July 13, 2019

## **Overall Division Results**

## **Olympic Individual**

#### Female Overall

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/85	1/26	305	Becky Youngberg	45	F	Eden Prairie	MN	00:17:52.67	01:08:47.28	00:38:37.53		02:07:35.08
Male	Over	all											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/85	1/59	274	Josh Blankenheim	39	М	Duluth	MN	00:19:00.75	01:00:56.46	00:34:56.75		01:56:41.78
Fema	le Mast	ers											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/85	2/26	26	Andrea Myers	43	F	Plymouth	MN	00:17:42.92	01:10:25.21	00:42:46.36		02:12:51.56
Male	Mast	ers											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/85	3/59	73	Kris Nisula	43	М	Thunder Bay	ON	00:18:51.11	01:01:45.75	00:40:46.62		02:03:31.82
Male	Ages	01 - 15											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	57/85	42/59	120	Tristan Quibell	15	М	Fargo	ND	00:18:42.16	01:27:03.97	00:47:32.80		02:41:12.08
Fema	le Ages	16 - 19											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	64/85	18/26	33	Emma Ward	18	F	Angora	MN	00:21:47.92	01:27:01.99	00:54:22.66		02:46:17.93
Male	Ages	16 - 19											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	69/85	48/59	78	Isaac Ries	18	М	Wadena	MN	00:23:10.16	01:27:00.03	01:00:53.65		02:54:13.88
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## **Overall Division Results**

## **Olympic Individual**

Male Ages 20 - 24

Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	48/85	36/59	59	James Jylha	24	М	Grand Rapids	MN	00:23:35.01	01:24:08.96	00:45:46.99		02:36:54.95
2	84/85	58/59	89	Owen Tazelaar	23	Μ	Hopkins	MN	00:27:24.42	01:53:46.17	01:05:29.60		03:35:15.34
3	85/85	59/59	65	Nicholas Kolasa-Lenarz	24	М	Minneapolis	MN	00:24:37.81	02:02:38.70	01:05:29.79		03:35:15.66
Fema	le Ages	25 - 29											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	54/85	15/26	34	Molly Watkins	29	F	Duluth	MN	00:20:00.33	01:29:47.86	00:47:04.45		02:39:41.72
2	65/85	19/26	10	Kaitlyn Aldrich	29	F	Saint Paul	MN	00:28:50.33	01:20:52.75	00:52:33.69		02:47:30.57
Male	Ages	25 - 29											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/85	10/59	92	Benjamin Welch	29	М	Duluth	MN	00:21:20.26	01:09:18.07	00:41:16.02		02:14:59.83
2	27/85	20/59	58	Alex Juchartz	28	Μ	Saint Paul	MN	00:20:33.92	01:14:50.52	00:46:52.51		02:25:34.10
3	40/85	30/59	77	Joseph Rief	27	Μ	Saint Paul	MN	00:28:03.80	01:18:40.36	00:43:14.03		02:33:24.85
Fema	le Ages	30 - 34											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	14/85	3/26	318	Nicole Heininger	31	F	White Bear Lake	MN	00:18:53.91	01:08:30.39	00:46:34.76		02:15:58.32
2	23/85	7/26	12	Jorid Dagfinrud	30	F	East Grand Forks	MN	00:20:43.97	01:12:37.30	00:45:28.85		02:22:50.35
3	76/85	24/26	295	Nancy Camacho Diaz	31	F	Grand Rapids	MN	00:31:09.80	01:28:39.11	01:01:55.20		03:08:05.40
Male	Ages	30 - 34											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	s	City	St.	Swim	Bike	Run	Penalty	Time
1	6/85	5/59	266	Peter Coenen	33	М	Duluth	MN	00:19:38.55	01:07:54.39	00:38:29.00		02:08:03.00
2	7/85	6/59	83	Nicholas Serratore	30	М	Grand Rapids	MN	00:20:54.24	01:02:26.41	00:42:26.14		02:08:11.75
3	15/85	12/59	39	James Botnen	33	Μ	Kindred	ND	00:22:08.39	01:11:30.27	00:39:41.12		02:15:59.68

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## **Overall Division Results**

## **Olympic Individual**

#### Female Ages 35 - 39

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	19/85	5/26	14	Brenda Fritz	35	F	Green Bay	WI	00:21:09.92	01:12:40.89	00:42:40.41		02:19:16.84
2	21/85	6/26	23	Jessie Maher	35	F	Bemidji	MN	00:19:31.09	01:16:02.24	00:44:23.61		02:22:02.92
Male	Ages	35 - 39											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/85	2/59	309	Jason Crisp	39	М	Carlton	MN	00:19:07.30	01:06:27.41	00:35:24.78		02:02:58.32
2	31/85	23/59	38	Ben Bahr	38	М	Columbus	MN	00:23:41.42	01:17:15.71	00:44:20.88		02:28:15.48
3	41/85	31/59	52	Don Henderson	37	М	Grand Forks	ND	00:18:11.83	01:13:33.46	00:57:50.18		02:33:28.73
Fema	le Ages	<b>40 - 44</b>											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	63/85	17/26	29	Merilea Osterlund	44	F	Rochester	MN	00:21:30.42	01:24:02.81	00:55:10.63		02:46:04.71
2	77/85	25/26	115	Andrea Potyondy-Smith	43	F	Minneapolis	MN	00:27:38.35	01:22:47.42	01:11:54.93		03:09:00.15
Male	Ages	s 40 - 44											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/85	8/59	70	Scott Myers	44	М	Minneapolis	MN	00:18:36.67	01:08:41.36	00:40:04.86		02:10:16.83
2	13/85	11/59	79	Ryan Rogers	40	М	Bemidji	MN	00:21:38.17	01:11:29.19	00:40:20.93		02:15:47.91
3	33/85	25/59	82	Louis Schweim	44	М	Hutchinson	MN	00:21:44.36	01:16:10.30	00:48:18.35		02:29:38.11
Fema	le Ages	s 45 - 49											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	38/85	10/26	25	Karen Murphy	46	F	Thunder Bay	ON	00:23:06.00	01:18:30.94	00:47:48.31		02:33:06.87
2	66/85	20/26	11	Amy Blackstone	48	F	Aberdeen	SD	00:22:19.42	01:30:33.91	00:52:26.87		02:48:48.63

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## **Overall Division Results**

## **Olympic Individual**

Ages 45 - 49 Male

Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/85	4/59	66	David Lewis	45	М	Nevis	MN	00:21:13.17	01:05:36.47	00:38:27.18		02:07:48.83
2	18/85	14/59	306	Bill Kelley	47	М	Wrenshall	MN	00:21:34.66	01:12:11.31	00:41:17.81		02:18:03.11
3	20/85	15/59	81	Ryan Saline	45	М	Cloquet	MN	00:23:20.45	01:08:25.97	00:46:11.03		02:20:43.51

#### Female Ages 50 - 54

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	29/85	8/26	19	Christel Kippenhan	54	F	Bemidji	MN	00:18:34.41	01:15:30.04	00:50:23.28		02:26:34.09
2	34/85	9/26	268	Amy Woolsey	54	F	Sauk Rapids	MN	00:23:02.36	01:14:28.49	00:49:35.90		02:29:54.61
3	49/85	13/26	27	Chris Nehring	51	F	Kimball	MN	00:24:56.63	01:16:23.43	00:52:29.36		02:37:18.87

#### Ages 50 - 54 Male

Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	8/85	7/59	56	Mike Johnson	50	М	Stillwater	MN	00:20:30.91	01:03:23.07	00:41:49.76		02:08:36.33
2	10/85	9/59	90	Nathan Waech	50	Μ	Grand Rapids	MN	00:21:56.56	01:06:25.52	00:40:22.83		02:10:43.33
3	17/85	13/59	54	Chuck Jensen	53	Μ	Anoka	MN	00:18:51.52	01:10:11.04	00:45:30.42		02:17:40.80

#### Female Ages 55 - 59

Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	16/85	4/26	35	Cheryl Zitur	55	F	Rogers	MN	00:18:48.02	01:11:38.25	00:44:04.04		02:17:20.09
2	46/85	11/26	273	Lori Green	56	F	Fort Frances	ON	00:21:40.27	01:18:04.50	00:52:12.35		02:35:45.74
3	68/85	21/26	163	Susan Nygaard	56	F	Saint Paul	MN	00:21:02.89	01:27:49.38	00:53:43.03		02:50:21.85
Male	Ages	55 - 59											
Div Place	Overall Plc/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	22/85	16/59	61	John Kelley	56	М	Duluth	MN	00:24:09.79	01:10:32.23	00:45:09.92		02:22:32.85

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55

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Lakeville

Thunder Bay

26/85

32/85

19/59

24/59

69

42

Mark Moland

Robert Coffey

2

3

MN

ON

00:21:37.17

00:21:29.67

01:15:06.76

01:11:55.06

00:45:03.94

00:51:12.32

02:25:13.66

02:28:24.05

July 13, 2019

## **Overall Division Results**

## **Olympic Individual**

#### Female Ages 60 - 64

Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	53/85	14/26	15	Helen Gunther	62	F	Excelsior	MN	00:24:41.19	01:19:40.83	00:51:24.51		02:39:08.87
Male	Ages	60 - 64											
Div Place	Overall Pic/Total	Gender Pic/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	58/85	43/59	47	Steve Gunther	62	М	Excelsior	MN	00:21:20.17	01:19:35.61	00:58:02.63		02:41:50.94
Fema	le Ages	65 - 69											
Div Place	Overall Pic/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
			<b>No.</b> 302	Name Pam Stevens	<b>Age</b> 66	S F	<b>City</b> Sartell	St. MN	Swim 00:22:05.17	<b>Bike</b> 01:16:40.87	<b>Run</b> 00:53:50.61	Penalty	<b>Time</b> 02:35:52.04
Place	<b>Pic/Total</b> 47/85	Plc/Total					-					Penalty	
Place 1	<b>Pic/Total</b> 47/85	<b>Pic/Total</b> 12/26		Pam Stevens			-					Penalty Penalty	