

Nordic Fest Elvelopet

July 27, 2019

Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
1	1/211	1/1	225	Zachary Fry	M	17	Des Moines	IA	5:36	00:17:25.12
2	2/211	1/26	280	Brady Hogan	M	16	Waukon	IA	5:36	00:17:25.12
3	3/211	1/21	414	Matt Rubins	M	28	West Des Moines	IA	5:58	00:18:33.69
4	4/211	1/24	435	Oystein Rognes Solheim	M	45	Oslo		6:01	00:18:44.46
5	5/211	2/26	203	Izaak Eichinger	M	15	Decorah	IA	6:09	00:19:08.68
6	1/238	1/1	366	Katie Nimrod	F	19	Decorah	IA	6:10	00:19:11.32
7	6/211	3/26	102	Chance Adam	M	15	Calmar	IA	6:11	00:19:13.57
8	2/238	1/58	204	Catie Ellingson	F	30	Forest Lake	MN	6:19	00:19:40.61
9	7/211	4/26	648	Noah Lovelace	M	16	Decorah	IA	6:20	00:19:43.46
10	8/211	1/10	392	Jarod Phillips	M	19	Decorah	IA	6:28	00:20:07.44
11	9/211	1/31	297	Jon Jensen	M	52	Decorah	IA	6:30	00:20:13.15
12	10/211	2/24	436	Alexander Steding	M	49	Decorah	IA	6:31	00:20:17.83
13	11/211	1/43	399	Lucas Rabe	M	13	Robins	IA	6:32	00:20:20.07
14	12/211	5/26	139	Maximilan Brown	M	16	Urbandale	IA	6:32	00:20:20.69
15	13/211	2/21	147	Aaron Busch	M	26	Chanhassen	MN	6:37	00:20:33.90
16	14/211	6/26	385	Parker Partello	M	15	Spirit Lake	IA	6:40	00:20:45.87
17	3/238	1/38	110	Rebecca Anderson	F	13	Decorah	IA	6:48	00:21:10.41
18	15/211	1/39	686	Andrew Finanger	M	30	Boulder	CO	6:49	00:21:13.74
19	16/211	3/21	405	Jake Riehle	M	27	Forest Lake	MN	6:51	00:21:17.72
20	4/238	1/14	323	Abigail Lewis	F	18	Austin	MN	6:52	00:21:20.15
21	17/211	4/21	226	Joey Furst	M	27	Rochester	MN	6:53	00:21:25.83
22	18/211	7/26	433	Hogan Smith	M	15	Decorah	IA	6:54	00:21:27.81
23	19/211	2/31	391	Bradley Phillips	M	57	Decorah	IA	6:55	00:21:30.70
24	20/211	3/31	330	Andy Lonning	M	54	Onalaska	WI	6:55	00:21:32.12
25	21/211	2/10	195	Hunter Dolphin	M	17	Gales Gerry	CT	6:56	00:21:34.80
26	22/211	8/26	431	Preston Sires	M	15	Rochester	MN	6:58	00:21:39.47
27	23/211	9/26	422	Bennett Schutte	M	15	Decorah	IA	6:59	00:21:43.41
28	5/238	2/14	441	Britta Swanson	F	17	Decorah	IA	7:00	00:21:46.44
29	24/211	1/16	370	Randy Nordheim	M	63	Waukon	IA	7:01	00:21:48.07
30	25/211	10/26	119	Drew Berns	M	15	Decorah	IA	7:04	00:21:57.83
31	26/211	2/39	193	Chris Dibble	M	30	Cedar Falls	IA	7:04	00:21:58.47
32	6/238	2/58	109	Erin Anderson	F	34	Decorah	IA	7:05	00:22:01.68
33	27/211	2/43	287	Landyn Hook	M	12	Decorah	IA	7:06	00:22:05.15
34	7/238	1/27	613	Maddie Hauck	F	15	Victoria	MN	7:06	00:22:06.17
35	28/211	5/21	235	Devin Gilbertson	M	27	Decorah	IA	7:09	00:22:12.91
36	8/238	3/14	372	Kalea Oftedahl	F	17	Decorah	IA	7:09	00:22:14.97
37	29/211	4/31	632	Aire Mounthachak	M	52	Rockford	MN	7:09	00:22:15.17
38	30/211	11/26	376	Cade Olson	M	14	Decorah	IA	7:12	00:22:23.47
39	31/211	5/31	266	Dean Haugen	M	50	Minneapolis	MN	7:13	00:22:25.97
40	32/211	12/26	276	Erik Hjelle	M	14	Decorah	IA	7:15	00:22:33.41
41	33/211	13/26	336	Jake Magner	M	14	Decorah	IA	7:15	00:22:34.43
42	34/211	14/26	136	Casey Brickley	M	15	Decorah	IA	7:16	00:22:35.71
43	9/238	3/58	157	Kristin Carpenter	F	38	Cedar Falls	IA	7:16	00:22:37.46
44	35/211	3/24	309	David Knock	M	41	Cedar Falls	IA	7:17	00:22:40.22
45	10/238	4/14	321	Annette Leschensky	F	17	Decorah	IA	7:17	00:22:40.46
46	36/211	3/39	183	Charlie Crooks	M	39	Iowa City	IA	7:20	00:22:47.22
47	11/238	2/27	375	Olivia Ollendick	F	14	Lime Springs	IA	7:20	00:22:48.46
48	37/211	6/31	291	Scott Houg	M	53	Waukon	IA	7:20	00:22:49.66
49	38/211	4/39	688	Tyler Mikesh	M	30	Decorah	IA	7:23	00:22:59.22
50	39/211	6/21	649	Mitchell Burggraf	M	24	Oxnard	CA	7:24	00:23:00.22
51	12/238	3/27	447	Madison Tollefson	F	14	Decorah	IA	7:24	00:23:01.22
52	40/211	15/26	402	Kyle Renken	M	16	Decorah	IA	7:26	00:23:06.72

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
53	41/211	16/26	504	Andrew B. Chamberlain	M	16	Decorah	IA	7:26	00:23:07.96
54	42/211	7/21	474	Gavin Wicks	M	29	Decorah	IA	7:27	00:23:10.20
55	13/238	1/37	306	Cara Kennedy-Ode	F	47	Des Moines	IA	7:29	00:23:18.12
56	43/211	2/16	305	Brian Jones	M	61	Decorah	IA	7:31	00:23:21.39
57	44/211	8/21	476	Daniel Willie	M	20	Decorah	IA	7:31	00:23:23.00
58	14/238	5/14	122	Shayla Betts	F	17	Decorah	IA	7:32	00:23:25.24
59	45/211	3/10	626	Erick Fadness	M	19	Decorah	IA	7:32	00:23:25.89
60	46/211	17/26	473	Drew White	M	16	Decorah	IA	7:32	00:23:26.67
61	47/211	4/24	461	David Wadsworth	M	45	Waukon	IA	7:33	00:23:28.49
62	48/211	9/21	655	Russell Dale	M	28	West Des Moines	IA	7:34	00:23:30.72
63	15/238	4/27	303	Leila Johnson	F	15	Decorah	IA	7:34	00:23:33.46
64	49/211	4/10	368	Erik Nordgaard	M	17	Portland	OR	7:35	00:23:34.40
65	16/238	2/38	672	Brynn Storhoff	F	13	Decorah	IA	7:35	00:23:34.72
66	17/238	5/27	143	Brielle Buresh	F	15	Decorah	IA	7:37	00:23:41.49
67	50/211	10/21	176	Alex Courtney	M	26	West Des Moines	IA	7:38	00:23:45.81
68	51/211	5/24	283	Kelly Holthaus	M	45	Decorah	IA	7:40	00:23:51.69
69	52/211	5/39	290	Nathan Hosper	M	37	Owatonna	MN	7:41	00:23:53.47
70	53/211	6/39	421	Cory Scholbrock	M	39	Calmar	IA	7:42	00:23:56.57
71	54/211	7/31	180	Eric Courtney	M	51	West Des Moines	IA	7:45	00:24:07.16
72	18/238	1/38	634	Step Bjerke	F	22	La Crosse	WI	7:46	00:24:08.72
73	19/238	2/38	344	Maria Mcdonough	F	22	Decorah	IA	7:46	00:24:09.18
74	55/211	18/26	273	John Herath	M	15	La Crosse	WI	7:50	00:24:21.07
75	56/211	6/24	194	Eric Dillinger	M	47	Des Moines	IA	7:51	00:24:24.47
76	57/211	7/24	231	Todd Gallentine	M	46	Decorah	IA	7:53	00:24:29.72
77	58/211	7/39	612	Brian Walker	M	37	Decorah	IA	7:53	00:24:31.05
78	20/238	2/37	142	Alecia Buckska	F	43	Decorah	IA	7:57	00:24:44.26
79	59/211	8/24	400	Carl Refsal	M	43	Decorah	IA	7:59	00:24:51.17
80	21/238	6/14	434	Lily Smith	F	17	Decorah	IA	8:02	00:24:59.46
81	60/211	5/10	106	Logan Akre	M	18	Waukesha	WI	8:03	00:25:03.72
82	22/238	7/14	478	Madeline Wilson	F	17	Deephaven	MN	8:04	00:25:04.38
83	61/211	8/31	653	Mark Vagts	M	51	Waseca	MN	8:08	00:25:17.46
84	62/211	19/26	554	Corbyn Palmer	M	14	Decorah	IA	8:08	00:25:18.72
85	63/211	8/39	471	Lucas Welper	M	37	Stewartville	MN	8:09	00:25:22.01
86	64/211	3/43	247	Gavin Groux	M	13	Calmar	IA	8:10	00:25:23.02
87	23/238	3/38	459	Melissa Vega	F	25	Postville	IA	8:10	00:25:23.64
88	65/211	6/10	555	Dawson Palmer	M	17	Decorah	IA	8:11	00:25:26.97
89	66/211	9/39	165	Shannon Cline	M	33	Bondurant	IA	8:12	00:25:30.58
90	67/211	11/21	304	Mitch Johnson	M	25	Dubuque	IA	8:12	00:25:30.97
91	68/211	4/43	654	Cody Vagts	M	13	Waseca	MN	8:12	00:25:31.00
92	69/211	9/31	324	Glenn Livingston	M	52	Decorah	IA	8:14	00:25:35.09
93	24/238	3/38	587	Jorja Folkedahl	F	13	Decorah	IA	8:14	00:25:35.47
94	25/238	8/14	624	Elise Rasmussen	F	18	Jackson	MN	8:15	00:25:39.13
95	70/211	12/21	667	Colin Delgado	M	24	Youngstown	NY	8:15	00:25:40.76
96	71/211	10/39	404	Nathaniel Richter	M	34	Mansfield	CT	8:17	00:25:44.60
97	72/211	10/31	438	James Stenseth	M	54	Calmar	IA	8:18	00:25:48.68
98	26/238	4/38	172	Elsa Cottrell	F	13	Portland	OR	8:20	00:25:55.17
99	73/211	9/24	284	Byron Hook	M	41	Decorah	IA	8:20	00:25:56.38
100	74/211	7/10	168	Conner Cook	M	17	Decorah	IA	8:21	00:25:57.20
101	75/211	5/43	454	Davin Trytten	M	10	Urbandale	IA	8:22	00:26:02.09
102	27/238	4/58	378	Joni Osmundson	F	35	Granger	IA	8:23	00:26:04.32
103	76/211	11/39	379	Nathan Osmundson	M	37	Granger	IA	8:23	00:26:04.47
104	77/211	6/43	681	Elliot Berland	M	10	Decorah	IA	8:23	00:26:05.15

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
105	28/238	5/38	241	Alex Grimm	F	13	Madrid	IA	8:23	00:26:05.47
106	29/238	3/37	322	Mari Lewey	F	42	Decorah	IA	8:24	00:26:06.72
107	78/211	3/16	202	James Ehrie	M	74	Decorah	IA	8:24	00:26:06.97
108	79/211	11/31	470	Kim Welch	M	53	Waukon	IA	8:24	00:26:07.47
109	80/211	10/24	169	Dustin Cote	M	46	Decorah	IA	8:25	00:26:09.22
110	30/238	4/38	469	Jacqueline Welch	F	22	Waukon	IA	8:25	00:26:09.97
111	81/211	7/43	278	Max Hoden	M	12	Dubuque	IA	8:25	00:26:10.65
112	31/238	5/58	310	Christina Knudson	F	32	Minneapolis	MN	8:25	00:26:11.22
113	82/211	13/21	311	Jonathan Knudson	M	26	Minneapolis	MN	8:25	00:26:11.46
114	32/238	5/38	480	Regan Wolverton	F	23	Dubuque	IA	8:26	00:26:12.47
115	83/211	12/31	606	Michael Sturtz	M	52	Indianola	IA	8:26	00:26:12.88
116	84/211	8/43	361	Keaton Nalean-Carlson	M	11	Decorah	IA	8:26	00:26:14.09
117	85/211	11/24	467	Luke Webinger	M	43	Lost Nation	IA	8:28	00:26:19.40
118	86/211	12/39	494	Brian Black	M	37	Red Wing	MN	8:29	00:26:22.22
119	87/211	13/39	664	Ottesen Paul	M	37	Iowa City	IA	8:29	00:26:23.31
120	88/211	14/21	412	Lee Rollins	M	24	Golden Valley	MN	8:31	00:26:29.97
121	33/238	6/58	212	Amber Fogle	F	32	Pleasant Prairie	WI	8:32	00:26:32.97
122	34/238	7/58	108	Rachael Andera	F	30	Calmar	IA	8:32	00:26:33.71
123	89/211	14/39	652	Mike Teslow	M	32	Tipton	IA	8:33	00:26:34.22
124	90/211	20/26	327	Ethan Long	M	15	Coralville	IA	8:33	00:26:34.91
125	91/211	12/24	389	Piyush Patel	M	43	Lantana	TX	8:34	00:26:37.95
126	92/211	9/43	382	Eli Page	M	13	Vinton	IA	8:35	00:26:41.19
127	93/211	15/21	424	Alex Shaikoski	M	24	Bloomington	MN	8:35	00:26:42.22
128	94/211	15/39	308	Braham Ketcham	M	36	Oak Park	IL	8:35	00:26:42.63
129	95/211	10/43	154	Gavin Carolan	M	9	Decorah	IA	8:36	00:26:43.45
130	35/238	6/27	144	Fiona Buresh	F	16	Decorah	IA	8:36	00:26:43.65
131	96/211	16/39	261	Solomon Halvorson	M	34	Des Moines	IA	8:36	00:26:45.88
132	97/211	13/31	184	John Dambek	M	55	Decorah	IA	8:37	00:26:48.12
133	36/238	6/38	132	Grace Bowen	F	20	Madison	NJ	8:37	00:26:48.22
134	98/211	17/39	659	Uriah Halvorson	M	32	La Crosse	WI	8:38	00:26:50.17
135	99/211	21/26	631	Claylan Mounthachak	M	16	Rockford	MN	8:38	00:26:52.22
136	37/238	8/58	267	Andrea Haugo	F	38	Viroqua	WI	8:39	00:26:52.63
137	100/211	14/31	665	Jeff Leeper	M	59	Decorah	IA	8:39	00:26:52.63
138	101/211	13/24	277	Chris Hoden	M	41	Dubuque	IA	8:39	00:26:53.44
139	102/211	22/26	121	Lange Betts	M	14	Decorah	IA	8:39	00:26:54.22
140	38/238	7/27	419	Sylvia Sandhorst	F	14	Decorah	IA	8:40	00:26:56.29
141	39/238	8/27	103	Kelly Ahrens	F	16	Ridgeway	IA	8:40	00:26:57.72
142	40/238	7/38	771	Alexandra Picht	F	20	Decorah	IA	8:40	00:26:57.92
143	41/238	4/37	425	Kisa Shapiro	F	44	Tampa	FL	8:40	00:26:58.33
144	42/238	6/38	285	Elayna Hook	F	13	Decorah	IA	8:42	00:27:03.40
145	43/238	8/38	325	Maggie Locke	F	24	Decorah	IA	8:42	00:27:04.82
146	103/211	18/39	620	John Frethan	M	36	Decorah	IA	8:43	00:27:06.66
147	104/211	23/26	360	Aidan Nalean-Carlson	M	14	Decorah	IA	8:45	00:27:13.15
148	44/238	1/8	364	Trish Neubauer	F	62	Decorah	IA	8:46	00:27:14.37
149	105/211	15/31	331	Gary Lovelace	M	53	Rochester	MN	8:46	00:27:16.61
150	106/211	11/43	387	Oak Pasche	M	9	Decorah	IA	8:48	00:27:20.92
151	107/211	12/43	449	Meison Tollefson	M	9	Decorah	IA	8:48	00:27:20.97
152	45/238	9/27	230	Sophia Gallentine	F	14	Decorah	IA	8:48	00:27:22.14
153	108/211	13/43	232	William Gallentine	M	10	Decorah	IA	8:49	00:27:26.42
154	46/238	5/37	388	Yarrow Pasche	F	41	Decorah	IA	8:50	00:27:26.83
155	109/211	19/39	685	Brent Grinna	M	37	Boston	MA	8:50	00:27:29.47
156	47/238	9/58	138	Amanda Brooks	F	33	St. Paul	MN	8:51	00:27:30.68

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Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
157	48/238	10/27	315	Sierra Kruger	F	16	Decorah	IA	8:51	00:27:30.89
158	110/211	14/43	371	Travis Nordheim	M	13	Decorah	IA	8:55	00:27:43.67
159	49/238	10/58	130	Becky Borgman	F	32	West Des Moines	IA	8:58	00:27:53.97
160	111/211	20/39	131	Steve Borgman	M	30	West Des Moines	IA	8:58	00:27:54.46
161	50/238	7/38	475	Cloe Williams	F	13	Spicer	MN	8:59	00:27:57.09
162	112/211	15/43	346	Holden Mcinroy	M	11	Charles City	IA	9:00	00:27:58.72
163	51/238	9/38	133	Josie Boyle	F	29	St. Paul	MN	9:00	00:28:00.72
164	113/211	16/21	413	Paul Rose	M	25	St. Paul	MN	9:00	00:28:00.72
165	114/211	16/43	189	Jack Delarosa	M	10	Decorah	IA	9:02	00:28:04.61
166	115/211	8/10	733	Michael Gipple	M	17	Urbandale	IA	9:02	00:28:04.72
167	52/238	11/27	345	Harper Mcinroy	F	14	Charles City	IA	9:04	00:28:11.11
168	53/238	10/38	288	Carol Hopp	F	29	Decorah	IA	9:04	00:28:12.22
169	54/238	12/27	426	Emma Shimak	F	14	Cedar Rapids	IA	9:05	00:28:13.57
170	55/238	8/38	275	Clara Hjelle	F	11	Decorah	IA	9:05	00:28:14.17
171	116/211	14/24	446	David Tollefson	M	46	Decorah	IA	9:05	00:28:15.40
172	117/211	21/39	148	Sam Caito	M	36	Hampden	ME	9:07	00:28:19.65
173	56/238	1/17	408	Heidi Rockweiler	F	52	Decorah	IA	9:08	00:28:23.22
174	57/238	11/58	642	Trishe Karr	F	39	Winone	MN	9:08	00:28:23.32
175	118/211	22/39	651	Estiban Vega	M	31	Decorah	IA	9:08	00:28:23.72
176	119/211	9/10	149	Dalton Cale	M	17	Urbandale	IA	9:08	00:28:24.47
177	120/211	17/43	462	Davis Walter	M	9	Decorah	IA	9:09	00:28:27.18
178	121/211	15/24	185	Paul Dambek	M	48	Valparaiso	IN	9:10	00:28:29.41
179	122/211	17/21	234	Keon Garvin	M	25	Chicago	IL	9:10	00:28:30.43
180	58/238	12/58	440	Gwen Strand	F	38	Decorah	IA	9:11	00:28:32.89
181	59/238	9/38	374	Erica Ollendick	F	12	Lime Springs	IA	9:12	00:28:35.22
182	60/238	13/58	377	Deborah O'shea	F	39	Decorah	IA	9:12	00:28:36.15
183	61/238	10/38	460	Amelia Wadsworth	F	12	Waukon	IA	9:12	00:28:37.16
184	123/211	16/31	221	Alan Frey	M	55	Spring	TX	9:14	00:28:43.67
185	62/238	13/27	175	Sydney-Kate Cottrell	F	15	Portland	OR	9:14	00:28:43.88
186	124/211	16/24	174	Patrick Cottrell	M	45	Portland	OR	9:14	00:28:44.08
187	125/211	17/31	181	John Courtney	M	54	Decorah	IA	9:15	00:28:46.11
188	126/211	17/24	463	Jarrad Walter	M	42	Decorah	IA	9:16	00:28:49.72
189	127/211	18/24	607	T J Sturtz	M	48	Plano	TX	9:17	00:28:52.97
190	128/211	18/31	401	Al Renken	M	55	Decorah	IA	9:18	00:28:55.86
191	63/238	14/58	289	Jessica Hosper	F	37	Owatonna	MN	9:19	00:28:56.88
192	64/238	11/38	680	Olivia Syverson	F	20	Decorah	IA	9:21	00:29:03.42
193	65/238	9/14	214	Micala Folkedahl	F	19	Decorah	IA	9:21	00:29:03.62
194	129/211	19/31	662	Bob Hemesath	M	50	Decorah	IA	9:21	00:29:03.62
195	66/238	2/8	588	Mary Winger	F	62	Decorah	IA	9:21	00:29:04.24
196	67/238	15/58	466	Jodi Webb	F	32	Decorah	IA	9:22	00:29:08.35
197	68/238	16/58	350	Christina Mcnamara	F	34	Dubuque	IA	9:26	00:29:20.32
198	69/238	17/58	320	Jessica Lennon	F	39	Spillville	IA	9:26	00:29:21.15
199	70/238	12/38	120	Brenna Betts	F	20	Decorah	IA	9:27	00:29:22.37
200	130/211	23/39	317	Michael Labelle	M	39	Decorah	IA	9:27	00:29:22.58
201	71/238	18/58	146	Lizzie Burras	F	30	Decorah	IA	9:28	00:29:25.63
202	72/238	6/37	116	Nicole Bateman	F	40	Waterloo	IA	9:30	00:29:31.72
203	73/238	2/17	104	Ann Akre	F	50	Waukesha	WI	9:30	00:29:32.22
204	131/211	18/43	468	Henry Weis	M	13	Decorah	IA	9:30	00:29:32.34
205	74/238	14/27	105	Ayla Akre	F	15	Waukesha	WI	9:30	00:29:32.96
206	132/211	19/43	127	Carson Bohner	M	11	Decorah	IA	9:31	00:29:34.98
207	75/238	15/27	630	Addie Carlson	F	15	Bettendorf	IA	9:31	00:29:35.19
208	133/211	20/43	329	Rhys Long	M	13	Coralville	IA	9:32	00:29:38.97

Nordic Fest Elvelopet

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Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
209	76/238	19/58	164	Jenna Cline	F	33	Bondurant	IA	9:33	00:29:40.71
210	77/238	20/58	338	Katie Martin	F	32	Decorah	IA	9:33	00:29:42.75
211	78/238	21/58	265	Heidi Hassen	F	32	North Liberty	IA	9:34	00:29:43.47
212	79/238	22/58	403	Erin Richter	F	32	Mansfield	CT	9:34	00:29:44.80
213	80/238	11/38	485	Cora Aiels	F	11	Cedar Rapids	IA	9:34	00:29:44.80
214	134/211	20/31	294	David Jacobson	M	53	Belvidere	IL	9:34	00:29:45.46
215	81/238	7/37	684	Jennifer White	F	40	Des Moines	IA	9:36	00:29:50.72
216	82/238	23/58	150	Jen Canales	F	39	Des Moines	IA	9:36	00:29:50.91
217	83/238	10/14	673	Ellie Shuros	F	17	Saint Paul	MN	9:36	00:29:52.72
218	84/238	8/37	354	Jennifer Mikkelson	F	49	Dorchester	IA	9:37	00:29:52.93
219	135/211	21/31	328	Marc Long	M	52	Coralville	IA	9:40	00:30:04.15
220	136/211	24/39	249	Adam Hahner	M	36	Milwaukee	WI	9:41	00:30:07.72
221	137/211	21/43	316	Jameson Labelle	M	11	Decorah	IA	9:42	00:30:11.22
222	138/211	18/21	439	Jeremy Stenseth	M	27	Calmar	IA	9:44	00:30:16.22
223	85/238	24/58	472	Sarah Welper	F	36	Stewartville	MN	9:44	00:30:17.22
224	139/211	22/43	617	Mason Schultes	M	10	Edina	MN	9:45	00:30:20.37
225	140/211	23/43	618	Pcior Schultes	M	10	Edina	MN	9:46	00:30:21.72
226	86/238	3/17	313	Mary Koukkari	F	55	San Jose	CA	9:47	00:30:25.72
227	87/238	25/58	647	Christine Weeg	F	38	Plymouth	MN	9:48	00:30:27.44
228	141/211	25/39	390	Darin Peterson	M	36	Decorah	IA	9:49	00:30:32.12
229	88/238	13/38	151	Allie Canoy Illies	F	27	Rochester	MN	9:51	00:30:38.43
230	89/238	9/37	286	Emily Hook	F	44	Decorah	IA	9:51	00:30:39.22
231	142/211	24/26	689	Nate Sturtz	M	14	Indianola	IA	9:52	00:30:39.85
232	143/211	24/43	682	Cohen Berland	M	8	Decorah	IA	9:55	00:30:51.72
233	90/238	12/38	279	Mya Hoden	F	11	Dubuque	IA	9:56	00:30:53.45
234	144/211	22/31	129	Scott Bolson	M	50	Decorah	IA	9:57	00:30:55.49
235	91/238	10/37	224	Stacie Fry	F	49	Des Moines	IA	9:57	00:30:57.33
236	92/238	11/37	163	Barbara Clements	F	48	Russellville	AR	10:00	00:31:04.22
237	93/238	26/58	213	Erica Foley	F	38	Manchester	IA	10:00	00:31:04.43
238	94/238	27/58	599	Heidi Grimm	F	37	Nevada	IA	10:00	00:31:06.44
239	95/238	12/37	568	Annette Schweinefus	F	49	Decorah	IA	10:01	00:31:08.22
240	96/238	13/38	223	Kamryn Frey	F	9	Decorah	IA	10:01	00:31:09.28
241	97/238	14/38	358	Ashley Moore	F	21	Decorah	IA	10:02	00:31:10.71
242	98/238	15/38	429	Hannah Sikkink	F	21	Decorah	IA	10:02	00:31:11.72
243	99/238	3/8	365	Kathy Newkirk	F	61	Moline	IL	10:03	00:31:14.47
244	145/211	19/21	417	Thomas Ruppeiner	M	23	Ridgeway	IA	10:04	00:31:16.82
245	146/211	4/16	416	George Ruppeiner	M	66	Sarasota	FL	10:04	00:31:17.22
246	100/238	11/14	333	Kirsten Loynachan	F	19	Marion	IA	10:04	00:31:17.97
247	147/211	23/31	282	Jeff Holmquist	M	58	West Salem	WI	10:04	00:31:18.45
248	101/238	13/37	640	Kim Karr	F	40	Antioch	CA	10:05	00:31:20.68
249	102/238	28/58	162	Samantha Clark	F	31	Washington	DC	10:05	00:31:20.88
250	103/238	14/38	140	Grace Brynsaas	F	13	Decorah	IA	10:07	00:31:28.82
251	104/238	29/58	464	Dawn Walton	F	37	Atlantic	IA	10:07	00:31:28.82
252	105/238	16/38	299	Madelyn Jermier	F	20	Decorah	IA	10:10	00:31:37.14
253	106/238	14/37	678	Susanna Cole	F	47	Corpus Christi	TX	10:14	00:31:48.93
254	107/238	17/38	156	Andrea Carpenter	F	25	Sun Prairie	WI	10:14	00:31:49.47
255	148/211	25/43	637	Sawyer Courtney	M	10	Decorah	IA	10:16	00:31:54.47
256	108/238	18/38	679	Kayla Peterson	F	24	Decorah	IA	10:16	00:31:54.80
257	149/211	26/39	437	Ben Stenseth	M	30	Calmar	IA	10:17	00:31:59.47
258	109/238	15/38	292	Olivia Huinker	F	11	Decorah	IA	10:17	00:31:59.93
259	110/238	16/38	633	Stella Pole	F	11	Decorah	IA	10:17	00:31:59.93
260	111/238	16/27	260	Abby Halverson	F	15	Decorah	IA	10:18	00:32:01.35

Nordic Fest Elvelopet

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Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
261	112/238	17/27	272	Karen Henriquez	F	15	Decorah	IA	10:18	00:32:01.95
262	113/238	17/38	410	Megan Roe	F	13	Decorah	IA	10:18	00:32:02.47
263	114/238	19/38	584	Alexandra Wicks	F	28	Decorah	IA	10:19	00:32:04.97
264	150/211	24/31	621	Victor Augusta	M	51	Cary	NC	10:19	00:32:05.64
265	115/238	4/17	107	Beth Albertson	F	51	Calmar	IA	10:23	00:32:17.46
266	151/211	26/43	227	Jack Gallagher	M	3	Chicago	IL	10:24	00:32:20.51
267	116/238	18/38	123	Avery Bildstein	F	8	Cedar Rapids	IA	10:24	00:32:20.94
268	152/211	27/43	238	Max Goodner	M	10	Decorah	IA	10:24	00:32:20.94
269	153/211	27/39	228	Matt Gallagher	M	35	Chicago	IL	10:24	00:32:21.14
270	117/238	15/37	237	Cindy Goodner	F	40	Decorah	IA	10:24	00:32:21.15
271	118/238	19/38	302	Elsa Johnson	F	12	Decorah	IA	10:25	00:32:23.22
272	154/211	28/39	339	Ryan Martin	M	32	Decorah	IA	10:25	00:32:23.41
273	155/211	25/31	301	Andy Johnson	M	50	Decorah	IA	10:25	00:32:23.47
274	119/238	30/58	262	Jordan Hansen	F	38	Hudson	IA	10:25	00:32:24.21
275	120/238	20/38	675	Reese Hansen	F	10	Hudson	IA	10:25	00:32:24.21
276	121/238	21/38	307	Kelby Kerndt	F	11	Decorah	IA	10:26	00:32:26.61
277	122/238	12/14	220	Noelle Francisco	F	19	Westlake Village	CA	10:27	00:32:31.08
278	123/238	22/38	671	Claire Storhoff	F	11	Decorah	IA	10:29	00:32:35.18
279	156/211	19/24	243	Ben Grimstad	M	46	Decorah	IA	10:31	00:32:40.89
280	124/238	13/14	245	Rachel Grimstad	F	19	Decorah	IA	10:31	00:32:40.89
281	157/211	28/43	386	Philip Partello	M	13	Spirit Lake	IA	10:36	00:32:58.72
282	125/238	31/58	452	Renda Tollefson	F	38	Decorah	IA	10:37	00:33:01.97
283	126/238	20/38	458	Mariana Vega	F	27	Postville	IA	10:38	00:33:02.97
284	127/238	16/37	625	Larissa Rasmussen	F	43	Jackson	MN	10:39	00:33:06.22
285	128/238	21/38	747	Keegan Luzum	F	26	Decorah	IA	10:40	00:33:10.47
286	129/238	5/17	332	Ronda Lovelace	F	53	Rochester	MN	10:43	00:33:18.45
287	158/211	5/16	281	Don Holmertz	M	65	Decorah	IA	10:43	00:33:18.97
288	130/238	32/58	465	Liz Waters	F	34	Gardner	KS	10:43	00:33:20.07
289	131/238	17/37	300	Amy Johnson	F	45	Waukon	IA	10:43	00:33:20.47
290	132/238	6/17	236	Julie Goodman	F	57	Stoughton	WI	10:43	00:33:20.89
291	159/211	26/31	337	Jeffrey Martin	M	58	Decorah	IA	10:44	00:33:21.70
292	133/238	22/38	369	Courtney Nordheim	F	20	Decorah	IA	10:44	00:33:23.12
293	160/211	29/43	381	Carson Page	M	9	Vinton	IA	10:45	00:33:24.33
294	161/211	6/16	229	Mike Gallagher	M	65	Cedar Rapids	IA	10:45	00:33:24.47
295	162/211	7/16	595	Brede Hoibak Gundersen	M	71	Royse		10:46	00:33:27.97
296	163/211	30/43	356	Creed Monroe	M	12	Decorah	IA	10:48	00:33:36.23
297	164/211	31/43	352	Will Mcnamara	M	8	Dubuque	IA	10:49	00:33:36.72
298	134/238	23/38	423	Claire Seitzinger	F	26	Minneapolis	MN	10:49	00:33:37.67
299	135/238	24/38	481	Andrea Woodberry	F	25	Robbinsdale	MN	10:49	00:33:37.67
300	165/211	29/39	263	Lucas Harless	M	31	Calmar	IA	10:50	00:33:41.47
301	136/238	18/37	430	Holly Sires	F	46	Rochester	MN	10:52	00:33:47.72
302	137/238	23/38	674	Nat Roberts	F	13	Decorah	IA	10:53	00:33:49.22
303	138/238	25/38	177	Alexa Courtney	F	24	West Des Moines	IA	10:53	00:33:51.87
304	166/211	30/39	161	Carson Clark	M	36	Olsburg	KS	10:54	00:33:53.71
305	139/238	26/38	192	Lydia Dempsey	F	25	Iowa City	IA	10:54	00:33:54.11
306	140/238	18/27	564	Cassandra Rich	F	14	Fredericksburg	IA	10:55	00:33:55.95
307	141/238	24/38	152	Ava Carolan	F	11	Decorah	IA	10:56	00:34:00.72
308	142/238	19/37	153	Dana Carolan	F	41	Decorah	IA	10:56	00:34:00.80
309	143/238	20/37	196	Lara Dolphin	F	46	Gales Gerry	CT	10:58	00:34:04.65
310	144/238	7/17	479	Kirsten Witherspoon	F	50	Miles	IA	10:59	00:34:10.54
311	167/211	8/16	117	Jed Becker	M	68	Cresco	IA	11:00	00:34:12.16
312	145/238	27/38	666	Hannah Leeper	F	24	Denton	TX	11:01	00:34:14.39

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Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
313	168/211	32/43	477	Garrett Willie	M	12	Decorah	IA	11:02	00:34:17.44
314	146/238	14/14	205	Laura Elmquist	F	19	New Auburn	WI	11:05	00:34:26.19
315	147/238	21/37	208	Linda Ferris	F	44	Dresser	WI	11:05	00:34:26.97
316	169/211	9/16	619	Rasmus Sunde	M	75	Balestrand		11:06	00:34:29.97
317	148/238	33/58	398	Alison Puls	F	38	Cedar Falls	IA	11:07	00:34:33.93
318	149/238	4/8	258	Orbell Hall	F	98	Decorah	IA	11:07	00:34:35.00
319	170/211	27/31	259	Scott Hall	M	56	Decorah	IA	11:09	00:34:38.72
320	150/238	8/17	457	Hortencia Vega	F	51	Postville	IA	11:09	00:34:40.97
321	171/211	31/39	650	Daniel Deferned	M	31	Oxnard	CA	11:10	00:34:41.72
322	151/238	19/27	383	Elsa Page	F	15	Vinton	IA	11:12	00:34:48.78
323	152/238	25/38	627	Grace Blikre	F	12	Decorah	IA	11:12	00:34:49.60
324	153/238	9/17	295	Tammy Jacobson	F	53	Belvidere	IL	11:12	00:34:50.42
325	154/238	26/38	239	Natalie Goodner	F	12	Decorah	IA	11:14	00:34:56.55
326	155/238	34/58	395	Alex Poskin	F	32	Decorah	IA	11:15	00:34:58.00
327	156/238	28/38	217	Amanda Francisco	F	21	Westlake Village	CA	11:18	00:35:08.54
328	157/238	35/58	197	Sarah Dougherty	F	36	Huxley	IA	11:20	00:35:15.65
329	172/211	32/39	396	Jeff Poskin	M	32	Decorah	IA	11:24	00:35:25.72
330	173/211	33/43	670	Max Thole	M	10	Des Moines	IA	11:29	00:35:41.72
331	158/238	22/37	242	Amanda Grimm	F	40	Madrid	IA	11:29	00:35:42.97
332	159/238	36/58	691	Chelsea Smorstad	F	30	Cedar Rapids	IA	11:30	00:35:44.73
333	174/211	28/31	207	James Felt	M	51	Spicer	MN	11:30	00:35:45.44
334	160/238	5/8	531	Vickie Kroshus	F	63	Richfield	MN	11:32	00:35:50.47
335	161/238	23/37	170	Heather Cote	F	45	Decorah	IA	11:33	00:35:54.84
336	162/238	29/38	178	Breanna Courtney	F	28	West Des Moines	IA	11:34	00:35:56.71
337	175/211	34/43	645	Colton Elsbernd	M	9	Decorah	IA	11:35	00:36:00.47
338	176/211	25/26	112	Ryan Bacon	M	14	Fredericksburg	IA	11:35	00:36:01.22
339	177/211	33/39	451	Michael Tollefson	M	39	Decorah	IA	11:36	00:36:02.93
340	178/211	35/43	167	Kade Coenen	M	10	Urbandale	IA	11:36	00:36:04.14
341	179/211	10/16	343	Steve Matter	M	70	Decorah	IA	11:37	00:36:07.62
342	180/211	20/21	179	Dylan Courtney	M	26	West Des Moines	IA	11:38	00:36:09.47
343	163/238	10/17	255	Mary Hall	F	53	Decorah	IA	11:38	00:36:10.09
344	181/211	34/39	251	Doug Hall	M	31	Decorah	IA	11:38	00:36:10.22
345	164/238	6/8	293	Merry Hunter	F	64	Decorah	IA	11:38	00:36:11.53
346	165/238	37/58	415	Jacquelyn Ruen	F	38	Minneapolis	MN	11:41	00:36:20.22
347	166/238	38/58	453	Laurie Tope	F	37	Decorah	IA	11:45	00:36:31.88
348	167/238	30/38	158	Jenna Casper	F	27	Decorah	IA	11:52	00:36:53.97
349	168/238	39/58	240	Becky Gould	F	32	Chicago	IL	11:56	00:37:06.16
350	169/238	31/38	155	Hailey Carolan	F	28	Iowa City	IA	11:57	00:37:10.62
351	170/238	40/58	795	Stephanie Wagner	F	35	Des Moines	IA	11:57	00:37:10.71
352	182/211	35/39	442	Craig Taylor	M	36	Saint Ansgar	IA	12:00	00:37:19.97
353	183/211	29/31	264	Thomas Hartman	M	56	Decorah	IA	12:03	00:37:27.47
354	171/238	24/37	409	Janette Rodecap	F	44	Kansas City	MO	12:04	00:37:30.72
355	172/238	25/37	644	Sandy Harding	F	40	Madison	WI	12:04	00:37:31.97
356	184/211	36/43	312	Anthony Kocian	M	12	Decorah	IA	12:05	00:37:32.58
357	173/238	32/38	233	Claire Garvin	F	25	Chicago	IL	12:09	00:37:46.19
358	174/238	33/38	134	Emma Breitenstein	F	25	Edina	MN	12:09	00:37:46.20
359	185/211	11/16	244	Larry Grimstad	M	76	Decorah	IA	12:10	00:37:50.22
360	175/238	26/37	456	Amy Van Arkel	F	43	Cedar Falls	IA	12:12	00:37:55.47
361	186/211	21/21	186	Nick Davis	M	27	Decorah	IA	12:14	00:38:01.71
362	176/238	34/38	663	Morgan Gjere	F	26	Decorah	IA	12:16	00:38:08.47
363	177/238	27/37	182	Tonia Courtney	F	48	West Des Moines	IA	12:25	00:38:35.97
364	187/211	12/16	636	Karl Knudson	M	68	Decorah	IA	12:25	00:38:36.41

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Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
365	178/238	41/58	216	Lily Fouts	F	39	Overbrook	KS	12:27	00:38:41.68
366	188/211	37/43	683	Gabe Monroe	M	10	Decorah	IA	12:28	00:38:45.29
367	189/211	38/43	342	Zachary Mathew	M	11	Dubuque	IA	12:28	00:38:45.71
368	179/238	27/38	211	Kaia Finanger	F	8	Spring	TX	12:32	00:38:58.72
369	180/238	20/27	622	Bella Agusta	F	15	Cary	NC	12:35	00:39:07.83
370	181/238	28/38	209	Elin Finanger	F	6	The Woodlands	TX	12:37	00:39:14.34
371	182/238	42/58	210	Emily Finanger	F	39	Spring	TX	12:37	00:39:14.72
372	190/211	39/43	347	Nathaniel Mcinroy	M	8	Charles City	IA	12:39	00:39:20.86
373	183/238	43/58	635	Erica Reiser	F	38	Decorah	IA	12:40	00:39:21.46
374	191/211	36/39	271	Tyler Hendrickson	M	32	Iowa City	IA	12:40	00:39:22.97
375	184/238	29/38	115	Kiersten Bateman	F	13	Waterloo	IA	12:40	00:39:23.47
376	185/238	44/58	443	Hilary Teslow	F	39	Decorah	IA	12:43	00:39:32.22
377	186/238	45/58	296	Jessica Jensen	F	37	Burnsville	MN	12:45	00:39:37.47
378	187/238	28/37	445	Amy Tollefson	F	44	Decorah	IA	12:54	00:40:06.47
379	188/238	46/58	450	Melissa Tollefson	F	36	Decorah	IA	12:54	00:40:06.72
380	192/211	40/43	248	William Hahn	M	13	Decorah	IA	12:55	00:40:09.17
381	193/211	13/16	589	George Ruen	M	62	Decorah	IA	12:55	00:40:09.17
382	189/238	21/27	268	Hailey Heishman	F	15	Malcom	IA	12:56	00:40:12.02
383	190/238	22/27	269	Jerrica Heishman	F	16	Malcom	IA	12:56	00:40:12.22
384	194/211	41/43	171	Mason Cote	M	13	Decorah	IA	12:59	00:40:21.17
385	191/238	47/58	373	Jillian O'hollearn	F	31	Milwaukee	WI	13:10	00:40:56.47
386	192/238	29/37	348	Tia Mcinroy	F	41	Charles City	IA	13:10	00:40:57.46
387	195/211	37/39	137	Travis Bridges	M	38	Decorah	IA	13:13	00:41:04.19
388	193/238	48/58	318	Laura Lamb	F	37	Decorah	IA	13:13	00:41:04.97
389	194/238	23/27	198	Breanna Dvorak	F	16	Ridgeway	IA	13:13	00:41:05.21
390	195/238	30/37	341	Jenna Mathew	F	41	Dubuque	IA	13:15	00:41:11.69
391	196/238	30/38	340	Ainsley Mathew	F	9	Dubuque	IA	13:15	00:41:11.89
392	197/238	31/38	669	Kaity Thole	F	8	Urbandale	IA	13:17	00:41:19.02
393	198/238	49/58	668	Emily Stewart	F	34	Urbandale	IA	13:18	00:41:20.96
394	199/238	32/38	363	Brandi Nehls	F	9	Decorah	IA	13:20	00:41:27.71
395	200/238	31/37	124	Michelle Bildstein	F	40	Cedar Rapids	IA	13:22	00:41:33.71
396	201/238	24/27	219	Bella Francisco	F	16	Westlake Village	CA	13:23	00:41:35.72
397	202/238	50/58	349	Vanessa Mclain	F	37	Fairview	OK	13:29	00:41:54.41
398	203/238	11/17	218	Anne Francisco	F	51	Westlake Village	CA	13:29	00:41:56.43
399	204/238	51/58	407	Kristen Risser	F	36	Rochester	MN	13:30	00:41:57.64
400	205/238	52/58	250	Megan Hahner	F	34	Milwaukee	WI	13:33	00:42:07.44
401	206/238	33/38	114	Edyn Bateman	F	12	Ames	IA	13:34	00:42:09.27
402	207/238	12/17	623	Anne Lynch	F	53	Minneapolis	MN	13:37	00:42:18.72
403	208/238	25/27	690	Werner Paige	F	14	Decorah	IA	13:37	00:42:18.78
404	209/238	13/17	411	Joanie Rollins	F	58	Decorah	IA	13:37	00:42:21.22
405	210/238	35/38	314	Krista Krueger	F	29	Osage	IA	13:41	00:42:33.64
406	211/238	53/58	166	Kallie Cochran	F	31	Maxwelton	WV	13:48	00:42:53.72
407	196/211	20/24	384	Kirk Page	M	49	Vinton	IA	13:49	00:42:56.14
408	212/238	34/38	188	Ellie Delarosa	F	8	Decorah	IA	14:00	00:43:32.67
409	197/211	21/24	191	Rick Delarosa	M	43	Decorah	IA	14:00	00:43:32.67
410	198/211	26/26	427	Ethan Shimak	M	15	Cedar Rapids	IA	14:01	00:43:33.27
411	213/238	7/8	334	Janell Ludens	F	62	Cresco	IA	14:06	00:43:48.71
412	199/211	10/10	199	Sam Dvorak	M	18	Ridgeway	IA	14:13	00:44:12.83
413	214/238	54/58	206	Rachel England	F	32	Chicago	IL	14:16	00:44:21.97
414	215/238	14/17	646	Elsbernd Kathy	F	53	Decorah	IA	14:18	00:44:28.47
415	200/211	22/24	638	Jeff Foster	M	41	Des Moines	IA	14:25	00:44:50.00
416	216/238	32/37	639	Emily Wood	F	46	Des Moines	IA	14:25	00:44:50.21

Nordic Fest Elvelopet

July 27, 2019

Overall Results

5K Run

Place	Gender Plc/Total	Div Plc/Total	No.	Name	S	Age	City	St.	Pace	Time
417	201/211	14/16	215	Eric Forsberg	M	70	Minneapolis	MN	14:30	00:45:05.45
418	217/238	35/38	274	Maggie Herath	F	12	La Crosse	WI	14:30	00:45:05.97
419	202/211	23/24	357	Darin Monroe	M	45	Decorah	IA	14:40	00:45:36.93
420	218/238	8/8	246	Nancy Grinna	F	66	Postville	IA	14:51	00:46:09.60
421	219/238	15/17	380	Barb Page	F	50	Vinton	IA	14:55	00:46:21.59
422	220/238	36/38	187	Charlotte Delarosa	F	6	Decorah	IA	15:15	00:47:25.46
423	203/211	38/39	687	Darren Vick	M	30	Decorah	IA	15:17	00:47:31.22
424	221/238	26/27	128	Abby Bolson	F	16	Decorah	IA	15:17	00:47:31.65
425	222/238	55/58	190	Jenn Delarosa	F	37	Decorah	IA	15:18	00:47:33.25
426	204/211	42/43	482	Nicholas Yates	M	13	Suffolk	VA	15:22	00:47:45.10
427	223/238	27/27	643	Isabelle Maunbaert	F	14	Stockholm		15:44	00:48:55.33
428	224/238	33/37	428	Janel Shimak	F	48	Cedar Rapids	IA	15:54	00:49:26.16
429	225/238	16/17	270	Mary Ann Hendrickson	F	58	Iowa City	IA	15:54	00:49:27.18
430	205/211	15/16	455	Paul Ulvilden	M	60	Decorah	IA	16:29	00:51:13.32
431	206/211	24/24	660	Randy Lovstuen	M	48	Henderson	NV	16:30	00:51:17.15
432	226/238	34/37	661	Tirzach Garner	F	44	Henderson	NV	16:30	00:51:17.97
433	227/238	35/37	326	Beth Long	F	45	Coralville	IA	16:30	00:51:18.18
434	228/238	56/58	432	Danielle Smith	F	34	Decorah	IA	16:47	00:52:10.68
435	229/238	36/38	353	Hannah Meyer	F	26	Decorah	IA	17:46	00:55:13.21
436	230/238	57/58	444	Samantha Thiele	F	30	Decorah	IA	18:37	00:57:50.66
437	231/238	37/38	200	Sophia Dvorak	F	12	Ridgeway	IA	18:55	00:58:47.65
438	207/211	16/16	252	Gary Hall	M	77	Decorah	IA	18:56	00:58:49.87
439	232/238	36/37	173	Erika Cottrell	F	47	Portland	OR	19:55	01:01:55.22
440	233/238	17/17	254	Marti Hall	F	56	Decorah	IA	19:56	01:01:56.21
441	234/238	37/38	253	Lauren Hall	F	28	Decorah	IA	19:56	01:01:56.25
442	208/211	39/39	101	Brad Abraham	M	34	Decorah	IA	19:56	01:01:58.32
443	209/211	30/31	257	Michael Hall	M	57	Decorah	IA	19:56	01:01:58.32
444	235/238	37/37	159	Bonnie Christensen	F	48	Clive	IA	20:34	01:03:54.95
445	210/211	31/31	160	Chad Christensen	M	50	Clive	IA	20:34	01:03:55.95
446	211/211	43/43	126	Samuel Bills	M	5	Decorah	IA	20:56	01:05:05.39
447	236/238	58/58	125	Melissa Bills	F	38	Decorah	IA	20:56	01:05:05.40
448	237/238	38/38	362	Kjerstin Narvesen	F	25	Fargo	ND	23:21	01:12:33.35
449	238/238	38/38	201	Penny Eastling	F	4	Eagan	MN	23:21	01:12:33.55