

Market to Market Relay Iowa

May 11, 2019

Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 37.4 Miles -----			---- Last 39.2 Miles ----			Adjustment	----- Total -----	
						Place	Pace	Time	Place	Pace	Time		Pace	Time
1	1/70	Open	134	Brant Haase	Six Pack & a Pound Fest	1	5:42	03:33:38.76	1	5:44	03:45:14.53		5:43	07:18:53.29
2	2/70	Open	120	Andy Bernholtz	Kyle's Bikes	3	6:10	03:50:42.47	2	6:13	04:04:16.35		6:12	07:54:58.82
3	3/70	Open	133	Kevin Brown	Scrawfontaines	2	6:09	03:50:12.30	4	6:34	04:17:34.99		6:22	08:07:47.29
4	1/142	Mixed	190	Rachel Morgan	Iowa Body Project	9	6:27	04:01:27.52	3	6:27	04:13:06.48		6:27	08:14:34.01
5	2/142	Mixed	161	Scott Haug	#Zcrew	4	6:21	03:58:02.14	5	6:34	04:17:58.42		6:28	08:16:00.56
6	4/70	Open	112	Jeffrey Blanchard	Grinnell Running Club	5	6:23	03:58:52.47	8	6:44	04:24:31.67		6:34	08:23:24.14
7	1/6	Masters	318	Scott Heckenlaible	H&B All Stars	6	6:25	03:59:59.05	7	6:44	04:24:26.94		6:35	08:24:26.00
8	5/70	Open	144	Austin Williamson	The Elephant in the Room	11	6:35	04:06:46.01	6	6:34	04:18:03.38		6:35	08:24:49.40
9	1/16	Corporate	151	Seth Comfort	Foster Group	7	6:25	04:00:02.28	9	6:50	04:28:11.36		6:38	08:28:13.64
10	6/70	Open	132	Ryan Hatt	Runskers	8	6:26	04:01:01.82	11	6:56	04:31:56.51		6:41	08:32:58.33
11	3/142	Mixed	231	Vinnie Krikac	The Griswolds	10	6:35	04:06:20.27	13	7:02	04:35:46.29		6:48	08:42:06.57
12	2/6	Masters	322	Todd Fuelberth	Runnin' Lopes	13	6:46	04:13:37.25	12	6:56	04:32:17.96		6:51	08:45:55.22
13	4/142	Mixed	181	Lindsey Palmer	Fleet Feet Nebraska	12	6:42	04:10:49.34	19	7:17	04:45:41.35		7:00	08:56:30.69
14	2/16	Corporate	346	Mike Parsch	Businessolver	16	6:55	04:18:56.93	14	7:05	04:37:51.38		7:00	08:56:48.31
15	7/70	Open	105	Alex Oliver	Black Toenails	14	6:53	04:17:32.61	17	7:14	04:43:52.92		7:04	09:01:25.53
16	1/84	Women	314	Allison Nielsen	Women Race Nebraska	15	6:54	04:18:14.22	20	7:17	04:45:45.32		7:06	09:03:59.54
17	8/70	Open	119	Matt Johnson	Kevin Bacon Cheeseburger	18	7:01	04:22:53.79	18	7:16	04:45:06.27		7:09	09:08:00.07
18	9/70	Open	454	Brian Thuesen	Nothing Runs like a Beer	22	7:10	04:28:39.08	15	7:13	04:43:10.20		7:12	09:11:49.29
19	2/84	Women	316	Whitney Noe	You just got chicked	20	7:03	04:23:43.30	22	7:21	04:48:23.14		7:12	09:12:06.44
20	10/70	Open	357	Andy Campbell	Legs for Days	23	7:11	04:28:49.00	16	7:14	04:43:44.74		7:12	09:12:33.74
21	3/16	Corporate	158	Chris Vlahakis	Too Poor for RAGNAR	21	7:05	04:25:04.25	21	7:20	04:47:57.18		7:13	09:13:01.43
22	1/2	Academic	355	David Courard-Hauri	Speed Doctors of Drake	19	7:02	04:23:35.62	23	7:26	04:51:51.32		7:15	09:15:26.94
23	5/142	Mixed	180	Scott Brown	Feeling Good Looking Better	17	7:00	04:21:57.48	31	7:43	05:02:49.57		7:22	09:24:47.05
24	1/3	Religious	427	Jaysson Gurwell	Team Redeem	25	7:13	04:30:01.06	32	7:44	05:03:32.46		7:29	09:33:33.52
25	6/142	Mixed	217	Jennifer Joensen	Splat That!	31	7:32	04:42:03.33	27	7:36	04:58:32.21		7:34	09:40:35.54
26	3/84	Women	254	Robyn Gonzales	#teamclamjam	27	7:25	04:37:40.37	33	7:44	05:03:41.13		7:35	09:41:21.50
27	7/142	Mixed	435	Josh Warkentin	Team Keen	34	7:34	04:43:16.34	28	7:37	04:59:02.24		7:36	09:42:18.59
28	11/70	Open	106	Trevor Holland	Crop Dusters	38	7:41	04:47:22.88	25	7:34	04:56:49.40		7:37	09:44:12.28
29	8/142	Mixed	198	Shelly Haiar	Manning Mafia	33	7:34	04:43:02.59	29	7:42	05:01:51.88		7:38	09:44:54.47
30	9/142	Mixed	230	Barbara Bergmeier	The GOATs	32	7:33	04:42:34.99	30	7:43	05:02:32.05		7:38	09:45:07.05
31	1/3	Mixed Masters	323	Jeremy Dunlavey	Masters of our Domain	29	7:28	04:39:18.47	36	7:51	05:08:18.23		7:40	09:47:36.70
32	12/70	Open	110	JD Curran	Dusty Goats	53	7:54	04:55:43.74	24	7:29	04:53:37.06		7:41	09:49:20.81
33	13/70	Open	176	Chad Lunders	Death Taxes & Running	30	7:30	04:40:53.13	40	7:53	05:09:18.15		7:42	09:50:11.28
34	4/84	Women	284	Amy Slykhuis	Perfect Strangers - Slykhuis	35	7:38	04:45:49.24	35	7:47	05:05:28.74		7:43	09:51:17.98
35	10/142	Mixed	391	TJ Wilkerson	Halfway There Runnin On A Prayer	36	7:39	04:46:23.54	34	7:46	05:04:59.93		7:43	09:51:23.48
36	14/70	Open	121	Scott Brown	Lincoln Logs	43	7:44	04:49:22.79	38	7:52	05:08:47.15		7:48	09:58:09.94

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Place	Div		No.	Team Captain	Team Name	----- First 37.4 Miles -----			----- Last 39.2 Miles -----			Adjustment	----- Total -----	
	Plc/Total	Division				Place	Pace	Time	Place	Pace	Time		Pace	Time
37	11/142	Mixed	251	David Stevenson	Yogging Hard	40	7:41	04:47:38.04	41	7:55	05:10:48.99		7:48	09:58:27.03
38	12/142	Mixed	459	Bruce Rehmke	Run Like A Champ Not Like A Chump	37	7:40	04:46:45.07	44	8:01	05:14:28.86		7:50	10:01:13.94
39	15/70	Open	131	Emily Lampe	Runderpants	28	7:27	04:39:08.52	59	8:14	05:23:17.66		7:51	10:02:26.18
40	1/3	Armed Forces	334	Curtis Mulcahy	VETERANS@VMWARE	46	7:48	04:51:51.24	42	7:56	05:11:27.80		7:52	10:03:19.05
41	13/142	Mixed	358	Lucas Unger	Not Sure Yet	42	7:42	04:48:11.36	49	8:05	05:17:05.04		7:54	10:05:16.41
42	2/3	Religious	416	James Mills	Harvest Vineyard Runners	39	7:41	04:47:31.33	52	8:07	05:18:41.68		7:54	10:06:13.01
43	16/70	Open	113	Trevor McGinnis	Hit the Ground Stumbling	59	7:59	04:58:44.92	39	7:53	05:09:05.51		7:56	10:07:50.44
44	17/70	Open	118	Jenny Morrnick	JJ's Custom Fitness	45	7:47	04:51:22.47	51	8:06	05:17:41.86		7:57	10:09:04.33
45	18/70	Open	130	Kelli Brockmann	Road Warriors	47	7:49	04:52:26.34	48	8:04	05:16:38.03		7:57	10:09:04.38
46	19/70	Open	400	Marcus Fricke	Drinking results in poor decisions	26	7:24	04:36:54.76	74	8:28	05:32:21.24		7:57	10:09:16.00
47	14/142	Mixed	247	Sara Cockerham	We've Got The Runs	50	7:51	04:53:37.66	46	8:03	05:16:06.28		7:57	10:09:43.94
48	20/70	Open	196	Jocelyn Crabtree	Life Alert	60	7:59	04:59:09.54	43	7:59	05:13:19.41		7:59	10:12:28.95
49	21/70	Open	200	Meyer Lehman	Mid Leg Crisis	62	8:00	04:59:39.75	45	8:01	05:14:35.78		8:01	10:14:15.53
50	15/142	Mixed	452	Brian Harryman	Why the EF are we running	66	8:01	05:00:20.95	47	8:04	05:16:22.68		8:03	10:16:43.63
51	22/70	Open	127	Jared Bahnsen	Puke and Rally	87	8:14	05:08:24.30	37	7:52	05:08:22.74		8:03	10:16:47.05
52	23/70	Open	395	Chad Larson	The Road Kilts	64	8:00	04:59:45.02	50	8:05	05:17:07.09		8:03	10:16:52.11
53	16/142	Mixed	215	Traci Hiemstra	Running with my homies	44	7:46	04:50:41.85	65	8:19	05:26:16.93		8:03	10:16:58.79
54	17/142	Mixed	396	Paige Davis	Whiskey Business - Jameson	24	7:11	04:28:52.87	136	8:57	05:51:14.57		8:05	10:20:07.45
55	3/6	Masters	457	Andy Roat	Fleet Feet DSM	65	8:01	05:00:12.43	53	8:11	05:20:51.92		8:06	10:21:04.36
56	18/142	Mixed	220	Emily Feldkamp	Taco Club	61	8:00	04:59:19.00	58	8:14	05:22:56.08		8:07	10:22:15.08
57	19/142	Mixed	412	Brandon Qualley	Wait - this isn't a bar crawl?	57	7:58	04:58:22.42	61	8:15	05:24:00.70		8:07	10:22:23.12
58	20/142	Mixed	365	Jason Haglund	Irish We Were Finished	54	7:55	04:56:07.70	66	8:20	05:26:49.29		8:07	10:22:56.99
59	21/142	Mixed	177	Dani Kruthoff	Dilly Dilly	52	7:53	04:55:03.38	68	8:22	05:28:26.29		8:08	10:23:29.67
60	24/70	Open	419	Amanda Bucy	In Tolerance	71	8:05	05:02:37.30	55	8:11	05:21:22.98		8:08	10:24:00.28
61	5/84	Women	425	Erin Olson	Chubby Unicorns	51	7:53	04:54:56.90	72	8:23	05:29:13.22		8:08	10:24:10.12
62	6/84	Women	407	Theresa Bender	Dashing Divas	69	8:03	05:01:13.28	60	8:15	05:23:56.74		8:09	10:25:10.02
63	25/70	Open	123	Doug Barlow	NeBEERska	55	7:56	04:56:51.79	69	8:23	05:28:52.71		8:10	10:25:44.50
64	7/84	Women	267	Amy Miller	Grinnell Mutual Girls Gone Running	48	7:49	04:52:52.97	80	8:31	05:33:55.81		8:10	10:26:48.79
65	22/142	Mixed	229	Anna Eichhorn	The Filthy Forties (fka The Dirty Thirties)	56	7:57	04:57:27.25	73	8:26	05:30:38.98		8:11	10:28:06.23
66	23/142	Mixed	193	Stephanie Guy	Jimmy Joggers	81	8:10	05:05:56.08	57	8:14	05:22:45.95		8:12	10:28:42.04
67	24/142	Mixed	437	Dave Rodda	TCE Multisport	90	8:16	05:09:18.45	54	8:11	05:21:21.10		8:13	10:30:39.56
68	2/2	Academic	332	Tony Guerra	DMACC HPS	72	8:07	05:03:51.44	67	8:21	05:27:19.98		8:14	10:31:11.43
69	25/142	Mixed	171	Jediah Kautz	Candy Cigs	85	8:14	05:07:56.63	63	8:17	05:25:15.74		8:15	10:33:12.37
70	1/6	Women Masters	330	Kristy Cain	Run Like Hell	88	8:15	05:08:40.06	64	8:18	05:25:27.98		8:16	10:34:08.05
71	26/70	Open	422	Carly Koehlmoos	Gray's Baes	82	8:11	05:06:36.29	70	8:23	05:29:08.73		8:17	10:35:45.02
72	27/70	Open	444	Mike Pollmann	DLR Group	67	8:02	05:00:41.88	84	8:33	05:35:19.13		8:18	10:36:01.02

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	Plc/Total	Division				Place	Pace	Time	Place	Pace	Time		Pace	Time
73	26/142	Mixed	214	Natalie Winder	Running of the Bulls	58	7:58	04:58:33.04	91	8:38	05:38:50.85		8:19	10:37:23.89
74	27/142	Mixed	362	John Felsenthal	slow joggers	49	7:50	04:53:22.05	114	8:47	05:44:41.23		8:19	10:38:03.29
75	28/70	Open	139	Amanda Floy	Team Ninja	92	8:18	05:10:58.47	71	8:23	05:29:10.67		8:21	10:40:09.14
76	28/142	Mixed	188	Joel Janecek	MERGE Performance Racing Team	78	8:10	05:05:30.89	86	8:35	05:36:33.33		8:22	10:42:04.22
77	29/142	Mixed	455	Brooke Nelsen	Overconfident & Undertrained	68	8:02	05:00:55.16	96	8:42	05:41:19.80		8:23	10:42:14.97
78	4/16	Corporate	434	Michael Wilson	Renewable Energy	84	8:13	05:07:44.82	83	8:32	05:34:45.44		8:23	10:42:30.26
79	30/142	Mixed	221	Amanda Wilson	Tall Distance runners	110	8:31	05:18:42.47	62	8:17	05:24:56.31		8:24	10:43:38.79
80	31/142	Mixed	360	Tony Ekman	Rocky road	75	8:08	05:04:41.20	92	8:39	05:39:42.80		8:24	10:44:24.01
81	29/70	Open	102	Angela Matson	All That Remains Is Love Team 2	93	8:20	05:11:40.70	76	8:29	05:32:50.21		8:24	10:44:30.92
82	32/142	Mixed	421	Nick Cerny	Verm Kats	83	8:12	05:06:55.44	89	8:37	05:38:03.60		8:25	10:44:59.05
83	33/142	Mixed	204	Joel OPolka	Original 7	86	8:14	05:08:13.62	87	8:35	05:36:49.57		8:25	10:45:03.19
84	34/142	Mixed	372	Michelle Hannan	75 miles until beer	89	8:15	05:08:54.97	85	8:34	05:36:10.28		8:25	10:45:05.25
85	35/142	Mixed	178	Eric Crawford	Don't Sing It Bring It								8:25	10:45:21.05
86	36/142	Mixed	356	Andrew Sorge	Tiger Teachers	129	8:40	05:24:37.22	56	8:12	05:21:52.26		8:26	10:46:29.49
87	37/142	Mixed	224	Kelly Ems-Wood	Team Pink Taco	70	8:04	05:02:13.16	112	8:47	05:44:27.72		8:26	10:46:40.89
88	38/142	Mixed	443	Allie Wetzel	Team Uno Mas	101	8:26	05:15:40.64	75	8:28	05:32:29.92		8:27	10:48:10.56
89	8/84	Women	420	Tara Moro	Girls Gone Rogue	79	8:10	05:05:35.32	102	8:44	05:42:37.47		8:27	10:48:12.79
90	9/84	Women	294	Diane Katzdorn	Sisterhood of the Running Pants	99	8:25	05:15:14.14	78	8:30	05:33:38.92		8:28	10:48:53.07
91	39/142	Mixed	166	Shane Behrendsen	BFF's 1 Day Of The Year	96	8:22	05:13:11.70	88	8:36	05:37:07.85		8:29	10:50:19.55
92	40/142	Mixed	253	Michelle Feldmann	Your Pace Or Mine?	106	8:28	05:17:13.50	77	8:30	05:33:31.78		8:29	10:50:45.28
93	4/6	Masters	321	Roadog McKibben	Running With the Animals	91	8:18	05:10:55.15	93	8:41	05:40:46.11		8:30	10:51:41.26
94	41/142	Mixed	290	Michelle Thornton	RUNder Team	114	8:33	05:20:01.11	82	8:32	05:34:39.53		8:32	10:54:40.65
95	30/70	Open	145	Kara Jackson	Undertrained and Overconfident	100	8:25	05:15:17.92	99	8:43	05:41:49.12		8:34	10:57:07.04
96	31/70	Open	128	Anthony Buxter	Right Meow	125	8:38	05:23:23.09	79	8:30	05:33:48.47		8:34	10:57:11.57
97	32/70	Open	143	Amber Lewis	Wu-Tang Van	97	8:23	05:13:50.41	111	8:46	05:43:58.17		8:35	10:57:48.59
98	42/142	Mixed	345	Kaitlin Killinger	Miles for Martinis	98	8:24	05:14:33.90	107	8:46	05:43:40.55		8:35	10:58:14.46
99	43/142	Mixed	424	Patrick Carruthers-Gr	Argonauts	74	8:08	05:04:24.69	146	9:02	05:54:23.10		8:36	10:58:47.79
100	44/142	Mixed	173	Jamie Cornish	Corndogs	119	8:35	05:21:14.58	90	8:38	05:38:38.16		8:36	10:59:52.75
101	45/142	Mixed	175	Ryan Harms	CYCOS	140	8:43	05:26:21.77	81	8:32	05:34:36.30		8:37	11:00:58.07
102	33/70	Open	103	Claire Shannon	Awesomeness in Motion	104	8:27	05:16:24.04	116	8:47	05:44:46.77		8:37	11:01:10.82
103	5/6	Masters	317	Wittsle Paisley	Ceement Shoes	95	8:21	05:12:27.70	133	8:54	05:49:09.37		8:38	11:01:37.07
104	10/84	Women	433	Jessica Wieland	NW Iowa Gals	280	9:44	06:04:03.39	26	7:35	04:57:47.60		8:38	11:01:51.00
105	34/70	Open	129	Susanna Stangl	Road Runners	112	8:32	05:19:11.47	110	8:46	05:43:56.07		8:39	11:03:07.54
106	46/142	Mixed	239	Kari Frerk	Tie Dyed Soles								8:39	11:03:27.45
107	5/16	Corporate	320	Nicole Hubbell	Not So Fast	108	8:30	05:18:05.04	123	8:50	05:46:30.99		8:40	11:04:36.03
108	2/3	Armed Forces	333	James Cole	Stay Frosty	111	8:31	05:18:49.41	120	8:49	05:46:08.38		8:40	11:04:57.80

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						Place	Pace	Time	Place	Pace	Time		Pace	Time
109	47/142	Mixed	212	Caleb Hegna	Run Like The Winded - The Original	80	8:10	05:05:45.05	168	9:10	05:59:30.52		8:41	11:05:15.57
110	35/70	Open	117	Matthew Fender	It Just Got Real...Estate	132	8:41	05:25:05.81	94	8:41	05:40:48.47		8:41	11:05:54.28
111	36/70	Open	122	Jaimi Yost	Mostly Yosts	113	8:32	05:19:37.36	124	8:50	05:46:35.04		8:41	11:06:12.40
112	48/142	Mixed	293	Kacie Purl	Seven Deadly Shins	116	8:34	05:20:27.25	122	8:49	05:46:12.28		8:42	11:06:39.53
113	49/142	Mixed	353	Aaron Herman	Long Distance Relay-tionship - Herman	130	8:41	05:24:51.04	103	8:44	05:42:49.44		8:42	11:07:40.49
114	50/142	Mixed	192	Chris Coleman	Jen's Mouth Is So Soiled It Grows Row Crops	133	8:42	05:25:24.31	101	8:44	05:42:23.72		8:43	11:07:48.03
115	11/84	Women	301	Vanessa Duerksen	That's What She Said	109	8:31	05:18:37.95	134	8:55	05:49:58.55		8:43	11:08:36.50
116	12/84	Women	335	Sheila Weaver	Not Fast Just Furious	142	8:44	05:27:00.31	97	8:42	05:41:37.61		8:43	11:08:37.93
117	13/84	Women	264	Jessica McLeran	Everybody Hustlin	122	8:36	05:22:05.24	125	8:50	05:46:49.64		8:43	11:08:54.88
118	51/142	Mixed	195	Nathan Olson	Lactic Acid Flashback	41	7:42	04:48:03.03	238	9:43	06:21:09.25		8:44	11:09:12.29
119	52/142	Mixed	368	Steve Leonard	Not a Clue	149	8:47	05:28:35.99	98	8:42	05:41:38.46		8:44	11:10:14.45
120	14/84	Women	307	Jill Gogel	Thelma & Louise's Crazy Train	154	8:49	05:29:45.08	95	8:42	05:41:17.70		8:45	11:11:02.79
121	53/142	Mixed	379	Heather DeBoest	Chucktown Heros	144	8:45	05:27:39.72	108	8:46	05:43:41.33		8:45	11:11:21.06
122	54/142	Mixed	354	Nicole Rasmussen	Speedy Streakers	63	8:00	04:59:43.41	214	9:29	06:12:17.61		8:46	11:12:01.02
123	55/142	Mixed	164	Jonathan Fransen	Banana Cushion	156	8:49	05:29:54.51	100	8:43	05:42:14.37		8:46	11:12:08.88
124	56/142	Mixed	377	Zachary Zietz	Nike's Other Project	94	8:20	05:11:42.54	173	9:12	06:01:06.38		8:47	11:12:48.92
125	2/6	Women Masters	326	Joeth Zucco	AWOL	143	8:44	05:27:11.03	119	8:49	05:45:56.99		8:47	11:13:08.02
126	57/142	Mixed	392	Jennifer Filloon	Carroll Brew	102	8:26	05:15:46.53	158	9:07	05:57:59.99		8:47	11:13:46.53
127	37/70	Open	108	Bailey Tekippe	Don't Trust It	134	8:42	05:25:24.92	130	8:53	05:48:29.35		8:47	11:13:54.28
128	6/16	Corporate	456	Mark Nevenhoven	Invision	152	8:48	05:29:23.33	115	8:47	05:44:43.45		8:48	11:14:06.78
129	15/84	Women	428	Nikki Flanders	Bombers	138	8:43	05:26:00.94	129	8:53	05:48:20.48		8:48	11:14:21.42
130	2/3	Mixed Masters	325	David Caris	Team SWASS	105	8:28	05:16:58.79	153	9:07	05:57:29.24		8:48	11:14:28.03
131	58/142	Mixed	243	Michael Tiedens	We Are Not Going To Win	115	8:33	05:20:12.63	149	9:03	05:55:02.90		8:48	11:15:15.53
132	7/16	Corporate	156	Brian Akert	Team HBA	166	8:52	05:32:06.64	106	8:45	05:43:21.95		8:49	11:15:28.60
133	59/142	Mixed	211	Angela Swartzendrub	Run like the winded	146	8:45	05:27:45.10	128	8:52	05:48:03.61		8:49	11:15:48.71
134	16/84	Women	359	Danielle Campbell	Random Runners	128	8:40	05:24:33.09	143	9:00	05:53:16.71		8:50	11:17:49.81
135	17/84	Women	445	Dawn Hansen	Hot Mess Express	73	8:07	05:04:04.53	219	9:32	06:14:05.90		8:51	11:18:10.43
136	38/70	Open	440	Randy Sturm	North Iowa Hill Toppers	167	8:52	05:32:13.14	121	8:49	05:46:10.19		8:51	11:18:23.33
137	39/70	Open	107	Mischa Moyers-Ander	Dad Bods	77	8:09	05:05:19.67	220	9:32	06:14:06.61		8:52	11:19:26.29
138	60/142	Mixed	401	Stephanie Richardson	Whiskey Business - Jack	150	8:47	05:28:53.07	135	8:57	05:51:14.38		8:52	11:20:07.45
139	61/142	Mixed	238	Dan Petrak	This Too Shall Pass	118	8:34	05:20:59.32	166	9:10	05:59:26.17		8:52	11:20:25.49
140	40/70	Open	126	Ashley Funkhauser	Perfect Strangers - Funkhauser	195	9:01	05:37:36.85	109	8:46	05:43:51.43		8:53	11:21:28.29
141	41/70	Open	373	Jennifer Steel	PBR	191	9:00	05:36:49.83	113	8:47	05:44:39.60		8:53	11:21:29.43
142	42/70	Open	382	Joseph Kohls	TEAM TANGLEFOOT	174	8:56	05:34:09.80	126	8:51	05:47:26.54		8:53	11:21:36.34
143	62/142	Mixed	179	Andy Seydel	EY for life	148	8:46	05:27:55.10	145	9:01	05:53:42.04		8:53	11:21:37.15
144	18/84	Women	256	Amber Sheeley	8 moms - 19 kids - 75 miles	188	8:59	05:36:22.71	118	8:49	05:45:42.62		8:54	11:22:05.33

Market to Market Relay Iowa

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Overall Results

Place	Div		No.	Team Captain	Team Name	----- First 37.4 Miles -----			---- Last 39.2 Miles ----			Adjustment	----- Total -----	
	Plc/Total	Division				Place	Pace	Time	Place	Pace	Time		Pace	Time
145	63/142	Mixed	218	Katie Brandstatter	Stay Sexy and Don't Get In a Van Full of Strangers	157	8:49	05:30:14.59	139	8:58	05:51:52.70		8:54	11:22:07.30
146	43/70	Open	100	Alexis Wright	#notindiana	181	8:57	05:34:47.28	127	8:52	05:47:58.83		8:54	11:22:46.11
147	64/142	Mixed	167	Kent Kavan	Blue Footed Boobies	160	8:51	05:31:04.00	138	8:58	05:51:44.47		8:54	11:22:48.48
148	65/142	Mixed	453	Bridget Holly	Run Drink Repeat	131	8:41	05:24:55.80	160	9:08	05:58:26.22		8:55	11:23:22.02
149	19/84	Women	351	Stacy Robertson	Runners - Friends - Sisters	135	8:42	05:25:33.93	159	9:08	05:58:02.62		8:55	11:23:36.56
150	44/70	Open	340	Andy Koestner	Born to Shuffle	203	9:02	05:38:24.27	117	8:48	05:45:16.01		8:55	11:23:40.29
151	66/142	Mixed	336	Cole Toovey	The Sluggish Cognitive Tempos	180	8:56	05:34:41.64	132	8:54	05:49:00.12		8:55	11:23:41.76
152	20/84	Women	417	Christine Comito	Babes on the Run	139	8:43	05:26:19.85	157	9:07	05:57:55.63		8:55	11:24:15.48
153	67/142	Mixed	252	Ashlie Nielsen	Your Mama's So Slow	107	8:30	05:17:55.33	194	9:21	06:06:59.72		8:56	11:24:55.06
154	68/142	Mixed	225	Susan Dickinson	Team Trash	162	8:51	05:31:23.66	148	9:03	05:55:01.50		8:57	11:26:25.16
155	21/84	Women	288	Abby Young	Runaway Chix	172	8:54	05:33:23.07	142	9:00	05:53:04.34		8:57	11:26:27.41
156	69/142	Mixed	207	Tim Buchholz	Rawr Racing	123	8:37	05:22:18.55	185	9:18	06:04:36.47		8:58	11:26:55.03
157	70/142	Mixed	431	Steve Klocke	Magnificent 7	120	8:36	05:21:52.98	189	9:19	06:05:29.94		8:58	11:27:22.92
158	8/16	Corporate	159	Martha Scanlan	Whole Lotto Miles	206	9:03	05:38:38.59	131	8:54	05:48:59.41		8:58	11:27:38.01
159	22/84	Women	310	Katie Houston	WCS Chicks With A Kick	159	8:50	05:30:46.72	152	9:06	05:56:53.01		8:58	11:27:39.74
160	71/142	Mixed	449	Jordan Headrick	The Great Eight	155	8:49	05:29:46.50	164	9:09	05:59:05.27		8:59	11:28:51.78
161	72/142	Mixed	250	Emma Wright	WTF: Where's The Finish?! - Wright	198	9:01	05:37:46.17	137	8:58	05:51:30.80		8:59	11:29:16.98
162	73/142	Mixed	216	Nicole Lauzon	Sisters & Misters	151	8:47	05:28:59.68	171	9:12	06:00:41.11		9:00	11:29:40.79
163	74/142	Mixed	388	Paul Dunning	Embrace the Suck	103	8:27	05:16:12.45	221	9:32	06:14:16.31		9:00	11:30:28.76
164	23/84	Women	408	Ashley Hall	Running Like Mothers - Hall	164	8:52	05:31:41.07	163	9:09	05:58:56.66		9:00	11:30:37.74
165	24/84	Women	285	Malinda Lamb	Pumped Up Kicks	171	8:54	05:33:13.35	154	9:07	05:57:34.70		9:01	11:30:48.05
166	75/142	Mixed	277	Martha Rowe	Moms - Miles & Mules	163	8:52	05:31:40.73	165	9:09	05:59:11.55		9:01	11:30:52.28
167	76/142	Mixed	410	Laura Marxen	Super Sloths	204	9:02	05:38:24.37	141	8:59	05:52:34.99		9:01	11:30:59.36
168	77/142	Mixed	339	Marty Wolske	Running Late	136	8:42	05:25:46.63	188	9:19	06:05:28.62		9:01	11:31:15.25
169	78/142	Mixed	182	Carol Stratemeyer	Fleet Running Partners	173	8:55	05:33:47.64	156	9:07	05:57:38.86		9:01	11:31:26.51
170	79/142	Mixed	197	Amy Ruisinger	Lottery Winners	192	9:00	05:37:07.65	147	9:03	05:54:53.60		9:02	11:32:01.26
171	80/142	Mixed	232	Brittney Altwine	The Hawk-Skers	161	8:51	05:31:20.63	172	9:12	06:01:02.43		9:02	11:32:23.06
172	45/70	Open	399	LuAnn Ostergaard	Lu's Lads	127	8:40	05:24:30.35	200	9:23	06:08:07.57		9:02	11:32:37.93
173	25/84	Women	414	Megan Barber	Bondurant Babes	197	9:01	05:37:39.07	150	9:03	05:55:10.98		9:02	11:32:50.05
174	3/3	Armed Forces	376	Pam Whisenhunt	Team Patriot	158	8:50	05:30:24.59	179	9:15	06:02:51.61		9:03	11:33:16.21
175	81/142	Mixed	386	Tyler Hostetler	We Should Be Done By Now	153	8:48	05:29:35.64	184	9:17	06:04:14.98		9:03	11:33:50.63
176	26/84	Women	298	Jill Crosser	Speed Freaks	185	8:58	05:35:22.62	161	9:09	05:58:50.64		9:03	11:34:13.26
177	9/16	Corporate	149	Kristin Adkins	asi / IF Running Team	169	8:53	05:32:39.07	178	9:13	06:01:53.66		9:04	11:34:32.73
178	27/84	Women	291	Rachel Scheve	Running Like A Mother - Scheve	193	9:00	05:37:12.14	155	9:07	05:57:35.07		9:04	11:34:47.21
179	3/3	Religious	350	Josh Carmody	We Will Run	196	9:01	05:37:38.46	167	9:10	05:59:28.56		9:06	11:37:07.03
180	28/84	Women	280	Heidi Groen	No Troll Left Behind	145	8:45	05:27:44.79	212	9:28	06:11:16.44		9:07	11:39:01.23

Market to Market Relay Iowa

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Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 37.4 Miles -----			----- Last 39.2 Miles -----			Adjustment	----- Total -----	
						Place	Pace	Time	Place	Pace	Time		Pace	Time
181	46/70	Open	114	Beth McDonald	I thought I was driving the van	202	9:02	05:38:15.20	174	9:12	06:01:07.50		9:07	11:39:22.70
182	10/16	Corporate	448	Zachary Rustad	Git R Run	178	8:56	05:34:19.16	187	9:18	06:05:08.71		9:07	11:39:27.88
183	47/70	Open	381	Rob Liesland	Party Time!	189	9:00	05:36:36.21	181	9:16	06:03:20.79		9:08	11:39:57.01
184	6/6	Masters	319	Julie Bishop	Never Stop	147	8:45	05:27:47.33	218	9:31	06:13:06.53		9:09	11:40:53.86
185	82/142	Mixed	165	Cindy Dittmer	Beer Nuts	208	9:04	05:39:31.41	176	9:13	06:01:40.52		9:09	11:41:11.93
186	11/16	Corporate	426	Natalie Theroux	21st Century Rehab	175	8:56	05:34:09.94	199	9:22	06:07:27.24		9:09	11:41:37.18
187	12/16	Corporate	150	Megan Haugerud	Bankers Trust	213	9:08	05:41:56.21	170	9:10	05:59:56.58		9:09	11:41:52.79
188	83/142	Mixed	228	Aaron Kissinger	The Beerlievers	183	8:57	05:34:59.62	195	9:21	06:07:00.28		9:09	11:41:59.90
189	48/70	Open	413	Bryan Steussy	Speedy Evisceracin	176	8:56	05:34:16.28	201	9:23	06:08:07.58		9:10	11:42:23.86
190	84/142	Mixed	241	Sarah Kennedy	Undecided	165	8:52	05:32:04.45	210	9:26	06:10:23.32		9:10	11:42:27.77
191	85/142	Mixed	189	Tom Williams	Insanity Made Us Do It	190	9:00	05:36:49.51	191	9:19	06:05:42.02		9:10	11:42:31.53
192	86/142	Mixed	300	Suzanne Sosby	TBD	200	9:02	05:38:00.86	192	9:20	06:06:17.14		9:11	11:44:18.00
193	87/142	Mixed	394	Kristy Jones	Lost in Pace	186	8:58	05:35:34.13	205	9:24	06:08:59.03		9:11	11:44:33.16
194	49/70	Open	148	Lindsey Mullenbach	WTF (where's the finish?) - Mullenbach	233	9:19	05:48:43.80	151	9:04	05:55:55.73		9:11	11:44:39.53
195	88/142	Mixed	191	Danielle Shelton	Running from the Law	177	8:56	05:34:17.50	211	9:26	06:10:24.22		9:11	11:44:41.72
196	89/142	Mixed	446	Deanna Polson	minnie winnie	168	8:53	05:32:25.31	216	9:30	06:12:42.77		9:12	11:45:08.09
197	29/84	Women	451	Tracy Paulsen	#tryhards	184	8:57	05:35:15.03	209	9:26	06:10:08.51		9:12	11:45:23.54
198	90/142	Mixed	369	Katie Champlin	Runs in the Family	229	9:16	05:46:51.04	169	9:10	05:59:48.48		9:13	11:46:39.52
199	50/70	Open	140	Dianna Larson	Team Omaha	137	8:42	05:25:49.23	240	9:43	06:21:10.54		9:13	11:46:59.78
200	91/142	Mixed	403	Brandon Miller	RunnersAF	225	9:15	05:46:09.00	175	9:13	06:01:27.63		9:14	11:47:36.64
201	30/84	Women	303	JAMIE DOBSON	TEAM MOM BOD	227	9:15	05:46:22.75	177	9:13	06:01:48.00		9:14	11:48:10.75
202	92/142	Mixed	168	Kelli Huser	Borrowing Ben's Van Again	201	9:02	05:38:15.13	208	9:26	06:10:06.58		9:14	11:48:21.71
203	93/142	Mixed	260	Karla Smith	Charlie's Angels	219	9:12	05:44:09.76	186	9:18	06:04:44.20		9:15	11:48:53.97
204	31/84	Women	304	Amy Thome	The Dream Chafers	179	8:56	05:34:19.33	225	9:35	06:16:06.97		9:16	11:50:26.30
205	32/84	Women	436	Autumn Shacklett	Sole Sisters	205	9:02	05:38:25.24	215	9:30	06:12:26.34		9:16	11:50:51.59
206	33/84	Women	361	Dorinda Oostenink	Time 4 Fun	231	9:18	05:47:58.15	182	9:16	06:03:29.58		9:17	11:51:27.74
207	51/70	Open	411	Karthic Mahadevan	Desi Milkha's	141	8:43	05:26:25.09	251	9:50	06:25:40.21		9:17	11:52:05.30
208	94/142	Mixed	185	Adonia McCormick	GYPSIES - TRAMPS & THIEVES	224	9:14	05:45:39.28	196	9:22	06:07:15.24		9:18	11:52:54.52
209	95/142	Mixed	313	Jeanette Dooley	HustlePuffs	187	8:58	05:35:50.59	229	9:37	06:17:30.66		9:18	11:53:21.25
210	96/142	Mixed	226	Kandi Wallis	Team Wallis	216	9:11	05:44:01.96	206	9:25	06:09:31.57		9:18	11:53:33.54
211	34/84	Women	287	Tami Manz	Run With A Heart On	241	9:22	05:50:29.83	180	9:15	06:03:05.72		9:18	11:53:35.55
212	52/70	Open	124	Stacy Agnitsch	Not fast but not Last	221	9:13	05:45:00.17	204	9:24	06:08:57.10		9:19	11:53:57.27
213	97/142	Mixed	174	Mary Beth Davis	Team Llamacorn	242	9:22	05:50:37.16	183	9:16	06:03:52.48		9:19	11:54:29.65
214	98/142	Mixed	162	JESSE TIBODEAU	Appetite for DesMoines - Runs N Roses	210	9:05	05:40:10.31	222	9:33	06:14:41.20		9:19	11:54:51.51
215	35/84	Women	274	Sarah Seney	Kickin' Asphalt	211	9:06	05:40:25.22	224	9:35	06:16:01.05		9:21	11:56:26.27
216	36/84	Women	262	Becky Klutts	D.I.L.L.I.G.A.F.	245	9:23	05:51:06.16	190	9:19	06:05:34.47		9:21	11:56:40.63

Market to Market Relay Iowa

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Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 37.4 Miles -----			----- Last 39.2 Miles -----			Adjustment	----- Total -----	
						Place	Pace	Time	Place	Pace	Time		Pace	Time
217	37/84	Women	283	Jennifer Gray	Olympic Rejects	223	9:13	05:45:04.42	213	9:29	06:11:51.35		9:21	11:56:55.77
218	99/142	Mixed	352	Stephanie Neer	Soleless	199	9:02	05:37:51.40	232	9:40	06:19:05.86		9:21	11:56:57.26
219	100/142	Mixed	169	Rachael Baethke	Just Keep Running Just Keep Running!	126	8:40	05:24:12.34	269	10:01	06:32:47.19		9:21	11:56:59.54
220	38/84	Women	397	Lindsay Weinschenk	Better At Runnin' Up A Tab	232	9:19	05:48:34.89	203	9:24	06:08:52.15		9:21	11:57:27.04
221	101/142	Mixed	202	Daniel Zepeda	No Regrets	237	9:20	05:49:27.04	202	9:24	06:08:33.34		9:22	11:58:00.38
222	102/142	Mixed	398	Amy Thorson	Freaky Fast and Dead Last	244	9:22	05:50:47.09	198	9:22	06:07:18.41		9:22	11:58:05.50
223	39/84	Women	367	Amanda Heilman	Tag You're It - Heilman	207	9:03	05:38:39.25	234	9:42	06:20:15.42		9:23	11:58:54.68
224	40/84	Women	272	Megan Larmie	Housewives of CB	121	8:36	05:22:04.03	277	10:09	06:38:06.59		9:24	12:00:10.63
225	103/142	Mixed	249	Cynthia Kinning	Windbreakers								9:24	12:00:15.84
226	41/84	Women	281	Alexandrea Wallway	Ocean Queens Chafing Dreams	222	9:13	05:45:00.46	223	9:34	06:15:22.02		9:24	12:00:22.48
227	13/16	Corporate	157	Amy Dotson	Team Snacks and Naps	275	9:40	06:01:39.11	162	9:09	05:58:56.16		9:24	12:00:35.27
228	53/70	Open	342	Nicole Wigern	Friends that get Fit	217	9:12	05:44:07.33	227	9:37	06:17:05.96		9:24	12:01:13.29
229	54/70	Open	115	Emily Nimsakont	Ice Baggers 4 Life	257	9:29	05:55:01.17	193	9:20	06:06:30.37		9:25	12:01:31.54
230	104/142	Mixed	233	Melissa Weber-Arnold	The Hitchhikers	124	8:38	05:23:13.09	279	10:12	06:40:23.32		9:26	12:03:36.41
231	55/70	Open	116	Shannon Ford	Insert Team Name Here	212	9:07	05:41:23.27	242	9:45	06:22:42.24		9:27	12:04:05.52
232	105/142	Mixed	366	Natasha Robinson	Huskers N the House	215	9:10	05:43:05.63	239	9:43	06:21:10.13		9:27	12:04:15.76
233	42/84	Women	385	Chantelle Rolfes	We thought they said rum	261	9:32	05:56:42.99	207	9:26	06:10:02.31		9:29	12:06:45.31
234	14/16	Corporate	405	Natasha Nikkel	WesleyLife Wellness	218	9:12	05:44:09.36	243	9:45	06:22:50.94		9:29	12:07:00.30
235	43/84	Women	266	Allison Berns	Flatliners	194	9:01	05:37:22.89	263	9:56	06:29:57.56		9:29	12:07:20.45
236	44/84	Women	258	Angie Bacon	Bacon Jewelers	214	9:09	05:42:13.84	250	9:49	06:25:17.92		9:29	12:07:31.77
237	106/142	Mixed	186	Kara Moulin	Here We Go Again	220	9:12	05:44:39.71	246	9:46	06:23:18.56		9:30	12:07:58.28
238	45/84	Women	343	Alison Best	Jugs A-Joggin	209	9:05	05:40:07.13	260	9:55	06:28:45.40		9:30	12:08:52.54
239	56/70	Open	393	Christine Stumm	Wallace Runners	251	9:25	05:52:44.42	226	9:35	06:16:15.83		9:31	12:09:00.25
240	46/84	Women	297	Erin Kirtley	Small Town Girls	234	9:19	05:48:44.61	235	9:42	06:20:23.67		9:31	12:09:08.29
241	57/70	Open	111	Sheila Smith	Forced Bonding Exercise	249	9:24	05:52:07.07	228	9:37	06:17:16.87		9:31	12:09:23.94
242	58/70	Open	101	Angela Matson	All That Remains Is Love Team 1	230	9:17	05:47:48.79	244	9:46	06:22:58.72		9:32	12:10:47.51
243	107/142	Mixed	201	Lori Staples	No Lug Nuts No Problem	247	9:24	05:51:42.91	233	9:40	06:19:12.12		9:32	12:10:55.04
244	108/142	Mixed	439	Tracy Wolfe	Another Drunk Idea Gone Wrong	265	9:35	05:58:28.91	217	9:30	06:12:56.29		9:32	12:11:25.20
245	59/70	Open	141	Amy Kay	Team Party Patrol	243	9:22	05:50:40.41	241	9:45	06:22:33.38		9:34	12:13:13.79
246	60/70	Open	338	Connie Terry	Team_UpDog	228	9:16	05:46:47.67	254	9:52	06:26:48.84		9:34	12:13:36.52
247	47/84	Women	371	Taylor Shore	Goddesses of Victory	253	9:27	05:53:48.95	237	9:42	06:20:43.33		9:35	12:14:32.28
248	109/142	Mixed	219	Tiffanie Snyder	Straight Off the Couch	235	9:19	05:48:44.85	252	9:50	06:26:05.15		9:35	12:14:50.01
249	110/142	Mixed	244	Tello Chavez	We Got the Runs	170	8:54	05:33:08.90	288	10:17	06:43:27.30		9:36	12:16:36.20
250	111/142	Mixed	423	Dawn Deuel-Rutt	Too Legit To Quit	250	9:25	05:52:16.80	249	9:49	06:25:01.62		9:37	12:17:18.42
251	61/70	Open	378	Shelly Pieper	The Young and the Rest of Us	238	9:21	05:49:53.15	256	9:53	06:27:39.86		9:37	12:17:33.02
252	112/142	Mixed	170	Erika Hass	Burning off the Crazy	226	9:15	05:46:09.83	266	9:59	06:31:27.17		9:37	12:17:37.00

Market to Market Relay Iowa

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Overall Results

Place	Div		No.	Team Captain	Team Name	----- First 37.4 Miles -----			----- Last 39.2 Miles -----			Adjustment	----- Total -----	
	Plc/Total	Division				Place	Pace	Time	Place	Pace	Time		Pace	Time
253	62/70	Open	104	Heather Day	Been There Run That	240	9:21	05:50:02.74	258	9:53	06:27:55.20		9:38	12:17:57.95
254	113/142	Mixed	245	Alana Schares	We'll Be FINE	269	9:37	05:59:47.93	231	9:39	06:18:50.00		9:38	12:18:37.93
255	48/84	Women	404	Kara Lindsey	Angels In Disguise 2019	323	10:36	06:37:00.45	105	8:45	05:43:09.30		9:39	12:20:09.76
256	49/84	Women	305	Lisa Syring	The Sparkle Divas	256	9:28	05:54:29.31	255	9:52	06:26:58.96		9:40	12:21:28.27
257	63/70	Open	146	Rhonda Smith	Wheaties Box Rejects	282	9:44	06:04:16.70	230	9:38	06:17:41.80		9:41	12:21:58.50
258	3/6	Women Masters	328	Megan Berry Barlow	Ladies of the Evening	236	9:20	05:49:11.99	271	10:02	06:33:44.87		9:41	12:22:56.86
259	114/142	Mixed	364	Jenny Ebke	Worst Pace Scenerio	277	9:41	06:02:39.13	236	9:42	06:20:35.38		9:42	12:23:14.51
260	50/84	Women	387	Janelle Haley	Chix no Stix	271	9:37	06:00:08.18	248	9:47	06:23:46.57		9:42	12:23:54.75
261	115/142	Mixed	235	Susan Stauffer	The Tailgaters	254	9:27	05:53:56.03	265	9:58	06:30:49.88		9:43	12:24:45.91
262	51/84	Women	344	Erika Arkle	Run Now Wine Later	239	9:21	05:49:56.61	273	10:05	06:35:35.59		9:43	12:25:32.20
263	52/84	Women	302	Dana Havlik	Team Hustle & Heart	268	9:36	05:59:20.41	259	9:54	06:28:27.37		9:45	12:27:47.78
264	53/84	Women	442	Gina Geving	Find your happy pace	273	9:40	06:01:34.36	253	9:51	06:26:26.17		9:45	12:28:00.53
265	54/84	Women	275	Kelly Osborn	Leisure Ladies	252	9:27	05:53:47.94	272	10:04	06:34:48.32		9:46	12:28:36.27
266	116/142	Mixed	234	Connie Ten Napel	The Incredibles	284	9:47	06:06:20.88	245	9:46	06:23:06.53		9:47	12:29:27.42
267	55/84	Women	299	April Fleischman	STRAIGHT OUTTA SHAPE	274	9:40	06:01:37.40	261	9:55	06:29:11.30		9:48	12:30:48.70
268	117/142	Mixed	172	Somchai Rice	Chafing the Dream	281	9:44	06:04:14.82	257	9:53	06:27:46.13		9:49	12:32:00.96
269	56/84	Women	279	Natalie Battles	No Expectations	260	9:31	05:56:17.09	274	10:05	06:35:48.25		9:49	12:32:05.34
270	118/142	Mixed	374	Edward Engle	Iowa DOT	255	9:28	05:54:07.85	278	10:09	06:38:13.34		9:49	12:32:21.19
271	57/84	Women	278	Barb Davis	MotherRunners	329	10:58	06:50:11.22	104	8:44	05:42:53.26		9:49	12:33:04.48
272	58/84	Women	282	Maria Loder	Oh Van Where Art Thou?	278	9:41	06:02:41.68	264	9:57	06:30:27.26		9:49	12:33:08.95
273	59/84	Women	286	JILL MOTRONI	Run or Dye Trying	293	9:55	06:11:01.06	247	9:47	06:23:44.28		9:51	12:34:45.34
274	60/84	Women	296	Jill Hopper	Skittles	267	9:35	05:58:51.75	275	10:06	06:36:06.93		9:51	12:34:58.68
275	61/84	Women	261	Kristine Kudrna	Crazy Legs	314	10:23	06:28:32.56	197	9:22	06:07:18.20		9:52	12:35:50.77
276	119/142	Mixed	237	Michele Merxbauer	The Underdogs	182	8:57	05:34:48.70	315	10:45	07:01:25.58		9:52	12:36:14.29
277	62/84	Women	306	Laura Hupp	The Winking Cats	289	9:50	06:07:46.77	262	9:56	06:29:38.32		9:53	12:37:25.09
278	63/84	Women	311	Kelly Van Gelder	Weekend Runaways	258	9:30	05:55:45.81	283	10:16	06:42:44.70		9:54	12:38:30.51
279	120/142	Mixed	203	Kerri Ladehoff	One More Rep Fitness	259	9:31	05:56:02.92	287	10:17	06:43:16.54		9:54	12:39:19.46
280	121/142	Mixed	187	Anne Marie Johnson	Hormonally Imbalanced	288	9:49	06:07:10.49	268	10:00	06:32:21.78		9:54	12:39:32.27
281	122/142	Mixed	163	William Fraser	Backdraft	292	9:53	06:10:10.09	267	10:00	06:32:05.91		9:57	12:42:16.01
282	64/84	Women	271	Krysta Foster	Hot Moms on the Run	262	9:32	05:56:50.70	294	10:21	06:45:46.82		9:57	12:42:37.53
283	15/16	Corporate	154	Simon Wright	Iowa ENT Uber Alles	263	9:32	05:57:03.35	295	10:21	06:45:56.51		9:57	12:42:59.87
284	64/70	Open	450	Rayven Rabbass	Arise and Shine	264	9:33	05:57:44.10	297	10:23	06:47:21.70		9:59	12:45:05.80
285	65/84	Women	276	Rachel Benzoni	Miles and Mascara	246	9:23	05:51:07.16	305	10:34	06:54:38.32		9:59	12:45:45.48
286	66/84	Women	295	Angela Bevers	Sisterhood of the Traveling Van	302	9:58	06:13:11.09	270	10:01	06:33:00.93		10:00	12:46:12.03
287	123/142	Mixed	183	Jami Beranek	Forced Family Fun	283	9:45	06:05:11.33	280	10:15	06:42:02.93		10:00	12:47:14.27
288	4/6	Women Masters	327	Alana Trimble	Bibbidi Bobbidi Booze	298	9:56	06:12:01.70	276	10:08	06:37:39.55		10:02	12:49:41.25

Market to Market Relay Iowa

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Overall Results

Place	Div		No.	Team Captain	Team Name	----- First 37.4 Miles -----			----- Last 39.2 Miles -----			Adjustment	----- Total -----	
	Plc/Total	Division				Place	Pace	Time	Place	Pace	Time		Pace	Time
289	67/84	Women	255	Stephanie Filer	2 Pretty 4 Math	286	9:48	06:07:06.19	285	10:17	06:43:12.22		10:03	12:50:18.42
290	68/84	Women	309	Robyn Clevenger	Tuff AF	270	9:37	05:59:49.30	302	10:29	06:51:34.45		10:04	12:51:23.75
291	124/142	Mixed	447	Jessica Blackburn	Sloth Running Team	291	9:51	06:08:40.41	286	10:17	06:43:14.40		10:04	12:51:54.81
292	69/84	Women	429	Heidi Keefer	Long Distance Relay-tionship - Keefer	296	9:55	06:11:23.41	282	10:15	06:42:26.01		10:06	12:53:49.43
293	125/142	Mixed	380	Kari Coleman	Slow and Steady	272	9:38	06:00:25.67	304	10:33	06:53:49.83		10:06	12:54:15.51
294	70/84	Women	269	Kayla Tomas	Hot Mess Mom Express	297	9:56	06:11:31.91	290	10:18	06:44:00.04		10:07	12:55:31.96
295	126/142	Mixed	248	Amy Cobbs	wearblue:runtoremember	295	9:55	06:11:20.53	291	10:18	06:44:18.73		10:07	12:55:39.26
296	127/142	Mixed	349	Zeina Renno	We Run Better Than The Government	300	9:57	06:12:28.21	289	10:18	06:43:50.91		10:08	12:56:19.12
297	128/142	Mixed	383	Christie Pence	Sweet and Salty	266	9:35	05:58:46.87	309	10:39	06:57:36.04		10:08	12:56:22.92
298	129/142	Mixed	223	Camille Mann	Team Night Cap	248	9:24	05:52:06.61	318	10:52	07:05:59.29		10:09	12:58:05.91
299	65/70	Open	406	Adam Scharfenkamp	Foley's	317	10:28	06:31:55.30	10	6:51	04:28:35.96	+02:00:00.00	10:11	13:00:31.26
300	71/84	Women	289	Amy A'Hearn	Runaway Moms	305	10:00	06:14:37.03	298	10:23	06:47:28.98		10:12	13:02:06.01
301	72/84	Women	415	Wanda Ross	End of Shift = Nurses on the Run	304	10:00	06:14:18.25	299	10:24	06:48:08.44		10:12	13:02:26.69
302	130/142	Mixed	348	Kari Anderson	Team DNF	276	9:41	06:02:29.38	314	10:43	07:00:40.80		10:13	13:03:10.19
303	66/70	Open	441	BREANNA KNOWLES	KICKIN' ASPHALT	279	9:43	06:03:41.41	312	10:42	06:59:59.83		10:13	13:03:41.25
304	67/70	Open	125	Jennifer Richardson	Over the Fence	287	9:49	06:07:09.49	307	10:37	06:56:47.07		10:14	13:03:56.56
305	73/84	Women	270	Stephanie Fleckenstein	Hot Messes	303	9:59	06:13:37.70	301	10:29	06:51:33.36		10:15	13:05:11.06
306	74/84	Women	273	Jennifer Groen	I Thought They Said Rum	285	9:48	06:06:46.44	313	10:43	07:00:18.33		10:16	13:07:04.77
307	75/84	Women	308	Arlene Larios	Tired As A Mother	312	10:17	06:24:40.10	284	10:16	06:42:56.01		10:16	13:07:36.11
308	131/142	Mixed	184	Helen Adams	Gummy Mice on a Gluetrap	299	9:57	06:12:26.68	310	10:40	06:58:28.24		10:19	13:10:54.93
309	68/70	Open	136	Sarah Job	T.U.R.D.S	311	10:16	06:24:32.15	296	10:22	06:46:26.32		10:19	13:10:58.47
310	16/16	Corporate	155	Randy Westman	Strong As Steel	306	10:01	06:15:10.43	308	10:38	06:57:15.28		10:20	13:12:25.71
311	132/142	Mixed	236	Rebecca Cook	The Team Who Must Not Be Named	313	10:17	06:24:53.81	306	10:35	06:55:08.27		10:26	13:20:02.08
312	3/3	Mixed Masters	324	Natalie Welter	Semper Vardo	316	10:27	06:30:56.31	300	10:29	06:51:15.13		10:28	13:22:11.44
313	76/84	Women	257	Mariah Obiedzinski	A-Town	310	10:09	06:20:12.80	316	10:45	07:01:58.65		10:28	13:22:11.45
314	5/6	Women Masters	329	Lara Newsom	Lust For Dust	294	9:55	06:11:05.19	323	11:01	07:12:03.79		10:29	13:23:08.98
315	133/142	Mixed	206	Cassandra Eickhoff	Rapid Thigh Touching	326	10:48	06:44:01.85	281	10:15	06:42:12.99		10:31	13:26:14.84
316	6/6	Women Masters	402	Lacey Galetich	Blaze of Glory	307	10:07	06:18:49.72	320	10:57	07:09:44.86		10:33	13:28:34.58
317	134/142	Mixed	347	EMMALY RENSHAW	Rosie the Runners	308	10:08	06:19:15.38	322	10:58	07:10:26.35		10:34	13:29:41.74
318	135/142	Mixed	209	Kelly Tanzer	Run 2 Travel	309	10:09	06:20:03.70	321	10:57	07:09:46.56		10:34	13:29:50.26
319	77/84	Women	370	Jessica Weber	Never Accused Of Over Training	315	10:26	06:30:19.19	311	10:42	06:59:44.31		10:34	13:30:03.51
320	69/70	Open	147	Dee Hehr	What The Puck! Why R We Running?	327	10:49	06:44:39.59	293	10:20	06:45:36.31		10:34	13:30:15.90
321	136/142	Mixed	246	Amber Upah	We've Been Schooled	325	10:41	06:39:36.27	303	10:30	06:52:01.53		10:35	13:31:37.81
322	78/84	Women	312	Tammy Madsen	We're Kind of a Big Deal	301	9:58	06:13:06.02	326	11:11	07:18:59.41		10:36	13:32:05.43
323	79/84	Women	263	Claire Hoff	Dum Enuf 2 Run	321	10:33	06:35:02.01	319	10:55	07:08:15.49		10:44	13:43:17.51
324	137/142	Mixed	240	Courtney Wolterman	Ummm	322	10:34	06:35:48.76	324	11:02	07:12:57.49		10:49	13:48:46.25

Market to Market Relay Iowa

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Overall Results

Place	Div Plc/Total	Division	No.	Team Captain	Team Name	----- First 37.4 Miles -----			----- Last 39.2 Miles -----			Adjustment	----- Total -----	
						Place	Pace	Time	Place	Pace	Time		Pace	Time
325	80/84	Women	363	Alecia Loeffelholz	Wingin' It	318	10:30	06:32:44.54	327	11:12	07:19:27.51		10:51	13:52:12.05
326	81/84	Women	341	Cadi Williams	Mothers of Minions	320	10:33	06:34:52.50	325	11:11	07:18:52.38		10:53	13:53:44.89
327	82/84	Women	265	LuAnn Mannes	Fallopian Tube Swim Team	330	11:01	06:52:07.47	317	10:49	07:04:27.38		10:55	13:56:34.85
328	138/142	Mixed	208	Reagan Elsbury	Rum Runners	290	9:50	06:08:17.28	140	8:58	05:52:03.23	+02:00:00.00	10:58	14:00:20.51
329	139/142	Mixed	390	Carol Woten	What? We are doing this again?	319	10:32	06:33:57.01	329	11:26	07:28:31.99		10:59	14:02:29.00
330	83/84	Women	432	Darby Christensen	Magical AF	334	11:43	07:18:29.82	292	10:19	06:45:01.29		11:00	14:03:31.11
331	70/70	Open	137	Lisa Blunk	TAG YOU'RE IT! - Blunk	328	10:50	06:45:26.74	330	11:31	07:31:46.00		11:11	14:17:12.74
332	140/142	Mixed	337	Maggie Ryan	Embrace the Chafe	324	10:40	06:39:04.89	331	11:46	07:41:37.27		11:14	14:20:42.16
333	84/84	Women	315	Kristine Crisman	Wonder Women	332	11:19	07:03:15.24	328	11:25	07:27:32.00		11:22	14:30:47.24
334	141/142	Mixed	213	Danielle Johnson	Harlem Slow Trotters	331	11:09	06:57:14.56	332	11:49	07:43:40.47		11:30	14:40:55.03
335	142/142	Mixed	222	Kelsey Nerud	Team 369	333	11:37	07:15:04.10	144	9:01	05:53:41.32	+02:00:00.00	11:51	15:08:45.43