

# Timberman Triathlon

July 10, 2021

## Super Sprint

### Overall Results -Female

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	219	Heather Grothe	F	38	Hermantown	MN	00:04:37	8	1:44	00:01:51	00:18:36	1	17.7	00:00:58	00:13:38	4	9:04		00:39:37.05
2	210	Allie Hagen	F	14	Hibbing	MN	00:04:16	5	1:36	00:01:56	00:18:36	2	17.7	00:00:42	00:15:08	11	10:04		00:40:35.98
3	229	Abigail Ward	F	13	Angora	MN	00:04:38	9	1:44	00:01:50	00:20:34	5	16.1	00:00:54	00:12:54	2	8:35		00:40:47.00
4	204	Ava Anderson	F	16	Duluth	MN	00:04:13	4	1:35	00:02:23	00:19:59	3	16.5	00:01:09	00:14:33	8	9:41		00:42:16.05
5	211	Allyson Grossinger	F	11	Mayer	MN	00:04:40	10	1:45	00:01:51	00:23:09	10	14.3	00:00:37	00:13:24	3	8:55		00:43:39.42
6	205	Annaliese Cundiff	F	15	Savage	MN	00:04:10	2	1:34	00:02:23	00:23:07	9	14.3	00:01:05	00:14:25	7	9:36		00:45:06.52
7	216	Remington Shelp	F	12	Maple Plain	MN	00:05:14	12	1:58	00:02:10	00:23:21	11	14.1	00:00:55	00:13:38	5	9:05		00:45:15.42
8	218	Wendy Carson	F	54	Eagan	MN	00:04:42	11	1:46	00:03:06	00:21:21	6	15.5	00:01:24	00:15:26	12	10:17		00:45:56.72
9	227	Kaylee Von Ruden	F	11	Bloomington	MN	00:03:42	1	1:24	00:03:02	00:25:07	14	13.1	00:01:30	00:12:51	1	8:33		00:46:09.68
10	208	Kylie Kubash	F	26	Waterford	WI	00:04:23	6	1:39	00:03:31	00:21:31	7	15.3	00:01:17	00:16:37	15	11:04		00:47:16.27
11	228	Abby Von Ruden	F	41	Bloomington	MN	00:04:30	7	1:42	00:02:44	00:24:21	13	13.6	00:01:42	00:14:04	6	9:22		00:47:18.22
12	121	Tammy Pluym	F	53	Cedar Crest	NM	00:05:38	17	2:07	00:02:29	00:20:29	4	16.1	00:01:43	00:17:26	17	11:36		00:47:42.24
13	215	Clancy Shelp	F	15	Maple Plain	MN	00:05:29	14	2:04	00:02:40	00:26:31	16	12.4	00:01:31	00:16:29	14	10:59		00:52:37.63
14	225	Lydia Vitse	F	31	Barnum	MN	00:05:20	13	2:01	00:02:01	00:29:39	19	11.1	00:00:54	00:14:48	9	9:51		00:52:39.49
15	217	Colbi Shelp	F	9	Maple Plain	MN	00:05:35	16	2:06	00:02:40	00:26:29	15	12.5	00:01:32	00:16:29	13	10:59		00:52:42.42
16	206	Nancy Krueger	F	70	Hoyt Lakes	MN	00:07:06	19	2:40	00:04:35	00:21:57	8	15.0	00:02:08	00:17:13	16	11:28		00:52:54.94
17	231	Shelly Pierson	F	54	Duluth	MN	00:06:34	18	2:29	00:04:08	00:23:55	12	13.8	00:01:39	00:18:29	18	12:18		00:54:43.26
18	230	Shari Flink	F	63	Hutchinson	MN	00:05:32	15	2:05	00:03:46	00:28:12	18	11.7	00:02:34	00:18:49	19	12:32		00:58:49.90
19	214	Susan Hoyum	F	55	Cohasset	MN	00:07:07	20	2:41	00:05:07	00:28:04	17	11.8	00:01:59	00:20:11	20	13:27		01:02:25.14
20	209	Sarah Fischer	F	25	Waterford	WI	00:04:10	3	1:34	00:02:37	00:48:16	20	6.8	00:01:12	00:14:50	10	9:53		01:11:03.12

### Overall Results -Male

Place	No.	Name	S	Age	City	St.	----- SWIM -----			T1	----- BIKE -----			----- RUN -----			Penalty	Total Time	
							Time	Plc	100y		Time	Plc	Mph	T2	Time	Plc			Pace
1	212	Kai Strom	M	15	Hibbing	MN	00:03:56	1	1:29	00:01:49	00:19:49	3	16.7	00:00:29	00:12:04	2	8:02		00:38:03.92
2	223	Antonio Kustritz	M	13	Stillwater	MN	00:04:58	4	1:52	00:03:13	00:17:39	1	18.7	00:00:43	00:11:44	1	7:48		00:38:13.91
3	220	Neal Grothe	M	39	Hermantown	MN	00:04:23	3	1:39	00:01:56	00:19:11	2	17.2	00:01:06	00:14:22	3	9:34		00:40:56.55
4	224	Raphael Kustritz	M	13	Stillwater	MN	00:06:03	5	2:17	00:03:52	00:23:12	4	14.2	00:01:02	00:15:31	5	10:20		00:49:36.70
5	207	Jake Fischer	M	20	Waterford	WI	00:04:06	2	1:33	00:02:19	00:47:02	5	7.0	00:00:57	00:14:56	4	9:56		01:09:17.73