

# 5k Run-Walk to Break the Silence on Ovarian Cancer

June 8, 2019

## Overall Division Results

5K

### Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	9/98	1/63	95	Alyssa Tucker	12	F	Pleasant Hill	IA	7:52	00:24:25.98	00:24:27.23

### Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	1/98	1/35	117	Ryan Blank	41	M	W Des Moines	IA	6:29	00:20:08.16	00:20:10.49

### Female Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	65/98	36/63	111	Auberry Hopp	10	F	Polk City	IA	12:49	00:39:46.85	00:39:52.27
2	66/98	37/63	16	Blair Clausen	9	F	Rochester	MN	12:57	00:39:57.03	00:40:15.41

### Male Ages 01 - 10

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	26/98	20/35	79	Max Schmitz	9	M	Nevada	IA	9:02	00:28:02.70	00:28:05.66

### Female Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	17/98	3/63	17	Drew Clausen	11	F	Rochester	MN	8:44	00:26:51.99	00:27:10.73
2	40/98	14/63	67	Breanna Ott	14	F	Indianola	IA	10:08	00:31:16.36	00:31:30.36
3	44/98	18/63	89	Bree Tenges	14	F	Indianola	IA	10:24	00:32:06.16	00:32:20.03
4	64/98	35/63	110	Addison Hopp	12	F	Polk City	IA	12:49	00:39:46.45	00:39:51.86
5	81/98	49/63	23	Trinity Darst	13	F	Truro	IA	15:55	00:48:36.94	00:49:27.65

### Male Ages 11 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	4/98	4/35	56	Owen Michael	14	M	Earlham	IA	7:25	00:23:02.07	00:23:03.32

### Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	14/98	2/63	5	Kelsey Boal	18	F	West Des Moines	IA	8:25	00:26:05.20	00:26:10.82
2	61/98	32/63	104	Colby Williams	19	F	Des Moines	IA	12:05	00:37:30.94	00:37:35.54
3	75/98	44/63	9	Maddy Breckenridge	19	F	Ankeny	IA	14:10	00:43:47.38	00:44:03.38

### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	2/98	2/35	33	Brett Gibson	18	M	Grinnell	IA	6:56	00:21:29.66	00:21:34.88
2	3/98	3/35	4	Quentin Billings	16	M	Des Moines	IA	7:18	00:22:42.32	00:22:43.82
3	15/98	13/35	68	Taylor Ott	16	M	Indianola	IA	8:29	00:26:09.07	00:26:22.73

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### Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
4	19/98	16/35	73	Luke Pottebaum	17	M	West Des Moines	IA	8:51	00:27:21.00	00:27:30.72
5	95/98	34/35	41	Elijah Hoffman	19	M	Des Moines	IA	21:42	01:05:28.40	01:07:25.65

### Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	20/98	4/63	45	Elissa Juhnke	29	F	Little Canada	MN	8:51	00:27:00.93	00:27:31.93
2	22/98	6/63	6	Emily Bowman	29	F	Ankeny	IA	8:59	00:27:23.59	00:27:54.68
3	28/98	7/63	50	Marisa Lageveen	27	F	West Des Moines	IA	9:07	00:28:15.45	00:28:21.47
4	41/98	15/63	11	Kristi Dawn Brokaw	28	F	Grimes	IA	10:09	00:31:16.82	00:31:33.38
5	58/98	29/63	32	Madeline Fritz	20	F	Clive	IA	11:18	00:35:00.52	00:35:06.96
6	84/98	52/63	30	Hannah Duerr	24	F	Leon	IA	16:47	00:51:26.94	00:52:11.18
7	93/98	60/63	85	Sydney Sjaardema	27	F	Ankeny	IA	20:18	01:00:14.78	01:03:04.41
8	96/98	62/63	108	Claire Weatherwax	20	F	Sioux City	IA	21:42	01:02:39.05	01:07:27.30

### Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	5/98	5/35	81	Justin Schmitz	20	M	Nevada	IA	7:36	00:23:33.30	00:23:36.79
2	6/98	6/35	38	Matt Havermale	28	M	West Des Moines	IA	7:41	00:23:47.62	00:23:54.87
3	10/98	9/35	109	Cody Saville	29	M	West Des Moines	IA	8:00	00:24:50.77	00:24:53.93
4	24/98	18/35	80	Josh Schmitz	23	M	Milwaukee	WI	9:02	00:28:01.47	00:28:05.46
5	25/98	19/35	93	Carter Trewet	26	M	West Des Moines	IA	9:02	00:28:02.41	00:28:05.65
6	70/98	31/35	44	Benjamin Juhnke	29	M	Little Canada	MN	13:29	00:40:17.32	00:41:54.70

### Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	21/98	5/63	39	Brandi Hegstrom	39	F	Remsen	IA	8:55	00:27:36.61	00:27:45.11
2	32/98	10/63	66	Lisa Olson	35	F	Waukesha	WI	9:29	00:29:22.89	00:29:28.11
3	37/98	12/63	91	Mikayla Thompson	30	F	Grimes	IA	9:55	00:30:46.14	00:30:51.35
4	46/98	19/63	37	Pam Harned	39	F	Urbandale	IA	10:33	00:32:37.50	00:32:48.46
5	47/98	20/63	53	Bekha Lauridsen	30	F	Des Moines	IA	10:33	00:32:16.57	00:32:48.46
6	51/98	23/63	71	Martha Petersen	31	F	Madrid	IA	10:51	00:33:43.92	00:33:45.22
7	52/98	24/63	102	Sarah Wheeler	34	F	Pleasant Hill	IA	10:51	00:33:43.72	00:33:45.22
8	55/98	27/63	107	Michelle Rosel	37	F	Waukee	IA	11:06	00:34:25.66	00:34:30.46
9	56/98	28/63	34	Rose Giorgio-	32	F	West Des Moines	IA	11:12	00:34:30.22	00:34:50.46
10	63/98	34/63	115	Julia McCormick	35	F	Urbandale	IA	12:27	00:38:25.35	00:38:43.09
11	77/98	46/63	87	Brandy Smith	38	F	Newton	IA	15:03	00:46:38.46	00:46:45.94
12	80/98	48/63	22	Vivi Da Silva	33	F	Newton	IA	15:42	00:48:40.95	00:48:48.44
13	82/98	50/63	24	Sarah Darst	35	F	Truro	IA	16:12	00:49:33.80	00:50:23.05
14	83/98	51/63	36	Debbie Hargens	38	F	West Des Moines	IA	16:26	00:50:52.90	00:51:05.89
15	89/98	56/63	15	Amanda Christensen	32	F	West Des Moines	IA	19:22	00:58:44.83	01:00:12.01
16	90/98	57/63	64	Kari Nuzback	35	F	Manning	IA	19:50	00:58:59.62	01:01:39.61
17	92/98	59/63	99	Candace Weis	30	F	Ankeny	IA	20:17	01:00:17.70	01:03:03.02
18	94/98	61/63	69	Allison Payne	34	F	Chicago	IL	21:06	01:03:13.18	01:05:35.62
19	97/98	63/63	118	Angela Miller	34	F	West Des Moines	IA	24:50	01:16:45.92	01:17:10.90

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### Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	8/98	8/35	78	Douglas Ruba	37	M	West Des Moines	IA	7:44	00:23:54.89	00:24:03.58
2	11/98	10/35	86	John Small	30	M	Urbandale	IA	8:03	00:24:55.90	00:25:01.65
3	31/98	22/35	52	Jeremy Lauridsen	30	M	Urbandale	IA	9:21	00:28:33.64	00:29:05.38
4	33/98	23/35	51	Jeff Lauridsen	32	M	Des Moines	IA	9:32	00:29:04.99	00:29:37.91
5	36/98	25/35	92	Micah Thompson	36	M	Grimes	IA	9:55	00:30:45.24	00:30:50.74
6	45/98	27/35	35	Andy Happ	39	M	Polk City	IA	10:25	00:32:18.46	00:32:23.46
7	57/98	29/35	61	Matthew Nelson	32	M	West Des Moines	IA	11:12	00:34:30.20	00:34:50.71
8	69/98	30/35	54	Jay Lauridsen	33	M	West Des Moines	IA	13:29	00:41:22.51	00:41:54.61
9	88/98	33/35	13	Erik Christensen	33	M	Brooklyn	IA	19:22	00:58:46.27	01:00:12.01

### Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	30/98	9/63	43	Mary Jackovin-Bates	46	F	Clive	IA	9:20	00:28:49.58	00:29:01.58
2	39/98	13/63	114	Patty Mccammon	41	F	Johnston	IA	10:04	00:31:04.52	00:31:16.72
3	43/98	17/63	90	Nicole Tenges	41	F	Indianola	IA	10:23	00:32:01.92	00:32:16.39
4	48/98	21/63	72	Beth Pottebaum	48	F	West Des Moines	IA	10:38	00:32:52.74	00:33:02.66
5	49/98	22/63	116	Holly Mcilroy	48	F	Des Moines	IA	10:38	00:32:51.97	00:33:02.71
6	53/98	25/63	42	Anna Humston	40	F	West Des Moines	IA	10:55	00:33:46.04	00:33:55.97
7	54/98	26/63	57	Diane Miller	49	F	Urbandale	IA	10:58	00:34:02.72	00:34:06.47
8	60/98	31/63	47	Lisa Koz	46	F	Indianola	IA	11:39	00:35:58.52	00:36:13.21
9	67/98	38/63	18	Sara Clausen	42	F	Rochester	MN	13:04	00:40:17.32	00:40:36.31
10	68/98	39/63	60	Kathryn Muscato	40	F	West Des Moines	IA	13:17	00:41:08.79	00:41:16.87
11	76/98	45/63	40	Laura Held	40	F	Osceola	IA	14:25	00:44:34.69	00:44:48.84
12	79/98	47/63	10	Sherry Breitman	49	F	West Des Moines	IA	15:26	00:47:17.49	00:47:59.19
13	85/98	53/63	28	Robyn Dlouhy	41	F	Ankeny	IA	16:55	00:52:18.35	00:52:36.35
14	87/98	55/63	98	Sammy Wehmeyer	46	F	Bondurant	IA	19:16	00:57:00.74	00:59:52.66

### Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	7/98	7/35	113	Patrick Mccammon	42	M	Johnston	IA	7:44	00:23:50.89	00:24:03.38
2	12/98	11/35	112	John Jackovin	45	M	Johnston	IA	8:05	00:24:56.94	00:25:08.31
3	16/98	14/35	83	John Seals	49	M	West Des Moines	IA	8:40	00:26:45.40	00:26:58.23
4	18/98	15/35	19	Bryan Clausen	42	M	Rochester	MN	8:45	00:26:52.42	00:27:11.23
5	23/98	17/35	46	Michael Kasal	42	M	West Des Moines	IA	8:59	00:27:49.64	00:27:57.11
6	27/98	21/35	25	Mark Dephillips	45	M	Ankeny	IA	9:07	00:28:10.64	00:28:20.36
7	35/98	24/35	84	Aaron Sheeler	43	M	Waukee	IA	9:51	00:30:33.79	00:30:37.36
8	38/98	26/35	62	Ben Nelson	44	M	West Des Moines	IA	10:03	00:31:02.30	00:31:14.28
9	78/98	32/35	55	Jim Mann	49	M	Ankeny	IA	15:26	00:47:17.10	00:47:59.01

### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	29/98	8/63	65	Linda Olson	53	F	Ames	IA	9:14	00:28:40.78	00:28:42.69
2	34/98	11/63	76	Angela Rider	51	F	Des Moines	IA	9:33	00:29:39.96	00:29:42.47
3	59/98	30/63	74	Shari Proehl	51	F	Urbandale	IA	11:38	00:36:05.38	00:36:09.88
4	62/98	33/63	105	Kim Williams	52	F	Des Moines	IA	12:06	00:37:20.21	00:37:35.94

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### Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
5	71/98	40/63	77	Susie Rider	52	F	Des Moines	IA	13:44	00:42:24.10	00:42:40.65
6	73/98	42/63	20	Laurie Coder	53	F	Urbandale	IA	13:56	00:43:14.98	00:43:18.16
7	86/98	54/63	14	Marianne Christensen	51	F	Waukee	IA	18:20	00:56:19.68	00:56:59.67
8	91/98	58/63	1	Andrea Andrew	54	F	Ankeny	IA	20:07	00:59:42.66	01:02:31.66

### Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	13/98	12/35	58	Scott Miller	56	M	Urbandale	IA	8:16	00:25:38.87	00:25:41.37

### Female Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	42/98	16/63	7	Ellen Branham	60	F	Riverside	IA	10:09	00:31:17.18	00:31:33.72
2	72/98	41/63	49	Janie Kruger	61	F	Grimes	IA	13:55	00:43:14.17	00:43:17.35
3	74/98	43/63	82	Nancy Schrum	67	F	Urbandale	IA	14:01	00:43:22.00	00:43:33.58

### Male Ages 60 - 98

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Chip Time	Gun Time
1	50/98	28/35	27	Ed Dieleman	74	M	Ankeny	IA	10:50	00:33:24.87	00:33:39.97
2	98/98	35/35	70	Dave Payne	62	M	Urbandale	IA	28:15	01:25:45.16	01:27:48.36