

ShamRock N Run 5K

August 7, 2021

5K

Overall Division Results

Female Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	8/412	1/225	30	Kylie Kelchen	23	F	Iowa City	IA	6:16	00:19:31.70	00:19:29.22

Male Overall Winner

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	1/412	1/187	440	Jay Mixdorf	22	M	Waterloo	IA	5:09	00:16:03.70	00:16:02.03

Female Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	109/412	20/225	6	Dublin Mcgrane	10	F	Cedar Falls	IA	8:42	00:27:13.20	00:27:04.78
2	131/412	30/225	412	Cecila Ewersmann	9	F	Normandy	MO	9:10	00:29:04.45	00:28:29.72
3	285/412	129/225	413	Lucy Ewersmann	7	F	Normandy	MO	13:37	00:42:54.22	00:42:18.91
4	286/412	130/225	326	Lillian Champion	8	F	Calumet	MI	13:37	00:42:55.63	00:42:21.15
5	315/412	149/225	8	Lily Souder	11	F	Rudd	IA	14:54	00:46:55.43	00:46:18.71
6	319/412	152/225	3	Myka Charlton	9	F	Waterloo	IA	15:11	00:47:44.99	00:47:11.91
7	321/412	154/225	5	Kallie Wilson	9	F	Waterloo	IA	15:11	00:47:44.93	00:47:13.07
8	372/412	193/225	445	Hadley Gilbert	10	F	Cedar Falls	IA	17:29	00:55:53.19	00:54:20.73

Male Ages 01 - 12

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	39/412	35/187	9	Hunter Telleen	12	M	Waverly	IA	7:22	00:23:04.46	00:22:53.64
2	65/412	56/187	381	Cooper Dean	11	M	Cedar Falls	IA	7:54	00:24:49.17	00:24:33.70
3	76/412	64/187	382	Cole Dean	11	M	Cedar Falls	IA	8:09	00:25:37.20	00:25:21.86
4	134/412	103/187	431	Payton Piller-Siech	9	M	Bettendorf	IA	9:11	00:28:38.18	00:28:32.71
5	157/412	116/187	7	Jaiden Finger	11	M	Waterloo	IA	9:32	00:29:43.54	00:29:40.06
6	227/412	140/187	4	Charlie Souder	9	M	Rudd	IA	11:18	00:35:43.94	00:35:07.38
7	273/412	154/187	411	Michael Ewersmann	11	M	Normandy	MO	12:54	00:40:54.19	00:40:07.31
8	405/412	186/187	1	Brandon Simmons	4	M	Cedar Falls	IA	19:13	01:01:15.86	00:59:42.79

Female Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	159/412	43/225	444	Annalise Gilbert	14	F	Cedar Falls	IA	9:37	00:30:05.68	00:29:53.42
2	173/412	51/225	19	Emily Hubbard	16	F	Waverly	IA	9:53	00:31:27.88	00:30:44.15
3	198/412	71/225	418	Emma Hickman	19	F	Waterloo	IA	10:38	00:33:07.53	00:33:03.02
4	265/412	114/225	14	Josephine Sullivan	14	F	Lenexa	KS	12:31	00:40:01.32	00:38:54.94
5	276/412	122/225	397	Evella Close	17	F	Jesup	IA	13:02	00:40:54.44	00:40:30.71
6	298/412	138/225	454	Journey Shipman	17	F	Waterloo	IA	14:11	00:45:23.78	00:44:06.72
7	368/412	190/225	345	Alysa Denney	17	F	River Falls	WI	17:20	00:55:36.35	00:53:53.59
8	379/412	199/225	24	Carolina Guevara	19	F	Cedar Falls	IA	17:35	00:56:00.92	00:54:37.89

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
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Overall Division Results

Male Ages 13 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	3/412	3/187	430	Carson Rygh	18	M	Lake Mills	IA	5:26	00:16:57.89	00:16:55.20
2	4/412	4/187	20	Andrew Congdon	17	M	Waterloo	IA	5:47	00:18:05.45	00:17:59.52
3	5/412	5/187	23	Andrew Tracy	17	M	Waterloo	IA	6:00	00:18:42.98	00:18:38.74
4	6/412	6/187	17	Ian Hurley	15	M	Johnston	IA	6:09	00:19:10.57	00:19:08.08
5	10/412	9/187	21	Ian Lucas	17	M	Gilbertville	IA	6:23	00:19:54.95	00:19:50.83
6	12/412	11/187	276	Derek Olive	17	M	Waterloo	IA	6:25	00:20:03.46	00:19:56.98
7	13/412	12/187	361	Collin O'bryon	16	M	Cedar Falls	IA	6:32	00:20:30.70	00:20:18.98
8	18/412	16/187	387	Noah Backes	16	M	Cedar Falls	IA	6:41	00:20:58.09	00:20:47.27
9	20/412	17/187	391	Layton Ritter	17	M	Waterloo	IA	6:49	00:21:17.95	00:21:12.02
10	24/412	21/187	25	Christian Kremer	19	M	Independence	IA	6:53	00:21:31.56	00:21:26.04
11	26/412	23/187	383	Brady Dean	14	M	Cedar Falls	IA	6:56	00:21:43.70	00:21:35.43
12	28/412	25/187	392	Benjamin Ritter	14	M	Waterloo	IA	6:59	00:21:52.08	00:21:43.29
13	31/412	27/187	12	Liam Mcgrane	14	M	Cedar Falls	IA	7:07	00:22:15.95	00:22:07.53
14	34/412	30/187	11	James Knight	13	M	Waterloo	IA	7:13	00:22:31.95	00:22:27.25
15	57/412	49/187	446	Jonas Greene	13	M	Fairfax	IA	7:42	00:24:08.37	00:23:57.40
16	82/412	70/187	18	Gavin Peters	15	M	Evansdale	IA	8:16	00:26:54.95	00:25:44.01
17	107/412	88/187	10	Adam Blakeman	13	M	Readlyn	IA	8:42	00:27:13.70	00:27:03.23
18	160/412	117/187	388	Benjamin Backes	14	M	Cedar Falls	IA	9:37	00:30:05.28	00:29:53.52
19	190/412	126/187	15	Quinn Abbott	15	M	Coralville	IA	10:20	00:32:46.19	00:32:07.75
20	219/412	137/187	393	Ivan Li	17	M	Waterloo	IA	11:03	00:35:20.10	00:34:20.37
21	296/412	160/187	284	John Pouch	14	M	Orion	IL	14:05	00:45:13.93	00:43:45.71
22	299/412	161/187	455	Phoenix Shipman	14	M	Waterloo	IA	14:11	00:45:23.78	00:44:06.93
23	369/412	179/187	346	Christopher Bushong	18	M	River Falls	WI	17:20	00:55:35.73	00:53:54.27

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	19/412	3/225	299	Melissa Vega	27	F	Postville	IA	6:41	00:20:53.63	00:20:48.93
2	74/412	11/225	44	Jaclyn Stoakes	27	F	La Porte City	IA	8:07	00:25:27.11	00:25:14.40
3	84/412	13/225	35	Taylor Pingel	24	F	Cedar Falls	IA	8:17	00:26:08.52	00:25:45.34
4	112/412	22/225	314	Mariana Vega	29	F	Postville	IA	8:44	00:27:32.78	00:27:08.53
5	121/412	26/225	42	Jenn Mccalley	27	F	Dubuque	IA	8:52	00:27:44.34	00:27:33.12
6	148/412	37/225	307	Anna Demgen	24	F	Buffalo	MN	9:22	00:29:25.85	00:29:06.77
7	163/412	45/225	333	Chloe Walbruch	28	F	Minneapolis	MN	9:44	00:31:18.19	00:30:15.23
8	167/412	48/225	398	Sophie Shoultz	25	F	Iowa City	IA	9:48	00:31:13.26	00:30:29.71
9	171/412	50/225	434	Jordan Smoldt	28	F	Waterloo	IA	9:53	00:31:07.95	00:30:42.99
10	188/412	64/225	48	Sarah Eggena	29	F	Waterloo	IA	10:15	00:32:16.94	00:31:53.21
11	191/412	65/225	47	Matrasa Maae	28	F	Waterloo	IA	10:21	00:32:23.51	00:32:09.81
12	199/412	72/225	33	Emily Nichols	23	F	Romeoville	IL	10:45	00:33:35.69	00:33:24.68
13	200/412	73/225	426	Hailey Franke	27	F	Janesville	IA	10:45	00:34:17.94	00:33:26.43
14	217/412	82/225	369	Morgan Shultz	24	F	Cedar Falls	IA	11:00	00:35:13.37	00:34:13.65
15	229/412	88/225	39	Allissa Clauson	26	F	Waterloo	IA	11:19	00:36:24.61	00:35:10.89
16	230/412	89/225	363	Leah Soukup	23	F	Washington	IA	11:20	00:35:39.55	00:35:14.51
17	231/412	90/225	354	Alyssa Erickson	25	F	Cedar Falls	IA	11:21	00:35:31.87	00:35:16.30
18	234/412	92/225	292	Megan Maas	26	F	Cedar Falls	IA	11:28	00:35:54.40	00:35:39.07
19	245/412	98/225	370	Lucy Walbruch	25	F	Savage	MN	11:45	00:37:34.69	00:36:30.79
20	246/412	99/225	371	Annamarie Moline	25	F	Savage	MN	11:45	00:37:34.61	00:36:33.21
21	252/412	102/225	348	Cally Niess	27	F	Osage	IA	11:50	00:37:19.79	00:36:48.14
22	255/412	105/225	439	Charley Stinespring	20	F	West Union	IA	12:00	00:37:39.50	00:37:17.57

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Overall Division Results

Female Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
23	256/412	106/225	349	Mckaylee Palmer	23	F	Waterloo	IA	12:00	00:37:50.49	00:37:18.63
24	259/412	109/225	40	Kelsie Dahlen	26	F	Waterloo	IA	12:09	00:39:12.42	00:37:46.21
25	261/412	111/225	336	Janelle Saucer	22	F	Cedar Falls	IA	12:14	00:38:56.38	00:38:02.80
26	313/412	148/225	32	Robyn Neil	23	F	Denver	IA	14:44	00:47:16.58	00:45:46.87
27	332/412	165/225	372	Lauren Schryver	28	F	Waterloo	IA	15:51	00:50:44.88	00:49:17.77
28	334/412	166/225	459	Brenna Sullivan	28	F	Waterloo	IA	15:52	00:56:54.90	00:49:20.90
29	335/412	167/225	458	Bridget Owens	28	F	Waterloo	IA	15:53	00:56:55.10	00:49:21.10
30	346/412	172/225	317	Bethany Christensen	28	F	Reinbeck	IA	16:03	00:50:56.10	00:49:55.11
31	349/412	174/225	31	Kelsey Levi	23	F	Marshalltown	IA	16:13	00:52:03.42	00:50:23.19
32	350/412	175/225	37	Jade Pint	25	F	Waterloo	IA	16:21	00:51:35.10	00:50:50.94
33	378/412	198/225	27	Cristina Guevara	21	F	Cedar Falls	IA	17:34	00:56:01.12	00:54:37.68
34	382/412	202/225	450	Melissa Owens	25	F	Tinley Park	IL	17:40	00:55:08.53	00:54:56.31
35	383/412	203/225	452	Courtney Yandell	28	F	Seattle	WA	17:44	00:55:17.67	00:55:07.04
36	403/412	218/225	451	Ashla Kerber	29	F	Springfield	IL	19:12	01:01:15.41	00:59:41.50
37	404/412	219/225	43	Hali Simmons	27	F	Cedar Falls	IA	19:12	01:01:15.86	00:59:42.16
38	410/412	223/225	46	Katie Kern	28	F	Waterloo	IA	19:25	01:02:17.18	01:00:21.09

Male Ages 20 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	2/412	2/187	415	Joe Fribburger	22	M	Waterloo	IA	5:14	00:16:21.14	00:16:18.67
2	7/412	7/187	36	Douglas Kennedy	25	M	Waterloo	IA	6:14	00:19:25.19	00:19:22.10
3	9/412	8/187	437	Cody Samnelson	21	M	Waterloo	IA	6:20	00:19:44.20	00:19:42.53
4	11/412	10/187	401	Eric Gogola	23	M	Cedar Falls	IA	6:24	00:20:02.69	00:19:55.76
5	17/412	15/187	442	Abraham Kern	24	M	Traer	IA	6:41	00:21:06.65	00:20:46.77
6	21/412	18/187	337	Zachary Fischels	24	M	Cedar Falls	IA	6:51	00:21:21.83	00:21:18.94
7	22/412	19/187	435	Mitchell Wolff	27	M	Waterloo	IA	6:52	00:21:27.30	00:21:20.37
8	60/412	52/187	328	Erik Wolf	25	M	Central City	IA	7:45	00:24:11.70	00:24:06.80
9	69/412	60/187	357	Nick Nemmers	26	M	Cedar Falls	IA	7:59	00:25:46.38	00:24:48.67
10	70/412	61/187	402	David Thielen	27	M	Cedar Rapids	IA	7:59	00:25:47.40	00:24:49.91
11	85/412	72/187	305	Austin Sink	27	M	Wilton	IA	8:18	00:26:06.30	00:25:49.71
12	88/412	73/187	334	Jordan Cooper	27	M	Waterloo	IA	8:21	00:27:12.92	00:25:57.95
13	94/412	78/187	41	Michael Krempges	26	M	Waterloo	IA	8:32	00:26:54.41	00:26:30.83
14	97/412	79/187	310	Garrett Wolf	23	M	Central City	IA	8:32	00:26:39.79	00:26:33.07
15	116/412	94/187	28	Tylen Burrow	22	M	West Union	IA	8:49	00:28:24.15	00:27:23.77
16	122/412	96/187	441	Chris Hale	23	M	Waterloo	IA	8:56	00:28:04.05	00:27:46.82
17	147/412	111/187	306	Ben Grundhauser	24	M	Eden Prairie	MN	9:21	00:29:25.20	00:29:06.10
18	156/412	115/187	45	Jordan Finger	28	M	Waterloo	IA	9:32	00:29:44.00	00:29:40.00
19	168/412	120/187	423	Tyler Nichols	20	M	Waterloo	IA	9:49	00:30:41.59	00:30:30.57
20	204/412	130/187	340	Zhen Li	24	M	Waterloo	IA	10:52	00:34:46.94	00:33:46.76
21	228/412	141/187	49	Eric Harbaugh	29	M	Waterloo	IA	11:19	00:36:24.40	00:35:10.00
22	243/412	146/187	438	Julian Harrington	20	M	West Union	IA	11:43	00:36:47.44	00:36:25.98
23	244/412	147/187	453	Steffen Hoey	23	M	Waterloo	IA	11:44	00:37:11.70	00:36:29.19
24	251/412	150/187	390	Connor Grann	25	M	Cedar Falls	IA	11:50	00:37:19.69	00:36:47.73
25	344/412	173/187	50	Klayton Kruger	29	M	Cedar Falls	IA	16:03	00:50:55.68	00:49:52.63
26	345/412	174/187	289	Damian Garcia	29	M	Cedar Falls	IA	16:03	00:50:56.10	00:49:52.64
27	348/412	175/187	38	Bryce Shutt	25	M	Marshalltown	IA	16:12	00:52:03.17	00:50:22.68
28	363/412	178/187	34	Luis Armando Gonzale	24	M	Cedar Falls	IA	17:02	00:54:18.81	00:52:55.37

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August 7, 2021

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Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	15/412	2/225	297	Kristen Toppin	35	F	Waterloo	IA	6:34	00:20:34.36	00:20:27.22
2	44/412	6/225	298	Melissa Summers	34	F	Waterloo	IA	7:25	00:24:17.28	00:23:02.67
3	53/412	7/225	112	Carrie Flesher	39	F	Dubuque	IA	7:38	00:23:52.95	00:23:45.21
4	86/412	14/225	89	Mallory Shepard	35	F	Cedar Falls	IA	8:18	00:26:08.12	00:25:50.16
5	91/412	16/225	71	Molly Quamme	32	F	Raymond	IA	8:30	00:26:51.76	00:26:27.33
6	95/412	17/225	66	Morgan Winkelman	31	F	Waterloo	IA	8:32	00:26:49.20	00:26:31.35
7	105/412	19/225	81	Abbey Trickey	34	F	Manhattan	KS	8:40	00:27:07.22	00:26:56.59
8	111/412	21/225	104	Angel Peters	37	F	Evansdale	IA	8:44	00:28:21.91	00:27:08.51
9	130/412	29/225	106	Amy Knoll	38	F	Waterloo	IA	9:09	00:30:14.38	00:28:26.73
10	133/412	31/225	409	Madeline Mcgrane	35	F	Waterloo	IA	9:10	00:29:36.45	00:28:31.11
11	136/412	32/225	410	Carrie Ewersmann	37	F	Normandy	MO	9:11	00:29:18.70	00:28:32.90
12	141/412	34/225	70	Jennifer Gallmeyer	32	F	Waterloo	IA	9:18	00:29:22.70	00:28:54.47
13	145/412	35/225	341	Crystal Weber	39	F	Raymond	IA	9:21	00:29:57.97	00:29:04.25
14	149/412	38/225	73	Kristi Roe	32	F	Waterloo	IA	9:22	00:30:20.49	00:29:08.54
15	151/412	40/225	86	Emily Perry	35	F	Chicago	IL	9:23	00:29:37.26	00:29:10.57
16	162/412	44/225	316	Jennifer Schmitt	39	F	Chatfield	MN	9:43	00:30:51.95	00:30:12.32
17	164/412	46/225	353	Jasmyne Green	31	F	Waterloo	IA	9:46	00:31:23.20	00:30:23.48
18	165/412	47/225	291	Ashley Oæbrien	31	F	Wapello	IA	9:47	00:31:19.95	00:30:24.07
19	170/412	49/225	63	Alicia Rogers	31	F	Waterloo	IA	9:51	00:31:50.78	00:30:36.59
20	175/412	53/225	315	Dayna Walchak	36	F	Onalaska	WI	9:54	00:31:27.68	00:30:47.43
21	178/412	56/225	279	Ashley Westphal	35	F	Evansdale	IA	9:57	00:31:01.10	00:30:56.00
22	180/412	58/225	61	Jamie Pfeiffer	31	F	Waterloo	IA	10:00	00:31:49.69	00:31:04.29
23	182/412	59/225	375	Lisa Dixon	39	F	Tripoli	IA	10:01	00:31:43.45	00:31:10.16
24	183/412	60/225	56	Sommer Amdor	31	F	Waterloo	IA	10:03	00:31:39.26	00:31:13.80
25	184/412	61/225	117	Sara St. John	39	F	Winterset	IA	10:06	00:32:35.94	00:31:23.38
26	196/412	69/225	92	Tara Bosnic	36	F	Waterloo	IA	10:30	00:33:22.77	00:32:38.39
27	209/412	76/225	302	Linsey Gravlin	34	F	Ames	IA	10:54	00:34:35.19	00:33:52.98
28	213/412	79/225	374	Amanda Fesenmeyer	32	F	Janesville	IA	10:59	00:34:33.80	00:34:08.14
29	215/412	80/225	420	Katherine Frank	31	F	Earlham	IA	10:59	00:35:07.69	00:34:10.19
30	221/412	84/225	91	Kara Unga	35	F	Cedar Falls	IA	11:13	00:35:06.19	00:34:52.68
31	224/412	86/225	114	Stephanie Koenen	39	F	Waterloo	IA	11:16	00:36:44.44	00:35:00.47
32	232/412	91/225	75	Sara Baber	34	F	Waterloo	IA	11:22	00:36:57.69	00:35:20.72
33	235/412	93/225	52	Jillian Dansdill	30	F	Waterloo	IA	11:30	00:36:22.44	00:35:44.85
34	254/412	104/225	419	Michelle Russell	38	F	Earlham	IA	11:58	00:37:35.19	00:37:13.47
35	258/412	108/225	64	Betsy Ross	31	F	Cedar Falls	IA	12:06	00:38:23.11	00:37:37.64
36	267/412	115/225	356	Stephanie Buls	31	F	Evansdale	IA	12:32	00:39:12.42	00:38:56.85
37	271/412	118/225	285	Tara Woodley	30	F	Cedar Falls	IA	12:45	00:41:03.60	00:39:38.93
38	272/412	119/225	380	Annie Alvarado	32	F	Waterloo	IA	12:45	00:40:49.93	00:39:39.72
39	275/412	121/225	432	Melissa Siech	37	F	Waterloo	IA	13:00	00:40:30.91	00:40:25.44
40	281/412	125/225	102	Emily Infante	37	F	Naperville	IL	13:18	00:41:32.82	00:41:20.75
41	294/412	135/225	80	Ellie Rogaczewski	34	F	Waterloo	IA	13:56	00:45:03.26	00:43:19.27
42	295/412	136/225	118	Nessa Tevis	39	F	Independence	IA	13:57	00:44:05.43	00:43:21.43
43	297/412	137/225	323	Morgan Crawford	38	F	Waterloo	IA	14:07	00:45:09.68	00:43:54.05
44	300/412	139/225	88	Sarah Sanboeuf	35	F	Cedar Falls	IA	14:15	00:44:24.10	00:44:17.17
45	303/412	140/225	67	Kelsey Winkey	31	F	Cedar Falls	IA	14:16	00:45:07.53	00:44:20.68
46	304/412	141/225	54	Lexy Kraayenbrink	30	F	Cedar Falls	IA	14:16	00:45:07.68	00:44:20.71
47	306/412	142/225	365	Amy Kroblin	34	F	Waterloo	IA	14:26	00:46:28.90	00:44:51.89
48	309/412	145/225	457	Brandy Luna	36	F	Denver	IA	14:32	00:46:59.30	00:45:11.84
49	310/412	146/225	65	Laura Van Roekel	31	F	Waterloo	IA	14:37	00:46:50.38	00:45:26.54
50	320/412	153/225	100	Christina Charlton	37	F	Waterloo	IA	15:11	00:47:44.93	00:47:12.44

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Overall Division Results

Female Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
51	322/412	155/225	99	Mindy Wilson	36	F	Waterloo	IA	15:12	00:47:44.93	00:47:14.57
52	325/412	158/225	324	Lauren Lueneburg	34	F	Sussex	WI	15:13	00:48:08.55	00:47:17.82
53	326/412	159/225	83	Heather Gallivan	35	F	Waterloo	IA	15:13	00:48:10.37	00:47:17.90
54	327/412	160/225	111	Sarah Diesburg	39	F	Cedar Falls	IA	15:13	00:48:09.93	00:47:17.99
55	328/412	161/225	325	Erin Mercier	30	F	Calumet	MI	15:16	00:48:08.14	00:47:27.18
56	330/412	163/225	417	Angela Webb	38	F	Waterloo	IA	15:23	00:49:25.41	00:47:49.84
57	339/412	169/225	355	Jamie Cole	31	F	Waterloo	IA	15:56	00:49:48.13	00:49:31.75
58	343/412	171/225	321	Mackenzie Eiklenborg	30	F	Cedar Falls	IA	16:03	00:50:55.43	00:49:52.38
59	351/412	176/225	72	Mary Reding	32	F	Tripoli	IA	16:25	00:52:24.14	00:51:02.39
60	356/412	180/225	77	Danelle Kapping	34	F	Waterloo	IA	16:43	00:52:55.42	00:51:58.76
61	357/412	181/225	351	Tina Wellman	32	F	Evansdale	IA	16:47	00:53:04.93	00:52:09.07
62	358/412	182/225	53	Presley Kerber	30	F	Sherman	IL	16:48	00:53:18.12	00:52:11.94
63	374/412	194/225	58	Lauren Hix	31	F	Waterloo	IA	17:31	00:55:44.03	00:54:25.56
64	380/412	200/225	82	Katie Degelau	35	F	Fort Dodge	IA	17:38	00:56:42.53	00:54:47.65
65	381/412	201/225	110	Holly Caquelin	39	F	Ankeny	IA	17:38	00:56:43.33	00:54:48.47
66	390/412	209/225	51	Danna Allen	30	F	Cedar Falls	IA	18:03	00:57:23.15	00:56:04.93
67	391/412	210/225	94	Jennifer Mcgill	36	F	Waterloo	IA	18:03	00:57:22.92	00:56:05.04
68	394/412	211/225	95	Haley Oswald	36	F	Cedar Falls	IA	18:23	00:58:58.91	00:57:07.55
69	395/412	212/225	96	Sarah Pavelec	36	F	Grimes	IA	18:23	00:58:58.91	00:57:08.46
70	407/412	220/225	344	Alyssa Denney	30	F	River Falls	WI	19:14	01:01:35.77	00:59:47.70
71	408/412	221/225	78	Jordan Larkin	34	F	Cascade	IA	19:21	01:01:00.39	01:00:07.68
72	409/412	222/225	90	Michelle Stravers	35	F	West Des Moines	IA	19:21	01:01:00.16	01:00:08.44

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	23/412	20/187	55	Keegan Morrissey	30	M	Cedar Falls	IA	6:53	00:21:28.73	00:21:24.83
2	27/412	24/187	107	Colin Luce	38	M	Tinley Park	IL	6:58	00:21:53.68	00:21:41.41
3	32/412	28/187	109	Matt Unga	38	M	Cedar Falls	IA	7:10	00:22:30.38	00:22:16.91
4	33/412	29/187	362	Dan Petersen	32	M	Cedar Falls	IA	7:11	00:22:25.13	00:22:21.43
5	36/412	32/187	275	Ryan Dupuy	32	M	Waterloo	IA	7:17	00:22:42.70	00:22:38.80
6	37/412	33/187	313	Bradley Dunlay	32	M	Waterloo	IA	7:17	00:22:47.82	00:22:40.08
7	38/412	34/187	338	Josh Arickx	38	M	Waterloo	IA	7:19	00:23:14.70	00:22:46.18
8	40/412	36/187	329	Dan Luce	32	M	West Des Moines	IA	7:23	00:23:11.36	00:22:58.38
9	41/412	37/187	68	Dean Arrowsmith	32	M	Chicago	IL	7:24	00:23:15.41	00:23:00.27
10	46/412	40/187	443	John Mallen	32	M	Janesville	IA	7:31	00:24:41.04	00:23:22.13
11	59/412	51/187	335	Tom Ralston	36	M	Waterloo	IA	7:45	00:25:10.45	00:24:06.24
12	68/412	59/187	69	Jesse Coughlin	32	M	Waverly	IA	7:56	00:24:45.90	00:24:41.93
13	90/412	75/187	311	Eric Becker	37	M	Jersey City	NJ	8:30	00:26:31.96	00:26:24.72
14	92/412	76/187	408	Ryan Mcgrane	36	M	Waterloo	IA	8:31	00:27:32.78	00:26:27.83
15	102/412	84/187	395	Jason Wilson	30	M	Jacksonville	NC	8:39	00:27:22.70	00:26:54.38
16	104/412	86/187	74	Joshua Dahlen	33	M	Waterloo	IA	8:40	00:28:23.70	00:26:56.59
17	106/412	87/187	98	Justin Speakar	36	M	Cedar Falls	IA	8:41	00:27:09.24	00:27:00.65
18	124/412	98/187	296	Paul Toppin	39	M	Waterloo	IA	9:04	00:28:18.87	00:28:11.10
19	135/412	104/187	113	Chris Hartman	39	M	Waterloo	IA	9:11	00:28:41.40	00:28:32.81
20	143/412	109/187	79	Nick Roe	34	M	Waterloo	IA	9:20	00:30:11.36	00:29:00.25
21	166/412	119/187	115	Jesse Rhoades	39	M	Hudson	IA	9:48	00:30:58.45	00:30:29.09
22	172/412	122/187	76	Slobodan Bosnic	34	M	Waterloo	IA	9:53	00:31:28.08	00:30:43.50
23	208/412	133/187	303	David Gravlin	34	M	Ames	IA	10:54	00:34:35.62	00:33:52.70

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Overall Division Results

Male Ages 30 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
24	211/412	134/187	59	Tyler Mcconville	31	M	Verona	WI	10:56	00:34:36.19	00:33:59.63
25	214/412	135/187	373	Evan Fesenmeyer	36	M	Janesville	IA	10:59	00:34:33.59	00:34:08.38
26	237/412	143/187	286	Cody Woodley	35	M	Cedar Falls	IA	11:34	00:37:23.46	00:35:57.97
27	238/412	144/187	108	Chris Swanson	38	M	Union	IA	11:35	00:37:44.94	00:36:01.73
28	249/412	149/187	384	Ryan Paulson	36	M	Waterloo	IA	11:48	00:36:57.44	00:36:40.02
29	290/412	158/187	352	Andrew Nielsen	32	M	Waterloo	IA	13:46	00:43:05.38	00:42:48.15
30	301/412	162/187	87	Dusty Sanboeuf	35	M	Cedar Falls	IA	14:15	00:44:24.10	00:44:17.77
31	302/412	163/187	281	Cory Kats	31	M	Sioux Center	IA	14:16	00:45:07.93	00:44:20.49
32	311/412	165/187	330	Ryan Roe	38	M	Davenport	IA	14:38	00:46:41.06	00:45:28.32
33	352/412	176/187	62	Tanner Reding Shonka	31	M	Tripoli	IA	16:25	00:52:24.42	00:51:02.67
34	393/412	183/187	343	John Denney	38	M	River Falls	WI	18:18	00:58:41.91	00:56:54.21

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	29/412	4/225	350	Brooke Heuer	43	F	Waterloo	IA	7:00	00:21:55.93	00:21:47.34
2	43/412	5/225	147	Katie Longlett	44	F	Wilton	IA	7:24	00:23:16.63	00:23:01.49
3	54/412	8/225	294	Kelli Holmes	44	F	Waterloo	IA	7:39	00:25:00.45	00:23:48.30
4	62/412	9/225	319	Carrie Kaye	47	F	Piqua	OH	7:45	00:24:21.54	00:24:07.44
5	73/412	10/225	125	Jessica Ryan	40	F	Independence	IA	8:03	00:25:35.83	00:25:02.13
6	75/412	12/225	169	Amy Dobbels Conlin	47	F	Cedar Falls	IA	8:09	00:25:29.35	00:25:20.13
7	87/412	15/225	405	Jessica Knock	44	F	Waterloo	IA	8:21	00:26:56.65	00:25:57.72
8	96/412	18/225	159	Robyn Rodenburgh	45	F	Waterloo	IA	8:32	00:26:59.69	00:26:31.37
9	118/412	23/225	161	Angie White	45	F	Cedar Falls	IA	8:49	00:28:22.93	00:27:24.62
10	120/412	25/225	158	Erin Mcgrane	45	F	Cedar Falls	IA	8:50	00:27:37.64	00:27:28.85
11	140/412	33/225	138	April Doyle	42	F	Cedar Falls	IA	9:16	00:29:03.45	00:28:48.98
12	146/412	36/225	155	Stacey Hurt	45	F	Cedar Falls	IA	9:21	00:29:53.08	00:29:04.63
13	150/412	39/225	447	Beth Greene	41	F	Fairfax	IA	9:23	00:29:31.13	00:29:09.42
14	152/412	41/225	144	Lori Beckman	44	F	Waterloo	IA	9:24	00:29:31.13	00:29:13.29
15	158/412	42/225	178	Lynette Telleen	48	F	Waverly	IA	9:36	00:30:32.87	00:29:52.21
16	179/412	57/225	427	Dawn Helrichs	42	F	Waterloo	IA	9:59	00:31:13.94	00:31:01.68
17	193/412	66/225	428	Gina Nass	47	F	Las Vegas	MO	10:23	00:33:28.64	00:32:17.31
18	194/412	67/225	130	Alisa Engelhardt Smith	41	F	Waterloo	IA	10:26	00:32:45.41	00:32:25.19
19	197/412	70/225	287	Shani Homeister	45	F	Waterloo	IA	10:31	00:33:24.00	00:32:42.30
20	205/412	75/225	175	Susan Eisenbacher	48	F	Waterloo	IA	10:52	00:34:29.32	00:33:48.22
21	212/412	78/225	119	Pamela Bascom	40	F	Independence	IA	10:59	00:34:41.69	00:34:07.79
22	216/412	81/225	141	Chrissy Kimball	42	F	Waterloo	IA	11:00	00:34:28.12	00:34:11.14
23	223/412	85/225	376	Amber Greiman	40	F	Waterloo	IA	11:16	00:35:35.52	00:35:00.41
24	225/412	87/225	389	Brenda Engel	43	F	Hudson	IA	11:16	00:35:35.69	00:35:00.76
25	239/412	95/225	433	Abbey Kelchen	40	F	Waterloo	IA	11:40	00:37:27.19	00:36:16.28
26	240/412	96/225	339	Emily Dvorak	42	F	Iowa City	IA	11:40	00:37:27.69	00:36:16.76
27	242/412	97/225	148	Becky Riess	44	F	Wilton	IA	11:43	00:37:21.61	00:36:25.75
28	248/412	100/225	137	Monica Blakeman	42	F	Readlyn	IA	11:47	00:36:50.69	00:36:39.03
29	250/412	101/225	396	Laura Lord	44	F	Marion	IA	11:49	00:37:38.91	00:36:44.16
30	253/412	103/225	123	Florence Miller	40	F	Cedar Falls	IA	11:58	00:38:41.44	00:37:11.23
31	257/412	107/225	154	Audra Hiebert	45	F	Prairie City	IA	12:03	00:39:16.94	00:37:28.23
32	260/412	110/225	174	Kristi Anderson	48	F	Allison	IA	12:12	00:38:49.89	00:37:55.47
33	262/412	112/225	140	Christine Guevara	42	F	Cedar Falls	IA	12:20	00:39:43.85	00:38:20.64
34	270/412	117/225	136	Abbey Abbott	42	F	Coralville	IA	12:37	00:39:55.93	00:39:13.83

ShamRock N Run 5K

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Overall Division Results

Female Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
35	274/412	120/225	160	Jennifer Thurm	45	F	Waterloo	IA	12:56	00:40:27.69	00:40:13.22
36	307/412	143/225	181	Michelle Pleggenkuhle	49	F	Sumner	IA	14:32	00:45:49.93	00:45:09.71
37	312/412	147/225	132	Heather Neil	41	F	Denver	IA	14:43	00:47:15.93	00:45:46.54
38	316/412	150/225	164	Tricia Souder	46	F	Rudd	IA	14:54	00:46:55.66	00:46:19.52
39	337/412	168/225	156	Becky Joens	45	F	La Porte City	IA	15:55	00:50:41.17	00:49:27.78
40	354/412	178/225	358	Roxanne O'bryon	46	F	Cedar Falls	IA	16:41	00:53:27.42	00:51:52.48
41	355/412	179/225	301	Julia Donahue	40	F	Cedar Falls	IA	16:43	00:52:55.17	00:51:57.69
42	364/412	186/225	162	Kim Reidy	46	F	Independence	IA	17:05	00:53:52.41	00:53:04.96
43	366/412	188/225	128	Stephanie Vogts	40	F	Independence	IA	17:05	00:53:52.61	00:53:05.77
44	367/412	189/225	304	Renee Levi	49	F	Cedar Rapids	IA	17:16	00:55:21.71	00:53:39.51
45	389/412	208/225	179	Dawn Higuera	49	F	Cedar Falls	IA	18:02	00:57:21.95	00:56:03.25
46	396/412	213/225	135	Jessica Wheelock	41	F	Independence	IA	18:31	00:58:42.32	00:57:34.09
47	399/412	214/225	165	Debbie Tyler	46	F	Cedar Falls	IA	19:11	01:00:19.99	00:59:37.06

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	14/412	13/187	143	Mike Klaas	43	M	Waterloo	IA	6:33	00:20:25.62	00:20:23.14
2	16/412	14/187	145	David Knock	44	M	Cedar Falls	IA	6:41	00:20:52.42	00:20:45.94
3	30/412	26/187	121	Shane Flesher	40	M	Dubuque	IA	7:03	00:22:04.65	00:21:56.38
4	35/412	31/187	171	Bob McMullen	47	M	Waterloo	IA	7:15	00:23:55.79	00:22:33.83
5	42/412	38/187	173	Mark Wall	47	M	Waterloo	IA	7:24	00:23:09.72	00:23:00.31
6	45/412	39/187	293	Adam Gallmeyer	40	M	Waterloo	IA	7:30	00:23:46.67	00:23:20.00
7	47/412	41/187	120	Matthew Engelhardt	40	M	Waterloo	IA	7:33	00:23:48.29	00:23:28.61
8	52/412	46/187	139	Ryan Frost	42	M	Waterloo	IA	7:37	00:24:08.15	00:23:42.08
9	67/412	58/187	449	Eric Kimball	48	M	Buckingham	IA	7:56	00:25:38.05	00:24:41.60
10	71/412	62/187	129	Brennan Dolan	41	M	Polk City	IA	8:01	00:25:37.95	00:24:55.48
11	72/412	63/187	366	Joshua Collins	42	M	Waterloo	IA	8:02	00:25:50.64	00:24:57.67
12	77/412	65/187	424	Matt Harrington	44	M	Des Moines	IA	8:10	00:25:45.70	00:25:24.46
13	78/412	66/187	177	Jason Lahmann	48	M	Tripoli	IA	8:13	00:26:05.69	00:25:33.19
14	81/412	69/187	149	Quinn Riess	44	M	Wilton	IA	8:16	00:25:58.38	00:25:42.62
15	89/412	74/187	142	Don Miller	42	M	Cedar Falls	IA	8:22	00:26:29.65	00:26:02.57
16	101/412	83/187	394	Kyle Curry	47	M	Saint Paul	MN	8:37	00:27:01.92	00:26:48.84
17	108/412	89/187	133	Corey St. John	41	M	Winterset	IA	8:42	00:28:11.45	00:27:04.01
18	113/412	91/187	152	Gabriel Benson	45	M	Waterloo	IA	8:44	00:27:35.01	00:27:09.36
19	114/412	92/187	126	Jake Schrader	40	M	Waterloo	IA	8:45	00:28:01.70	00:27:11.38
20	123/412	97/187	168	Nick Arendt	47	M	Waterloo	IA	9:01	00:29:13.45	00:28:02.22
21	126/412	100/187	172	Matthew Verbraken	47	M	Waterloo	IA	9:05	00:30:02.63	00:28:16.00
22	137/412	105/187	448	Chris Kimball	45	M	Waterloo	IA	9:12	00:28:52.80	00:28:36.22
23	138/412	106/187	288	Lee Homeister	46	M	Waterloo	IA	9:12	00:29:12.95	00:28:36.98
24	139/412	107/187	180	Brian Jacobsen	49	M	Dunkerton	IA	9:15	00:29:19.70	00:28:46.71
25	144/412	110/187	182	Mark Sloppy	49	M	Marshalltown	IA	9:21	00:29:53.45	00:29:04.17
26	154/412	113/187	122	Joe McBride	40	M	Waterloo	IA	9:26	00:29:41.45	00:29:18.68
27	192/412	127/187	176	Steve Hubbard	48	M	Waverly	IA	10:21	00:32:54.94	00:32:10.94
28	206/412	131/187	153	Joe Edwards	45	M	Waterloo	IA	10:53	00:34:29.69	00:33:48.99
29	241/412	145/187	131	Brandon Miller	41	M	Ottawa	IL	11:42	00:36:27.69	00:36:23.59
30	263/412	151/187	163	Chad Souder	46	M	Rudd	IA	12:24	00:39:13.61	00:38:33.98
31	280/412	156/187	151	Peter Abbott	45	M	Coralville	IA	13:09	00:41:33.85	00:40:51.95
32	291/412	159/187	134	Travis Stainbrook	41	M	Waterloo	IA	13:47	00:43:59.59	00:42:49.50

ShamRock N Run 5K

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Overall Division Results

Male Ages 40 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
33	397/412	184/187	166	Brett Weber	46	M	Cedar Falls	IA	18:31	00:58:41.92	00:57:34.29
34	398/412	185/187	170	Blas Guevara	47	M	Cedar Falls	IA	18:48	00:59:46.66	00:58:24.87

Female Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	119/412	24/225	186	Traci Hewitt	50	F	Waterloo	IA	8:50	00:28:25.95	00:27:28.03
2	128/412	27/225	399	Teri Trask	57	F	Cedar Falls	IA	9:06	00:28:27.39	00:28:17.38
3	129/412	28/225	223	Janet Weber	56	F	Hudson	IA	9:07	00:28:23.94	00:28:20.98
4	174/412	52/225	241	Lynn Kerber	59	F	Sherman	IL	9:54	00:31:45.69	00:30:46.77
5	177/412	55/225	215	Lisa Carnes	55	F	Durant	IA	9:57	00:31:49.56	00:30:54.95
6	220/412	83/225	192	Julie Bushman	51	F	Cedar Rapids	IA	11:10	00:35:03.67	00:34:42.14
7	236/412	94/225	205	Sandra Pelzer	53	F	Emmetsburg	IA	11:32	00:36:46.69	00:35:52.73
8	268/412	116/225	230	Joleyne Kramer	57	F	Hudson	IA	12:32	00:40:42.13	00:38:58.16
9	277/412	123/225	194	Sue Jurgensen	51	F	Sumner	IA	13:02	00:40:54.67	00:40:31.47
10	278/412	124/225	406	Mariane Clark	52	F	Waterloo	IA	13:06	00:41:51.43	00:40:42.95
11	282/412	126/225	421	Amy Gadbbow	50	F	Earlham	IA	13:19	00:42:21.43	00:41:24.23
12	283/412	127/225	235	Janell Bradley	59	F	Wadena	IA	13:28	00:42:27.04	00:41:53.15
13	284/412	128/225	416	Cathy Daly	59	F	Waterloo	IA	13:33	00:43:40.92	00:42:07.44
14	288/412	132/225	200	Nancy Bishop	52	F	Ottumwa	IA	13:42	00:43:27.08	00:42:34.11
15	292/412	133/225	232	Cindy Haines	58	F	Waterloo	IA	13:50	00:44:54.92	00:43:01.70
16	293/412	134/225	202	Lezlie Bowers	53	F	Waterloo	IA	13:51	00:43:57.37	00:43:02.15
17	308/412	144/225	185	Jenny Gruber	50	F	Sumner	IA	14:32	00:45:50.16	00:45:11.13
18	318/412	151/225	237	Jaculin Coyle	59	F	Cross Plains	WI	14:58	00:47:52.68	00:46:32.21
19	324/412	157/225	239	Laura Hanson	59	F	Waterloo	IA	15:12	00:47:23.43	00:47:15.44
20	329/412	162/225	218	Carrie Taylor	55	F	Evansdale	IA	15:22	00:49:21.93	00:47:45.32
21	331/412	164/225	282	Tere Seibert	52	F	Orion	IL	15:29	00:49:36.55	00:48:07.84
22	341/412	170/225	197	Elizabeth Mahlstedt	51	F	Waterloo	IA	15:58	00:51:29.79	00:49:36.79
23	353/412	177/225	201	Mary Jones	52	F	Waterloo	IA	16:33	00:52:41.40	00:51:27.43
24	359/412	183/225	273	Susan Denney	50	F	Clackamas	OR	16:50	00:54:06.83	00:52:20.87
25	361/412	184/225	243	Denise Ward	59	F	Waterloo	IA	16:56	00:54:04.67	00:52:39.45
26	362/412	185/225	216	Yvonne Kenworthy	55	F	Cedar Rapids	IA	16:59	00:54:22.88	00:52:48.97
27	365/412	187/225	190	Kay Reidy	50	F	Independence	IA	17:05	00:53:52.41	00:53:05.45
28	375/412	195/225	300	Tammy Eilers	50	F	Evansdale	IA	17:31	00:56:01.12	00:54:25.98
29	377/412	197/225	195	Angela Long	51	F	Reinbeck	IA	17:31	00:56:01.32	00:54:27.41
30	384/412	204/225	422	Peggy Nichols	59	F	Waterloo	IA	17:44	00:55:17.87	00:55:07.43
31	386/412	206/225	386	Ann Gogerty	50	F	Zearing	IA	17:52	00:57:27.17	00:55:32.11
32	400/412	215/225	229	Joanie Gruver	57	F	Elk Run Heights	IA	19:11	01:00:21.80	00:59:38.43
33	401/412	216/225	290	Sharon Suchecki	59	F	Anna	IL	19:11	01:01:18.30	00:59:39.08
34	402/412	217/225	242	Julie Simmons	59	F	Cedar Falls	IA	19:12	01:01:18.30	00:59:39.42
35	411/412	224/225	225	Mary Brause	57	F	Apple Valley	MN	19:43	01:01:55.88	01:01:17.44
36	412/412	225/225	227	Katie Drewelow	57	F	Scottsdale	AZ	19:44	01:01:57.08	01:01:19.29

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	25/412	22/187	414	Davve Thoma	53	M	Waterloo	IA	6:55	00:21:32.70	00:21:30.43
2	51/412	45/187	219	Jeff Carnes	56	M	Durant	IA	7:37	00:24:01.28	00:23:42.06
3	55/412	47/187	318	Scott Kaye	55	M	Piqua	OH	7:42	00:24:09.57	00:23:55.47

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Overall Division Results

Male Ages 50 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
4	56/412	48/187	360	James O'bryon	50	M	Cedar Falls	IA	7:42	00:24:17.89	00:23:57.17
5	58/412	50/187	183	David Congdon	50	M	Waterloo	IA	7:44	00:24:22.70	00:24:03.02
6	61/412	53/187	347	Douglas Clark	56	M	Grundy Center	IA	7:45	00:24:19.30	00:24:06.84
7	63/412	54/187	436	Jim O'Laughlin	55	M	Cedar Falls	IA	7:49	00:24:38.20	00:24:19.98
8	66/412	57/187	221	Marty Stoakes	56	M	Waterloo	IA	7:55	00:24:43.65	00:24:35.83
9	79/412	67/187	208	Lynn Telleen	53	M	Waverly	IA	8:14	00:25:56.13	00:25:37.07
10	83/412	71/187	189	Steven Oaks	50	M	Waterloo	IA	8:17	00:26:01.24	00:25:44.73
11	98/412	80/187	211	John Joiner	54	M	Ames	IA	8:35	00:27:01.20	00:26:42.75
12	99/412	81/187	322	Bert Reising	50	M	Oelwein	IA	8:35	00:27:41.11	00:26:43.19
13	100/412	82/187	210	Brian Hurley	54	M	Johnston	IA	8:36	00:27:01.70	00:26:44.70
14	110/412	90/187	188	Loren Marlette	50	M	Charles City	IA	8:44	00:27:23.45	00:27:08.50
15	117/412	95/187	206	John Skaar	53	M	Cedar Falls	IA	8:49	00:27:46.60	00:27:24.25
16	125/412	99/187	184	Erik Gosnell	50	M	Cedar Falls	IA	9:05	00:29:23.42	00:28:14.13
17	127/412	101/187	231	Kevin Weber	57	M	Hudson	IA	9:06	00:28:34.10	00:28:17.30
18	142/412	108/187	236	Steven Brown	59	M	Cedar Rapids	IA	9:19	00:30:08.11	00:28:59.63
19	153/412	112/187	222	Dan Takle	56	M	Hudson	IA	9:25	00:29:45.35	00:29:17.65
20	161/412	118/187	212	Michael Murphy	54	M	Decorah	IA	9:40	00:30:25.35	00:30:04.65
21	181/412	123/187	204	Robert Hendrickson	53	M	Elkader	IA	10:01	00:32:50.29	00:31:09.84
22	186/412	124/187	224	William Bishop	57	M	Ottumwa	IA	10:07	00:32:18.94	00:31:25.97
23	201/412	128/187	213	Tom Sinnott	54	M	Waterloo	IA	10:46	00:33:49.94	00:33:30.06
24	203/412	129/187	193	Sean Hewitt	51	M	Waterloo	IA	10:49	00:34:37.19	00:33:38.48
25	222/412	138/187	220	Mike Schulte	56	M	Cedar Rapids	IA	11:14	00:35:59.44	00:34:54.30
26	266/412	152/187	207	John Sullivan	53	M	Lenexa	KS	12:32	00:40:03.15	00:38:56.77
27	269/412	153/187	240	Brian Kerber	59	M	Sherman	IL	12:35	00:40:28.53	00:39:08.17
28	279/412	155/187	407	Corey Clark	56	M	Waterloo	IA	13:06	00:41:51.91	00:40:43.69
29	289/412	157/187	196	Brad Longlett	51	M	Wilton	IA	13:42	00:43:31.13	00:42:36.71
30	305/412	164/187	283	Nick Seibert	59	M	Orion	IL	14:19	00:45:59.88	00:44:31.95
31	336/412	169/187	191	Michael Smith	50	M	La Porte City	IA	15:53	00:50:36.39	00:49:22.93
32	338/412	170/187	295	John Holmes	53	M	Waterloo	IA	15:56	00:50:41.05	00:49:30.96
33	340/412	171/187	187	Matt Mahlstedt	50	M	Waterloo	IA	15:58	00:51:29.80	00:49:36.58
34	360/412	177/187	274	Phillip Brill	52	M	Eugene	OR	16:51	00:54:06.63	00:52:21.42
35	388/412	181/187	203	Bill Gall	53	M	Saint Joseph	MO	17:56	00:56:10.17	00:55:46.21
36	406/412	187/187	198	Scott Smith	51	M	Waterloo	IA	19:14	01:00:25.85	00:59:46.60

Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	176/412	54/225	247	Sandy Ferguson	60	F	Cedar Falls	IA	9:55	00:31:17.92	00:30:49.60
2	185/412	62/225	264	Mary Cusack	66	F	Edwardsville	IL	10:06	00:31:40.19	00:31:25.47
3	187/412	63/225	256	Sandi Brennan	64	F	Waterloo	IA	10:09	00:31:41.88	00:31:32.26
4	195/412	68/225	278	Mary Dunlay	62	F	Waterloo	IA	10:27	00:33:19.69	00:32:30.62
5	202/412	74/225	364	Bridget Krempqes	61	F	Independence	IA	10:49	00:34:23.85	00:33:37.89
6	210/412	77/225	252	Sue Ball	63	F	Waterloo	IA	10:54	00:34:03.69	00:33:53.73
7	264/412	113/225	259	Charlotte Strub	64	F	Cedar Falls	IA	12:24	00:39:09.94	00:38:34.42
8	287/412	131/225	377	Mary Lou Mercier	67	F	Calumet	MI	13:41	00:43:23.04	00:42:33.56
9	323/412	156/225	266	Carla Lown	66	F	Waterloo	IA	15:12	00:48:53.35	00:47:14.88
10	347/412	173/225	258	Paula Ryan	64	F	Oskaloosa	IA	16:04	00:50:57.42	00:49:55.97
11	370/412	191/225	269	Barb Cook	69	F	Waterloo	IA	17:22	00:54:27.15	00:53:59.17
12	371/412	192/225	254	Jolene Infante	63	F	Springfield	MO	17:22	00:54:26.92	00:54:00.03

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5K

Overall Division Results

Female Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
13	376/412	196/225	249	Connie Hix	61	F	Waterloo	IA	17:31	00:55:44.17	00:54:26.69
14	385/412	205/225	368	Carol Luce	68	F	Waterloo	IA	17:49	00:57:09.14	00:55:22.90
15	387/412	207/225	385	Mary Phillips	60	F	Zearing	IA	17:52	00:57:27.42	00:55:32.21

Male Ages 60+

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Pace	Gun Time	ChipTime
1	48/412	42/187	261	Russell Potratz	65	M	Cedar Falls	IA	7:33	00:23:36.30	00:23:28.93
2	49/412	43/187	429	Steve Jihson	65	M	Cedar Falls	IA	7:34	00:23:41.40	00:23:31.18
3	50/412	44/187	260	Mark Zimmer	64	M	Independence	IA	7:36	00:23:45.95	00:23:39.62
4	64/412	55/187	277	Bob Schmit	64	M	Waterloo	IA	7:53	00:24:53.07	00:24:29.89
5	80/412	68/187	312	Michael Craft	71	M	La Porte City	IA	8:15	00:26:18.10	00:25:40.71
6	93/412	77/187	400	Lynn Trask	60	M	Cedar Falls	IA	8:32	00:26:41.83	00:26:30.81
7	103/412	85/187	248	Larry Frost	61	M	Waterloo	IA	8:40	00:27:22.23	00:26:56.36
8	115/412	93/187	270	James Davies	69	M	Allison	IA	8:45	00:27:59.59	00:27:11.95
9	132/412	102/187	251	Richard Robert	62	M	Charles City	IA	9:10	00:28:49.11	00:28:30.04
10	155/412	114/187	255	Jim Wheelan	63	M	Cedar Falls	IA	9:29	00:30:33.88	00:29:28.33
11	169/412	121/187	262	Tom Strub	65	M	Cedar Falls	IA	9:49	00:31:02.20	00:30:33.05
12	189/412	125/187	425	Dan Franke	60	M	Janesville	IA	10:16	00:32:48.68	00:31:56.72
13	207/412	132/187	272	Larry Hamm	73	M	Des Moines	IA	10:53	00:34:52.10	00:33:51.89
14	218/412	136/187	271	Darwin Ramker	72	M	Waverly	IA	11:02	00:34:55.13	00:34:19.18
15	226/412	139/187	265	J Guldner	66	M	Salt Lake City	UT	11:16	00:35:17.86	00:35:02.39
16	233/412	142/187	320	Jed Becker	70	M	Cresco	IA	11:27	00:36:43.89	00:35:36.46
17	247/412	148/187	263	Jeff Bowers	66	M	Waterloo	IA	11:46	00:37:31.69	00:36:36.24
18	314/412	166/187	268	Joe Ryan	67	M	Oskaloosa	IA	14:45	00:47:14.96	00:45:51.51
19	317/412	167/187	245	James Coyle	60	M	Cross Plains	WI	14:58	00:47:52.69	00:46:32.13
20	333/412	168/187	257	Steve Hix	64	M	Waterloo	IA	15:52	00:50:36.18	00:49:18.70
21	342/412	172/187	253	Jeff Bradley	63	M	Wadena	IA	16:01	00:50:19.67	00:49:46.79
22	373/412	180/187	267	Gregory Morud	66	M	Cedar Rapids	IA	17:29	00:54:22.26	00:54:22.26
23	392/412	182/187	403	J Matt Hutchings	71	M	Waterloo	IA	18:16	00:58:06.41	00:56:46.26