

Timberman Triathlon

July 13, 2019

Overall Division Results

Sprint Individual

Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	8/166	1/80	261	Bettina Keppers	36	F	Duluth	MN	00:07:00.28	00:29:54.96	00:22:46.29		01:01:56.82

Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/166	1/86	45	Brooks Grossinger	42	M	Mayer	MN	00:06:41.16	00:26:53.87	00:17:20.50		00:52:52.22

Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/166	2/80	331	Jody Quesnell	52	F	Saint Paul	MN	00:07:58.63	00:30:46.09	00:22:42.06		01:03:43.35

Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/166	2/86	247	John Shelp	47	M	Maple Plain	MN	00:06:12.69	00:28:12.85	00:19:16.98		00:56:00.50

Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	53/166	19/80	315	Gabrielle Chalupsky	15	F	East Gull Lake	MN	00:07:15.41	00:37:42.20	00:25:35.58		01:12:50.58
2	63/166	23/80	142	Sanny Gangi	14	F	Coleraine	MN	00:08:29.91	00:37:38.96	00:24:31.18		01:13:34.26
3	68/166	27/80	177	Quincy Shelp	15	F	Maple Plain	MN	00:07:48.17	00:38:38.88	00:25:14.51		01:15:14.55

Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	28/166	21/86	270	Matej Cervenka	15	M	Grand Rapids	MN	00:11:01.24	00:35:05.94	00:19:21.62		01:08:37.26
2	79/166	47/86	208	Thomas Hagen	14	M	Hibbing	MN	00:10:28.76	00:36:06.30	00:26:56.50		01:16:32.26
3	83/166	50/86	303	Austen Durocher	14	M	Cohasset	MN	00:10:31.42	00:33:34.57	00:29:23.17		01:17:23.68

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Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	17/166	4/80	157	Simone Lundquist	17	F	Maple Grove	MN	00:07:13.41	00:33:14.38	00:22:12.00		01:05:01.23
2	38/166	9/80	129	Morgan Bell	17	F	Maple Grove	MN	00:08:30.72	00:34:17.97	00:25:03.35		01:10:27.77
3	43/166	13/80	304	Emma Stertz	19	F	Grand Rapids	MN	00:10:11.66	00:36:18.44	00:21:28.80		01:11:06.58

Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/166	3/86	116	Garrett Beckrich	19	M	Grand Rapids	MN	00:09:29.41	00:29:36.75	00:17:15.77		00:58:30.25
2	76/166	46/86	323	David Hjort	17	M	Duluth	MN	00:09:50.95	00:36:49.85	00:26:28.46		01:16:14.54
3	84/166	51/86	214	Cort Isaacs	17	M	Osseo	MN	00:08:46.67	00:42:09.29	00:24:33.62		01:17:28.74

Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	108/166	46/80	133	Courtney Carson	20	F	Eagan	MN	00:09:52.41	00:39:04.59	00:29:34.69		01:22:12.46
2	134/166	59/80	153	Makayla Langei	21	F	East Grand Forks	MN	00:13:07.64	00:42:47.33	00:29:56.77		01:30:49.82
3	157/166	76/80	178	Allison Shober	22	F	Superior	WI	00:14:14.94	00:53:15.93	00:29:53.58		01:42:32.33

Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	10/166	8/86	196	Eddie Carlson	21	M	South Saint Paul	MN	00:09:52.56	00:34:04.77	00:17:13.21		01:03:50.97
2	101/166	60/86	215	Jace Isaacs	21	M	Maple Grove	MN	00:09:31.92	00:41:41.96	00:27:17.52		01:21:01.54
3	103/166	61/86	328	Michael Greene	23	M	Inver Grove Heights	MN	00:07:50.42	00:39:36.60	00:29:32.23		01:21:31.27

Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	33/166	8/80	169	Hannah Pierskalla	29	F	Duluth	MN	00:06:44.16	00:36:03.64	00:23:43.54		01:09:37.78
2	45/166	14/80	126	Abby Baier	28	F	Minneapolis	MN	00:08:26.16	00:36:53.44	00:23:00.90		01:11:11.79
3	51/166	18/80	138	Carly Eichten	25	F	Mounds View	MN	00:09:16.03	00:34:55.35	00:23:56.50		01:12:03.04

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Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/166	10/86	257	Steven Wert	29	M	Waconia	MN	00:09:44.91	00:32:33.29	00:18:30.97		01:04:15.75
2	20/166	16/86	217	Reed Johnson	26	M	Duluth	MN	00:10:22.25	00:33:37.90	00:20:15.14		01:06:42.53
3	27/166	20/86	246	David Roetman	27	M	Minneapolis	MN	00:07:35.84	00:37:31.47	00:20:24.39		01:08:36.67

Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	21/166	5/80	141	Sara Gaalaas	32	F	Grand Rapids	MN	00:09:06.50	00:34:00.12	00:20:47.82		01:06:47.53
2	40/166	10/80	137	Anna Dehler	31	F	Duluth	MN	00:09:57.91	00:35:06.36	00:22:45.93		01:10:42.79
3	54/166	20/80	299	Jessica Meyers	33	F	Hastings	MN	00:10:05.01	00:36:42.69	00:21:18.00		01:12:52.79

Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/166	9/86	249	Ryan Smith	33	M	Superior	WI	00:07:41.16	00:31:51.70	00:22:10.73		01:04:12.51
2	61/166	40/86	256	Donald Waltz	33	M	Grand Forks	ND	00:11:07.79	00:38:22.43	00:21:20.49		01:13:32.78
3	72/166	44/86	195	Brandon Boyd	30	M	Rochester	MN	00:09:41.78	00:41:29.18	00:21:42.97		01:15:35.28

Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	26/166	7/80	329	Tanya Hass	38	F	Fargo	ND	00:09:22.14	00:35:09.36	00:19:42.79		01:08:34.26
2	46/166	15/80	160	Rachel Moen	39	F	Detroit Lakes	MN	00:08:39.68	00:37:06.21	00:22:04.44		01:11:12.48
3	75/166	30/80	170	Amber Rattray	36	F	Hutchinson	MN	00:09:11.91	00:34:34.72	00:28:28.03		01:16:11.04

Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	5/166	5/86	213	Philip Imholte	39	M	Grand Rapids	MN	00:07:07.22	00:32:40.54	00:19:43.64		01:01:22.42
2	18/166	14/86	255	Craig Walli	37	M	Hibbing	MN	00:08:40.61	00:31:34.67	00:23:10.59		01:05:17.26
3	36/166	28/86	308	Matthew Johnson	35	M	Duluth	MN	00:08:29.41	00:36:21.77	00:21:39.03		01:10:16.56

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Overall Division Results

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Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	14/166	3/80	158	Tara Makinen	40	F	Grand Rapids	MN	00:08:28.51	00:31:47.67	00:22:01.20		01:04:30.49
2	86/166	34/80	175	Renee Saamanen	43	F	Duluth	MN	00:09:48.10	00:33:16.82	00:29:54.22		01:17:30.51
3	95/166	37/80	183	Meghan Van Wagenen	40	F	Colorado Springs	CO	00:10:31.64	00:38:57.16	00:25:14.28		01:19:55.27

Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/166	4/86	40	Phil Brown	41	M	Thunder Bay	ON	00:06:56.83	00:29:17.12	00:21:27.72		01:00:12.46
2	6/166	6/86	122	Josh Troumbly	40	M	Grand Rapids	MN	00:08:22.64	00:29:37.92	00:20:52.25		01:01:28.20
3	19/166	15/86	231	Andrew Moen	40	M	Detroit Lakes	MN	00:07:46.04	00:33:41.91	00:20:18.49		01:05:49.77

Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	22/166	6/80	164	Jena Ogston	48	F	Duluth	MN	00:07:58.42	00:33:12.46	00:23:36.50		01:07:00.28
2	48/166	16/80	148	Julie Kemp	46	F	Esko	MN	00:10:02.66	00:34:00.67	00:24:11.75		01:11:53.04
3	58/166	21/80	30	Tana Setness Hoefs	48	F	Grand Forks	ND	00:09:11.53	00:35:33.56	00:25:55.06		01:13:11.23

Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	23/166	17/86	232	Chris Morris	48	M	Duluth	MN	00:09:02.41	00:33:37.58	00:22:22.51		01:07:17.79
2	55/166	35/86	224	Doobie Kurus	47	M	Hopkins	MN	00:07:57.60	00:36:00.66	00:25:44.61		01:12:56.10
3	69/166	42/86	259	Steven Wold	46	M	Bemidji	MN	00:08:04.32	00:32:23.23	00:29:19.50		01:15:14.65

Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	41/166	11/80	127	Linda Belanger	52	F	International Falls	MN	00:09:42.91	00:35:10.04	00:23:25.17		01:10:48.05
2	42/166	12/80	269	Petra Cervenkova	52	F	Grand Rapids	MN	00:09:55.65	00:35:23.18	00:22:45.34		01:10:48.25
3	73/166	29/80	317	Jenny Gunsbury	51	F	Nisswa	MN	00:09:16.41	00:37:45.37	00:24:47.20		01:15:52.80

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Overall Division Results

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Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	25/166	19/86	216	Brent Johnson	52	M	Superior	WI	00:08:33.23	00:32:41.88	00:23:49.78		01:07:37.88
2	29/166	22/86	205	Matt Evans	53	M	Eau Claire	WI	00:07:08.85	00:35:04.25	00:24:10.29		01:08:50.53
3	31/166	24/86	250	Tony Tallman	50	M	Hopkins	MN	00:08:51.92	00:33:37.19	00:23:40.02		01:09:30.28

Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	50/166	17/80	327	Molly Breslin	55	F	Jackson	WY	00:09:39.54	00:34:06.97	00:25:47.74		01:12:03.00
2	66/166	25/80	167	Judith Peters	59	F	Saint Cloud	MN	00:09:43.81	00:36:24.33	00:24:55.43		01:14:19.55

Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	7/166	7/86	240	Craig Peterson	57	M	Minneapolis	MN	00:07:31.22	00:31:09.15	00:20:58.52		01:01:36.08
2	13/166	11/86	197	Jon Carlson	55	M	South Saint Paul	MN	00:09:27.91	00:33:05.48	00:18:26.73		01:04:25.76
3	15/166	12/86	117	Daniel Duff	55	M	Duluth	MN	00:07:43.99	00:33:05.44	00:20:42.89		01:04:45.02

Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	107/166	45/80	298	Nancy Witherspoon	61	F	Fort Frances	ON	00:11:22.70	00:38:37.38	00:29:09.84		01:22:00.56

Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	35/166	27/86	225	Allen Kutz	60	M	Sartell	MN	00:08:59.03	00:35:38.94	00:23:04.37		01:10:14.24
2	60/166	39/86	192	Randy Back	60	M	Superior	WI	00:12:17.25	00:33:07.43	00:25:10.48		01:13:19.47
3	74/166	45/86	238	Steve Otto	60	M	Cohasset	MN	00:10:36.26	00:37:13.61	00:25:00.90		01:15:56.54

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Overall Division Results

Sprint Individual

Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	127/166	56/80	176	Michel Sanders	66	F	Saint Paul	MN	00:11:05.60	00:39:07.68	00:31:59.49		01:27:11.15
2	146/166	67/80	173	Nancy Roehr	66	F	Minneapolis	MN	00:11:07.03	00:40:01.67	00:37:07.41		01:33:48.98
3	163/166	78/80	149	Nancy Krueger	68	F	Hoyt Lakes	MN	00:14:31.66	00:47:06.31	00:36:59.42		01:45:51.23

Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	16/166	13/86	50	Luke Harned	67	M	Saint Paul	MN	00:08:06.37	00:30:26.43	00:23:22.58		01:04:52.54
2	49/166	33/86	202	Mike Connolly	65	M	Saint Paul	MN	00:10:46.83	00:33:40.44	00:23:53.51		01:11:58.02
3	59/166	38/86	68	Jim Miner	65	M	Duluth	MN	00:09:01.41	00:31:32.58	00:28:39.81		01:13:16.21

Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	85/166	52/86	203	Tom Couillard	70	M	White Bear Lake	MN	00:10:06.58	00:35:25.59	00:26:59.81		01:17:29.04

Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	162/166	85/86	228	Don Meck	80	M	Siren	WI	00:12:34.94	00:39:53.57	00:38:53.73		01:45:04.03