

# Timberman Triathlon

July 10, 2021

## Overall Division Results

## Sprint Individual

### Female Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	8/125	1/59	142	Tara Makinen	42	F	Grand Rapids	MN	00:09:50.02	00:31:03.57	00:21:34.65		01:04:36.53

### Male Overall

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	1/125	1/66	94	Kyle Swenson	19	M	Rogers	MN	00:07:45.36	00:27:51.47	00:16:50.04		00:54:14.41

### Female Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	17/125	3/59	119	Jena Ogston	50	F	Duluth	MN	00:10:25.20	00:33:45.62	00:22:48.68		01:09:07.36

### Male Masters

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	2/125	2/66	102	Nathan Waech	52	M	Cohasset	MN	00:09:45.25	00:28:06.05	00:17:52.34		00:58:18.16

### Female Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	111/125	54/59	156	Julia Kustritz	15	F	Stillwater	MN	00:13:22.46	00:48:41.62	00:27:38.72		01:33:22.65

### Male Ages 01 - 15

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	32/125	25/66	143	Jake Brunn	12	M	Bovey	MN	00:09:04.50	00:35:43.58	00:25:02.76		01:12:30.40
2	34/125	27/66	131	Miles Bassett	14	M	Bloomington	MN	00:10:06.50	00:38:03.67	00:21:16.94		01:12:47.81
3	85/125	49/66	81	Rex Walli	15	M	Hibbing	MN	00:12:44.45	00:39:41.78	00:29:01.74		01:23:55.60

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### Female Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	25/125	6/59	198	Morgan Bell	19	F	Maple Grove	MN	00:10:49.63	00:33:46.92	00:23:49.41		01:10:53.36
2	31/125	7/59	91	Lily Hess	19	F	Duluth	MN	00:11:03.26	00:36:17.02	00:22:35.20		01:12:26.38
3	44/125	11/59	146	Sanny Gangi	16	F	Coleraine	MN	00:10:06.74	00:36:46.23	00:24:51.82		01:14:19.14

### Male Ages 16 - 19

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	30/125	24/66	86	Sam Schulze	18	M	Bemidji	MN	00:12:12.42	00:35:06.34	00:20:24.38		01:11:55.93
2	43/125	33/66	108	Thomas Hagen	16	M	Hibbing	MN	00:12:50.02	00:34:40.41	00:23:56.45		01:14:07.80
3	63/125	44/66	85	Bryce Kondos	18	M	Laporte	MN	00:15:20.77	00:39:13.08	00:19:06.62		01:17:58.21

### Female Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	64/125	20/59	163	Megan Gates	24	F	Saint Paul	MN	00:08:43.46	00:39:32.84	00:26:37.08		01:18:24.20
2	84/125	36/59	153	Linnea Johnson	24	F	Saint Paul	MN	00:09:21.07	00:41:12.34	00:29:41.83		01:23:40.67
3	96/125	44/59	124	Alexandra Hafey	24	F	Arvada	CO	00:11:23.04	00:41:28.64	00:29:40.10		01:27:39.14

### Male Ages 20 - 24

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	58/125	42/66	92	Ryan Heinrichs	23	M	Saint Paul	MN	00:11:26.39	00:35:39.73	00:26:13.83		01:17:21.09

### Female Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	41/125	10/59	149	Erin Sullivan	25	F	Minneapolis	MN	00:09:11.36	00:37:37.45	00:23:52.62		01:13:48.52
2	65/125	21/59	123	Vesselina Pearsall	26	F	Rochester	MN	00:10:41.67	00:40:13.06	00:24:53.81		01:18:30.78
3	75/125	28/59	132	Jordan Tangen	28	F	Inver Grove Heights	MN	00:10:43.55	00:37:49.01	00:30:26.91		01:22:37.72

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### Male Ages 25 - 29

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	3/125	3/66	122	Mitchell Clayton	25	M	Rochester	MN	00:08:09.35	00:30:08.89	00:20:36.17		01:01:13.79
2	29/125	23/66	100	Mason Lombard	25	M	Duluth	MN	00:12:07.90	00:36:21.02	00:20:20.55		01:11:38.18
3	50/125	36/66	111	Connor Schmidt	27	M	Minneapolis	MN	00:09:10.03	00:37:50.08	00:24:20.56		01:15:21.93

### Female Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	70/125	24/59	184	Molly Henke	34	F	Hibbing	MN	00:10:51.47	00:44:51.20	00:21:46.85		01:20:35.52
2	121/125	57/59	128	Dani Olson	31	F	Casselton	ND	00:14:06.48	00:50:58.32	00:34:59.16		01:45:16.13

### Male Ages 30 - 34

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	10/125	8/66	83	Colin Stemper	33	M	Falcon Heights	MN	00:09:22.13	00:31:16.94	00:22:07.96		01:05:27.31
2	22/125	18/66	19	Jake Guello	31	M	Superior	WI	00:10:27.36	00:32:52.29	00:23:12.53		01:09:37.62
3	36/125	29/66	113	Chris Almen-Sjogren	32	M	Minneapolis	MN	00:09:16.91	00:34:54.48	00:24:53.33		01:12:50.78

### Female Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	9/125	2/59	166	Bettina Keppers	38	F	Duluth	MN	00:09:25.68	00:30:38.35	00:22:39.53		01:05:13.36
2	23/125	5/59	237	Katie Benziger	38	F	Duluth	MN	00:10:29.29	00:34:04.65	00:23:19.64		01:09:49.29
3	76/125	29/59	79	Sarah Sherlock	39	F	Cohasset	MN	00:09:57.00	00:40:02.12	00:28:42.32		01:22:51.61

### Male Ages 35 - 39

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	12/125	10/66	135	Jacob Rattray	38	M	Hutchinson	MN	00:11:42.96	00:33:01.75	00:19:28.58		01:07:06.93
2	14/125	12/66	80	Craig Walli	39	M	Hibbing	MN	00:11:01.50	00:32:47.10	00:22:34.80		01:08:23.96
3	19/125	16/66	168	Anthony Von Ruden	36	M	Osseo	MN	00:10:27.27	00:32:13.00	00:23:33.04		01:09:28.71

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### Female Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	48/125	13/59	174	Rachel Moen	41	F	Detroit Lakes	MN	00:10:21.59	00:37:51.94	00:23:05.26		01:15:13.14
2	62/125	19/59	150	Hilary Reich	43	F	Duluth	MN	00:10:28.76	00:36:56.23	00:25:38.86		01:17:44.88
3	68/125	23/59	241	Andrea Williams	40	F	Minneapolis	MN	00:08:59.58	00:37:54.88	00:26:50.57		01:19:40.58

### Male Ages 40 - 44

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	6/125	6/66	141	Philip Imholte	41	M	Grand Rapids	MN	00:08:39.31	00:32:32.95	00:20:05.84		01:03:15.19
2	7/125	7/66	175	Andrew Moen	42	M	Detroit Lakes	MN	00:08:26.13	00:32:25.08	00:19:26.84		01:03:39.54
3	33/125	26/66	130	Ben Bassett	44	M	Bloomington	MN	00:10:21.52	00:38:10.68	00:21:22.13		01:12:47.61

### Female Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	57/125	16/59	89	Julie Kemp	48	F	Esko	MN	00:12:44.02	00:35:26.10	00:25:03.36		01:16:52.71
2	61/125	18/59	87	Melissa King	46	F	Deer River	MN	00:12:01.60	00:38:41.79	00:22:53.08		01:17:28.74
3	71/125	25/59	190	Renee Saamanen	45	F	Duluth	MN	00:12:24.60	00:34:14.75	00:30:58.51		01:21:01.34

### Male Ages 45 - 49

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	11/125	9/66	77	Kristoffer Osthus	45	M	Duluth	MN	00:09:55.01	00:29:56.42	00:23:11.75		01:05:39.51
2	28/125	22/66	234	Erik Riker-Coleman	49	M	Duluth	MN	00:10:18.05	00:34:03.06	00:24:35.60		01:11:30.86
3	54/125	40/66	154	Doobie Kurus	49	M	Hopkins	MN	00:09:24.38	00:36:37.45	00:26:42.15		01:15:55.60

### Female Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	38/125	9/59	179	Linda Belanger	54	F	International Falls	MN	00:12:07.37	00:34:25.82	00:24:03.16		01:13:00.42
2	60/125	17/59	78	Petra Cervenkova	54	F	Grand Rapids	MN	00:12:11.38	00:37:21.34	00:25:04.08		01:17:24.35
3	77/125	30/59	151	Lori Sutherland	50	F	Cohasset	MN	00:13:49.68	00:37:09.83	00:27:33.18		01:22:53.21

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## Sprint Individual

### Male Ages 50 - 54

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	16/125	14/66	93	Greg Swenson	52	M	Rogers	MN	00:09:07.54	00:31:45.20	00:24:20.85		01:08:37.42
2	26/125	20/66	169	Tony Tallman	52	M	Hopkins	MN	00:11:07.83	00:34:04.03	00:22:13.19		01:10:59.61
3	35/125	28/66	148	Kevin Haney	50	M	Duluth	MN	00:10:59.47	00:34:28.87	00:23:35.09		01:12:50.69

### Female Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	21/125	4/59	69	Christel Kippenhan	56	F	Bemidji	MN	00:09:00.47	00:32:06.69	00:26:04.13		01:09:35.43
2	37/125	8/59	181	Dawn Labiosa	56	F	St. Paul	MN	00:10:07.05	00:33:02.90	00:27:04.29		01:12:56.13
3	49/125	14/59	115	Julie Knochenmus	55	F	Eskoesko	MN	00:11:45.35	00:33:58.50	00:26:45.61		01:15:21.20

### Male Ages 55 - 59

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	4/125	4/66	75	Rod Raymond	56	M	Duluth	MN	00:08:35.01	00:29:22.18	00:21:49.27		01:02:28.71
2	5/125	5/66	170	Craig Peterson	59	M	Mpls	MN	00:09:23.03	00:30:28.83	00:21:13.55		01:03:07.95
3	15/125	13/66	118	Daniel Duff	57	M	Duluth	MN	00:10:12.57	00:33:18.03	00:21:39.17		01:08:30.73

### Female Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	55/125	15/59	193	Jacki Devine	60	F	Little Falls	MN	00:12:09.25	00:38:05.13	00:22:08.79		01:15:55.89

### Male Ages 60 - 64

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	18/125	15/66	82	Nicholas Cronin	60	M	Minneapolis	MN	00:09:28.57	00:33:45.19	00:22:32.10		01:09:11.24
2	27/125	21/66	201	Chad Kester	61	M	Duluth	MN	00:12:29.42	00:34:08.79	00:19:56.14		01:11:01.28
3	56/125	41/66	103	Paul Olson	63	M	Grand Rapids	MN	00:11:45.06	00:34:25.57	00:27:03.05		01:16:20.40

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### Female Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	107/125	51/59	171	Michel Sanders	68	F	Saint Paul	MN	00:13:35.05	00:41:33.78	00:31:20.09		01:30:56.03

### Male Ages 65 - 69

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	13/125	11/66	34	Luke Harned	69	M	Saint Paul	MN	00:11:07.34	00:31:36.39	00:22:43.90		01:08:11.52
2	74/125	47/66	120	Mark Rauschenfels	66	M	Duluth	MN	00:11:26.53	00:34:24.44	00:32:19.33		01:22:01.23
3	113/125	59/66	202	Doug Jost	66	M	Centerville	MN	00:14:16.96	00:42:20.74	00:32:23.82		01:33:46.13

### Male Ages 70 - 74

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	24/125	19/66	59	Neil King	72	M	Nevis	MN	00:09:48.74	00:33:03.31	00:24:29.37		01:09:51.56
2	90/125	51/66	162	Tom Couillard	72	M	White Bear Lake	MN	00:12:29.20	00:37:08.91	00:29:35.14		01:25:07.23
3	122/125	65/66	159	Joe Kandiko	71	M	Excelsior	MN	00:13:18.74	00:46:55.80	00:41:21.46		01:47:14.44

### Male Ages 80 - 84

Div Place	Overall Plc/Total	Gender Plc/Total	No.	Name	Age	S	City	St.	Swim	Bike	Run	Penalty	Time
1	124/125	66/66	176	Leland Bigger	80	M	Saint Paul	MN	00:14:48.08	00:48:44.31	00:43:00.84		01:58:24.69