

Nordic Fest Elvelopet

July 27, 2019

Overall Division Results

15K

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	14/101	1/40	807	Madison Bach	21	F	Cedar Rapids	IA	6:49	01:03:41.45

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	1/101	1/61	808	Myles Bach	19	M	Cedar Rapids	IA	5:38	00:52:38.72

Female Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	101/101	40/40	719	Azalya Dahl	10	F	Leroy	MN	14:39	02:16:40.00

Male Ages 01 - 13

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	44/101	35/61	718	Spencer Christensen	10	M	Lime Springs	IA	8:14	01:16:46.66

Male Ages 14 - 16

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	6/101	6/61	721	Jordan Daniel	16	M	Pleasant Hill	IA	6:15	00:58:15.88
2	9/101	9/61	781	Will Ryan	15	M	Waukee	IA	6:25	00:59:50.16
3	11/101	11/61	749	Nolan Kyhl	16	M	Johnston	IA	6:26	01:00:01.11
4	20/101	17/61	765	Cade Muller	15	M	Waukee	IA	7:19	01:08:12.46

Female Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	51/101	11/40	761	Sarah Mikkelson	19	F	Dorchester	IA	8:32	01:19:34.70
2	54/101	13/40	739	Clare Huisman	17	F	Osage	IA	8:43	01:21:20.68

Male Ages 17 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	2/101	2/61	736	Sam Hall	17	M	West Des Moines	IA	5:50	00:54:24.21
2	4/101	4/61	768	Will Ode	18	M	Des Moines	IA	6:07	00:57:04.20
3	8/101	8/61	755	Lucas Martin	17	M	West Des Moines	IA	6:23	00:59:35.71
4	10/101	10/61	751	Brandon Latting	17	M	West Des Moines	IA	6:26	00:59:59.69
5	16/101	14/61	776	Griffin Rhode	17	M	Urbandale	IA	6:55	01:04:33.18
6	22/101	19/61	748	Justin Kringler	19	M	Becker	MN	7:24	01:09:00.43
7	29/101	26/61	767	Ryan Oæhalloran	17	M	West Des Moines	IA	7:35	01:10:42.74
8	42/101	33/61	729	Michael Fraizer	17	M	West Des Moines	IA	8:11	01:16:23.20
9	43/101	34/61	744	Dyer Jarabek	17	M	West Des Moines	IA	8:11	01:16:24.75
10	45/101	36/61	745	Paul Johnson	17	M	Clive	IA	8:16	01:17:10.20
11	46/101	37/61	774	Colin Recker	17	M	West Des Moines	IA	8:17	01:17:20.70
12	63/101	47/61	722	Tyler Difiore	19	M	Bettendorf	IA	9:06	01:24:53.92

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Overall Division Results

15K

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	17/101	3/40	789	Sommer Stevens	22	F	Denver	IA	7:06	01:06:14.21
2	30/101	4/40	702	Jerad Alexander	25	F	Decorah	IA	7:35	01:10:47.20
3	66/101	17/40	704	Stephanie Almquist	20	F	Delano	MN	9:10	01:25:27.58
4	75/101	23/40	740	Dianna Huisman	23	F	Omaha	NE	9:56	01:32:38.19
5	80/101	26/40	782	Allyson Sand	29	F	New York	NY	10:14	01:35:23.73
6	88/101	32/40	763	Sarah Moen	25	F	Calmar	IA	10:48	01:40:42.13
7	97/101	37/40	793	Kaitlyn Svestka	25	F	Dubuque	IA	12:21	01:55:14.79

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	5/101	5/61	803	John Frude	26	M	St. Paul	MN	6:14	00:58:10.58
2	7/101	7/61	714	Sammy Camacho	21	M	Sylmar	CA	6:21	00:59:15.21
3	13/101	13/61	770	Trevor Phillips	21	M	Decorah	IA	6:48	01:03:29.81
4	21/101	18/61	730	Thomas Froland	21	M	Sacred Heart	MN	7:19	01:08:16.16
5	23/101	20/61	742	Kent Ingvalson	28	M	Des Moines	IA	7:24	01:09:06.91
6	26/101	23/61	801	Spencer Davies	23	M	Muuston	WI	7:29	01:09:48.38
7	27/101	24/61	799	Tristan Zurfluh	24	M	Sparta	WI	7:34	01:10:40.93
8	40/101	31/61	810	Luke Elsbernd	28	M	Calmar	IA	8:05	01:15:27.14
9	69/101	51/61	769	Nicholas Pearch	27	M	Decorah	IA	9:26	01:28:03.34
10	79/101	54/61	791	Jacob Stock	24	M	Decorah	IA	10:13	01:35:21.44

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	15/101	2/40	800	Leah Klotzbach	31	F	Sioux Falls	SD	6:53	01:04:13.73
2	34/101	6/40	760	Shauna Menke	38	F	Decorah	IA	7:40	01:11:35.90
3	36/101	8/40	741	Breanna Hulsey	34	F	Kenosha	WI	7:45	01:12:21.71
4	39/101	9/40	809	Lisa Zittergruen	37	F	Decorah	IA	8:05	01:15:20.95
5	49/101	10/40	746	Mari Klotzbach	30	F	Sioux Falls	SD	8:24	01:18:21.40
6	52/101	12/40	712	Aimee Boerger	31	F	Stewartville	MN	8:39	01:20:38.20
7	59/101	15/40	717	Olivia Christensen	39	F	Lime Springs	IA	8:57	01:23:30.34
8	71/101	20/40	703	Katie Allen	36	F	Vinton	IA	9:31	01:28:51.19
9	72/101	21/40	778	Katherine Rich	37	F	Fredericksburg	IA	9:41	01:30:16.64
10	81/101	27/40	707	Katie Bakkum	30	F	Decorah	IA	10:19	01:36:17.18
11	82/101	28/40	797	Brooke Weighner	38	F	Harpers Ferry	IA	10:20	01:36:19.32
12	83/101	29/40	750	Janet Larrison	39	F	Riceville	IA	10:20	01:36:23.78
13	87/101	31/40	784	Rachel Schuman	34	F	Decorah	IA	10:42	01:39:50.18
14	89/101	33/40	802	Jennifer Bucham	36	F	Woodbury	MN	11:11	01:44:15.47
15	96/101	36/40	735	Jenny Hager	36	F	Waukon	IA	12:00	01:51:57.48
16	98/101	38/40	792	Jeni Svestka	36	F	Decorah	IA	12:21	01:55:14.80
17	100/101	39/40	720	Vada Dahl	33	F	Leroy	MN	14:39	02:16:39.00

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	3/101	3/61	727	Lars Finanger	39	M	The Woodlands	TX	5:59	00:55:55.22
2	12/101	12/61	743	Timothy Ives	38	M	Pleasant Hill	IA	6:38	01:01:51.71

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Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
3	18/101	15/61	716	Dustin Carolan	36	M	Iowa City	IA	7:07	01:06:27.96
4	24/101	21/61	783	Shawn Schroeder	35	M	Washington	DC	7:26	01:09:24.57
5	25/101	22/61	759	Peter Mcnamara	34	M	Dubuque	IA	7:29	01:09:46.46
6	28/101	25/61	766	Tracy Nuss	30	M	West Union	IA	7:34	01:10:40.98
7	38/101	30/61	805	Antonio Gaetani	37	M	Decorah	IA	7:55	01:13:53.79
8	41/101	32/61	734	Andrew Goodson	36	M	Charlotte	NC	8:10	01:16:10.97
9	56/101	42/61	754	Jesse Lyon	33	M	Decorah	IA	8:51	01:22:29.88
10	58/101	44/61	738	Nick Hopp	31	M	Decorah	IA	8:56	01:23:18.95
11	61/101	46/61	724	Jordan England	33	M	Chicago	IL	9:05	01:24:43.94
12	77/101	53/61	785	Scott Searcy	38	M	Decorah	IA	10:05	01:34:03.19
13	90/101	57/61	777	Jason Rich	39	M	Fredericksburg	IA	11:31	01:47:21.67

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	33/101	5/40	790	Anna Stier	43	F	Edina	MN	7:40	01:11:33.66
2	35/101	7/40	804	Donna Carlson	40	F	Bettendorf	IA	7:44	01:12:12.60
3	55/101	14/40	731	Mattine Gallentine	45	F	Decorah	IA	8:50	01:22:26.42
4	62/101	16/40	708	Melissa Barnard	43	F	Keystone	IA	9:06	01:24:52.51
5	74/101	22/40	796	Nicole Waskow	42	F	Decorah	IA	9:54	01:32:21.41
6	76/101	24/40	798	Emily Young Johnson	47	F	Decorah	IA	10:00	01:33:17.17
7	85/101	30/40	779	Amy Rolfs	46	F	Decorah	IA	10:27	01:37:30.88
8	92/101	34/40	773	Jessica Raabe	40	F	Decorah	IA	11:39	01:48:44.39
9	95/101	35/40	787	Melinda Severson	49	F	Decorah	IA	11:52	01:50:40.00

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	19/101	16/61	711	Jeffrey Bishop	43	M	Minneapolis	MN	7:12	01:07:13.62
2	31/101	27/61	775	Blair Redenius	42	M	Charles City	IA	7:37	01:11:01.40
3	32/101	28/61	701	Greg Adams	45	M	Osage	IA	7:39	01:11:25.20
4	37/101	29/61	706	John Anderson	43	M	Decorah	IA	7:52	01:13:22.71
5	48/101	39/61	758	Ryan Mcinroy	42	M	Charles City	IA	8:20	01:17:48.33
6	53/101	41/61	753	Chad Lien	45	M	Shawnee	KS	8:42	01:21:13.60
7	64/101	48/61	726	Nathan Ferris	45	M	Dresser	WI	9:07	01:25:02.81
8	93/101	59/61	772	Jay Raabe	44	M	Decorah	IA	11:39	01:48:44.40

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	68/101	18/40	788	Michele Stevens	58	F	Denver	IA	9:26	01:27:57.65
2	70/101	19/40	752	Elizabeth Leschensky	50	F	Decorah	IA	9:31	01:28:48.58
3	78/101	25/40	732	Sharon Gerleman	57	F	Ridgeway	IA	10:08	01:34:34.44

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
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Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	50/101	40/61	728	Marc Folkedahl	51	M	Decorah	IA	8:31	01:19:27.45
2	57/101	43/61	705	Gerard Amadeo	53	M	Urbandale	IA	8:53	01:22:52.78
3	60/101	45/61	713	Matt Brandt	58	M	Cedar Rapids	IA	9:00	01:23:58.32
4	84/101	55/61	780	Charlie Rolfs	51	M	Decorah	IA	10:27	01:37:30.68
5	86/101	56/61	737	Jim Hengen	52	M	Minneapolis	MN	10:37	01:39:05.58
6	94/101	60/61	786	John Severson	50	M	Decorah	IA	11:52	01:50:39.67
7	99/101	61/61	806	Torry Harrison	54	M	Norwalk	IA	13:23	02:04:46.15

Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Time
1	47/101	38/61	757	Kelly Mccarty	62	M	Clive	IA	8:18	01:17:28.95
2	65/101	49/61	764	Paul Mullen	61	M	Decorah	IA	9:09	01:25:20.70
3	67/101	50/61	725	Steve Faas	60	M	Longmont	CO	9:16	01:26:23.94
4	73/101	52/61	715	Gerald Carlson	67	M	Decorah	IA	9:49	01:31:30.69
5	91/101	58/61	756	Steve Massman	63	M	Caladonia	MN	11:31	01:47:27.12