sundquist	63	F	Waterloo	IA	15:34	00:48:46.92	00:48:22.20
15	517/628	286/371	172	Kay Marie Bullock	65	F	Sebring	FL	15:46	00:50:25.57	00:49:01.16

# ShamRock N Run 5K

August 3, 2019

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## Overall Division Results

### Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
16	564/628	319/371	370	Rose Quirk	61	F	Waterloo	IA	17:04	00:53:34.61	00:53:02.21
17	565/628	320/371	539	Barb Cook	67	F	Waterloo	IA	17:04	00:53:34.92	00:53:02.50
18	575/628	329/371	163	Jane Shea	66	F	Waterloo	IA	17:32	00:55:38.13	00:54:28.88
19	578/628	332/371	179	Noreen Wiegmann	60	F	Bristow	IA	17:50	00:56:00.67	00:55:26.76
20	588/628	340/371	54	Debra Henn	67	F	Evansdale	IA	18:35	00:58:55.15	00:57:45.25
21	591/628	343/371	242	Deb Murphy	67	F	Waterloo	IA	18:41	00:58:22.42	00:58:03.09
22	616/628	363/371	197	Debra Donnelly	65	F	Cedar Falls	IA	20:11	01:03:34.41	01:02:43.48

### Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	22/628	21/257	593	Steve Johnson	63	M	Waterloo	IA	7:00	00:22:03.03	00:21:45.77
2	42/628	36/257	81	Mark Zimmer	62	M	Independence	IA	7:22	00:23:06.64	00:22:54.54
3	68/628	53/257	201	Bob Schmit	62	M	Waterloo	IA	7:37	00:23:57.16	00:23:42.61
4	118/628	87/257	611	Mike Craft	69	M	La Porte City	IA	8:24	00:27:00.16	00:26:06.26
5	133/628	98/257	156	Stephen Miller	66	M	Edwardsville	IL	8:32	00:27:10.91	00:26:31.92
6	153/628	108/257	530	Stan Hemesath	60	M	Waterloo	IA	8:47	00:28:24.41	00:27:18.27
7	175/628	117/257	7	Richard Robert	60	M	Charles City	IA	9:00	00:28:04.24	00:27:58.56
8	188/628	126/257	114	James Davies	67	M	Allison	IA	9:13	00:29:57.89	00:28:39.24
9	189/628	127/257	555	Robert Cooper	64	M	Chicago	IL	9:13	00:28:58.11	00:28:39.43
10	248/628	151/257	595	Dan Gogerty	69	M	Waterloo	IA	9:51	00:30:50.16	00:30:37.90
11	261/628	156/257	113	Donald Kramer	67	M	Waterloo	IA	10:03	00:31:59.59	00:31:15.44
12	269/628	162/257	135	Jim Mcmillan	66	M	Olathe	KS	10:10	00:32:24.15	00:31:37.74
13	277/628	167/257	383	Darwin Ramker	70	M	Waverly	IA	10:13	00:32:18.90	00:31:46.69
14	283/628	169/257	620	Chip Clark	61	M	Coggon	IA	10:20	00:33:24.05	00:32:08.80
15	304/628	174/257	31	Rik Anderson	67	M	Fort Myers	FL	10:36	00:34:21.07	00:32:56.19
16	323/628	182/257	621	Jed Becker	68	M	Cresco	IA	10:49	00:34:50.65	00:33:37.00
17	334/628	185/257	103	J Guldner	64	M	Salt Lake City	UT	10:57	00:34:17.75	00:34:04.24
18	348/628	190/257	128	John Parry	64	M	Waverly	IA	11:09	00:36:00.62	00:34:39.02
19	392/628	200/257	224	Stephen Noga	63	M	Maryville	IL	12:19	00:40:11.16	00:38:17.26
20	394/628	202/257	390	Jeff Bowers	64	M	Waterloo	IA	12:22	00:39:19.66	00:38:26.60
21	408/628	208/257	112	Joel Cooper	67	M	Cedar Falls	IA	12:45	00:41:37.56	00:39:38.54
22	483/628	221/257	410	Jim Reidy	77	M	Waterloo	IA	14:36	00:45:45.67	00:45:22.60
23	503/628	227/257	514	Joe Ryan	65	M	Oskaloosa	IA	15:17	00:48:32.68	00:47:31.10
24	507/628	229/257	49	Gregory Morud	64	M	Cedar Rapids	IA	15:22	00:49:48.16	00:47:46.27
25	516/628	231/257	171	Jack Bullock	68	M	Sebring	FL	15:46	00:50:23.94	00:48:59.88
26	541/628	239/257	483	Jay Ginther	73	M	Waterloo	IA	16:18	00:54:26.62	00:50:38.74
27	542/628	240/257	117	Pat Bohl	70	M	Humboldt	SD	16:21	00:50:49.66	00:50:49.66
28	559/628	243/257	627	Don Denkinger	82	M	Waterloo	IA	17:00	00:53:59.77	00:52:50.92
29	560/628	244/257	433	Dan True	63	M	Blue Grass	IA	17:01	00:53:31.91	00:52:54.77
30	563/628	245/257	600	Matt Hutchings	69	M	Waterloo	IA	17:03	00:54:03.91	00:53:00.08