

Long Island Police Appreciation 5K Run

June 6, 2019

Overall Division Results

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	9/348	1/159	364	Maya Spottiswood	16	F	Merrick	NY		6:26	00:20:01.21

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	1/348	1/189	275	David Putterman	37	M	Rockville Centre	NY		5:45	00:17:54.17

Female Overall Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	67/348	13/159	387	Catrina Rhatigan	37	F	Armonk	NY	Yes	7:54	00:24:34.19
2	95/348	25/159	336	Dawn Whitmarsh	48	F	Sayville	NY	Yes	8:20	00:25:53.63
3	103/348	29/159	306	Samantha Sepulveda	35	F	Freeport	NY	Yes	8:28	00:26:18.39

Male Overall Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	2/348	2/189	231	Anthony Morales	27	M	Hicksville	NY	Yes	5:46	00:17:56.50
2	6/348	6/189	365	Mark Spottiswood	44	M	Bellmore	NY	Yes	6:13	00:19:21.42
3	12/348	11/189	324	Armando Urbina	42	M	Mineola	NY	Yes	6:32	00:20:19.25

Female Masters Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	140/348	41/159	212	Kim McGreevey	49	F	Nesconset	NY	Yes	9:14	00:28:41.44
2	152/348	47/159	79	Jo-Ann Distler	58	F	Merrick	NY	Yes	9:24	00:29:12.75
3	164/348	54/159	274	Yvette Puentes	48	F	Levittown	NY	Yes	9:45	00:30:20.55

Male Masters Law Enforcement

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	17/348	15/189	114	Steven Gerardi	62	M	East Meadow	NY	Yes	6:46	00:21:02.07
2	28/348	24/189	280	Paul Rauseo	59	M	Huntington Station	NY	Yes	7:07	00:22:09.00
3	42/348	38/189	216	Scott Mckevitt	45	M	Oyster Bay	NY	Yes	7:21	00:22:50.43

Female Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	240/348	99/159	362	Bari Gelfand	13	F	Old Bethpage	NY		11:48	00:36:39.95

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Overall Division Results

Male Ages 01 - 14

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	27/348	23/189	370	Connor Ronan	13	M	Floral Park	NY		7:06	00:22:06.39
2	160/348	109/189	186	Noah Mach	12	M	Bellmore	NY		9:38	00:29:57.64
3	171/348	113/189	208	Patrick K. McCormack	12	M	Garden City	NY		9:55	00:30:49.85
4	194/348	125/189	27	Brian Berman	13	M	Shirley	NY		10:27	00:32:28.99
5	244/348	144/189	159	Spencer Keschner	13	M	Woodbury	NY		11:54	00:36:59.46
6	295/348	168/189	144	Noah Imbriani	8	M	Bethpage	NY		14:17	00:44:25.34
7	336/348	186/189	393	Nicholis Tercynski	11	M	Williston Park	NY		17:39	00:54:50.88

Female Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	19/348	3/159	248	Natalia Nowakowski	16	F	Dix Hills	NY		6:51	00:21:17.27
2	270/348	112/159	90	Katelyn Escorcia	17	F	Mineola	NY		12:47	00:39:44.52
3	343/348	156/159	239	Kayla Myles	17	F	Levittown	NY		18:23	00:57:09.65
4	344/348	157/159	241	Shannon Myles	19	F	Levittown	NY		18:24	00:57:10.45
5	345/348	158/159	16	Deanna Barrera	19	F	Levittown	NY		18:24	00:57:10.46

Male Ages 15 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	33/348	29/189	194	Christian Marinello	17	M	East Meadow	NY		7:13	00:22:25.45
2	63/348	52/189	206	Owen McCormack	16	M	Garden City	NY		7:52	00:24:27.88
3	73/348	58/189	89	Andrew Escorcia	16	M	Mineola	NY		8:02	00:25:00.37

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	62/348	11/159	169	Kristyn Kumpfbeck	22	F	Smithtown	NY		7:51	00:24:23.50
2	114/348	32/159	34	Caitlin Breivogel	22	F	Bellmore	NY		8:43	00:27:06.69
3	139/348	40/159	298	Lisa Sala	24	F	Massapequa Park	NY		9:12	00:28:37.60

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	7/348	7/189	250	Carl Patrick O'brien	23	M	East Meadow	NY		6:21	00:19:44.76
2	8/348	8/189	379	Julian Franz	20	M	Nesconset	NY		6:24	00:19:53.67
3	223/348	135/189	181	Austin Lester	24	M	Plainviewplainview	NY		11:16	00:35:02.34
4	246/348	146/189	392	Cristian Sanchez	24	M	Westbury	NY		11:56	00:37:05.34
5	321/348	182/189	354	Matthew Gerson	24	M	East Meadow	NY		16:37	00:51:38.12

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Overall Division Results

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	13/348	2/159	52	Annmarie Charno	27	F	Seaford	NY		6:37	00:20:35.85
2	68/348	14/159	10	Kaitlyn Arnold	29	F	Smithtown	NY		7:58	00:24:47.75
3	98/348	27/159	287	Maria Camila Rengifo	25	F	Hicksville	NY		8:22	00:26:01.95
4	119/348	35/159	25	Laura Bellotti	29	F	Huntington Station	NY		8:48	00:27:23.25
5	123/348	36/159	367	Nicole Pandolfo	26	F	Commack	NY		8:52	00:27:35.72
6	169/348	57/159	113	Anna Garlinska	29	F	Rockville Centre	NY	Yes	9:51	00:30:38.99
7	172/348	59/159	168	Kaitlyn Kralick	27	F	Levittown	NY		9:56	00:30:51.88
8	178/348	62/159	62	Kerin Cunningham	27	F	East Meadow	NY		10:02	00:31:11.54
9	200/348	73/159	221	Jacquelyn Medrano	29	F	Floral Park	NY		10:43	00:33:20.22
10	201/348	74/159	4	Diana Aghabekian	28	F	Levittown	NY		10:45	00:33:24.49
11	213/348	81/159	348	Candice Barone	26	F	Massapequa	NY		10:57	00:34:03.24
12	218/348	84/159	148	Christine Johnsen	29	F	Rockville Centre	NY		11:11	00:34:45.50
13	221/348	87/159	238	Hayley Myles	25	F	Levittown	NY		11:13	00:34:53.49
14	275/348	114/159	26	Allison Bergman	25	F	Merrick	NY		12:56	00:40:13.23
15	298/348	129/159	321	Kerry Tremblay	27	F	Huntington	NY		14:32	00:45:09.48
16	328/348	143/159	193	Olivia Marcoccia	29	F	Huntington Station	NY		17:01	00:52:54.60

Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	11/348	10/189	69	Dominik Dec	27	M	Sokolow Mlp.			6:30	00:20:13.00
2	49/348	43/189	195	Nicholas Marinello	25	M	East Meadow	NY		7:32	00:23:24.93
3	90/348	68/189	179	Michael Leeb	29	M	West Hempstead	NY	Yes	8:15	00:25:40.80
4	274/348	161/189	201	Brian Mcallister	27	M	Massapequa	NY		12:56	00:40:13.11
5	347/348	188/189	302	Michael Schliemann	27	M	Smithtown	NY		20:58	01:05:09.21

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	54/348	7/159	75	Nicole Dietsche	31	F	Bay Shore	NY		7:38	00:23:44.43
2	60/348	10/159	29	Lisa Bonanni	32	F	Selden	NY		7:49	00:24:19.75
3	93/348	24/159	15	Katerine Yessenia Barillas Santc	30	F	Port Washington	NY		8:18	00:25:49.25
4	117/348	34/159	117	Heather Glogower	31	F	West Hempstead	NY		8:46	00:27:16.43
5	144/348	43/159	178	Ashley Learned	30	F	Westbury	NY	Yes	9:18	00:28:54.85
6	170/348	58/159	284	Jackie Reed	31	F	Massapequa	NY		9:52	00:30:41.69
7	176/348	61/159	341	Andrea Yorek	32	F	East Meadow	NY		9:59	00:31:02.59
8	191/348	69/159	390	Glenda Chin	31	F	Little Neck	NY		10:21	00:32:12.24
9	202/348	75/159	188	Karen Maldonado	34	F	Wyandanch	NY		10:46	00:33:28.49
10	205/348	76/159	291	Theresa Rios	31	F	Deer Park	NY		10:47	00:33:32.21
11	209/348	79/159	13	Mary Bambino	33	F	Westbury	NY		10:54	00:33:52.24
12	237/348	97/159	68	Kine David	30	F	Brooklyn	NY		11:45	00:36:30.61
13	286/348	121/159	358	Marina Moreno	34	F	Freeport	NY		13:31	00:42:00.98

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Overall Division Results

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	3/348	3/189	106	Samuel Fox	34	M	Merrick	NY		5:46	00:17:57.76
2	14/348	12/189	283	David Reed	34	M	Massapequa	NY	Yes	6:38	00:20:38.00
3	20/348	17/189	198	Keith Masso	32	M	Glen Cove	NY		6:51	00:21:17.68
4	32/348	28/189	382	Dan Gibson	30	M	Shirley	NY	Yes	7:11	00:22:19.79
5	36/348	32/189	369	Jonathon Lee	30	M	Huntington Station	NY		7:13	00:22:28.08
6	39/348	35/189	389	Andrew Chin	33	M	Little Neck	NY	Yes	7:15	00:22:32.96
7	61/348	51/189	149	John B Johnsen	32	M	Rockville Centre	NY		7:49	00:24:19.96
8	80/348	61/189	329	Sean Vogel	34	M	Huntington	NY		8:09	00:25:20.08
9	168/348	112/189	48	Robert Caserta	32	M	Levittown	NY		9:51	00:30:38.24
10	259/348	153/189	327	Kevin Viola	30	M	Massapequa	NY		12:26	00:38:38.74
11	296/348	169/189	43	Salvatore Canova	31	M	Massapequa	NY		14:31	00:45:06.91
12	300/348	170/189	126	Kyle Hansen	31	M	Bay Shore	NY		14:38	00:45:30.25

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	22/348	4/159	115	Samantha Gesuele	39	F	Smithtown	NY		6:52	00:21:23.16
2	43/348	5/159	85	Annemarie Dunn	37	F	West Babylon	NY		7:23	00:22:56.94
3	96/348	26/159	388	Theresa Juva-Brown	35	F	Oakland Gardens	NY		8:20	00:25:56.27
4	125/348	37/159	345	Dawn Konopka	39	F	Ridge	NY		8:54	00:27:39.36
5	146/348	44/159	244	Alexandra Nigolian	35	F	New York	NY		9:19	00:28:58.90
6	147/348	45/159	104	Amanda Foss	35	F	Levittown	NY		9:20	00:29:00.92
7	154/348	48/159	180	Kristin Leicht	39	F	East Meadow	NY		9:25	00:29:16.80
8	155/348	49/159	292	Christine Ross	35	F	Farmingville	NY		9:28	00:29:25.95
9	162/348	52/159	277	Veronica Ramaci	39	F	Centereach	NY		9:39	00:30:00.67
10	167/348	56/159	300	Jennifer Santos	35	F	Levittown	NY		9:50	00:30:33.49
11	173/348	60/159	333	Susan Wall	37	F	Massapequa	NY		9:56	00:30:52.48
12	185/348	65/159	98	Chrissy Fiore	38	F	Massapequa	NY		10:08	00:31:29.23
13	206/348	77/159	303	Filomena Scholl	37	F	Massapequa	NY		10:49	00:33:36.88
14	207/348	78/159	170	Sarah La Rocco	36	F	Bellmore	NY		10:50	00:33:40.12
15	212/348	80/159	65	Annmarie Custodio	37	F	Huntington Station	NY		10:57	00:34:03.07
16	220/348	86/159	78	Pamela Dippel	36	F	Levittown	NY		11:13	00:34:51.36
17	293/348	126/159	315	Amanda Strong	35	F	Patchogue	NY		14:10	00:44:03.63
18	294/348	127/159	143	Heather Imbriani	37	F	Bethpage	NY		14:17	00:44:25.14
19	319/348	139/159	175	Erika Lagrassa	36	F	Baldwin	NY		16:18	00:50:39.47
20	341/348	154/159	256	Janelle Olsen	39	F	Ronkonkoma	NY		18:19	00:56:57.22

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Overall Division Results

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	4/348	4/189	146	Joshua Jastemski	39	M	Medford	NY		5:53	00:18:19.51
2	5/348	5/189	86	Matt Dunn	39	M	West Babylon	NY		6:12	00:19:17.55
3	16/348	14/189	323	Kenneth Tymecki Jr	35	M	Levittown	NY	Yes	6:43	00:20:52.14
4	18/348	16/189	309	Bradley Smith	39	M	Plainview	NY		6:47	00:21:05.93
5	21/348	18/189	42	Miguel E Cabrera	36	M	Great Neck	NY		6:51	00:21:18.92
6	23/348	19/189	353	Dennis Mckeefery	39	M	Long Beach	NY	Yes	6:55	00:21:31.06
7	26/348	22/189	160	Ahmed Kessba	37	M	Baldwin	NY	Yes	7:06	00:22:05.50
8	35/348	31/189	299	Daniel Salerno	36	M	Merrick	NY		7:13	00:22:27.47
9	50/348	44/189	5	Abe Ahmed	36	M	Shirley	NY	Yes	7:33	00:23:29.00
10	59/348	50/189	391	David Drebsky	38	M	Plainview	NY		7:43	00:24:00.07
11	92/348	69/189	232	Erik Moreno	36	M	Freeport	NY	Yes	8:18	00:25:49.25
12	109/348	79/189	337	Mike Wisniewski	38	M	North Babylon	NY		8:31	00:26:29.25
13	111/348	81/189	105	Michael Fox	37	M	Deer Park	NY	Yes	8:40	00:26:57.74
14	115/348	83/189	74	Michael Desrosiers	35	M	Wantagh	NY	Yes	8:45	00:27:12.38
15	120/348	85/189	334	Kyle Wendel	38	M	Hicksville	NY		8:49	00:27:24.98
16	129/348	92/189	377	Christopher Seaman	39	M	Merrick	NY		8:59	00:27:57.41
17	217/348	134/189	77	Eric Dippel	39	M	Levittown	NY		11:10	00:34:43.27
18	243/348	143/189	384	John Mcgee	35	M	East Meadow	NY	Yes	11:52	00:36:54.99
19	278/348	163/189	131	Mike Hengerle	39	M	Ronkonkoma	NY		13:12	00:41:01.40

Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	47/348	6/159	128	Karen Harte	44	F	West Islip	NY		7:25	00:23:03.23
2	66/348	12/159	121	Jennifer Granai	42	F	Levittown	NY		7:54	00:24:33.50
3	85/348	22/159	343	Catie Zientarski	41	F	Bellmore	NY		8:13	00:25:32.23
4	112/348	31/159	51	Melissa Castka	40	F	Bellmore	NY		8:41	00:26:58.95
5	116/348	33/159	205	Kristin McCormack	44	F	Garden City	NY		8:46	00:27:14.40
6	141/348	42/159	185	Vanessa Lockel	42	F	Miller Place	NY		9:15	00:28:45.32
7	149/348	46/159	130	Dorothy Hayde	44	F	Smithtown	NY		9:22	00:29:07.74
8	188/348	66/159	24	Jennifer Belliveau	41	F	Bellmore	NY		10:11	00:31:40.24
9	190/348	68/159	268	Meredith Petry	44	F	Merrick	NY		10:18	00:32:01.24
10	198/348	71/159	6	Jennifer Akron	42	F	Wantagh	NY	Yes	10:42	00:33:15.95
11	219/348	85/159	310	Jennifer Smith	41	F	Saint James	NY		11:11	00:34:45.70
12	228/348	93/159	41	Arline Butts	41	F	Hicksville	NY	Yes	11:30	00:35:44.33
13	261/348	107/159	261	Valerie Oviedo	40	F	Mineola	NY		12:36	00:39:11.40
14	264/348	108/159	289	Pamala Ricotta	44	F	Bellmore	NY		12:39	00:39:21.16
15	284/348	119/159	50	Erin Casper	42	F	Smithtown	NY		13:28	00:41:51.73
16	337/348	151/159	190	Fran Manfredini	44	F	Lynbrook	NY		17:42	00:54:59.80
17	340/348	153/159	276	Laura Raad	43	F	Mineola	NY		18:19	00:56:56.46

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Overall Division Results

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	82/348	62/189	285	Declan Reidy	43	M	Malverne	NY		8:10	00:25:24.73
2	86/348	64/189	2	Christian Addison	42	M	Huntington Station	NY	Yes	8:14	00:25:36.00
3	101/348	73/189	262	John Panicola	41	M	Huntington	NY		8:25	00:26:10.44
4	113/348	82/189	355	Chris Hall	44	M	Farmingdale	NY		8:42	00:27:02.85
5	132/348	95/189	102	Raul Flores	43	M	Astoria	NY	Yes	9:02	00:28:04.31
6	174/348	114/189	171	Peter Labarca	43	M	Hicksville	NY		9:56	00:30:54.49
7	182/348	118/189	286	William Reitz	44	M	West Islip	NY		10:07	00:31:26.24
8	184/348	120/189	32	Matthew Boorman	44	M	West Hempstead	NY	Yes	10:08	00:31:29.23
9	262/348	155/189	260	Saul Oviedo	43	M	Mineola	NY		12:36	00:39:11.48
10	273/348	160/189	312	Stephen Sprague	41	M	Floral Park	NY		12:54	00:40:06.26
11	277/348	162/189	66	Andrew Dalbey	43	M	Lindenhurst	NY		13:12	00:41:01.21
12	348/348	189/189	273	Jake Preda	40	M	Williston Park	NY		20:58	01:05:09.46

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	56/348	8/159	317	Jenney Tesoriero	48	F	Westbury	NY		7:39	00:23:47.68
2	70/348	15/159	91	Laura Fabrizi	47	F	Lake Grove	NY		8:01	00:24:56.00
3	74/348	16/159	57	Connie Connor	47	F	Massapequa	NY		8:03	00:25:00.97
4	77/348	19/159	258	Rivky Orlow	45	F	Jamaica	NY		8:06	00:25:11.94
5	84/348	21/159	233	Bernadette Mouzithras	45	F	Selden	NY		8:12	00:25:29.50
6	224/348	89/159	316	Mary Tercynski	47	F	Williston Park	NY		11:19	00:35:12.24
7	232/348	94/159	282	Jodi Record	47	F	Smithtown	NY		11:36	00:36:02.59
8	239/348	98/159	361	Janet Scheiner	49	F	Old Bethpage	NY		11:48	00:36:39.95
9	241/348	100/159	20	Gigi Becker	45	F	Huntington Station	NY		11:49	00:36:44.24
10	256/348	105/159	120	Tamara Gordon	48	F	Centereach	NY		12:17	00:38:12.37
11	257/348	106/159	196	Nicole Marinello	49	F	East Meadow	NY		12:21	00:38:22.49
12	266/348	110/159	58	Deanna Correia	48	F	Westbury	NY		12:40	00:39:23.20
13	276/348	115/159	172	Truc Labarca	47	F	Hicksville	NY		12:59	00:40:21.22
14	281/348	117/159	301	Kari Schlessinger	45	F	Ronkonkoma	NY		13:23	00:41:35.98
15	285/348	120/159	7	Melissa Altschuler	46	F	Freeport	NY		13:30	00:41:57.98
16	291/348	124/159	21	Adria Bedell	46	F	Hicksville	NY		13:57	00:43:23.42
17	330/348	145/159	38	Melissa Brown	49	F	Huntington	NY		17:07	00:53:11.72
18	334/348	149/159	28	Christine Berman	46	F	Shirley	NY		17:20	00:53:52.22
19	338/348	152/159	67	Richelle Dalbey	48	F	Lindenhurst	NY		17:42	00:55:00.62
20	342/348	155/159	240	Mary Myles	49	F	Massapequa Park	NY		18:23	00:57:09.44

Long Island Police Appreciation 5K Run

June 6, 2019

Overall Division Results

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	10/348	9/189	267	Tommy Pereira	49	M	Levittown	NY		6:29	00:20:11.30
2	25/348	21/189	257	Adam Orlow	45	M	Jamaica	NY		7:01	00:21:49.73
3	45/348	40/189	54	Charles Ciarfello	48	M	Smithtown	NY		7:24	00:23:01.00
4	53/348	47/189	253	Jim O'melia	49	M	Kings Park	NY	Yes	7:37	00:23:41.50
5	72/348	57/189	145	Stephen Janec	49	M	Westbury	NY	Yes	8:02	00:24:57.94
6	97/348	71/189	81	Kevin Donohue	49	M	Bay Shore	NY		8:22	00:25:59.92
7	102/348	74/189	380	Joe Franoli	49	M	East Meadow	NY	Yes	8:27	00:26:17.00
8	128/348	91/189	55	Thomas Coll	48	M	Massapequa Park	NY	Yes	8:59	00:27:55.75
9	134/348	97/189	207	Patrick McCormack	45	M	Garden City	NY		9:06	00:28:17.96
10	156/348	107/189	325	James Vara	48	M	Holbrook	NY	Yes	9:29	00:29:28.58
11	157/348	108/189	243	Ron Nelson	49	M	Hicksville	NY		9:29	00:29:29.75
12	161/348	110/189	304	Tom Seaman	47	M	Merrick	NY		9:39	00:29:59.24
13	186/348	121/189	3	Richard Afanador	48	M	Shirley	NY		10:10	00:31:35.50
14	196/348	126/189	165	Robert Kopetic	48	M	Glen Head	NY		10:40	00:33:09.88
15	231/348	138/189	371	Jim Keane	48	M	Oyster Bay	NY		11:35	00:35:59.95
16	245/348	145/189	158	Mitchell Keschner	46	M	Woodbury	NY		11:54	00:36:59.49

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	107/348	30/159	191	Linda Manno	52	F	Lindenhurst	NY		8:29	00:26:24.46
2	189/348	67/159	386	Ellen Dunn	51	F	Massapequa	NY		10:16	00:31:56.00
3	195/348	70/159	373	Eileen Walter	51	F	Bethpage	NY	Yes	10:34	00:32:51.23
4	199/348	72/159	64	Theresa Curry	52	F	East Norwich	NY		10:42	00:33:17.37
5	215/348	82/159	35	Carolyn Breivogel	54	F	Bellmore	NY		11:02	00:34:18.72
6	216/348	83/159	296	Karen Rothschild	53	F	Williston Park	NY		11:05	00:34:28.99
7	226/348	91/159	247	Nancy Nowak	50	F	Mineola	NY		11:26	00:35:33.38
8	250/348	102/159	328	Lis Voce	54	F	Long Beach	NY		11:58	00:37:13.71
9	265/348	109/159	192	Linda Manton	52	F	Levittown	NY	Yes	12:40	00:39:21.73
10	268/348	111/159	215	Erin Mcintyre	52	F	Massapequa	NY		12:45	00:39:38.63
11	331/348	146/159	213	Julie Mcguinness	53	F	East Islip	NY		17:12	00:53:28.53
12	333/348	148/159	294	Valerie Rossetti	52	F	East Islip	NY		17:12	00:53:28.95

Long Island Police Appreciation 5K Run

June 6, 2019

Overall Division Results

Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	15/348	13/189	381	Qiang Chen	51	M	Syosset	NY		6:41	00:20:48.75
2	40/348	36/189	311	Robert Smith	51	M	Northport	NY		7:16	00:22:37.48
3	44/348	39/189	363	Billy Johnson	52	M	Long Beach	NY		7:23	00:22:58.50
4	51/348	45/189	349	Dan Murphy	53	M	Nesconset	NY	Yes	7:34	00:23:32.25
5	69/348	55/189	332	Ben Walden	51	M	Centerport	NY		8:00	00:24:53.47
6	83/348	63/189	352	Steven Horowitz	51	M	Hempstead	NY	Yes	8:11	00:25:27.35
7	87/348	65/189	331	Mike Vulpis	51	M	Islip Terrace	NY		8:14	00:25:36.25
8	105/348	76/189	378	Joseph Savino	50	M	Maspeth	NY	Yes	8:28	00:26:21.41
9	118/348	84/189	82	Nate Doss	52	M	Massapequa	NY		8:48	00:27:21.50
10	122/348	87/189	107	Steven Friedland	54	M	Great Neck	NY		8:51	00:27:32.47
11	127/348	90/189	33	James Boyle	53	M	Massapequa	NY		8:58	00:27:54.18
12	179/348	117/189	295	Joe Rothschild	50	M	Williston Park	NY		10:02	00:31:12.74
13	197/348	127/189	211	Thomas Mcgillicuddy	53	M	Glen Head	NY		10:40	00:33:10.49
14	255/348	151/189	40	Richard Burke	53	M	Merrick	NY		12:16	00:38:09.72
15	327/348	185/189	203	Chris Mccaffrey	52	M	Bellmore	NY		17:00	00:52:50.31

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	57/348	9/159	153	Andrea Kantor	55	F	East Islip	NY		7:39	00:23:48.49
2	75/348	17/159	246	Karen Nora	58	F	Northport	NY		8:03	00:25:02.82
3	81/348	20/159	330	Dee Vogt	59	F	Huntington	NY		8:10	00:25:22.50
4	91/348	23/159	122	Ellen Greenspan	58	F	Mill Neck	NY		8:16	00:25:43.24
5	138/348	39/159	110	Maria Fucella	58	F	Levittown	NY		9:11	00:28:32.50
6	158/348	50/159	101	Sue Fitzpatrick	59	F	Dix Hills	NY		9:29	00:29:30.00
7	159/348	51/159	80	Susan Donnelly	55	F	Mount Sinai	NY		9:37	00:29:54.52
8	227/348	92/159	183	Terri Lester	55	F	Plainview	NY		11:28	00:35:40.49
9	236/348	96/159	137	Hildy Hirsch	57	F	Commack	NY		11:40	00:36:14.99
10	249/348	101/159	151	Jodi Kahn	57	F	Great Neck	NY		11:58	00:37:13.71
11	253/348	103/159	23	Susan Bellantoni	58	F	Long Beach	NY		12:05	00:37:34.81
12	280/348	116/159	368	Marcy Garcia	55	F	East Meadow	NY	Yes	13:22	00:41:33.73
13	297/348	128/159	322	Nancy Tremblay	58	F	Huntington	NY		14:32	00:45:09.34
14	308/348	134/159	184	Luisa Lezaja	55	F	Mineola	NY		15:13	00:47:18.73
15	309/348	135/159	47	Carol Caserta	59	F	Levittown	NY		15:23	00:47:50.25
16	313/348	137/159	53	Pat Charno	56	F	Seaford	NY		15:35	00:48:26.99
17	316/348	138/159	346	Elaine Rossi	57	F	East Meadow	NY		16:08	00:50:08.97
18	322/348	140/159	249	Laurie Nunez	56	F	Bellmore	NY		16:50	00:52:19.70
19	329/348	144/159	234	Kiran Mulchan	55	F	Plainview	NY		17:07	00:53:11.67
20	335/348	150/159	313	Debra Stewart	55	F	Selden	NY		17:20	00:53:52.86

Long Island Police Appreciation 5K Run

June 6, 2019

Overall Division Results

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	24/348	20/189	356	Michael Casale	58	M	Bellmore	NY		7:00	00:21:46.25
2	31/348	27/189	37	Scott Brennan	58	M	East Meadow	NY		7:10	00:22:18.25
3	34/348	30/189	59	Beak Cosenza	56	M	Lynbrook	NY		7:13	00:22:26.26
4	37/348	33/189	30	Paul Bonanni	58	M	Selden	NY		7:14	00:22:28.70
5	41/348	37/189	200	Bill Mazza	57	M	West Gilgo Beach	NY		7:20	00:22:48.75
6	71/348	56/189	95	Karl Fassberger	59	M	Centerport	NY		8:01	00:24:57.25
7	88/348	66/189	36	Robert Breivogel	56	M	Bellmore	NY		8:15	00:25:38.75
8	89/348	67/189	134	Pedro Hernandez	56	M	East Elmhurst	NY		8:15	00:25:39.17
9	94/348	70/189	307	Steven Simmons	58	M	Massapequa	NY	Yes	8:18	00:25:49.32
10	99/348	72/189	167	Joe Kotak	57	M	Hauppauge	NY	Yes	8:23	00:26:02.95
11	104/348	75/189	237	Thomas Murray	58	M	Hauppauge	NY	Yes	8:28	00:26:21.00
12	106/348	77/189	9	John Arnold	57	M	North Massapequa	NY		8:29	00:26:23.24
13	108/348	78/189	372	Brian Fallon	56	M	East Northport	NY		8:30	00:26:26.48
14	126/348	89/189	182	Gerard Lester	56	M	Plainview	NY		8:57	00:27:48.93
15	130/348	93/189	357	Gerard Shanley	58	M	Greenlawn	NY	Yes	9:00	00:27:59.50
16	133/348	96/189	56	Tom Colleran	56	M	Shirley	NY		9:03	00:28:07.97
17	135/348	98/189	374	Robert Mcintyre	59	M	Massapequa	NY		9:07	00:28:21.17
18	183/348	119/189	225	Stuart Millman	55	M	Kings Park	NY		10:07	00:31:28.19
19	214/348	133/189	297	Gerard Ruiz	59	M	Hicksville	NY		10:58	00:34:06.32
20	238/348	141/189	360	Adam Scheiner	56	M	Old Bethpage	NY	Yes	11:47	00:36:39.74
21	248/348	148/189	314	Rich Stewart	55	M	Bethpage	NY		11:57	00:37:09.21
22	258/348	152/189	252	Timothy P. O'brien	55	M	East Meadow	NY		12:22	00:38:25.77
23	263/348	156/189	163	Robert Koenig	56	M	Levittown	NY		12:38	00:39:16.98
24	271/348	159/189	230	Robert Montgomery	59	M	Hicksville	NY		12:48	00:39:47.55

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	76/348	18/159	359	Kim Solomine	62	F	Syosset	NY		8:05	00:25:08.68
2	163/348	53/159	318	Vera Thompson	61	F	North Babylon	NY		9:43	00:30:14.24
3	222/348	88/159	385	Linda Spisto	64	F	Wantagh	NY		11:15	00:34:59.08
4	225/348	90/159	164	Joanne Kong	61	F	West Babylon	NY		11:23	00:35:24.87
5	235/348	95/159	45	Debbie Cardillo	64	F	Hauppauge	NY		11:39	00:36:13.16
6	283/348	118/159	147	Faith Jenkins	63	F	East Northport	NY		13:28	00:41:51.52
7	287/348	122/159	87	Susan Ellinghaus	61	F	Islip Terrace	NY		13:36	00:42:15.48
8	288/348	123/159	124	Derrah Hall	63	F	Hempstead	NY		13:37	00:42:19.23
9	292/348	125/159	123	Jaye Anne Gregorio	62	F	Franklin Square	NY		13:59	00:43:27.07
10	311/348	136/159	187	Deborah Mackler Gordon	60	F	Malverne	NY		15:27	00:48:00.41
11	323/348	141/159	224	Eileen Merlino	63	F	Hempstead	NY		16:58	00:52:45.22
12	324/348	142/159	155	Shirley Kennedy	60	F	Lindenhurst	NY		16:58	00:52:45.22
13	332/348	147/159	293	Julia Rossetti	63	F	Merrick	NY		17:12	00:53:28.73
14	346/348	159/159	269	Karen Pickler	63	F	Bay Shore	NY		18:28	00:57:24.97

Long Island Police Appreciation 5K Run

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Overall Division Results

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	29/348	25/189	376	Edward Ward	63	M	West Hempstead	NY		7:08	00:22:12.00
2	30/348	26/189	236	Glenn Murphy	60	M	Miller Place	NY		7:09	00:22:16.00
3	38/348	34/189	76	William Dietsche	60	M	Bay Shore	NY		7:14	00:22:31.25
4	46/348	41/189	109	Daniel Fucella	61	M	Levittown	NY		7:24	00:23:01.75
5	48/348	42/189	177	Leonardo Latouche	64	M	Oceanside	NY		7:30	00:23:20.48
6	52/348	46/189	290	Neal Riemenschneider	64	M	Winchester	VA		7:36	00:23:39.16
7	55/348	48/189	100	Stephen Fitzpatrick	62	M	Dix Hills	NY		7:38	00:23:46.00
8	78/348	59/189	173	Louis Lafleur	63	M	Holbrook	NY		8:08	00:25:17.77
9	79/348	60/189	150	John W Johnsen	61	M	Rockville Centre	NY	Yes	8:08	00:25:18.87
10	110/348	80/189	242	Paul Nelson	64	M	Saint James	NY		8:38	00:26:52.00
11	142/348	100/189	157	Timothy Kerr	60	M	Lindenhurst	NY	Yes	9:17	00:28:52.43
12	153/348	106/189	375	Bill Niedfeld	60	M	Seaford	NY		9:24	00:29:13.74
13	175/348	115/189	366	Nick Pandolfo	61	M	Commack	NY	Yes	9:57	00:30:54.90
14	177/348	116/189	63	Tom Cunningham	60	M	East Meadow	NY		10:02	00:31:11.53
15	193/348	124/189	83	Tim Droge	64	M	North Merrick	NY		10:26	00:32:26.62
16	203/348	128/189	220	Kevin Mcquillan	64	M	Amityville	NY		10:46	00:33:28.97
17	210/348	131/189	223	Anthony Meere	63	M	Melville	NY		10:54	00:33:54.13
18	233/348	139/189	320	Michael Toomey	61	M	Bellmore	NY		11:36	00:36:04.21
19	242/348	142/189	383	Charlie Eyester	60	M	Lake Grove	NY		11:49	00:36:44.24
20	267/348	157/189	235	Glenn Mullen	64	M	Bethpage	NY		12:42	00:39:29.98
21	279/348	164/189	209	John Mcdermott	63	M	Coram	NY		13:17	00:41:17.85
22	282/348	165/189	342	John Zenkewich	63	M	Valley Stream	NY		13:28	00:41:50.71
23	290/348	167/189	17	Richard Barrios	60	M	Bellmore	NY	Yes	13:57	00:43:20.56
24	303/348	172/189	340	Soo Wong	64	M	Garden City	NY		14:48	00:46:00.32
25	310/348	175/189	49	Robert Caserta	63	M	Levittown	NY		15:23	00:47:50.46

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	100/348	28/159	156	Susan Keogh	65	F	Bellmore	NY		8:24	00:26:08.40
2	166/348	55/159	338	Gloria Withus	69	F	Brentwood	NY		9:49	00:30:31.16
3	180/348	63/159	166	Diane Korbel	65	F	Westbury	NY		10:05	00:31:22.49
4	254/348	104/159	1	Ruth Abrams	65	F	Wantagh	NY		12:07	00:37:39.71
5	272/348	113/159	138	Rochelle Holden	65	F	Westbury	NY		12:50	00:39:53.02
6	299/348	130/159	278	Deirdre Ramondino	67	F	Floral Park	NY		14:32	00:45:10.97
7	302/348	131/159	174	Barbara Lagrassa	66	F	Baldwin	NY		14:41	00:45:37.59
8	304/348	132/159	46	Patricia Carroll	67	F	West Islip	NY		14:50	00:46:07.03
9	307/348	133/159	92	Linda Fairgrieve	65	F	Mineola	NY		15:12	00:47:15.97

Long Island Police Appreciation 5K Run

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Overall Division Results

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	58/348	49/189	116	Wayne Giglio	65	M	Carle Place	NY	Yes	7:42	00:23:56.22
2	65/348	54/189	214	Kevin Mcguire	67	M	Wantagh	NY		7:54	00:24:32.97
3	121/348	86/189	93	Scott Fairgrieve	68	M	Mineola	NY		8:51	00:27:30.00
4	136/348	99/189	135	Bill Hessle	67	M	Massapequa	NY		9:08	00:28:23.20
5	145/348	102/189	84	Brendan Dunbar	65	M	Floral Park	NY		9:18	00:28:56.25
6	148/348	103/189	73	John Dempsey	66	M	Syosset	NY		9:21	00:29:03.95
7	150/348	104/189	118	Ehud Golos	68	M	East Hills	NY		9:22	00:29:08.25
8	187/348	122/189	94	Thomas Farmer	67	M	Middle Island	NY		10:10	00:31:36.11
9	208/348	130/189	14	Robert Bambino	66	M	Freeport	NY		10:54	00:33:52.11
10	251/348	149/189	44	Charlie Cardillo	67	M	Hauppauge	NY		12:03	00:37:28.49
11	260/348	154/189	308	Robert Sklar	68	M	Oakland Gardens	NY		12:31	00:38:55.00
12	289/348	166/189	162	Thomas Kiernan	67	M	Hicksville	NY		13:56	00:43:17.73
13	318/348	180/189	288	Thomas Richardson	66	M	Bellmore	NY	Yes	16:11	00:50:17.47

Female Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	137/348	38/159	347	Constance Sehlmeier	73	F	Syosset	NY		9:10	00:28:29.07
2	181/348	64/159	99	Anne Fitzgibbon	70	F	Glen Cove	NY		10:06	00:31:25.94

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	64/348	53/189	108	David Frisone	74	M	New Hyde Park	NY		7:53	00:24:31.96
2	124/348	88/189	70	Ken Della Rocca	71	M	Oyster Bay	NY		8:53	00:27:37.94
3	131/348	94/189	264	Bob Patterson	73	M	Hicksville	NY	Yes	9:01	00:28:00.99
4	143/348	101/189	111	Richard Fulgieri	71	M	Melville	NY		9:18	00:28:54.44
5	151/348	105/189	228	Shawn Momtahan	70	M	Bay Shore	NY		9:23	00:29:11.74
6	165/348	111/189	222	Martin Meehan	72	M	Bay Shore	NY		9:46	00:30:21.96
7	204/348	129/189	210	James Mcdonald	72	M	Massapequa	NY		10:47	00:33:31.20
8	234/348	140/189	154	Chris Karrmann	71	M	Hicksville	NY	Yes	11:38	00:36:09.29
9	247/348	147/189	226	Ben Milone	70	M	Ozone Park	NY		11:56	00:37:05.98
10	252/348	150/189	97	Paul Fetscher	73	M	Long Beach	NY		12:05	00:37:34.00
11	269/348	158/189	88	Doug Escher	74	M	Garden City	NY	Yes	12:45	00:39:39.85
12	301/348	171/189	96	George Fertal Sr.	73	M	Baiting Hollow	NY	Yes	14:39	00:45:32.69
13	305/348	173/189	125	Wayne Hall, Sr	72	M	Hempstead	NY		14:52	00:46:14.48
14	306/348	174/189	218	Joseph McNulty	72	M	Long Beach	NY		15:03	00:46:47.19
15	312/348	176/189	127	Paul Hargrove	72	M	Garden City	NY	Yes	15:33	00:48:19.97
16	317/348	179/189	199	Kevin Matthews	70	M	Melville	NY	Yes	16:11	00:50:16.97
17	325/348	183/189	202	Brian Mccaffrey	74	M	Belle Harbor	NY		16:59	00:52:48.22

Long Island Police Appreciation 5K Run

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Overall Division Results

Male Ages 75 - 79

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	192/348	123/189	319	Lewis Thornton	76	M	Medford	NY		10:25	00:32:24.60
2	229/348	136/189	263	Antonio Patino	76	M	Seaford	NY		11:32	00:35:50.42
3	230/348	137/189	255	Michael Ogazon	78	M	Garden City	NY	Yes	11:34	00:35:59.15
4	315/348	178/189	272	Mike Polansky	78	M	Plainview	NY		16:07	00:50:06.18
5	339/348	187/189	11	Barry Aronowsky	78	M	Greenlawn	NY		18:16	00:56:48.22

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	211/348	132/189	139	John Horan	80	M	Freeport	NY		10:56	00:34:00.49
2	314/348	177/189	197	Frank Martin	84	M	West Bay Shore	NY		15:39	00:48:39.19
3	320/348	181/189	132	Norman Herhkowitz	80	M	North Massapequa	NY		16:18	00:50:39.48

Male Ages 85 - 89

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Law	Pace	Time
1	326/348	184/189	161	Howard Kestenbaum	87	M	Plainview	NY		16:59	00:52:48.48