

Market to Market Relay Iowa

May 11, 2019

First 37.4 Miles

Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
1	1	Open	134	Brant Haase	Six Pack & a Pound Fest	5:42	03:33:38.76
2	2	Open	133	Kevin Brown	Scrawfontaines	6:09	03:50:12.30
3	3	Open	120	Andy Bernholtz	Kyle's Bikes	6:10	03:50:42.47
4	1	Mixed	161	Scott Haug	#Zcrew	6:21	03:58:02.14
5	4	Open	112	Jeffrey Blanchard	Grinnell Running Club	6:23	03:58:52.47
6	1	Masters	318	Scott Heckenlaible	H&B All Stars	6:25	03:59:59.05
7	1	Corporate	151	Seth Comfort	Foster Group	6:25	04:00:02.28
8	5	Open	132	Ryan Hatt	Runskers	6:26	04:01:01.82
9	2	Mixed	190	Rachel Morgan	Iowa Body Project	6:27	04:01:27.52
10	3	Mixed	231	Vinnie Krikac	The Griswolds	6:35	04:06:20.27
11	6	Open	144	Austin Williamson	The Elephant in the Room	6:35	04:06:46.01
12	4	Mixed	181	Lindsey Palmer	Fleet Feet Nebraska	6:42	04:10:49.34
13	2	Masters	322	Todd Fuelberth	Runnin' Lopes	6:46	04:13:37.25
14	7	Open	105	Alex Oliver	Black Toenails	6:53	04:17:32.61
15	1	Women	314	Allison Nielsen	Women Race Nebraska	6:54	04:18:14.22
16	2	Corporate	346	Mike Parsch	Businessolver	6:55	04:18:56.93
17	5	Mixed	180	Scott Brown	Feeling Good Looking Better	7:00	04:21:57.48
18	8	Open	119	Matt Johnson	Kevin Bacon Cheeseburger	7:01	04:22:53.79
19	1	Academic	355	David Courard-Hauri	Speed Doctors of Drake	7:02	04:23:35.62
20	2	Women	316	Whitney Noe	You just got chicked	7:03	04:23:43.30
21	3	Corporate	158	Chris Vlahakis	Too Poor for RAGNAR	7:05	04:25:04.25
22	9	Open	454	Brian Thuesen	Nothing Runs like a Beer	7:10	04:28:39.08
23	10	Open	357	Andy Campbell	Legs for Days	7:11	04:28:49.00
24	6	Mixed	396	Paige Davis	Whiskey Business - Jameson	7:11	04:28:52.87
25	1	Religious	427	Jaysson Gurwell	Team Redeem	7:13	04:30:01.06
26	11	Open	400	Marcus Fricke	Drinking results in poor decisions	7:24	04:36:54.76
27	3	Women	254	Robyn Gonzales	#teamclamjam	7:25	04:37:40.37
28	12	Open	131	Emily Lampe	Runderpants	7:27	04:39:08.52
29	1	Mixed Masters	323	Jeremy Dunlavy	Masters of our Domain	7:28	04:39:18.47
30	13	Open	176	Chad Lunders	Death Taxes & Running	7:30	04:40:53.13
31	7	Mixed	217	Jennifer Joensen	Splat That!	7:32	04:42:03.33
32	8	Mixed	230	Barbara Bergmeier	The GOATs	7:33	04:42:34.99
33	9	Mixed	198	Shelly Haiar	Manning Mafia	7:34	04:43:02.59
34	10	Mixed	435	Josh Warkentin	Team Keen	7:34	04:43:16.34
35	4	Women	284	Amy Slykhuis	Perfect Strangers - Slykhuis	7:38	04:45:49.24
36	11	Mixed	391	TJ Wilkerson	Halfway There Runnin On A Prayer	7:39	04:46:23.54
37	12	Mixed	459	Bruce Rehmke	Run Like A Champ Not Like A Chump	7:40	04:46:45.07
38	14	Open	106	Trevor Holland	Crop Dusters	7:41	04:47:22.88
39	2	Religious	416	James Mills	Harvest Vineyard Runners	7:41	04:47:31.33
40	13	Mixed	251	David Stevenson	Yogging Hard	7:41	04:47:38.04
41	14	Mixed	195	Nathan Olson	Lactic Acid Flashback	7:42	04:48:03.03
42	15	Mixed	358	Lucas Unger	Not Sure Yet	7:42	04:48:11.36
43	15	Open	121	Scott Brown	Lincoln Logs	7:44	04:49:22.79
44	16	Mixed	215	Traci Hiemstra	Running with my homies	7:46	04:50:41.85
45	16	Open	118	Jenny Morrnick	JJ's Custom Fitness	7:47	04:51:22.47
46	1	Armed Forces	334	Curtis Mulcahy	VETERANS@VMWARE	7:48	04:51:51.24
47	17	Open	130	Kelli Brockmann	Road Warriors	7:49	04:52:26.34
48	5	Women	267	Amy Miller	Grinnell Mutual Girls Gone Running	7:49	04:52:52.97
49	17	Mixed	362	John Felsenthal	slow joggers	7:50	04:53:22.05
50	18	Mixed	247	Sara Cockerham	We've Got The Runs	7:51	04:53:37.66
51	6	Women	425	Erin Olson	Chubby Unicorns	7:53	04:54:56.90
52	19	Mixed	177	Dani Kruthoff	Dilly Dilly	7:53	04:55:03.38

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Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
53	18	Open	110	JD Curran	Dusty Goats	7:54	04:55:43.74
54	20	Mixed	365	Jason Haglund	Irish We Were Finished	7:55	04:56:07.70
55	19	Open	123	Doug Barlow	NeBEERska	7:56	04:56:51.79
56	21	Mixed	229	Anna Eichhorn	The Filthy Forties (fka The Dirty Thirties)	7:57	04:57:27.25
57	22	Mixed	412	Brandon Qualley	Wait - this isn't a bar crawl?	7:58	04:58:22.42
58	23	Mixed	214	Natalie Winder	Running of the Bulls	7:58	04:58:33.04
59	20	Open	113	Trevor McGinnis	Hit the Ground Stumbling	7:59	04:58:44.92
60	21	Open	196	Jocelyn Crabtree	Life Alert	7:59	04:59:09.54
61	24	Mixed	220	Emily Feldkamp	Taco Club	8:00	04:59:19.00
62	22	Open	200	Meyer Lehman	Mid Leg Crisis	8:00	04:59:39.75
63	25	Mixed	354	Nicole Rasmussen	Speedy Streakers	8:00	04:59:43.41
64	23	Open	395	Chad Larson	The Road Kilts	8:00	04:59:45.02
65	3	Masters	457	Andy Roat	Fleet Feet DSM	8:01	05:00:12.43
66	26	Mixed	452	Brian Harryman	Why the EF are we running	8:01	05:00:20.95
67	24	Open	444	Mike Pollmann	DLR Group	8:02	05:00:41.88
68	27	Mixed	455	Brooke Nelsen	Overconfident & Undertrained	8:02	05:00:55.16
69	7	Women	407	Theresa Bender	Dashing Divas	8:03	05:01:13.28
70	28	Mixed	224	Kelly Ems-Wood	Team Pink Taco	8:04	05:02:13.16
71	25	Open	419	Amanda Bucy	In Tolerance	8:05	05:02:37.30
72	2	Academic	332	Tony Guerra	DMACC HPS	8:07	05:03:51.44
73	8	Women	445	Dawn Hansen	Hot Mess Express	8:07	05:04:04.53
74	29	Mixed	424	Patrick Carruthers-Gr	Argonauts	8:08	05:04:24.69
75	30	Mixed	360	Tony Ekman	Rocky road	8:08	05:04:41.20
76	26	Open	138	Jim Hulgan	Team Chicken Wing	8:09	05:05:08.19
77	27	Open	107	Mischa Moyers-Ande	Dad Bods	8:09	05:05:19.67
78	31	Mixed	188	Joel Janecek	MERGE Performance Racing Team	8:10	05:05:30.89
79	9	Women	420	Tara Moro	Girls Gone Rogue	8:10	05:05:35.32
80	32	Mixed	212	Caleb Hegna	Run Like The Winded - The Original	8:10	05:05:45.05
81	33	Mixed	193	Stephanie Guy	Jimmy Joggers	8:10	05:05:56.08
82	28	Open	422	Carly Koehlmoos	Gray's Baes	8:11	05:06:36.29
83	34	Mixed	421	Nick Cerny	Verm Kats	8:12	05:06:55.44
84	4	Corporate	434	Michael Wilson	Renewable Energy	8:13	05:07:44.82
85	35	Mixed	171	Jediah Kautz	Candy Cigs	8:14	05:07:56.63
86	36	Mixed	204	Joel OPolka	Original 7	8:14	05:08:13.62
87	29	Open	127	Jared Bahnsen	Puke and Rally	8:14	05:08:24.30
88	1	Women Masters	330	Kristy Cain	Run Like Hell	8:15	05:08:40.06
89	37	Mixed	372	Michelle Hannan	75 miles until beer	8:15	05:08:54.97
90	38	Mixed	437	Dave Rodda	TCE Multisport	8:16	05:09:18.45
91	4	Masters	321	Roadog McKibben	Running With the Animals	8:18	05:10:55.15
92	30	Open	139	Amanda Floy	Team Ninja	8:18	05:10:58.47
93	31	Open	102	Angela Matson	All That Remains Is Love Team 2	8:20	05:11:40.70
94	39	Mixed	377	Zachary Zietz	Nike's Other Project	8:20	05:11:42.54
95	5	Masters	317	Wittsle Paisley	Ceement Shoes	8:21	05:12:27.70
96	40	Mixed	166	Shane Behrendsen	BFF's 1 Day Of The Year	8:22	05:13:11.70
97	32	Open	143	Amber Lewis	Wu-Tang Van	8:23	05:13:50.41
98	41	Mixed	345	Kaitlin Killinger	Miles for Martinis	8:24	05:14:33.90
99	10	Women	294	Diane Katzdorn	Sisterhood of the Running Pants	8:25	05:15:14.14
100	33	Open	145	Kara Jackson	Undertrained and Overconfident	8:25	05:15:17.92
101	42	Mixed	443	Allie Wetzel	Team Uno Mas	8:26	05:15:40.64
102	43	Mixed	392	Jennifer Filloon	Carroll Brew	8:26	05:15:46.53
103	44	Mixed	388	Paul Dunning	Embrace the Suck	8:27	05:16:12.45
104	34	Open	103	Claire Shannon	Awesomeness in Motion	8:27	05:16:24.04

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May 11, 2019

First 37.4 Miles

Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
105	2	Mixed Masters	325	David Caris	Team SWASS	8:28	05:16:58.79
106	45	Mixed	253	Michelle Feldmann	Your Pace Or Mine?	8:28	05:17:13.50
107	46	Mixed	252	Ashlie Nielsen	Your Mama's So Slow	8:30	05:17:55.33
108	5	Corporate	320	Nicole Hubbell	Not So Fast	8:30	05:18:05.04
109	11	Women	301	Vanessa Duerksen	That's What She Said	8:31	05:18:37.95
110	47	Mixed	221	Amanda Wilson	Tall Distance runners	8:31	05:18:42.47
111	2	Armed Forces	333	James Cole	Stay Frosty	8:31	05:18:49.41
112	35	Open	129	Susanna Stangl	Road Runners	8:32	05:19:11.47
113	36	Open	122	Jaimi Yost	Mostly Yosts	8:32	05:19:37.36
114	48	Mixed	290	Michelle Thornton	RUNder Team	8:33	05:20:01.11
115	49	Mixed	243	Michael Tiedens	We Are Not Going To Win	8:33	05:20:12.63
116	50	Mixed	293	Kacie Purl	Seven Deadly Shins	8:34	05:20:27.25
117	51	Mixed	384	Emma Saddoris	BLACK BEATLES	8:34	05:20:32.11
118	52	Mixed	238	Dan Petrak	This Too Shall Pass	8:34	05:20:59.32
119	53	Mixed	173	Jamie Cornish	Corndogs	8:35	05:21:14.58
120	54	Mixed	431	Steve Klocke	Magnificent 7	8:36	05:21:52.98
121	12	Women	272	Megan Larmie	Housewives of CB	8:36	05:22:04.03
122	13	Women	264	Jessica McLeran	Everybody Hustlin	8:36	05:22:05.24
123	55	Mixed	207	Tim Buchholz	Rawr Racing	8:37	05:22:18.55
124	56	Mixed	233	Melissa Weber-Arnold	The Hitchhikers	8:38	05:23:13.09
125	37	Open	128	Anthony Buxter	Right Meow	8:38	05:23:23.09
126	57	Mixed	169	Rachael Baethke	Just Keep Running Just Keep Running!	8:40	05:24:12.34
127	38	Open	399	LuAnn Ostergaard	Lu's Lads	8:40	05:24:30.35
128	14	Women	359	Danielle Campbell	Random Runners	8:40	05:24:33.09
129	58	Mixed	356	Andrew Sorge	Tiger Teachers	8:40	05:24:37.22
130	59	Mixed	353	Aaron Herman	Long Distance Relay-tionship - Herman	8:41	05:24:51.04
131	60	Mixed	453	Bridget Holly	Run Drink Repeat	8:41	05:24:55.80
132	39	Open	117	Matthew Fender	It Just Got Real...Estate	8:41	05:25:05.81
133	61	Mixed	192	Chris Coleman	Jen's Mouth Is So Soiled It Grows Row Crops	8:42	05:25:24.31
134	40	Open	108	Bailey Tekippe	Don't Trust It	8:42	05:25:24.92
135	15	Women	351	Stacy Robertson	Runners - Friends - Sisters	8:42	05:25:33.93
136	62	Mixed	339	Marty Wolske	Running Late	8:42	05:25:46.63
137	41	Open	140	Dianna Larson	Team Omaha	8:42	05:25:49.23
138	16	Women	428	Nikki Flanders	Bombers	8:43	05:26:00.94
139	17	Women	417	Christine Comito	Babes on the Run	8:43	05:26:19.85
140	63	Mixed	175	Ryan Harms	CYCOS	8:43	05:26:21.77
141	42	Open	411	Karthic Mahadevan	Desi Milkha's	8:43	05:26:25.09
142	18	Women	335	Sheila Weaver	Not Fast Just Furious	8:44	05:27:00.31
143	2	Women Masters	326	Joeth Zucco	AWOL	8:44	05:27:11.03
144	64	Mixed	379	Heather DeBoest	Chucktown Heros	8:45	05:27:39.72
145	19	Women	280	Heidi Groen	No Troll Left Behind	8:45	05:27:44.79
146	65	Mixed	211	Angela Swartzendrub	Run like the winded	8:45	05:27:45.10
147	6	Masters	319	Julie Bishop	Never Stop	8:45	05:27:47.33
148	66	Mixed	179	Andy Seydel	EY for life	8:46	05:27:55.10
149	67	Mixed	368	Steve Leonard	Not a Clue	8:47	05:28:35.99
150	68	Mixed	401	Stephanie Richardson	Whiskey Business - Jack	8:47	05:28:53.07
151	69	Mixed	216	Nicole Lauzon	Sisters & Misters	8:47	05:28:59.68
152	6	Corporate	456	Mark Nevenhoven	Invision	8:48	05:29:23.33
153	70	Mixed	386	Tyler Hostetler	We Should Be Done By Now	8:48	05:29:35.64
154	20	Women	307	Jill Gogel	Thelma & Louise's Crazy Train	8:49	05:29:45.08
155	71	Mixed	449	Jordan Headrick	The Great Eight	8:49	05:29:46.50
156	72	Mixed	164	Jonathan Fransen	Banana Cushion	8:49	05:29:54.51

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Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
157	73	Mixed	218	Katie Brandstatter	Stay Sexy and Don't Get In a Van Full of Strangers	8:49	05:30:14.59
158	3	Armed Forces	376	Pam Whisenhunt	Team Patriot	8:50	05:30:24.59
159	21	Women	310	Katie Houston	WCS Chicks With A Kick	8:50	05:30:46.72
160	74	Mixed	167	Kent Kavan	Blue Footed Boobies	8:51	05:31:04.00
161	75	Mixed	232	Brittney Altwine	The Hawk-Skers	8:51	05:31:20.63
162	76	Mixed	225	Susan Dickinson	Team Trash	8:51	05:31:23.66
163	77	Mixed	277	Martha Rowe	Moms - Miles & Mules	8:52	05:31:40.73
164	22	Women	408	Ashley Hall	Running Like Mothers - Hall	8:52	05:31:41.07
165	78	Mixed	241	Sarah Kennedy	Undecided	8:52	05:32:04.45
166	7	Corporate	156	Brian Akert	Team HBA	8:52	05:32:06.64
167	43	Open	440	Randy Sturm	North Iowa Hill Toppers	8:52	05:32:13.14
168	79	Mixed	446	Deanna Polson	minnie winnie	8:53	05:32:25.31
169	8	Corporate	149	Kristin Adkins	asi / IF Running Team	8:53	05:32:39.07
170	80	Mixed	244	Tello Chavez	We Got the Runs	8:54	05:33:08.90
171	23	Women	285	Malinda Lamb	Pumped Up Kicks	8:54	05:33:13.35
172	24	Women	288	Abby Young	Runaway Chix	8:54	05:33:23.07
173	81	Mixed	182	Carol Stratemeyer	Fleet Running Partners	8:55	05:33:47.64
174	44	Open	382	Joseph Kohls	TEAM TANGLEFOOT	8:56	05:34:09.80
175	9	Corporate	426	Natalie Theroux	21st Century Rehab	8:56	05:34:09.94
176	45	Open	413	Bryan Steussy	Speedy Evisceracin	8:56	05:34:16.28
177	82	Mixed	191	Danielle Shelton	Running from the Law	8:56	05:34:17.50
178	10	Corporate	448	Zachary Rustad	Git R Run	8:56	05:34:19.16
179	25	Women	304	Amy Thome	The Dream Chafers	8:56	05:34:19.33
180	83	Mixed	336	Cole Toovey	The Sluggish Cognitive Tempos	8:56	05:34:41.64
181	46	Open	100	Alexis Wright	#notindiana	8:57	05:34:47.28
182	84	Mixed	237	Michele Merxbauer	The Underdogs	8:57	05:34:48.70
183	85	Mixed	228	Aaron Kissinger	The Beerlievers	8:57	05:34:59.62
184	26	Women	451	Tracy Paulsen	#tryhards	8:57	05:35:15.03
185	27	Women	298	Jill Crosser	Speed Freaks	8:58	05:35:22.62
186	86	Mixed	394	Kristy Jones	Lost in Pace	8:58	05:35:34.13
187	87	Mixed	313	Jeanette Dooley	HustlePuffs	8:58	05:35:50.59
188	28	Women	256	Amber Sheeley	8 moms - 19 kids - 75 miles	8:59	05:36:22.71
189	47	Open	381	Rob Liesland	Party Time!	9:00	05:36:36.21
190	88	Mixed	189	Tom Williams	Insanity Made Us Do It	9:00	05:36:49.51
191	48	Open	373	Jennifer Steel	PBR	9:00	05:36:49.83
192	89	Mixed	197	Amy Ruisinger	Lottery Winners	9:00	05:37:07.65
193	29	Women	291	Rachel Scheve	Running Like A Mother - Scheve	9:00	05:37:12.14
194	30	Women	266	Allison Berns	Flatliners	9:01	05:37:22.89
195	49	Open	126	Ashley Funkhauser	Perfect Strangers - Funkhauser	9:01	05:37:36.85
196	3	Religious	350	Josh Carmody	We Will Run	9:01	05:37:38.46
197	31	Women	414	Megan Barber	Bondurant Babes	9:01	05:37:39.07
198	90	Mixed	250	Emma Wright	WTF: Where's The Finish?! - Wright	9:01	05:37:46.17
199	91	Mixed	352	Stephanie Neer	Soleless	9:02	05:37:51.40
200	92	Mixed	300	Suzanne Sosby	TBD	9:02	05:38:00.86
201	93	Mixed	168	Kelli Huser	Borrowing Ben's Van Again	9:02	05:38:15.13
202	50	Open	114	Beth McDonald	I thought I was driving the van	9:02	05:38:15.20
203	51	Open	340	Andy Koestner	Born to Shuffle	9:02	05:38:24.27
204	94	Mixed	410	Laura Marxen	Super Sloths	9:02	05:38:24.37
205	32	Women	436	Autumn Shacklett	Sole Sisters	9:02	05:38:25.24
206	11	Corporate	159	Martha Scanlan	Whole Lotto Miles	9:03	05:38:38.59
207	33	Women	367	Amanda Heilman	Tag You're It - Heilman	9:03	05:38:39.25
208	95	Mixed	165	Cindy Dittmer	Beer Nuts	9:04	05:39:31.41

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209	34	Women	343	Alison Best	Jugs A-Joggin	9:05	05:40:07.13
210	96	Mixed	162	JESSE TIBODEAU	Appetite for DesMoines - Runs N Roses	9:05	05:40:10.31
211	35	Women	274	Sarah Seney	Kickin' Asphalt	9:06	05:40:25.22
212	52	Open	116	Shannon Ford	Insert Team Name Here	9:07	05:41:23.27
213	12	Corporate	150	Megan Haugerud	Bankers Trust	9:08	05:41:56.21
214	36	Women	258	Angie Bacon	Bacon Jewelers	9:09	05:42:13.84
215	97	Mixed	366	Natasha Robinson	Huskers N the House	9:10	05:43:05.63
216	98	Mixed	226	Kandi Wallis	Team Wallis	9:11	05:44:01.96
217	53	Open	342	Nicole Wigern	Friends that get Fit	9:12	05:44:07.33
218	13	Corporate	405	Natasha Nikkel	WesleyLife Wellness	9:12	05:44:09.36
219	99	Mixed	260	Karla Smith	Charlie's Angels	9:12	05:44:09.76
220	100	Mixed	186	Kara Moulin	Here We Go Again	9:12	05:44:39.71
221	54	Open	124	Stacy Agnitsch	Not fast but not Last	9:13	05:45:00.17
222	37	Women	281	Alexandrea Wallway	Ocean Queens Chafing Dreams	9:13	05:45:00.46
223	38	Women	283	Jennifer Gray	Olympic Rejects	9:13	05:45:04.42
224	101	Mixed	185	Adonia McCormick	GYPSIES - TRAMPS & THIEVES	9:14	05:45:39.28
225	102	Mixed	403	Brandon Miller	RunnersAF	9:15	05:46:09.00
226	103	Mixed	170	Erika Hass	Burning off the Crazy	9:15	05:46:09.83
227	39	Women	303	JAMIE DOBSON	TEAM MOM BOD	9:15	05:46:22.75
228	55	Open	338	Connie Terry	Team_UpDog	9:16	05:46:47.67
229	104	Mixed	369	Katie Champlin	Runs in the Family	9:16	05:46:51.04
230	56	Open	101	Angela Matson	All That Remains Is Love Team 1	9:17	05:47:48.79
231	40	Women	361	Dorinda Oostenink	Time 4 Fun	9:18	05:47:58.15
232	41	Women	397	Lindsay Weinschenk	Better At Runnin' Up A Tab	9:19	05:48:34.89
233	57	Open	148	Lindsey Mullenbach	WTF (where's the finish?) - Mullenbach	9:19	05:48:43.80
234	42	Women	297	Erin Kirtley	Small Town Girls	9:19	05:48:44.61
235	105	Mixed	219	Tiffanie Snyder	Straight Off the Couch	9:19	05:48:44.85
236	3	Women Masters	328	Megan Berry Barlow	Ladies of the Evening	9:20	05:49:11.99
237	106	Mixed	202	Daniel Zepeda	No Regrets	9:20	05:49:27.04
238	58	Open	378	Shelly Pieper	The Young and the Rest of Us	9:21	05:49:53.15
239	43	Women	344	Erika Arkle	Run Now Wine Later	9:21	05:49:56.61
240	59	Open	104	Heather Day	Been There Run That	9:21	05:50:02.74
241	44	Women	287	Tami Manz	Run With A Heart On	9:22	05:50:29.83
242	107	Mixed	174	Mary Beth Davis	Team Llamacorn	9:22	05:50:37.16
243	60	Open	141	Amy Kay	Team Party Patrol	9:22	05:50:40.41
244	108	Mixed	398	Amy Thorson	Freaky Fast and Dead Last	9:22	05:50:47.09
245	45	Women	262	Becky Klutts	D.I.L.L.I.G.A.F.	9:23	05:51:06.16
246	46	Women	276	Rachel Benzoni	Miles and Mascara	9:23	05:51:07.16
247	109	Mixed	201	Lori Staples	No Lug Nuts No Problem	9:24	05:51:42.91
248	110	Mixed	223	Camille Mann	Team Night Cap	9:24	05:52:06.61
249	61	Open	111	Sheila Smith	Forced Bonding Exercise	9:24	05:52:07.07
250	111	Mixed	423	Dawn Deuel-Rutt	Too Legit To Quit	9:25	05:52:16.80
251	62	Open	393	Christine Stumm	Wallace Runners	9:25	05:52:44.42
252	47	Women	275	Kelly Osborn	Leisure Ladies	9:27	05:53:47.94
253	48	Women	371	Taylor Shore	Goddesses of Victory	9:27	05:53:48.95
254	112	Mixed	235	Susan Stauffer	The Tailgaters	9:27	05:53:56.03
255	113	Mixed	374	Edward Engle	Iowa DOT	9:28	05:54:07.85
256	49	Women	305	Lisa Syring	The Sparkle Divas	9:28	05:54:29.31
257	63	Open	115	Emily Nimsakont	Ice Baggers 4 Life	9:29	05:55:01.17
258	50	Women	311	Kelly Van Gelder	Weekend Runaways	9:30	05:55:45.81
259	114	Mixed	203	Kerri Ladehoff	One More Rep Fitness	9:31	05:56:02.92
260	51	Women	279	Natalie Battles	No Expectations	9:31	05:56:17.09

Market to Market Relay Iowa

May 11, 2019

First 37.4 Miles

Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
261	52	Women	385	Chantelle Rolfes	We thought they said rum	9:32	05:56:42.99
262	53	Women	271	Krysta Foster	Hot Moms on the Run	9:32	05:56:50.70
263	14	Corporate	154	Simon Wright	Iowa ENT Uber Alles	9:32	05:57:03.35
264	64	Open	450	Rayven Rabbass	Arise and Shine	9:33	05:57:44.10
265	115	Mixed	439	Tracy Wolfe	Another Drunk Idea Gone Wrong	9:35	05:58:28.91
266	116	Mixed	383	Christie Pence	Sweet and Salty	9:35	05:58:46.87
267	54	Women	296	Jill Hopper	Skittles	9:35	05:58:51.75
268	55	Women	302	Dana Havlik	Team Hustle & Heart	9:36	05:59:20.41
269	117	Mixed	245	Alana Schares	We'll Be FINE	9:37	05:59:47.93
270	56	Women	309	Robyn Clevenger	Tuff AF	9:37	05:59:49.30
271	57	Women	387	Janelle Haley	Chix no Stix	9:37	06:00:08.18
272	118	Mixed	380	Kari Coleman	Slow and Steady	9:38	06:00:25.67
273	58	Women	442	Gina Geving	Find your happy pace	9:40	06:01:34.36
274	59	Women	299	April Fleischman	STRAIGHT OUTTA SHAPE	9:40	06:01:37.40
275	15	Corporate	157	Amy Dotson	Team Snacks and Naps	9:40	06:01:39.11
276	119	Mixed	348	Kari Anderson	Team DNF	9:41	06:02:29.38
277	120	Mixed	364	Jenny Ebke	Worst Pace Scenerio	9:41	06:02:39.13
278	60	Women	282	Maria Loder	Oh Van Where Art Thou?	9:41	06:02:41.68
279	65	Open	441	BREANNA KNOWLES	KICKIN' ASPHALT	9:43	06:03:41.41
280	61	Women	433	Jessica Wieland	NW Iowa Gals	9:44	06:04:03.39
281	121	Mixed	172	Somchai Rice	Chafing the Dream	9:44	06:04:14.82
282	66	Open	146	Rhonda Smith	Wheaties Box Rejects	9:44	06:04:16.70
283	122	Mixed	183	Jami Beranek	Forced Family Fun	9:45	06:05:11.33
284	123	Mixed	234	Connie Ten Napel	The Incredibles	9:47	06:06:20.88
285	62	Women	273	Jennifer Groen	I Thought They Said Rum	9:48	06:06:46.44
286	63	Women	255	Stephanie Filer	2 Pretty 4 Math	9:48	06:07:06.19
287	67	Open	125	Jennifer Richardson	Over the Fence	9:49	06:07:09.49
288	124	Mixed	187	Anne Marie Johnson	Hormonally Imbalanced	9:49	06:07:10.49
289	64	Women	306	Laura Hupp	The Winking Cats	9:50	06:07:46.77
290	125	Mixed	208	Reagan Elsbury	Rum Runners	9:50	06:08:17.28
291	126	Mixed	447	Jessica Blackburn	Sloth Running Team	9:51	06:08:40.41
292	127	Mixed	163	William Fraser	Backdraft	9:53	06:10:10.09
293	65	Women	286	JILL MOTRONI	Run or Dye Trying	9:55	06:11:01.06
294	4	Women Masters	329	Lara Newsom	Lust For Dust	9:55	06:11:05.19
295	128	Mixed	248	Amy Cobbs	wearblue:runtoremember	9:55	06:11:20.53
296	66	Women	429	Heidi Keefer	Long Distance Relay-tionship - Keefer	9:55	06:11:23.41
297	67	Women	269	Kayla Tomas	Hot Mess Mom Express	9:56	06:11:31.91
298	5	Women Masters	327	Alana Trimble	Bibbidi Bobbidi Booze	9:56	06:12:01.70
299	129	Mixed	184	Helen Adams	Gummy Mice on a Gluetrap	9:57	06:12:26.68
300	130	Mixed	349	Zeina Renno	We Run Better Than The Government	9:57	06:12:28.21
301	68	Women	312	Tammy Madsen	We're Kind of a Big Deal	9:58	06:13:06.02
302	69	Women	295	Angela Bevers	Sisterhood of the Traveling Van	9:58	06:13:11.09
303	70	Women	270	Stephanie Fleckenstein	Hot Messes	9:59	06:13:37.70
304	71	Women	415	Wanda Ross	End of Shift = Nurses on the Run	10:00	06:14:18.25
305	72	Women	289	Amy A'Hearn	Runaway Moms	10:00	06:14:37.03
306	16	Corporate	155	Randy Westman	Strong As Steel	10:01	06:15:10.43
307	6	Women Masters	402	Lacey Galetich	Blaze of Glory	10:07	06:18:49.72
308	131	Mixed	347	EMMALY RENSHAW	Rosie the Runners	10:08	06:19:15.38
309	132	Mixed	209	Kelly Tanzer	Run 2 Travel	10:09	06:20:03.70
310	73	Women	257	Mariah Obiedzinski	A-Town	10:09	06:20:12.80
311	68	Open	136	Sarah Job	T.U.R.D.S	10:16	06:24:32.15
312	74	Women	308	Arlene Larios	Tired As A Mother	10:17	06:24:40.10

Market to Market Relay Iowa

May 11, 2019

First 37.4 Miles

Place	Div Plc	Division	No.	Team Captain	Team Name	Pace	Time
313	133	Mixed	236	Rebecca Cook	The Team Who Must Not Be Named	10:17	06:24:53.81
314	75	Women	261	Kristine Kudrna	Crazy Legs	10:23	06:28:32.56
315	76	Women	370	Jessica Weber	Never Accused Of Over Training	10:26	06:30:19.19
316	3	Mixed Masters	324	Natalie Welter	Semper Vardo	10:27	06:30:56.31
317	69	Open	406	Adam Scharfenkamp	Foley's	10:28	06:31:55.30
318	77	Women	363	Alecia Loeffelholz	Wingin' It	10:30	06:32:44.54
319	134	Mixed	390	Carol Woten	What? We are doing this again?	10:32	06:33:57.01
320	78	Women	341	Cadi Williams	Mothers of Minions	10:33	06:34:52.50
321	79	Women	263	Claire Hoff	Dum Enuf 2 Run	10:33	06:35:02.01
322	135	Mixed	240	Courtney Wolterman	Ummm	10:34	06:35:48.76
323	80	Women	404	Kara Lindsey	Angels In Disguise 2019	10:36	06:37:00.45
324	136	Mixed	337	Maggie Ryan	Embrace the Chafe	10:40	06:39:04.89
325	137	Mixed	246	Amber Upah	We've Been Schooled	10:41	06:39:36.27
326	138	Mixed	206	Cassandra Eickhoff	Rapid Thigh Touching	10:48	06:44:01.85
327	70	Open	147	Dee Hehr	What The Puck! Why R We Running?	10:49	06:44:39.59
328	71	Open	137	Lisa Blunk	TAG YOU'RE IT! - Blunk	10:50	06:45:26.74
329	81	Women	278	Barb Davis	MotherRunners	10:58	06:50:11.22
330	82	Women	265	LuAnn Mannes	Fallopian Tube Swim Team	11:01	06:52:07.47
331	139	Mixed	213	Danielle Johnson	Harlem Slow Trotters	11:09	06:57:14.56
332	83	Women	315	Kristine Crisman	Wonder Women	11:19	07:03:15.24
333	140	Mixed	222	Kelsey Nerud	Team 369	11:37	07:15:04.10
334	84	Women	432	Darby Christensen	Magical AF	11:43	07:18:29.82