

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1	46/2008	3061	Kaci Lickteig	F	33	Omaha	NE	Mixed	#Zcrew	6:24	00:32:03.00
2	62/2008	4543	Casey McDermott	F	30	Grinnell	IA	Women	Grinnell Girls Gone Running	6:36	00:33:05.00
3	70/2008	4574	Krysta Foster	F	35	Eagle	NE	Women	Hot Moms on the Run	6:39	00:33:15.00
4	72/2008	5131	Crystal Kmoch	F	39	Omaha	NE	Women	Women Race Nebraska	6:41	00:33:26.00
5	75/2008	5133	Amy Barry	F	40	Gretna	NE	Women	Women Race Nebraska	6:42	00:33:33.00
6	77/2008	3635	Shelly Haiar	F	41	Omaha	NE	Mixed	Manning Mafia	6:43	00:33:38.00
7	84/2008	5136	Brooke Coady	F	34	Elkhorn	NE	Women	Women Race Nebraska	6:47	00:33:56.00
8	89/2008	5134	Allison Nielsen	F	41	Elmwood	NE	Women	Women Race Nebraska	6:48	00:34:02.00
9	97/2008	5151	Whitney Noe	F	31	Clive	IA	Women	You just got chicked	6:54	00:34:30.00
10	102/2008	3324	Theresa Bender	F	35	Papillion	NE	Mixed	Dashing Divas	6:56	00:34:40.00
11	110/2008	5153	Jenny Schulze	F	47	Clive	IA	Women	You just got chicked	6:57	00:34:50.00
12	113/2008	5013	Lisa Schadler	F	39	Center Point	IA	Women	The Sparkle Divas	7:00	00:35:02.00
13	115/2008	5156	Jennifer Vande Vegte	F	42	Sioux Center	IA	Women	You just got chicked	7:00	00:35:04.00
14	121/2008	5132	Kassia Ulfers	F	37	Omaha	NE	Women	Women Race Nebraska	7:04	00:35:20.00
15	122/2008	5351	Carrie Van Quathem	F	48	Urbandale	IA	Women Masters	Run Like Hell	7:04	00:35:20.00
16	123/2008	2454	Rosina Colton	F	33	Pleasant Hill	IA	Open	Road Runners	7:04	00:35:21.00
17	127/2008	2835	Emily Webb	F	33	Des Moines	IA	Corporate	Businessolver	7:04	00:35:22.00
18	130/2008	3555	Rachel Morgan	F	44	Des Moines	IA	Mixed	Iowa Body Project	7:06	00:35:32.00
19	137/2008	3553	Amanda Ives	F	39	Pleasant Hill	IA	Mixed	Iowa Body Project	7:08	00:35:43.00
20	142/2008	5355	Julie Schneider	F	43	Des Moines	IA	Women Masters	Run Like Hell	7:10	00:35:54.00
21	151/2008	4523	Sarah Askdal	F	40	Brandon	SD	Women	Girls: We Run This Mother!	7:14	00:36:14.00
22	161/2008	3554	Sara Schwendinger	F	43	Des Moines	IA	Mixed	Iowa Body Project	7:18	00:36:31.00
23	162/2008	4272	Misty Levis	F	40	West Des Moines	IA	Mixed	We got the RUNS	7:18	00:36:32.00
24	163/2008	3631	Gina Olson	F	41	Waverly	NE	Mixed	Manning Mafia	7:18	00:36:33.00
25	171/2008	3986	Katherine Flickinger	F	36	Ames	IA	Mixed	Speedy Trial	7:21	00:36:49.00
26	172/2008	4546	Jennifer Latham	F	51	Honolulu	HI	Women	Grinnell Girls Gone Running	7:21	00:36:49.00
27	176/2008	3057	Audrey Smith	F	23	Omaha	NE	Mixed	#ThursdaysAtSix	7:23	00:36:57.00
28	179/2008	3334	Shelley Heckert	F	39	Norwalk	IA	Mixed	Dilly Dilly	7:24	00:37:01.00
29	185/2008	5135	Kami Alessandro	F	48	Omaha	NE	Women	Women Race Nebraska	7:25	00:37:08.00
30	187/2008	3072	Gracie Foster	F	14	Indianola	IA	Mixed	A Strange Van Full of Strange People	7:25	00:37:09.00
31	190/2008	4532	Lindsey Funk	F	38	Ankeny	IA	Women	Golden Girls	7:26	00:37:13.00
32	195/2008	4708	Steph Jackson	F	39	Papillion	NE	Women	Perfect Strangers	7:28	00:37:21.00

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Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
33	201/2008	4674	Dawn Huizenga	F	38	Orange City	IA	Women	Not so hard-core mamas	7:29	00:37:29.00
34	202/2008	3741	Jessie Chase	F	35	Spring Park	MN	Mixed	Panorama Slamorama	7:30	00:37:30.00
35	204/2008	5154	Kelly Meyers	F	32	Dallas Center	IA	Women	You just got chicked	7:30	00:37:30.00
36	212/2008	4703	Alice Spence	F	47	Papillion	NE	Women	Perfect Strangers	7:31	00:37:38.00
37	214/2008	4857	Nicole Behm	F	28	Omaha	NE	Women	Sisterhood of the Running Pants	7:32	00:37:41.00
38	225/2008	2463	Kelli Brockmann	F	44	Waukee	IA	Open	Road Warriors	7:35	00:37:57.00
39	228/2008	4841	Sueann French	F	54	Red Oak	IA	Women	SCRAMBLED LEGGS	7:36	00:38:00.00
40	233/2008	3117	Jessica Pape	F	34	Omaha	NE	Mixed	Average Joes	7:37	00:38:05.00
41	235/2008	2202	Amanda Parker	F	31	Carlisle	IA	Open	Finally gonna register so gotta have a team nan	7:37	00:38:08.00
42	239/2008	2883	Haley Peters	F	26	Norwalk	IA	Corporate	Elite 8	7:38	00:38:13.00
43	243/2008	2833	Brittney Nilles	F	24	Waukee	IA	Corporate	Businessolver	7:40	00:38:20.00
44	247/2008	4702	Nikki Mallen	F	35	Ankeny	IA	Women	Perfect Strangers	7:40	00:38:21.00
45	249/2008	4592	Mallory Swenson	F	36	Ankeny	IA	Women	Keota	7:40	00:38:23.00
46	254/2008	2854	Melanie Dana	F	33	Grimes	IA	Corporate	Corteva Market to Market Shapers	7:42	00:38:31.00
47	255/2008	3277	Jenna Powers	F	38	West Des Moines	IA	Mixed	Chasing Amy	7:42	00:38:34.00
48	259/2008	4425	Meg Andersen	F	33	Beresford	SD	Women	Beresford Road Warriors	7:43	00:38:38.00
49	261/2008	3274	Amy Powers	F	42	West Des Moines	IA	Mixed	Chasing Amy	7:44	00:38:41.00
50	265/2008	3306	Elizabeth McAllister	F	32	Ames	IA	Mixed	CYCOS	7:44	00:38:42.00
51	267/2008	2655	Lauren McAnelly	F	35	Des Moines	IA	Open	The Elephant in the Room	7:45	00:38:45.00
52	268/2008	3326	Amy Locher	F	34	Omaha	NE	Mixed	Dashing Divas	7:45	00:38:45.00
53	275/2008	4124	Mary Wood	F	23	Des Moines	IA	Mixed	The Knights Who Say Knee	7:46	00:38:52.00
54	277/2008	2855	Joan Kallen	F	43	Johnston	IA	Corporate	Corteva Market to Market Shapers	7:47	00:38:57.00
55	280/2008	4257	Ashley Taff	F	36	Lincoln	NE	Mixed	Vinnie and the Jets	7:48	00:39:00.00
56	282/2008	3211	Kara Carlson	F	36	Indianapolis	IN	Mixed	Born to Shuffle	7:48	00:39:04.00
57	284/2008	4851	Kim Hillyer	F	40	Omaha	NE	Women	Sisterhood of the Running Pants	7:49	00:39:05.00
58	290/2008	3726	Jennifer Baumgartner	F	35	Ames	IA	Mixed	Original 7	7:49	00:39:08.00
59	291/2008	4765	Jessica Schroeder	F	34	Urbandale	IA	Women	Run Mama Run	7:49	00:39:09.00
60	298/2008	2101	Mischa Impossible	F	37	West Des Moines	IA	Open	Bearded Ladies	7:52	00:39:20.00
61	299/2008	2383	Mikayla Splavec	F	25	Knoxville	IA	Open	Magic School Bus	7:52	00:39:20.00
62	301/2008	3856	Suzie Johannes	F	44	Swisher	IA	Mixed	RUN TO EAT	7:52	00:39:23.00
63	302/2008	4706	Amy Slykhuis	F	40	Colorado Springs	CO	Women	Perfect Strangers	7:52	00:39:24.00
64	304/2008	4256	Wanda Essink	F	59	Lincoln	NE	Mixed	Vinnie and the Jets	7:52	00:39:25.00

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65	308/2008	3112	Madeline Brown	F	29	Omaha	NE	Mixed	Average Joes	7:53	00:39:29.00
66	311/2008	3152	Carol Hohenthauer	F	60	Yankton	SD	Mixed	berts rabbits	7:54	00:39:31.00
67	318/2008	4465	Dana Havlik	F	33	Ankeny	IA	Women	Brisk & Bright	7:55	00:39:39.00
68	319/2008	4704	Erin Russell	F	42	Papillion	NE	Women	Perfect Strangers	7:55	00:39:39.00
69	321/2008	3925	Abby Finley	F	27	Sioux Center	IA	Mixed	SCCS A+ Team	7:56	00:39:42.00
70	331/2008	5454	Emily Mouw	F	41	Orange City	IA	Religious	Sioux County Saints	7:58	00:39:52.00
71	335/2008	3884	Paige Moret	F	33	Sioux Center	IA	Mixed	Running with my Homies	7:59	00:39:55.00
72	338/2008	5142	Melanie Peltz	F	43	Omaha	NE	Women	WTF...Where's The Finish	7:59	00:39:56.00
73	339/2008	3865	Sonya Ewert	F	33	Des Moines	IA	Mixed	Runder the Sea	7:59	00:39:57.00
74	343/2008	3716	Danielle Campbell	F	33	Waukee	IA	Mixed	Not Fast But Furious	7:59	00:40:00.00
75	344/2008	5052	Katelin Valster	F	34	Pella	IA	Women	WCS Chicks With A Kick	7:59	00:40:00.00
76	346/2008	3013	Jenna Nasheim	F	33	Ames	IA	Corporate	Team Keen	8:00	00:40:04.00
77	348/2008	4253	Lyndsay Jensen	F	42	Lincoln	NE	Mixed	Vinnie and the Jets	8:01	00:40:05.00
78	352/2008	5056	Abby Johnson	F	34	Ankeny	IA	Women	WCS Chicks With A Kick	8:01	00:40:06.00
79	355/2008	3985	Tammy Gentry	F	47	Des Moines	IA	Mixed	Speedy Trial	8:01	00:40:07.00
80	356/2008	5104	Morgan Olson	F	33	Humboldt	IA	Women	We/Eve Got The Runs	8:01	00:40:07.00
81	359/2008	3234	Erika Hass	F	36	Cedar Rapids	IA	Mixed	Burning off the Crazy!	8:01	00:40:08.00
82	361/2008	3582	Cheyenne Steward	F	36	Ames	IA	Mixed	Joe's Hoes	8:01	00:40:09.00
83	363/2008	2686	Vicky Lockhart	F	58	Lincoln	NE	Open	THE LINCOLN FORCE	8:02	00:40:10.00
84	364/2008	4701	Koral Booth	F	40	Bellevue	NE	Women	Perfect Strangers	8:02	00:40:10.00
85	367/2008	4724	Lexis Rogers	F	25	Council Bluffs	IA	Women	Pretty Girl Rock	8:02	00:40:11.00
86	368/2008	4092	Stacie Merta	F	41	Marion	IA	Mixed	Team Wrinkles	8:02	00:40:13.00
87	370/2008	2616	Megan Burtle	F	34	Lincoln	NE	Open	Team rails on trails	8:02	00:40:14.00
88	371/2008	2984	Samantha Kruse	F	33	Redfield	IA	Corporate	Snacks & Naps	8:03	00:40:15.00
89	375/2008	4772	Whitney Weymiller	F	27	Minneapolis	MN	Women	Run Now Wine Later	8:03	00:40:18.00
90	376/2008	2771	Hannah Davis	F	33	Prole	IA	Open	Wheaties Box Rejects	8:03	00:40:19.00
91	378/2008	3851	Maddie Tubaugh	F	27	Cedar Rapids	IA	Mixed	RUN TO EAT	8:04	00:40:20.00
92	380/2008	4935	Jess Harris	F	42	Coralville	IA	Women	Team D.I.L.L.I.G.A.F.	8:04	00:40:20.00
93	382/2008	2808	Lily Goos	F	15	Nevada	IA	Open	Yo Mama	8:04	00:40:21.00
94	384/2008	3642	Abbey Schiltz	F	26	Waukee	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	8:04	00:40:22.00
95	385/2008	3643	Kaitlyn Creger	F	26	West Des Moines	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	8:04	00:40:22.00
96	387/2008	5152	Kaitlin Courtney	F	31	Waukee	IA	Women	You just got chicked	8:04	00:40:23.00

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97	389/2008	4296	Kelsie Van Beek	F	33	Jefferson	IA	Mixed	We've Got the Runs	8:05	00:40:25.00
98	392/2008	5354	Ellen Middleswart	F	54	Urbandale	IA	Women Masters	Run Like Hell	8:06	00:40:30.00
99	393/2008	4522	Mindy Whisler	F	43	Vermillion	SD	Women	Girls: We Run This Mother!	8:06	00:40:34.00
100	395/2008	4525	Bobbi Underberg	F	39	Sioux Falls	SD	Women	Girls: We Run This Mother!	8:07	00:40:37.00
101	400/2008	2651	Aj Kelley	F	34	West Des Moines	IA	Open	The Elephant in the Room	8:08	00:40:43.00
102	402/2008	3292	Nicole Lauzon	F	33	Waukee	IA	Mixed	Cold Turkey Cuss Bus	8:08	00:40:44.00
103	403/2008	5286	Mitzi Ritzman	F	45	Lincoln	NE	Women Masters	AWOL	8:08	00:40:44.00
104	404/2008	5356	Kristy Cain	F	60	Urbandale	IA	Women Masters	Run Like Hell	8:09	00:40:46.00
105	406/2008	4418	Chelsea Krause	F	28	Ankeny	IA	Women	Beast Mode Beauties	8:09	00:40:48.00
106	409/2008	2647	Linda Brown	F	40	Lincoln	NE	Open	Test Tube	8:10	00:40:51.00
107	410/2008	3621	Rachel Carlson	F	38	Ankeny	IA	Mixed	Lost In Pace	8:10	00:40:53.00
108	411/2008	4042	Valerie Shaw	F	35	Bennington	NE	Mixed	Team America	8:10	00:40:53.00
109	413/2008	5027	Keri Smith	F	35	Guttenberg	IA	Open	Thelma & Louise's Crazy Train	8:10	00:40:54.00
110	415/2008	3667	Amy Oliver	F	37	Milo	IA	Mixed	Moms- Miles & Mules	8:11	00:40:55.00
111	418/2008	4504	Kasi Hatfield	F	36	Earlham	IA	Women	Girls on the Run	8:11	00:40:59.00
112	420/2008	3323	Shelley Lippold	F	37	Omaha	NE	Mixed	Dashing Divas	8:12	00:41:00.00
113	422/2008	3747	Tricia Steffen	F	49	Panora	IA	Mixed	Panorama Slamorama	8:12	00:41:00.00
114	426/2008	2065	Kathy Hale	F	55	Bondurant	IA	Open	Agony of Defeat	8:12	00:41:02.00
115	427/2008	3901	Heather Johnson	F	42	Forest City	IA	Mixed	Runs on Beer	8:12	00:41:02.00
116	431/2008	3342	Sue Overgaard	F	32	Winona	MN	Mixed	DINNER TIME	8:13	00:41:08.00
117	432/2008	3221	Emily Boss	F	34	New Hampton	IA	Mixed	Bossy	8:14	00:41:10.00
118	433/2008	4458	Theresa Hanes	F	32	Solon	IA	Women	BrickHouse Babes	8:14	00:41:13.00
119	434/2008	4513	Jamie Graham	F	33	Alvo	NE	Women	Girls Run Wild	8:14	00:41:13.00
120	435/2008	5451	Dawn DeWit	F	42	Rock Valley	IA	Religious	Sioux County Saints	8:14	00:41:13.00
121	436/2008	2782	Jody Johnson	F	38	Grand Island	NE	Open	WTF: Where's The Finish	8:14	00:41:14.00
122	437/2008	4191	Brittany Harden	F	32	Green Castle	MO	Mixed	Thick Thighs Save Lives	8:15	00:41:15.00
123	440/2008	5422	Kathryn Sharp	F	22	Centerville	IA	Armed Forces Division	Team Krankenwagen	8:15	00:41:15.00
124	444/2008	4656	Sheila Weaver	F	51	Sutherland	IA	Women	Not Fast- Just Furious	8:15	00:41:17.00
125	446/2008	3853	Natalie Hempy	F	49	Solon	IA	Mixed	RUN TO EAT	8:15	00:41:19.00
126	448/2008	4328	Dylan SCHENK	F	38	Lincoln	NE	Mixed	Worst Pace Scenario	8:16	00:41:23.00
127	449/2008	2166	Sarah Neubert	F	39	Omaha	NE	Open	Death Taxes Running	8:17	00:41:25.00
128	450/2008	3744	Sandy Leiferman	F	49	Panora	IA	Mixed	Panorama Slamorama	8:17	00:41:26.00

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129	451/2008	4422	Ashley Halvorson	F	36	Beresford	SD	Women	Beresford Road Warriors	8:17	00:41:26.00
130	452/2008	4483	Bethanne Kuck	F	43	Loomis	NE	Women	Deuces Wild	8:17	00:41:26.00
131	460/2008	5041	Robyn Clevenger	F	41	West Des Moines	IA	Women	Tuff AF	8:18	00:41:34.00
132	461/2008	2391	Kate Eakin	F	38	Omaha	NE	Open	MM EZ Market Warriors	8:19	00:41:35.00
133	462/2008	2467	Elizabeth Sweers	F	31	Clive	IA	Open	Road Warriors	8:19	00:41:35.00
134	463/2008	2468	Sandy Bowman	F	43	Waukee	IA	Open	Road Warriors	8:19	00:41:35.00
135	467/2008	2857	Traci Rimbey	F	29	Des Moines	IA	Corporate	Corteva Market to Market Shapers	8:19	00:41:37.00
136	472/2008	3681	Angela Mensen	F	40	Earlville	IA	Mixed	No Judgement	8:20	00:41:40.00
137	474/2008	4095	Dashauna Jones	F	36	Cedar Rapids	IA	Mixed	Team Wrinkles	8:20	00:41:42.00
138	475/2008	4511	Jessica Clements	F	40	Murdock	NE	Women	Girls Run Wild	8:20	00:41:42.00
139	476/2008	4855	Melita Reineke	F	45	Omaha	NE	Women	Sisterhood of the Running Pants	8:20	00:41:42.00
140	477/2008	2908	Beth Fye	F	37	Polk City	IA	Corporate	FBL's Fabulous Flyers	8:20	00:41:43.00
141	478/2008	5055	Krystal Schoen-Helvey	F	34	Des Moines	IA	Women	WCS Chicks With A Kick	8:20	00:41:43.00
142	479/2008	3193	Jodee Ross	F	36	Cedar Rapids	IA	Mixed	Blood- Sweat- and Beers	8:21	00:41:45.00
143	481/2008	4031	Alicia Masters	F	32	Ankeny	IA	Mixed	TB	8:21	00:41:45.00
144	482/2008	4427	Lourdes Reaves	F	41	Beresford	SD	Women	Beresford Road Warriors	8:21	00:41:45.00
145	484/2008	3883	Jenny Winterfeld	F	36	Sioux Center	IA	Mixed	Running with my Homies	8:21	00:41:48.00
146	486/2008	3706	Kelsey Batschelet	F	30	Des Moines	IA	Mixed	No Time For Cardio	8:22	00:41:50.00
147	488/2008	2902	Robin Riggins	F	53	Urbandale	IA	Corporate	FBL's Fabulous Flyers	8:22	00:41:53.00
148	489/2008	4426	Stephanie Voss	F	39	Beresford	SD	Women	Beresford Road Warriors	8:22	00:41:53.00
149	490/2008	4585	Amy Bahnsen	F	36	Clarion	IA	Women	I Thought They Said Rum	8:22	00:41:53.00
150	491/2008	5375	Molly Loesche	F	35	Omaha	NE	Academic Division	Bluth Company	8:23	00:41:56.00
151	494/2008	3855	Jennifer Bohr	F	46	Swisher	IA	Mixed	RUN TO EAT	8:23	00:41:59.00
152	495/2008	4294	Danielle Weber	F	38	Jefferson	IA	Mixed	We've Got the Runs	8:23	00:41:59.00
153	497/2008	2841	Megan Mortier	F	36	Johnston	IA	Corporate	Corteva Agriscience	8:24	00:42:00.00
154	498/2008	3774	Joy Carter	F	48	Pleasant Hill	IA	Mixed	Perfect Strangers	8:24	00:42:00.00
155	501/2008	4173	Lauren Maze	F	28	Des Moines	IA	Mixed	Therabandits	8:24	00:42:02.00
156	502/2008	4705	Angie Mosher	F	43	Bellevue	NE	Women	Perfect Strangers	8:24	00:42:02.00
157	504/2008	4858	Robin Plathe	F	41	Omaha	NE	Women	Sisterhood of the Running Pants	8:24	00:42:04.00
158	505/2008	5404	Jennifer Barrer	F	34	Mitchellville	IA	Armed Forces Division	132d Wing	8:24	00:42:04.00
159	506/2008	3892	Sarah Dungey	F	39	New Hampton	IA	Mixed	Runs In The Family	8:25	00:42:05.00
160	507/2008	2804	Leah Geerdes	F	14	Nevada	IA	Open	Yo Mama	8:25	00:42:06.00

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161	508/2008	2805	Lynze Geerdes	F	14	Nevada	IA	Open	Yo Mama	8:25	00:42:06.00
162	509/2008	2806	Bridget Cahill	F	15	Nevada	IA	Open	Yo Mama	8:25	00:42:06.00
163	510/2008	4826	Shannon Heintz	F	37	Solon	IA	Women	Running Like A Mother	8:25	00:42:07.00
164	512/2008	2264	Paula Ervolino	F	42	Peosta	IA	Open	I thought I was Driving the Van	8:25	00:42:09.00
165	515/2008	4823	Tracy TRUE	F	38	Van Meter	IA	Women	Running Like A Mother	8:26	00:42:11.00
166	516/2008	5021	Kelly Ruegnitz	F	40	Elkader	IA	Open	Thelma & Louise's Crazy Train	8:26	00:42:12.00
167	517/2008	5054	Katie Houston	F	37	Clive	IA	Women	WCS Chicks With A Kick	8:26	00:42:12.00
168	518/2008	2176	Jacquelyn Baudhuin	F	37	Omaha	NE	Open	DECADEnce	8:26	00:42:13.00
169	520/2008	5005	Tisha Pruiett	F	45	Corydon	IA	Women	The Magnificent Seven	8:26	00:42:14.00
170	521/2008	2458	Emily Wiedemeier	F	26	Haymarket	VA	Open	Road Runners	8:27	00:42:15.00
171	523/2008	4892	Randi Pruitt	F	35	Urbandale	IA	Women	SSDGM	8:27	00:42:15.00
172	525/2008	3195	Lauren Hoth	F	28	Ely	IA	Mixed	Blood- Sweat- and Beers	8:27	00:42:17.00
173	526/2008	4454	Julie Sillanpaa	F	34	Bondurant	IA	Women	BrickHouse Babes	8:27	00:42:17.00
174	528/2008	3714	Rachael Ash	F	27	Bettendorf	IA	Mixed	Not Fast But Furious	8:27	00:42:18.00
175	530/2008	3332	Dani Kruthoff	F	37	Indianola	IA	Mixed	Dilly Dilly	8:28	00:42:20.00
176	535/2008	4852	Diane Katzdorn	F	45	Omaha	NE	Women	Sisterhood of the Running Pants	8:28	00:42:23.00
177	536/2008	5352	Sheila Maddock	F	64	Johnston	IA	Women Masters	Run Like Hell	8:28	00:42:23.00
178	538/2008	4404	Christine Comito	F	52	Des Moines	IA	Women	Babes on the Run	8:28	00:42:24.00
179	539/2008	5407	Clare Long	F	33	Woodward	IA	Armed Forces Division	132d Wing	8:29	00:42:25.00
180	544/2008	4381	Britt Jungck	F	37	Perry	IA	Women	2 Pretty 4 Math	8:29	00:42:29.00
181	547/2008	3203	Darla Davis	F	43	Coon Rapids	IA	Mixed	Blue Footed Boobies	8:30	00:42:30.00
182	552/2008	4406	Lindsey Horner	F	40	Des Moines	IA	Women	Babes on the Run	8:30	00:42:33.00
183	553/2008	4234	Stephanie devault	F	44	Minburn	IA	Mixed	Ummmm	8:30	00:42:34.00
184	556/2008	4655	Megan Joines	F	40	Sutherland	IA	Women	Not Fast- Just Furious	8:31	00:42:35.00
185	557/2008	4548	Amy Miller	F	44	Grinnell	IA	Women	Grinnell Girls Gone Running	8:31	00:42:36.00
186	558/2008	3881	Traci Hiemstra	F	35	Sioux Center	IA	Mixed	Running with my Homies	8:31	00:42:37.00
187	560/2008	4428	Amanda Schwaderer	F	34	Beresford	SD	Women	Beresford Road Warriors	8:31	00:42:37.00
188	561/2008	5237	Nikki Thies	F	43	West Des Moines	IA	Mixed Masters	Respect Your Elders	8:31	00:42:37.00
189	562/2008	2036	Linda Vinchattle	F	38	Ankeny	IA	Open	#whydowedothis?	8:31	00:42:38.00
190	565/2008	3902	Brynn Daniels	F	32	Forest City	IA	Mixed	Runs on Beer	8:32	00:42:40.00
191	566/2008	5282	Joeth Zucco	F	53	Lincoln	NE	Women Masters	AWOL	8:32	00:42:40.00
192	567/2008	2752	Carroll Nelson	F	40	Polk City	IA	Open	We Are Not Going to Win Volume 2	8:32	00:42:41.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
193	569/2008	3183	Abby Buschkoetter	F	32	Hastings	NE	Mixed	BFF's 1 Day Of The Year	8:32	00:42:42.00
194	575/2008	3241	Kelli BOYLE	F	42	Ankeny	IA	Mixed	Chafe Now- Brag Later	8:33	00:42:48.00
195	576/2008	4301	Laura Thein	F	30	Ankeny	IA	Mixed	We'll Be FINE	8:33	00:42:48.00
196	579/2008	5002	Rachel Burd	F	43	Chariton	IA	Women	The Magnificent Seven	8:33	00:42:49.00
197	580/2008	3592	Veronica Stafford	F	30	West Des Moines	IA	Mixed	Just Keep Running- Just Keep Running	8:34	00:42:50.00
198	581/2008	4653	Jennifer Lange	F	39	Paullina	IA	Women	Not Fast- Just Furious	8:34	00:42:50.00
199	582/2008	4874	Brandie Flathers	F	35	Brooklyn	IA	Women	Sole Sisters	8:34	00:42:50.00
200	583/2008	2431	Nicole Pirie	F	27	Ankeny	IA	Open	Powered by Hamms	8:34	00:42:53.00
201	584/2008	3361	Ashley Scheevel	F	29	Fairmont	MN	Mixed	Dr. Schultz's Minions	8:35	00:42:55.00
202	585/2008	2954	Nicole Hubbell	F	45	Cedar Rapids	IA	Corporate	Not So Fast	8:35	00:42:56.00
203	586/2008	3502	Whitney Dupree	F	40	Marion	IA	Mixed	Homestar Runners	8:35	00:42:56.00
204	589/2008	3862	Emily Feldkamp	F	29	Des Moines	IA	Mixed	Runder the Sea	8:36	00:43:00.00
205	590/2008	3695	Josie Lemke	F	41	Nevada	IA	Mixed	No Lug Nuts No Problem	8:36	00:43:02.00
206	592/2008	4152	Tara O'Leary	F	31	Muscatine	IA	Mixed	The Strong WILLed	8:36	00:43:04.00
207	594/2008	4884	Lindsay Conner	F	41	Grinnell	IA	Women	Soles on Fire	8:37	00:43:06.00
208	596/2008	4484	Tatiana Long	F	31	Holdrege	NE	Women	Deuces Wild	8:37	00:43:08.00
209	599/2008	4184	Katie Kingsley	F	30	Aurora	NE	Mixed	These Little Piggies...	8:38	00:43:12.00
210	600/2008	4974	Amber Thompson	F	38	Sigourney	IA	Women	The Beeliners	8:38	00:43:12.00
211	601/2008	5393	Vanessa Miller	F	35	Urbandale	IA	Academic Division	Speed Doctors of Drake	8:38	00:43:12.00
212	602/2008	2262	Beth McDonald	F	47	Prole	IA	Open	I thought I was Driving the Van	8:38	00:43:13.00
213	603/2008	4506	Courtney Silliman	F	32	Winterset	IA	Women	Girls on the Run	8:38	00:43:13.00
214	606/2008	5463	Melanie Lukowych	F	38	Fort Dodge	IA	Religious	We Will Run	8:38	00:43:14.00
215	607/2008	2777	Courtney Schooley	F	30	Cumming	IA	Open	Wheaties Box Rejects	8:39	00:43:15.00
216	608/2008	4844	Missy Buntrock	F	41	Red Oak	IA	Women	SCRAMBLED LEGGS	8:39	00:43:15.00
217	609/2008	3153	Emily Albin	F	27	Elkhorn	NE	Mixed	berts rabbits	8:39	00:43:16.00
218	610/2008	4675	Cindy Van Regenmorter	F	40	Sioux Center	IA	Women	Not so hard-core mamas	8:39	00:43:16.00
219	618/2008	3895	Anna Eklund	F	33	Slater	IA	Mixed	Runs In The Family	8:40	00:43:21.00
220	620/2008	4587	Megan Hejlik	F	35	Sheffield	IA	Women	I Thought They Said Rum	8:40	00:43:22.00
221	621/2008	2363	Erin Biedenbach	F	49	Ames	IA	Open	Loonies Running Club	8:41	00:43:25.00
222	623/2008	3471	Kylie Wunschel	F	30	Clive	IA	Mixed	Got the Case of the Runs	8:41	00:43:25.00
223	624/2008	4421	Amber Sorensen	F	36	Beresford	SD	Women	Beresford Road Warriors	8:41	00:43:25.00
224	629/2008	4074	Jenn O'Hanlon	F	38	Davenport	IA	Mixed	Team Party Patrol Deux	8:41	00:43:27.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
225	630/2008	4275	Megan Algreen	F	25	West Des Moines	IA	Mixed	We got the RUNS	8:41	00:43:27.00
226	631/2008	2496	Kathryn Loew	F	30	Storm Lake	IA	Open	Runderpants	8:41	00:43:28.00
227	632/2008	3242	Jessica Cole	F	39	Ankeny	IA	Mixed	Chafe Now- Brag Later	8:41	00:43:28.00
228	633/2008	2074	Jenni Wedewer	F	36	Cedar Rapids	IA	Open	All That Remains Is Love	8:42	00:43:30.00
229	635/2008	5346	Mandi Lockwood	F	44	North Liberty	IA	Women Masters	Pumped up Kicks	8:42	00:43:30.00
230	638/2008	5394	Meredith Hord	F	35	Grinnell	IA	Academic Division	Speed Doctors of Drake	8:43	00:43:36.00
231	639/2008	3103	Megan Burke	F	41	Indianola	IA	Mixed	aMaizing Runners #we'recorny	8:43	00:43:37.00
232	642/2008	5082	Amy BRIGHTWELL	F	39	Orange City	IA	Women	Weekend Runaways	8:43	00:43:39.00
233	643/2008	4861	Sue Bump	F	34	Panora	IA	Women	Small Town Girls	8:44	00:43:40.00
234	644/2008	2522	Erin Vaughn	F	39	Omaha	NE	Open	Running Sucks	8:44	00:43:42.00
235	646/2008	5025	Megan Redmond	F	30	Cedar Falls	IA	Open	Thelma & Louise's Crazy Train	8:44	00:43:42.00
236	650/2008	4544	Mary Lindberg	F	40	Grinnell	IA	Women	Grinnell Girls Gone Running	8:44	00:43:44.00
237	651/2008	4986	Jaimie Kruger	F	40	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	8:44	00:43:44.00
238	652/2008	3185	Jodi Johnson	F	36	Holstein	IA	Mixed	BFF's 1 Day Of The Year	8:45	00:43:45.00
239	654/2008	3756	Erin Pinneo	F	34	York	NE	Mixed	Pardon My Fartlek	8:45	00:43:45.00
240	655/2008	2521	Maggie Paulson	F	35	Elkhorn	NE	Open	Running Sucks	8:45	00:43:46.00
241	657/2008	3885	Kelly Franken	F	44	Sioux Center	IA	Mixed	Running with my Homies	8:46	00:43:50.00
242	658/2008	3911	Gina Gear	F	39	Urbandale	IA	Mixed	S&W Fender Benders	8:46	00:43:50.00
243	660/2008	4621	Missy Rodman	F	33	Neola	IA	Women	Midwest Mamas	8:46	00:43:51.00
244	663/2008	3371	Ashlie Nielsen	F	39	Elkhorn	NE	Mixed	Drop the Deuce	8:46	00:43:53.00
245	665/2008	2071	Jodie Carlson	F	35	Marion	IA	Open	All That Remains Is Love	8:47	00:43:56.00
246	666/2008	3776	Khara Keegan	F	38	Des Moines	IA	Mixed	Perfect Strangers	8:47	00:43:56.00
247	667/2008	3763	Amy Kay	F	40	Davenport	IA	Mixed	Party Patrol	8:47	00:43:57.00
248	668/2008	4824	Rachel Scheve	F	40	Waukee	IA	Women	Running Like A Mother	8:47	00:43:57.00
249	670/2008	5342	Amy Dowden	F	44	North Liberty	IA	Women Masters	Pumped up Kicks	8:47	00:43:58.00
250	672/2008	2772	Crystal Hoffman	F	38	West Des Moines	IA	Open	Wheaties Box Rejects	8:48	00:44:00.00
251	673/2008	2986	Amy Sandhurst	F	30	Urbandale	IA	Corporate	Snacks & Naps	8:48	00:44:00.00
252	674/2008	4862	Kristin Morgan	F	36	Stuart	IA	Women	Small Town Girls	8:48	00:44:00.00
253	675/2008	4893	Jessica McLeran	F	39	Urbandale	IA	Women	SSDGM	8:48	00:44:00.00
254	676/2008	4973	Jessica Webb	F	36	Sigourney	IA	Women	The Beeliners	8:48	00:44:01.00
255	677/2008	5143	Heather Wagner	F	39	Omaha	NE	Women	WTF...Where's The Finish	8:48	00:44:01.00
256	678/2008	4821	Robin Anderson	F	33	Eldridge	IA	Women	Running Like A Mother	8:48	00:44:02.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
257	680/2008	2528	Jessica Kolde	F	39	Springfield	MO	Open	Running Sucks	8:49	00:44:05.00
258	681/2008	4164	Katie Johnson	F	33	Ankeny	IA	Mixed	The VanTrapped Family Runners	8:49	00:44:05.00
259	684/2008	5081	Sara Crane	F	45	Orange City	IA	Women	Weekend Runaways	8:50	00:44:10.00
260	688/2008	4218	Andrea Ward	F	40	Des Moines	IA	Mixed	Top Run	8:50	00:44:13.00
261	691/2008	4053	Laura Furne	F	37	Cedar Rapids	IA	Mixed	Team Llamacorn	8:51	00:44:16.00
262	692/2008	4694	Renae Huebner	F	37	Wever	IA	Women	Pavement Princesses	8:51	00:44:16.00
263	693/2008	4854	Jessica Bauer	F	43	Omaha	NE	Women	Sisterhood of the Running Pants	8:51	00:44:18.00
264	694/2008	4732	Lisa Walter	F	41	Council Bluffs	IA	Women	Real Housewives of CB	8:51	00:44:19.00
265	697/2008	3522	Hanna Engel Brower	F	37	West Des Moines	IA	Mixed	I Can't Feel My Legs When I'm With You	8:52	00:44:20.00
266	698/2008	4988	Chelsea Baird	F	29	Lincoln	NE	Women	The Blistered Sisters Go To Iowa!	8:52	00:44:21.00
267	699/2008	5357	Dana Kramer	F	57	Urbandale	IA	Women Masters	Run Like Hell	8:52	00:44:21.00
268	700/2008	4756	Jenny Stock	F	38	Lake View	IA	Women	Run Like the Winded	8:52	00:44:22.00
269	701/2008	2572	Melissa Aksamit	F	48	Superior	NE	Open	SWATT	8:52	00:44:23.00
270	702/2008	2807	Kim Koch	F	43	Nevada	IA	Open	Yo Mama	8:53	00:44:25.00
271	703/2008	4545	Lauren Gant	F	36	Grinnell	IA	Women	Grinnell Girls Gone Running	8:53	00:44:25.00
272	705/2008	2662	Sara Duhrkopf	F	38	Sumner	IA	Open	The Highly Educated	8:53	00:44:26.00
273	706/2008	3771	Amy Dales	F	41	Papillion	NE	Women	Perfect Strangers	8:53	00:44:26.00
274	707/2008	4116	Alycia Hughes	F	37	Hastings	NE	Mixed	The Joggnauts	8:53	00:44:26.00
275	708/2008	4707	Amy Dales	F	41	Papillion	NE	Women	Perfect Strangers	8:53	00:44:26.00
276	709/2008	2123	Erika Kim	F	41	Columbus	NE	Open	Between Walk and a Hard Pace	8:53	00:44:27.00
277	711/2008	3912	Bridget Larson	F	36	Urbandale	IA	Mixed	S&W Fender Benders	8:54	00:44:30.00
278	713/2008	4598	Paige Moore	F	34	Ankeny	IA	Women	Keota	8:54	00:44:30.00
279	715/2008	3385	Azra Beganovic	F	29	Des Moines	IA	Mixed	Embrace the Suck	8:54	00:44:33.00
280	716/2008	3455	Deb Mayer	F	51	Grover	MO	Mixed	FSHNProfessors	8:54	00:44:33.00
281	719/2008	4886	Jeanine Link	F	32	Grinnell	IA	Women	Soles on Fire	8:54	00:44:34.00
282	720/2008	4521	Carrie Vanschoiack	F	40	Homer	NE	Women	Girls: We Run This Mother!	8:55	00:44:36.00
283	724/2008	4424	Brenda Hansen	F	36	Beresford	SD	Women	Beresford Road Warriors	8:56	00:44:42.00
284	725/2008	4691	Megan Komp	F	31	Olathe	KS	Women	Pavement Princesses	8:56	00:44:42.00
285	726/2008	4423	Mikala Larsen	F	36	Beresford	SD	Women	Beresford Road Warriors	8:56	00:44:43.00
286	727/2008	5433	Andrea Parsons	F	31	Jblm	WA	Armed Forces Division	VETERANS@VMWARE	8:56	00:44:43.00
287	729/2008	3712	Halli Getting	F	27	Waukee	IA	Mixed	Not Fast But Furious	8:56	00:44:44.00
288	730/2008	5111	Kyrie Murray	F	30	Altoona	IA	Women	Whats Our Name?	8:57	00:44:45.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
289	731/2008	5365	Angie Petersen	F	42	Gretna	NE	Women Masters	The Streakers	8:57	00:44:45.00
290	732/2008	2251	Stephanie Leuenberger	F	34	Omaha	NE	Open	HuskersNtheHouse	8:57	00:44:46.00
291	734/2008	5287	Denise Teahon	F	58	Lincoln	NE	Women Masters	AWOL	8:57	00:44:46.00
292	736/2008	3825	Madelyn McGowan	F	27	Lincoln	NE	Mixed	RUN CYT	8:57	00:44:48.00
293	738/2008	4816	Robyn Paulsen	F	41	Belmond	IA	Women	Runaway Chix	8:57	00:44:48.00
294	741/2008	4508	Chelsy Funaro	F	31	Adel	IA	Women	Girls on the Run	8:58	00:44:51.00
295	742/2008	4885	Victoria Osera	F	35	Grinnell	IA	Women	Soles on Fire	8:58	00:44:51.00
296	743/2008	3431	Joanne Rosenbaugh	F	35	Lincoln	NE	Mixed	Flock of Flamingos	8:58	00:44:53.00
297	744/2008	3432	Stephanie Lambrecht	F	35	Lincoln	NE	Mixed	Flock of Flamingos	8:58	00:44:53.00
298	745/2008	5007	Cortney Wilson	F	41	Mount Ayr	IA	Women	The Magnificent Seven	8:58	00:44:53.00
299	746/2008	2644	Maddie Haden	F	27	Lincoln	NE	Open	Test Tube	8:59	00:44:55.00
300	748/2008	2495	Emily Lampe	F	42	Algona	IA	Open	Runderpants	8:59	00:44:56.00
301	750/2008	3295	Debbie Hunt	F	46	Ankeny	IA	Mixed	Cold Turkey Cuss Bus	8:59	00:44:57.00
302	751/2008	4526	Joy Parker	F	40	Brandon	SD	Women	Girls: We Run This Mother!	8:59	00:44:57.00
303	755/2008	4374	Rebecca Distad	F	31	Cedar Rapids	IA	Women	#TeamRunsWithBlankets	9:00	00:45:00.00
304	756/2008	4698	Julie Schneider	F	38	Fort Madison	IA	Women	Pavement Princesses	9:00	00:45:00.00
305	757/2008	5125	Allison Blake	F	31	Sioux Falls	SD	Women	Winking Cats	9:00	00:45:00.00
306	758/2008	5155	Brooke Newton	F	35	Waukee	IA	Women	You just got chicked	9:00	00:45:00.00
307	759/2008	5364	Angela Harnly	F	45	Gretna	NE	Women Masters	The Streakers	9:00	00:45:00.00
308	760/2008	4214	Debra Stewart	F	57	West Des Moines	IA	Mixed	Top Run	9:00	00:45:01.00
309	763/2008	2573	Trudy Degenhardt	F	36	Hebron	NE	Open	SWATT	9:00	00:45:02.00
310	764/2008	4996	Janna Mashek	F	43	Gibbon	NE	Women	The Dream Chafers	9:00	00:45:02.00
311	767/2008	4763	Lyndi Mcvey	F	35	Ankeny	IA	Women	Run Mama Run	9:00	00:45:03.00
312	768/2008	4252	Jeanne bouwens	F	53	Lincoln	NE	Mixed	Vinnie and the Jets	9:00	00:45:04.00
313	770/2008	3831	Bridget Holly	F	29	Des Moines	IA	Mixed	Run Drink Repeat	9:01	00:45:05.00
314	771/2008	5051	Ashley kittle	F	36	Waverly	IA	Women	WCS Chicks With A Kick	9:01	00:45:05.00
315	772/2008	5053	Mary Tjeerdsma	F	37	Grimes	IA	Women	WCS Chicks With A Kick	9:01	00:45:05.00
316	773/2008	3055	Emily Schmitz	F	27	Omaha	NE	Mixed	#ThursdaysAtSix	9:01	00:45:06.00
317	774/2008	4745	Stephanie Angell	F	35	Waverly	IA	Women	Rise and Shine	9:01	00:45:06.00
318	775/2008	5116	Lisa Butler	F	35	Bondurant	IA	Women	Whats Our Name?	9:01	00:45:06.00
319	777/2008	3661	Beth Miller	F	36	Indianola	IA	Mixed	Moms- Miles & Mules	9:01	00:45:08.00
320	778/2008	3886	Heather Rozeboom	F	37	Hawarden	IA	Mixed	Running with my Homies	9:01	00:45:08.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
321	780/2008	4774	Amy Ruf	F	35	Omaha	NE	Women	Run Now Wine Later	9:01	00:45:09.00
322	782/2008	4771	Erika Arkle	F	30	Omaha	NE	Women	Run Now Wine Later	9:02	00:45:10.00
323	783/2008	5107	Nikki Rasmussen	F	32	Goldfield	IA	Women	WeÆve Got The Runs	9:02	00:45:10.00
324	785/2008	4461	Jess Daniel	F	31	Lake City	IA	Women	Brisk & Bright	9:02	00:45:12.00
325	786/2008	4743	Bethany Rewerts	F	32	Waverly	IA	Women	Rise and Shine	9:02	00:45:12.00
326	787/2008	4977	Anna Clark	F	37	Sigourney	IA	Women	The Beeliners	9:02	00:45:12.00
327	789/2008	3021	Abby Harlacher	F	37	Adel	IA	Corporate	WesleyLife Wellness Team	9:02	00:45:13.00
328	790/2008	4403	Allison Carlson	F	39	West Des Moines	IA	Women	Babes on the Run	9:02	00:45:14.00
329	791/2008	3383	Amra Beganovic	F	29	Des Moines	IA	Mixed	Embrace the Suck	9:03	00:45:15.00
330	793/2008	4871	Sarah Seney	F	39	Grinnell	IA	Women	Sole Sisters	9:03	00:45:15.00
331	794/2008	5272	Jo McAleer	F	46	Omaha	NE	Women Masters	Absolutely Fabulous	9:03	00:45:15.00
332	796/2008	4652	Tonya Oolman	F	46	Sutherland	IA	Women	Not Fast- Just Furious	9:03	00:45:17.00
333	797/2008	3364	Maria Oelke	F	37	Garner	IA	Mixed	Dr. Schultz's Minions	9:03	00:45:18.00
334	798/2008	2211	Brenda Bush-Hanson	F	42	Sioux City	IA	Open	Formula Run	9:03	00:45:19.00
335	800/2008	4453	Kelly Murley	F	41	Bondurant	IA	Women	BrickHouse Babes	9:03	00:45:19.00
336	802/2008	4132	Suzanne Sosby	F	42	Polk City	IA	Mixed	The Pace Is Right	9:03	00:45:20.00
337	803/2008	4472	Jackie Christensen	F	30	Royal	IA	Women	Cereal Killers	9:03	00:45:20.00
338	804/2008	4953	Amber Sheeley	F	39	Solon	IA	Women	Team Unicorn	9:03	00:45:20.00
339	805/2008	4957	Mandi Kowal	F	56	Iowa City	IA	Women	Team Unicorn	9:03	00:45:20.00
340	807/2008	3874	Libby Nelson	F	42	Perry	IA	Mixed	Running on Empty	9:04	00:45:24.00
341	808/2008	2951	Debby Hildebrand	F	58	Hiawatha	IA	Corporate	Not So Fast	9:05	00:45:25.00
342	810/2008	4133	Jennifer Noel	F	38	Polk City	IA	Mixed	The Pace Is Right	9:05	00:45:25.00
343	811/2008	4773	Christa Ruf	F	30	Omaha	NE	Women	Run Now Wine Later	9:05	00:45:25.00
344	815/2008	3665	Kelsey Jackson	F	37	Altoona	IA	Mixed	Moms- Miles & Mules	9:05	00:45:27.00
345	817/2008	4215	Kayla Lunn	F	29	West Des Moines	IA	Mixed	Top Run	9:05	00:45:28.00
346	818/2008	4325	Amy Sadler	F	39	Lincoln	NE	Mixed	Worst Pace Scenario	9:05	00:45:28.00
347	819/2008	2175	Stephanie Thorson	F	43	Omaha	NE	Open	DECADEnce	9:06	00:45:30.00
348	821/2008	4242	Meredith Todd	F	38	Ankeny	IA	Mixed	Undertrained and Overconfident	9:06	00:45:30.00
349	822/2008	2373	Rebekah Oler	F	34	Des Moines	IA	Open	Lu's Lads	9:06	00:45:31.00
350	824/2008	4831	Hannah Van Dyke	F	25	Edgerton	MN	Women	S.W.A.T.T	9:06	00:45:33.00
351	826/2008	2571	Alisha Fangmeyer	F	36	Hebron	NE	Open	SWATT	9:06	00:45:34.00
352	827/2008	2575	Penny Befort	F	39	Deshler	NE	Open	SWATT	9:06	00:45:34.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
353	828/2008	4673	Larissa Van Dyke	F	37	Orange City	IA	Women	Not so hard-core mamas	9:06	00:45:34.00
354	829/2008	5336	Emily Cataldi	F	42	Windsor Heights	IA	Women Masters	Oh Van Where Art Thou?	9:06	00:45:34.00
355	830/2008	4201	Kim Philippon	F	35	Grimes	IA	Mixed	Tie Dyed Soles	9:07	00:45:35.00
356	832/2008	4488	Debra Jauken	F	43	Holdrege	NE	Women	Deuces Wild	9:07	00:45:35.00
357	833/2008	3864	Rachel Welling	F	26	Ames	IA	Mixed	Runder the Sea	9:07	00:45:36.00
358	835/2008	3024	Felesha Petersen	F	28	Walnut	IA	Corporate	WesleyLife Wellness Team	9:07	00:45:37.00
359	836/2008	3186	Alyssa Sackett	F	35	Pierson	IA	Mixed	BFF's 1 Day Of The Year	9:07	00:45:37.00
360	838/2008	2187	Valerie Clayton	F	42	Cedar	IA	Open	Ditch Witches	9:07	00:45:38.00
361	840/2008	3975	Carla Danielson	F	47	Ames	IA	Mixed	Speedy Streakers	9:07	00:45:38.00
362	841/2008	5462	Alicia Carmody	F	37	Fort Dodge	IA	Religious	We Will Run	9:07	00:45:38.00
363	842/2008	5345	Mindy Lamb	F	44	North Liberty	IA	Women Masters	Pumped up Kicks	9:07	00:45:39.00
364	844/2008	4117	Lydia Zach	F	35	Hastings	NE	Mixed	The Joggnauts	9:08	00:45:40.00
365	845/2008	4457	Jessie Schrock	F	49	Altoona	IA	Women	BrickHouse Babes	9:08	00:45:40.00
366	846/2008	3293	Danielle Lauzon	F	36	Panora	IA	Mixed	Cold Turkey Cuss Bus	9:08	00:45:43.00
367	847/2008	3321	Esther Paine	F	31	Urbandale	IA	Mixed	Dashing Divas	9:08	00:45:43.00
368	849/2008	2185	Heather Stevens	F	45	Oskaloosa	IA	Open	Ditch Witches	9:08	00:45:45.00
369	850/2008	4172	Heidi Sharp	F	28	Ankeny	IA	Mixed	Therabandits	9:08	00:45:45.00
370	851/2008	2526	Jill Cook	F	39	Omaha	NE	Open	Running Sucks	9:09	00:45:47.00
371	852/2008	3222	Cathy Sabelka	F	42	Spillville	IA	Mixed	Bossy	9:09	00:45:47.00
372	853/2008	4933	Amy Piercy	F	45	North Liberty	IA	Women	Team D.I.L.L.I.G.A.F.	9:09	00:45:47.00
373	855/2008	2844	Mallory Spear	F	25	West Des Moines	IA	Corporate	Corteva Agriscience	9:10	00:45:50.00
374	856/2008	3434	Karlin Warner	F	35	Lincoln	NE	Mixed	Flock of Flamingos	9:10	00:45:50.00
375	857/2008	4842	Sara Bridie	F	46	Grimes	IA	Women	SCRAMBLED LEGGS	9:10	00:45:50.00
376	858/2008	4856	Jenny Pruitt	F	31	Omaha	NE	Women	Sisterhood of the Running Pants	9:10	00:45:50.00
377	860/2008	3002	Susan Sadewasser	F	29	Ankeny	IA	Corporate	Team HJA	9:10	00:45:52.00
378	862/2008	4342	Deanna Polson	F	52	Johnston	IA	Mixed	Your Pace or Mine?	9:10	00:45:52.00
379	863/2008	5028	Rachel Keeler	F	36	Dubuque	IA	Open	Thelma & Louise's Crazy Train	9:10	00:45:52.00
380	865/2008	4305	Emily Heeren	F	38	Waukee	IA	Mixed	We'll Be FINE	9:10	00:45:53.00
381	866/2008	2171	Bethany Butsyak	F	29	Papillion	NE	Open	DECADEnce	9:11	00:45:55.00
382	867/2008	5033	Stephanie Proud	F	39	North Liberty	IA	Women	Tough Mother Runners	9:11	00:45:56.00
383	869/2008	3773	Jasmine Greb	F	37	Altoona	IA	Mixed	Perfect Strangers	9:11	00:45:59.00
384	871/2008	4853	Kelsie Buckley	F	30	Omaha	NE	Women	Sisterhood of the Running Pants	9:12	00:46:00.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
385	872/2008	2622	Deanna Hutchings	F	36	Ottumwa	IA	Open	Team Tanglefoot	9:12	00:46:01.00
386	873/2008	2886	Jordan Tynes	F	24	Des Moines	IA	Corporate	Elite 8	9:12	00:46:01.00
387	874/2008	4327	Calli Witherby	F	29	Lincoln	NE	Mixed	Worst Pace Scenario	9:12	00:46:01.00
388	875/2008	4571	Kelli Pearson	F	36	Eagle	NE	Women	Hot Moms on the Run	9:12	00:46:02.00
389	876/2008	4721	Chelsea Cooper	F	25	West Des Moines	IA	Women	Pretty Girl Rock	9:12	00:46:02.00
390	877/2008	4322	Jenny Ebke	F	38	Roca	NE	Mixed	Worst Pace Scenario	9:12	00:46:03.00
391	878/2008	5164	Paula Sears	F	48	Solon	IA	Masters	Ceement Shoes	9:12	00:46:04.00
392	879/2008	4058	Julia Karkow	F	33	Mount Vernon	IA	Mixed	Team Llamacorn	9:13	00:46:05.00
393	880/2008	4471	Jennifer Hosch	F	37	Cascade	IA	Women	Cereal Killers	9:13	00:46:05.00
394	881/2008	4672	Lori Walstra	F	36	Sioux Center	IA	Women	Not so hard-core mamas	9:13	00:46:05.00
395	883/2008	2773	Emily Hagen	F	35	Johnston	IA	Open	Wheaties Box Rejects	9:13	00:46:07.00
396	884/2008	3303	Erin Heeren	F	37	Ankeny	IA	Mixed	CYCOS	9:13	00:46:09.00
397	886/2008	5343	Brie Roth	F	41	North Liberty	IA	Women Masters	Pumped up Kicks	9:13	00:46:09.00
398	888/2008	5163	Jami Wolf	F	45	Solon	IA	Masters	Ceement Shoes	9:14	00:46:10.00
399	890/2008	3893	Katie Champlin	F	37	Urbandale	IA	Mixed	Runs In The Family	9:14	00:46:11.00
400	891/2008	4755	Barb Weber	F	41	Lake View	IA	Women	Run Like the Winded	9:14	00:46:11.00
401	892/2008	5285	Therese Liegl	F	62	Lincoln	NE	Women Masters	AWOL	9:14	00:46:11.00
402	893/2008	5413	Patti Lee-Smith	F	44	David City	NE	Armed Forces Division	Stay Frosty	9:14	00:46:11.00
403	895/2008	5112	Ashley Hall	F	35	Altoona	IA	Women	Whats Our Name?	9:14	00:46:13.00
404	896/2008	2011	Lizzy Li	F	30	Superior	CO	Open	#notindiana	9:15	00:46:15.00
405	899/2008	3861	Alexandria Yoerger	F	24	Ames	IA	Mixed	Runder the Sea	9:15	00:46:15.00
406	901/2008	4834	Haylee Spronk	F	32	Edgerton	MN	Women	S.W.A.T.T	9:15	00:46:16.00
407	902/2008	3572	Pat Swanson	F	68	Emmetsburg	IA	Mixed	Jen's Mouth is So Dirty They Have A Bulldozer	9:15	00:46:17.00
408	903/2008	3871	Jill Hardy	F	39	Ames	IA	Mixed	Running on Empty	9:15	00:46:17.00
409	904/2008	4581	Heidi VanHorn	F	37	Swaledale	IA	Women	I Thought They Said Rum	9:15	00:46:17.00
410	906/2008	3376	Jennifer Warren	F	41	Elkhorn	NE	Mixed	Drop the Deuce	9:16	00:46:20.00
411	907/2008	3521	Kylie Spies	F	36	Des Moines	IA	Mixed	I Can't Feel My Legs When I'm With You	9:16	00:46:20.00
412	908/2008	4512	Cassie Vogt	F	34	Elmwood	NE	Women	Girls Run Wild	9:16	00:46:20.00
413	909/2008	4873	Jamie Edelen	F	36	Grinnell	IA	Women	Sole Sisters	9:16	00:46:20.00
414	912/2008	3022	Jessica Johnston	F	38	Omaha	NE	Corporate	WesleyLife Wellness Team	9:16	00:46:23.00
415	915/2008	5022	Jill Gogel	F	36	Worthington	IA	Open	Thelma & Louise's Crazy Train	9:16	00:46:24.00
416	916/2008	2031	Laura Werk	F	40	Fargo	ND	Open	#whydowedothis?	9:17	00:46:25.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
417	920/2008	4491	Kelley Grothus	F	37	Madrid	IA	Women	Easier Said Than Run	9:17	00:46:25.00
418	921/2008	5341	Erin Thompson	F	40	North Liberty	IA	Women Masters	Pumped up Kicks	9:17	00:46:25.00
419	922/2008	5384	Amanda Magie	F	45	Ankeny	IA	Academic Division	DMACC Blue Past You	9:17	00:46:25.00
420	923/2008	3156	Sandy Yaggie	F	57	Yankton	SD	Mixed	berts rabbits	9:17	00:46:26.00
421	924/2008	4351	Nicole Segar	F	37	Johnston	IA	Women	#FirstTimers	9:17	00:46:26.00
422	927/2008	4651	Jenny Johnson	F	45	Sutherland	IA	Women	Not Fast- Just Furious	9:17	00:46:29.00
423	929/2008	2821	Kristin Adkins	F	50	Grinnell	IA	Corporate	ASI/ImageFirst Running Team	9:18	00:46:30.00
424	930/2008	3485	Jaime Jones	F	36	Blair	NE	Mixed	Grandma's Babysitting	9:18	00:46:30.00
425	931/2008	4255	Connie Peterson	F	49	Lincoln	NE	Mixed	Vinnie and the Jets	9:18	00:46:30.00
426	933/2008	4134	Brookann Barkley	F	40	Des Moines	IA	Mixed	The Pace Is Right	9:18	00:46:31.00
427	934/2008	4742	Stephanie Bochmann	F	41	Waverly	IA	Women	Rise and Shine	9:18	00:46:31.00
428	935/2008	4955	Lydia Ballard	F	35	Urbandale	IA	Women	Team Unicorn	9:18	00:46:31.00
429	936/2008	2944	Nika Zuerlein	F	28	Omaha	NE	Corporate	LinkedIn	9:18	00:46:32.00
430	938/2008	3091	Katherine Lefert	F	41	Des Moines	IA	Mixed	All in the Family.	9:18	00:46:33.00
431	939/2008	3772	Jennifer Miner	F	41	Altoona	IA	Mixed	Perfect Strangers	9:18	00:46:33.00
432	941/2008	3743	Maggie Armstrong	F	38	Earlham	IA	Mixed	Panorama Slamorama	9:19	00:46:35.00
433	942/2008	5161	Jennifer Ferguson	F	44	Solon	IA	Masters	Ceement Shoes	9:19	00:46:36.00
434	943/2008	4538	Sarah Woodard	F	41	Ankeny	IA	Women	Golden Girls	9:19	00:46:38.00
435	944/2008	4541	Barb Baker	F	59	Grinnell	IA	Women	Grinnell Girls Gone Running	9:20	00:46:40.00
436	945/2008	5058	Sarah Judsich	F	34	Waverly	IA	Women	WCS Chicks With A Kick	9:20	00:46:40.00
437	947/2008	3731	Jen Steel	F	41	Mitchellville	IA	Mixed	P.B.R.	9:20	00:46:41.00
438	949/2008	4181	Hannah Lubber	F	28	Grand Island	NE	Mixed	These Little Piggies...	9:20	00:46:43.00
439	950/2008	4498	Malory Smith	F	33	Ankeny	IA	Women	Easier Said Than Run	9:20	00:46:43.00
440	951/2008	4413	Leann Harms	F	31	West Des Moines	IA	Women	Beast Mode Beauties	9:20	00:46:44.00
441	952/2008	4375	Beth Lesh	F	33	Marion	IA	Women	#TeamRunsWithBlankets	9:21	00:46:47.00
442	953/2008	4723	Alyssa Saunders	F	32	Wdm	IA	Women	Pretty Girl Rock	9:21	00:46:49.00
443	954/2008	2203	Elizabeth Price	F	38	Indianola	IA	Open	Finally gonna register so gotta have a team nar	9:22	00:46:50.00
444	956/2008	4976	Amy Molyneux	F	40	Sigourney	IA	Women	The Beeliners	9:22	00:46:50.00
445	957/2008	4171	Katie Solon	F	26	Des Moines	IA	Mixed	Therabandits	9:22	00:46:52.00
446	961/2008	4217	Elizabeth Herzmann	F	35	Ankeny	IA	Mixed	Top Run	9:22	00:46:53.00
447	962/2008	4386	Claire Muselman	F	35	West Des Moines	IA	Women	2 Pretty 4 Math	9:22	00:46:54.00
448	964/2008	3668	Kami Meyer	F	42	Indianola	IA	Mixed	Moms- Miles & Mules	9:22	00:46:55.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
449	965/2008	4292	Mary Pedersen	F	33	Jefferson	IA	Mixed	We've Got the Runs	9:22	00:46:55.00
450	966/2008	5026	Julie Arnold	F	39	Earlville	IA	Open	Thelma & Louise's Crazy Train	9:22	00:46:55.00
451	967/2008	3563	Laurie Harman	F	43	Omaha	NE	Mixed	Irish We Were Finished	9:23	00:46:56.00
452	968/2008	4547	Nikki Laug	F	38	Grinnell	IA	Women	Grinnell Girls Gone Running	9:23	00:46:56.00
453	969/2008	4845	Dawn LeRette	F	49	Red Oak	IA	Women	SCRAMBLED LEGGS	9:23	00:46:56.00
454	970/2008	4926	Cally Peterson	F	41	Mason City	IA	Women	Team Awesome Sauce	9:23	00:46:56.00
455	971/2008	4692	Erin Komp	F	36	Omaha	NE	Women	Pavement Princesses	9:23	00:46:57.00
456	972/2008	3014	Abbey Johnson	F	22	Ankeny	IA	Corporate	Team Keen	9:23	00:46:58.00
457	974/2008	3662	Ashley Edwards	F	36	West Des Moines	IA	Mixed	Moms- Miles & Mules	9:23	00:46:59.00
458	975/2008	3944	Laura Pieper	F	31	Beatrice	NE	Mixed	Sibling Rivalry	9:23	00:46:59.00
459	976/2008	3564	Lynae Kruse	F	39	Huxley	IA	Mixed	Irish We Were Finished	9:24	00:47:00.00
460	977/2008	3596	Rachael Baethke	F	34	Windsor Heights	IA	Mixed	Just Keep Running- Just Keep Running	9:24	00:47:00.00
461	978/2008	5283	Karen Green	F	59	Lincoln	NE	Women Masters	AWOL	9:24	00:47:02.00
462	979/2008	3026	Lindsay Waechter	F	29	Clive	IA	Corporate	WesleyLife Wellness Team	9:25	00:47:06.00
463	980/2008	3672	Angie Frederick	F	44	Omaha	NE	Mixed	NeBEERska	9:25	00:47:06.00
464	981/2008	3673	Abbie Kretz	F	37	Omaha	NE	Mixed	NeBEERska	9:25	00:47:07.00
465	982/2008	2663	Christi Seehase	F	44	Sumner	IA	Open	The Highly Educated	9:25	00:47:10.00
466	983/2008	4551	Lindsay Wright	F	42	Cedar Falls	IA	Women	Hot Mess Moms	9:25	00:47:10.00
467	984/2008	4654	Karen Brassler	F	54	Paullina	IA	Women	Not Fast- Just Furious	9:25	00:47:10.00
468	985/2008	4896	Charlie Friesen	F	34	Lincoln	NE	Women	SSDGM	9:25	00:47:10.00
469	987/2008	4131	Anne Enderlin	F	39	Grimes	IA	Mixed	The Pace Is Right	9:26	00:47:11.00
470	990/2008	4503	Sarah Miller	F	45	Desoto	IA	Women	Girls on the Run	9:26	00:47:13.00
471	991/2008	2435	Madison Burke	F	30	Altoona	IA	Open	Powered by Hamms	9:26	00:47:14.00
472	992/2008	2523	Paula Renner	F	38	Omaha	NE	Open	Running Sucks	9:26	00:47:14.00
473	993/2008	3834	Anna Thompson	F	28	Bridgewater	IA	Mixed	Run Drink Repeat	9:26	00:47:14.00
474	994/2008	4983	Jessica Mowrey	F	28	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	9:26	00:47:14.00
475	995/2008	4407	Dotty Johnson	F	50	Austin	TX	Women	Babes on the Run	9:27	00:47:15.00
476	996/2008	4245	Amy Leonard	F	34	Adel	IA	Mixed	Undertrained and Overconfident	9:27	00:47:16.00
477	997/2008	4401	Sacha Wise	F	43	Des Moines	IA	Women	Babes on the Run	9:27	00:47:16.00
478	998/2008	4897	Sara Liker	F	35	Urbandale	IA	Women	SSDGM	9:27	00:47:17.00
479	999/2008	4291	Katie Nelson	F	30	Jefferson	IA	Mixed	We've Got the Runs	9:27	00:47:18.00
480	1003/2008	5057	Chelsea Odonnell	F	37	Overland Park	KS	Women	WCS Chicks With A Kick	9:28	00:47:21.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
481	1004/2008	5084	Angela Boersma	F	40	Orange City	IA	Women	Weekend Runaways	9:28	00:47:21.00
482	1007/2008	4206	Krissy Gatrel	F	31	Waukee	IA	Mixed	Tie Dyed Soles	9:28	00:47:22.00
483	1008/2008	4505	Brook Lenze	F	35	Dexter	IA	Women	Girls on the Run	9:28	00:47:22.00
484	1010/2008	3841	Jennifer O'Connor	F	40	West Des Moines	IA	Mixed	Run Like A Champ- Not Like A Chump	9:28	00:47:24.00
485	1011/2008	5038	Heidi Primrose	F	39	Palo	IA	Women	Tough Mother Runners	9:28	00:47:24.00
486	1012/2008	5303	Bea Sides	F	68	Omaha	NE	Women Masters	Ladies of the Evening	9:28	00:47:24.00
487	1013/2008	3625	Kara Westerly	F	36	Ankeny	IA	Mixed	Lost In Pace	9:29	00:47:25.00
488	1014/2008	3663	Stacy Evans	F	47	Indianola	IA	Mixed	Moms- Miles & Mules	9:29	00:47:25.00
489	1016/2008	4341	Gracelyn Frofunga	F	26	Overland Park	KS	Mixed	Your Pace or Mine?	9:29	00:47:25.00
490	1017/2008	4333	Lindsey Mullenbach	F	34	Center Point	IA	Mixed	Wtf (Where/Es the finish?)	9:29	00:47:26.00
491	1020/2008	5474	Amy Frankfurter	F	49	Lincoln	NE	Corporate	Potential Issues	9:29	00:47:27.00
492	1022/2008	4502	Hannah Hawkins	F	36	Adel	IA	Women	Girls on the Run	9:30	00:47:30.00
493	1024/2008	3976	Tracy Nicholson	F	48	Amex	IA	Mixed	Speedy Streakers	9:30	00:47:32.00
494	1025/2008	4891	Amber Peterson	F	39	Lincoln	NE	Women	SSDGM	9:30	00:47:32.00
495	1026/2008	5083	Elizabeth Heeg	F	41	Orange City	IA	Women	Weekend Runaways	9:30	00:47:32.00
496	1027/2008	2293	Melissa Sheard	F	41	Grand Island	NE	Open	JJ's Custom Fitness	9:30	00:47:33.00
497	1028/2008	5295	Michelle Madden	F	46	West Des Moines	IA	Women Masters	Bibiddi Bobiddi Booze	9:30	00:47:34.00
498	1031/2008	3404	Molly Timlin	F	37	Urbandale	IA	Mixed	EY for Life	9:31	00:47:35.00
499	1032/2008	4231	Courtney Wolterman	F	43	Ankeny	IA	Mixed	Ummmm	9:31	00:47:35.00
500	1033/2008	5362	Andrea Haver	F	40	Omaha	NE	Women Masters	The Streakers	9:31	00:47:35.00
501	1034/2008	3735	Cassie Nemmers	F	24	Altoona	IA	Mixed	P.B.R.	9:31	00:47:36.00
502	1036/2008	2087	Anuprit Minhas	F	42	Ames	IA	Open	Awesome Sauce	9:31	00:47:38.00
503	1037/2008	4881	Jennifer Huff	F	28	Reeds	MO	Women	Soles on Fire	9:31	00:47:39.00
504	1038/2008	5473	Kara Merchant	F	42	Lincoln	NE	Corporate	Potential Issues	9:32	00:47:40.00
505	1040/2008	4686	Emily Prauner	F	30	Omaha	NE	Women	Ovarychievers	9:32	00:47:42.00
506	1042/2008	4827	Jesslyn VonMuenster	F	35	Indianapolis	IN	Women	Running Like A Mother	9:32	00:47:43.00
507	1044/2008	4524	Janey Case	F	40	Tea	SD	Women	Girls: We Run This Mother!	9:32	00:47:44.00
508	1045/2008	4396	Emily Drenkow Carr	F	40	Altoona	IA	Women	Angels In Disguise 2020	9:33	00:47:45.00
509	1046/2008	4876	Jessie Schaffner	F	34	Brooklyn	IA	Women	Sole Sisters	9:33	00:47:45.00
510	1048/2008	4863	Alexandria Algreen	F	33	Des Moines	IA	Women	Small Town Girls	9:33	00:47:48.00
511	1049/2008	2037	Darbie McMahon	F	38	Omaha	NE	Open	#whydowedothis?	9:34	00:47:50.00
512	1051/2008	5293	Alana Trimble	F	44	West Des Moines	IA	Women Masters	Bibiddi Bobiddi Booze	9:34	00:47:50.00

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May 9, 2020

5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
513	1052/2008	4843	Deborah Vitko	F	48	Ottumwa	IA	Women	SCRAMBLED LEGGS	9:34	00:47:52.00
514	1053/2008	5385	Yessenia George	F	28	Nevada	IA	Academic Division	DMACC Blue Past You	9:34	00:47:54.00
515	1055/2008	2866	Sirina Reed	F	24	Ankeny	IA	Corporate	DLR Group	9:35	00:47:56.00
516	1056/2008	2881	Clarissa Ruiz	F	25	Des Moines	IA	Corporate	Elite 8	9:35	00:47:56.00
517	1057/2008	5103	Taryn Myer	F	33	Humboldt	IA	Women	WeÆve Got The Runs	9:35	00:47:57.00
518	1058/2008	5353	Linda Crowley	F	50	Urbandale	IA	Women Masters	Run Like Hell	9:35	00:47:59.00
519	1059/2008	2172	Jane Thorson	F	44	Omaha	NE	Open	DECADEnce	9:36	00:48:00.00
520	1060/2008	3452	Lyndsay Marron	F	43	Urbandale	IA	Mixed	FSHNProfessors	9:36	00:48:00.00
521	1062/2008	3675	Crystal Creasy	F	35	La Vista	NE	Mixed	NeBEERska	9:36	00:48:00.00
522	1064/2008	4442	Phoebe Gearhart	F	32	Logan	IA	Women	Better at running up a tab	9:36	00:48:03.00
523	1065/2008	3113	Angie Jameson	F	51	Murray	NE	Mixed	Average Joes	9:36	00:48:04.00
524	1066/2008	4726	Kaitlin Killinger	F	25	Des Moines	IA	Women	Pretty Girl Rock	9:36	00:48:04.00
525	1067/2008	5305	Anna Milos	F	57	Bellevue	NE	Women Masters	Ladies of the Evening	9:36	00:48:04.00
526	1068/2008	3406	Jen List	F	34	West Des Moines	IA	Mixed	EY for Life	9:36	00:48:05.00
527	1069/2008	4657	Jamae Dau	F	42	Sutherland	IA	Women	Not Fast- Just Furious	9:36	00:48:05.00
528	1070/2008	5292	Mira Trivedi	F	47	Ames	IA	Women Masters	Bibiddi Bobiddi Booze	9:36	00:48:05.00
529	1079/2008	4991	Amy Thome	F	42	Kearney	NE	Women	The Dream Chafers	9:38	00:48:10.00
530	1080/2008	5306	Megan Berry Barlow	F	51	Weeping Water	NE	Women Masters	Ladies of the Evening	9:38	00:48:10.00
531	1081/2008	4555	Shelby Therme	F	24	North Liberty	IA	Women	Hot Mess Moms	9:38	00:48:12.00
532	1082/2008	3845	Erin Anderson	F	41	Urbandale	IA	Mixed	Run Like A Champ- Not Like A Chump	9:38	00:48:13.00
533	1084/2008	5284	Kim Ross	F	54	Gretna	NE	Women Masters	AWOL	9:38	00:48:13.00
534	1085/2008	5291	Lisa Chance	F	42	West Des Moines	IA	Women Masters	Bibiddi Bobiddi Booze	9:39	00:48:15.00
535	1086/2008	3403	Megan Boushek	F	30	Waukee	IA	Mixed	EY for Life	9:39	00:48:16.00
536	1087/2008	3664	Martha Rowe	F	43	Indianola	IA	Mixed	Moms- Miles & Mules	9:39	00:48:16.00
537	1091/2008	3365	Brooke Schultz	F	37	Fairmont	MN	Mixed	Dr. Schultz's Minions	9:39	00:48:18.00
538	1092/2008	3651	Lisa Steenhard	F	39	Urbandale	IA	Mixed	Misbehavin!!	9:39	00:48:19.00
539	1093/2008	2973	Lisa Mouw	F	39	Sioux Center	IA	Corporate	Sioux Center Christian School-A Team	9:40	00:48:20.00
540	1094/2008	3402	Heidi DeMarais	F	35	Urbandale	IA	Mixed	EY for Life	9:40	00:48:20.00
541	1095/2008	2783	Madeline Sheldahl	F	23	Kansas City	MO	Open	WTF: Where's The Finish	9:40	00:48:21.00
542	1096/2008	2636	Nicole Wilkens	F	22	Fort Madison	IA	Open	Tequila Chasers	9:40	00:48:22.00
543	1097/2008	3491	Kelli Kersten	F	33	Logan	IA	Mixed	Highlights of the Day	9:40	00:48:22.00
544	1098/2008	3583	Carrie Barber	F	36	Waukee	IA	Mixed	Joe's Hoes	9:40	00:48:22.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
545	1101/2008	3636	Karen Nissen-Boryczka	F	43	Madison	WI	Mixed	Manning Mafia	9:41	00:48:25.00
546	1103/2008	3033	Ella Junker	F	17	Aplington	IA	Mixed	#forcedfamilyfun	9:41	00:48:26.00
547	1104/2008	3755	Debra Gonnerman	F	38	York	NE	Mixed	Pardon My Fartlek	9:41	00:48:26.00
548	1105/2008	4182	Ashley Beckman	F	30	Marquette	NE	Mixed	These Little Piggies...	9:41	00:48:26.00
549	1106/2008	5386	Lea Carlson	F	23	Meservey	IA	Academic Division	DMACC Blue Past You	9:41	00:48:26.00
550	1108/2008	4925	Mary Claire Wunderlich	F	24	Mason City	IA	Women	Team Awesome Sauce	9:41	00:48:27.00
551	1109/2008	5333	Rachel Boon	F	43	Des Moines	IA	Women Masters	Oh Van Where Art Thou?	9:41	00:48:27.00
552	1111/2008	2884	Morgan Knight	F	27	Ankeny	IA	Corporate	Elite 8	9:41	00:48:29.00
553	1112/2008	2576	Julie Krotzinger	F	30	Superior	NE	Open	SWATT	9:42	00:48:30.00
554	1113/2008	2577	Karla Blackstone	F	47	Superior	NE	Open	SWATT	9:42	00:48:30.00
555	1114/2008	4433	Michelle Winders	F	43	Iowa City	IA	Women	Better At Runnin Up A Tab	9:42	00:48:30.00
556	1115/2008	5093	Kristin Wendlandt	F	38	Iowa City	IA	Women	WeÆre Kind of a Big Deal	9:42	00:48:31.00
557	1116/2008	3437	Dana Ford	F	42	Colorado Springs	CO	Mixed	Flock of Flamingos	9:42	00:48:32.00
558	1117/2008	2181	Kimberly Haines	F	61	Oskaloosa	IA	Open	Ditch Witches	9:42	00:48:33.00
559	1118/2008	2774	Kristin Padgett	F	28	Des Moines	IA	Open	Wheaties Box Rejects	9:42	00:48:33.00
560	1121/2008	4497	Samantha perkins	F	37	Madrid	IA	Women	Easier Said Than Run	9:42	00:48:34.00
561	1126/2008	3032	Jami Beranek	F	44	Waterloo	IA	Mixed	#forcedfamilyfun	9:43	00:48:36.00
562	1127/2008	4032	Katie Moe	F	36	Coon Rapids	MN	Mixed	TB	9:43	00:48:36.00
563	1128/2008	4802	Rachel Benzoni	F	32	Omaha	NE	Women	Runaway Bridesmaids	9:43	00:48:36.00
564	1129/2008	4934	Leah Robertson	F	30	Wilton	IA	Women	Team D.I.L.L.I.G.A.F.	9:43	00:48:37.00
565	1130/2008	4493	Jana Surratt	F	37	Madrid	IA	Women	Easier Said Than Run	9:43	00:48:38.00
566	1133/2008	2952	Katie Allen	F	37	Vinton	IA	Corporate	Not So Fast	9:44	00:48:41.00
567	1134/2008	4531	Melanie Ellison	F	41	Ankeny	IA	Women	Golden Girls	9:44	00:48:42.00
568	1136/2008	4536	Erin Del Val	F	38	Ankeny	IA	Women	Golden Girls	9:44	00:48:45.00
569	1138/2008	5335	Anne Wright	F	41	Des Moines	IA	Women Masters	Oh Van Where Art Thou?	9:45	00:48:46.00
570	1139/2008	3374	Marla Stoltenberg	F	47	Omaha	NE	Mixed	Drop the Deuce	9:45	00:48:47.00
571	1142/2008	4677	Lorilyn Van Dyke	F	35	Sioux Center	IA	Women	Not so hard-core mamas	9:45	00:48:48.00
572	1144/2008	3923	Gretchen De Wit	F	31	Sioux Center	IA	Mixed	SCCS A+ Team	9:45	00:48:49.00
573	1145/2008	5443	Bobbi Buchholz	F	40	Juniata	NE	Religious	Lifehouse Church	9:45	00:48:49.00
574	1148/2008	2935	Rebekah Stickfort	F	31	Ankeny	IA	Corporate	Iowa D.O.T.	9:46	00:48:50.00
575	1149/2008	3694	Amara Danielson	F	28	Ankeny	IA	Mixed	No Lug Nuts No Problem	9:46	00:48:50.00
576	1150/2008	4924	Melanie Sewell	F	45	Mason City	IA	Women	Team Awesome Sauce	9:46	00:48:50.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
577	1151/2008	5031	Kara Gruber	F	37	Solon	IA	Women	Tough Mother Runners	9:46	00:48:50.00
578	1152/2008	3801	Linda Peyton	F	56	Marion	IA	Mixed	Ross Needs A Groove	9:46	00:48:51.00
579	1153/2008	4557	Emily O'Donnell	F	39	North Liberty	IA	Women	Hot Mess Moms	9:46	00:48:51.00
580	1154/2008	3271	Amy Teas	F	41	West Des Moines	IA	Mixed	Chasing Amy	9:46	00:48:52.00
581	1155/2008	4562	Heather May	F	48	North Liberty	IA	Women	Hot Messes	9:46	00:48:52.00
582	1156/2008	3503	Sara Kilgore	F	45	Cedar Rapids	IA	Mixed	Homestar Runners	9:47	00:48:55.00
583	1157/2008	4972	Mindy Morse	F	43	Sigourney	IA	Women	The Beeliners	9:47	00:48:55.00
584	1158/2008	3214	Molly Bailey	F	36	Iowa City	IA	Mixed	Born to Shuffle	9:47	00:48:56.00
585	1159/2008	4501	Jessica Aldridge	F	39	Winterset	IA	Women	Girls on the Run	9:47	00:48:56.00
586	1160/2008	4612	Kali Knoth	F	29	Syracuse	NE	Women	Matching T-shirts	9:47	00:48:56.00
587	1161/2008	2411	Lisa Brunssen	F	38	Springfield	NE	Open	Over the Fence	9:47	00:48:57.00
588	1163/2008	2524	Lindsay Podrebarac	F	36	Tonganoxie	KS	Open	Running Sucks	9:47	00:48:58.00
589	1166/2008	4994	Wendy Thome	F	42	Cozad	NE	Women	The Dream Chafers	9:48	00:49:00.00
590	1168/2008	4613	Madelyne Hughes	F	27	Syracuse	NE	Women	Matching T-shirts	9:48	00:49:04.00
591	1169/2008	3641	Alison Keim	F	26	Des Moines	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	9:49	00:49:05.00
592	1171/2008	3447	Breanna Van Dyke	F	38	Ames	IA	Mixed	Follow the Clues	9:49	00:49:06.00
593	1172/2008	3205	Morgan Miller	F	35	West Point	NE	Mixed	Blue Footed Boobies	9:49	00:49:09.00
594	1176/2008	2114	Shantel Kahrs	F	29	Hudson	IA	Open	Better at runnin a tab up	9:50	00:49:13.00
595	1178/2008	4311	Martha Scanlan	F	45	Adel	IA	Mixed	Whole Lotto Miles	9:50	00:49:13.00
596	1179/2008	3145	Jessica Hydo	F	39	Lincoln	NE	Mixed	Beer Nuts	9:50	00:49:14.00
597	1180/2008	3504	Vanessa Christenson	F	44	Marion	IA	Mixed	Homestar Runners	9:51	00:49:15.00
598	1181/2008	4313	Mary Neubauer	F	52	Clive	IA	Mixed	Whole Lotto Miles	9:51	00:49:15.00
599	1182/2008	3244	Michaela Davis	F	25	Grimes	IA	Mixed	Chafe Now- Brag Later	9:51	00:49:16.00
600	1183/2008	2253	Kristie Arlt	F	46	Sioux City	IA	Open	HuskersNtheHouse	9:51	00:49:17.00
601	1184/2008	2997	Ruthie Mckendree	F	33	Rhodes	IA	Corporate	Team Bond	9:51	00:49:17.00
602	1185/2008	4175	Courtney Buhrow	F	28	Waukee	IA	Mixed	Therabandits	9:51	00:49:17.00
603	1187/2008	2694	Rebecca Welchert	F	28	Fort Calhoun	NE	Open	The Nurhaci's	9:52	00:49:20.00
604	1190/2008	3413	Helen Harwood	F	53	West Des Moines	IA	Mixed	Fleet Running Partners	9:52	00:49:23.00
605	1191/2008	5061	Aubri Kenney	F	40	Johnston	IA	Women	We Thought They Said RUM	9:52	00:49:24.00
606	1192/2008	4496	Amanda Grimm	F	40	Madrid	IA	Women	Easier Said Than Run	9:53	00:49:25.00
607	1193/2008	3941	Jennifer Donner	F	40	Honolulu	HI	Mixed	Sibling Rivalry	9:53	00:49:26.00
608	1194/2008	4485	Tammy Epp	F	40	Holdrege	NE	Women	Deuces Wild	9:53	00:49:26.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
609	1195/2008	4397	Kari Stafford	F	41	Altoona	IA	Women	Angels In Disguise 2020	9:53	00:49:28.00
610	1196/2008	2182	Lindsay Wilcox	F	39	Oskaloosa	IA	Open	Ditch Witches	9:53	00:49:29.00
611	1197/2008	2781	Emma Wright	F	28	Ankeny	IA	Open	WTF: Where's The Finish	9:53	00:49:29.00
612	1198/2008	3653	Anna Kaufman	F	34	Des Moines	IA	Mixed	Misbehavin!!	9:53	00:49:29.00
613	1199/2008	3052	Chelsea Mollak	F	37	Omaha	NE	Mixed	#ThursdaysAtSix	9:54	00:49:30.00
614	1200/2008	4751	Alyssa Henderson	F	28	Cambridge	IA	Women	Run Like the Winded	9:54	00:49:30.00
615	1201/2008	2133	Tammy Kofoot	F	43	Saint Ansgar	IA	Open	Bodyglide- Blisters- & Bengay	9:54	00:49:31.00
616	1202/2008	3031	Jonn Junker	F	42	Aplington	IA	Mixed	#forcedfamilyfun	9:54	00:49:31.00
617	1203/2008	3083	Erika LaPlante	F	27	Rochester	MN	Mixed	A Van Down By The River	9:54	00:49:31.00
618	1204/2008	2292	Jenny Morrnick	F	39	Grand Island	NE	Open	JJ's Custom Fitness	9:54	00:49:32.00
619	1205/2008	4822	Jenna Sleeper	F	32	Lenexa	KS	Women	Running Like A Mother	9:54	00:49:32.00
620	1206/2008	5085	Kelly Van Gelder	F	47	Lemars	IA	Women	Weekend Runaways	9:54	00:49:32.00
621	1207/2008	3685	Jill Dillon	F	32	Sumner	IA	Mixed	No Judgement	9:54	00:49:33.00
622	1208/2008	3395	Courtney Joint	F	27	Ankeny	IA	Mixed	Experienced Trail Runners- We Trail Everyone	9:54	00:49:34.00
623	1210/2008	4681	Claire Hoff	F	31	Omaha	NE	Women	Ovarychievers	9:55	00:49:37.00
624	1211/2008	4944	Donna Bernhardt	F	56	Marion	KS	Women	Team R.I.O.T. (Running Is Our Therapy)	9:55	00:49:37.00
625	1213/2008	5464	Jaye Kliever	F	36	Fort Dodge	IA	Religious	We Will Run	9:55	00:49:37.00
626	1214/2008	2252	Natasha Robinson	F	41	Omaha	NE	Open	HuskersNtheHouse	9:55	00:49:38.00
627	1215/2008	4156	Jenisa Peiffer	F	32	Davenport	IA	Mixed	The Strong WILLed	9:55	00:49:38.00
628	1216/2008	4466	Natasha Miller	F	35	Cherokee	IA	Women	Brisk & Bright	9:55	00:49:38.00
629	1218/2008	4398	Rachel Miller	F	28	Bondurant	IA	Women	Angels In Disguise 2020	9:55	00:49:39.00
630	1220/2008	2119	Lindsay Weinschenk	F	35	Iowa City	IA	Open	Better at runnin a tab up	9:56	00:49:42.00
631	1222/2008	4023	Monica Koenen	F	31	Des Moines	IA	Mixed	Tanglefeet	9:56	00:49:42.00
632	1223/2008	4435	Lindsay Weinschenk	F	35	Iowa City	IA	Women	Better At Runnin Up A Tab	9:56	00:49:42.00
633	1224/2008	4693	Kay Petersen	F	59	Fort Madison	IA	Women	Pavement Princesses	9:56	00:49:42.00
634	1225/2008	5063	Afef Chelbi	F	48	Johnston	IA	Women	We Thought They Said RUM	9:57	00:49:45.00
635	1226/2008	2201	Rebecca Verwers	F	34	Indianola	IA	Open	Finally gonna register so gotta have a team nar	9:57	00:49:47.00
636	1227/2008	5344	Jean Hegland	F	43	North Liberty	IA	Women Masters	Pumped up Kicks	9:57	00:49:47.00
637	1228/2008	5105	Jonna Conlon	F	33	Humboldt	IA	Women	We/Eve Got The Runs	9:57	00:49:49.00
638	1232/2008	3926	Leah Mouw	F	50	Sioux Center	IA	Mixed	SCCS A+ Team	9:58	00:49:52.00
639	1233/2008	5281	Peg Ogea-Ginsburg	F	61	Lincoln	NE	Women Masters	AWOL	9:58	00:49:52.00
640	1235/2008	2948	Nina Gerken	F	31	Omaha	NE	Corporate	LinkedIn	9:58	00:49:54.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
641	1236/2008	4865	Molly Eaton	F	32	Des Moines	IA	Women	Small Town Girls	9:58	00:49:55.00
642	1237/2008	5011	Tina Thurston	F	42	Clarence	IA	Women	The Sparkle Divas	9:58	00:49:55.00
643	1238/2008	5304	Jean Ubbelohde	F	58	Papillion	NE	Women Masters	Ladies of the Evening	9:58	00:49:55.00
644	1239/2008	4262	Athena Clark	F	36	Waukee	IA	Mixed	Was Faster- 10 Years Ago!	9:59	00:49:56.00
645	1240/2008	3245	Andrea Kurtz	F	22	Des Moines	IA	Mixed	Chafe Now- Brag Later	9:59	00:49:57.00
646	1241/2008	4486	Pamela Peterson	F	38	Holdrege	NE	Women	Deuces Wild	9:59	00:49:57.00
647	1243/2008	3236	Alison Nichols	F	25	Cedar Rapids	IA	Mixed	Burning off the Crazy!	9:59	00:49:58.00
648	1244/2008	3906	Kallie Finley	F	30	Forest City	IA	Mixed	Runs on Beer	9:59	00:49:58.00
649	1246/2008	2184	Mary Clark	F	60	Oskaloosa	IA	Open	Ditch Witches	10:00	00:50:00.00
650	1248/2008	2664	Joani Barlow	F	16	Ankeny	IA	Open	The Highly Educated	10:00	00:50:00.00
651	1249/2008	2665	Wendy Barlow	F	44	Ankeny	IA	Open	The Highly Educated	10:00	00:50:00.00
652	1250/2008	3034	Jenni Cunningham	F	39	Okoboji	IA	Mixed	#forcedfamilyfun	10:00	00:50:00.00
653	1251/2008	4304	Katie Cox	F	43	Urbandale	IA	Mixed	We'll Be FINE	10:00	00:50:00.00
654	1252/2008	4446	Kaydee Bednarz	F	39	Papillion	NE	Women	Better at running up a tab	10:00	00:50:00.00
655	1253/2008	4753	Alyssa Knudsen	F	29	Polk City	IA	Women	Run Like the Winded	10:00	00:50:00.00
656	1254/2008	4796	Tami Cull	F	55	Council Bluffs	IA	Women	Run With A Heart On	10:00	00:50:00.00
657	1256/2008	2186	Jennifer Barnes	F	43	Oskaloosa	IA	Open	Ditch Witches	10:00	00:50:01.00
658	1257/2008	4682	Taylor Daniels	F	30	Omaha	NE	Women	Ovarychievers	10:00	00:50:01.00
659	1258/2008	3704	Presley McCormick	F	26	Lucas	IA	Mixed	No Time For Cardio	10:00	00:50:02.00
660	1259/2008	4631	Megan McMorran	F	28	La Vista	NE	Women	Moms on the Run	10:00	00:50:02.00
661	1261/2008	4746	Mariah Stauffer	F	36	Waverly	IA	Women	Rise and Shine	10:00	00:50:03.00
662	1262/2008	2072	Kelly Allsup	F	43	Vinton	IA	Open	All That Remains Is Love	10:00	00:50:04.00
663	1263/2008	2077	Angela Matson	F	44	Robins	IA	Open	All That Remains Is Love	10:00	00:50:04.00
664	1264/2008	2254	Yamy Salgado	F	40	Omaha	NE	Open	HuskersNtheHouse	10:01	00:50:05.00
665	1265/2008	4332	Annie Brustkern	F	38	Center Point	IA	Mixed	Wtf (Where/Es the finish?)	10:01	00:50:05.00
666	1266/2008	2822	Kimberly Hatting	F	53	Grinnell	IA	Corporate	ASI/ImageFirst Running Team	10:02	00:50:10.00
667	1267/2008	3705	Carlee Bellon	F	27	Chariton	IA	Mixed	No Time For Cardio	10:02	00:50:10.00
668	1268/2008	3732	Tabitha Monohon	F	30	Mitchellville	IA	Mixed	P.B.R.	10:02	00:50:10.00
669	1270/2008	2556	Heather Day	F	35	Ankeny	IA	Open	Sleep. Eat. Poop. Run.	10:02	00:50:11.00
670	1271/2008	3816	Dawn Cowles	F	47	Ames	IA	Mixed	Rum Runners	10:02	00:50:12.00
671	1272/2008	4943	Alexis Radil	F	44	Lenexa	KS	Women	Team R.I.O.T. (Running Is Our Therapy)	10:02	00:50:13.00
672	1273/2008	3073	Allisyn Maley	F	28	Burnsville	MN	Mixed	A Strange Van Full of Strange People	10:03	00:50:15.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
673	1274/2008	3547	Ruth Regehr	F	54	Clarinda	IA	Mixed	Insanity Made Us Do It	10:03	00:50:15.00
674	1277/2008	2965	Crystal Chapman	F	31	Ankeny	IA	Corporate	Renewable Energy	10:03	00:50:20.00
675	1278/2008	4236	Abby Schreck	F	29	Humboldt	IA	Mixed	Ummmm	10:03	00:50:20.00
676	1280/2008	5012	Dalila Dee Neff	F	46	Riverdale	IA	Women	The Sparkle Divas	10:04	00:50:21.00
677	1281/2008	3082	Dawn Cowles	F	47	Ames	IA	Mixed	A Van Down By The River	10:04	00:50:22.00
678	1282/2008	2294	Jody Stutzman	F	35	Hastings	NE	Open	JJ's Custom Fitness	10:04	00:50:23.00
679	1283/2008	4494	Suzanne Schneider	F	30	Madrid	IA	Women	Easier Said Than Run	10:04	00:50:23.00
680	1284/2008	4373	Stacie Hoppman	F	29	Marion	IA	Women	#TeamRunsWithBlankets	10:04	00:50:24.00
681	1286/2008	2613	Sarah Johnson	F	31	Lincoln	NE	Open	Team rails on trails	10:06	00:50:30.00
682	1287/2008	4487	Stephani Solorio	F	25	Holdrege	NE	Women	Deuces Wild	10:06	00:50:30.00
683	1288/2008	4553	Jennifer Skelley	F	42	North Liberty	IA	Women	Hot Mess Moms	10:06	00:50:31.00
684	1289/2008	2985	Libby Richardson	F	30	Des Moines	IA	Corporate	Snacks & Naps	10:06	00:50:32.00
685	1290/2008	2814	Denna Mitchell	F	55	Greenfield	IA	Open	You Make Me Feel Like 90s Country	10:06	00:50:33.00
686	1291/2008	4931	Becky Klutts	F	46	Iowa City	IA	Women	Team D.I.L.L.I.G.A.F.	10:07	00:50:35.00
687	1293/2008	5276	Holly Tucker	F	40	West Des Moines	IA	Women Masters	Absolutely Fabulous	10:07	00:50:36.00
688	1294/2008	5331	Maris Loder	F	47	Des Moines	IA	Women Masters	Oh Van Where Art Thou?	10:07	00:50:36.00
689	1295/2008	3235	Theresa Stalnaker	F	38	Cedar Falls	IA	Mixed	Burning off the Crazy!	10:07	00:50:38.00
690	1296/2008	4515	Missy Ross	F	41	Murdock	NE	Women	Girls Run Wild	10:07	00:50:38.00
691	1297/2008	3723	Hannah O'Polka	F	24	Ankeny	IA	Mixed	Original 7	10:08	00:50:40.00
692	1298/2008	5337	Laura Lockard	F	45	Des Moines	IA	Women Masters	Oh Van Where Art Thou?	10:08	00:50:41.00
693	1299/2008	4482	Melissa Drain	F	48	Holdrege	NE	Women	Deuces Wild	10:08	00:50:43.00
694	1300/2008	4542	Nicole Brua Behrens	F	47	Grinnell	IA	Women	Grinnell Girls Gone Running	10:08	00:50:43.00
695	1301/2008	3481	Ericka Lang	F	36	Glenwood	IA	Mixed	Grandma's Babysitting	10:09	00:50:46.00
696	1302/2008	4276	Teresa Algreen	F	57	Earlham	IA	Mixed	We got the RUNS	10:09	00:50:47.00
697	1303/2008	5411	Stephanie Ferguson	F	31	Ashland	NE	Armed Forces Division	Stay Frosty	10:09	00:50:47.00
698	1305/2008	4794	Amelia Cooney	F	34	Council Bluffs	IA	Women	Run With A Heart On	10:09	00:50:48.00
699	1306/2008	3486	Amy A/EHearn	F	37	Ankeny	IA	Mixed	Grandma's Babysitting	10:09	00:50:49.00
700	1307/2008	4872	Staci Harms	F	36	Grinnell	IA	Women	Sole Sisters	10:10	00:50:50.00
701	1308/2008	4635	Kylie Byman	F	34	Grenta	NE	Women	Moms on the Run	10:10	00:50:53.00
702	1309/2008	4641	Alexis Shull	F	27	Des Moines	IA	Women	Not Fast but Kinda Furious	10:11	00:50:56.00
703	1310/2008	5416	Jennifer Good	F	36	Seward	NE	Armed Forces Division	Stay Frosty	10:11	00:50:56.00
704	1311/2008	4391	Kara Lindsey	F	44	Pleasant Hill	IA	Women	Angels In Disguise 2020	10:11	00:50:58.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
705	1312/2008	5101	Ashley bates	F	29	Lincoln	NE	Women	WeÆve Got The Runs	10:12	00:51:00.00
706	1313/2008	5102	Michelle Lesiak	F	53	Lincoln	NE	Women	WeÆve Got The Runs	10:12	00:51:00.00
707	1314/2008	3104	Hiliary Burns	F	37	Ames	IA	Mixed	aMaizing Runners #we'recorny	10:12	00:51:01.00
708	1315/2008	3304	Kelly Hanfelt	F	41	Ankeny	IA	Mixed	CYCOS	10:12	00:51:03.00
709	1316/2008	5043	Michelle Russell	F	37	Earlham	IA	Women	Tuff AF	10:12	00:51:03.00
710	1317/2008	2183	Brenda Finneman	F	48	Oskaloosa	IA	Open	Ditch Witches	10:12	00:51:04.00
711	1319/2008	4232	Kirsten Cox	F	44	Canby	OR	Mixed	Ummmm	10:12	00:51:05.00
712	1320/2008	5071	Sara Olsen	F	38	Omaha	NE	Women	wearblue:runtoremember	10:13	00:51:07.00
713	1323/2008	2802	Natalie Barber	F	15	Nevada	IA	Open	Yo Mama	10:14	00:51:10.00
714	1324/2008	4274	Wanda Kasperbauer	F	60	West Des Moines	IA	Mixed	We got the RUNS	10:14	00:51:13.00
715	1325/2008	4462	Emily Prough	F	27	West Des Moines	IA	Women	Brisk & Bright	10:14	00:51:14.00
716	1326/2008	4073	Julie VanPelt	F	57	Moline	IL	Mixed	Team Party Patrol Deux	10:15	00:51:15.00
717	1327/2008	4554	Kristen Winter	F	30	Rochester	MN	Women	Hot Mess Moms	10:15	00:51:15.00
718	1328/2008	5145	Eve Gilbert	F	41	Omaha	NE	Women	WTF...Where's The Finish	10:15	00:51:15.00
719	1331/2008	3692	Mary Hard	F	42	Ames	IA	Mixed	No Lug Nuts No Problem	10:15	00:51:17.00
720	1332/2008	2122	Elizabeth Boschult	F	27	Columbus	NE	Open	Between Walk and a Hard Pace	10:15	00:51:19.00
721	1333/2008	2811	Heidi Schlegel	F	33	Fort Dodge	IA	Open	You Make Me Feel Like 90s Country	10:16	00:51:20.00
722	1334/2008	3863	Andrea Behanish	F	37	Ankeny	IA	Mixed	Runder the Sea	10:16	00:51:20.00
723	1335/2008	3866	Kelly Hewitt	F	25	Ames	IA	Mixed	Runder the Sea	10:16	00:51:21.00
724	1336/2008	3622	Michelle Feldmann	F	40	Ankeny	IA	Mixed	Lost In Pace	10:16	00:51:22.00
725	1337/2008	4432	Ana Baue	F	30	North Liberty	IA	Women	Better At Runnin Up A Tab	10:16	00:51:23.00
726	1339/2008	4875	Lee Rozmus	F	37	Brooklyn	IA	Women	Sole Sisters	10:17	00:51:25.00
727	1341/2008	3273	Lori Straight	F	45	West Des Moines	IA	Mixed	Chasing Amy	10:17	00:51:29.00
728	1344/2008	5062	Erin Stiles	F	45	Johnston	IA	Women	We Thought They Said RUM	10:17	00:51:30.00
729	1345/2008	3378	Genelle Girthoffer	F	42	Omaha	NE	Mixed	Drop the Deuce	10:18	00:51:31.00
730	1347/2008	4584	Katie Abell	F	32	Rockwell	IA	Women	I Thought They Said Rum	10:18	00:51:32.00
731	1348/2008	3106	Nicole Pearson	F	37	Rochester	MN	Mixed	aMaizing Runners #we'recorny	10:18	00:51:34.00
732	1349/2008	2722	Kelly Lucis	F	30	Minneapolis	MN	Open	Tick Tock We DonÆt Stop	10:19	00:51:35.00
733	1350/2008	2661	Kelly Hassman	F	56	Sumner	IA	Open	The Highly Educated	10:19	00:51:36.00
734	1352/2008	4384	Jessica Durand	F	38	Des Moines	IA	Women	2 Pretty 4 Math	10:19	00:51:37.00
735	1353/2008	5094	Brittany Sanderson	F	30	Waterloo	IA	Women	WeÆre Kind of a Big Deal	10:19	00:51:37.00
736	1354/2008	3142	Cindy Dittmer	F	50	Lincoln	NE	Mixed	Beer Nuts	10:19	00:51:38.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
737	1355/2008	2525	Kate Bigg	F	36	Bondurant	IA	Open	Running Sucks	10:19	00:51:39.00
738	1356/2008	4556	Brandy Schroeder	F	46	North Liberty	IA	Women	Hot Mess Moms	10:19	00:51:39.00
739	1357/2008	4671	Renae Calkhoven	F	43	Ireton	IA	Women	Not so hard-core mamas	10:20	00:51:40.00
740	1358/2008	3362	Sandy Tomschin	F	55	Alden	MN	Mixed	Dr. Schultz's Minions	10:20	00:51:42.00
741	1359/2008	3717	Erica Davidson	F	25	Indianola	IA	Mixed	Not Fast But Furious	10:20	00:51:43.00
742	1360/2008	5261	Mindy Hess	F	49	Danville	IA	Mixed Masters	The Running Fartz	10:20	00:51:43.00
743	1361/2008	3272	Amy Wallman Madden	F	46	Winterset	IA	Mixed	Chasing Amy	10:21	00:51:45.00
744	1362/2008	3446	Robyn Reisetter	F	31	Radcliffe	IA	Mixed	Follow the Clues	10:21	00:51:45.00
745	1363/2008	4334	Sarah Andrews	F	28	Robins	IA	Mixed	Wtf (Where/Es the finish?)	10:21	00:51:47.00
746	1364/2008	2062	Chom Naae	F	47	Des Moines	IA	Open	Agony of Defeat	10:21	00:51:48.00
747	1365/2008	4146	Rachel Larsen	F	31	Cedar Rapids	IA	Mixed	The Rosie Runners	10:21	00:51:48.00
748	1366/2008	2075	Amy Perry	F	36	Cedar Rapids	IA	Open	All That Remains Is Love	10:21	00:51:49.00
749	1367/2008	4792	Tami Manz	F	42	Council Bluffs	IA	Women	Run With A Heart On	10:21	00:51:49.00
750	1368/2008	2177	Dianna Larson	F	37	Omaha	NE	Open	DECADEnce	10:22	00:51:54.00
751	1370/2008	3006	Hannah Van Heukelom	F	25	Milo	IA	Corporate	Team HJA	10:23	00:51:56.00
752	1371/2008	2634	Shelly Pieper	F	55	Wever	IA	Open	Tequila Chasers	10:23	00:51:57.00
753	1372/2008	5024	Andrea Mausser	F	37	New Vienna	IA	Open	Thelma & Louise's Crazy Train	10:23	00:51:59.00
754	1374/2008	3581	Emily Fenske	F	36	Urbandale	IA	Mixed	Joe's Hoes	10:24	00:52:00.00
755	1375/2008	3872	Jasmine Lee	F	34	Ogden	IA	Mixed	Running on Empty	10:24	00:52:02.00
756	1376/2008	4392	Shelene Billups	F	36	Bondurant	IA	Women	Angels In Disguise 2020	10:24	00:52:02.00
757	1377/2008	5401	Kris rode	F	51	Ankeny	IA	Armed Forces Division	132d Wing	10:24	00:52:02.00
758	1378/2008	2412	Jennifer Richardson	F	45	Elkhorn	NE	Open	Over the Fence	10:24	00:52:03.00
759	1379/2008	2787	Ellen Shroyer	F	28	Riverside	IA	Open	WTF: Where's The Finish	10:24	00:52:04.00
760	1380/2008	3511	Eden Kreighbaum	F	22	Des Moines	IA	Mixed	Hydration Gang	10:24	00:52:04.00
761	1382/2008	4412	Shawna Brown	F	31	Bondurant	IA	Women	Beast Mode Beauties	10:25	00:52:05.00
762	1383/2008	4434	Jenae Roseland	F	29	Iowa City	IA	Women	Better At Runnin Up A Tab	10:25	00:52:05.00
763	1384/2008	4923	Susan Callanan	F	47	Mason City	IA	Women	Team Awesome Sauce	10:25	00:52:05.00
764	1385/2008	5453	Koty Vande Griend	F	41	Sioux Center	IA	Religious	Sioux County Saints	10:25	00:52:05.00
765	1386/2008	4064	Cherie Eller	F	29	Waukee	IA	Mixed	Team Pacman	10:25	00:52:06.00
766	1387/2008	4793	Emily Loney	F	42	Cumming	IA	Women	Run With A Heart On	10:25	00:52:06.00
767	1388/2008	5034	Afton LeFevere	F	37	Shellsburg	IA	Women	Tough Mother Runners	10:25	00:52:06.00
768	1389/2008	4142	Linda Johnson	F	60	Cedar Rapids	IA	Mixed	The Rosie Runners	10:25	00:52:07.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
769	1390/2008	2387	Carly Sullivan	F	30	Prior Lake	MN	Open	Magic School Bus	10:25	00:52:08.00
770	1391/2008	4177	Stefanie Munro	F	28	Ankeny	IA	Mixed	Therabandits	10:25	00:52:08.00
771	1392/2008	4376	Michaela Fishell	F	37	Center Point	IA	Women	#TeamRunsWithBlankets	10:26	00:52:10.00
772	1393/2008	4941	Jo Stephens	F	57	Papillion	NE	Women	Team R.I.O.T. (Running Is Our Therapy)	10:26	00:52:10.00
773	1394/2008	5042	Jodi Jones	F	46	West Des Moines	IA	Women	Tuff AF	10:26	00:52:10.00
774	1395/2008	5162	Christy Yetley	F	48	Solon	IA	Masters	Ceement Shoes	10:26	00:52:10.00
775	1396/2008	4632	Kristi Kava	F	39	Omaha	NE	Women	Moms on the Run	10:26	00:52:11.00
776	1397/2008	2561	Leanne bartlow	F	53	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	10:26	00:52:12.00
777	1398/2008	4467	Holli Pogeler	F	40	Cherokee	IA	Women	Brisk & Bright	10:26	00:52:12.00
778	1399/2008	5106	Jill Rhead	F	33	Humboldt	IA	Women	WeÆve Got The Runs	10:26	00:52:13.00
779	1400/2008	4992	Lynn Gorman	F	36	Plattsmouth	NE	Women	The Dream Chafers	10:26	00:52:14.00
780	1401/2008	5477	Chelsea Mills	F	99	Lincoln	NE	Corporate	Potential Issues	10:26	00:52:14.00
781	1402/2008	5388	Shelby Spiker	F	29	Ankeny	IA	Academic Division	DMAcc Blue Past You	10:27	00:52:15.00
782	1403/2008	4552	Rachel Dancer	F	41	Cedar Falls	IA	Women	Hot Mess Moms	10:27	00:52:16.00
783	1405/2008	2033	Ashley Funkhauser	F	38	Des Moines	IA	Open	#whydowedothis?	10:28	00:52:20.00
784	1406/2008	3587	Amy Stuntz	F	36	Urbandale	IA	Mixed	Joe's Hoes	10:28	00:52:20.00
785	1407/2008	4416	Amber Senn	F	31	Ankeny	IA	Women	Beast Mode Beauties	10:28	00:52:22.00
786	1408/2008	5334	Sarah Miller	F	43	Des Moines	IA	Women Masters	Oh Van Where Art Thou?	10:28	00:52:23.00
787	1410/2008	5014	Tenille Miller	F	32	Bennett	IA	Women	The Sparkle Divas	10:29	00:52:25.00
788	1411/2008	5126	Alison Powell	F	38	Independence	MO	Women	Winking Cats	10:29	00:52:26.00
789	1412/2008	4715	Stacy Soderholm	F	37	Lakefield	MN	Women	PokeMoms	10:29	00:52:27.00
790	1414/2008	2372	Luann Ostergaard	F	61	Johnston	IA	Open	Lu's Lads	10:29	00:52:29.00
791	1415/2008	3382	Natica Boland	F	35	Ankeny	IA	Mixed	Embrace the Suck	10:29	00:52:29.00
792	1416/2008	5221	Anne anderson	F	43	Coon Rapids	MN	Mixed Masters	Gypsies- Tramps & Thieves	10:30	00:52:30.00
793	1417/2008	5075	Caitlin Allely	F	24	Omaha	NE	Women	wearblue:runtoremember	10:30	00:52:33.00
794	1418/2008	3524	Andrea Quann	F	35	West Des Moines	IA	Mixed	I Can't Feel My Legs When I'm With You	10:30	00:52:34.00
795	1419/2008	2207	Katie Graham	F	38	Indianola	IA	Open	Finally gonna register so gotta have a team nar	10:31	00:52:35.00
796	1420/2008	2967	Deena Townley	F	50	Ankeny	IA	Corporate	Renewable Energy	10:31	00:52:35.00
797	1421/2008	2972	Kelli Van Roekel	F	36	Sioux Center	IA	Corporate	Sioux Center Christian School-A Team	10:31	00:52:35.00
798	1423/2008	5248	Kristen Franken	F	52	Ames	IA	Mixed Masters	Semper Vardo	10:31	00:52:36.00
799	1424/2008	3727	Emma OÆPolka	F	29	Grinnell	IA	Mixed	Original 7	10:31	00:52:37.00
800	1425/2008	5146	Megan Hall	F	36	Gretna	NE	Women	WTF...Where's The Finish	10:31	00:52:37.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
801	1427/2008	5271	April Fleischman	F	40	West Des Moines	IA	Women Masters	Absolutely Fabulous	10:31	00:52:38.00
802	1428/2008	5455	Desirae Willms	F	36	Akron	IA	Religious	Sioux County Saints	10:31	00:52:38.00
803	1431/2008	4722	Caitlin Brown	F	34	Des Moines	IA	Women	Pretty Girl Rock	10:31	00:52:40.00
804	1434/2008	3071	Kristi York	F	40	West Des Moines	IA	Mixed	A Strange Van Full of Strange People	10:32	00:52:43.00
805	1435/2008	2971	Meredith Spicher	F	23	Sioux Center	IA	Corporate	Sioux Center Christian School-A Team	10:33	00:52:45.00
806	1436/2008	5242	Natalie Welter	F	61	Story City	IA	Mixed Masters	Semper Vardo	10:33	00:52:45.00
807	1437/2008	4264	Lisa Vanderpluym-Demmer	F	40	Urbandale	IA	Mixed	Was Faster- 10 Years Ago!	10:33	00:52:46.00
808	1438/2008	2111	Jamie Waller	F	30	Lohrville	IA	Open	Better at runnin a tab up	10:33	00:52:47.00
809	1440/2008	3043	Sara Croskey	F	50	Des Moines	IA	Mixed	#huffingandpuffing	10:34	00:52:50.00
810	1443/2008	4833	Erin Olson	F	40	Sanborn	IA	Women	S.W.A.T.T	10:34	00:52:50.00
811	1444/2008	2635	Brandy Anderson	F	38	Ankeny	IA	Open	Tequila Chasers	10:34	00:52:53.00
812	1445/2008	4741	Lindsay Schaapveld	F	36	Waverly	IA	Women	Rise and Shine	10:34	00:52:53.00
813	1446/2008	2723	Megan Wessling	F	30	Papillion	NE	Open	Tick Tock We DonÆt Stop	10:34	00:52:55.00
814	1447/2008	4696	Tami Stuekerjuergen	F	51	Donnellson	IA	Women	Pavement Princesses	10:34	00:52:55.00
815	1448/2008	3702	Megan Haugerud	F	37	Urbandale	IA	Mixed	No Time For Cardio	10:35	00:52:57.00
816	1449/2008	4495	Tara Atkinson	F	40	Madrid	IA	Women	Easier Said Than Run	10:36	00:53:00.00
817	1450/2008	2076	Brenda Manteufel	F	43	Overland Park	KS	Open	All That Remains Is Love	10:36	00:53:01.00
818	1451/2008	5266	Nicole Newton	F	40	Yarmouth	IA	Mixed Masters	The Running Fartz	10:36	00:53:03.00
819	1452/2008	4695	Cari Reicherts	F	40	Waterloo	IA	Women	Pavement Princesses	10:36	00:53:04.00
820	1453/2008	4761	Deena Klesel	F	32	Ankeny	IA	Women	Run Mama Run	10:37	00:53:06.00
821	1454/2008	5037	Kassie Adams	F	38	North Liberty	IA	Women	Tough Mother Runners	10:38	00:53:11.00
822	1455/2008	4153	Jaclyn Richmond	F	39	Hiawatha	IA	Mixed	The Strong WILLed	10:38	00:53:12.00
823	1456/2008	2867	Heidi Pollmann	F	43	Des Moines	IA	Corporate	DLR Group	10:38	00:53:13.00
824	1459/2008	2633	Karla Williams	F	32	Donnellson	IA	Open	Tequila Chasers	10:39	00:53:15.00
825	1460/2008	3595	Mara Wengryn	F	28	Leon	IA	Mixed	Just Keep Running- Just Keep Running	10:39	00:53:15.00
826	1461/2008	4921	Carol Dettmer	F	45	Mason City	IA	Women	Team Awesome Sauce	10:39	00:53:15.00
827	1462/2008	5095	Katie Iverson	F	45	Iowa City	IA	Women	WeÆre Kind of a Big Deal	10:39	00:53:16.00
828	1463/2008	5097	Elizabeth Sanderson	F	47	Evanston	IL	Women	WeÆre Kind of a Big Deal	10:39	00:53:17.00
829	1464/2008	3836	Rachel Hoy	F	24	Dunlap	IA	Mixed	Run Drink Repeat	10:39	00:53:20.00
830	1465/2008	3341	Melissa Lind	F	31	Des Moines	IA	Mixed	DINNER TIME	10:40	00:53:22.00
831	1466/2008	2073	Ann Adamson	F	46	Marion	IA	Open	All That Remains Is Love	10:40	00:53:23.00
832	1467/2008	3377	Michaela Kriener	F	44	Omaha	NE	Mixed	Drop the Deuce	10:40	00:53:23.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
833	1468/2008	4936	Lisa Fender	F	43	Iowa City	IA	Women	Team D.I.L.L.I.G.A.F.	10:40	00:53:23.00
834	1469/2008	4752	Jadie Van Pelt	F	31	Ankeny	IA	Women	Run Like the Winded	10:40	00:53:24.00
835	1470/2008	5288	Shelly Fargo	F	45	Lincoln	NE	Women Masters	AWOL	10:40	00:53:24.00
836	1471/2008	4005	Whitney Bozarth	F	28	Omaha	NE	Mixed	Straight Outta Breath	10:41	00:53:25.00
837	1472/2008	5127	Andrea Stegall	F	35	Cedar Rapids	IA	Women	Winking Cats	10:41	00:53:26.00
838	1473/2008	2118	Maja Campbell	F	38	North Liberty	IA	Open	Better at runnin a tab up	10:41	00:53:28.00
839	1474/2008	5032	Jess Killeen	F	38	Omaha	NE	Women	Tough Mother Runners	10:42	00:53:32.00
840	1475/2008	3814	Tami Marienau	F	58	Roland	IA	Mixed	Rum Runners	10:42	00:53:34.00
841	1476/2008	3297	Laura Robson	F	38	Guthrie Center	IA	Mixed	Cold Turkey Cuss Bus	10:43	00:53:35.00
842	1477/2008	3111	Alice Lauer	F	56	Lincoln	NE	Mixed	Average Joes	10:43	00:53:36.00
843	1478/2008	4436	Maja campbell	F	38	North Liberty	IA	Women	Better At Runnin Up A Tab	10:43	00:53:36.00
844	1479/2008	4731	Amy Bierbaum	F	41	Council Bluffs	IA	Women	Real Housewives of CB	10:43	00:53:37.00
845	1480/2008	3821	Amy Ruisinger	F	48	Bennet	NE	Mixed	RUN CYT	10:44	00:53:40.00
846	1481/2008	5114	Megan Schumacher	F	39	Altoona	IA	Women	Whats Our Name?	10:44	00:53:41.00
847	1482/2008	4951	Alycia Karsjens	F	35	North Liberty	IA	Women	Team Unicorn	10:44	00:53:42.00
848	1483/2008	2174	Andrea Hennings	F	32	Papillion	NE	Open	DECADEnce	10:45	00:53:45.00
849	1484/2008	4441	Jessica Camplin	F	38	Grand Island	NE	Women	Better at running up a tab	10:45	00:53:46.00
850	1485/2008	4678	Tami Kraayenbrink	F	36	Sioux Center	IA	Women	Not so hard-core mamas	10:45	00:53:48.00
851	1486/2008	2083	Robbyn Anand	F	37	Ames	IA	Open	Awesome Sauce	10:45	00:53:50.00
852	1487/2008	4818	Holly Andela	F	42	Manhattan	KS	Women	Runaway Chix	10:45	00:53:50.00
853	1489/2008	2173	Susan Stangl	F	32	Omaha	NE	Open	DECADEnce	10:48	00:54:00.00
854	1491/2008	4324	Shelby GOERING	F	29	Roca	NE	Mixed	Worst Pace Scenario	10:48	00:54:00.00
855	1492/2008	4591	Kim Crawford	F	40	Keota	IA	Women	Keota	10:48	00:54:01.00
856	1493/2008	4791	Sarah Ziegler	F	43	Underwood	IA	Women	Run With A Heart On	10:49	00:54:09.00
857	1495/2008	4347	Jady Polson	F	22	Johnston	IA	Mixed	Your Pace or Mine?	10:50	00:54:11.00
858	1496/2008	4911	Suzanne Hennings	F	46	North Liberty	IA	Women	Team ACT	10:50	00:54:11.00
859	1497/2008	4942	Annette O'Brien	F	55	Glenwood	IA	Women	Team R.I.O.T. (Running Is Our Therapy)	10:50	00:54:13.00
860	1498/2008	5224	Sone Srixomphou	F	40	Mountain Lake	MN	Mixed Masters	Gypsies- Tramps & Thieves	10:50	00:54:14.00
861	1500/2008	3027	Natasha Nikkel	F	30	Sully	IA	Corporate	WesleyLife Wellness Team	10:51	00:54:16.00
862	1501/2008	4056	Tristan Gremmer	F	34	Williamsburg	IA	Mixed	Team Llamacorn	10:51	00:54:17.00
863	1502/2008	4634	Michelle Schulte	F	34	Council Bluffs	IA	Women	Moms on the Run	10:51	00:54:17.00
864	1503/2008	2631	Cayla Pieper	F	24	Wever	IA	Open	Tequila Chasers	10:51	00:54:19.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
865	1504/2008	3223	Mandy Kellogg	F	32	New Hampton	IA	Mixed	Bossy	10:52	00:54:20.00
866	1506/2008	5332	Kylah Barnes	F	41	Sheldon	IA	Women Masters	Oh Van Where Art Thou?	10:52	00:54:21.00
867	1507/2008	2286	Sarah Dougherty	F	37	Huxley	IA	Open	Inquiring Minds	10:52	00:54:22.00
868	1512/2008	2021	Camille Mann	F	36	Des Moines	IA	Open	#pukeandrally	10:53	00:54:27.00
869	1513/2008	4894	Kristen Eldridge	F	24	Lincoln	NE	Women	SSDGM	10:53	00:54:27.00
870	1514/2008	2632	Bobbi Kruse	F	36	Donnelson	IA	Open	Tequila Chasers	10:53	00:54:28.00
871	1515/2008	5115	Stephanie Hendrickson	F	37	Altoona	IA	Women	Whats Our Name?	10:53	00:54:29.00
872	1516/2008	5235	Jessie James	F	40	Adel	IA	Mixed Masters	Respect Your Elders	10:53	00:54:29.00
873	1517/2008	2092	Jenna Bakke	F	26	North Liberty	IA	Open	Bakke	10:53	00:54:30.00
874	1518/2008	3012	Ashley Martinez	F	35	Ames	IA	Corporate	Team Keen	10:53	00:54:30.00
875	1519/2008	4624	Amanda Stamp	F	33	Neola	IA	Women	Midwest Mamas	10:53	00:54:30.00
876	1520/2008	2566	Taelor Huffman	F	28	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	10:54	00:54:32.00
877	1521/2008	3131	Araceli Johnson	F	44	Holstein	IA	Mixed	Backdraft	10:54	00:54:32.00
878	1523/2008	4051	Mary Beth Davis	F	37	Cedar Rapids	IA	Mixed	Team Llamacorn	10:54	00:54:33.00
879	1526/2008	2472	Kelly Tanzer	F	40	Omaha	NE	Open	Run 2 Travel	10:55	00:54:38.00
880	1528/2008	4354	Amanda Paulsen	F	35	Ankeny	IA	Women	#FirstTimers	10:55	00:54:38.00
881	1529/2008	4514	Lacy Baitinger	F	36	Murdock	NE	Women	Girls Run Wild	10:55	00:54:38.00
882	1530/2008	3588	Jenny Simonis	F	36	Waukee	IA	Mixed	Joe's Hoes	10:56	00:54:40.00
883	1531/2008	3913	Annemarie Johnson	F	33	West Des Moines	IA	Mixed	S&W Fender Benders	10:56	00:54:40.00
884	1532/2008	4326	Ashley McGee	F	28	Cortland	NE	Mixed	Worst Pace Scenario	10:56	00:54:40.00
885	1533/2008	3231	Sherrie Collins	F	44	Atkins	IA	Mixed	Burning off the Crazy!	10:56	00:54:44.00
886	1534/2008	3411	Carol Stratemeyer	F	64	Des Moines	IA	Mixed	Fleet Running Partners	10:56	00:54:44.00
887	1536/2008	2281	Mckenzie Kennedy	F	35	West Des Moines	IA	Open	Inquiring Minds	10:57	00:54:46.00
888	1537/2008	3351	Jocelyn Crabtree	F	34	Lincoln	NE	Mixed	DNR (Drinkers Not Runners)	10:57	00:54:46.00
889	1538/2008	3543	Laci Schafer	F	40	Villisca	IA	Mixed	Insanity Made Us Do It	10:57	00:54:46.00
890	1539/2008	3574	Jen Hummel	F	36	Waukee	IA	Mixed	Jen's Mouth is So Dirty They Have A Bulldozer	10:57	00:54:46.00
891	1540/2008	4597	Paige Jaeger	F	29	Clive	IA	Women	Keota	10:57	00:54:48.00
892	1541/2008	4385	Stephanie Filer	F	37	Des Moines	IA	Women	2 Pretty 4 Math	10:58	00:54:50.00
893	1542/2008	3443	Steph Schares	F	38	Ames	IA	Mixed	Follow the Clues	10:58	00:54:51.00
894	1543/2008	4353	Mandy Paulsen	F	32	Ankeny	IA	Women	#FirstTimers	10:58	00:54:51.00
895	1544/2008	2382	Katie DeBower	F	31	Pella	IA	Open	Magic School Bus	10:58	00:54:52.00
896	1545/2008	3484	Nicole Lindquist	F	37	Council Bluffs	IA	Mixed	Grandma's Babysitting	10:58	00:54:54.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
897	1546/2008	4825	Leslie Timmerman	F	38	Bennett	IA	Women	Running Like A Mother	10:59	00:54:59.00
898	1548/2008	2983	Megan Gent	F	31	West Des Moines	IA	Corporate	Snacks & Naps	11:00	00:55:00.00
899	1549/2008	3202	April Scriven	F	43	Lincoln	NE	Mixed	Blue Footed Boobies	11:00	00:55:00.00
900	1550/2008	3453	Alison St. Germain	F	50	Gilbert	IA	Mixed	FSHNProfessors	11:00	00:55:00.00
901	1551/2008	4561	Mary Meskimen	F	43	North Liberty	IA	Women	Hot Messes	11:00	00:55:00.00
902	1552/2008	4975	Stacy Ackerman	F	36	Williamsburg	IA	Women	The Beeliners	11:00	00:55:00.00
903	1554/2008	3544	Kadee Myers	F	42	Villisca	IA	Mixed	Insanity Made Us Do It	11:00	00:55:01.00
904	1555/2008	4265	Melissa Johnson	F	37	Ankeny	IA	Mixed	Was Faster- 10 Years Ago!	11:00	00:55:01.00
905	1556/2008	2535	Season Epp	F	42	Lincoln	NE	Open	RUNS WITH SCISSORS	11:00	00:55:02.00
906	1557/2008	2666	Jacie O'Brien	F	31	Sumner	IA	Open	The Highly Educated	11:00	00:55:03.00
907	1558/2008	2923	Shannon McGee	F	28	Des Moines	IA	Corporate	INVISION	11:00	00:55:03.00
908	1559/2008	5373	Amanda McHendry	F	32	Omaha	NE	Academic Division	Bluth Company	11:00	00:55:03.00
909	1563/2008	5141	Michelle Glow	F	33	Omaha	NE	Women	WTF...Where's The Finish	11:01	00:55:09.00
910	1564/2008	5363	Kathleen McClung	F	43	Gretna	NE	Women Masters	The Streakers	11:02	00:55:10.00
911	1565/2008	4945	Jessica Heidebrecht	F	31	Omaha	NE	Women	Team R.I.O.T. (Running Is Our Therapy)	11:02	00:55:13.00
912	1566/2008	2702	Lisa Blunk	F	40	Maxwell	IA	Open	The young and the breathless!	11:02	00:55:14.00
913	1568/2008	5035	Jessica Krob	F	40	North Liberty	IA	Women	Tough Mother Runners	11:03	00:55:16.00
914	1569/2008	3914	Megan Wick	F	48	Clive	IA	Mixed	S&W Fender Benders	11:03	00:55:17.00
915	1570/2008	4405	Lori Stevenson	F	56	West Des Moines	IA	Women	Babes on the Run	11:03	00:55:17.00
916	1571/2008	4481	Allison Fritsche	F	37	Holdrege	NE	Women	Deuces Wild	11:04	00:55:22.00
917	1572/2008	4922	Kris Garrett	F	51	Mason City	IA	Women	Team Awesome Sauce	11:04	00:55:22.00
918	1573/2008	5073	Free Smith	F	45	Omaha	NE	Women	wearblue:runtoremember	11:04	00:55:22.00
919	1574/2008	3951	Ronda Graff	F	47	Mccook	NE	Mixed	Slow- but we finish	11:04	00:55:23.00
920	1576/2008	3905	Julianna Burkholder	F	33	Forest City	IA	Mixed	Runs on Beer	11:05	00:55:25.00
921	1577/2008	4371	Mariah Obiedzinski	F	35	Center Point	IA	Women	#TeamRunsWithBlankets	11:05	00:55:25.00
922	1578/2008	2093	Karly Kramer	F	24	North Liberty	IA	Open	Bakke	11:05	00:55:27.00
923	1579/2008	4213	Raeann Skeers	F	40	West Des Moines	IA	Mixed	Top Run	11:05	00:55:27.00
924	1580/2008	4987	Marsha Krienke-Hansen	F	41	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	11:05	00:55:29.00
925	1581/2008	2482	Susie Bormann	F	52	Des Moines	IA	Open	Run Like The Winded - The Original	11:06	00:55:30.00
926	1583/2008	3835	Regina Davis	F	45	Ankeny	IA	Mixed	Run Drink Repeat	11:06	00:55:31.00
927	1585/2008	4645	Ericka Bass	F	24	Anamosa	IA	Women	Not Fast but Kinda Furious	11:06	00:55:32.00
928	1586/2008	4595	Jenna Hull	F	31	West Des Moines	IA	Women	Keota	11:06	00:55:34.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
929	1587/2008	4636	Kristin Phelps	F	38	Omaha	NE	Women	Moms on the Run	11:06	00:55:34.00
930	1588/2008	4658	Tricia Van Regenmorter	F	27	Sanborn	IA	Women	Not Fast- Just Furious	11:07	00:55:35.00
931	1589/2008	5003	Kristie Carr	F	40	Chariton	IA	Women	The Magnificent Seven	11:07	00:55:35.00
932	1590/2008	4583	Jennifer Groen	F	39	Mason City	IA	Women	I Thought They Said Rum	11:07	00:55:36.00
933	1591/2008	4697	Tracy Blanchard	F	36	Fort Madison	IA	Women	Pavement Princesses	11:07	00:55:36.00
934	1592/2008	5361	Emily Williams	F	45	Lincoln	NE	Women Masters	The Streakers	11:07	00:55:36.00
935	1593/2008	3381	Sharese Van Sloten	F	33	Cedar Falls	IA	Mixed	Embrace the Suck	11:07	00:55:37.00
936	1594/2008	4221	Cecily Kulhavy	F	27	Des Moines	IA	Mixed	Udder Chaos	11:07	00:55:38.00
937	1596/2008	4614	Erin Pape	F	39	Davenport	IA	Women	Matching T-shirts	11:08	00:55:41.00
938	1597/2008	4832	Caresa Carney	F	44	Sanborn	IA	Women	S.W.A.T.T	11:08	00:55:43.00
939	1598/2008	5366	Holly Suit	F	44	Boise	ID	Women Masters	The Streakers	11:08	00:55:43.00
940	1599/2008	3266	Afton Erdmann	F	37	Ankeny	IA	Mixed	Chafing the Dream	11:09	00:55:45.00
941	1600/2008	3525	Margot McComas	F	34	Urbandale	IA	Mixed	I Can't Feel My Legs When I'm With You	11:09	00:55:45.00
942	1601/2008	3701	Abby Vermeer	F	26	Bondurant	IA	Mixed	No Time For Cardio	11:09	00:55:45.00
943	1602/2008	4468	Crystal Samsel	F	41	Meriden	IA	Women	Brisk & Bright	11:09	00:55:45.00
944	1603/2008	3942	Tonya Blaser	F	42	Adams	NE	Mixed	Sibling Rivalry	11:09	00:55:49.00
945	1604/2008	5301	Deanna Jares	F	61	Omaha	NE	Women Masters	Ladies of the Evening	11:09	00:55:49.00
946	1605/2008	3094	Tara Murphy	F	54	Des Moines	IA	Mixed	All in the Family.	11:10	00:55:50.00
947	1606/2008	5302	Mariana Phipps	F	75	Omaha	NE	Women Masters	Ladies of the Evening	11:10	00:55:50.00
948	1609/2008	3527	Amy Langgin	F	43	Des Moines	IA	Mixed	I Can't Feel My Legs When I'm With You	11:11	00:55:57.00
949	1610/2008	4352	Lisa MOUNT	F	36	Boone	IA	Women	#FirstTimers	11:12	00:56:00.00
950	1611/2008	4372	Ariel DaCosta	F	28	Cedar Rapids	IA	Women	#TeamRunsWithBlankets	11:12	00:56:00.00
951	1612/2008	4644	Taylor Hackett	F	25	Davenport	IA	Women	Not Fast but Kinda Furious	11:12	00:56:00.00
952	1613/2008	4122	Gretchen Middleton	F	53	Lincoln	NE	Mixed	The Knights Who Say Knee	11:12	00:56:01.00
953	1614/2008	3045	Kristine Crisman	F	54	Des Moines	IA	Mixed	#huffingandpuffing	11:13	00:56:06.00
954	1615/2008	4455	Heidi Sirdoreus	F	42	Altoona	IA	Women	BrickHouse Babes	11:13	00:56:09.00
955	1617/2008	2271	Emily Nimsakont	F	41	Ashland	NE	Open	Ice Baggers 4 Life	11:14	00:56:11.00
956	1618/2008	3734	Patty Sneddon-Kisting	F	37	Grimes	IA	Mixed	P.B.R.	11:14	00:56:12.00
957	1619/2008	3765	Ryane Pappa	F	28	Davenport	IA	Mixed	Party Patrol	11:14	00:56:12.00
958	1620/2008	4238	Cody Reichart	F	40	Polk City	IA	Mixed	Ummmm	11:14	00:56:12.00
959	1621/2008	4417	Elizabeth Broadus	F	39	Ankeny	IA	Women	Beast Mode Beauties	11:14	00:56:14.00
960	1622/2008	4971	Jessica Meier	F	34	Sigourney	IA	Women	The Beeliners	11:14	00:56:14.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
961	1623/2008	5123	Sabrina Danielson	F	32	Denver	CO	Women	Winking Cats	11:14	00:56:14.00
962	1625/2008	4151	Elyse Lenz	F	33	Monmouth	IL	Mixed	The Strong WILLed	11:15	00:56:17.00
963	1626/2008	2941	Cj Avande	F	26	Omaha	NE	Corporate	LinkedIn	11:15	00:56:18.00
964	1627/2008	3638	Molly Manning	F	31	Lincoln	NE	Mixed	Manning Mafia	11:16	00:56:20.00
965	1628/2008	3586	Abby Conrad	F	36	Waukee	IA	Mixed	Joe's Hoes	11:16	00:56:21.00
966	1629/2008	4813	Natasha Nelson	F	39	Gulfport	FL	Women	Runaway Chix	11:16	00:56:21.00
967	1630/2008	4814	Jamie Shonk	F	45	Gulfport	FL	Women	Runaway Chix	11:16	00:56:21.00
968	1631/2008	3591	Alison Wengryn	F	32	Des Moines	IA	Mixed	Just Keep Running- Just Keep Running	11:16	00:56:23.00
969	1634/2008	2982	Megan Ware	F	36	Urbandale	IA	Corporate	Snacks & Naps	11:18	00:56:30.00
970	1635/2008	4303	Alana Schares	F	43	Urbandale	IA	Mixed	We'll Be FINE	11:18	00:56:30.00
971	1636/2008	5072	Amy L Cobbs	F	38	Omaha	NE	Women	wearblue:runtoremember	11:18	00:56:30.00
972	1637/2008	3542	Caryn Keller	F	28	Villisca	IA	Mixed	Insanity Made Us Do It	11:18	00:56:31.00
973	1638/2008	3302	Caitlin Peterson	F	31	West Des Moines	IA	Mixed	CYCOS	11:18	00:56:32.00
974	1639/2008	4586	Angie Stricker	F	42	Mason City	IA	Women	I Thought They Said Rum	11:18	00:56:32.00
975	1640/2008	4323	Erin Mihm	F	31	Clay Center	NE	Mixed	Worst Pace Scenario	11:18	00:56:33.00
976	1641/2008	3363	Joann Eaton	F	50	Armstrong	IA	Mixed	Dr. Schultz's Minions	11:19	00:56:38.00
977	1643/2008	4712	Dawn Burns	F	57	Stewartville	MN	Women	PokeMoms	11:19	00:56:38.00
978	1644/2008	3974	Lani McKinney	F	46	Ames	IA	Mixed	Speedy Streakers	11:19	00:56:39.00
979	1645/2008	4725	Kristin Molgaard	F	24	West Des Moines	IA	Women	Pretty Girl Rock	11:19	00:56:39.00
980	1646/2008	5074	Nicole Hoffman	F	40	Elmwood	NE	Women	wearblue:runtoremember	11:20	00:56:40.00
981	1647/2008	5442	Tarassa Dekker	F	29	Juniata	NE	Religious	Lifehouse Church	11:20	00:56:41.00
982	1648/2008	2483	Gentry Smith	F	43	Lucas	IA	Open	Run Like The Winded - The Original	11:20	00:56:43.00
983	1649/2008	4492	Emily Ostert	F	41	Madrid	IA	Women	Easier Said Than Run	11:20	00:56:43.00
984	1650/2008	5108	Sara Embrey	F	33	Des Moines	IA	Women	WeÆve Got The Runs	11:20	00:56:43.00
985	1652/2008	3948	Lisa Zessin	F	41	Malcolm	NE	Mixed	Sibling Rivalry	11:20	00:56:44.00
986	1653/2008	4192	Maggie Snyder	F	25	Saint Paul	MN	Mixed	Thick Thighs Save Lives	11:21	00:56:45.00
987	1654/2008	4902	Kylee Schoen	F	32	Filley	NE	Women	Team 369	11:21	00:56:45.00
988	1655/2008	4062	Sarah Kennedy	F	29	Ankeny	IA	Mixed	Team Pacman	11:21	00:56:49.00
989	1656/2008	4754	Jess Hudspeth	F	45	Lakeside	IA	Women	Run Like the Winded	11:21	00:56:49.00
990	1657/2008	5144	Shana Martinez	F	40	Omaha	NE	Women	WTF...Where's The Finish	11:21	00:56:49.00
991	1658/2008	3847	Molly Gosselink	F	37	Clive	IA	Mixed	Run Like A Champ- Not Like A Chump	11:22	00:56:50.00
992	1659/2008	2764	Kari Gosselink	F	39	Grinnell	IA	Open	We'll Get There When We Get There	11:23	00:56:55.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
993	1660/2008	4836	Wendy Robinson	F	49	Sheldon	IA	Women	S.W.A.T.T	11:23	00:56:55.00
994	1661/2008	4882	Emily Smith	F	26	Grinnell	IA	Women	Soles on Fire	11:23	00:56:57.00
995	1662/2008	3782	Rabecca Jones	F	48	Des Moines	IA	Mixed	Quads of Fury	11:24	00:57:01.00
996	1663/2008	3506	Chelsea Cheney	F	36	Marion	IA	Mixed	Homestar Runners	11:24	00:57:02.00
997	1664/2008	3877	Clarrissa Lincoln	F	34	Ames	IA	Mixed	Running on Empty	11:25	00:57:05.00
998	1665/2008	5374	Sarah Richardson	F	39	Omaha	NE	Academic Division	Bluth Company	11:25	00:57:05.00
999	1666/2008	2552	Mariel McCann	F	31	Des Moines	IA	Open	Sleep. Eat. Poop. Run.	11:25	00:57:09.00
1000	1668/2008	4956	Alexis Kimbrough	F	40	Lisbon	IA	Women	Team Unicorn	11:25	00:57:09.00
1001	1669/2008	5445	Jamie Logue	F	37	Grand Island	NE	Religious	Lifehouse Church	11:25	00:57:09.00
1002	1670/2008	4877	Colleen Johnston	F	24	Montezuma	IA	Women	Sole Sisters	11:26	00:57:10.00
1003	1672/2008	4594	Heather Jaeger	F	33	Keota	IA	Women	Keota	11:26	00:57:11.00
1004	1673/2008	4837	Lana Endorf	F	44	Sanborn	IA	Women	S.W.A.T.T	11:26	00:57:11.00
1005	1675/2008	4382	Melissa Dietrich	F	39	Minneapolis	MN	Women	2 Pretty 4 Math	11:26	00:57:14.00
1006	1676/2008	3141	Paige Bouc	F	26	Lincoln	NE	Mixed	Beer Nuts	11:28	00:57:22.00
1007	1677/2008	4431	Victoria Walstrum	F	28	Coralville	IA	Women	Better At Runnin Up A Tab	11:28	00:57:22.00
1008	1678/2008	5262	Margie Ward	F	55	Burlington	IA	Mixed Masters	The Running Fartz	11:28	00:57:22.00
1009	1679/2008	4411	Brittney Hampl	F	30	Wakefield	NE	Women	Beast Mode Beauties	11:29	00:57:25.00
1010	1683/2008	4241	Erin Winters	F	36	Winterset	IA	Mixed	Undertrained and Overconfident	11:30	00:57:31.00
1011	1684/2008	5225	Jessica Davis	F	40	Roseville	MN	Mixed Masters	Gypsies- Tramps & Thieves	11:31	00:57:38.00
1012	1686/2008	4282	Leann Hostetler	F	34	Jefferson	IA	Mixed	We should be done by now	11:32	00:57:43.00
1013	1687/2008	5478	Lillian Oniell	F	99	Lincoln	NE	Corporate	Potential Issues	11:33	00:57:47.00
1014	1688/2008	2022	Jolynn Nixt	F	37	Norwalk	IA	Open	#pukeandrally	11:33	00:57:48.00
1015	1689/2008	3952	Emma Graff	F	13	Mccook	NE	Mixed	Slow- but we finish	11:33	00:57:48.00
1016	1690/2008	4633	Kristin Gentry	F	38	Lavista	NE	Women	Moms on the Run	11:34	00:57:54.00
1017	1691/2008	2032	Whitney Achenbaugh	F	32	Iowa City	IA	Open	#whydowedothis?	11:35	00:57:55.00
1018	1693/2008	3713	Barb Meyer	F	55	New London	IA	Mixed	Not Fast But Furious	11:35	00:57:56.00
1019	1694/2008	2991	Dawn Brodersen	F	36	Ankeny	IA	Corporate	Team Bond	11:35	00:57:59.00
1020	1696/2008	3414	Shirley Hoveland	F	61	Des Moines	IA	Mixed	Fleet Running Partners	11:36	00:58:03.00
1021	1697/2008	4665	Hanna Kennedy	F	22	Des Moines	IA	Women	Not my hill....Not my problem!	11:36	00:58:03.00
1022	1698/2008	4593	Katelyn Hammen	F	30	Harper	IA	Women	Keota	11:36	00:58:05.00
1023	1699/2008	4985	Kristen McKenney	F	40	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	11:36	00:58:05.00
1024	1700/2008	4623	Wendy Lausen	F	33	Logan	IA	Women	Midwest Mamas	11:37	00:58:08.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1025	1701/2008	2953	Kari Livengood	F	47	Center Point	IA	Corporate	Not So Fast	11:37	00:58:09.00
1026	1702/2008	4795	Dena Nelson	F	46	Council Bluffs	IA	Women	Run With A Heart On	11:37	00:58:09.00
1027	1703/2008	2563	Jane Opheim	F	44	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	11:38	00:58:11.00
1028	1704/2008	4995	Katie Fitch	F	40	Kearney	NE	Women	The Dream Chafers	11:38	00:58:13.00
1029	1705/2008	3134	Melissa Fraser	F	35	Holstein	IA	Mixed	Backdraft	11:38	00:58:14.00
1030	1707/2008	4666	Avory Gurwell	F	23	Des Moines	IA	Women	Not my hill....Not my problem!	11:39	00:58:17.00
1031	1708/2008	4775	Alison Miller	F	29	Westminster	CO	Women	Run Now Wine Later	11:39	00:58:19.00
1032	1711/2008	3924	Kristi Vander Kooi	F	48	Sioux Center	IA	Mixed	SCCS A+ Team	11:41	00:58:27.00
1033	1712/2008	2776	Molly Denney	F	42	Anita	IA	Open	Wheaties Box Rejects	11:41	00:58:28.00
1034	1713/2008	3025	Paige Wardell	F	25	Indianola	IA	Corporate	WesleyLife Wellness Team	11:41	00:58:29.00
1035	1714/2008	3355	Aubrey Brown	F	31	Omaha	NE	Mixed	DNR (Drinkers Not Runners)	11:42	00:58:32.00
1036	1715/2008	3815	Mylissa Carstens	F	44	Washington	IL	Mixed	Rum Runners	11:42	00:58:32.00
1037	1716/2008	3757	Debra Zarek	F	35	Genoa	NE	Mixed	Pardon My Fartlek	11:42	00:58:34.00
1038	1719/2008	2527	Niki Ortner	F	41	Omaha	NE	Open	Running Sucks	11:43	00:58:38.00
1039	1720/2008	5122	Laura Hupp	F	34	Minneapolis	MN	Women	Winking Cats	11:43	00:58:39.00
1040	1722/2008	2282	Courtney Wahlstrom	F	38	Clive	IA	Open	Inquiring Minds	11:44	00:58:42.00
1041	1723/2008	4835	Heather Bakker	F	35	Sanborn	IA	Women	S.W.A.T.T	11:44	00:58:42.00
1042	1724/2008	2533	Lora Sypal	F	46	Lincoln	NE	Open	RUNS WITH SCISSORS	11:44	00:58:44.00
1043	1725/2008	3968	Laura Howe	F	34	Nora Springs	IA	Mixed	Sole Crazy Runners	11:44	00:58:44.00
1044	1726/2008	5452	Dorinda Oostenink	F	37	Sioux Center	IA	Religious	Sioux County Saints	11:44	00:58:44.00
1045	1727/2008	2775	Rhonda Smith	F	48	Garden Grove	IA	Open	Wheaties Box Rejects	11:45	00:58:47.00
1046	1728/2008	4622	Liz Koepp	F	31	Omaha	NE	Women	Midwest Mamas	11:45	00:58:48.00
1047	1729/2008	5467	Darci Bangert	F	35	Fort Dodge	IA	Religious	We Will Run	11:45	00:58:48.00
1048	1730/2008	3132	Mari Seel	F	35	Cherokee	IA	Mixed	Backdraft	11:46	00:58:52.00
1049	1731/2008	3823	Lisa Kasik	F	43	Lincoln	NE	Mixed	RUN CYT	11:46	00:58:54.00
1050	1732/2008	3656	Jessica Ekman	F	35	Johnston	IA	Mixed	Misbehavin!!	11:48	00:59:02.00
1051	1733/2008	5006	Tina Clark	F	53	Corydon	IA	Women	The Magnificent Seven	11:48	00:59:02.00
1052	1734/2008	2395	Amanda Hohn	F	34	West Des Moines	IA	Open	MM EZ Market Warriors	11:48	00:59:03.00
1053	1735/2008	3876	Monica Bohnert	F	50	Ames	IA	Mixed	Running on Empty	11:48	00:59:03.00
1054	1736/2008	4145	Emmaly Renshaw	F	38	Cedar Rapids	IA	Mixed	The Rosie Runners	11:49	00:59:05.00
1055	1737/2008	4684	Jill Odens	F	33	Omaha	NE	Women	Ovarychievers	11:49	00:59:06.00
1056	1738/2008	2388	Kelli Keefer	F	38	Knoxville	IA	Open	Magic School Bus	11:49	00:59:08.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1057	1739/2008	2444	Kelly Brown	F	34	Bennington	NE	Open	Right Meow	11:49	00:59:08.00
1058	1740/2008	4993	Tara Johnson	F	40	Kearney	NE	Women	The Dream Chafers	11:49	00:59:08.00
1059	1741/2008	5036	Amy Van Wechel	F	38	Vinton	IA	Women	Tough Mother Runners	11:49	00:59:08.00
1060	1742/2008	3415	Prairie Meyer-Hesler	F	32	Des Moines	IA	Mixed	Fleet Running Partners	11:49	00:59:09.00
1061	1745/2008	2475	Michele Frye	F	51	Omaha	NE	Open	Run 2 Travel	11:50	00:59:13.00
1062	1746/2008	4383	Jessie OÆKane	F	36	Urbandale	IA	Women	2 Pretty 4 Math	11:50	00:59:13.00
1063	1747/2008	4573	Jennifer Krajewski	F	36	Eagle	NE	Women	Hot Moms on the Run	11:51	00:59:16.00
1064	1749/2008	4394	Tanya Vlieger	F	31	Altoona	IA	Women	Angels In Disguise 2020	11:52	00:59:22.00
1065	1750/2008	4687	Sara Eliason	F	26	Omaha	NE	Women	Ovarychievers	11:52	00:59:22.00
1066	1751/2008	3146	Gayle Jasper	F	54	Lincoln	NE	Mixed	Beer Nuts	11:52	00:59:24.00
1067	1752/2008	3416	Luciana Mueller	F	23	Des Moines	IA	Mixed	Fleet Running Partners	11:52	00:59:24.00
1068	1753/2008	5296	Beth Berg	F	42	West Des Moines	IA	Women Masters	Bibiddi Bobiddi Booze	11:53	00:59:29.00
1069	1754/2008	3696	Betsy Yates	F	41	West Des Moines	IA	Mixed	No Lug Nuts No Problem	11:54	00:59:31.00
1070	1755/2008	3683	Joyce Harris	F	49	Dubuque	IA	Mixed	No Judgement	11:54	00:59:32.00
1071	1756/2008	4451	Stephanie Mahaffey	F	40	Bondurant	IA	Women	BrickHouse Babes	11:54	00:59:32.00
1072	1757/2008	4443	Laura Stoltenberg	F	32	Omaha	NE	Women	Better at running up a tab	11:54	00:59:34.00
1073	1758/2008	4563	Jean Prahm	F	41	North Liberty	IA	Women	Hot Messes	11:55	00:59:35.00
1074	1759/2008	4946	Stephanie Lemonds	F	45	Tabor	IA	Women	Team R.I.O.T. (Running Is Our Therapy)	11:55	00:59:36.00
1075	1760/2008	2352	Kayla Crouse	F	33	West Jordan	UT	Open	Long Distance Relay-tionship	11:56	00:59:42.00
1076	1761/2008	4596	Bridget Greiner	F	32	Keota	IA	Women	Keota	11:56	00:59:42.00
1077	1763/2008	4864	Sarah McAndrews	F	37	Dexter	IA	Women	Small Town Girls	11:57	00:59:46.00
1078	1764/2008	2762	Sheila Smith	F	43	Malcom	IA	Open	We'll Get There When We Get There	11:58	00:59:50.00
1079	1765/2008	4507	Beth Woods	F	47	Urbandale	IA	Women	Girls on the Run	11:58	00:59:53.00
1080	1766/2008	5274	Lara Newsom	F	44	Urbandale	IA	Women Masters	Absolutely Fabulous	11:59	00:59:55.00
1081	1767/2008	2091	Hannah Bakke	F	26	North Liberty	IA	Open	Bakke	12:00	01:00:00.00
1082	1768/2008	3461	Katie Schlawin	F	25	Grimes	IA	Mixed	"Get Your ""Cray""on"	12:00	01:00:00.00
1083	1769/2008	4402	Susan Fleming	F	49	Des Moines	IA	Women	Babes on the Run	12:00	01:00:00.00
1084	1770/2008	5001	Haley Buckalew	F	23	West Des Moines	IA	Women	The Magnificent Seven	12:00	01:00:00.00
1085	1771/2008	5124	Kay Oskvig	F	30	Des Moines	IA	Women	Winking Cats	12:00	01:00:00.00
1086	1772/2008	3261	Ashley Palmersheim	F	34	Ankeny	IA	Mixed	Chafing the Dream	12:02	01:00:12.00
1087	1773/2008	4801	Gretchen Ritterling	F	49	Greenwood	NE	Women	Runaway Bridesmaids	12:03	01:00:17.00
1088	1774/2008	3081	Toni Pastotnik	F	32	Davenport	IA	Mixed	A Van Down By The River	12:03	01:00:18.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1089	1775/2008	4076	Heather Nichols	F	45	East Moline	IL	Mixed	Team Party Patrol Deux	12:03	01:00:18.00
1090	1776/2008	3693	Lori Staples	F	39	Ankeny	IA	Mixed	No Lug Nuts No Problem	12:03	01:00:19.00
1091	1777/2008	4393	Kellie DeCamp	F	44	Altoona	IA	Women	Angels In Disguise 2020	12:04	01:00:20.00
1092	1779/2008	5166	Wittsle Paisley	F	43	Solon	IA	Masters	Ceement Shoes	12:05	01:00:26.00
1093	1780/2008	2532	Kaydee Gronewold	F	40	Lincoln	NE	Open	RUNS WITH SCISSORS	12:05	01:00:27.00
1094	1781/2008	4981	Courtney Doht	F	38	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	12:05	01:00:28.00
1095	1784/2008	3344	Elizabeth Rosendale	F	30	Onalaska	WI	Mixed	DINNER TIME	12:07	01:00:39.00
1096	1785/2008	4447	Carlee Hoss	F	30	Logan	IA	Women	Better at running up a tab	12:07	01:00:40.00
1097	1786/2008	3224	Katie Johnson	F	35	New Hampton	IA	Mixed	Bossy	12:09	01:00:45.00
1098	1787/2008	3458	Kaytlyn Mount	F	34	Ames	IA	Mixed	FSHNProfessors	12:09	01:00:45.00
1099	1788/2008	4141	Lynn Hanson	F	42	Cedar Rapids	IA	Mixed	The Rosie Runners	12:10	01:00:54.00
1100	1789/2008	4243	Kara Jackson	F	38	Waukee	IA	Mixed	Undertrained and Overconfident	12:11	01:00:57.00
1101	1790/2008	4575	Maureen Dreith	F	50	Lincoln	NE	Women	Hot Moms on the Run	12:11	01:00:57.00
1102	1791/2008	4952	Devon Wendler Alvord	F	39	Ankeny	IA	Women	Team Unicorn	12:11	01:00:58.00
1103	1793/2008	3462	Amber O'Brion	F	31	Johnston	IA	Mixed	"Get Your ""Cray""on"	12:12	01:01:00.00
1104	1794/2008	4661	Sherri Watts	F	49	Nevada	IA	Women	Not my hill....Not my problem!	12:12	01:01:00.00
1105	1795/2008	2815	Jane Thilges	F	37	West Bend	IA	Open	You Make Me Feel Like 90s Country	12:12	01:01:02.00
1106	1796/2008	4001	Theresa Bozarth	F	52	Omaha	NE	Mixed	Straight Outta Breath	12:12	01:01:02.00
1107	1797/2008	3707	Marie Rodriguez	F	26	Des Moines	IA	Mixed	No Time For Cardio	12:13	01:01:05.00
1108	1798/2008	4817	Leigh Faaborg	F	34	Belmond	IA	Women	Runaway Chix	12:13	01:01:08.00
1109	1799/2008	3964	Angie Holzer	F	49	Charles City	IA	Mixed	Sole Crazy Runners	12:13	01:01:09.00
1110	1801/2008	4764	Amy Tagliareni	F	49	Ankeny	IA	Women	Run Mama Run	12:15	01:01:19.00
1111	1802/2008	3545	Cindy Williams	F	57	Villisca	IA	Mixed	Insanity Made Us Do It	12:16	01:01:21.00
1112	1804/2008	5294	Anjali De Jong	F	47	West Des Moines	IA	Women Masters	Bibiddi Bobiddi Booze	12:17	01:01:26.00
1113	1805/2008	4954	Kristy Rekers	F	46	Solon	IA	Women	Team Unicorn	12:20	01:01:44.00
1114	1806/2008	2353	Charley Hill	F	33	Lincoln	NE	Open	Long Distance Relay-tionship	12:21	01:01:45.00
1115	1807/2008	4984	Alyssa Blair	F	26	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	12:21	01:01:48.00
1116	1808/2008	2474	Kristin Daubendiek	F	42	Omaha	NE	Open	Run 2 Travel	12:23	01:01:58.00
1117	1809/2008	4335	Linnea Offerman	F	35	Center Point	IA	Mixed	Wtf (WhereÆs the finish?)	12:23	01:01:58.00
1118	1810/2008	4452	Breanna Arens	F	33	Bondurant	IA	Women	BrickHouse Babes	12:24	01:02:00.00
1119	1811/2008	4643	Carlene Hinds	F	57	Norwalk	IA	Women	Not Fast but Kinda Furious	12:24	01:02:00.00
1120	1812/2008	4895	Cori Hofmeister	F	38	Lincoln	NE	Women	SSDGM	12:24	01:02:00.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1121	1814/2008	2803	Charmi Geerdes	F	45	Nevada	IA	Open	Yo Mama	12:24	01:02:04.00
1122	1815/2008	5015	Lisa Syring	F	45	Tipton	IA	Women	The Sparkle Divas	12:25	01:02:06.00
1123	1817/2008	3265	Elizabeth Jones	F	27	Missouri Valley	IA	Mixed	Chafing the Dream	12:26	01:02:12.00
1124	1818/2008	4144	Nicole Foster	F	39	Cedar Rapids	IA	Mixed	The Rosie Runners	12:26	01:02:12.00
1125	1819/2008	5065	Jennifer Hays	F	45	Ankeny	IA	Women	We Thought They Said RUM	12:26	01:02:12.00
1126	1820/2008	2968	Elizabeth Burns-Thompson	F	29	Altoona	IA	Corporate	Renewable Energy	12:27	01:02:15.00
1127	1822/2008	4263	Kristen Campbell-Blumhagen	F	42	Ankeny	IA	Mixed	Was Faster- 10 Years Ago!	12:28	01:02:23.00
1128	1823/2008	3684	Amy Connolly	F	48	Dubuque	IA	Mixed	No Judgement	12:29	01:02:26.00
1129	1824/2008	3805	Laura Gross	F	35	Ankeny	IA	Mixed	Ross Needs A Groove	12:29	01:02:29.00
1130	1826/2008	3531	Elizabeth Crawford	F	27	Indianola	IA	Mixed	I need a nap!	12:30	01:02:32.00
1131	1827/2008	5096	Rebecca Sanderson	F	13	Evanston	IL	Women	WeÆre Kind of a Big Deal	12:30	01:02:33.00
1132	1828/2008	3945	Chelsea Mccoy	F	37	Lincoln	NE	Mixed	Sibling Rivalry	12:30	01:02:34.00
1133	1829/2008	4266	Amy Strutt	F	36	Dallas Center	IA	Mixed	Was Faster- 10 Years Ago!	12:30	01:02:34.00
1134	1830/2008	2626	Tiffany Kohls	F	39	Norwalk	IA	Open	Team Tanglefoot	12:31	01:02:35.00
1135	1831/2008	2364	Mikayla Sullivan	F	25	Ames	IA	Open	Loonies Running Club	12:31	01:02:37.00
1136	1832/2008	4797	Mary Anderson	F	40	Glenwood	IA	Women	Run With A Heart On	12:33	01:02:48.00
1137	1833/2008	2113	Cassandra Fjerstad	F	30	Waterloo	IA	Open	Better at runnin a tab up	12:35	01:03:00.00
1138	1834/2008	3105	Niki Whitehead	F	35	St. Charles	MN	Mixed	aMaizing Runners #we'recorny	12:35	01:03:00.00
1139	1835/2008	3191	Mailis Warland	F	33	Hiawatha	IA	Mixed	Blood- Sweat- and Beers	12:35	01:03:00.00
1140	1836/2008	3357	Katie Ramos	F	34	Omaha	NE	Mixed	DNR (Drinkers Not Runners)	12:35	01:03:00.00
1141	1837/2008	5044	Kylie Markey	F	28	Des Moines	IA	Women	Tuff AF	12:35	01:03:00.00
1142	1838/2008	4947	Nicky Jones	F	40	Tabor	IA	Women	Team R.I.O.T. (Running Is Our Therapy)	12:37	01:03:05.00
1143	1839/2008	2413	Tanya Christiansen	F	44	Omaha	NE	Open	Over the Fence	12:37	01:03:09.00
1144	1842/2008	3041	Tammie Krausman	F	41	Ankeny	IA	Mixed	#huffingandpuffing	12:38	01:03:11.00
1145	1843/2008	4267	Jennifer Bremer	F	35	West Des Moines	IA	Mixed	Was Faster- 10 Years Ago!	12:38	01:03:14.00
1146	1844/2008	4572	Kristy Coleman	F	38	Hudson	WI	Women	Hot Moms on the Run	12:38	01:03:14.00
1147	1845/2008	3566	Jennifer Haglund	F	46	Story City	IA	Mixed	Irish We Were Finished	12:40	01:03:20.00
1148	1846/2008	4444	Stacey Welch	F	36	Blair	NE	Women	Better at running up a tab	12:40	01:03:20.00
1149	1847/2008	4815	Sarah Nelson	F	39	Belmond	IA	Women	Runaway Chix	12:40	01:03:22.00
1150	1848/2008	2024	Kaitlin McCormick	F	29	West Des Moines	IA	Open	#pukeandrally	12:41	01:03:26.00
1151	1849/2008	4883	Misty Poush	F	40	Grinnell	IA	Women	Soles on Fire	12:41	01:03:26.00
1152	1851/2008	2014	Alexis Wright	F	31	Des Moines	IA	Open	#notindiana	12:41	01:03:29.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1153	1852/2008	5456	Angie Huisman	F	41	Hospers	IA	Religious	Sioux County Saints	12:44	01:03:40.00
1154	1853/2008	4195	Amy Stanwood	F	40	Des Moines	IA	Mixed	Thick Thighs Save Lives	12:45	01:03:48.00
1155	1854/2008	4811	Abby Young	F	38	Belmond	IA	Women	Runaway Chix	12:45	01:03:48.00
1156	1855/2008	4812	Kacie Allen	F	33	Belmond	IA	Women	Runaway Chix	12:45	01:03:48.00
1157	1856/2008	2536	Rhon Carr	F	39	Lincoln	NE	Open	RUNS WITH SCISSORS	12:46	01:03:51.00
1158	1857/2008	4456	Lindsey Scott	F	40	Bondurant	IA	Women	BrickHouse Babes	12:46	01:03:52.00
1159	1858/2008	3812	Kathy Lukacik	F	44	Gilbert	IA	Mixed	Rum Runners	12:46	01:03:55.00
1160	1859/2008	4075	Kerilyn Hess	F	34	Moline	IL	Mixed	Team Party Patrol Deux	12:47	01:03:56.00
1161	1860/2008	4582	Heather Goedken	F	37	Steamboat Rock	IA	Women	I Thought They Said Rum	12:48	01:04:00.00
1162	1861/2008	5338	Kelly Rennick O'Berry	F	42	Des Moines	IA	Women Masters	Oh Van Where Art Thou?	12:48	01:04:00.00
1163	1862/2008	5273	Nicole Berger	F	44	Urbandale	IA	Women Masters	Absolutely Fabulous	12:48	01:04:02.00
1164	1863/2008	3965	Jerri Dight	F	44	Rockford	IA	Mixed	Sole Crazy Runners	12:48	01:04:03.00
1165	1864/2008	3666	Angie Stangl	F	35	Manilla	IA	Mixed	Moms- Miles & Mules	12:49	01:04:05.00
1166	1865/2008	3367	Anna Bents	F	39	Fairmont	MN	Mixed	Dr. Schultz's Minions	12:50	01:04:12.00
1167	1867/2008	3208	Trisha Randel	F	31	West Point	NE	Mixed	Blue Footed Boobies	12:50	01:04:14.00
1168	1868/2008	4271	Megan Thomsen	F	40	Clive	IA	Mixed	We got the RUNS	12:52	01:04:23.00
1169	1870/2008	4616	Katy Kitrell	F	28	Omaha	NE	Women	Matching T-shirts	12:54	01:04:34.00
1170	1871/2008	2471	Katie Ogle	F	38	Bellevue	NE	Open	Run 2 Travel	12:55	01:04:36.00
1171	1872/2008	2131	Nicole Wigern	F	35	Osage	IA	Open	Bodyglide- Blisters- & Bengay	12:56	01:04:42.00
1172	1873/2008	2801	Jen Barber	F	44	Nevada	IA	Open	Yo Mama	12:57	01:04:45.00
1173	1874/2008	4395	Jennifer Higdon	F	40	Johnston	IA	Women	Angels In Disguise 2020	12:57	01:04:46.00
1174	1875/2008	2188	Leona Hanna	F	44	Oskaloosa	IA	Open	Ditch Witches	12:58	01:04:52.00
1175	1876/2008	3207	Elizabeth Kavan	F	41	Juniata	NE	Mixed	Blue Footed Boobies	12:58	01:04:53.00
1176	1877/2008	5246	Marie Schwartz	F	47	Ames	IA	Mixed Masters	Semper Vardo	12:59	01:04:57.00
1177	1878/2008	4744	Stacy Meisgeier	F	35	Waverly	IA	Women	Rise and Shine	12:59	01:04:58.00
1178	1882/2008	2386	Paige bolton	F	30	Knoxville	IA	Open	Magic School Bus	13:01	01:05:08.00
1179	1883/2008	3246	Jazmin Torres	F	23	Des Moines	IA	Mixed	Chafe Now- Brag Later	13:01	01:05:08.00
1180	1884/2008	3802	Carol Woten	F	54	Davenport	IA	Mixed	Ross Needs A Groove	13:02	01:05:15.00
1181	1885/2008	3753	Amanda Holt	F	32	Lincoln	NE	Mixed	Pardon My Fartlek	13:04	01:05:22.00
1182	1886/2008	4664	Jackie Griffin	F	46	Bondurant	IA	Women	Not my hill....Not my problem!	13:04	01:05:22.00
1183	1888/2008	3761	Sara McGinnis	F	32	Rock Island	IL	Mixed	Party Patrol	13:06	01:05:31.00
1184	1889/2008	2574	Kara Burken	F	31	Blue Hill	NE	Open	SWATT	13:06	01:05:32.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1185	1890/2008	5091	Tammy Madsen	F	45	North Liberty	IA	Women	WeÆre Kind of a Big Deal	13:07	01:05:36.00
1186	1891/2008	2825	Ashley LaRue	F	35	Searsboro	IA	Corporate	ASI/ImageFirst Running Team	13:07	01:05:37.00
1187	1892/2008	4714	Jill Stanway	F	38	Stillwater	MN	Women	PokeMoms	13:08	01:05:42.00
1188	1893/2008	5076	Natalie Goth	F	35	Independence	MO	Women	wearblue:runtoremember	13:08	01:05:44.00
1189	1894/2008	4235	Carla Kirkpatrick	F	37	Ankeny	IA	Mixed	Ummmm	13:10	01:05:53.00
1190	1896/2008	2946	Virginia Roode	F	39	Omaha	NE	Corporate	LinkedIn	13:10	01:05:54.00
1191	1897/2008	5245	Bonnie SKJORDAL	F	53	Ames	IA	Mixed Masters	Semper Vardo	13:11	01:05:55.00
1192	1898/2008	3149	Amanda Fangmeier	F	36	Denton	NE	Mixed	Beer Nuts	13:12	01:06:00.00
1193	1899/2008	3154	Deborah Lamml	F	66	Norfolk	NE	Mixed	berts rabbits	13:13	01:06:06.00
1194	1900/2008	5064	Stephanie Otis	F	42	Dallas Center	IA	Women	We Thought They Said RUM	13:13	01:06:10.00
1195	1901/2008	2205	Bethany Langebartels	F	33	Altoona	IA	Open	Finally gonna register so gotta have a team nan	13:15	01:06:16.00
1196	1902/2008	3963	Katelind Lenz	F	35	Osage	IA	Mixed	Sole Crazy Runners	13:18	01:06:30.00
1197	1903/2008	4828	Jessica Kirk	F	38	Bennett	IA	Women	Running Like A Mother	13:18	01:06:34.00
1198	1904/2008	2476	Jennifer Bunge	F	29	Omaha	NE	Open	Run 2 Travel	13:19	01:06:37.00
1199	1905/2008	4143	Paula Purifoy	F	38	Cedar Rapids	IA	Mixed	The Rosie Runners	13:21	01:06:45.00
1200	1906/2008	4464	Gina Stork	F	34	Rockwell City	IA	Women	Brisk & Bright	13:23	01:06:55.00
1201	1907/2008	3263	Somchai Rice	F	37	Nevada	IA	Mixed	Chafing the Dream	13:25	01:07:09.00
1202	1908/2008	3194	Kat Russell	F	42	Cedar Rapids	IA	Mixed	Blood- Sweat- and Beers	13:26	01:07:12.00
1203	1909/2008	4533	Lael Adamson	F	47	Ankeny	IA	Women	Golden Girls	13:26	01:07:12.00
1204	1911/2008	4445	Erin Grabowski	F	33	Elkhorn	NE	Women	Better at running up a tab	13:30	01:07:30.00
1205	1912/2008	3897	Molly Eklund	F	31	Ankeny	IA	Mixed	Runs In The Family	13:30	01:07:33.00
1206	1913/2008	4165	Ashton Israel	F	33	Johnston	IA	Mixed	The VanTrapped Family Runners	13:31	01:07:39.00
1207	1914/2008	3966	Brandi Jones	F	39	Rockford	IA	Mixed	Sole Crazy Runners	13:33	01:07:50.00
1208	1915/2008	3442	Dianna Sheldon	F	41	Ames	IA	Mixed	Follow the Clues	13:38	01:08:12.00
1209	1916/2008	2204	Mallory Wells	F	34	Indianola	IA	Open	Finally gonna register so gotta have a team nan	13:39	01:08:15.00
1210	1918/2008	4662	Deb Hollingsworth	F	59	Ottumwa	IA	Women	Not my hill...Not my problem!	13:40	01:08:21.00
1211	1919/2008	3804	Grace Hirl	F	32	Davenport	IA	Mixed	Ross Needs A Groove	13:41	01:08:30.00
1212	1920/2008	2701	Melissa Kopaska	F	40	Polk City	IA	Open	The young and the breathless!	13:44	01:08:44.00
1213	1921/2008	4207	Michelle Henry	F	39	Dallas Center	IA	Mixed	Tie Dyed Soles	13:50	01:09:12.00
1214	1922/2008	4683	Lydia Sand	F	28	Omaha	NE	Women	Ovarychievers	13:51	01:09:17.00
1215	1923/2008	3967	Jennifer Schmitt	F	39	Rockford	IA	Mixed	Sole Crazy Runners	13:51	01:09:18.00
1216	1924/2008	2557	Maria Anderson	F	35	West Des Moines	IA	Open	Sleep. Eat. Poop. Run.	13:54	01:09:34.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1217	1925/2008	4194	Halley Felty	F	25	Excelsior Springs	MO	Mixed	Thick Thighs Save Lives	13:55	01:09:38.00
1218	1926/2008	3042	Lizbeth McCall	F	54	Ames	IA	Mixed	#huffingandpuffing	13:56	01:09:42.00
1219	1927/2008	3962	Sarah Wiegmann	F	37	Allison	IA	Mixed	Sole Crazy Runners	13:57	01:09:47.00
1220	1928/2008	5092	Heather Sanderson	F	43	Iowa City	IA	Women	WeÆre Kind of a Big Deal	14:00	01:10:00.00
1221	1930/2008	3135	Dulce Escalona	F	32	Newell	IA	Mixed	Backdraft	14:04	01:10:20.00
1222	1931/2008	4534	Rebekah Welker	F	43	Ankeny	IA	Women	Golden Girls	14:04	01:10:20.00
1223	1932/2008	4174	Allison Larson	F	40	Des Moines	IA	Mixed	Therabandits	14:04	01:10:23.00
1224	1933/2008	4415	Sarah Truby	F	35	Ankeny	IA	Women	Beast Mode Beauties	14:08	01:10:40.00
1225	1935/2008	4688	Caitlin Osborn	F	27	Omaha	NE	Women	Ovarychievers	14:12	01:11:01.00
1226	1936/2008	2265	Kaye Ohnemus	F	49	Urbandale	IA	Open	I thought I was Driving the Van	14:12	01:11:03.00
1227	1937/2008	5121	Nancy Hupp	F	63	Scranton	IA	Women	Winking Cats	14:14	01:11:12.00
1228	1938/2008	2405	Hannah Baker	F	33	Fairfield	IA	Open	Not a Clue	14:17	01:11:25.00
1229	1939/2008	3806	Jane Gumpert	F	58	Davenport	IA	Mixed	Ross Needs A Groove	14:24	01:12:00.00
1230	1940/2008	4535	Kelly Victor	F	46	Ankeny	IA	Women	Golden Girls	14:28	01:12:23.00
1231	1941/2008	4063	Maranda Thompson	F	28	Omaha	NE	Mixed	Team Pacman	14:28	01:12:25.00
1232	1942/2008	4205	Kari Frerk	F	37	Waukee	IA	Mixed	Tie Dyed Soles	14:30	01:12:30.00
1233	1943/2008	3688	Tracy Schultz	F	47	Fredericksburg	IA	Mixed	No Judgement	14:33	01:12:46.00
1234	1944/2008	4625	Andie Harman	F	35	Neola	IA	Women	Midwest Mamas	14:33	01:12:46.00
1235	1945/2008	4685	Hannah Young	F	29	Omaha	NE	Women	Ovarychievers	14:41	01:13:25.00
1236	1946/2008	4982	Rose Anderson	F	41	Omaha	NE	Women	The Blistered Sisters Go To Iowa!	14:41	01:13:27.00
1237	1947/2008	3101	Emily Schultz	F	38	Saint Charles	MN	Mixed	aMaizing Runners #we'recorny	14:42	01:13:32.00
1238	1948/2008	4932	Trish Little	F	37	Atkins	IA	Women	Team D.I.L.L.I.G.A.F.	14:45	01:13:48.00
1239	1949/2008	2206	Lisa Ohlinger	F	43	Cumming	IA	Open	Finally gonna register so gotta have a team name	14:49	01:14:07.00
1240	1950/2008	4762	Jennie Noble	F	34	Ankeny	IA	Women	Run Mama Run	14:54	01:14:31.00
1241	1951/2008	3254	Jaclyn Sutton	F	29	Lincoln	NE	Mixed	Chafing Dreams	14:55	01:14:35.00
1242	1952/2008	2355	Theresa Crouse	F	59	Mountainair	NM	Open	Long Distance Relay-tionship	14:59	01:14:57.00
1243	1953/2008	2812	Stacey Hager	F	52	Winterset	IA	Open	You Make Me Feel Like 90s Country	15:00	01:15:00.00
1244	1955/2008	3172	Lori Griswold	F	50	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	15:00	01:15:00.00
1245	1956/2008	3177	Jo Wetherill	F	48	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	15:00	01:15:00.00
1246	1957/2008	3178	Brooke Wetherill	F	18	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	15:00	01:15:00.00
1247	1958/2008	3179	Lori Griswold	F	50	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	15:00	01:15:00.00
1248	1959/2008	5066	Carmen Patrick	F	41	Grimes	IA	Women	We Thought They Said RUM	15:00	01:15:00.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1249	1961/2008	2473	Lonnie Conley	F	64	Omaha	NE	Open	Run 2 Travel	15:01	01:15:09.00
1250	1962/2008	5236	Wendy Marckmann	F	46	Adel	IA	Mixed Masters	Respect Your Elders	15:02	01:15:12.00
1251	1963/2008	2023	Michelle Shetler	F	32	Urbandale	IA	Open	#pukeandrally	15:04	01:15:23.00
1252	1964/2008	4147	Jennifer Johnson	F	35	Cedar Rapids	IA	Mixed	The Rosie Runners	15:05	01:15:28.00
1253	1965/2008	4237	Rachael Owens	F	39	Des Moines	IA	Mixed	Ummmm	15:06	01:15:34.00
1254	1966/2008	4711	Teresa Hulst	F	38	Kasson	MN	Women	PokeMoms	15:09	01:15:45.00
1255	1967/2008	4463	Becky Firkins	F	29	Newton	IA	Women	Brisk & Bright	15:11	01:15:56.00
1256	1968/2008	5275	Kelli Anderson	F	42	Urbandale	IA	Women Masters	Absolutely Fabulous	15:17	01:16:28.00
1257	1969/2008	4901	Sally Tyma	F	43	Orlando	FL	Women	Team 369	15:26	01:17:12.00
1258	1970/2008	3687	Gerene Gibbs	F	47	Earlville	IA	Mixed	No Judgement	15:26	01:17:14.00
1259	1971/2008	3584	Ashley Henderson	F	37	West Des Moines	IA	Mixed	Joe's Hoes	15:31	01:17:35.00
1260	1972/2008	3686	Brooke Wooten	F	24	Hopkinton	IA	Mixed	No Judgement	15:32	01:17:44.00
1261	1973/2008	3092	Sara Altemeier	F	49	Ankeny	IA	Mixed	All in the Family.	15:36	01:18:03.00
1262	1974/2008	3526	Hannah Horton	F	38	Urbandale	IA	Mixed	I Can't Feel My Legs When I'm With You	15:38	01:18:12.00
1263	1975/2008	2921	Becca Baum	F	57	Des Moines	IA	Corporate	INVISION	15:38	01:18:13.00
1264	1977/2008	2534	Tessa Harris	F	36	Lincoln	NE	Open	RUNS WITH SCISSORS	16:01	01:20:07.00
1265	1978/2008	3161	Sarah Laferla	F	37	Omaha	NE	Mixed	Better at Runnin' Up A Tab	16:02	01:20:10.00
1266	1979/2008	3444	Amber Upah	F	37	Ames	IA	Mixed	Follow the Clues	16:06	01:20:34.00
1267	1980/2008	4663	Torie Hollingsworth	F	27	Altoona	IA	Women	Not my hill....Not my problem!	16:10	01:20:51.00
1268	1981/2008	4611	Kelsi Bruce	F	40	Villisca	IA	Women	Matching T-shirts	16:14	01:21:13.00
1269	1983/2008	2565	Angie Stanley	F	44	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	16:43	01:23:38.00
1270	1984/2008	4414	Miranda Gauthier	F	40	Ankeny	IA	Women	Beast Mode Beauties	16:55	01:24:37.00
1271	1985/2008	4716	Kelly Pyfferoen	F	37	Stewartville	MN	Women	PokeMoms	17:03	01:25:15.00
1272	1986/2008	2268	Robyn Johnson	F	41	Ankeny	IA	Open	I thought I was Driving the Van	17:03	01:25:16.00
1273	1987/2008	3133	Stephanie Henkel	F	34	Galva	IA	Mixed	Backdraft	17:06	01:25:32.00
1274	1988/2008	2263	Angie Thornton	F	47	Ankeny	IA	Open	I thought I was Driving the Van	17:12	01:26:00.00
1275	1989/2008	3946	Chelsea Blaser	F	16	Adams	NE	Mixed	Sibling Rivalry	17:12	01:26:01.00
1276	1992/2008	5475	Kim Etherton	F	55	Lincoln	NE	Corporate	Potential Issues	17:30	01:27:30.00
1277	1993/2008	3393	Dana Crable	F	34	Polk City	IA	Mixed	Experienced Trail Runners- We Trail Everyone	17:32	01:27:40.00
1278	1994/2008	2026	Rosemary Stevenson	F	27	West Des Moines	IA	Open	#pukeandrally	17:37	01:28:05.00
1279	1995/2008	2703	Paris Moten	F	42	Ankeny	IA	Open	The young and the breathless!	17:43	01:28:36.00
1280	1996/2008	3915	Emily Roths	F	40	Waukee	IA	Mixed	S&W Fender Benders	17:44	01:28:41.00

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5 Mile

Overall Results - Female

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1281	1997/2008	4676	Brenda Kooiman	F	41	Sioux Center	IA	Women	Not so hard-core mamas	17:54	01:29:33.00
1282	1999/2008	3176	Carla Duggan	F	52	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	18:00	01:30:00.00
1283	2000/2008	4615	Stefanie Wilcoxson	F	24	Villisca	IA	Women	Matching T-shirts	18:04	01:30:25.00
1284	2001/2008	4713	Angie Augenstein	F	44	Byron	MN	Women	PokeMoms	18:51	01:34:16.00
1285	2002/2008	4537	Mandy Backes	F	38	Ankeny	IA	Women	Golden Girls	18:59	01:34:56.00
1286	2003/2008	3818	Cheri Thieleke	F	46	Ames	IA	Mixed	Rum Runners	19:00	01:35:00.00
1287	2004/2008	5472	Melanie Walter	F	44	Staplehurst	NE	Corporate	Potential Issues	19:45	01:38:47.00
1288	2006/2008	3174	Brenda Tewes	F	51	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	20:00	01:40:00.00
1289	2007/2008	3256	Kalina Young	F	34	Lincoln	NE	Mixed	Chafing Dreams	22:48	01:54:04.00
1290	2008/2008	4717	Leah Robinson	F	44	Stewartville	MN	Women	PokeMoms	23:02	01:55:11.00

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
1	1/2008	2544	Jay Welp	M	28	Iowa City	IA	Open	Six Pack & a Pound Fest	4:48	00:24:03.00
2	2/2008	2543	Matt Dewald	M	37	Dakota Dunes	SD	Open	Six Pack & a Pound Fest	5:17	00:26:25.00
3	3/2008	2545	Brant Haase	M	27	Aberdeen	SD	Open	Six Pack & a Pound Fest	5:17	00:26:29.00
4	4/2008	2283	Jacob Kaemmer	M	43	Des Moines	IA	Open	Inquiring Minds	5:37	00:28:05.00
5	5/2008	5172	Jay Pennington	M	48	Des Moines	IA	Masters	DMR All-Stars	5:37	00:28:06.00
6	6/2008	2981	Aaron Wells	M	36	Pleasant Hill	IA	Corporate	Snacks & Naps	5:38	00:28:14.00
7	7/2008	2311	Scott Cale	M	38	Carroll	IA	Open	Kyle's Bikes	5:39	00:28:18.00
8	8/2008	5174	Julius Rotich	M	45	Des Moines	IA	Masters	DMR All-Stars	5:41	00:28:27.00
9	9/2008	2842	Thomas Hlad	M	30	Monroe	IA	Corporate	Corteva Agriscience	5:44	00:28:44.00
10	10/2008	2081	Anthony Kinley	M	24	Des Moines	IA	Open	Awesome Sauce	5:45	00:28:48.00
11	11/2008	5196	Shannon Stenger	M	41	Papillion	NE	Masters	Runnin Lopes	5:46	00:28:51.00
12	12/2008	3552	Jake Robertson	M	41	Alta	IA	Mixed	Iowa Body Project	5:48	00:29:02.00
13	13/2008	5176	Vic Morales	M	46	Urbandale	IA	Masters	DMR All-Stars	5:50	00:29:14.00
14	14/2008	2852	Scott Jobgen	M	41	West Des Moines	IA	Corporate	Corteva Market to Market Shapers	5:51	00:29:18.00
15	15/2008	3634	Andrew Manning	M	31	Fargo	ND	Mixed	Manning Mafia	5:54	00:29:30.00
16	16/2008	2317	Jesse Veenstra	M	33	Ankeny	IA	Open	Kyle's Bikes	5:54	00:29:33.00
17	17/2008	2541	Alex Hohenthauer	M	28	Yankton	SD	Open	Six Pack & a Pound Fest	5:54	00:29:33.00
18	18/2008	5171	Yuri Fedirko	M	43	Des Moines	IA	Masters	DMR All-Stars	5:55	00:29:35.00
19	19/2008	2653	Ravi Bhawe	M	44	Ames	IA	Open	The Elephant in the Room	5:56	00:29:42.00
20	20/2008	2502	Scott Johnson	M	37	Johnston	IA	Open	RunDSM	5:56	00:29:44.00
21	21/2008	2153	Carter Logue	M	19	Altoona	IA	Open	Crop Dusters	5:58	00:29:53.00
22	22/2008	3062	Scott Haug	M	41	Omaha	NE	Mixed	#Zcrew	5:58	00:29:54.00
23	23/2008	2316	Todd Vogel	M	34	Ankeny	IA	Open	Kyle's Bikes	5:59	00:29:58.00
24	24/2008	3722	Jason Opolka	M	34	Grinnell	IA	Mixed	Original 7	6:00	00:30:00.00
25	25/2008	5392	Sean Severe	M	36	Des Moines	IA	Academic Division	Speed Doctors of Drake	6:00	00:30:00.00
26	26/2008	2901	Dan Pinkerton	M	44	Urbandale	IA	Corporate	FBL's Fabulous Flyers	6:02	00:30:12.00
27	27/2008	5175	Lance Bergeson	M	51	Ankeny	IA	Masters	DMR All-Stars	6:02	00:30:14.00
28	28/2008	2504	Kevin Brown	M	32	Adair	IA	Open	RunDSM	6:03	00:30:17.00
29	29/2008	2546	Andrew Duba	M	31	Minneapolis	MN	Open	Six Pack & a Pound Fest	6:03	00:30:17.00
30	30/2008	3063	David Kotlarz	M	43	Omaha	NE	Mixed	#Zcrew	6:05	00:30:28.00
31	31/2008	3557	Dave Baitinger	M	38	Ogden	IA	Mixed	Iowa Body Project	6:08	00:30:41.00
32	32/2008	2315	Logan Marvin	M	27	Ankeny	IA	Open	Kyle's Bikes	6:11	00:30:58.00

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
33	33/2008	2225	Joshua Sandquist	M	40	Grinnell	IA	Open	Grinnell Running Club	6:12	00:31:04.00
34	34/2008	2846	Ricardo Carrasco	M	38	Johnston	IA	Corporate	Corteva Agriscience	6:13	00:31:09.00
35	35/2008	2934	Cole Shurbert-Hetzel	M	25	Wdm	IA	Corporate	Iowa D.O.T.	6:14	00:31:11.00
36	36/2008	2457	Brandon Bond	M	35	Pleasant Hill	IA	Open	Road Runners	6:14	00:31:13.00
37	37/2008	2503	Kipp Schuler	M	31	Oskaloosa	IA	Open	RunDSM	6:15	00:31:19.00
38	38/2008	2505	Mark Reha	M	40	Johnston	IA	Open	RunDSM	6:17	00:31:28.00
39	39/2008	5173	Nathan Wenck	M	42	Templeton	IA	Masters	DMR All-Stars	6:17	00:31:29.00
40	40/2008	5195	Todd Fuelberth	M	46	Omaha	NE	Masters	Runnin Lopes	6:17	00:31:30.00
41	41/2008	5191	Jamie Trenkle	M	43	Kearney	NE	Masters	Runnin Lopes	6:19	00:31:38.00
42	42/2008	2314	Dan Harty	M	33	Ankeny	IA	Open	Kyle's Bikes	6:21	00:31:46.00
43	43/2008	3852	Brody Tubaugh	M	33	Cedar Rapids	IA	Mixed	RUN TO EAT	6:22	00:31:51.00
44	44/2008	4336	Brian Mullenbach	M	33	Center Point	IA	Mixed	Wtf (Where/Es the finish?)	6:24	00:32:00.00
45	45/2008	4041	Matt Stutzman	M	31	Lincoln	NE	Mixed	Team America	6:24	00:32:01.00
46	47/2008	2043	Jon Stover	M	31	North Liberty	IA	Open	04 Legends	6:27	00:32:15.00
47	48/2008	2831	Paul Newnham	M	45	Charlotte	NC	Corporate	Businessolver	6:28	00:32:20.00
48	49/2008	2154	Jay Upp	M	41	Truro	IA	Open	Crop Dusters	6:29	00:32:27.00
49	50/2008	2313	Dan Cyychosz	M	31	Boulder	CO	Open	Kyle's Bikes	6:29	00:32:28.00
50	51/2008	4281	Tyler Hostetler	M	41	Jefferson	IA	Mixed	We should be done by now	6:29	00:32:28.00
51	52/2008	3354	Ben Hohnstein	M	35	Omaha	NE	Mixed	DNR (Drinkers Not Runners)	6:29	00:32:29.00
52	53/2008	2284	David Roney	M	28	Windsor Heights	IA	Open	Inquiring Minds	6:30	00:32:32.00
53	54/2008	2542	Matt Hoyt	M	19	Vermillion	SD	Open	Six Pack & a Pound Fest	6:31	00:32:35.00
54	55/2008	5192	Ivan Ivanov	M	49	Lincoln	NE	Masters	Runnin Lopes	6:31	00:32:37.00
55	56/2008	2645	Ben Cohoon	M	38	Lincoln	NE	Open	Test Tube	6:32	00:32:40.00
56	57/2008	2152	Trevor Holland	M	36	Altoona	IA	Open	Crop Dusters	6:34	00:32:54.00
57	58/2008	5387	Josh Magie	M	40	Ankeny	IA	Academic Division	DMACC Blue Past You	6:35	00:32:55.00
58	59/2008	4186	Parker Lofing	M	16	Grand Island	NE	Mixed	These Little Piggies...	6:35	00:32:56.00
59	60/2008	4187	Parker Lofing	M	16	Grand Island	NE	Mixed	These Little Piggies...	6:35	00:32:56.00
60	61/2008	2321	Andrew Quam	M	29	Dubuque	IA	Open	Legs for Days	6:36	00:33:04.00
61	63/2008	2853	Tim Hart	M	52	Johnston	IA	Corporate	Corteva Market to Market Shapers	6:37	00:33:08.00
62	64/2008	2911	Seth Comfort	M	39	Johnston	IA	Corporate	Foster Group	6:37	00:33:09.00
63	65/2008	4212	Christopher Harken	M	36	Ankeny	IA	Mixed	Top Run	6:38	00:33:10.00
64	66/2008	5446	Tim Buchholz	M	38	Juniata	NE	Religious	Lifehouse Church	6:38	00:33:10.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
65	67/2008	2226	Ryan Miller	M	30	Grinnell	IA	Open	Grinnell Running Club	6:38	00:33:12.00
66	68/2008	2318	Andy Bernholtz	M	31	Ankeny	IA	Open	Kyle's Bikes	6:38	00:33:14.00
67	69/2008	3325	Matt Howell	M	27	Council Bluffs	IA	Mixed	Dashing Divas	6:38	00:33:14.00
68	71/2008	3322	Neal Okerbloom	M	39	Council Bluffs	IA	Mixed	Dashing Divas	6:39	00:33:16.00
69	73/2008	2861	Hunter Haws	M	24	Ankeny	IA	Corporate	DLR Group	6:42	00:33:32.00
70	74/2008	2223	Josh Wardenburg	M	30	Grinnell	IA	Open	Grinnell Running Club	6:42	00:33:33.00
71	76/2008	3648	Daniel Gelhaus	M	26	Algona	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	6:43	00:33:35.00
72	78/2008	3751	Brandon Skocz	M	35	Littleton	CO	Mixed	Pardon My Fartlek	6:44	00:33:44.00
73	79/2008	3016	Josh Warkentin	M	43	Baxter	IA	Corporate	Team Keen	6:45	00:33:45.00
74	80/2008	2351	Michael Pfeiffer	M	31	Overland Park	KS	Open	Long Distance Relay-tionship	6:45	00:33:47.00
75	81/2008	3301	Ryan Harms	M	41	Eldridge	IA	Mixed	CYCOS	6:45	00:33:47.00
76	82/2008	3386	Derek Smith	M	36	Grinnell	IA	Mixed	Embrace the Suck	6:45	00:33:49.00
77	83/2008	2832	Mike Parsch	M	43	Clive	IA	Corporate	Businessolver	6:46	00:33:55.00
78	85/2008	2224	Jeff Blanchard	M	44	Grinnell	IA	Open	Grinnell Running Club	6:47	00:33:59.00
79	86/2008	2296	Ethan McGowan	M	25	Grand Island	NE	Open	JJ's Custom Fitness	6:48	00:34:00.00
80	87/2008	2843	Troy Henrich	M	41	West Des Moines	IA	Corporate	Corteva Agriscience	6:48	00:34:01.00
81	88/2008	2343	Tom Roddel	M	42	Lincoln	NE	Open	Lincoln Logs	6:48	00:34:02.00
82	90/2008	2871	Torey Stallsmith	M	30	Des Moines	IA	Corporate	Eide Bailly	6:49	00:34:06.00
83	91/2008	2303	Matt Johnson	M	34	Omaha	NE	Open	Kevin Bacon Cheeseburger	6:49	00:34:09.00
84	92/2008	3155	Jake Hohenthauer	M	31	West Point	NE	Mixed	berts rabbits	6:49	00:34:09.00
85	93/2008	2342	Matthew Olberding	M	46	Lincoln	NE	Open	Lincoln Logs	6:50	00:34:10.00
86	94/2008	2222	Patrick BOLTE	M	47	Grinnell	IA	Open	Grinnell Running Club	6:50	00:34:14.00
87	95/2008	3724	Joel OPolka	M	32	Lone Tree	IA	Mixed	Original 7	6:53	00:34:27.00
88	96/2008	3637	Justin Manning	M	34	Sioux Falls	SD	Mixed	Manning Mafia	6:54	00:34:30.00
89	98/2008	2086	Rich Greenwell	M	38	Urbandale	IA	Open	Awesome Sauce	6:54	00:34:31.00
90	99/2008	2305	Jeffrey ELLWANGER	M	35	Omaha	NE	Open	Kevin Bacon Cheeseburger	6:54	00:34:31.00
91	100/2008	2312	Nick Elliott	M	40	Ankeny	IA	Open	Kyle's Bikes	6:54	00:34:31.00
92	101/2008	2451	Franklin OTool	M	27	Pleasant Hill	IA	Open	Road Runners	6:55	00:34:38.00
93	103/2008	3943	Joseph Pieper	M	34	Beatrice	NE	Mixed	Sibling Rivalry	6:56	00:34:40.00
94	104/2008	2516	Dan Fisher	M	46	Pleasant Dale	NE	Open	Runners Under Construction	6:56	00:34:43.00
95	105/2008	4343	Sergi Trullas Medina	M	26	Overland Park	KS	Mixed	Your Pace or Mine?	6:56	00:34:43.00
96	106/2008	2514	Jason Stowell	M	36	Lincoln	NE	Open	Runners Under Construction	6:57	00:34:45.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
97	107/2008	5023	Jeff Tschiggfrie	M	37	Dubuque	IA	Open	Thelma & Louise's Crazy Train	6:57	00:34:45.00
98	108/2008	3015	Wade Nasheim	M	36	Ames	IA	Corporate	Team Keen	6:57	00:34:47.00
99	109/2008	2998	Jared Otte	M	38	Adel	IA	Corporate	Team Bond	6:57	00:34:50.00
100	111/2008	2501	Nick Newbury	M	31	Urbandale	IA	Open	RunDSM	6:59	00:34:57.00
101	112/2008	2125	Travis Wieser	M	30	Grand Island	NE	Open	Between Walk and a Hard Pace	7:00	00:35:02.00
102	114/2008	2966	Josh Evans	M	24	Ankeny	IA	Corporate	Renewable Energy	7:00	00:35:04.00
103	116/2008	2221	Sean Skillern	M	25	Grinnell	IA	Open	Grinnell Running Club	7:01	00:35:07.00
104	117/2008	5193	Kurt Holliday	M	47	Seward	NE	Masters	Runnin Lopes	7:02	00:35:12.00
105	118/2008	2856	Doane Chilcoat	M	46	Clive	IA	Corporate	Corteva Market to Market Shapers	7:02	00:35:14.00
106	119/2008	3654	Tony Ekman	M	39	Johnston	IA	Mixed	Misbehavin!!	7:03	00:35:15.00
107	120/2008	2155	Tyler Lucht	M	41	Adel	IA	Open	Crop Dusters	7:03	00:35:17.00
108	124/2008	2512	Dominic Steier	M	25	Naperville	IL	Open	Runners Under Construction	7:04	00:35:21.00
109	125/2008	2836	Wyatt Sann	M	26	Waukee	IA	Corporate	Businessolver	7:04	00:35:21.00
110	126/2008	3336	Matt Harbert	M	37	Ankeny	IA	Mixed	Dilly Dilly	7:04	00:35:21.00
111	128/2008	2492	John Steier	M	37	Algona	IA	Open	Runderpants	7:05	00:35:25.00
112	129/2008	2453	Peter OTool	M	22	Pleasant Hill	IA	Open	Road Runners	7:05	00:35:29.00
113	131/2008	2517	Greg Hanel	M	50	Lincoln	NE	Open	Runners Under Construction	7:06	00:35:33.00
114	132/2008	2712	Tom Handorf	M	44	Rhodes	IA	Open	Thumbs and Friends	7:06	00:35:33.00
115	133/2008	3721	Jake OPolka	M	27	Malcom	IA	Mixed	Original 7	7:07	00:35:35.00
116	134/2008	2654	Barnes Kelley	M	34	West Des Moines	IA	Open	The Elephant in the Room	7:07	00:35:38.00
117	135/2008	2301	Travis Johnston	M	36	Omaha	NE	Open	Kevin Bacon Cheeseburger	7:07	00:35:39.00
118	136/2008	5432	Airan Parsons	M	37	Jblm	WA	Armed Forces Division	VETERANS@VMWARE	7:08	00:35:41.00
119	138/2008	2761	Josh Aaron	M	39	Norwalk	IA	Open	We'll Get There When We Get There	7:08	00:35:44.00
120	139/2008	2515	Mark Patton	M	56	Lincoln	NE	Open	Runners Under Construction	7:09	00:35:49.00
121	140/2008	2872	Bryan Jordan	M	24	Des Moines	IA	Corporate	Eide Bailly	7:10	00:35:50.00
122	141/2008	2161	Jeremy Day	M	47	Omaha	NE	Open	Death Taxes Running	7:10	00:35:52.00
123	143/2008	2162	Jim Baker	M	47	Lincoln	NE	Open	Death Taxes Running	7:11	00:35:55.00
124	144/2008	2163	Mark Holmes	M	47	Lincoln	NE	Open	Death Taxes Running	7:11	00:35:55.00
125	145/2008	3981	Jeremy Feitelson	M	46	West Des Moines	IA	Mixed	Speedy Trial	7:11	00:35:56.00
126	146/2008	2612	Kenneth Knoop	M	33	Lincoln	NE	Open	Team rails on trails	7:12	00:36:00.00
127	147/2008	3373	Zach Girthoffer	M	41	Omaha	NE	Mixed	Drop the Deuce	7:12	00:36:02.00
128	148/2008	3983	Brandon Brown	M	42	Des Moines	IA	Mixed	Speedy Trial	7:12	00:36:04.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
129	149/2008	3216	Ryan Raftery	M	39	Cedar Rapids	IA	Mixed	Born to Shuffle	7:14	00:36:13.00
130	150/2008	4112	Jediah Kautz	M	34	Hastings	NE	Mixed	The Joggnernauts	7:14	00:36:13.00
131	152/2008	2384	Michael Splavec	M	27	Knoxville	IA	Open	Magic School Bus	7:15	00:36:15.00
132	153/2008	2272	Adam Zeiszler	M	33	Omaha	NE	Open	Ice Baggers 4 Life	7:15	00:36:16.00
133	154/2008	4111	Dustin Stuehrenberg	M	35	Hastings	NE	Mixed	The Joggnernauts	7:15	00:36:16.00
134	155/2008	2285	Tim Schott	M	52	Des Moines	IA	Open	Inquiring Minds	7:15	00:36:17.00
135	156/2008	2845	Eric Welch	M	51	Woodward	IA	Corporate	Corteva Agriscience	7:16	00:36:20.00
136	157/2008	5395	David Courard-Hauri	M	51	Des Moines	IA	Academic Division	Speed Doctors of Drake	7:16	00:36:20.00
137	158/2008	2425	Marc Vander Velden	M	42	Urbandale	IA	Open	Pace Be With You	7:16	00:36:23.00
138	159/2008	2013	Sam Jebesen	M	30	Superior	CO	Open	#notindiana	7:18	00:36:30.00
139	160/2008	3551	Rick Moore	M	59	Urbandale	IA	Mixed	Iowa Body Project	7:18	00:36:31.00
140	164/2008	2464	Ryan Sovereign	M	42	Des Moines	IA	Open	Road Warriors	7:19	00:36:35.00
141	165/2008	2656	Tim Wieland	M	33	Des Moines	IA	Open	The Elephant in the Room	7:19	00:36:35.00
142	166/2008	4254	Vinnie Krikac	M	43	Lincoln	NE	Mixed	Vinnie and the Jets	7:19	00:36:35.00
143	167/2008	2785	Jacob Hay	M	23	Kansas City	MO	Open	WTF: Where's The Finish	7:19	00:36:38.00
144	168/2008	3253	Ryan Looock	M	33	Lincoln	NE	Mixed	Chafing Dreams	7:20	00:36:40.00
145	169/2008	2452	Caleb OTool	M	25	Pleasant Hill	IA	Open	Road Runners	7:21	00:36:49.00
146	170/2008	3594	Sean Lunde	M	33	Des Moines	IA	Mixed	Just Keep Running- Just Keep Running	7:21	00:36:49.00
147	173/2008	2905	Colby SORENSEN	M	26	Des Moines	IA	Corporate	FBL's Fabulous Flyers	7:22	00:36:53.00
148	174/2008	3294	Larry Hunt	M	45	Ankeny	IA	Mixed	Cold Turkey Cuss Bus	7:22	00:36:54.00
149	175/2008	3984	Lawrence Dempsey	M	36	Des Moines	IA	Mixed	Speedy Trial	7:22	00:36:54.00
150	177/2008	3115	Jacob Meeske	M	23	Weeping Water	NE	Mixed	Average Joes	7:23	00:36:57.00
151	178/2008	4297	Scott Weber	M	38	Jefferson	IA	Mixed	We've Got the Runs	7:24	00:37:00.00
152	180/2008	2422	Mike Brostad	M	39	Storm Lake	IA	Open	Pace Be With You	7:24	00:37:02.00
153	181/2008	2511	Chad Lyons	M	48	Lincoln	NE	Open	Runners Under Construction	7:24	00:37:02.00
154	182/2008	2962	Anthony (Aj) Pollard	M	34	Ames	IA	Corporate	Renewable Energy	7:24	00:37:03.00
155	183/2008	2627	Terry McDonald	M	41	Indianola	IA	Open	Team Tanglefoot	7:25	00:37:05.00
156	184/2008	4216	Dan Skelton	M	36	Ankeny	IA	Mixed	Top Run	7:25	00:37:06.00
157	186/2008	2995	Tyler Kempkes	M	30	Des Moines	IA	Corporate	Team Bond	7:25	00:37:09.00
158	188/2008	2168	Chad Crowe	M	27	Omaha	NE	Open	Death Taxes Running	7:26	00:37:12.00
159	189/2008	5417	James Cole	M	36	Lincoln	NE	Armed Forces Division	Stay Frosty	7:26	00:37:12.00
160	191/2008	2906	Rhett Gainey	M	25	Ankeny	IA	Corporate	FBL's Fabulous Flyers	7:27	00:37:15.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
161	192/2008	2994	Mark Pianalto	M	29	Pella	IA	Corporate	Team Bond	7:27	00:37:17.00
162	193/2008	2374	Lucas Woodley	M	32	West Des Moines	IA	Open	Lu's Lads	7:27	00:37:18.00
163	194/2008	3575	Kevin Powers	M	44	Ames	IA	Mixed	Jen's Mouth is So Dirty They Have A Bulldozer	7:28	00:37:20.00
164	196/2008	2424	Nick Brown	M	36	Storm Lake	IA	Open	Pace Be With You	7:28	00:37:22.00
165	197/2008	2614	Mark elyea	M	57	Greenwood	NE	Open	Team rails on trails	7:28	00:37:23.00
166	198/2008	5382	Arthur Brown	M	60	West Des Moines	IA	Academic Division	DMACC Blue Past You	7:28	00:37:23.00
167	199/2008	3233	Douglas Hass	M	39	Cedar Rapids	IA	Mixed	Burning off the Crazy!	7:29	00:37:26.00
168	200/2008	5232	Jason Henderson	M	51	West Des Moines	IA	Mixed Masters	Respect Your Elders	7:29	00:37:27.00
169	203/2008	3748	Mark Chase	M	36	Spring Park	MN	Mixed	Panorama Slamorama	7:30	00:37:30.00
170	205/2008	2907	Jackson Waechter	M	33	Clive	IA	Corporate	FBL's Fabulous Flyers	7:30	00:37:31.00
171	206/2008	3505	Jerry Kilgore	M	45	Cedar Rapids	IA	Mixed	Homestar Runners	7:30	00:37:33.00
172	207/2008	2344	Jared Goertzen	M	37	Lincoln	NE	Open	Lincoln Logs	7:30	00:37:34.00
173	208/2008	2041	Kyle Olson	M	34	Humboldt	IA	Open	04 Legends	7:31	00:37:35.00
174	209/2008	2103	Michael Lopez	M	33	Des Moines	IA	Open	Bearded Ladies	7:31	00:37:36.00
175	210/2008	3075	Joseph Spivey	M	27	Des Moines	IA	Mixed	A Strange Van Full of Strange People	7:31	00:37:36.00
176	211/2008	2744	Brian Claassen	M	38	Bondurant	IA	Open	Unconscious Hugs	7:31	00:37:38.00
177	213/2008	2085	Anand Balasubramanian	M	40	Ames	IA	Open	Awesome Sauce	7:32	00:37:40.00
178	215/2008	3394	Harrison Heppelmann	M	21	Ames	IA	Mixed	Experienced Trail Runners- We Trail Everyone	7:32	00:37:42.00
179	216/2008	5194	Thomas Schutz	M	49	Salina	KS	Masters	Runnin Lopes	7:32	00:37:42.00
180	217/2008	3585	Joe Lynn	M	40	West Des Moines	IA	Mixed	Joe's Hoes	7:32	00:37:44.00
181	218/2008	2151	Walker Lee Holland	M	29	Des Moines	IA	Open	Crop Dusters	7:33	00:37:45.00
182	219/2008	3971	Eric Esser	M	42	Ames	IA	Mixed	Speedy Streakers	7:33	00:37:46.00
183	220/2008	3268	Ryan Looock	M	33	Lincoln	NE	Mixed	Chafing the Dream	7:34	00:37:50.00
184	221/2008	2288	Matthew Smith	M	44	Des Moines	IA	Open	Inquiring Minds	7:34	00:37:53.00
185	222/2008	2306	Kevin Stillman	M	35	Omaha	NE	Open	Kevin Bacon Cheeseburger	7:35	00:37:55.00
186	223/2008	4295	Keith Van Beek	M	33	Jefferson	IA	Mixed	We've Got the Runs	7:35	00:37:55.00
187	224/2008	5408	Cory Tuma	M	48	Van Meter	IA	Armed Forces Division	132d Wing	7:35	00:37:55.00
188	226/2008	5434	Andy Himes	M	34	Council Bluffs	IA	Armed Forces Division	VETERANS@VMWARE	7:35	00:37:57.00
189	227/2008	2904	Scott Freeman	M	58	Urbandale	IA	Corporate	FBL's Fabulous Flyers	7:36	00:38:00.00
190	229/2008	2061	Andy Lester	M	36	Waukee	IA	Open	Agony of Defeat	7:36	00:38:03.00
191	230/2008	2365	Todd Klindt	M	46	Ames	IA	Open	Loonies Running Club	7:36	00:38:03.00
192	231/2008	2646	Jason Bakewell	M	38	Omaha	NE	Open	Test Tube	7:36	00:38:03.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
193	232/2008	2743	Scott Heldt	M	30	Des Moines	IA	Open	Unconscious Hugs	7:36	00:38:04.00
194	234/2008	5263	Michael Powers	M	48	Sperry	IA	Mixed Masters	The Running Fartz	7:37	00:38:05.00
195	236/2008	2713	Dennis Haney	M	52	Clive	IA	Open	Thumbs and Friends	7:37	00:38:09.00
196	237/2008	2466	Ruskin Gautam	M	30	Urbandale	IA	Open	Road Warriors	7:38	00:38:10.00
197	238/2008	2862	Andrew Van Leeuwen	M	36	Waukee	IA	Corporate	DLR Group	7:38	00:38:12.00
198	240/2008	2863	Connor Gatzke	M	24	Des Moines	IA	Corporate	DLR Group	7:39	00:38:17.00
199	241/2008	2591	Eric Olson	M	31	Bondurant	IA	Open	Team McNurlen	7:39	00:38:19.00
200	242/2008	2327	Seth Fulton	M	34	Johnston	IA	Open	Legs for Days	7:40	00:38:20.00
201	244/2008	3454	Peter Clark	M	39	Ames	IA	Mixed	FSHNProfessors	7:40	00:38:20.00
202	245/2008	3646	Austin Graff	M	25	Des Moines	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	7:40	00:38:20.00
203	246/2008	3781	Patrick Alt	M	29	Indianola	IA	Mixed	Quads of Fury	7:40	00:38:20.00
204	248/2008	3275	Ryan O'Hare	M	40	West Des Moines	IA	Mixed	Chasing Amy	7:40	00:38:23.00
205	250/2008	2324	Jordan Weber	M	34	Clive	IA	Open	Legs for Days	7:41	00:38:25.00
206	251/2008	3775	Robert Carter	M	48	Pleasant Hill	IA	Mixed	Perfect Strangers	7:41	00:38:25.00
207	252/2008	5391	Brian Vander Naald	M	40	Des Moines	IA	Academic Division	Speed Doctors of Drake	7:41	00:38:29.00
208	253/2008	2963	Nick Robertson	M	27	Ankeny	IA	Corporate	Renewable Energy	7:42	00:38:30.00
209	256/2008	3451	Jose Rodriguez	M	22	Minneapolis	MN	Mixed	FSHNProfessors	7:42	00:38:34.00
210	257/2008	3243	Jason Boyle	M	43	Ankeny	IA	Mixed	Chafe Now- Brag Later	7:43	00:38:36.00
211	258/2008	4091	Craig Brophy	M	59	Cedar Rapids	IA	Mixed	Team Wrinkles	7:43	00:38:37.00
212	260/2008	2834	Ryan Keehn	M	37	Urbandale	IA	Corporate	Businessolver	7:44	00:38:40.00
213	262/2008	3372	Jeff Granneman	M	36	Omaha	NE	Mixed	Drop the Deuce	7:44	00:38:41.00
214	263/2008	3626	Matt Keller	M	45	Ankeny	IA	Mixed	Lost In Pace	7:44	00:38:41.00
215	264/2008	3725	Josiah O'Polka	M	24	Ankeny	IA	Mixed	Original 7	7:44	00:38:41.00
216	266/2008	2423	Matt Brostad	M	39	Storm Lake	IA	Open	Pace Be With You	7:45	00:38:45.00
217	269/2008	5435	Boe Prox	M	39	Bellevue	NE	Armed Forces Division	VETERANS@VMWARE	7:45	00:38:45.00
218	270/2008	3556	Matthew Morgan	M	49	Des Moines	IA	Mixed	Iowa Body Project	7:45	00:38:46.00
219	271/2008	3102	Nathan Schultz	M	37	Saint Charles	MN	Mixed	aMaizing Runners #we'recorny	7:46	00:38:50.00
220	272/2008	3561	Matt kernen	M	39	Fontanelle	IA	Mixed	Irish We Were Finished	7:46	00:38:50.00
221	273/2008	2102	Sean Laffey	M	29	Des Moines	IA	Open	Bearded Ladies	7:46	00:38:52.00
222	274/2008	2323	Anthony Brantner	M	34	Algona	IA	Open	Legs for Days	7:46	00:38:52.00
223	276/2008	2127	Chris Libanan	M	30	Oskaloosa	IA	Open	Between Walk and a Hard Pace	7:47	00:38:55.00
224	278/2008	3337	Joe Gentile	M	40	West Des Moines	IA	Mixed	Dilly Dilly	7:47	00:38:57.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
225	279/2008	2731	Jason Korbel	M	40	Charles City	IA	Open	Tough Brudders	7:47	00:38:59.00
226	281/2008	2165	Glen White	M	50	Lincoln	NE	Open	Death Taxes Running	7:48	00:39:01.00
227	283/2008	3278	Brian Powers	M	40	West Des Moines	IA	Mixed	Chasing Amy	7:49	00:39:05.00
228	285/2008	2261	James Thornton	M	49	Ankeny	IA	Open	I thought I was Driving the Van	7:49	00:39:06.00
229	286/2008	2681	Vidya Sagar Davuluri	M	45	Lincoln	NE	Open	THE LINCOLN FORCE	7:49	00:39:07.00
230	287/2008	3844	Bo Anderson	M	40	Urbandale	IA	Mixed	Run Like A Champ- Not Like A Chump	7:49	00:39:07.00
231	288/2008	3982	Michael Kuehner	M	36	Des Moines	IA	Mixed	Speedy Trial	7:49	00:39:07.00
232	289/2008	2167	Dan Donnelly	M	38	Elkhorn	NE	Open	Death Taxes Running	7:49	00:39:08.00
233	292/2008	2325	Justin Feldt	M	34	Hiawatha	IA	Open	Legs for Days	7:50	00:39:10.00
234	293/2008	3206	Kent Kavan	M	43	Juniata	NE	Mixed	Blue Footed Boobies	7:50	00:39:10.00
235	294/2008	2426	Mark Shea	M	48	Galva	IA	Open	Pace Be With You	7:50	00:39:12.00
236	295/2008	3813	Chris Ward	M	51	Clear Lake	IA	Mixed	Rum Runners	7:50	00:39:14.00
237	296/2008	3441	Matt Mattocks	M	39	Ankeny	IA	Mixed	Follow the Clues	7:51	00:39:15.00
238	297/2008	2714	Mark Benson	M	50	Clive	IA	Open	Thumbs and Friends	7:51	00:39:17.00
239	300/2008	5412	John Ferguson	M	34	Ashland	NE	Armed Forces Division	Stay Frosty	7:52	00:39:20.00
240	303/2008	2494	Collin Besch	M	22	Algona	IA	Open	Runderpants	7:52	00:39:25.00
241	305/2008	2742	Chad Grandon	M	35	Maxwell	IA	Open	Unconscious Hugs	7:53	00:39:27.00
242	306/2008	2791	John Lang	M	24	Waukee	IA	Open	Yes We Can	7:53	00:39:27.00
243	307/2008	2513	Steven Sousek	M	53	Lincoln	NE	Open	Runners Under Construction	7:53	00:39:28.00
244	309/2008	2594	Casey Thompson	M	37	Sigourney	IA	Open	Team McNurlen	7:54	00:39:30.00
245	310/2008	2595	Preston McNurlen	M	23	Sigourney	IA	Open	Team McNurlen	7:54	00:39:30.00
246	312/2008	3624	Blair Westerly	M	37	Ankeny	IA	Mixed	Lost In Pace	7:55	00:39:35.00
247	313/2008	5167	Keith Duster	M	47	Solon	IA	Masters	Ceement Shoes	7:55	00:39:36.00
248	314/2008	2346	Jeremy Larson	M	39	Lincoln	NE	Open	Lincoln Logs	7:55	00:39:37.00
249	315/2008	4094	Jim Dwyer	M	59	Marion	IA	Mixed	Team Wrinkles	7:55	00:39:37.00
250	316/2008	3333	Trevor Swanson	M	35	Indianola	IA	Mixed	Dilly Dilly	7:55	00:39:38.00
251	317/2008	3762	Kellen Mcginnis	M	37	Rock Island	IL	Mixed	Party Patrol	7:55	00:39:39.00
252	320/2008	2367	Clayton Mooney	M	32	Ames	IA	Open	Loonies Running Club	7:56	00:39:41.00
253	322/2008	2117	Myles Davis	M	21	Gowrie	IA	Open	Better at runnin a tab up	7:56	00:39:43.00
254	323/2008	3758	Tyson Tilton	M	39	York	NE	Mixed	Pardon My Fartlek	7:56	00:39:43.00
255	324/2008	2993	David Desing	M	57	Urbandale	IA	Corporate	Team Bond	7:57	00:39:45.00
256	325/2008	3405	Aaron Boushek	M	39	Waukee	IA	Mixed	EY for Life	7:57	00:39:45.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
257	326/2008	2766	Brandon Hebel	M	24	Manly	IA	Open	We'll Get There When We Get There	7:57	00:39:47.00
258	327/2008	3737	Drake Handling	M	18	Drakesville	IA	Mixed	P.B.R.	7:57	00:39:49.00
259	328/2008	2392	Greg Wittmeier	M	43	Papillion	NE	Open	MM EZ Market Warriors	7:58	00:39:51.00
260	329/2008	3401	Andy Seydel	M	39	Urbandale	IA	Mixed	EY for Life	7:58	00:39:51.00
261	330/2008	2874	Todd Williams	M	32	Des Moines	IA	Corporate	Eide Bailly	7:58	00:39:52.00
262	332/2008	3353	Shayne Krull	M	32	Omaha	NE	Mixed	DNR (Drinkers Not Runners)	7:58	00:39:54.00
263	333/2008	5371	Andrew Stem	M	37	Omaha	NE	Academic Division	Bluth Company	7:58	00:39:54.00
264	334/2008	2164	Chad Lunders	M	50	Lincoln	NE	Open	Death Taxes Running	7:59	00:39:55.00
265	336/2008	3182	Derek Conley	M	39	Ankeny	IA	Mixed	BFF's 1 Day Of The Year	7:59	00:39:56.00
266	337/2008	3331	Scott Kruthoff	M	39	Indianola	IA	Mixed	Dilly Dilly	7:59	00:39:56.00
267	340/2008	2421	Evan Franzmeier	M	30	Storm Lake	IA	Open	Pace Be With You	7:59	00:39:58.00
268	341/2008	2611	James Tessier	M	33	Firth	NE	Open	Team rails on trails	7:59	00:40:00.00
269	342/2008	3655	Ryan McIntosh	M	39	Ankeny	IA	Mixed	Misbehavin!!	7:59	00:40:00.00
270	345/2008	5185	Chris Pose	M	56	Cumming	IA	Masters	East Village People	8:00	00:40:02.00
271	347/2008	2063	Brian Peppenger	M	50	Grimes	IA	Open	Agony of Defeat	8:01	00:40:05.00
272	349/2008	5186	Jeff Weeks	M	60	Altoona	IA	Masters	East Village People	8:01	00:40:05.00
273	350/2008	2406	Kory Spees	M	48	Selma	IA	Open	Not a Clue	8:01	00:40:06.00
274	351/2008	2621	Tom Reece	M	48	Des Moines	IA	Open	Team Tanglefoot	8:01	00:40:06.00
275	353/2008	2105	Daniel Kuhlmann	M	34	Des Moines	IA	Open	Bearded Ladies	8:01	00:40:07.00
276	354/2008	2733	Adam Nosbisch	M	41	Waverly	IA	Open	Tough Brudders	8:01	00:40:07.00
277	357/2008	2823	Nick Nelson	M	37	New Sharon	IA	Corporate	ASI/ImageFirst Running Team	8:01	00:40:08.00
278	358/2008	3093	Jon Murphy	M	49	Des Moines	IA	Mixed	All in the Family.	8:01	00:40:08.00
279	360/2008	2992	Randall Meyer	M	35	Norwalk	IA	Corporate	Team Bond	8:01	00:40:09.00
280	362/2008	4251	Kingsley Gibbens	M	28	Lincoln	NE	Mixed	Vinnie and the Jets	8:01	00:40:09.00
281	365/2008	2291	Jeff Morrck	M	46	Grand Island	NE	Open	JJ's Custom Fitness	8:02	00:40:11.00
282	366/2008	2462	Doug Hoyng	M	58	Clive	IA	Open	Road Warriors	8:02	00:40:11.00
283	369/2008	5476	Aaron Rutt	M	38	Lincoln	NE	Corporate	Potential Issues	8:02	00:40:13.00
284	372/2008	3644	Andrew Behr	M	27	Des Moines	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	8:03	00:40:15.00
285	373/2008	3507	Brian Cheney	M	38	Marion	IA	Mixed	Homestar Runners	8:03	00:40:17.00
286	374/2008	2687	Darren Lockhart	M	59	Lincoln	NE	Open	THE LINCOLN FORCE	8:03	00:40:18.00
287	377/2008	2851	Chris Vlahakis	M	53	Ankeny	IA	Corporate	Corteva Market to Market Shapers	8:04	00:40:20.00
288	379/2008	4033	Jonathan Fransen	M	33	West Des Moines	IA	Mixed	TB	8:04	00:40:20.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
289	381/2008	5403	Matt Seeley	M	37	Prole	IA	Armed Forces Division	132d Wing	8:04	00:40:20.00
290	383/2008	3051	Antonio Guillen	M	31	Omaha	NE	Mixed	#ThursdaysAtSix	8:04	00:40:22.00
291	386/2008	2441	Andy Kucksdorf	M	37	Ankeny	IA	Open	Right Meow	8:04	00:40:23.00
292	388/2008	3056	Chris Yeager	M	32	Omaha	NE	Mixed	#ThursdaysAtSix	8:05	00:40:25.00
293	390/2008	4273	Matt Fryar	M	45	Waukee	IA	Mixed	We got the RUNS	8:05	00:40:27.00
294	391/2008	4096	Lucas Miller	M	18	Columbus	NE	Mixed	Team Wrinkles	8:05	00:40:28.00
295	394/2008	2345	Scott Brown	M	41	Lincoln	NE	Open	Lincoln Logs	8:07	00:40:35.00
296	396/2008	2553	Brandon Converse	M	35	Polk City	IA	Open	Sleep. Eat. Poop. Run.	8:07	00:40:39.00
297	397/2008	2615	Keith Knoop	M	33	Lincoln	NE	Open	Team rails on trails	8:07	00:40:39.00
298	398/2008	3633	Nathan Sorben	M	43	Waverly	NE	Mixed	Manning Mafia	8:08	00:40:40.00
299	399/2008	2126	Neeraj Sharma	M	34	Columbus	NE	Open	Between Walk and a Hard Pace	8:08	00:40:42.00
300	401/2008	3217	Andy Koestner	M	39	Johnston	IA	Mixed	Born to Shuffle	8:08	00:40:44.00
301	405/2008	2066	Greg Gehrke	M	48	Altoona	IA	Open	Agony of Defeat	8:09	00:40:47.00
302	407/2008	2753	Mike Tiedens	M	45	Des Moines	IA	Open	We Are Not Going to Win Volume 2	8:10	00:40:50.00
303	408/2008	3623	Joe Feldmann	M	39	Ankeny	IA	Mixed	Lost In Pace	8:10	00:40:50.00
304	412/2008	2042	Adam Rasmussen	M	32	Overland Park	KS	Open	04 Legends	8:10	00:40:54.00
305	414/2008	2104	Mike Lovelady	M	36	Overland Park	KS	Open	Bearded Ladies	8:11	00:40:55.00
306	416/2008	4344	Shane Molyneux	M	47	Waukee	IA	Mixed	Your Pace or Mine?	8:11	00:40:55.00
307	417/2008	3565	Jason Haglund	M	46	Story City	IA	Mixed	Irish We Were Finished	8:11	00:40:58.00
308	419/2008	2326	David Quam	M	34	Waukee	IA	Open	Legs for Days	8:12	00:41:00.00
309	421/2008	3746	Greg Steffen	M	49	Panora	IA	Mixed	Panorama Slamorama	8:12	00:41:00.00
310	423/2008	3766	Kevin kay	M	35	Davenport	IA	Mixed	Party Patrol	8:12	00:41:00.00
311	424/2008	3018	Mark Selmecki	M	43	Polk City	IA	Corporate	Team Keen	8:12	00:41:01.00
312	425/2008	5372	Dallas Dickey	M	42	Johnston	IA	Academic Division	Bluth Company	8:12	00:41:01.00
313	428/2008	2401	Chad Hamilton	M	39	Fairfield	IA	Open	Not a Clue	8:12	00:41:03.00
314	429/2008	2491	Jeff Marsh	M	62	Algona	IA	Open	Runderpants	8:12	00:41:03.00
315	430/2008	5165	Jason Reiseck	M	47	Ely	IA	Masters	Ceement Shoes	8:13	00:41:06.00
316	438/2008	4202	Chris Keller	M	40	Waukee	IA	Mixed	Tie Dyed Soles	8:15	00:41:15.00
317	439/2008	4211	Bradley Harris	M	37	Des Moines	IA	Mixed	Top Run	8:15	00:41:15.00
318	441/2008	4093	Horacio Olivo	M	58	Iowa City	IA	Mixed	Team Wrinkles	8:15	00:41:16.00
319	442/2008	2242	Brett Roberts	M	38	Shenandoah	IA	Open	Hit The Ground Stumblin	8:15	00:41:17.00
320	443/2008	3632	Tyler Weig	M	37	Des Moines	IA	Mixed	Manning Mafia	8:15	00:41:17.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
321	445/2008	3562	Brian Chapman	M	48	Smithville	MO	Mixed	Irish We Were Finished	8:15	00:41:18.00
322	447/2008	4072	Kent Johnson	M	52	Moline	IL	Mixed	Team Party Patrol Deux	8:16	00:41:22.00
323	453/2008	2693	Jason Gehrken	M	37	Omaha	NE	Open	The Nurhaci's	8:17	00:41:28.00
324	454/2008	2592	Justin Sample	M	46	Huxley	IA	Open	Team McNurlen	8:18	00:41:30.00
325	455/2008	4071	Sean O'EHanlon	M	49	Davenport	IA	Mixed	Team Party Patrol Deux	8:18	00:41:30.00
326	456/2008	2366	Allen Bierbaum	M	44	Ames	IA	Open	Loonies Running Club	8:18	00:41:31.00
327	457/2008	2035	Justin Vinchattle	M	38	Ankeny	IA	Open	#whydowedothis?	8:18	00:41:32.00
328	458/2008	2493	Chad Besch	M	46	Algona	IA	Open	Runderpants	8:18	00:41:32.00
329	459/2008	2751	Matt Tiedens	M	45	Polk City	IA	Open	We Are Not Going to Win Volume 2	8:18	00:41:33.00
330	464/2008	4312	Mike Loss	M	54	Clive	IA	Mixed	Whole Lotto Miles	8:19	00:41:35.00
331	465/2008	5402	Jonathan Shepherd	M	36	Urbandale	IA	Armed Forces Division	132d Wing	8:19	00:41:35.00
332	466/2008	3738	Bryer Wallace	M	18	Drakesville	IA	Mixed	P.B.R.	8:19	00:41:36.00
333	468/2008	3343	Jake Overgaard	M	37	Winona	MN	Mixed	DINNER TIME	8:19	00:41:38.00
334	469/2008	3752	Warren Holt	M	48	Lincoln	NE	Mixed	Pardon My Fartlek	8:19	00:41:39.00
335	470/2008	2084	Joshua Allen	M	41	Ankeny	IA	Open	Awesome Sauce	8:20	00:41:40.00
336	471/2008	2304	Alex Kinyon	M	35	Omaha	NE	Open	Kevin Bacon Cheeseburger	8:20	00:41:40.00
337	473/2008	2266	Bob Lichtenwalter	M	51	Earlham	IA	Open	I thought I was Driving the Van	8:20	00:41:42.00
338	480/2008	3682	Derek Mensen	M	18	Earlville	IA	Mixed	No Judgement	8:21	00:41:45.00
339	483/2008	2956	Aaron Maue	M	44	Walker	IA	Corporate	Not So Fast	8:21	00:41:47.00
340	485/2008	3053	Brock Hansen	M	34	Omaha	NE	Mixed	#ThursdaysAtSix	8:22	00:41:50.00
341	487/2008	3391	Dan MacKenzie	M	33	Des Moines	IA	Mixed	Experienced Trail Runners- We Trail Everyone	8:22	00:41:51.00
342	492/2008	2443	Mark Wisham	M	44	Johnston	IA	Open	Right Meow	8:23	00:41:59.00
343	493/2008	3017	Matthew Frandsen	M	29	Des Moines	IA	Corporate	Team Keen	8:23	00:41:59.00
344	496/2008	2652	Austin Williamson	M	34	Moline	IL	Open	The Elephant in the Room	8:24	00:42:00.00
345	499/2008	5437	Allen Parsons	M	58	Springfield	NE	Armed Forces Division	VETERANS@VMWARE	8:24	00:42:00.00
346	500/2008	3305	Cody Finer	M	26	Ames	IA	Mixed	CYCOS	8:24	00:42:01.00
347	503/2008	3647	Kyle Coghlan	M	26	Des Moines	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	8:24	00:42:04.00
348	511/2008	3192	John Scroggins	M	48	Cedar Rapids	IA	Mixed	Blood- Sweat- and Beers	8:25	00:42:08.00
349	513/2008	3116	Lee Jameson	M	51	Murray	NE	Mixed	Average Joes	8:26	00:42:10.00
350	514/2008	5202	Scott McFetridge	M	56	Des Moines	IA	Masters	Running with the Animals	8:26	00:42:10.00
351	519/2008	2322	Andy Campbell	M	34	Waukee	IA	Open	Legs for Days	8:26	00:42:14.00
352	522/2008	3541	Tom Williams	M	57	Villisca	IA	Mixed	Insanity Made Us Do It	8:27	00:42:15.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
353	524/2008	2885	Tanner Peltier	M	23	Des Moines	IA	Corporate	Elite 8	8:27	00:42:16.00
354	527/2008	2945	Jonathan Ellison	M	40	Omaha	NE	Corporate	LinkedIn	8:27	00:42:18.00
355	529/2008	4244	Jacob CATRON	M	32	Clive	IA	Mixed	Undertrained and Overconfident	8:27	00:42:19.00
356	531/2008	3501	Brett Dupree	M	44	Marion	IA	Mixed	Homestar Runners	8:28	00:42:20.00
357	532/2008	3573	Tyler Engel	M	41	Urbandale	IA	Mixed	Jen's Mouth is So Dirty They Have A Bulldozer	8:28	00:42:20.00
358	533/2008	2792	Jay Udey	M	34	West Des Moines	IA	Open	Yes We Can	8:28	00:42:22.00
359	534/2008	3201	Grant Waltz	M	39	West Des Moines	IA	Mixed	Blue Footed Boobies	8:28	00:42:23.00
360	537/2008	2623	Duane Spence	M	38	Lacona	IA	Open	Team Tanglefoot	8:28	00:42:24.00
361	540/2008	2368	Steven Brockshus	M	27	Grimes	IA	Open	Loonies Running Club	8:29	00:42:26.00
362	541/2008	2715	Darko Lokmic	M	46	Johnston	IA	Open	Thumbs and Friends	8:29	00:42:27.00
363	542/2008	3054	James Jolly	M	37	Omaha	NE	Mixed	#ThursdaysAtSix	8:29	00:42:27.00
364	543/2008	3335	Randy Heckert	M	41	Norwalk	IA	Mixed	Dilly Dilly	8:29	00:42:29.00
365	545/2008	2734	Matt Williams	M	41	Charles City	IA	Open	Tough Brudders	8:30	00:42:30.00
366	546/2008	2961	Michael Wilson	M	51	Ames	IA	Corporate	Renewable Energy	8:30	00:42:30.00
367	548/2008	3875	Spencer Nelson	M	22	Perry	IA	Mixed	Running on Empty	8:30	00:42:30.00
368	549/2008	5381	Tony Guerra	M	48	Ankeny	IA	Academic Division	DMACC Blue Past You	8:30	00:42:32.00
369	550/2008	2865	Matthew Gaul	M	31	Des Moines	IA	Corporate	DLR Group	8:30	00:42:33.00
370	551/2008	3251	Ryan Lowry	M	40	Lincoln	NE	Mixed	Chafing Dreams	8:30	00:42:33.00
371	554/2008	2465	Vas Shebarshov	M	33	Urbandale	IA	Open	Road Warriors	8:31	00:42:35.00
372	555/2008	3645	Alex Boisjolie	M	26	Des Moines	IA	Mixed	Michael Scott's Dunder Mifflin SMPM	8:31	00:42:35.00
373	559/2008	3896	Trent Lienau	M	41	Clive	IA	Mixed	Runs In The Family	8:31	00:42:37.00
374	563/2008	2068	Kyle Brown	M	41	Carlisle	IA	Open	Agony of Defeat	8:32	00:42:40.00
375	564/2008	3567	Kevin Lindberg	M	41	West Des Moines	IA	Mixed	Irish We Were Finished	8:32	00:42:40.00
376	568/2008	5438	Curtis Mulcahy	M	48	Bellevue	NE	Armed Forces Division	VETERANS@VMWARE	8:32	00:42:41.00
377	570/2008	5203	Roadog McKibben	M	59	Clive	IA	Masters	Running with the Animals	8:32	00:42:44.00
378	571/2008	3252	Dustin Giddings	M	33	Lincoln	NE	Mixed	Chafing Dreams	8:33	00:42:45.00
379	572/2008	3954	Erik Graff	M	18	Mccook	NE	Mixed	Slow- but we finish	8:33	00:42:45.00
380	573/2008	4115	Joel Zach	M	37	Hastings	NE	Mixed	The Joggnauts	8:33	00:42:46.00
381	574/2008	4002	Delbert Bermel	M	53	Omaha	NE	Mixed	Straight Outta Breath	8:33	00:42:47.00
382	577/2008	2873	Michael Holdren	M	37	Johnston	IA	Corporate	Eide Bailly	8:33	00:42:49.00
383	578/2008	3276	Dan Powers	M	40	West Des Moines	IA	Mixed	Chasing Amy	8:33	00:42:49.00
384	587/2008	3674	Doug Barlow	M	57	Weeping Water	NE	Mixed	NeBEERska	8:35	00:42:58.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
385	588/2008	5205	Glen Dippold	M	57	Clive	IA	Masters	Running with the Animals	8:35	00:42:58.00
386	591/2008	4055	Douglas Karkow	M	34	Mount Vernon	IA	Mixed	Team Llamacorn	8:36	00:43:04.00
387	593/2008	2067	Kurt Naae	M	43	Des Moines	IA	Open	Agony of Defeat	8:37	00:43:06.00
388	595/2008	3213	Bill Raftery	M	65	Davenport	IA	Mixed	Born to Shuffle	8:37	00:43:08.00
389	597/2008	4345	Sean Lair	M	39	Des Moines	IA	Mixed	Your Pace or Mine?	8:38	00:43:10.00
390	598/2008	2433	Clark De Vries	M	34	Sioux Center	IA	Open	Powered by Hamms	8:38	00:43:11.00
391	604/2008	2692	Andrew Potter	M	38	Papillion	NE	Open	The Nurhaci's	8:38	00:43:14.00
392	605/2008	4154	Mark Richmond	M	40	Hiawatha	IA	Mixed	The Strong WILLed	8:38	00:43:14.00
393	611/2008	5222	Matt Fiala	M	44	Andover	MN	Mixed Masters	Gypsies- Tramps & Thieves	8:39	00:43:16.00
394	612/2008	3074	Kyle Maley	M	29	Burnsville	MN	Mixed	A Strange Van Full of Strange People	8:39	00:43:18.00
395	613/2008	2942	Navinder Mehrok	M	31	Omaha	NE	Corporate	LinkedIn	8:39	00:43:19.00
396	614/2008	3184	Shane Behrendsen	M	36	Clarion	IA	Mixed	BFF's 1 Day Of The Year	8:39	00:43:19.00
397	615/2008	2593	Joshua Jorgensen	M	40	Adel	IA	Open	Team McNurlen	8:40	00:43:20.00
398	616/2008	3366	Ian Bents	M	39	Fairmont	MN	Mixed	Dr. Schultz's Minions	8:40	00:43:20.00
399	617/2008	2332	Shaun O'Neill	M	29	Fort Dodge	IA	Open	Let's TACO Bout Running	8:40	00:43:21.00
400	619/2008	2275	Brett Huizenga	M	37	Elkhorn	NE	Open	Ice Baggers 4 Life	8:40	00:43:22.00
401	622/2008	2711	Scott Bandy	M	55	Indianola	IA	Open	Thumbs and Friends	8:41	00:43:25.00
402	625/2008	2567	Lewis Opheim	M	41	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	8:41	00:43:26.00
403	626/2008	5183	Pete Sandler	M	64	West Des Moines	IA	Masters	East Village People	8:41	00:43:26.00
404	627/2008	2414	Cameron Christiansen	M	13	Omaha	NE	Open	Over the Fence	8:41	00:43:27.00
405	628/2008	3973	Ben Hotsauce Badgley	M	40	Madrid	IA	Mixed	Speedy Streakers	8:41	00:43:27.00
406	634/2008	3991	Derek Klein	M	29	Waukee	IA	Mixed	Still Looking For The Shortcut	8:42	00:43:30.00
407	636/2008	5414	Jeremy Rupprecht	M	41	Cortland	NE	Armed Forces Division	Stay Frosty	8:42	00:43:30.00
408	637/2008	2214	Nick Sibenaller	M	32	Minneapolis	MN	Open	Formula Run	8:43	00:43:36.00
409	640/2008	2617	Jonathan Lehman	M	29	Lincoln	NE	Open	Team rails on trails	8:43	00:43:38.00
410	641/2008	5397	Peter Levi	M	40	Des Moines	IA	Academic Division	Speed Doctors of Drake	8:43	00:43:38.00
411	645/2008	2955	Dean Karl	M	45	Cedar Rapids	IA	Corporate	Not So Fast	8:44	00:43:42.00
412	647/2008	2964	Robert Mallinger	M	42	Jefferson	IA	Corporate	Renewable Energy	8:44	00:43:43.00
413	648/2008	4021	Hans Sickles	M	35	Urbandale	IA	Mixed	Tanglefeet	8:44	00:43:43.00
414	649/2008	2361	Dave Biedenbach	M	51	Ames	IA	Open	Loonies Running Club	8:44	00:43:44.00
415	653/2008	3697	Chris Sanford	M	43	Urbandale	IA	Mixed	No Lug Nuts No Problem	8:45	00:43:45.00
416	656/2008	3436	Sxott Rosenbaugh	M	37	Lincoln	NE	Mixed	Flock of Flamingos	8:46	00:43:50.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
417	659/2008	2446	Brad TOLAND	M	38	Elkhorn	NE	Open	Right Meow	8:46	00:43:51.00
418	661/2008	2241	Trevor McGinnis	M	40	Johnston	IA	Open	Hit The Ground Stumblin	8:46	00:43:52.00
419	662/2008	4121	Brice Middleton	M	49	Lincoln	NE	Mixed	The Knights Who Say Knee	8:46	00:43:52.00
420	664/2008	3691	Peter LeBlanc	M	41	Waukee	IA	Mixed	No Lug Nuts No Problem	8:46	00:43:54.00
421	669/2008	2302	Mark Holmberg	M	33	Omaha	NE	Open	Kevin Bacon Cheeseburger	8:47	00:43:58.00
422	671/2008	2817	Joe Russell	M	35	Bondurant	IA	Open	You Make Me Feel Like 90s Country	8:47	00:43:59.00
423	679/2008	2683	Kiran Poda	M	46	Lincoln	NE	Open	THE LINCOLN FORCE	8:48	00:44:04.00
424	682/2008	3204	Josh Smouse	M	41	Coon Rapids	IA	Mixed	Blue Footed Boobies	8:49	00:44:06.00
425	683/2008	2082	Steve Shaner	M	38	Ankeny	IA	Open	Awesome Sauce	8:49	00:44:09.00
426	685/2008	5231	John Mears	M	44	Adel	IA	Mixed Masters	Respect Your Elders	8:50	00:44:12.00
427	686/2008	2274	Chuck Barthelme	M	41	Chicago	IL	Open	Ice Baggers 4 Life	8:50	00:44:13.00
428	687/2008	3457	Matt Rowling	M	45	Ankeny	IA	Mixed	FSHNProfessors	8:50	00:44:13.00
429	689/2008	5184	Brendan Comito	M	53	Des Moines	IA	Masters	East Village People	8:50	00:44:13.00
430	690/2008	3114	Matthew Hudson	M	40	Gretna	NE	Mixed	Average Joes	8:51	00:44:15.00
431	695/2008	2407	Steve Leonard	M	44	Ottumwa	IA	Open	Not a Clue	8:52	00:44:20.00
432	696/2008	3482	Rob Lindquist	M	36	Council Bluffs	IA	Mixed	Grandma's Babysitting	8:52	00:44:20.00
433	704/2008	2461	Asween Mallick	M	41	West Des Moines	IA	Open	Road Warriors	8:53	00:44:26.00
434	710/2008	4034	Ryan Moe	M	34	Coon Rapids	MN	Mixed	TB	8:53	00:44:29.00
435	712/2008	4022	Tim Woods	M	70	Des Moines	IA	Mixed	Tanglefeet	8:54	00:44:30.00
436	714/2008	3011	Rodney Graven	M	60	Jefferson	IA	Corporate	Team Keen	8:54	00:44:32.00
437	717/2008	3593	Aaron Frasier	M	38	Des Moines	IA	Mixed	Just Keep Running- Just Keep Running	8:54	00:44:33.00
438	718/2008	4346	Scott Duescher	M	38	Waukee	IA	Mixed	Your Pace or Mine?	8:54	00:44:34.00
439	721/2008	2716	Bill Kallestad	M	49	Des Moines	IA	Open	Thumbs and Friends	8:55	00:44:38.00
440	722/2008	2212	Josiah Schiller	M	28	Sioux City	IA	Open	Formula Run	8:56	00:44:40.00
441	723/2008	3703	Pat Jackson	M	54	Ames	IA	Mixed	No Time For Cardio	8:56	00:44:42.00
442	728/2008	3711	Jonny Getting	M	27	Waukee	IA	Mixed	Not Fast But Furious	8:56	00:44:44.00
443	733/2008	3147	Scott Carnahan	M	26	Ames	IA	Mixed	Beer Nuts	8:57	00:44:46.00
444	735/2008	5187	Andy Roat	M	58	Des Moines	IA	Masters	East Village People	8:57	00:44:47.00
445	737/2008	3833	Peter DeTar	M	25	West Des Moines	IA	Mixed	Run Drink Repeat	8:57	00:44:48.00
446	739/2008	4204	Billy Ware	M	38	Clive	IA	Mixed	Tie Dyed Soles	8:58	00:44:50.00
447	740/2008	3754	Steven Howser	M	39	Lincoln	NE	Mixed	Pardon My Fartlek	8:58	00:44:51.00
448	747/2008	2434	Brady De Vries	M	33	Des Moines	IA	Open	Powered by Hamms	8:59	00:44:56.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
449	749/2008	2931	Misty Bierwagen	M	31	Boone	IA	Corporate	Iowa D.O.T.	8:59	00:44:56.00
450	752/2008	4709	Jeremy Oleson	M	46	Runnells	IA	Women	Perfect Strangers	8:59	00:44:58.00
451	753/2008	2824	Ryan Hudnut	M	37	Grinnell	IA	Corporate	ASI/ImageFirst Running Team	9:00	00:45:00.00
452	754/2008	3004	Brad Smerage	M	51	Des Moines	IA	Corporate	Team HJA	9:00	00:45:00.00
453	761/2008	4246	Nathan Paul	M	37	Waukee	IA	Mixed	Undertrained and Overconfident	9:00	00:45:01.00
454	762/2008	2404	Gregg Baker	M	36	Fairfield	IA	Open	Not a Clue	9:00	00:45:02.00
455	765/2008	2682	Viji Pushkaran	M	47	Lincoln	NE	Open	THE LINCOLN FORCE	9:00	00:45:03.00
456	766/2008	2793	Derrick Kresser	M	37	West Des Moines	IA	Open	Yes We Can	9:00	00:45:03.00
457	769/2008	2932	David Evans	M	43	Ames	IA	Corporate	Iowa D.O.T.	9:01	00:45:05.00
458	776/2008	2213	Austin Simon	M	26	Sioux City	IA	Open	Formula Run	9:01	00:45:08.00
459	779/2008	3832	Matthew Gray	M	28	Des Moines	IA	Mixed	Run Drink Repeat	9:01	00:45:09.00
460	781/2008	2816	Jeremiah Schlegel	M	39	Fort Dodge	IA	Open	You Make Me Feel Like 90s Country	9:02	00:45:10.00
461	784/2008	2765	Joshua Metz	M	29	Newton	IA	Open	We'll Get There When We Get There	9:02	00:45:12.00
462	788/2008	2691	Joseph Garry	M	33	Omaha	NE	Open	The Nurhaci's	9:02	00:45:13.00
463	792/2008	3412	Brian Webb	M	44	Des Moines	IA	Mixed	Fleet Running Partners	9:03	00:45:15.00
464	795/2008	4233	David Keene	M	38	Bondurant	IA	Mixed	Ummmm	9:03	00:45:17.00
465	799/2008	4057	Anthony Davis	M	35	Adel	IA	Mixed	Team Llamacorn	9:03	00:45:19.00
466	801/2008	2141	Chris Ruttencutter	M	35	Grimes	IA	Open	Commodity 2 Commodity	9:03	00:45:20.00
467	806/2008	4135	Andrew Barkley	M	39	Des Moines	IA	Mixed	The Pace Is Right	9:04	00:45:22.00
468	809/2008	3296	Jake Lauzon	M	37	Panora	IA	Mixed	Cold Turkey Cuss Bus	9:05	00:45:25.00
469	812/2008	5264	Michael Myers	M	50	Burlington	IA	Mixed Masters	The Running Fartz	9:05	00:45:25.00
470	813/2008	2996	Ryan Fox	M	41	Des Moines	IA	Corporate	Team Bond	9:05	00:45:26.00
471	814/2008	4025	Justin Woods	M	40	Ankeny	IA	Mixed	Tanglefeet	9:05	00:45:26.00
472	816/2008	2882	Jericho Cimburek	M	27	Urbandale	IA	Corporate	Elite 8	9:05	00:45:28.00
473	820/2008	2255	Armando SALGADO	M	39	Omaha	NE	Open	HuskersNtheHouse	9:06	00:45:30.00
474	823/2008	5206	Charlie Neibergall	M	55	Urbandale	IA	Masters	Running with the Animals	9:06	00:45:32.00
475	825/2008	2215	Nick McBride	M	28	Sioux City	IA	Open	Formula Run	9:06	00:45:34.00
476	831/2008	4247	Gregory Jackson	M	44	Waukee	IA	Mixed	Undertrained and Overconfident	9:07	00:45:35.00
477	834/2008	5376	Chris Richardson	M	41	Omaha	NE	Academic Division	Bluth Company	9:07	00:45:36.00
478	837/2008	5431	Eric Rausch	M	33	Papillion	NE	Armed Forces Division	VETERANS@VMWARE	9:07	00:45:37.00
479	839/2008	2736	Scott Hansen	M	42	Charles City	IA	Open	Tough Brudders	9:07	00:45:38.00
480	843/2008	2394	Eric Daniel	M	37	West Des Moines	IA	Open	MM EZ Market Warriors	9:08	00:45:40.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
481	848/2008	2016	Tyler Fogt	M	30	Denver	CO	Open	#notindiana	9:08	00:45:45.00
482	854/2008	4125	Mark Langrud	M	47	Lincoln	NE	Mixed	The Knights Who Say Knee	9:09	00:45:48.00
483	859/2008	2116	Sean Minikis	M	39	Badger	IA	Open	Better at runnin a tab up	9:10	00:45:51.00
484	861/2008	3003	Chris Sadewasser	M	33	Ankeny	IA	Corporate	Team HJA	9:10	00:45:52.00
485	864/2008	2643	Dylan Wilson	M	34	Lincoln	NE	Open	Test Tube	9:10	00:45:53.00
486	868/2008	4315	Todd Montgomery	M	51	Cedar Rapids	IA	Mixed	Whole Lotto Miles	9:11	00:45:57.00
487	870/2008	2887	Abraham Flanders	M	28	Ankeny	IA	Corporate	Elite 8	9:12	00:46:00.00
488	882/2008	5415	James Rasmussen	M	31	Firth	NE	Armed Forces Division	Stay Frosty	9:13	00:46:05.00
489	885/2008	3904	Garrett Boller	M	33	Overland Park	KS	Mixed	Runs on Beer	9:13	00:46:09.00
490	887/2008	3822	Ryan Thompson	M	40	Ashland	NE	Mixed	RUN CYT	9:14	00:46:10.00
491	889/2008	5223	Kirt Anderson	M	48	Coon Rapids	MN	Mixed Masters	Gypsies- Tramps & Thieves	9:14	00:46:10.00
492	894/2008	4162	Eric Anderson	M	36	Des Moines	IA	Mixed	The VanTrapped Family Runners	9:14	00:46:13.00
493	897/2008	3307	Adam Laug	M	40	Grinnell	IA	Mixed	CYCOS	9:15	00:46:15.00
494	898/2008	3368	Ben Scheevel	M	29	Fairmont	MN	Mixed	Dr. Schultz's Minions	9:15	00:46:15.00
495	900/2008	5461	Josh Carmody	M	37	Fort Dodge	IA	Religious	We Will Run	9:15	00:46:15.00
496	905/2008	2477	Eric Rodine	M	29	Omaha	NE	Open	Run 2 Travel	9:15	00:46:18.00
497	910/2008	2132	Benson Hargens	M	34	Osage	IA	Open	Bodyglide- Blisters- & Bengay	9:16	00:46:21.00
498	911/2008	2015	Matt Keith	M	30	Denver	CO	Open	#notindiana	9:16	00:46:22.00
499	913/2008	4114	David Hughes	M	41	Hastings	NE	Mixed	The Joggnauts	9:16	00:46:23.00
500	914/2008	5265	Luke Newton	M	41	Yarmouth	IA	Mixed Masters	The Running Fartz	9:16	00:46:23.00
501	917/2008	2256	Michael Evans	M	38	Omaha	NE	Open	HuskersNtheHouse	9:17	00:46:25.00
502	918/2008	2257	Hector Martinez	M	35	Omaha	NE	Open	HuskersNtheHouse	9:17	00:46:25.00
503	919/2008	3212	Drew Sellner	M	39	Ankeny	IA	Mixed	Born to Shuffle	9:17	00:46:25.00
504	925/2008	2455	Angelo Luis	M	36	Carroll	IA	Open	Road Runners	9:17	00:46:27.00
505	926/2008	5201	Karl Overton	M	52	Des Moines	IA	Masters	Running with the Animals	9:17	00:46:27.00
506	928/2008	5436	Patrick ABELL	M	43	Bellevue	NE	Armed Forces Division	VETERANS@VMWARE	9:17	00:46:29.00
507	932/2008	2362	Andrew Zalasky	M	47	Ames	IA	Open	Loonies Running Club	9:18	00:46:31.00
508	937/2008	3435	Lucas Fairbanks	M	38	Omaha	NE	Mixed	Flock of Flamingos	9:18	00:46:32.00
509	940/2008	4113	Sam Robinson	M	34	Bondurant	IA	Mixed	The Joggnauts	9:18	00:46:34.00
510	946/2008	3715	Anthony Ash	M	27	Bettendorf	IA	Mixed	Not Fast But Furious	9:20	00:46:41.00
511	948/2008	3811	Reagan Elsbury	M	40	Ventura	IA	Mixed	Rum Runners	9:20	00:46:41.00
512	955/2008	3348	Nick Mabe	M	39	Minneapolis	MN	Mixed	DINNER TIME	9:22	00:46:50.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
513	958/2008	4293	Chris Nelson	M	36	Jefferson	IA	Mixed	We've Got the Runs	9:22	00:46:52.00
514	959/2008	2922	Mark Nevenhoven	M	53	West Des Moines	IA	Corporate	INVISION	9:22	00:46:53.00
515	960/2008	3433	Keith Ratterree	M	48	Lincoln	NE	Mixed	Flock of Flamingos	9:22	00:46:53.00
516	963/2008	2481	Karl Lundy	M	46	Des Moines	IA	Open	Run Like The Winded - The Original	9:22	00:46:55.00
517	973/2008	4054	Ryan Lenger	M	40	Iowa City	IA	Mixed	Team Llamacorn	9:23	00:46:58.00
518	986/2008	5204	Phelan THOMAS	M	62	West Des Moines	IA	Masters	Running with the Animals	9:25	00:47:10.00
519	988/2008	2745	Joe White	M	41	Altoona	IA	Open	Unconscious Hugs	9:26	00:47:13.00
520	989/2008	4024	Chris Jessee	M	41	Bondurant	IA	Mixed	Tanglefeet	9:26	00:47:13.00
521	1000/2008	2012	Michael Splittgerber	M	30	Des Moines	IA	Open	#notindiana	9:28	00:47:20.00
522	1001/2008	3523	Jeff Spies	M	40	Des Moines	IA	Mixed	I Can't Feel My Legs When I'm With You	9:28	00:47:20.00
523	1002/2008	3546	Adam Timmerman	M	16	Nodaway	IA	Mixed	Insanity Made Us Do It	9:28	00:47:21.00
524	1005/2008	3262	Shawn June	M	31	Ankeny	IA	Mixed	Chafing the Dream	9:28	00:47:22.00
525	1006/2008	3576	Christopher Coleman	M	43	Urbandale	IA	Mixed	Jen's Mouth is So Dirty They Have A Bulldozer	9:28	00:47:22.00
526	1009/2008	2064	Pete Bowen	M	53	Bondurant	IA	Open	Agony of Defeat	9:28	00:47:24.00
527	1015/2008	3742	Sam Benton	M	50	Panora	IA	Mixed	Panorama Slamorama	9:29	00:47:25.00
528	1018/2008	2331	Robb winters	M	49	Fort Dodge	IA	Open	Let's TACO Bout Running	9:29	00:47:27.00
529	1019/2008	3001	Jonathan Rector	M	33	West Des Moines	IA	Corporate	Team HJA	9:29	00:47:27.00
530	1021/2008	2402	Cole Boatright	M	38	Fairfield	IA	Open	Not a Clue	9:30	00:47:30.00
531	1023/2008	3882	Kyle Hiemstra	M	38	Sioux Center	IA	Mixed	Running with my Homies	9:30	00:47:32.00
532	1029/2008	2555	Mike Anderson	M	35	West Des Moines	IA	Open	Sleep. Eat. Poop. Run.	9:31	00:47:35.00
533	1030/2008	2826	Alan Parsons	M	41	Bennington	NE	Corporate	ASI/ImageFirst Running Team	9:31	00:47:35.00
534	1035/2008	4065	Dustin Klein	M	31	Des Moines	IA	Mixed	Team Pacman	9:31	00:47:36.00
535	1039/2008	3448	Charles Engelkes	M	38	Ames	IA	Mixed	Follow the Clues	9:32	00:47:41.00
536	1041/2008	3023	Jon Jordan	M	65	Atlantic	IA	Corporate	WesleyLife Wellness Team	9:32	00:47:43.00
537	1043/2008	3627	Rory Flynn	M	39	Des Moines	IA	Mixed	Lost In Pace	9:32	00:47:44.00
538	1047/2008	4277	Mark Thomsen	M	39	Clive	IA	Mixed	We got the RUNS	9:33	00:47:46.00
539	1050/2008	2625	Joe Kohls	M	40	Norwalk	IA	Open	Team Tanglefoot	9:34	00:47:50.00
540	1054/2008	3346	Shaun Mabe	M	36	Des Moines	IA	Mixed	DINNER TIME	9:35	00:47:55.00
541	1061/2008	3671	Jim Hudson	M	45	Ceresco	NE	Mixed	NeBEERska	9:36	00:48:00.00
542	1063/2008	3842	Drew Gosselink	M	39	Clive	IA	Mixed	Run Like A Champ- Not Like A Chump	9:36	00:48:00.00
543	1071/2008	4123	Trey Kehoe	M	25	Fort Dodge	IA	Mixed	The Knights Who Say Knee	9:37	00:48:06.00
544	1072/2008	2432	Jon Bolkema	M	33	Bennington	NE	Open	Powered by Hamms	9:37	00:48:09.00

Market to Market Relay Iowa - Virtual

May 9, 2020

5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
545	1073/2008	2786	Jeff Wright	M	40	Ankeny	IA	Open	WTF: Where's The Finish	9:37	00:48:09.00
546	1074/2008	3955	Jon Graff	M	48	Mccook	NE	Mixed	Slow- but we finish	9:37	00:48:09.00
547	1075/2008	3571	Terry Hansen	M	68	Council Bluffs	IA	Mixed	Jen's Mouth is So Dirty They Have A Bulldozer	9:38	00:48:10.00
548	1076/2008	3676	William Stott	M	57	Omaha	NE	Mixed	NeBEERska	9:38	00:48:10.00
549	1077/2008	3824	Matt Kasik	M	41	Lincoln	NE	Mixed	RUN CYT	9:38	00:48:10.00
550	1078/2008	4004	Taylor Bozarth	M	26	Omaha	NE	Mixed	Straight Outta Breath	9:38	00:48:10.00
551	1083/2008	3846	Dewell Anderson	M	12	Urbandale	IA	Mixed	Run Like A Champ- Not Like A Chump	9:38	00:48:13.00
552	1088/2008	4321	Michael Reiter	M	41	Cortland	NE	Mixed	Worst Pace Scenario	9:39	00:48:16.00
553	1089/2008	2442	Marc Johnson	M	45	Papillion	NE	Open	Right Meow	9:39	00:48:17.00
554	1090/2008	2456	Caleb Flickinger	M	31	Altoona	IA	Open	Road Runners	9:39	00:48:18.00
555	1099/2008	5181	Patrick Molony	M	57	Des Moines	IA	Masters	East Village People	9:40	00:48:22.00
556	1100/2008	2375	Brad Johnson	M	55	Polk City	IA	Open	Lu's Lads	9:40	00:48:23.00
557	1102/2008	5267	Jason Lampe	M	46	Burlington	IA	Mixed Masters	The Running Fartz	9:41	00:48:25.00
558	1107/2008	3826	Luke Luxford	M	34	Lincoln	NE	Mixed	RUN CYT	9:41	00:48:27.00
559	1110/2008	5233	Matthew Marckmann	M	47	Adel	IA	Mixed Masters	Respect Your Elders	9:41	00:48:28.00
560	1119/2008	3347	Josh Overgaard	M	40	Fergus Falls	MN	Mixed	DINNER TIME	9:42	00:48:33.00
561	1120/2008	5226	David Hammerschmidt	M	43	New Ulm	MN	Mixed Masters	Gypsies- Tramps & Thieves	9:42	00:48:33.00
562	1122/2008	2295	Jack Sheard	M	41	Grand Island	NE	Open	JJ's Custom Fitness	9:43	00:48:35.00
563	1123/2008	2134	Greg Smalley	M	40	Osage	IA	Open	Bodyglide- Blisters- & Bengay	9:43	00:48:36.00
564	1124/2008	2376	Jason Ostergaard	M	32	Des Moines	IA	Open	Lu's Lads	9:43	00:48:36.00
565	1125/2008	2778	Aj Vickroy	M	33	Ankeny	IA	Open	Wheaties Box Rejects	9:43	00:48:36.00
566	1131/2008	2393	Justin Hohn	M	38	West Des Moines	IA	Open	MM EZ Market Warriors	9:43	00:48:39.00
567	1132/2008	3837	Bryce Tiffany	M	25	Dunlap	IA	Mixed	Run Drink Repeat	9:44	00:48:40.00
568	1135/2008	4061	Paul Salais Jr	M	30	Clive	IA	Mixed	Team Pacman	9:44	00:48:45.00
569	1137/2008	5113	Lisa Turk	M	51	Indianola	IA	Women	Whats Our Name?	9:45	00:48:46.00
570	1140/2008	2642	Tj Jones	M	35	Omaha	NE	Open	Test Tube	9:45	00:48:48.00
571	1141/2008	3122	Rick Pratt	M	58	La Vista	NE	Mixed	Awesomeness in Motion	9:45	00:48:48.00
572	1143/2008	3438	Jess Roe	M	48	Colorado Springs	CO	Mixed	Flock of Flamingos	9:45	00:48:49.00
573	1146/2008	2685	Praveen Gumudavalli	M	41	Lincoln	NE	Open	THE LINCOLN FORCE	9:46	00:48:50.00
574	1147/2008	2732	Andy Schaapveld	M	40	Waverly	IA	Open	Tough Brudders	9:46	00:48:50.00
575	1162/2008	2947	Ryan Hazimeh	M	30	Omaha	NE	Corporate	LinkedIn	9:47	00:48:57.00
576	1164/2008	2784	Dylan Wright	M	31	Ames	IA	Open	WTF: Where's The Finish	9:48	00:49:00.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
577	1165/2008	4157	Gerry Roark	M	32	Davenport	IA	Mixed	The Strong WILLed	9:48	00:49:00.00
578	1167/2008	2624	Jake Jansen	M	33	Des Moines	IA	Open	Team Tanglefoot	9:48	00:49:03.00
579	1170/2008	2354	Glenn Crouse	M	57	Mountainair	NM	Open	Long Distance Relay-tionship	9:49	00:49:06.00
580	1173/2008	2341	Andy Voss	M	43	Lincoln	NE	Open	Lincoln Logs	9:50	00:49:10.00
581	1174/2008	3264	Chad Anderson	M	39	Nevada	IA	Mixed	Chafing the Dream	9:50	00:49:12.00
582	1175/2008	3652	Nathan Johnston	M	39	Urbandale	IA	Mixed	Misbehavin!!	9:50	00:49:12.00
583	1177/2008	2551	Aaron McCann	M	36	Des Moines	IA	Open	Sleep. Eat. Poop. Run.	9:50	00:49:13.00
584	1186/2008	3384	Mark Meggers	M	35	Cedar Rapids	IA	Mixed	Embrace the Suck	9:51	00:49:18.00
585	1188/2008	3352	David Crabtree	M	35	Lincoln	NE	Mixed	DNR (Drinkers Not Runners)	9:52	00:49:20.00
586	1189/2008	2741	Joshua Duden	M	44	Bondurant	IA	Open	Unconscious Hugs	9:52	00:49:22.00
587	1209/2008	2596	Nathan Fritz	M	22	Sigourney	IA	Open	Team McNurlen	9:55	00:49:37.00
588	1212/2008	5383	Dewey Anderson	M	58	West Des Moines	IA	Academic Division	DMACC Blue Past You	9:55	00:49:37.00
589	1217/2008	3375	Edward Krieger	M	61	Omaha	NE	Mixed	Drop the Deuce	9:55	00:49:39.00
590	1219/2008	2427	Chris Rasmussen	M	47	Spirit Lake	IA	Open	Pace Be With You	9:56	00:49:40.00
591	1221/2008	3036	Connor Cunningham	M	15	Okoboji	IA	Mixed	#forcedfamilyfun	9:56	00:49:42.00
592	1229/2008	4161	Brian Israel	M	36	Overland Park	KS	Mixed	The VanTrapped Family Runners	9:58	00:49:50.00
593	1230/2008	5396	Thomas Rosburg	M	65	Colo	IA	Academic Division	Speed Doctors of Drake	9:58	00:49:50.00
594	1231/2008	5418	Scott Wilke	M	49	Lincoln	NE	Armed Forces Division	Stay Frosty	9:58	00:49:50.00
595	1234/2008	2025	Shane Learning	M	44	Johnston	IA	Open	#pukeandrally	9:58	00:49:53.00
596	1242/2008	5234	Andy Gress	M	49	Urbandale	IA	Mixed Masters	Respect Your Elders	9:59	00:49:57.00
597	1245/2008	2142	David Light	M	33	Johnston	IA	Open	Commodity 2 Commodity	10:00	00:50:00.00
598	1247/2008	2562	Bobby Opheim	M	48	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	10:00	00:50:00.00
599	1255/2008	5466	Justin Peters	M	38	Duncombe	IA	Religious	We Will Run	10:00	00:50:00.00
600	1260/2008	5182	Kevin fitzpatrick	M	61	West Des Moines	IA	Masters	East Village People	10:00	00:50:02.00
601	1269/2008	3961	Nicholas Wiegmann	M	39	Allison	IA	Mixed	Sole Crazy Runners	10:02	00:50:10.00
602	1275/2008	4203	Mark Gatrell	M	51	Waukee	IA	Mixed	Tie Dyed Soles	10:03	00:50:15.00
603	1276/2008	4278	Eric White	M	44	Clive	IA	Mixed	We got the RUNS	10:03	00:50:16.00
604	1279/2008	3736	Derek Handling	M	43	Drakesville	IA	Mixed	P.B.R.	10:04	00:50:21.00
605	1285/2008	3225	Mark Rottinghaus	M	51	Ankeny	IA	Mixed	Bossy	10:05	00:50:25.00
606	1292/2008	2273	Tanee Nimsakont	M	42	Ashland	NE	Open	Ice Baggers 4 Life	10:07	00:50:36.00
607	1304/2008	4155	Adam OÆLeary	M	30	Muscatine	IA	Mixed	The Strong WILLed	10:09	00:50:48.00
608	1318/2008	2735	Greg Buenger	M	57	Charles City	IA	Open	Tough Brudders	10:12	00:51:05.00

Market to Market Relay Iowa - Virtual

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
609	1321/2008	2112	Cory Waller	M	30	Lohrville	IA	Open	Better at runnin a tab up	10:13	00:51:08.00
610	1322/2008	4196	Mike Dean	M	36	Indianola	IA	Mixed	Thick Thighs Save Lives	10:13	00:51:09.00
611	1329/2008	2933	Thomas Reis	M	64	Ames	IA	Corporate	Iowa D.O.T.	10:15	00:51:16.00
612	1330/2008	5004	Dina Lewis	M	52	Chariton	IA	Women	The Magnificent Seven	10:15	00:51:16.00
613	1338/2008	3267	Brad Erdmann	M	40	Ankeny	IA	Mixed	Chafing the Dream	10:17	00:51:25.00
614	1340/2008	3148	Vinnie Macklin	M	53	Lavista	NE	Mixed	Beer Nuts	10:17	00:51:26.00
615	1342/2008	3803	Rick Ballinger	M	43	West Des Moines	IA	Mixed	Ross Needs A Groove	10:17	00:51:30.00
616	1343/2008	4193	Jonathan Snyder	M	25	St Paul	MN	Mixed	Thick Thighs Save Lives	10:17	00:51:30.00
617	1346/2008	4176	Matthew Ramsey	M	24	Des Moines	IA	Mixed	Therabandits	10:18	00:51:32.00
618	1351/2008	3903	Matt Daniels	M	30	Forest City	IA	Mixed	Runs on Beer	10:19	00:51:37.00
619	1369/2008	2903	Bryce Druvenga	M	32	West Des Moines	IA	Corporate	FBL's Fabulous Flyers	10:23	00:51:55.00
620	1373/2008	2554	Ryan King	M	36	Ankeny	IA	Open	Sleep. Eat. Poop. Run.	10:24	00:52:00.00
621	1381/2008	3922	Howard Rus	M	56	Sioux Center	IA	Mixed	SCCS A+ Team	10:25	00:52:05.00
622	1404/2008	2875	Blake Crow	M	32	Waukee	IA	Corporate	Eide Bailly	10:27	00:52:19.00
623	1409/2008	3035	Ryan Cunningham	M	42	Okoboji	IA	Mixed	#forcedfamilyfun	10:28	00:52:24.00
624	1413/2008	3151	Bert lamml	M	72	Norfolk	NE	Mixed	berts rabbits	10:29	00:52:28.00
625	1422/2008	3392	Barrett Ford	M	33	Polk City	IA	Mixed	Experienced Trail Runners- We Trail Everyone	10:31	00:52:35.00
626	1426/2008	3143	Jason Kaiser	M	50	Lincoln	NE	Mixed	Beer Nuts	10:31	00:52:38.00
627	1429/2008	2684	Ganesh Srinivasan	M	47	Lincoln	NE	Open	THE LINCOLN FORCE	10:31	00:52:39.00
628	1430/2008	4126	Kurt Langrud	M	39	Kearney	NE	Mixed	The Knights Who Say Knee	10:31	00:52:40.00
629	1432/2008	2763	Dave Peters	M	60	Newton	IA	Open	We'll Get There When We Get There	10:32	00:52:41.00
630	1433/2008	3417	Larry Darr II	M	47	Urbandale	IA	Mixed	Fleet Running Partners	10:32	00:52:42.00
631	1439/2008	3953	Ethan Graff	M	16	Mccook	NE	Mixed	Slow- but we finish	10:33	00:52:48.00
632	1441/2008	3345	Wade Swenson	M	47	Fergus Falls	MN	Mixed	DINNER TIME	10:34	00:52:50.00
633	1442/2008	4331	James Brustkern	M	38	Center Point	IA	Mixed	Wtf (Where/Es the finish?)	10:34	00:52:50.00
634	1457/2008	2267	Corey Johnson	M	42	Ankeny	IA	Open	I thought I was Driving the Van	10:39	00:53:15.00
635	1458/2008	2416	Brodie Brunssen	M	13	Springfield	NE	Open	Over the Fence	10:39	00:53:15.00
636	1488/2008	3843	Bruce Rehmke	M	66	Peosta	IA	Mixed	Run Like A Champ- Not Like A Chump	10:47	00:53:57.00
637	1490/2008	3232	Nicholas Hassinger	M	34	Cedar Rapids	IA	Mixed	Burning off the Crazy!	10:48	00:54:00.00
638	1494/2008	2121	Josh Novak	M	27	Columbus	NE	Open	Between Walk and a Hard Pace	10:50	00:54:10.00
639	1499/2008	5465	Kyle Bangert	M	35	Fort Dodge	IA	Religious	We Will Run	10:50	00:54:14.00
640	1505/2008	3483	Chad Lang	M	38	Glenwood	IA	Mixed	Grandma's Babysitting	10:52	00:54:20.00

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
641	1508/2008	3854	Steven Bohr	M	50	Swisher	IA	Mixed	RUN TO EAT	10:52	00:54:23.00
642	1509/2008	2034	Corey Gibney	M	42	Des Moines	IA	Open	#whydowedothis?	10:52	00:54:24.00
643	1510/2008	5405	Bobby Keeling	M	33	Norwalk	IA	Armed Forces Division	132d Wing	10:53	00:54:25.00
644	1511/2008	5406	Cole Houser	M	35	Indianola	IA	Armed Forces Division	132d Wing	10:53	00:54:25.00
645	1522/2008	3767	Cody Mathis	M	29	Davenport	IA	Mixed	Party Patrol	10:54	00:54:32.00
646	1524/2008	4052	Austin Davis	M	36	Cedar Rapids	IA	Mixed	Team Llamacorn	10:54	00:54:33.00
647	1525/2008	3873	David Bollenbaugh	M	37	Ogden	IA	Mixed	Running on Empty	10:55	00:54:37.00
648	1527/2008	3121	Patrick Christiansen	M	45	Omaha	NE	Mixed	Awesomeness in Motion	10:55	00:54:38.00
649	1535/2008	2371	Wayne Ostergaard	M	57	Johnston	IA	Open	Lu's Lads	10:57	00:54:45.00
650	1547/2008	2641	Todd Fitzgerald	M	46	Lincoln	NE	Open	Test Tube	11:00	00:55:00.00
651	1553/2008	5247	Dave Elsenbast	M	58	Ames	IA	Mixed Masters	Semper Vardo	11:00	00:55:00.00
652	1560/2008	5244	Paul Skjordal	M	56	Ames	IA	Mixed Masters	Semper Vardo	11:01	00:55:05.00
653	1561/2008	2403	Brad Hendrickson	M	45	Batavia	IA	Open	Not a Clue	11:01	00:55:08.00
654	1562/2008	2721	Paul Frederick	M	36	Springfield	NE	Open	Tick Tock We Don't Stop	11:01	00:55:09.00
655	1567/2008	3745	Pete Leiferman	M	49	Panora	IA	Mixed	Panorama Slamorama	11:02	00:55:14.00
656	1575/2008	2558	Ryan Caldbeck	M	33	Norwalk	IA	Open	Sleep. Eat. Poop. Run.	11:04	00:55:24.00
657	1582/2008	2767	Jim Chedester	M	58	Grinnell	IA	Open	We'll Get There When We Get There	11:06	00:55:30.00
658	1584/2008	3005	Zach Beaman	M	30	Ankeny	IA	Corporate	Team HJA	11:06	00:55:32.00
659	1595/2008	2124	Abhinay Dornala	M	29	Lincoln	NE	Open	Between Walk and a Hard Pace	11:07	00:55:40.00
660	1607/2008	2017	Ryan Goeser	M	28	Des Moines	IA	Open	#notindiana	11:10	00:55:52.00
661	1608/2008	3046	Tim thelen	M	44	Des Moines	IA	Mixed	#huffingandpuffing	11:11	00:55:55.00
662	1616/2008	4314	Troy Montgomery	M	50	Hiawatha	IA	Mixed	Whole Lotto Miles	11:14	00:56:10.00
663	1624/2008	3387	Paul Dunning	M	49	West Des Moines	IA	Mixed	Embrace the Suck	11:15	00:56:15.00
664	1632/2008	3817	Curtis Wright	M	33	Norwalk	IA	Mixed	Rum Runners	11:16	00:56:24.00
665	1633/2008	5441	Michael Dekker	M	29	Juniata	NE	Religious	Lifehouse Church	11:17	00:56:28.00
666	1642/2008	4003	Tyler Baker	M	36	Omaha	NE	Mixed	Straight Outta Breath	11:19	00:56:38.00
667	1651/2008	3358	Jacob Ramos	M	35	Omaha	NE	Mixed	DNR (Drinkers Not Runners)	11:20	00:56:44.00
668	1667/2008	3181	Andrew Michaelsen	M	40	Jefferson	IA	Mixed	BFF's 1 Day Of The Year	11:25	00:57:09.00
669	1671/2008	3356	Kyle Brown	M	35	Omaha	NE	Mixed	DNR (Drinkers Not Runners)	11:26	00:57:11.00
670	1674/2008	4302	Jim Crowley	M	50	Urbandale	IA	Mixed	We'll Be FINE	11:26	00:57:13.00
671	1680/2008	5444	Andrew Logue	M	42	Grand Island	NE	Religious	Lifehouse Church	11:29	00:57:25.00
672	1681/2008	3894	Matt Guns	M	36	West Des Moines	IA	Mixed	Runs In The Family	11:29	00:57:27.00

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
673	1682/2008	4185	Dustin Lofing	M	45	Grand Island	NE	Mixed	These Little Piggies...	11:29	00:57:30.00
674	1685/2008	2445	Anthony Buxter	M	39	Omaha	NE	Open	Right Meow	11:32	00:57:41.00
675	1692/2008	2115	Ronley King	M	30	Gowrie	IA	Open	Better at runnin a tab up	11:35	00:57:55.00
676	1695/2008	3733	Dalton Handling	M	20	Drakesville	IA	Mixed	P.B.R.	11:36	00:58:01.00
677	1706/2008	3095	Mike Murphy	M	54	Des Moines	IA	Mixed	All in the Family.	11:39	00:58:16.00
678	1709/2008	2396	Nicholas Swank	M	38	Bellevue	NE	Open	MM EZ Market Warriors	11:40	00:58:22.00
679	1710/2008	4183	Josh Weimer	M	46	Gretna	NE	Mixed	These Little Piggies...	11:40	00:58:24.00
680	1717/2008	3445	Tyler McCabe	M	36	Ames	IA	Mixed	Follow the Clues	11:43	00:58:35.00
681	1718/2008	2864	Mike Pollmann	M	46	Des Moines	IA	Corporate	DLR Group	11:43	00:58:36.00
682	1721/2008	2564	Stephen Edgar	M	44	Oskaloosa	IA	Open	Stuck Between a Walk and a Hard Pace	11:44	00:58:40.00
683	1743/2008	4035	Corey Phelps	M	29	Grimes	IA	Mixed	TB	11:50	00:59:12.00
684	1744/2008	4163	Dan Israel	M	36	Johnston	IA	Mixed	The VanTrapped Family Runners	11:50	00:59:12.00
685	1748/2008	3891	Ray Champlin	M	36	Urbandale	IA	Mixed	Runs In The Family	11:51	00:59:17.00
686	1762/2008	2531	Derek Harris	M	37	Lincoln	NE	Open	RUNS WITH SCISSORS	11:56	00:59:44.00
687	1778/2008	2876	Andrew Wagner	M	36	Johnston	IA	Corporate	Eide Bailly	12:04	01:00:25.00
688	1782/2008	2287	Shashank Aurora	M	59	Clive	IA	Open	Inquiring Minds	12:07	01:00:35.00
689	1783/2008	2385	Trenton Keefer	M	35	Knoxville	IA	Open	Magic School Bus	12:07	01:00:37.00
690	1792/2008	4077	Randy Nichols	M	51	East Moline	IL	Mixed	Team Party Patrol Deux	12:11	01:00:59.00
691	1800/2008	3255	Matt Kilbride	M	28	Monmouth Junction	NJ	Mixed	Chafing Dreams	12:15	01:01:15.00
692	1803/2008	4261	Dennis Temple	M	50	Ankeny	IA	Mixed	Was Faster- 10 Years Ago!	12:16	01:01:23.00
693	1813/2008	2688	Praveen Potti	M	42	Lincoln	NE	Open	THE LINCOLN FORCE	12:24	01:02:02.00
694	1816/2008	2537	Chris Carr	M	43	Lincoln	NE	Open	RUNS WITH SCISSORS	12:25	01:02:09.00
695	1821/2008	3291	Michael Lauzon	M	63	Panora	IA	Mixed	Cold Turkey Cuss Bus	12:27	01:02:19.00
696	1825/2008	2415	Jeremy Brunssen	M	39	Springfield	NE	Open	Over the Fence	12:30	01:02:30.00
697	1840/2008	3764	Adam Duggleby	M	33	Davenport	IA	Mixed	Party Patrol	12:38	01:03:10.00
698	1841/2008	5421	Jarod Bark	M	33	Ames	IA	Armed Forces Division	Team Krankenwagen	12:38	01:03:10.00
699	1850/2008	4642	Ashley Masten	M	29	Ankeny	IA	Women	Not Fast but Kinda Furious	12:41	01:03:28.00
700	1866/2008	2381	Jason DeBower	M	34	Pella	IA	Open	Magic School Bus	12:50	01:04:14.00
701	1869/2008	3215	Richard Koestner	M	65	Davenport	IA	Mixed	Born to Shuffle	12:52	01:04:24.00
702	1879/2008	3144	Greg Gray	M	49	Lincoln	NE	Mixed	Beer Nuts	12:59	01:05:00.00
703	1880/2008	3972	Steve Kenton	M	51	Ames	IA	Mixed	Speedy Streakers	12:59	01:05:00.00
704	1881/2008	5241	Doug Jacobson	M	62	Ames	IA	Mixed Masters	Semper Vardo	12:59	01:05:00.00

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5 Mile

Overall Results - Male

Place	Overall Plc/Total	No.	Name	S	Age	City	St.	Team Category	Team name	Pace	Time
705	1887/2008	2827	Eugene Peart	M	38	Grinnell	IA	Corporate	ASI/ImageFirst Running Team	13:05	01:05:25.00
706	1895/2008	2943	Robert Kirwan	M	35	Omaha	NE	Corporate	LinkedIn	13:10	01:05:54.00
707	1910/2008	3044	Jeff Croskey	M	46	Des Moines	IA	Mixed	#huffingandpuffing	13:26	01:07:13.00
708	1917/2008	3532	Nick Crawford	M	29	Indianola	IA	Mixed	I need a nap!	13:39	01:08:17.00
709	1929/2008	3921	Josh Bowar	M	37	Sioux Center	IA	Mixed	SCCS A+ Team	14:02	01:10:14.00
710	1934/2008	2135	Josh Steinberg	M	28	Grafton	IA	Open	Bodyglide- Blisters- & Bengay	14:11	01:10:58.00
711	1954/2008	3171	Roger Griswold	M	50	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	15:00	01:15:00.00
712	1960/2008	2813	Darrin Hager	M	55	Winterset	IA	Open	You Make Me Feel Like 90s Country	15:00	01:15:02.00
713	1976/2008	5243	John Moran	M	62	Story City	IA	Mixed Masters	Semper Vardo	15:51	01:19:18.00
714	1982/2008	3456	Kyle Brunz	M	27	Minneapolis	MN	Mixed	FSHNProfessors	16:30	01:22:34.00
715	1990/2008	3947	Dustin Blaser	M	44	Adams	NE	Mixed	Sibling Rivalry	17:12	01:26:01.00
716	1991/2008	5471	Marty Walter	M	53	Staplehurst	NE	Corporate	Potential Issues	17:30	01:27:30.00
717	1998/2008	3175	Jim Duggan	M	52	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	18:00	01:30:00.00
718	2005/2008	3173	Brent Tewes	M	54	Fort Madison	IA	Mixed	Between Walk and a Hard Pace	20:00	01:40:00.00